



Nov. 7, 2016

Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Garrison Internet page under "Information" and on the installation website at www.usagria.army.mil under "News" and then "Local News."

Island Insight Submission:



www.usagria.army.mil/News/II.aspx

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Stories Shared, Money Raised As CFC Events Continue On RIA

A Thursday taco lunch and Friday pancake breakfast were among several Island-wide events hosted in support of the Combined Federal Campaign, here Oct. 27 and 28. The taco lunch and pancake breakfast were hosted at Joint



Manufacturing and Technology Center, and First U.S. Army, respectively. Pancakes were served with orange juice, and the taco lunch was served with cupcakes and root beer floats for dessert. Both events attracted dozens of RIA Soldiers and civilians who donated to various organizations for numerous personal reasons. Nancy Andreesen, contract specialist, Army Contracting Command, shared a painful story of losing her 11-year-old daughter during treatment of alveolar rhabdomyosarcoma - a rare pediatric cancer that started in her foot. "I donate to the Sarcoma Foundation of America because research is needed to help children affected by sarcoma. Better treatment and cure is essential because I personally do not wish for this cancer to take the life of another precious child. ([More](#))

Upcoming Dates

- Nov. 1-30:** Military Family Appreciation Month
- Nov. 8:** Election Day
- Nov. 8:** Real Colors, EAP, Bldg. 56, 1st Flr., Rm. 104, 8 a.m. - 12 p.m.
- Nov. 8:** Grief Support Grp, EAP, Bldg. 56, 1st Flr., Rm. 104, 10:30-11:30 a.m.
- Nov. 10:** Improving Workplace Relationships, Bldg. 56, 1st Flr., Rm. 104, 10 a.m.
- Nov. 11:** Veterans Day Ceremony, Rock Island National Cemetery, 1 p.m.
- Nov. 11:** QC Mallards Military Appreciation, iWireless Center, 7 p.m.
- Nov. 13-19:** ACES' American Education Week
- Nov. 13-Dec.11:** FEHB Open Season
- Nov. 14-18:** DA Photos, Bldg. 90, Basement, Rm. B11, 7:20 a.m. - 3:40 p.m.
- Nov. 14-18:** SFL-TAP Workshop, Bldg. 56, 1st Flr., Rm. 122, 8 a.m. - 4:30 p.m.
- Nov. 15:** Grief Support Grp, EAP, Bldg. 56, 1st Flr., Rm. 104, 10:30-11:30 a.m.
- Nov. 17:** Great American Smokeout
- Nov. 18:** MVRBC Blood Drive, Lock & Dam Lounge, 10 a.m. - 2 p.m.
- Nov. 18:** RIA Autumn/Winter Safety & Wellness Awareness Day, Heritage Hall, Bldg. 60, 10:30 a.m. - 1:30 p.m.
- Nov. 18:** RIA Army Ed at USO, Bldg. 110, 11 a.m. - 1 p.m.
- Nov. 19:** International Survivors of Suicide Day
- Nov. 22:** Grief Support Grp, EAP, Bldg. 56, 1st Flr., Rm. 104, 10:30-11:30 a.m.

Honor Tour Brings Generations Together

Four generations of veterans and their families met for a time of reverence and celebration here Nov. 3. This ceremony was just one stop during the Quad Cities Honor Tour, which took 16 veterans of World War II and the Korean and Vietnam Wars to see local monuments built in their honor. Honor Flight of the Quad Cities, a chapter of the Honor Flight network, hosts local tours and flights to Washington, D.C., every year. Volunteers known as “guardians” accompanied the veterans throughout the day. 1st Sgt. Joseph Wertz, first sergeant of First Army’s Headquarters and Headquarters Detachment, served as one of these guardians. “It’s really cool to get these guys to tell their stories,” Wertz said. “Having someone in uniform to talk to really gets these guys to open up.” ([More](#))



38th Quad City Honor Flight Takes Off

At first glance, this may have seemed like a typical morning at the airport. Passengers escaped the brisk Midwestern morning chill, lining up at check-in counters to begin their journeys. But, amidst this early morning bustle, a growing congregation of people formed in the terminal. Men and women, young and old, adorned in bright yellow and blue jackets. Many were wearing veteran ball caps -- a shared badge of honor for a thousand different stories. This was the 38th Honor Flight of the Quad Cities, which took off from the Quad City International Airport Oct. 27. Honor Flight of the Quad Cities is a chapter of the Honor Flight Network, an organization dedicated to flying veterans of World War II and the Korean and Vietnam Wars to visit memorials dedicated to them in Washington, D.C. ([More](#))



Four-Star AMC General Visits RIA

Gen. Gustave Perna, commanding general, Army Materiel Command, visited Rock Island Arsenal, Oct. 26. Perna took command of AMC in September. AMC is responsible for delivering and maintaining the equipment and material services Soldiers and warfighters need for daily operations around the world. Several of AMC's subordinate commands are located at RIA, which is known as "the home of Army logistics," according to the installation's welcome sign. Perna visited the U.S. Army Sustainment Command, the Joint Munitions Command, and took a tour of the Rock Island Joint Manufacturing and Technology Center. ([More](#))



Chili Cook-Off Helps With \$400k Goal

An initiative that was established by our country's president back in the 1960's still lives on across the nation and at the Rock Island Arsenal. Local 4's Emily Scarlett takes us Inside the Gates where a friendly competition is producing big time results. It is lunch time on the Rock Island Arsenal, and chili is on the menu. Combined Federal Campaign (CFC) co-chair, Matthew Kopel says there are, "15 chilies this year, and it's a nice little competition but it's a lot of fun and great food and great eating for folks." Dozens lined up to sample the various types of chili for a \$5 donation. ([More](#))



Facility Safely Processes Radioactive Components

Nestled on Rock Island Arsenal in Illinois, the unassuming Morris Consolidation Facility hosts a team of Joint Munitions Command health physicists who safely execute processing and packaging of radioactive components coded for disposal. The disposal process is exact, methodical, and reflects the high standards set by JMC. The MCF consolidates excess military commodities containing low-level radioactive materials from around the world. Many of those commodities are various instruments containing tritium, which provides illumination of dials for low-light conditions. "Not many people know what we do, or how we do it. We manage the end of the life cycle of military items that contain radioactive material for the Army, and most of the Department of Defense," said Calvin Brownlow, health physicist and radiation safety officer at the MCF. ([More](#))



New ASC CG Holds His First Town Hall

Maj. Gen. Edward Daly, commanding general, U.S. Army Sustainment Command, held his first town hall meeting in Heritage Hall, here, Nov. 2. Daly took command of ASC in August. Daly said the overall mission of ASC is to support and enable the U.S. Army Materiel Command, ASC's higher headquarters. AMC is responsible for delivering and maintaining the equipment and services Soldiers and warfighters need for daily operations. "[Our mission] is not about [ASC], it's about the Army," said Daly. "Every time I go out and talk to divisions or other commanders, or anybody, I say 'Here is what AMC is doing in support of the Army's mission set and vision, and here's how we are providing readiness and delivering readiness to [combatant commanders].'" ([More](#))



Catholic Mass, Communion Offered On All Saints Day

Soldiers and civilians gathered at the Arsenal Club for a Roman Catholic Mass celebrating All Saints Day here, Nov. 1. In Catholicism, All Saints Day is a holy day of obligation serving as a celebration, or feast, of all the known and unknown saints. Saints are those individuals who have been recognized as ascending to heaven. The Mass was celebrated by the Very Rev. Richard Adam, pastor of Sacred Heart Cathedral in Davenport. Adam recited Mark 5: 3 -- 10, or, the eight beatitudes of Christ, which Catholicism views to be the attitudes one should live by in order to inherit the kingdom of heaven. ([More](#))



OPM Says Fewer Cyber Breach Victims Need To Re-Enroll In Credit Monitoring Services

Victims of the Office of Personnel Management's cyber breach who enrolled in credit monitoring services with Winvale/CSID about 18 months ago will soon have to re-enroll for the same services with a new vendor. About 100,000 to 150,000 people will need to take some kind of action and will receive mail notification letters from OPM soon, as their coverage under Winvale expires Dec. 1. OPM will notify all 600,000 people who were only impacted by the first of the agency's cyber breaches that they can sign up for services. OPM had originally said that 600,000 people will need to re-enroll, but Winvale lowered its estimate to account for 100,000 to 150,000



victims who actually signed up for credit monitoring services, an OPM spokesperson said Nov. 4. ([More](#))

Defense Department Seeks Ideas for Preserving U.S. Competitive Advantage

After 15 years of continuous combat operations focused on counterterrorism, irregular warfare, and nation building, the joint force is now preparing for a future that demands skill across the full range of military operations, including high-end, multidomain warfare against large state competitors. The U.S. military remains the best trained and equipped military in the world. But with the rise of sophisticated rivals, the proliferation of military and dual-use commercial technologies, and the accelerating speed of action on the battlefield, there is a growing need to identify innovative means of preserving the United States' competitive military advantage. Preserving and extending U.S. competitive military advantage is the key to maintaining a strong conventional deterrent. One competitive advantage we especially want to preserve is our ability to project power across transoceanic distances into any theater. ([More](#))



RIA Soldiers to Participate in Area Veterans Day Events

A number of Rock Island Arsenal Soldiers are participating in Veterans Day activities throughout the Quad Cities and surrounding area. Please note the following events; note also that events and speakers may be subject to change: • Senior Star at Elmore Place Veterans Day Event, Davenport, **Nov. 9**, 11:30 a.m., *Sgt. Maj. Sebastian Harris*, U.S. Army Sustainment Command, will be speaking; • Rockridge Junior High Veterans Day Ceremony and Breakfast, Taylor Ridge, **Nov. 10**, 7:45 a.m., *Command Sgt. Maj. Myris Callwood*, U.S. Army Garrison-Rock Island Arsenal, will be speaking; • Franklin Elementary School Veterans Day Program, Moline, **Nov. 10**, 8:30 a.m., a group of soldiers led by *Col. Kenneth Tauke*, U.S. Army Garrison-RIA, will appear; • Galva High School Veterans Day Program, Galva, **Nov. 10**, 10 a.m. *Capt. John Pons*, ASC, will be speaking; • All Saints Catholic School Veterans Day Program, Davenport, **Nov. 10**, 10:30 a.m., a group of soldiers led by *Capt. Terry Dunn*, First U.S. Army, will appear; • St. Paul the Apostle Catholic School Veterans Day Program, Davenport, **Nov. 10**, 1 p.m., *Col. Kenneth Tauke* will be speaking; • Palmer Chiropractic College Veterans Day Event, Davenport, **Nov. 10**, 3:45 p.m., *Col. Vincent Barnhart*, First U.S. Army, will be speaking; • City of Davenport Veterans Day Parade, Davenport, **Nov. 11**, 10 a.m., *Col. Kenneth Tauke and Command Sgt. Maj. Myris Callwood* will appear; • Northeast Community School District Veterans Day Program, Goose Lake, Iowa, **Nov. 11**, 10 a.m., *1st Sgt. Efren Delpilar*, ASC, will be speaking; • Aledo VFW Post 157 Veterans Day Ceremony, Aledo, **Nov. 11**, 11 a.m., *Capt. Herman Marshall*, ASC, will be speaking; • Galva Veterans Day Event, Veterans Park, Galva, **Nov. 11**, 11 a.m., *Maj. Lanelle Pickett*, ASC, will be speaking; • Milan American Legion Post 569 Veterans Day Commemoration, Milan, **Nov. 11**, 11 a.m., *Col. Donald Wols*, Joint Manufacturing and Technology Center, will be speaking; • Moline VFW Post 2153 Veterans Day Ceremony, Moline, **Nov. 11**, 11 a.m., *Command Sgt. Maj. Anthony Bryant*, ASC, will be speaking; • East Moline Veterans Day Ceremony, East Moline, **Nov. 11**, 11 a.m., *Brig. Gen. Richard Dix*, U.S. Army Joint Munitions Command, will be speaking; • Hero Street Memorial Park Veterans Day Ceremony, Silvis, **Nov. 11**, 11 a.m., *Maj. Gen. Edward Daly*, ASC,



will be speaking; • Rock Island National Cemetery Veterans Day Ceremony, R.I. National Cemetery, **Nov. 11**, 1 p.m., *Maj. Gen. Edward Daly* will serve as keynote speaker; • Bettendorf Veterans Day Program, Bettendorf Veterans Memorial, **Nov. 11**, 2 p.m., *Chaplain (Col.) Jeffery Zust*, First U.S. Army, will be speaking; • Tri-City Jewish Center Veterans Day Event, Rock Island, **Nov. 11**, 7 p.m., a military speaker for this event has not yet been selected; • Hero Street Monument Veterans Day Ceremony, Silvis, **Nov. 12**, 10 a.m., *Maj. Gen. Edward Daly* will be speaking.

IowaWORKS Salute to Veterans Open House

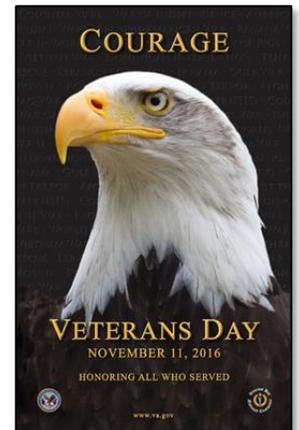
Veteran VA Work Study and Davenport Employment Staff from IowaWorks Eastern Iowa, Davenport Center will be hosting an "Open House" to pay tribute to our veterans who have served with distinction in our armed forces. The event will be held **Thursday, Nov. 10**, 9 a.m. – 12 p.m., in the Village Shopping Center, at 902 W. Kimberly Road, Suite 51, in Davenport. All veterans are encouraged to stop by and network with some of the following agencies that will be represented. Feel free to drop by anytime refreshments will be provided in the Roosevelt Room.

Fall Concert - Salute to Our Veterans

The Bettendorf Park Band will perform a fall concert, Salute to Our Veterans, on **Thursday, Nov. 10**, at the Bettendorf Public Library, located at 2950 Learning Campus Dr, in Bettendorf; with music by George M. Cohan, Glenn Miller, John Philip Sousa, and much more. Bettendorf Park Band is a community service of the Parks and Recreation Department of Bettendorf. The band is a volunteer concert band conducted by Brian Hughes and Associate Conductor Sean Talbot established in 1967, which provides the opportunity for amateur musicians to enjoy the pleasure of playing in a band. ([More](#))

Rock Island National Cemetery to Commemorate Veterans Day

The Rock Island National Cemetery will have a Veterans Day Ceremony on **Friday, Nov. 11**, at 1 p.m., Rock Island National Cemetery, at the main flagpole. The keynote speaker for the Veterans Day ceremony will be *Maj. Gen. Edward Daly*, commanding general, U.S. Army Sustainment Command, and senior commander, Rock Island Arsenal. The ceremony will include wreath placement, an honor salute, and taps. Veterans Day is intended to thank and honor all those who served honorably in the military - in wartime or peacetime. A Congressional Act (52 Stat. 351; 5 U. S. Code, Sec. 87a) approved May 13, 1938, made the 11th of November in each year a legal holiday – a day to be dedicated to the cause of world peace and to be thereafter celebrated and known as "Armistice Day." Armistice Day had primarily been a day set aside to honor Veterans of World War I. However, following World War II and the Korean War, Veterans service organizations urged Congress to amend the Act of 1938 by striking out the word "Armistice" and inserting in its place the word "Veterans." With the approval of new legislation in 1954 (Public Law 380), Nov. 11 became a day to honor American Veterans of all wars. ([More on Veterans Day](#))



Special Veterans Day Hours at the Colonel Davenport House

The Colonel Davenport House will be open for special hours on **Friday, Nov. 11**, for Veterans Day from 1:30 to 4 p.m. Admission is only \$1 for adults and free for kids and active and retired military. Guides will be available to answer questions. The gift shop will also be open, selling Early American items like toys and candle molds, souvenirs, and books, including two that give information about Colonel George Davenport and his military service, new books about the Mississippi River, and Mississippi River mud t-



shirts. The Colonel Davenport House ended its regular schedule on **Sunday, Oct. 30**. Group tours may be scheduled by appointment. The house resumes its regular hours on **Thursday, May 4**.

QC Mallards Annual Military Appreciation Night, Free Tickets

The Mallards will recognize those who have served in the armed forces with Military Appreciation Night when the team plays on Veteran's Day, **Friday, Nov. 11**, at 7 p.m., at the iWireless Center in Moline, against the Toledo Walleye. In honor of Veteran's Day, USO has received free tickets to the game. Active duty (including Guard, Reserve & Retired) should reserve their tickets at the USO's website. Instructions for to reserve tickets through the USO - go to the USO website at www.tixfortroops.org, scroll down to the Mallards event. There is a box at the top of where the event is listed. You enter the number of tickets you are requesting.

Click anywhere off of that and a box will drop down. Fill out the information and then scroll all the way to the bottom past any other event. Fill in the primary contact information, click process now and you will get a confirmation and you are good to go. We will have a USO table set up in front of the Mallards sport store in the lobby, you come in and show military ID and the volunteers will give you your tickets. If you have any questions, please call 309-782-3896. This is for active duty, Guard, Reserves and military Retirees and their dependents. In addition, the iWireless Center is selling tickets to the game for \$10 for all military personnel and their families. Contact their front office at 309-277-1364 or info@myqcmallards.net.



2016 Veterans Day Free Meals, Discounts, Sales and Deals

Restaurants and retailers across the country have announced Veterans Day deals for those who have served in the U.S. military. This site gives an extensive list of those deals, but be sure to pay attention to the details and requirements. ([More](#))

Veterans History Project

On **Friday, Nov. 11**, WQPT will be hosting the Veterans History Project at Western Illinois University-Quad Cities, 3300 River Dr, in Moline, from 9 a.m. to 12 p.m. We are looking for veterans to tell their stories of service so that we can record them and submit them to the Library of Congress. Stories need to be at least 30 minutes to be admitted. We want any veterans that served after WWII. To set an appointment up, please call 309-764-2400. Veterans from WWII and the Korean War will receive priority. The Veterans History Project of the American Folklife Center collects, preserves, and makes accessible the personal accounts of American war veterans so that future generations may hear directly from veterans and better understand the realities of war. The United States Congress created the Veterans History Project in 2000. The authorizing legislation (Public Law 106-380), sponsored by Representatives Ron Kind, Amo Houghton, and Steny Hoyer in the U.S. House of Representatives and Senators Max Cleland and Chuck Hagel in the U.S. Senate, received unanimous support and was signed into law by President William Jefferson Clinton on Oct. 27, 2000. ([More](#))

4th Annual American Legion Veteran's Day 5K Run & Family Run/Walk

The Blue Grass American Legion Post 711 is hosting its Annual Veterans Day 5K Run on **Saturday, Nov. 12**, at American Legion Post 711, 106 South Juniata St., in Blue Grass, Iowa, to help support the veterans and the local community. The event will include a 5K Run, a Kids ½-Mile Run, a Family 1½-Mile Run/Walk, and a Battle Buddy ½- Mile Run. For start times, additional details, and to register go to GetMeRegistered.com. This is our fourth year and we are trying to make this one the



best one yet. It might be a little chilly out, but it is a great organization and a fun time. We use the proceeds from this race as well as other activities to fund a lot of different programs in our community, such as Hawkeye Boys & Girls State, Merit Awards, Scouting, Hospital Supplies, Military Funeral Honors and that is just to name a few of the many things we do to help out. This will also be where you can pick up your packets for the race. Registration is open until the morning of the race. There is a late registration fee of \$5.00 added to any one registering after **Nov. 1**. If registered before **Nov. 5** each participant will receive in their packet a personalized dog tag and a tee shirt as well as coupons and other things given to us by our sponsors (You are not guaranteed a personalized dog tag after **Nov. 1**). Trophies will be given to the top three male and female finishers in all the age groups. If there are any questions or you want to volunteer to help out call the American Legion at 563-381-4380 or send us an email at alpost711.5k@outlook.com. ([Flyer](#))

VIOS Schedule for November, December

Official DA Studio Photography (DA, Government Passport and Command Photos) will be offered at Rock Island Arsenal on **Nov. 14, 15, 16, 17, and 18**; and **Dec. 12, 13, 14, 15, and 16**.

Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7:20 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the [VIOS site](#) for more information. Walk-in appointments are not available.

Photographs will be taken at the Photo Studio (Bldg. 90, Basement, Room B11). Priority is: 1. Active Duty Soldier's DA photos; 2. Official Government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - Command Photos will be printed and available digitally.

Additional prints can be ordered in VIOS. All scheduled dates can be found on the [RIA VIOS website](#)

Blood Drives

The Mississippi Valley Regional Blood Center is hosting a blood drive in the room outside the Lock and Dam Lounge (in Bldg. 60), on **Friday, Nov. 18, 10 a.m. – 2 p.m.** If you would like to donate at this blood drive, feel free to email SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at 563-359-5401, ext. 119.



Charlie Corpuscle reminds us, "October is Breast Cancer Awareness Month! Did you know 17 percent of blood donations in our area are used by cancer patients?"



The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).

ICE Needs You!

Our goal is to meet your expectations and provide the best customer service possible. We appreciate hearing from you and value your opinions. We recognize that not all feedback is positive. Negative comments or observations regarding any services here on Rock Island Arsenal provide us with the necessary information to improve those services. Providing your contact information is vital to helping us obtain additional information if needed and to also inform you of reasons why a product or service can't be changed. When the customer chooses to remain anonymous, and does not provide sufficient information to identify the issue or problem, the Garrison staff is not able to take action and the comment is rendered useless. Now that you know how you can help, please take



the time to let us know how we're doing. It takes less than a minute to fill out the standard six questions on the [ICE website](#) and you're always welcome to add additional information in comment spaces provided. Be assured that all comments and information are secured and kept confidential.

Suits for Soldiers

Farmers Insurance announced the launch of its nationwide Suits for Soldiers program to help active duty military personnel transition to civilian work and life. **Oct. 18 through Nov. 30**, Americans across the country can support veterans transitioning into the civilian workforce by donating gently used and dry cleaned suits or professional attire for men and women at more than 13,000 Farmers agencies. Specifically, they are collecting suits, blazers, dresses, dress pants, and other items that we can give to our military personnel and veterans so they have a fighting chance when interviewing for a new career. Collection sites include the Farmers Office at 4436 N Brady Street, Sears in Davenport and at the Ken Himebaugh Farmers Insurance office at 1600 30th Avenue in Moline. You can also contact your local Farmers agent. The American Legion Post 26 will be hosting a distribution event on **Thursday, Dec. 1**, 1-7 p.m. For the distribution event, Farmers will invite all the local veterans, active duty, and reserve members in who may need a suit for their next job interview. POC: [Nickolas Grant](#), Farmers Insurance, District Office Quad Cities Branch, 563-275-4124. *Information is provided for informational purposes only and does not constitute any endorsement of said company, affiliated company or services.* ([More](#))



Vets with Disabilities Explore Camp Courageous Day

Vets with Disabilities Explore Camp Courageous Day will take place on **Monday, Nov. 21**, at Camp Courageous, located at 12007 190th St, in Monticello, Iowa, beginning with flag raising and arrival 9:30-10 a.m. The event is to give veterans who have disabilities a taste of camp. The event is for vets who have disabilities. The Camp is seeking referrals and to get the word out. Those interested will need to RSVP with the number attending (vets and family members/assistants) and basic contact info (name, phone, address, email). This will help programming and dietary plan effectively and be prepared. Camp staff will lead activities and assist with transitioning individuals from one location to another, answering questions, tours, and guidance around camp. Dietary staff will provide lunch. A survey/evaluation will be passed out at the end to gather feedback and determine interest in further programming for veterans who have disabilities at Camp Courageous. Please contact Stephen Fasnacht at 319-465-5916 x2310 or stephen@campcourageous.org. ([More](#))



Wreaths Across America Honoring American Heroes with Remembrance Wreaths

National nonprofit Wreaths Across America is working hard to insure no veteran from the Quad City Area is forgotten this holiday season. On **Saturday, Dec. 17**, National Wreaths Across America Day, live Balsam remembrance wreaths will be placed at the headstones of fallen veterans at nearly 1,000 locations across the country and overseas. Locally, a remembrance ceremony will be held at the Rock Island National Cemetery on this day to ensure that the 32,000 individuals buried there, who served to protect our freedoms of our country, are not and never will be forgotten. The ceremony starts at 11 a.m. with the laying of ceremonial wreaths to honor each of the military services, POWs, and all veterans, past and present. For information to sponsor a wreath



contact Wreaths Across America at www.wreathscrossamerica.org. For local information contact Lt. Col. Tom Nielsen at 309-716-8620, 11008@mediacombb.net.

End of Year Leave Donations

For those wishing to donate annual leave to a federal civilian employee currently accepted into the Leave Transfer Program for an ongoing medical emergency, please complete Statement of Leave Donor (RIA form 690-43) or Request to Donate Annual Leave (OPM 630a) and submit with supervisor signature to the Civilian Personnel Advisory Center. To ensure a leave donation will be deducted from this calendar year, all donations must be received in the CPAC no later than **Wednesday, Jan. 4**. Generally, the maximum number of annual leave hours an employee may donate per year is one-half of the amount of annual leave he/she is entitled to earn in that leave year, as follows:



Annual Leave Hours Earned Per Pay Period	Maximum Number of Hours that May be Donated
4	52
6	78
8	104

Toward the end of the leave year, the maximum donation decreases to no more than the number of hours remaining in the leave year (as of the date of transfer) the donor is scheduled to work and receive pay. POC Janine Coupee may be reached at PECH-NCR-E, 309-782-1278.

Arsenal Island Employee Local Discounts

The following discounts are exclusively available to Arsenal Island employees — AT&T Wireless:

As a service member of the U.S. Army you could be saving 15 percent on the monthly service charge of qualified wireless plans. Visit your local AT&T store at 4500 16th Street, (inside SouthPark Mall) Moline or 3120 E. 53rd street, Davenport, or to purchase online, visit att.com/wireless/USArmy If you visit a local AT&T store, please have proof of eligibility. Mention Discount Code: FAN2421660. **Infinity Salon & Spa:** Located at 220 W 3rd St. in Davenport, we offer 15 percent off services for military and the Arsenal Island workforce. We are a full service salon: hair, manicure, pedicures, massage, waxing, facials, for men, women, and children. Eligible personnel only need to show a military or work ID. **New Life Chiropractic Clinic:** All Arsenal Island military and civilian employees will receive a 10 percent discount off its services located at 2500 18th Street in Bettendorf. **Chocolate Manor:** All Arsenal Island military and civilian employees will receive a 10 percent discount off their total purchase on any of our award winning homemade chocolates at 110 E. 2nd St., Davenport, just show your ID. **Roosters Sports Bar and Grill:** All military and civilian's get 10 percent off their bill. Come head down for lunch at 2130 3rd Ave., Rock Island, new specials daily. **Peachwave Frozen Yogurt:** Peachwave, 3431 Devils Glen Rd., Bettendorf, offers a 10 percent discount every day to all military and veterans. *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*

Arsenal Traffic/Construction



RIA Family Housing Construction Begins, Road, Parking Lot Closures Scheduled

The construction of the Army Family Housing project on RIA east of the Davenport House is began on Nov. 7. The construction will include road and partial parking lot closures. There will be signs at Hillman St. and Whittemore St. informing drivers that no through-traffic is allowed and that the streets have no outlet during construction. Drivers will be directed to use Davenport Drive to visit the Davenport House. The US Army Corps of Engineers will be managing the Army Family Housing construction project on RIA east of the Davenport House for a period of 540 working days.

Government Bridge Closures October/November

The Iowa Interstate Railroad will make repairs on the railroad over the Government Bridge. This will necessitate some closures of the Government Bridge and effect traffic crossing the Bridge.

- Between **Wednesday, Oct. 5**, and continuing to **Thursday, Nov 10**, 9 a.m. to 2 p.m., **Monday through Friday**, expect intermittent single-lane closures for vehicle traffic. No impact to pedestrian, bicycle, navigation or rail traffic.

Update Repair Gillespie Street

On Tuesday, Sept. 6, Public Works began making repairs to Gillespie Street. The road will be closed between Blunt Road and the north entrance to Bldg 312. We encourage pedestrians to avoid this area, but they may use the west sidewalk along Gillespie to the south entrance of Bldg. 312 and then cross over to the golf cart path proceeding onto Ramsey Road. If safety becomes an issue, the area will be closed to pedestrian traffic. Orange safety fence is installed around the perimeter of the work area. Please use caution when traveling near the area and be aware of extra truck traffic traveling to the construction site.

Notice for Repair of Gillespie Street

On Aug. 15, the Directorate of Public Works began making repairs to Gillespie Street. The work is being accomplished in multiple phases. Phase I includes the repaving of Gillespie Street from Blunt Road to the north edge of the south entrance to Bldg. 312. Phase II is from the south entrance to North Avenue. Work includes paving, curb and gutter, storm drainage and sidewalk replacement. The project is expected to last approximately **four months** depending on weather. Orange safety fence are installed around the perimeter of the work area. Signs and barricades are in use to detour traffic. Please use caution when traveling near the area.

Parking Area Lot Closed Near Bldg. 350

On Oct. 17, the Directorate of Public Works began a project to repair the emergency generators located in Parking Lot 3L northeast of Bldg. 350. The work includes replacement of an existing generator that feeds critical loads in Bldg. 350. The new generator will be located along the north edge of the parking which requires closing approximately 40 parking spaces during construction. The project is scheduled to be completed by **Friday, July 14**.

Rock Island Viaduct Sidewalk Closed to Pedestrians

"Sidewalk Closed" signs have been erected at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents. Attached illustration indicates the suggested alternative route (STR276 American Discovery Trail and Pedestrian Bridge) during the closure.

Building/Space Closures



Closure Notice, Building 104 Courtyard

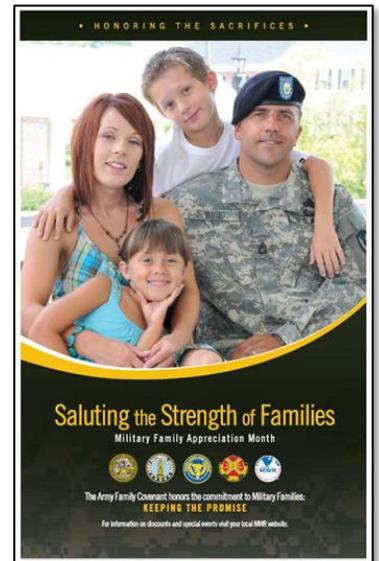
The Directorate of Public Works has closed the Bldg. 104 Courtyard to all traffic, parking, and public access effective **Aug. 1, through Thursday, Dec. 15**. Closure is required to stage materials and equipment to remove and replace the roof on Bldg. 104. Signage will be placed at all doors exiting into the Courtyard notifying occupants of emergency exit only. Access into the Base Supply Store will be through the south end, east wing overhead door and/or East door. Emergency Services will have access to all doors in the courtyard in case of emergencies.

Active Duty/Reserve Zone



Military Family Month

The Army observes Military Family Month to recognize and honor military Family members for their unique contributions and daily sacrifices while supporting the Army mission. The month was established in 2003 by the Armed Services YMCA and affirms the Army's commitment to strengthen the readiness and resilience of the Army Family. Each year the president of the United States signs a proclamation declaring November as Military Family Month. Army Families often endure unique challenges of persistent conflicts, numerous separations and relocations as they support Soldiers in every phase of the Soldier lifecycle. Families ensure Soldiers start strong, serve strong, reintegrate strong and remain strong throughout their careers. The Army provides a balanced network of programs and services to improve Soldier and Family readiness. Military Family Month is an opportunity for the Army's Active, Guard and Reserve component leadership to collaborate with garrisons, community leaders and local businesses on observances, events and awareness campaigns. Active, Guard, and Reserve leaders, as well as the Department of Defense organizations such as the Army Air Force Exchange Service and the Defense Commissary Agency often team up to conduct activities and events to express their appreciation for military families. Additionally, other Army, government, military, community and business leaders recognize military families through numerous events. During November, all commands, installations and units are encouraged to participate in local engagements designed to draw public attention to and illustrate public support and appreciation for



the Army Family. Each year the President signs a proclamation declaring November Military Family Month. This year's [presidential proclamation](#) stated, "We must always be there for our service members and their families -- just as they are there for us. Through the thickest of fights and the darkest of nights, our extraordinary military families -- our heroes on the home front -- stand alongside our patriots in uniform, and in their example we see the very best of our country's spirit. This month, let us thank them for their tremendous devotion to duty and for their unyielding sacrifice. Let us honor their resolve and patriotism and uphold our solemn responsibility to ensure the priorities of our Nation reflect the priorities of our military families." — *President Barack Obama* ([Military Family Support](#)) ([Military.com](#)) ([StandTo!](#))

White House, DoD Salute Companies' Commitment to Hire Military Spouses

Employers who hire military spouses are doing the right thing for their businesses -- and for the country, speakers at a Department of Defense Military Spouse Employment Partnership event said this week. White House and Defense Department officials, business representatives and military spouses were among those who came out Oct. 17 to celebrate the induction of 50 employers to the MSEP program -- the largest induction class since the initiative was launched five years ago. By hiring military spouses, employers are promoting stability in military families, which increases the readiness of the force, said Todd A. Weiler, assistant secretary of defense for manpower and reserve affairs. ([More](#))



Safety Spotlight



ARMY SAFE
IS ARMY STRONG



RIA Autumn/Winter Safety & Wellness Awareness Day

The installation will hold RIA Autumn/Winter Safety & Wellness Awareness Day on **Friday, Nov. 18**, 10:30 a.m. – 1:30 p.m., in Heritage Hall, Bldg. 60. The event is open to all RIA tenant unit service members, DoD civilians, family members, and civilians with access to the installation. The event will include numerous information booths from fire safety, to severe weather preparedness, to fitness.

Summer Motorcycle Rider Courses are Success

The U.S. Army Garrison Rock Island Arsenal Safety Office recently completed this summer's Motorcycle Rider Courses. Courses were conducted in May, August and September. This year's numbers were as follows:

- Basic Riding Course; (two 8-hour days) – 10 students
- Military Sport Bike Rider Course; (one 8-hour day) – 5 students
- Experience Rider Course (one 8-hour day) – 10 students

The Army Progressive Motorcycle Program was developed to address indiscipline such as speeding, loss of control, and alcohol, which are among the top three factors cited in indiscipline-related accident reports. The PMP addresses rider behavior, teaches basic skills, and builds and improves rider attitude and control throughout a Soldier's riding life. The program is designed to continually re-engage riders while promoting safe behaviors, refreshing skills and establishing lifelong learning among the Army's riding population.



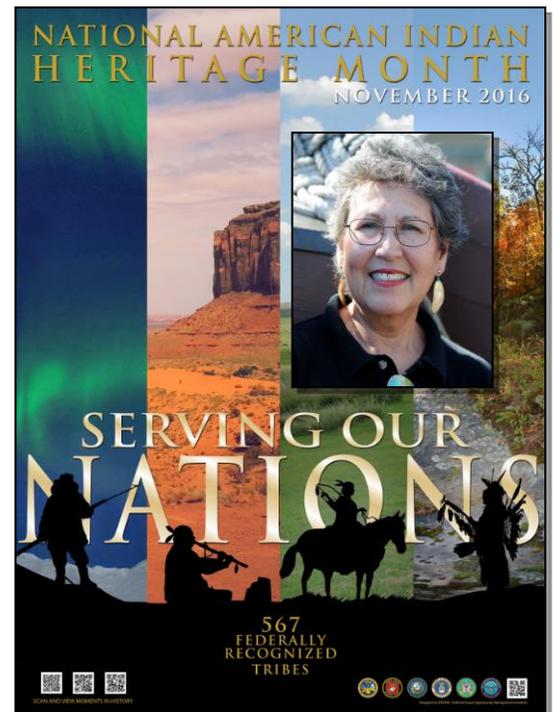
Next year's classes will be scheduled for May, June, and September. Motorcycle Riding Courses are for military personnel only. Registration for courses is through the web-based U.S. Army IMCOM Registration System or "AIRS" at <https://imc.army.mil/airs/default.aspx>. Of special note, each course is limited to six riders. If you need further information please contact either [Nancy Carlson](#) or [Michael Chaplin](#) at 309-782-1380.

Equal Employment Opportunity Focus



RIA National American Indian Heritage Observance

The First Army Equal Opportunity Office invites the installation workforce to the RIA National American Indian Heritage Observance on **Monday, Nov. 21**, in Heritage Hall, Bldg. 60. Food sampling will be 12:30-12:55 p.m., and the observance will be 1-2 p.m. To sign up for the event use keyword "RIA National American Indian Heritage" in [TEDs](#). For additional information or accommodations please contact Sgt. First Class Jose Vazquez at 309-782-9761. The keynote speaker will be U.S. Army Maj. (Ret.) Jo Ann Schedler, a member of the Mohican Nation - Stockbridge-Munsee Community based out of Wisconsin. Schedler has a bachelor's degree in nursing from Marquette University and a master of science in management from the college of Business at Cardinal Stretch University. She worked as an RN, clinical nurse supervisor for Milwaukee County for more than 24 years, retiring in 1995. Schedler returned to the Stockbridge-Munsee Community and worked as the Stockbridge-Munsee tribal services director and director of the Stockbridge-Munsee Health and Wellness Center. Schedler was commissioned as an officer in the U.S. Army Nurse Corps Reserves and retired as a major in 2004 after 20 years of service. In 1985, she was one of the founding board members of Indian Summer Festival in Milwaukee and is a founding member of the Mohican Veterans. She has served on the tribe's enrollment committee, historic preservation committee, editorial board, and powwow committee. Each November the White House issues a proclamation for National Native American Heritage Month. This year the President stated in his proclamation, "This month, let us celebrate the traditions, languages, and stories of Native Americans and ensure their rich histories and contributions can thrive with each passing generation. Let us continue to build on the advancements we have made, because enduring progress will depend on our dedication to honoring our trust and treaty responsibilities. With sustained effort and unwavering optimism, we can ensure a vibrant and resilient Indian Country filled with possibility and prosperity." ([DoD Special Report](#)) ([StandTo!](#))



Operating Hours for Handicap Accessible Door in Bldg. 90

Because of technical difficulties with its SIMPLEX locking mechanism, the Bldg. 90 handicap accessible door will have a change in operating hours. The door will be in operations between the

hours of 8 a.m. – 5 p.m., Monday through Friday. Once repairs are completed, normal operations (6 a.m. – 6 p.m., Monday through Friday) will resume.

Morale, Welfare & Recreation



Morale, Welfare & Recreation (MWR)

Visit the MWR website at www.riamwr.com for information on all MWR programs.

New Zumba Class Begins Nov. 14

The Fitness Center will begin the evening Zumba classes once again beginning on **Monday, Nov. 14**. The classes will be held at the Fitness Center, Bldg. 67, on Monday and Wednesdays from 5-6 p.m. We look forward to having a new instructor and hope you will join in the "dance party" weekly. If you have not taken this class before, you may try the first one free of charge. Everyone may pay \$3 drop in or purchase a punch card for 12 classes for \$35 for civilians and \$18 for military.

Fitness Center Classes

The Fitness Center is now offering new fall classes! Everyone may try a class for free if you have not participated in the class before. New schedule and class descriptions may be located on the [MWR website](#). If anyone has any questions pertaining to the classes, please call the fitness center at 309-782-6787 for further information.

Arsenal Island Golf Course Fall Membership Drive

Now is the time to purchase or renew your annual golf memberships. We've put together a great package of benefits for our annual pass holders and prices will go up on Jan. 1. Check out the [flyer](#) or call the Pro Shop for more details.

Thanksgiving Dinner Buffet

Come enjoy a delicious Thanksgiving Dinner Buffet **Thursday, Nov. 24**, 11 a.m. - 2 p.m., at the beautiful and historic Arsenal Island Clubhouse with your family and friends and leave the planning, shopping, cooking and clean up to us. Cost is \$21/adult, \$10/child (3-10 years), and children under three eat free. Call 309-782-4372 for more info and to make reservations. ([Flyer](#))

Tree Lighting Ceremony & Vendor Fair

Come ring in the holiday season **Friday, Dec. 2**, 4 p.m., at Heritage Hall, at the Rock Island Arsenal's Annual Tree Lighting Ceremony. There will be lots to do and see including various children's activities, free keepsake photos with Santa, free cookies and hot cocoa, door prize drawings including lots of great prizes and a vendor fair to get a head start on your holiday shopping. Call 309-782-5890 for more info. ([Flyer](#))

MWR Leisure Travel Office



Office Hours

Monday through Friday, 9 a.m. – 4 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. ([email](#)) ([website](#))

FMWR Outdoor Recreation

Tables and Chairs are available for rent at the Outdoor Recreation Equipment Checkout Center in Bldg. 333. The Holidays are fast approaching, call 309-782-8630 to reserve them for your holiday party or gathering.

Disney on Ice: Dare to Dream

Feld Entertainment's Exciting Disney On Ice Production is a Celebration of Royal Proportions featuring Tangled, Snow White and the Seven Dwarfs, The Princess and the Frog and Cinderella. Join Mickey Mouse, Minnie Mouse, Donald and Goofy as they follow four of Disney's most inspirational princesses on their adventures to fulfill their dreams in Feld Entertainment's newest ice spectacular, Disney On Ice presents Dare to Dream. Combining the contemporary stories of two modern-day princesses, Rapunzel and Tiana, with the classic elegance of Cinderella and Snow White, Dare to Dream whisks audiences away on exciting journeys where dreams really do come true. MWAR Leisure Travel Office has several dates and times (performances at the iWireless Center running **Dec. 1-4**) for discounted seating to this show. Call the Leisure Travel Office for more details at 309-782-5890.

Trans-Siberian Orchestra

Trans-Siberian Orchestra is celebrating their 20th anniversary this year, and will bring back "The Ghosts of Christmas Eve" to the iWireless Center on **Thursday, Dec. 8**, at 7:30 p.m. Leisure Travel Office has discounted seats on sale until **Monday, Nov. 28**. \$47 Section 213 Rows 3 & 4; \$58 Section 107 Rows 7 & 8; and \$68 Section 114 Row 12 & 13.

Downtown Chicago/Christkindlmarket

Leisure Travel is selling seats for this popular winter shopping bus trip taking place **Saturday, Dec. 10**, 6:30 a.m. - 5 p.m. Let Tri-State Travel coach drive you to and from. No worries about traffic or paying for parking. Cost is \$41 per person. Transportation only. Depart from the Motel 6 by QC Airport at 6:30 a.m. Depart from Chicago at 5 p.m. ([Flyer](#))

The Original Harlem Globetrotters

On **Saturday, Jan. 7**, at 4 p.m., iWireless Center presents a star-studded roster will have fans on the edge of their seats to witness the ball handling wizardry, basketball artistry and one-of-a-kind family entertainment that thrills fans of all ages. Join Globetrotter stars after the game where they will stay for an autograph, photograph and high five session for fans (subject to availability). Also make sure to purchase a Pre-Event Magic Pass: Before the game from 2:30 p.m. – 3 p.m., take part in a once-in-a-lifetime experience with your family where you have an opportunity to spend time on the court with the Globetrotters – shooting, trying out ball tricks, and getting autographs and photos. The unique 30-minute pre-show, "Magic Pass," will create memories of a lifetime. The Leisure

Travel office has discounted tickets on sale until **Monday, Dec. 12**. Section 103, rows 8 & 9, \$56; Section 105, rows 12 & 13, \$35; and Section 106, rows 8, 9 & 10, \$27. Magic Passes \$16.

World's Toughest Rodeo

Cinch World's Toughest Rodeo has doubled up on preshow fun as the event will opens at 6 p.m. for a free preshow as we invite fans to "get down in the dirt." Come early and partake in the interactive activities for all ages including pony rides, all access meet and greet with cowboys and entertainers, hop in the clown's barrel for photos, sit on Midnight the bull in the bucking chutes, or get up close and personal with the Cinch World's Toughest Rodeo animal superstars as our staff host behind the chutes tours. The entire arena will overflow with fantastic activities all new for 2017 from 6-7 p.m. Leisure Travel has discounted seating for both Friday and Saturday shows. • **Friday, Jan. 27**, at 7:30 p.m.; Section 102, rows 11 & 12, adult \$35.50, children 12 under \$21.75, Section 201, rows 2, 3 & 4, adult \$25.50, children 12 under \$16.75. • **Saturday, Jan. 28**, at 7:30 p.m.; Section 102, rows 11 & 12, \$35.50 adult/child, Section 202, rows 2, 3 & 4 \$25.50 adult/child. Tickets on sale through Leisure Travel until **Monday, Jan. 16**.

Child, Youth & School Services



North Pole Party

Join your friends **Saturday, Dec. 10**, 4-7 p.m., at the School Age Center (Bldg. 150), for a North Pole Party. We'll have holiday crafts from 4-5 pm and then we'll show a holiday movie with hot cocoa and popcorn. Santa and his elves will be there so make sure you mark this fun event on your calendars now and RSVP by calling 309-782-5019, space is limited. ([Flyer](#))

Army Community Service



ACS is located in Bldg. 110, 1st floor SE; [Visit our ACS website](#) or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here](#). 24/7 Sexual Assault Hotline: **309-229-8412**.

John Deere Pavilion Tour

Come be a tourist in your own backyard **Friday, Nov. 18**, at 10 a.m., on these informative free tours with the Army Community Service Relocation Assistance Program. This tour will be at the John Deere Pavilion in downtown Moline. Call 309-782-0829 for more info and to RSVP. ([Flyer](#))

Giving Tuesday Volunteer Opportunity

Giving Tuesday is a call to action movement across the nation that encourages people to give back to their community. MWR and ACS would like volunteers to join them in decorating Quarters One for Christmas on Giving **Tuesday, Nov. 29**, at 10 a.m. The Volunteer Corps coordinator will be onsite decorating and will be available to answer questions about other volunteer opportunities in our community and how to



#GIVINGTUESDAY

11.29.2016

get registered as a volunteer. To RSVP contact MWR at 309-782-5890 or ACS at 309-782-0829.

RIA Points of Interest Tour

Come be a tourist in your own backyard **Friday, Dec. 2**, at 9 a.m., at Quarters One, on these informative free tours with the Army Community Service Relocation Assistance Program. This tour will highlight some of the interesting places on the Arsenal including Quarters One and the RIA museum. Call 309-782-0829 for more info and to RSVP. ([Flyer](#))

Isabel Bloom Tour

Come be a tourist in your own backyard **Thursday, Dec. 15**, at 10 a.m., on these informative free tours with the Army Community Service Relocation Assistance Program. This tour will visit the local Isabel Bloom factory. Call 309-782-0829 for more info and to RSVP. ([Flyer](#))

Employee Assistance Program



ASAP/EAP is located in Bldg. 56, 1st floor; visit our [ASAP/EAP website](#) or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. In addition, [a list of our classes & groups with dates, locations, and times, is located here.](#) [Find us on Facebook click here.](#)

Grief Support Group

Have you been struggling with the recent loss of a loved one? The EAP welcomes you to attend confidential group sessions to share your feelings with others who are experiencing the same emotions and challenges to daily living. Participants will receive support and companionship from others while learning about the grieving process. Groups will be held each **Tuesday** from 10:30-11:30 a.m. at the EAP in Bldg. 56, Room 104; to RSVP call 309-782-4357.

The RIA Employee Assistance Program Presents: Real Colors

Want to enhance your communication skills? Real Colors offers you a peek into human personality. It will provide you with a better understanding of human behavior and help you recognize, accept and learn to value the difference in others. Real Colors has proven to be an effective tool to increase understanding, empathy and effective communication in the workplace. Location: Bldg. 56, Room 122, Sign up in [TEDs](#) (Search key word "Real Colors" or contact 309-782-4357.

Event Date: **Nov. 8**

Event Time: **8 a.m. - 12 p.m.**

Improving Workplace Relationships

Relationships in the workplace are very much like relationships in our personal lives. Therefore they require many of the same skills we use with those who are closest to us. Learning these skills makes sense because many of us spend more time with our co-workers than with our family members. Skills learned are based on research based concepts and address issues of communication, conflict, respect and trust. The upcoming class date is **Nov. 10**, 10 a.m. – 12 p.m., and will take

place in our classroom in Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact 309-782-4357. Register for classes on [TEDs](#) under "Current Classes."

Assertiveness Training

Learn strategies to communicate with effectiveness and enhance yourself personally and professionally. Upcoming class date is **Nov. 29**, 10:30 a.m. – 12 p.m., and will take place in our classroom in Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact 309-782- 4357. Register for classes on [TEDs](#) under "Current Classes."

Emotional Intelligence

Emotional intelligence is the ability to understand and manage your own emotions, and those of the people around you. People with a high degree of emotional intelligence know what they're feeling, what their emotions mean, and how these emotions can affect other people. Emotional intelligence addresses five competencies; Self-Awareness, Self-Regulation, Self-Motivation, Empathy, and Effective Relationships. The upcoming class date is **Dec. 20**, 10:30 a.m. – 12 p.m., and will take place in our classroom in Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact 309-782- 4357. Register for classes on [TEDs](#) under "Current Classes."

Education/Training Review



The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. [Please visit our website to learn more.](#)

Build Your Future with O*Net Online

What can I do with my MOS after leaving the service? Can I even make money doing this job in the civilian world? What do I want to be when I grow up? Obtaining the answers to these commonly asked questions has officially been simplified. This is all thanks to [O*Net Online](#). O*net Online is the Department of Labor's one stop shop to research careers, apprenticeships, salary trends, get information on growing career fields and hot technologies, and even find jobs equivalent to a service member's MOS. O*Net can be used by service members, their families, or anyone seeking career information. There is a specific portal for veterans that allows the capability to gather and analyze MOS specific civilian career equivalents and information. The O*Net Interest Profiler is a unique assessment tool for those that are unsure of their next career endeavor. There are about 50 multiple choice questions that take approximately 10-15 minutes to answer. A detailed listing of potential careers that match your interests and values will appear once the assessment is completed. O*Net affords you the opportunity to easily research these careers and get salary data based on location to help you make the right education decisions. For more information about O*Net Online contact the Education Center at 309-782-2065.

American Education Week

Army Continuing Education System will celebrate American Education Week nationwide **Nov. 13-19**. Tuition Assistance totals for Active Duty, National Guard, and Reserve was \$213.5M in FY16 and \$228.5M in FY15. This year's theme of "Army Continuing Education - Investing in our

Soldiers, Investing in the Future" highlights the continued support for our Service Members in pursuit of degrees and certifications. ACES offers a variety of educational opportunities and degree programs to assist Service Members expand their knowledge base and even increase promotion opportunities. Obtaining an advanced degree can help the transitioning Service Member maintain a competitive edge with civilian employers. Your Rock Island Arsenal Army Education team will be at the USO Bldg. 110 on **Nov. 18**, 11 a.m. – 1 p.m. Stop by to learn about testing and school options, tuition assistance, and ways to maximize your education benefits. Meet the education center staff and enjoy light refreshments.

Pre-Retirement Briefing

Did you know... it is mandatory that all Soldiers receive a pre-retirement briefing between the retirement application submission date and 120 days before the retirement date or start date of transition leave? – AR 600-8-7, Paragraph 3-1. Upcoming briefing dates are: **Nov. 9, Feb. 3, May 5, Aug. 11, and Nov. 3, 2017**. Schedule attendance to the next RIA Pre-Retirement Brief by calling 309-782-7780 or email usarmy.ria.usag.mbx.hrm-tsm@mail.mil.



The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you. Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [here](#). For information on this and other Commissaries, visit: www.commissaries.com ([Facebook](#))

If you would like to be placed on our email contact list to receive periodic information on events happening at your Rock Island Arsenal Commissary, please email us at: rockislandarsenal.commissary@deca.mil and type 'Subscribe' in the subject line.

Exciting New Developments at Rock Island Commissary

Hey guys and gals, we have some new fun things to make your "Holiday Shopping Experience" easier. We will be open all day on Veterans Day, **Friday, Nov. 11**. That's right, we will be open normal business hours. So come on in and shop to your hearts content. New Items – all our holiday candy is now available. They make great stocking stuffers for your loved ones; Prairie Farms Orange Juice; Prairie Farms Variety Dips; and 24 packs of Coke are on sale. Available for special order: crown roasts; rib roasts; fruit and vegetable trays; and fruit baskets. If you have a problem trying to find something please ask any member of our friendly staff. It is our pleasure to help you. We are always glad that you come to the commissary. Happy holiday shopping! — *Christopher Carpenter, customer service ambassador*

Exchange Offers Military Star Shoppers Double Points on Veterans Day Weekend

This Veterans Day weekend, the Army & Air Force Exchange Service is thanking service members and their families with some jaw-dropping deals—deals made even better with a Military Star card.

From **Nov. 11 through Nov. 13**, the Exchange is offering double points to Military Star card shoppers, a special ‘thank you’ to those who make everyday sacrifices to protect American freedoms. ([More](#))

The Exchange Wants to Hear Your Favorite Holiday Story

The holidays evoke fond memories of family gatherings, delicious food and fun. Those memories could be worth \$1,000 in the Army & Air Force Exchange Service’s latest contest. Through Dec. 25, authorized shoppers 18 years old or older can submit an essay of 300 words or less about one of their favorite holiday memories. The winning entry will receive a \$1,000 Exchange gift card with second and third place receiving \$500 and \$300 gift cards, respectively. ([More](#))

Commissaries Celebrate Military with Special November Events

Commissaries worldwide are featuring special promotions in November including high-value coupon booklets for free frozen turkeys that help recognize the sacrifices of military service. "Our military families face hardships each and every day, whether it is another deployment separating families, trying to make ends meet on a tight budget, or being stationed overseas far away from home," said Tracie Russ, the Defense Commissary Agency's sales director. "This November we recognize all our military - active duty, Guard and Reserve and retirees - and their family members. And to all the war veterans who have fought for our freedom and the right to live in a free democracy in America," she added. "The commissaries will be showing their thanks through military veterans' commemoration ceremonies, Veterans Day holiday weekend sales and our seasonal promotions throughout November." One of the month's biggest promotions is the annual free turkey event worldwide included in high-value coupon booklets. The free turkey promotion coincides with special discounted fresh turkeys available in all stores. Patrons are reminded to check out the online Sales Flyer at www.commissaries.com or get a copy at the store entrance. Throughout November, the commissary's industry partners - vendors, suppliers and brokers - are collaborating with stores to offer discounts beyond everyday savings. Customers are asked to check their local commissary for details on dates and times for promotions.

Exchange Makes Dreams Come True with Third-Annual Your Holiday Bill Is On Us Sweepstakes

The Army & Air Force Exchange Service is putting some jingle back in military shoppers’ pockets by picking up the tab on their Military Star card with the third-annual Your Holiday Bill Is On Us sweepstakes. From **Nov. 1 through Dec. 31**, shoppers will be automatically entered in the worldwide sweepstakes each time they use their Military Star card to pay for purchases at any Army or Air Force Exchange location or on shopmyexchange.com. Each transaction counts as one entry. Three grand-prize winners will have their Military Star card bill paid in full up to \$8,200, with a minimum prize of \$2,500. Ten second-prize winners will be awarded a \$1,000 credit on their Military Star card statement, while 25 third-place winners will receive a \$500 credit. Winners with a balance less than their prize amount will receive a credit on their account. “Real heroes win this sweepstakes,” said Store Manager Lisa Scadden. “For the third year in a row, the Exchange is changing lives with just a swipe of a Military Star card. It’d be a thrill for a Rock Island shopper to have their holiday bill paid in full this season.” Last year’s sweepstakes made dreams come true for three grand-prize winners – a Vietnam veteran, a disabled retired Air Force master sergeant and a Texas Army National Guardsman. All three used their Military Star card to buy gifts during the holiday season, and, as grand-prize winners, all had their balances paid in full. “Winning this prize means my family will be better prepared when I deploy to Kuwait next year,” Texas Army National Guard Sgt. Clayton Anders said during his grand-prize presentation earlier this year. “The money

I'd allotted to pay this bill can now go toward other things, which will help my family." Winners of the Your Holiday Bill Is On Us sweepstakes will be randomly selected and announced on or about Jan. 30.

Rock Island Exchange Brings Back Fee-Free Layaway for the Holidays

Once again, the Army & Air Force Exchange Service is offering fee-free layaway for Soldiers, families and retirees who want to get a jump-start on their holiday shopping and keep gifts hidden safely out of sight from prying eyes. Starting **Sept. 1**, the Rock Island Exchange will waive the \$3 service fee for items that are placed on layaway and paid for by **Dec. 24**—including toys and bikes. Purchases of \$25 or more are eligible for the layaway plan. "By waiving the service fee, the Rock Island Exchange is giving military shoppers extra incentive to consider layaway, both as a budgeting tool and as a way to keep snooping loved ones from finding their gifts before the big day," said Rock Island Exchange Store Manager Lisa Scadden. "With a few months to go before the holidays, shoppers can start checking off their gift lists—and keep those presents safely hidden." A deposit of 15 percent is required to hold items on layaway. Shoppers can visit customer service at the Rock Island Exchange for complete program details and eligibility information.



Arsenal Archive



Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sundays and Mondays, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

This Week in Rock Island Arsenal History – Nov. 7-13

In November 1918, Hugo Thuerich, an automatic screw machine operator at the RIA was arrested by military intelligence agents and charged with violating the espionage act of World War I. Armistice Day, Nov. 11, 1918, ended the fighting in World War I. On Nov. 12, 1863, the Rock Island Prison Barracks construction was completed.



Healthbeat



Supporting Warrior Care through Interagency, International Relationships

Military Health System providers, U.S. federal agencies and allied international military partners all have a common goal: provide the best care possible for wounded warriors. "It's important work that we all have to do in our respective countries," said James Rodriguez, deputy assistant secretary of Defense for the Office of Warrior Care Policy. "It's also important for us to do this together as an international coalition." Rodriguez was part of the recent Warrior Care in the 21st Century Symposium, a gathering in Tampa, Florida, that brought together attendees from various countries and backgrounds of expertise looking to find ways to support service members and their families through resiliency, recovery and rehabilitation, and reintegration. During the final day of the meeting, the group gathered at the James A. Haley Veterans' Hospital to discuss cooperation in

these efforts among the U.S. military and its allies, as well as the U.S. government. Dr. Linda Spoonster Schwartz, assistant secretary for policy and planning, Department of Veterans Affairs, said interagency care and coordination is something that needs tending in order to assure service members experience the best transition out of active duty. ([More](#))

With the Freedom Quitline, Quitting Smoking Is Just a Phone Call Away

Quitting smoking never seems to make it onto our calendars. According to the Centers for Disease Control and Prevention seven out of 10 smokers plan to quit, but many wait until their health is in jeopardy. Why wait? Quit for the Great American Smokeout, with the Freedom Quitline! The Freedom Quitline is proud to support the American Cancer Society's annual Great American Smokeout on **Thursday, Nov. 17**. The Great American Smokeout challenges people across the nation to stop using



tobacco for the day. Most smokers make a plan to quit on the day of the Smokeout, or they use this day to contact quitlines and start the process of quitting. Get ready to quit for the Great American Smokeout by calling the Freedom Quitline. Freedom Quitline participants are over twice as likely to quit smoking when compared to conventional quitlines. If you are interested in participating in the Freedom Quitline program, call 1-844-I-AM-FREE (1-844-426-3733) Monday through Friday, 8 a.m. -5 p.m. CDT. Freedom Quitline is a National Institutes of Health-funded research study co-sponsored by 59th Medical Wing, Joint Base San Antonio - Lackland, and the University of Tennessee Health Science Center for Military Population Health. Freedom Quitline participants receive four proactive smoking cessation counseling sessions by phone, along with eight weeks of free nicotine replacement therapy sent to their homes. Find out if you are eligible for the Freedom Quitline by calling 1-844-I-AM-FREE or visiting www.freedomquitline.org. Learn more about TRICARE-covered tobacco cessation services at www.tricare.mil/tobaccocessation. ([More](#))

Collaboration Between DoD, VA Aims To Improve Initiatives For Women's Health

The Military Health System is highlighting the efforts of Health Affairs Women's Health working group. Comprised of experts from the Department of Defense and Department of Veterans Affairs, the group addresses health-related concerns, needs and issues affecting a growing body of women both in the military and as they transition to VA. Dr. Cara Krulewitch, director of Women's Health Medical Ethics & Patient Advocacy in the Office of the Assistant Secretary of Defense (Health Affairs), said the group wants to ensure that there is a comprehensive approach to the health needs of a woman – from entry into the military to status as a veteran. “We will find a better way to identify trends and what’s going on across the life cycle of our soldiers, airmen and seamen,” said Krulewitch. Communication between DoD, VA and the services will allow the group to share data and health perspectives to identify gaps that must be filled. ([More](#))



IowaWORKS Salute to Veterans Open House

Veteran VA Work Study and Davenport Employment Staff from IowaWORKS Eastern Iowa, Davenport Center will be hosting an "Open House" to pay tribute to our veterans who have served

with distinction in our armed forces. The event will be held **Thursday, Nov. 10**, 9 a.m. – 12 p.m., in the Village Shopping Center, at 902 W. Kimberly Road, Suite 51, in Davenport. All veterans are encouraged to stop by and network with some of the following agencies that will be represented. Feel free to drop by anytime refreshments will be provided in the Roosevelt Room.

Around the Q.C.



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- Nov. 10:** [Fall Concert - Salute to Our Veterans](#) (Bettendorf Public Library)
- Nov. 10:** [Holiday Hat Bash](#) (CASI)
- Nov. 10:** [Salute to Veterans](#) (IowaWorks - Eastern Iowa, 902 W Kimberly Rd, Ste 51, Davenport)
- Nov. 11:** [Veterans History Project](#) (Western Illinois University-Quad Cities, 3300 River Dr, Moline)
- Nov. 11:** [Genesis Remembrance Tree](#) Lighting (Bechtel Park, Davenport)
- Nov. 12:** [Black Hawk College 5k Hustle](#) (Black Hawk College (Moline)
- Nov. 12:** [22nd Annual Land of the Muddy Waters](#) (Bluecat Brew Pub)
- Nov. 12:** [4th Annual American Legion Veteran's Day 5K Run and Family Run/Walk 1½ mile](#) (American Legion Post 711, 106 South Juniata St., Blue Grass, Iowa)
- Nov. 12:** [Eldridge Harvest Hustle](#) (Sheridan Meadows Park, Eldridge)
- Nov. 13:** [80s Adult Skate Night](#) (Skate City QCA & Laser Tag Alley, East Moline)
- Nov. 18-27:** [Quad City Arts Festival of Trees](#) (RiverCenter (Davenport)
- Nov. 19:** [Festival of Trees Parade](#) (Downtown Davenport)
- Nov. 19:** [Lighting on the John Deere Commons](#) (Downtown Moline)
- Nov. 19:** [City of Davenport Garbage Gobble Creek Cleanup](#) (Davenport)
- Nov. 19:** [QC Mustache Challenge](#) (Begins at Bent River Brewery, Moline)
- Nov. 21:** [Veteran's Explore Camp Courageous](#) (Camp Courageous, 12007 190th St, Monticello, Iowa)
- Nov. 24:** [Scott County Family Y McCarthy Bush Turkey Trot](#) (Downtown YMCA (Davenport)
- Nov. 24:** [Monmouth Early Learning Center 5K Run/Walk Turkey Trot and Kid Run](#) (200 Block of East Broadway, Monmouth)
- Nov. 25-27:** [27th Annual Quad City Christmas Arts & Crafts Fair](#) (QCCA)
- Nov. 26:** [2016 Turkey Shootout](#) (HS Indoor Soccer Tournament, Davenport Parks and Recreation, 700 W River Dr, Davenport)
- Nov. 26:** [Small Business Saturday](#) (Downtown Rock Island)
- Dec. 3:** [Ugly Christmas Sweater 5k walk/run](#) (Blackhawk Bank & Trust: 2nd St. & Davenport St.)
- Dec. 3:** [Christmas in LeClaire Ugly Christmas Sweater 5k Run/Walk](#) (LeClaire, Iowa)
- Dec. 3:** [Quad Cities Wizards Yule Ball](#) (The Col Ballroom, Davenport)
- Dec. 3-4:** [Quad Cities Comic Con](#) (RiverCenter)
- Dec. 10:** [AUSA Army Navy Game Watch & Member Appreciation Event](#) (The Main Event, Bettendorf)
- Dec. 10:** [QC Holiday Shopping Expo](#) (Rock Island Center for Math and Science)
- Dec. 17:** [Wreaths Across America](#) (Rock Island National Cemetery)
- Jan. 1:** [The Resolution Run](#) (YouthHope's Moline Youth Center)
- Jan. 6-8:** [Bald Eagle Days](#) (QCCA)
- Jan. 15-17:** [25th Quad Cities Farm Show](#) (QCCA)
- Jan. 20-22:** [Rod and Custom Show](#) (QCCA)
- Jan. 28:** [Jaycees of the Quad Cities Bridal Expo](#) (RiverCenter)
- Jan. 29:** [37th Annual Motorcycle Parts Swapmeet](#) (QCCA)
- Feb. 3-5:** [Quad Cities Home Builders Home Show](#) (QCCA)
- Feb. 16-19:** [Fishing, Hunting, and Outdoor Adventure Show](#) (QCCA)
- Feb. 24-26:** [RV/Camping Show](#) (QCCA)
- March 24-26:** [Lawn and Garden Show](#) (QCCA)
- March 30:** [Taco Dinner Fund Raiser for QCA Stand Down](#) (The Viking Club, 1450 41st Street, Moline)
- April 9:** [19th Annual In-Fisherman Swap Meet](#) (QCCA)
- April 16:** [QC on Tap](#) (QCCA)
- May 14-15:** [Scott County Kennel Club AKC Dog Show](#) (QCCA)

Island Insight

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Col. Kenneth Tauke, Garrison Commander; Eric Cramer, Public Affairs Officer; Mark Kane, Editor *The Army publication, Island Insight, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office. [Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged.](#) All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Public Affairs, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight; usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil](#); Phone: 309-782-1121. [The Island Insight is available on-line.](#)*

