

April 30, 2012



Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the island intranet under "Information" and on the installation website at www.ria.army.mil under "About USAG-RIA" and then "News" and "Local News."

Island Insight Submission: <http://www.ria.army.mil/sites/IslandAnn/announcement.cfm>

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Government Workers Get An

Attaboy: Federal employees are finally getting catching a break from the anti-government rhetoric and getting some recognition for the work they do. More than half-dozen senators have pledged to honor public servants from federal, state and local governments during Public Service Recognition Week, held May 6 to May 12. Sen. Daniel Akaka (D-Hawaii) introduced a resolution to honor government employees, and his pledge

was co-signed by Sens. Susan Collins (R-Maine), Carl Levin (D-Mich.), Joseph Lieberman (I-Conn.), Tom Carper (D-Del.), Frank Lautenberg (D-N.J.) and Christopher A. Coons (D-Del.). Never heard of PSRW? Well, it's been around since 1985 and was launched by the Public Employees Roundtable as a nationwide initiative to recognize government employees for their contributions. The coalition includes more than 30 Washington-

based organizations, including federal executive boards, industry partners and other associations focused on public service. "This week is about saying thank you to our nation's public servants who have dedicated their careers and their lives to helping others," said Max Stier, president and CEO of the Partnership for Public Service. ([More](#))



ACC-RI Employee/Afghan War Veteran and His 'Forever Friend':

Eight men who suffered war stood shoulder to shoulder in a crooked line.

One Iraq war veteran leaned on his good leg, the other scheduled for amputation. A Vietnam vet stood back two steps, unsteady since 9/11 when long-buried



war demons revisited. Mitch Chapman fidgeted. His legs had to pump. That's the way it was since the armored truck he was driving in Afghanistan hit a bomb and corkscrewed backward. He hung upside down, held by a harness. After he was pulled from the truck, the vision of a lifeless leg that stuck out from under it lodged in his mind. The men faced another eager, pacing lineup — Labrador retrievers in crates. They were ready to be released and meet the men for the first time. All hell broke loose. This time, a day in March at a dog training arena called Canine Craze in Urbandale, it was a welcome chaos. The dogs circled and sniffed and romped. A dog named Merit went straight to

Chapman, who lowered to a knee. [\(More\)](#)

Arsenal Plays Matchmaker For O-C Family, Twice:

Like tens of thousands of young men, my father, Bill Fusselman, joined the Army after the bombing of Pearl Harbor. My father's dreams of overseas duty were short-lived after he suffered an injury during basic training. Because he claimed that he could type, he was assigned the duty of "clerk typist" until his medical discharge. He was sent to the Rock Island Arsenal. My mother, Louise Vardaman, was at Moline High School at the beginning of World War II. Her parents dreamed of her going to college, and she enrolled at Hunter College in New York City. All the young people were talking of war, and many of her friends joined the Army after high school. Louise didn't go to New York after her graduation in 1943; instead, she stayed home to attend Augustana College. Louise finally decided that she could help the war effort by leaving college and applying



Upcoming Dates

- April 28-May 5:** National Infant Immunization Week
- April 30-May 6:** Screen-Free Week
- May 1:** May Day
- May 1:** National Law Day
- May 2:** National Day to Prevent Teen Pregnancy
- May 3:** Children's Mental Health Awareness Day
- May 3:** National Day of Prayer
- May 4:** Military Spouse Day
- May 4:** 70th Anniversary of Battle of the Coral Sea
- May 4-10:** National Nurses Week
- May 5:** Cinco de Mayo
- May 5:** Free Comic Book Day
- May 5:** National Join Hands Day
- May 6:** National Infertility Survival Day
- May 6-12:** Public Service Recognition Week
- May 6-12:** North American Occupational Safety & Health Week
- May 6-12:** Wildfire Awareness Week
- May 6-12:** Arson Awareness Week
- May 6-12:** National Drinking Water Week
- May 7-11:** National Teacher Week
- May 7-13:** Be Kind to Animals Week
- May 8:** 67th Anniversary of V-E Day
- May 11:** Military Spouse Day
- May 12:** USPS Stamp Out Hunger Day
- May 12:** National Train Day
- May 12-19:** AmeriCorps Week
- May 12-20:** Armed Forces Week
- May 12-20:** National Travel and Tourism Week
- May 13:** Mother's Day
- May 13-19:** National Women's Health Week
- May 13-19:** National Police Week
- May 19:** Armed Forces Day
- May 22:** National Maritime Day
- May 28:** Memorial Day (*Federal Holiday*)
- June 4:** 70th Anniversary Battle of Midway
- June 6:** 68th Anniversary of D-Day
- July 7:** Rock Island Arsenal 150th Celebration



for a job as a typist at the Rock Island Arsenal. ([More](#))

Honor Flight Gives Military Father, Son Perhaps Last Journey Together:

There's a fullness in time spanning generations between father and son, soldier to soldier. Maj. Gen. Mark MacCarley, Deputy Commanding General-



Support, First Army, grew up admiring his father, World War II Army Air Corps veteran John MacCarley. He grew up wanting to understand what made John MacCarley the man he was. The son marveled at the father, who tested and survived the war-torn skies over Germany nearly 70 years ago. ([More](#))

Civil War Commander Helped Lay Path for Arsenal

Future: Daniel Webster Flagler, one of the most popular officers in the Army, served from June 1871 to May 12, 1886 as commandant of the Rock Island Arsenal.



Brig. Gen. Flagler was born in 1835 in Lockport, New York. He graduated from the United States Military Academy in 1861. His military career spanned over 38 years. The West Point graduate was an ardent and faithful advocate of the Civil War. He served though the war with distinction in many positions. He was chief of ordnance of the Army of the Potomac; on the staff of generals Irvin McDowell, George McClellan, Ambrose Burnside, Joseph Hooker and George Mead. ([More](#))

JMTC CG Discusses Command's Manufacturing Mission in Interview With Military Logistics Forum: <

"Acts of Congress in 1809 established Rock Island as a military reservation. Destruction of Harper's Ferry Arsenal in 1859 spurred Congress to see the need for "insurance" for the military's ordnance. In July 1862, Congress established RIA as a facility for the deposit and repair of ordnance at Rock Island. Since then, the Rock Island Arsenal has provided equipment for the military in every major conflict since the Spanish American War. From making meat cans and horse tack at its inception to



Sharing Stories of Rescue During Holocaust Observation: First Army Commanding General, Lt. Gen. Mick Bednarek, right, and Command Sgt. Maj. Jesse Andrews Jr., center, thank Agnes Schwartz, left, for her time in sharing her story as a rescued 11-year-old Jewish girl from the atrocities of the Holocaust when she lived in Budapest, Hungary. Schwartz, now an Illinois resident, told of her brave family maid, Julia, who took her in as a "niece" in order to protect her during the German Nazi Occupation. First Army and Army Sustainment Command Equal Opportunity advisors planned the Holocaust Days of Remembrance event April 24 at Bldg. 60 (Photo by Master Sgt. Danette Rodesky-Flores, First Army Public Affairs)

producing recoil mechanisms and advanced armor solutions today, this arsenal has answered its call to duty for nearly 150 years. ([More](#))

Former World War II Era Iowa AAP Employee Returns 'Home': To the

Conway family, 91-year-old matriarch Kathryn Mae Jamieson Conway received one heck of a birthday present. Conway visited the Iowa Army Ammunition



Plant on April 23 -- 70 years from when she first started working at the plant. From 1942 to 1945, Conway worked as an ammunition shell driller and a timekeeper. Family members received a tour on Conway's former Line 1, as well as current lines that produce prop charges and 155mm artillery rounds. Bruens presented Conway with a command coin and certificate from his command, a letter and coin from Col. Linwood Clark, commander, Crane Army Ammunition Activity, and a written letter and coin from Brig. Gen. (Promotable) Gustave Perna, commanding general, JMC. ([More](#))

Pentagon Preps Chopping Block for Next Round of Base Closures: Defense Department officials are quick to say the formal process of selecting U.S. military bases for closure will not begin until Congress says so. But people inside the Pentagon already are talking about candidates for the politically charged process that often triggers intense opposition from governors, mayors and local business leaders. Defense sources say, for example, that the Air Force has too many pilot training centers and can consolidate some to save money. It has



retired 500 aircraft since the last round of closings in 2005, yet maintains about the same base infrastructure. ([More](#))

Army Launches New Resource For Army Civilian Training, Leader

Development: To improve access to information and increase participation in Army Civilian training and leader development opportunities, the Army G-3/5/7 Training Directorate's Civilian Training and Leader Development Division launched a one-stop website consolidating information about career program occupational and functional training, competitive professional development and leader development opportunities, as well as application procedures and course registration links. The site at civiliantraining.army.mil serves as an integrated resource for civilian employees, supervisors and Army leaders interested in learning more about the training and opportunities available to the Army Civilian Corps. ([More](#))



Middle-Class Fed Workers Deserve

More Respect: For federal employees and their families enduring years of

frozen pay, a new proposal to cut their pay could not come at a worse time. Those who serve at federal agencies are middle-class workers who never see salaries or bonuses like those on Wall Street. Federal employees have been hurt by the recession just like the rest of America's middle class. They work hard each day in jobs that are frequently high in stress and responsibility but low in pay and benefits. But they know they are making a difference and serving their country. It's important to remember who we're talking about. These are the nurses who care for our wounded veterans. They are the intelligence analysts who helped track down Osama bin Laden. Federal employees are researchers who help find treatments and cures for some of the deadliest diseases. They are the officers who secure our borders and inspectors who ensure the safety of our food. They make certain that seniors' Medicare claims are processed and that Social Security checks are mailed on time. ([More](#))

Married Federal Employees Should Consider Future Social Security

Options: Since most federal employees are now

covered by the Federal



Employees Retirement System (FERS) in which Social Security retirement benefits will constitute an important portion of their retirement income, this column will discuss Social Security options for married employees. Before discussing these options, it must be pointed out that in accordance with the Congressional passed Defense of Marriage Act (DOMA), the Social Security Administration (SSA) recognizes heterosexual marriages as the only valid marriages for purpose of Social Security spousal benefits. Same-sex marriages (recognized in seven states and in the District of Columbia) are not recognized as valid marriages by the SSA. ([More](#))

Water System Notice: For three weeks running from **May 1 to May 21**, the Rock Island Arsenal Water Treatment Plan will switch to chlorination as its means of water disinfection. The change, which has been approved by the Illinois Environmental Protection Agency, will allow maintenance, including the annual flushing of the water distribution system, to go forward. Since the 1990s, the plant has used a process known as "choramination," a combination of chlorine and ammonia,



as a disinfection method. Users should notice no difference in the quality of their drinking water as a result in the change to using chlorine. The annual flushing process, done via the on-post fire hydrants, may cause visible changes to the water coming from resident's faucets. In the past, the flushing process has caused material in the pipes to be stirred up. Most of this sediment flows through the nearest fire hydrant, but some may transport into the lines providing water service to buildings or residences at the Arsenal. Water could be cloudy or have a rusty color. Although this water will still be safe to drink, it is unappetizing. If this occurs, please allow the water to run for five minutes to allow the line to clear. POC: [Christian Hawkinson](#), (309) 782 0689

Official DA Studio Photography:

Official DA Studio Photography will be offered at Arsenal Island on **May 8, 9 and 10**. Studio photography includes DA photos, official government passport photos and official command photos (head & shoulders). Appointments can be scheduled at the following times: May 8, 1-3:40 p.m.; May 9-10, 7 a.m.-3:40 p.m. There will be no walk-in appointments.



Reservations can only be made by submitting a [DA3903 Work Request](#) at the [Visual Information Ordering Site](#) ... click on Frequently Asked Questions, item #2, instructions for scheduling photo appointments in VIOS. Scheduled photographs will be taken at the Photo Studio, Bldg. 56, basement, across hall from elevator. Bring your command flag if required. Priority is: 1. Active duty Soldier's DA Photos 2. Official government passport photos 3. Official command photos 4. DA photos for Army Reserve & Army National Guard Soldiers (not on active duty). To obtain an official government passport photo, all personnel need to: 1. Schedule a passport photo appointment at the [VIOS website](#). 2. Go to transportation to obtain a printed [DA Form 3903](#), Multi-Media/Visual Information Work Order, signed by the passport agent in block 14.3. Present this DA3903 form to the photographer before the passport photo is taken. You will receive two 2"x2" passport photos. 8"x10" head and shoulders-command photos will be printed and available digitally. Additional prints can be ordered in VIOS. Scheduled dates for June 2012 official studio photography will be announced in the Island Insight, VIOS frequently asked questions and the Defense Visual Information website for



the RIA VI Facility. POC is Don Swanson (309) 782-6390.

Relocation of EAP, ASAP: The Employee Assistance Program/Army Substance Abuse Program relocated to Bldg. 56, 1st floor, East. The EAP/ASAP office provides short-term counseling and referral services for individuals, families, and couples. Master's level counselors provide free, confidential assistance. Services can be accessed by calling (309) 782-4357. To learn more about the EAP/ASAP [visit our website](#), or visit the program on [Facebook](#).



Osama bin Laden's Death

Anniversary at Rock Island Arsenal: Recent postings on Internet websites and Jihadist forums indicate a strong desire for extremists to conduct attacks against the United States in retaliation for Usama bin Laden's death. **May 2** marks the first anniversary of the U.S. military raid, which directly resulted in UBL's death. Terrorists may use this anniversary to carry out



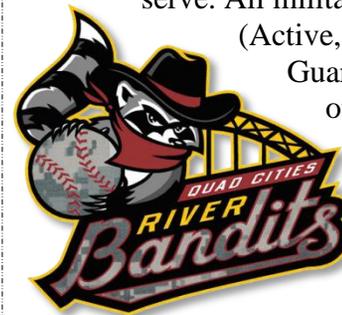
retaliatory attacks against the United States. Currently, there is no indication of any specific threats of terrorism to Rock Island Arsenal or surrounding region in connection with the first year anniversary of the death of bin Laden. Attacks of this nature can occur with little to no warning, involving one or more attackers targeting a wide range of locations and victims. Popular choices and suggestions for these types of attacks have included hotels, shopping areas, special event crowds, and military and government installations. Since September 11, 2001, there have been at least 40 terrorist plots discovered or prevented inside the United States, indicating an ongoing interest in extremist violence. We need to remain vigilant in our community... report suspicious activity "immediately" ... your call may save lives. Call Rock Island Arsenal Police at 9-1-1 ... when calling from RIA, advise the dispatcher you are on Rock Island Arsenal. Training support products are available through the Installation Antiterrorism Office, B-90, Room B-16, or by calling [Michael Luchner](#) at (309) 782-4577.

Relocation of Personal Property and Travel Branch: The Transportation Office in Bldg. 102, Personal Property, Passports, and Travel's new location is

in Bldg. 102, 1st floor NW. For immediate assistance, please call (309) 782-1373.

2012 Military Appreciation Night at Modern Woodmen Park - Quad City River Bandits Game - May 12:

In appreciation of our military men and women, please come salute those who serve. All military personnel (Active, retired, National Guard, reserve and other branches), veterans, and immediate families may receive free bleacher or



berm seating tickets to the QC River Bandits game on **May 12**. Tickets are available at the MWR Travel and Leisure Office at the Rock Island Arsenal in Bldg. 60, River Bandits Ticket Office or by contacting info@ria-ausa.org. Tickets may be upgraded at the ticket office. Schedule of May 12th events: • 5:30 p.m. - Gates open • 6:30 p.m. – Pre-game ceremonies/signing of the Military Community Covenant • 7 p.m. - QC River Bandits vs. Cedar Rapids Kernels postgame fireworks.

Volunteers Needed for John Deere Classic Transportation Committee:



July 9-15 drivers are needed for the John Deere Classic transportation committee for the Friday before tournament week through Monday after tournament. For more information, contact Kippy Nelson (Cell) (309) 945-6478 or (309) 944-6113 ([website](#))

MWR Scramble Spring Golf

Tournament: Get your foursome together and see if your game is good enough to be crowned the MWR champs. This four-person best-ball style tournament is \$65/player (\$50 for annual pass holders). Entrance includes greens fees and cart, box lunch, hors d'œuvres buffet and lots of prizes. Call (309) 793-1604 to register. ([Flyer](#))

Date: **Friday, May 18**

Time: **10 a.m.**

2nd Annual RIA Prayer Breakfast:

The RIA Religious Support Team will be hosting their 2nd Annual Prayer Breakfast. The breakfast will be held at Heritage Hall, Bldg. 60. There is no cost to attend. For more information and tickets, please contact the ASC/JMC/First Army Chaplain's Office: (309) 782-0910/2737/9690.



Date: **Wednesday, May 9**

Time: **6:30-8 a.m.**

Blood Drive: The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, May 11, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **3rd shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on May 4**. To sign up for a blood drive held on either the 2nd or 3rd shift, donors should contact their shift supervisor.



The Truth About Donating Blood! Excuse: Plenty of people donate, they don't need my blood. Truth: The fact is that plenty of people don't donate. Every two seconds, someone in the U.S. needs blood. Unfortunately, of the 38 percent of the U.S. population that is eligible to donate blood, less than 10 percent do annually.

The Army encourages its employees to volunteer as candidates for any of

the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here.](#)

2nd Annual Charity Golf Tournament "Reds White & Blue" to Benefit

Jason's Box: A golf tournament to benefit [Jason's Box](#), a local organization that sends "care packages" to improve the health and



well being U.S. troops overseas, will be at 1 p.m., Friday, **May**

18, at the Golfmohr Golf Club, 16724 Hubbard Rd., East Moline, Ill. Price for the tournament is \$65 per golfer and \$60 per team of four, which includes greens fee, cart, tee package and dinner. POC: Craig DeVrieze, (563) 940-6094 for details about the event.

RIAWC 2012 Charity Golf Outing:

The Rock Island Arsenal Welcome Club is partnering with the Iowa/Illinois Chapter of the National Defense Industry Association in hosting the 2012 Charity Golf Outing during the Midwest Small Business Government Contracting Symposium on



Tuesday, **May 22** at the Arsenal Island Golf Course, . Proceeds will help fund the club's charitable work supporting the military and their families on the Arsenal and surrounding Quad-Cities Communities. [Registration](#) will be 11:30 a.m. - 12:30 p.m., with a shotgun start at 1 p.m. A recognition dinner will follow 6:30-8:30 p.m. Registration deadline is **May 17**. Cost is \$100/player before **May 1**; on or after **May 1** is \$110. ([More](#))

Great Lakes VTF Vaccine Clinic:

There will be an animal vaccine clinic for active duty and retired service members at RIA Fire Department on **May 31**, 1-6 p.m.; and **June 1**, 8-11 a.m. Cash and checks accepted. ([Additional Info](#)) (847) 688-5708.



Esprit de Corps Toastmasters Club:

At Esprit de Corps you can benefit from a Toastmasters meeting without leaving the Island and without giving up an evening or weekend day. We offer communication and leadership skills to all interested people, regardless of grade



or rank. Come see how we learn in a supportive atmosphere.

Date: **Wednesday, May 2**

Time: **11:45 a.m. - 12:45 p.m.**

Arsenal Attic Thrift Shop &

Boutique: Thrift Shop open Tuesdays and Thursdays, 9 a.m. – 3 p.m. Consignors, the items you bring in now will not expire until **Sept. 6**, so lots of time to sell. Currently limiting clothing items to 15, but no limit to all other items. Do Mother's Day shopping with us. POC: (309) 782-6977



Arsenal Traffic/Construction



West Gravel Road Closure: Due to a storm water run-off issue with water entering the building, the West gravel road from the North end of Bldg. 25 to the South end of Bldg. 25 will be closed due to trench digging for placement of drainage pipe. One trench will be dug and back-filled at a time so that emergency vehicles will be able access the road if needed. Start date is **May 1 through May 5**. POC: [Randy Brockhouse](#), (309) 782-2153.

Repairs to Lot OG, Bldg. 67, Fitness Center, Parking Lot, Are Underway:

The IJO includes storm drain work,

sidewalk work, new concrete curb and gutter, asphalt repaving and landscaping. The project is scheduled to be completed by **July 1**. The proposed schedule is weather dependent. When completed, spaces in this lot will be designated handicapped parking to better satisfy accessibility requirements. POC: [Joe Gumpert](#), (309) 782-1389.

New Parking Lot Starting May 6:

A new parking lot is scheduled to be constructed on the east side of Bldg. 52, location of old water tower. Preliminary site work has begun, to include temporary fencing to secure the water plant and removal of the top layer of sod. Full construction is scheduled to begin on **May 6**. During construction, the east portion of lot OJ, all of lot OK and the entrance between lot OJ and OK will be closed. Once completed, the new lot will provide for an additional 80 spaces of parking. The project is scheduled to be completed by **May 30**. This schedule is weather dependent. POC: [Joe Gumpert](#), (309) 782-1389.

Parking Lot Restriping On-Going:

USAG-RIA DPW has contracted for 59 parking lots to be repainted and restriped on Rock Island Arsenal beginning **April 28 through May 30**. Currently there is no set schedule as most work is



expected to be completed on weekends or evenings when parking areas are unoccupied. The contractor will provide necessary traffic control. If there are areas that are frequently occupied and not accessible, DPW may request a temporarily closure, but will provide timely notification before closure. Period for completing work may be extended depending on weather conditions. POC: [Randy Brockhouse](#), (309) 782-2153.

Bridge Closures - Annual Bridge Maintenance (Washing), Moline Bridge, Government Bridge, and R.I. Viaduct:

The following is this year's bridge washing schedule. Bridge Closures for Annual Bridge Washing will be **May 3-9**. Government Bridge - Railroad Portion (upper deck): **May 3 & 4**, this will be a complete closure from 8:30 a.m. to 2:15 p.m. both days during the washing of the railroad portion (upper deck), the complete closure is to help avoid getting wash residue on vehicles transiting the bridge. Government Bridge - Drive Deck & Underneath Deck: **May 5 & 6**, this will be a complete closure to vehicle and pedestrian traffic from 6 a.m. to 6 p.m. both days. R.I. Viaduct / Underneath R.I. Viaduct, & Pedestrian Bridge: **May 7, 8, & 9**, closure time is from 8:30 a.m.

to 2:15 p.m. to help avoid causing traffic backups during peak hours. One lane of traffic will be maintained across the bridge throughout the washing schedule.

Closure of Parking Lot: A partial closure of Lot 3 O will occur on **May 1 & 2**. The southeast corner of the Lot, north of Bldg. 339, will be barricaded, to accommodate the mandated Motorcycle Safety Course. Normal parking will return on **May 4**. ([POC](#))

Quad Cities Event Impact to Government Bridge Traffic: Saturday, **May 19**, the annual Quad Cities Heart Walk will be held. The Government Bridge will remain open to vehicular and pedestrian traffic from 9-11 a.m. After this time river navigation will resume and commuters using the Government Bridge to transit between Iowa and Illinois can expect occasional delays as river traffic passes through the main lock at Locks and Dam 15.



Building/Space Closures

☐
There are no building/space closure announcements at this time.



Active Duty/Reserve Zone

☐
Pentagon Official Signals Possible Army Layoffs to Meet Projected Cut in Force: A Pentagon official signaled on Wednesday that the Army could lay off as many as 24,000 enlisted personnel and up to 5,000 officers within five years to meet a projected reduction in the force driven by budget cuts and the winding down of two wars. Pressed on the possibility of involuntary terminations, Thomas Lamont, an assistant secretary of the Army, told a Senate Armed Services panel that layoffs were possible as the Army shrinks from a peak of 570,000 to 490,000. ([More](#))

Army Will Open Previously Closed Jobs, Units to Women: The Army today announced that it will begin a six-month assessment May 14 of an exception to the Direct Ground Combat Assignment Rule for female Soldiers. Under Direct Ground Combat Assignment Rule, or DGCAR, six military occupational specialties, or MOSs, were previously closed to women because they were normally co-located with direct combat units. The Army's removal of "co-location" from its policy opens to women the six



specialties in 80 units, down to the battalion level, said Brig. Gen. Barry L. Price, director of Human Resources Policy, Army G-1. ([More](#))

Executive Order Protects Military, Vet Students: President Barack Obama dedicated his weekly radio and video address today to describing the advantages of a new executive order designed to crack down on bad actors who prey on service members and veterans considering higher education. Obama, who traveled yesterday to Fort Stewart, Ga., to unveil the new order, called it vital protection to brave men and women who are often bombarded by schools that provide false or misleading information about things like interest rates on loans, credit transfers, and job placement programs. ([More](#))

McKeon: No More Cuts to Army's Heavy Brigades: Rep. Howard "Buck" McKeon, chairman of the House Armed Services Committee, said he plans to block cuts to the Army's heavy brigades as part of a broader effort to roll back defense cuts mandated by the Budget Control Act. "We absolutely must preserve those teams," McKeon said during an Wednesday speech to the Hamilton Society in Washington. ([More](#))

Safety Spotlight

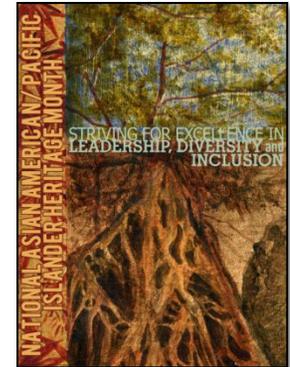
Motorcycle Safety Course: The USAG Safety Office will be sponsoring upcoming Motorcycle Rider Courses. This cycle rider safety training program will be certified by the Motorcycle Safety Foundation. The courses are designed to help riders manage their risk and increase their skills through riding and classroom instruction. Per DODI 6055.4, DoD Traffic Safety Program, military personnel who operate motorcycles must be appropriately licensed to operate on public highways and must have successfully completed an approved rider or operator safety course meeting the MSF-based State-approved curriculum. Any Soldier operating a motorcycle on the Rock Island Arsenal must be in possession of an MSF card when they ride to verify completion of required training. The next one-day Experienced Rider Courses are scheduled to be conducted on **July 17, 18 or 19**. Additionally, there are still a few openings for the two-day Basic Rider Course scheduled for **May 1 & 2**. Registration for all courses is through the web-based AIRS system at <https://apps.imcom.army.mil/AIRS>. For further information, please contact

[Michael Chaplin](#), IMRI-SO, at (309) 782-2314/1380, or [Nancy Carlson](#), IMRI-SO, at (309) 782-2309.

Equal Opportunity Focus

2012 National Asian American and Pacific Islander Heritage Month

Observance: The Department of Defense will celebrate National Asian American and Pacific Islander Heritage Month during the month of May. The 2012 national theme is "Striving for Excellence in Leadership, Diversity and Inclusion." It



recognizes the significant contributions Asian American and Pacific Islanders (AAPis) have made to our Nation through government, education, and leadership. Throughout history, AAPis have contributed in significant ways to the DoD mission and all aspects of society; military service men and women have defended the United States from threats at home and abroad, while serving our Nation with valor. Our civilian trailblazers have also played a



vital role in our Nation's economic and technological growth by their contributions to Science, Technology, Engineering, and Mathematics and other critical mission areas and are serving in positions of leadership within the government now more than ever before. ([More](#)) ([Presidential Proclamation](#))



Morale, Welfare & Recreation (MWR)



Morale, Welfare & Recreation

(MWR): Visit the MWR website at www.riamwr.com for information on all MWR programs. Also [click here](#) to become a fan on Facebook and stay up to date on all the great MWR offerings here at the Arsenal.

MWR Scramble Spring Golf

Tournament: Get your foursome together and see if your game is good enough to be crowned the MWR champs. This four-person best-ball style tournament is \$65/player (\$50 for annual pass holders). Entrance includes greens fees and cart, box lunch, hors d'œuvres buffet and lots of prizes. Call (309) 793-1604 to register. ([Flyer](#))

Date: **Friday, May 18**

Time: **10 a.m.**

Mothers Day Champagne Brunch:

Sunday, **May 13**, 10:30 a.m. - 2 p.m., show mom how much you care by treating her to a delectable champagne brunch at the Arsenal Island Golf Course clubhouse. This all you can eat, buffet style brunch is \$22.95/adult, \$10.50/child (4-12) and children three and under eat free. Call (309) 793-1601 to make your reservation.



Arsenal Island Golf Course – Respect

One Another: As golf season kicks into full swing we respectfully remind everyone that only the designated practice areas should be used for practicing. Please don't practice out on any of the holes on the golf course as this causes unnecessary damage to the course. There is a chipping green, putting green and driving range where you can practice all facets of your golf game. When you are ready to get out on the course and play a round please call the Golf Shop at (309) 793-1604 to reserve your tee time, happy golfing.

New Session of Fitness Center

Classes: The new session of fitness classes will begin the week of **May 7**.

Yoga is back and we are also now offering Zumba. Yoga will be offered: • Monday/Wednesdays 11:30 a.m.–12:15 p.m. Fees \$8 per class • Tuesday / Thursdays, 5:45-6:45 a.m. • Fees \$10 per class • Register for each class at the front desk; Zumba will be offered: • Monday / Wednesday, 5-6 p.m.; Program fees: \$30 for six week session / \$25 military; Drop in fees: \$3; For more info and class descriptions for these and all of our other great classes, please visit [our website](#).

MWR Army Wide Arts and Crafts

Contest: Calling all artists. Get your artistic works ready for this year's Arts and Crafts Contest. The submission period is **May 1 - June 30**. There are new and exciting categories for this year's contest including: ceramics, drawings, fibers and textiles, glass, metals and jewelry, paintings, mixed media, wood, and digital art. Full contest rules and descriptions can be found [HERE](#) or call the local point of contact at (309) 782-1230 for more info.



MWR Leisure Travel Office



Office Hours: Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is



closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

Change in Outdoor Recreation

Entrance: Starting **May 9**, patrons may enter Outdoor Recreation through the warehouse door on the Southside of Bldg. 333. The North door will be closed. This is to speed up the process of customers picking up and returning equipment during the summer months. For more info please call (309) 782-8630.

MWR Yard Sale: MWR Yard Sale will take place at the Memorial Field Pavilion. If you are interested in participating it costs \$5 per table. Yard sale takes place rain or shine. For more information contact LTO (309) 782-5890.

Date: **Saturday, May 19**
Time: **8 a.m.**

Books Are Fun: Books Are Fun will be here for two days. Stop by the Book Fair in Bldg. 60, Heritage Hall area, for great discounted books and items for Mother's Day.

Date: **Tuesday, May 1**
Time: **9 a.m. – 2 p.m.**

Free Camping for Active Duty

Military: The Corps of Engineers are

offering free camping for active duty military at Fisherman's Corner, Grant River, Thompson Causeway, Shady Creek and Clark's Ferry Campgrounds. Complete information is listed in the "Along the River" brochure. You may pick up a copy at Outdoor Recreation or the Mississippi River Visitor Center at Locks and Dam 15.

Ghost Hunters' Dinners at Historic

Quarters One: The ever-popular Ghost Hunters' Dinners are back for 2012. Enjoy a gourmet meal at the Clubhouse followed by a presentation by the Rock Island Paranormal Society on the haunted history of Historic Quarters One. After the presentation, armed only with flashlights, guests are invited to search this beautiful building for evidence of the paranormal. The dates planned for 2012 are: **May 10, June 21, July 13, Aug. 17, Oct. 1, Oct. 13, and Oct. 31.** Cost is \$45/person and reservations are strongly recommended as these fill up fast. Call (309) 793-1601 for more info and to reserve your spots. ([Flyer](#))



Taste of Chicago Bus Trip: Join the Leisure Travel Office on their bus trip to the Taste of Chicago to enjoy the sights,

sounds, and food of the Windy City. Cost is \$39/person (transportation only). For more information, please call 309-782-5890.

Date: **Saturday, July 14**

Chicago Cubs vs. Milwaukee

Brewers: Hey Cubs and Brewer fans. Do we have a deal for you. Let us provide the transportation to Milwaukee, Miller Park, and a game ticket for only \$84 per person. Seats on sale now. For more information contact the Leisure Travel Office. Date: **Saturday, May 12**
Time: **12:05 p.m. (game time)**



Downtown Chicago Shopping Bus

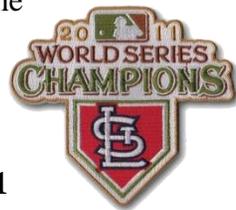
Trip: Join MWR for a fun day of shopping on Michigan Ave. and the magnificent mile in beautiful downtown Chicago. Price is \$39/person and includes transportation only. Call (309) 782-5890 for more info and to sign up. Date: **Saturday, July 28**

Six Flags Great America: Leisure Travel has 2012 Six Flags Great America one-day general admission



tickets now in stock. Two big parks for one low price; all the thrills your nerves can handle with 14 roller coasters ... 20 acres with 30 waterslides. Discounted tickets are \$48, children under two are free.

Cubs vs. Cardinals: The Chicago Cubs will be taking on the defending World Series Champion St. Louis Cardinals at Busch Stadium. The bus will **depart at 8 a.m.** from the COL Davenport Pavilion area. Seats on sale now for \$104 per person.



Date: **Saturday, July 21**
Time: **3:05 p.m. (game time)**

Lincoln Park Zoo Bus Trip: Lions and tigers and bears, oh my! The Leisure Travel Office will be making a bus trip to Lincoln Park Zoo in Chicago, Saturday, **June 16**. Cost in only \$39/person (transportation only). Please call (309) 782-5890 for more information.

Sleeping Beauty Ballet: Quad Cities Presents: Sleeping Beauty. Performance

will be at the Adler Theatre. Tickets on sale for \$27.

Date: **Saturday, May 19**
Time: **7 p.m.**

LA Angels vs. Chicago

White Sox: Let us provide the transportation to and from the game at Chicago's U.S. Cellular Field on a charter bus. This will be an evening game. Cost per person is \$86. For more information please contact LTO at (309) 782-5890.
Date: **Saturday, Aug. 4**
Time: **6:10 p.m.**



Circa 21: Spreading It Around: An upbeat comedy about a well-to-do widow living in a retirement community in Florida. Tired of handling out money to their neglectful, unappreciative children, Angela Drayton and her friends set up an organization which gives to those really in need. Discounted seats are \$43.50
Date: **Saturday, May 26**
Time: **5:45 p.m.**

Warrens Wisconsin Cranberry

Festival: This festival features more than three miles of shopping and more than 1,300 booths. Arts & crafts, flea

market, antiques and the farmers market. Seats are \$72 (includes Marsh tour) on sale until **Sept. 1**.
Date: **Saturday, Sept. 29**

Heartland Jam: More than half of the national acts are in place for the first Heartland Jam country music festival, **July 20-21**. We have discounted ticket available for 1 day at \$34 and two days for \$49. Limited amount of tickets.

Need a Vacation?: Do you need help planning your vacation - let the leisure travel staff help turn your vacation into a dream vacation. Stop by or call our office at (309) 782-5890. Let us do the work.

Child, Youth & School Services

Covenant Cottage Child Development

Home: [Covenant Cottage Child Development Home](#) is available for backup, emergency, and hourly care for ages four weeks through 12 years. The home is located on post and is open from 6 a.m. – 6 p.m. Monday through Friday, Tuesday and Thursday evenings and Saturday mornings. Army Family Covenant Guidelines state deployed Soldiers are entitled to 16 hours free



respite childcare per child, per month. For reservations call (309) 782-6793. We encourage you to call as far in advance as possible because spaces fill quickly.

Army Community Service (ACS)

ACS is located in Bldg. 110, 1st floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook [click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412



Army Emergency Relief Kicks Off 2012 Campaign: AER begins its annual fundraising drive. The theme of this year's Campaign is "A Strong Tradition of Soldiers Helping Soldiers." The money is used to fund grants, scholarships and gift cards for Wounded Warriors. Organizational key persons will begin contacting our Military personnel soon. For more information or to make a donation, contact ACS.

Employee Assistance Program

For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1st floor, East.

Smoking Cessation Group: Want to join a supportive group of individuals with a common goal to quit smoking? The Employee Assistance Program offers an ongoing educational support group. The group meets each Wednesday, 3-4 p.m., at the EAP office located in Bldg. 110, 1st floor, SE wing.



PTSD Support Groups: Is the quality of your life being affected by Post-Traumatic Stress Disorder? The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact

Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

Anonymous Online Mental Health Screening – May 2012:

We would rather not talk about it. We do not want to be the ones to deal with it, but suicide among youth is a reality, and it is more common than we might think. Suicide is the third leading cause of death among 15 to 24 year olds, claiming more lives than any single disease or condition. Fortunately, the emotional crises that so often precede suicides are both recognizable and treatable, and good prevention tools can help parents identify a problem before it's too late. In honor of Children's Mental Health Awareness Week, **May 6-12**, the Rock Island Arsenal Employee Assistance



Program invites you to take advantage of the Brief Screening for Adolescent Depression, a new online screening tool that lets parents assess their children's risk for depression and suicide and determine whether to seek further help. The teenage years can be tumultuous – new relationships, decisions about the



future, and even physical changes can be difficult to handle. Take advantage of this free, anonymous tool and find out how your children are coping. Visit this [website](#) and enter keyword ASAP.

Warning signs of suicide: Call 9-1-1 or seek immediate help from a mental health provider if you notice the following:

- Someone threatening to hurt or kill him/herself, or talking of wanting to hurt or kill him/herself;
- Someone looking for ways to kill him/herself by seeking access to firearms, available pills, or other means. Seek help by contacting a mental health professional or calling 1-800-273-TALK for a referral should you notice anyone exhibiting one or more of the following:
- Hopelessness
- Rage, uncontrolled anger, seeking revenge
- Acting reckless or engaging in risky activities, seemingly without thinking
- Feeling trapped - like there's no way out
- Increased alcohol or drug use
- Withdrawing from friends, family and society
- Anxiety, agitation, inability to sleep or sleeping all the time
- Dramatic mood changes
- Excessive interest, talk, or writings focused on death, dying or suicide
- No reason for living; no sense of purpose in life.

Education/Training Review

☪ **The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.**

GED, ESL, Citizenship Classes, Testing, Free Study Resources: The Scott Community College Career Assistance Center Offers GED, ESL, and Citizenship classes, as well as testing and free online study sites. Call (563) 326-5319 for a schedule of classes and tests or to obtain more information. ([More](#))

Defense Commissary Agency / PX

☪ **The [Rock Island Commissary](#) makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and**

other Commissaries, visit:
www.commissaries.com ([Facebook](#))

Commissaries Announce Coupon Policy Changes: Effective May 1, the Defense Commissary Agency has changed how its commissaries handle coupons and product returns without receipts, among other things, as the agency enacts customer service policy changes to protect the commissary benefit. "The average coupon user might not notice the policy changes because they are aimed at preventing possible misuse of the commissary benefit - primarily using coupons to get large amounts of cash back," said Joseph H. Jeu, DeCA director and CEO.

Commissary shoppers are big users of coupons, as evidenced by DeCA's consistent ranking among the top 10 grocery retailers in coupon redemptions over the past several years. Commissaries welcome coupon usage, and to acquaint customers with the changes in the coupon acceptance policy, it has been posted on the [agency's website here](#) and on [Facebook](#).

May Case Lot Sale: Our May Case Lot Sale will be held on **May 18 and 19**, 8:30 a.m. - 6:30 p.m., both days. If you are new to Rock Island our case lot sales are held in the building, so weather will



not affect us at all. We learned that the hard way. If there's something you just can't find in our store just bring in the UPC and we will see if we can get it here for you. You may have to take the whole case unless it is an item that is being requesting by other patrons.

Sales Flyers: Patrons can visit the [AAFES website](#) and sign up to receive free online sales flyers.

Arsenal Archive

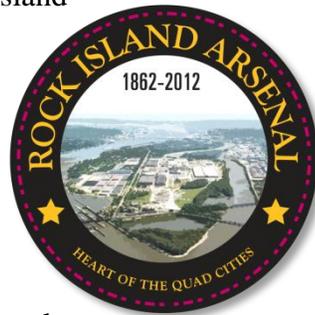
Information for the *Arsenal Archive* is made available by the [Rock Island Arsenal Museum](#). The Museum is open to the public, Tuesday through Saturday, 12-4 pm. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free.

This Week in Rock Island Arsenal History – April 30-May 6: On May 1, 1870, ground breaking on the RIA Commanding Officer's Quarters known as Quarters One began. In May 1874, the guard house building at the main gate entrance on the western portion of the Island was completed. In May 1962, the RIA established a Tool and Equipment Division. The tool and

equipment engineering activities were removed from the RI Ordnance Depot. On May 4, 1836, the U.S. Army troops garrisoned at Fort Armstrong evacuated the post. The RIA received an order on May 5, 1898, two weeks after the U.S. declared war on Spain, for 54,000 outfits of infantry equipment, 5,000 outfits of cavalry accouterments, and 5,000 sets of horse equipment. On May 6, 1856, the Steamer "Effie Afton" crashed into the railroad bridge at Rock Island setting the boat and bridge on fire. This incident led to the famous court room clash between steamboat and railroad interests.

May Sesquicentennial History Break:

Think about taking a "History Break" to celebrate Rock Island Arsenal's 150th Anniversary. **May 10**, 12-1 p.m., Gena Schantz, Independent Scholar, and Kris Leinicke, Rock Island Arsenal Museum, will present a program on the history of Fort Armstrong and the Fort Armstrong Centennial Celebration. Sponsored by the Rock Island Arsenal Historical Society, these lunch and



learns will be held the second Thursday of each month in 2012. Join us in the Caisson Room, Bldg. 60, first floor, south wing, 12-1 p.m. As these presentations occur during lunchtime, you may bring a brown bag lunch or purchase food at the adjacent food court. Employees can sign up for these professional development opportunities in [TEDs](#) (Search Term "History Breaks"). If you don't have access to [TEDs](#), please call Kris Leinicke at (309) 782-3518 to make a reservation. Due to the size of the Caisson Room, participation is limited to 50.

Healthbeat

Q-C Bike Month: Events Planned to Celebrate Two-Wheeled

Transportation: April showers may bring May flowers, but the folks at Bicycle Friendly Quad Cities and the Quad Cities Convention and Visitors Bureau are more interested in pedals than petals this May. These two organizations and their partners are celebrating May as



Bike Month with a full lineup of local rides, events and promotions. According to Dan McNeil, one of the event volunteers, the idea behind Bike Month is simply to encourage Quad-Citians to get out and ride their bicycles. McNeil cites three primary goals: "To encourage Quad-Cities residents to bike to work and commerce, to encourage residents to bike for recreation and health, and to raise awareness of bicycling's health and economic impact. "Organizers are looking forward to an increased number of people in the Quad-Cities out on their bicycles," says McNeil. Bike Month is a nationally celebrated event. Locally, a core group of bicycle enthusiasts — including representatives from the Quad Cities Convention and Visitors Bureau, Bicycle Friendly Quad Cities, the Quad Cities Bicycle Club, Friends of Off Road Cycling, Quad Cities Transportation Advocacy Group, River Action and Activate Quad Cities — have banded together to organize a month-long extravaganza of bicycle friendly events. The primary focus of these events will be to encourage folks to ride, provide education for cyclists of all ages and abilities, and to advocate bicycling all month long. ([More](#)) ([2012 Habitat for Humanity QC Bike Month Challenge](#))

Mental Health Awareness Month:

Army Medicine recognizes that behavioral health (BH) is far more than the absence of a BH disorder. Behavioral health encompasses psychological, physical and spiritual resilience, and can impact each of these aspects regardless of age, race, religion, or income. Overall, the total Army rate of Soldiers with a BH diagnosis is consistent with that of the general U.S. population, at 5.9 percent versus 6 percent. However, recent wars have had considerable impact on the population at large. According to the Army database 8 percent of the Soldiers deployed between 2001 and 2011 received a BH diagnosis of Post-Traumatic Stress Disorder (PTSD). While not all Soldiers deployed received BH diagnosis, many experienced related symptoms that could benefit from BH treatment. According to military research approximately 15 percent of Soldiers deployed during Operation Iraqi Freedom have experienced Post Traumatic Stress symptoms, and another 10-15 percent will experience other BH problems. ([More](#))

Secret (and Surprising) Power of

Naps: Naps help Constance Kobylarz Wilde, 58, recharge, especially if she takes them right after lunch. Wilde, a

marketing manager and health blogger in Mountain View, Calif., is constantly juggling her schedule as a working mom and family caregiver. She's up by 6 a.m. every day and tries to go to bed by 10:30 p.m., but unanticipated issues often push her bedtime later. "I can't do all-nighters anymore or get six hours of sleep without it beginning to affect me," she says. So to combat fatigue and stay on top of things at work and at home, Wilde has made power naps a regular part of her routine, setting an alarm for a short snooze. ([More](#))

Health Clinic Announcement:

Health Sick Call hours 7-8 a.m. Behavioral Health closed **May 29 – June 15**. Primary Care and Occupational Health Clinics closed morning of **May 2**. X-Ray closed **May 2-11**. Clinic closed after 11:30 a.m., **May 25** for training. For any concerns with the RIAHC clinic please call our customer support line-(309) 782-0721.



Notes for Veterans



VA Adding Family Therapists and Mental Health Counselors to

Workforce: The Department of Veterans Affairs has expanded its mental health services to include



professionals from two additional health care fields: marriage and family therapists (MFT) and licensed professional mental health counselors (LPMHC). “The addition of these two mental health professions is an important part of VA’s mission to expand access to mental health services,” said Secretary of Veterans Affairs Eric K. Shinseki. “Veterans and their families can face unique challenges. By providing a complete range of services, we can help them address those challenges and help keep more families together.” The two fields will be included in the hiring of an additional 1,900 mental health staff nationwide that VA announced last week. Recruitment and hiring will be done at the local level. The new professionals will provide mental health diagnostic and psychosocial treatment services for Veterans and their families in coordination with existing mental health professionals at VA’s medical centers, community-based outpatient clinics, and Vet Centers. VA has developed qualification standards for employment as LPMHCs and MFTs and has announced the appointments of mental health and health science professionals to serve on professional standards boards. The boards will review applicants for LPMHC and MFT

positions in the Veterans Health Administration (VHA) to determine eligibility for employment and the government grade level appropriate for the individual in the selected position. The boards will also review promotions in these positions. For more information about mental health care that VA provides, visit: www.mentalhealth.va.gov ([More](#))

Car Pooling Announcements

Submit car pooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

Car Pool:

- **Carpool:** Looking for members to join carpool along the Hwy. 61 corridor from Dubuque to Rock Island Arsenal, 2nd shift 2:15-10:30 p.m. Starting in the middle April. [Email](#) or call (815) 651-4624.
- **Carpool:** Commuter living in Rio, Ill., looking for someone to carpool with from Galesburg/Alpha area. Employee works 6 a.m. - 3:30 p.m.

w/RDO 1st Friday of Pay period. [Email](#) or call (309) 782-5472.

Around the Q.C.

- **May 5: Derby Day Party** (Arsenal Island Golf Course Clubhouse)
- **May 5: Quad City Bicycle Club Tailwind Ride** (Ben Butterworth Parkway Parking Lot, Moline)
- **May 5: Venus Envy** (BucktownCenter)
- **May 5: Rock Island Downtown Clean Up** (The District)
- **May 5: 31st Annual CBRC 24-hour Run** (North Scott High School Track, Eldridge)
- **May 5: WIU Frog Hop 5K** (WIU, Moline)
- **May 5: JDRF Walk to Cure Diabetes** (Niabi Zoo, Milan, Ill.)
- **May 5: Quad Cities QC Jeeps 4x4 Show** (DK Four Wheel, Moline)
- **May 11: Gallery Hop!** (The District)
- **May 12: Canoe, Kayak and Bike Swap** (Credit Island Lodge, Davenport)
- **May 12: Mountain Biking 101 at Sunderbruch Park** (4500 Telegraph Rd., Davenport)
- **May 12: MLB Pitch, Hit & Run** (Stephens Park Diamond, Moline)
- **May 12-13: Beaux Arts Fair** (Figge Art Museum)
- **May 12-13: Scott County Kennel Club AKC Dog Show** (QCCA Expo Center)
- **May 13: 25th Annual Quad Cities Distance Classic 5K** (Augustana)
- **May 14: QC TAG Bicycle Commuter Breakfast** (Bechtel Park, Davenport)
- **May 19: Start! Heart Walk** (Great River Plaza, Rock Island)



May 19: [St. Ambrose University Wine Festival](#) (St. Ambrose University)
May 20: [Bicycle Rodeo Hosted by Casa Guanajuato's Healthy Family Day](#)
May 26: [Running Wild's The Wild 5](#) (Gold's Gym, Davenport)
May 28: [Quad Cities Criterium](#) (Rock Island)
May 28: [QCBC's Great Big Bike Rodeo](#) (Rock Island)
May 28: [Roger De Langhe Youth 2-10 Trike & Bike Races](#) (Rock Island)
June 2: [Run for the Son 5K Run/Walk](#) (Christian Care Rescue Mission, Rock Island)
June: 8-9: [Gumbo Ya Ya](#) (The District)
June 9: [Susan G. Komen Race for the Cure - Quad Cities 5K](#) (Davenport)
June 13-16: [Sturgis Mississippi River Motorcycle Rally](#) (Mississippi Valley Fairgrounds)
June 15-16: [Daiquiri Factory's Rock The District](#) (The District)
June 16: [13th Annual Quad Cities Triathlon](#)
June 17: [Ride the River](#) (RiverWay Trails, Iowa & Ill.)
June 16-17: [Greek Cultural Festival](#) (East Moline)
June 23: [Run for the Hills XC](#) (Crow Creek Park, Bettendorf)
June 23: [Royal Ball Run for Autism 5K](#) (Milan HyVee)
June 24: [6th Annual Hennepin Hustle 5K Fun Run/Walk](#) (Colona, Ill.)
June 24: [Blossoms at Butterworth](#) (Butterworth Center, Moline)
June 29-July 1: [Mississippi Valley Blues Festival](#) (LeClaire Park)
June 30: [Daiquiri Factory's Dodgeball Showdown](#) (The District)
July 3: [Red, White & Boom!](#) (Rock Island & Davenport)

July 4: [30th Annual Genesis Firecracker Run](#) (East Moline)
July 7: [Rock Island Arsenal 150th Celebration](#)
July 9-15: [John Deere Classic PGA Tour](#) (TPC Deere Run)
July 11: [21st Annual YouthFest](#) (Centennial Park, Davenport)
July 14: [28th Annual Moonlight Chase](#) (Eldridge)
July 16-21: [Rock Island County Fair](#) (East Moline Fairgrounds)
July 20-21: [Heartland Jam](#) (LeClaire Park)
July 27-28: [41st Annual MVRBC Downtown Street Fest](#) (Downtown Davenport)
July 27: [Cardiology at the Bix](#) (Radisson Quad City Plaza, Davenport)
July 28: [Bix 7 Run/Walk](#) (Downtown Davenport)
July 31-Aug. 5: [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds)
Aug. 2-5: [Bix Beiderbecke Memorial Jazz Festival](#) (LeClaire Park & Hotel Blackhawk)
Aug. 9-11: [Great River Tug Fest](#) (LeClaire, Iowa / Port Byron, Ill.)
Aug. 10-11: [Ya Maka My Weekend](#) (The District)
Aug. 17-18: [River Roots Live](#) (Downtown Davenport)
Aug. 18: [River Action's 3rd Annual Floatzilla](#) (Lake Potter)
Aug. 23-26: [World Series of Drag Racing](#) (Cordova Dragway)
Aug. 25: [Quad Cities Irish Festival](#) (Rock Island)
Aug. 25: [RIBCO's 3rd Annual River City Beer Festiv-ale](#) (The District)
Aug. 28-Sept. 5: [ASA Girls 12U Fastpitch Tournament](#) (Greenville Sports Complex, Moline)

Aug. 30-Sept. 2: [Antique Motorcycle Swap Meet](#) (Mississippi Valley Fairgrounds)
Sept. 1: [8th Annual Labor Day Ride For Non-Hodgkin's Lymphoma](#) (The District)
Sept. 1-2: [Quad City Air Show](#) (Davenport Municipal Airport)
Sept. 1-2: [Rock Island Grand Prix](#) (Downtown Rock Island)
Sept. 3: [Bettendorf Rotary 18th Annual Run with Carl 5K](#) (Life Fitness Center, Bettendorf)
Sept. 6: [13th Annual Senior Golf Cart Tour of RiverWay Trails](#) (Multiple Locations)
Sept. 7-16: [East West Riverfest](#) (Quad Cities)
Sept. 8: [Quad City Symphony Riverfront Pops](#) (LeClaire Park)
Sept. 8-9: [Beaux Arts Fair](#) (Downtown Davenport)
Sept. 15: [Taming of the Slough](#) (Sylvan Island)
Sept. 15: [Brew Ha Ha](#) (LeClaire Park)
Sept. 15: [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)
Sept. 15-16: [Riverssance Festival of Fine Arts](#) (Lindsay Park, Village of East Davenport)
Sept. 15-16: [Our Big Fat Greek Festival](#) (St. George Greek Orthodox Church, Rock Island)
Sept. 19-21: [Upper Mississippi River Conference](#) (TBD)
Sept. 22-23: [Quad Cities Kite Festival](#) (Centennial Park, Davenport)
Sept. 23: [Quad Cities Marathon](#) (Downtown Moline)
Sept. 27-29: [Mississippi Valley Quilters Show](#) (Mississippi Valley Fairgrounds)
Sept. 28-30: [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)



Sept. 29: [17th Annual Killer Bee 5K Run/Walk](#) (Rogalski Center Lawn, St. Ambrose Campus)
Oct. 5-6: [Midwest Clown Association Convention](#) (Clarion Hotel Conf. Center, Davenport)
Oct. 6: [Hilltop Campus Village 3rd Annual Fall Music Festival](#) (Hilltop Park, Davenport)
Oct. 7: [Nancy Kapheim Memorial Classic Gone Running 5K Run/Walk](#) (Schwiebert Park, Rock Island)
Oct. 13-14: [Gun Show](#) (Mississippi Valley Fairgrounds)
Oct. 23-28: [FLW National Guard Walleye Tournament](#) (Centennial Park, Davenport)
Oct. 25: [Fright Night](#) (The District)
Oct. 26: [Bucktown's Deadstock](#) (Bucktown)
Oct. 27: [Witches Walk](#) (Downtown LeClaire)
Oct. 27: [Daiquiri Factory's Boneyard Boogie](#) (The District)
Oct. 27-28: [Rock and Gem Show](#) (Mississippi Valley Fairgrounds)
Nov. 11: [Doll Show](#) (Mississippi Valley Fairgrounds)
Nov. 16-25: [Quad City Arts Festival of Trees](#) (RiverCenter)
Nov. 17: [Festival of Trees Parade](#) (Downtown Davenport)
Nov. 17: [Lighting on the John Deere Commons & Holiday Pops Concert](#) (Downtown Moline)
Dec. 1-14: [Season of Light-Star of Bethlehem](#) (Augustana College Planetarium)
Dec. 2: [19th Century Christmas](#) (Butterworth Center, Moline)
Dec. 7: [Gallery Hop!](#) (The District)
Dec. 8-9: [131st Annual Performance of Handel's Messiah](#) (Centennial Hall, Augustana College)



Island Insight



Joel Himsl, Garrison Manager; **Eric Cramer**, Public Affairs Officer; **Mark Kane**, Editor

The Army publication, Island Insight, is an unofficial publication authorized under [AR 360-1](#) to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processor software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal Garrison Public Affairs Office. Submission of [announcements](#), articles, photos, letters, and graphic art of interest to the general readership is encouraged. All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMNE-RIA-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight](#); usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil; Phone:

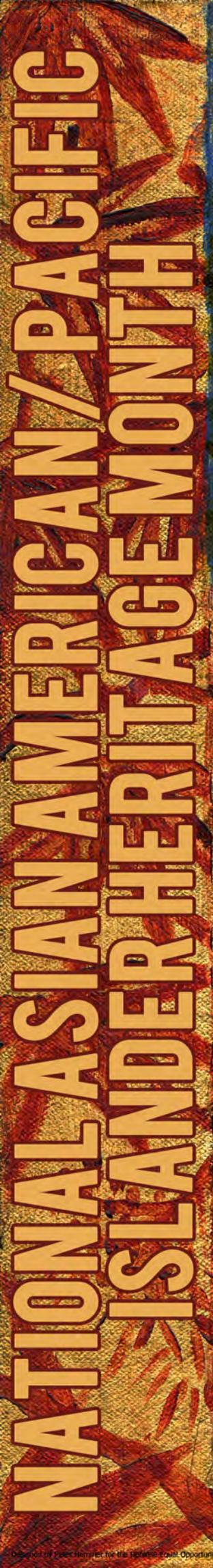
(309) 782-1121. The Island Insight is [available on-line](#).

SOLDIER. CIVILIAN. SELF.
THERE ARE NO SPLIT PERSONALITIES IN SOCIAL MEDIA.

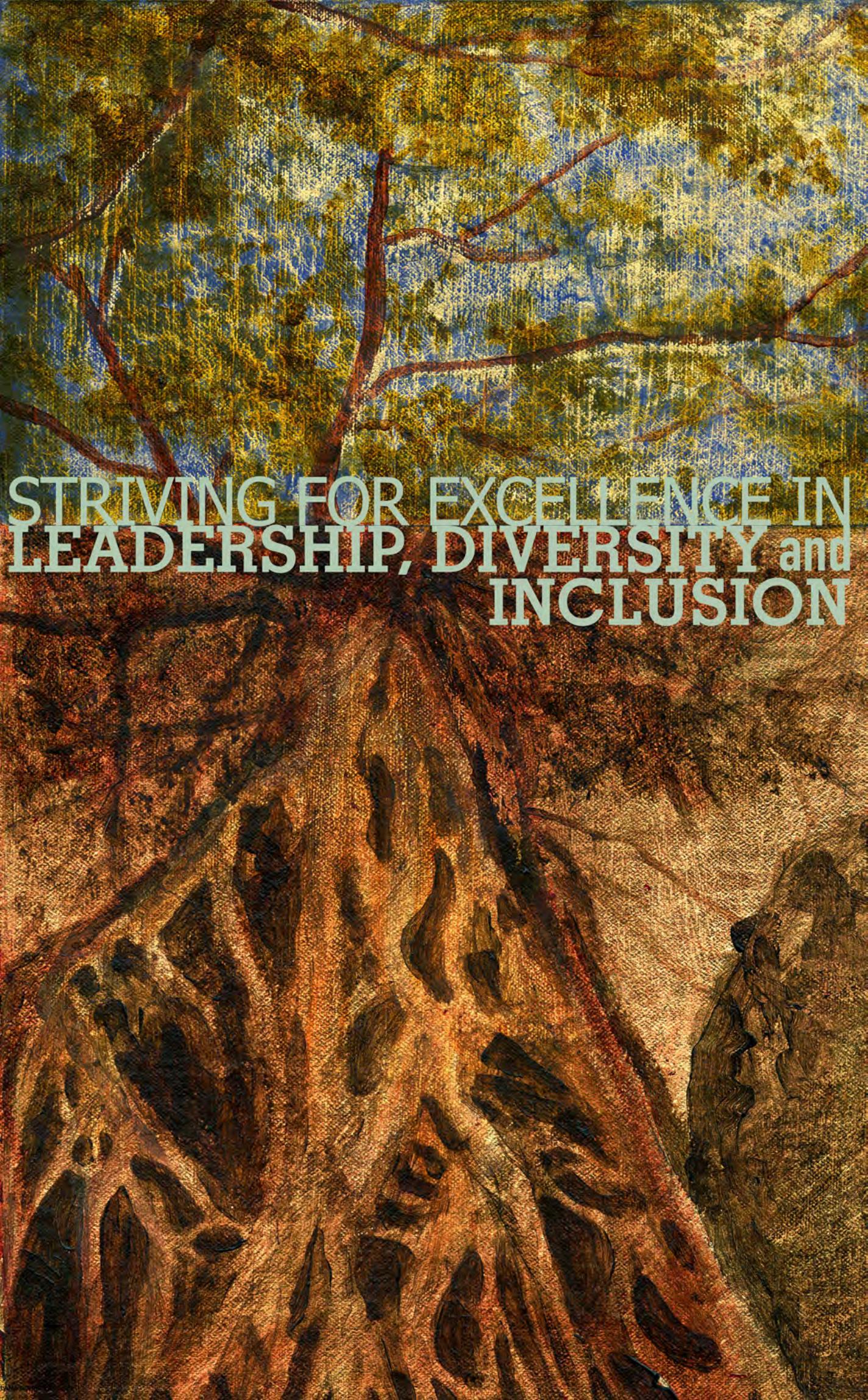


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**NATIONAL ASIANTAMERICAN/PACIFIC
ISLANDER HERITAGE MONTH**



**STRIVING FOR EXCELLENCE IN
LEADERSHIP, DIVERSITY and
INCLUSION**