

Oct. 20, 2014



# Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Garrison Internet page under "Information" and on the installation website at [www.usagria.army.mil](http://www.usagria.army.mil) under "News" and then "Local News."

Island Insight Submission: <https://home.ria.army.mil/sites/ii/ii.cfm>

## Sections:

- [Arsenal Traffic/Construction](#)
- [Building/Space Closures](#)
- [Active Duty/Reserve Zone](#)
- [Safety Spotlight](#)
- [Equal Opportunity Focus](#)
- [Morale, Welfare & Recreation \(MWR\)](#)



- [MWR Leisure Travel Office](#)
- [Child, Youth & School Services](#)
- [Army Community \(ACS\)](#)
- [Employee Assistance Program](#)
- [Education/Training Review](#)
- [Defense Commissary Agency/PX](#)

- [Arsenal Archive](#)
- [Healthbeat](#)
- [Notes for Veterans](#)
- [Car Pooling Announcements](#)
- [Around the Q.C.](#)



**ASC Honors LAR of the Year in Headquarters Ceremony:** While she flew up from Fort Bragg, North Carolina, to accept an award for being the best in her field, she couldn't help remembering that the award was named after a comrade killed in Iraq. "I did not know her. She gave the ultimate sacrifice," said Kelly Mulder, an Army logistics management specialist, during an awards ceremony Oct. 22 for the U.S.

Army Sustainment Command's LAR of the Year for 2013. LAR stands for Logistics Assistance Representative. The award is named after Linda Villar. "I am very humbled," Mulder told ceremony attendees. She is with the 406th Army Field Support Brigade, one of seven under ASC. Villar, 41, was killed in Baghdad, Iraq, June 3, 2005, from injuries sustained during a mortar attack at her forward operating base. She

was the acting chief of the 3rd Infantry Division Logistics Support Element. Prior to her deployment, Villar worked for the Army Field Support Command, Fort Stewart, Ga. She had 24 years of civilian service, most with the Army Materiel Command. She was the first AMC civilian killed in Iraq. ([More](#))



"HOME OF US ARMY LOGISTICS"



## Meet the U.S. Military Team That's Poised to Help Respond to Ebola in the U.S.:

The Department of Defense, at the request of the Department of Health and Human Services, announced this weekend that U.S.



Northern Command is providing a 30-person medical support team to quickly, effectively, and safely respond in the event of additional Ebola cases in the United States. ([More](#))

## USAG-RIA to Hold Multiple Ebola Information Meetings:

The U.S. Army Garrison, Rock Island Arsenal, will conduct informational meetings regarding the Ebola virus and the measures taken by the Army and the Arsenal to control all Ebola-related matters at the times below. The events are open to all service members and their families, as well as Army civilians and contractors. Please contact your supervisory chain or chain-of-command to determine your organization's standards for attending these informational sessions. • Tuesday, **Oct. 28**, Bldg. 60, Heritage Hall, at 10 a.m.,



2:45 p.m., and 7 p.m.; • Wednesday, **Oct. 29**, Bldg. 60, Heritage Hall, at 10 a.m., and 2:45 p.m.; • Wednesday, **Oct. 29**, Bldg. 60, Arsenal Club, at 7 p.m. For additional information, contact USAG-RIA Public Affairs Office at 309-782-1121.

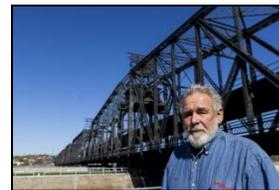
**An Honor for a Selfless:** As any military member who's served in Iraq knows, it's not exactly a walk in the park. "It's very sandy I went through several dust storms. They don't like the upscale plumbing that we do here and it's very hot," said Connie



Decker, First Army. And at first, Connie Decker did not want to go. ([More](#))

## **Thanks to the Swingspan Seven:**

Traffic flows freely on Centennial Bridge, ending a summer-long nightmare for the seven guys who operate the 4-million-pound Government Bridge swingspan. Today we salute the Swingspan Seven, led by bridge operator Mike Dunne, who kept



# Upcoming Dates

- Oct. 25:** Military Retiree Appreciation Day, Heritage Hall, Bldg. 60, 7 a.m. – 1 p.m.
- Oct. 25:** Ghost Hunter Dinner, Arsenal Island Golf Clubhouse, 6:30-8:15 p.m.
- Oct. 27-31:** Winter Weather Awareness Week
- Oct. 28:** RIA Ebola Town Hall, 10 a.m., 2:45 p.m., 7 p.m., Heritage Hall, Bldg. 60
- Oct. 28:** Arsenal Save Energy Day, Heritage Hall, Bldg. 60
- Oct. 29:** RIA Ebola Town Hall, 10 a.m., 2:45 p.m., Heritage Hall, Bldg. 60; 7 p.m., Arsenal Club, Bldg. 60
- Oct. 28:** Military Spouse Fun Night
- Oct. 30:** Join the Fight March against Domestic Violence, Bldg. 110 to Exchange, 11 a.m.
- Oct. 30:** QC Honor Flight
- Oct. 31:** Ghost Hunter Dinner, Arsenal Island Golf Clubhouse, 6:30-8:15 p.m.
- Oct. 31:** Halloween
- Nov. 1:** Quad City Mallards Military Appreciation Night, 7 p.m., iWireless Center
- Nov. 2:** Daylight Saving Time Ends 🕒
- Nov. 7:** Veterans & Military Spouse Workforce Symposium, 10 a.m. - 3 p.m., WIU Riverfront Campus (3300 River Dr., Moline)
- Nov. 8:** Murder Mystery Dinner, Arsenal Island Golf Clubhouse, 6 p.m.
- Nov. 11:** Veterans Day Ceremony, Rock Island National Cemetery
- Nov. 12-13:** Holiday Fair, 9 a.m. - 2 p.m., Heritage Hall, Bldg. 60
- Nov. 20:** National American Indian Heritage Observance, Time TBD
- Nov. 27:** FMWR Thanksgiving Day Buffet, Clubhouse, 11 a.m. – 2 p.m.
- Dec. 4-13:** Trees for Troops, Memorial Park (T)
- Dec. 4:** USO Holiday Reception, Bldg. 110, USO, 12-3 p.m.
- Dec. 4:** Annual Tree Lighting Ceremony, Outside Bldg. 60 and Heritage Hall, 4 p.m.



Quad-City vehicle, train and towboat traffic moving to virtually no one's appreciation. These guys see the gestures and insults mouthed through closed windows. They flinch as vehicles accelerate to beat the warning lights. And they silently thank more responsive drivers who find themselves stopped at the front of the line. ([More](#))

## **Rock Island Arsenal Military Retiree**

**Appreciation Day:** Military retirees from throughout the Quad Cities and beyond are invited to the annual Military Retiree

Appreciation Day hosted on Rock Island Arsenal, **Oct. 25**, 7 a.m. to 1 p.m., in Heritage Hall, Bldg. 60. The annual event for those who retired from military service provides a

chance for retirees to receive flu shots, update retiree identification cards, and return unused medications. Keynote speaker at this year's event is retired Lt. Col. Shane Ostrom, deputy director for financial information of the Military Officers Association of America. In addition to these services, retirees can see presentations from the Retirement



Services Office; the Veteran's Administration; Honor Flight, Family and Morale, Welfare and Recreation; Delta Dental; a legislative update from the Military Officers Association of America; Federal Long-term Care Insurance program; Association of the U.S. Army; Numerous other exhibitors including the Voting Assistance Office; the post legal office; Rock Island National Cemetery; and the Rock Island Arsenal Museum, will also be on hand. Retirees can also make reservations for the retiree luncheon. Cost for luncheon is \$12 per person in advance. Please call (563) 508-5123 to make reservations.

## **"The President's Own" United States Marine Corps Band Principal**

**Trumpet to Perform in QC:** Trumpeter Master Gunnery Sergeant Kurt Dupuis, principal trumpet in the "The President's Own" United States Marine Corps Band, will be performing with the Quad Cities Wind Ensemble on Sunday, **Oct. 26**, at 3 p.m., at the Allaert Auditorium, in the Galvin Fine Arts Center, on the Saint Ambrose University Campus. Dupuis joined "The President's Own" United States Marine Band in September 1992.



He was named principal trumpet in 1997. He has been featured as a soloist with both the Marine Band and Marine Chamber Orchestra, frequently conducts masterclasses at universities and has published an article in the International Trumpet Guild and The Brass Herald. The Marine Band is America's oldest continuously active professional musical organization. Founded in 1798, the band has performed for every U.S. President since John Adams. Known as "The President's Own" since the days of Thomas Jefferson, the band's primary mission is to provide music for the President of the United States and the Commandant of the Marine Corps. ([More](#))

**2015 Retiree COLA to be 1.7 Percent:** The federal retirement COLA in January will be 1.7 percent, determined by a 12-month measuring period that ended with September inflation figures announced today (October 22). All those retired under CSRS get the COLA, while FERS retirees don't receive a COLA until age 62 unless they took disability retirement or retired from an occupation subject to mandatory retirement, which applies mainly to air traffic controllers, firefighters and most law enforcement officers. Both CSRS and FERS survivor



beneficiaries get a COLA regardless of age. ([More](#))

**FEHB Expansion Finalized:** OPM has issued final rules expanding eligibility for FEHB, along with a full employer contribution, for certain temporary, seasonal and intermittent employees currently ineligible. Those categories will become eligible if they are expected to work, or be on certain types of approved leave without pay such as parental leave, on average for 130 hours per month and are expected to work at least 90 days. Currently, those employees are either ineligible or are eligible under only limited circumstances—for example, temporary employees become eligible after a year of continuous employment but even then have to pay the full cost of the premiums. ([More](#))

**Federal Travel Regulation: Enhancement of Privately Owned Vehicle and Rental Vehicle Policy:** GSA is proposing to amend the Federal Travel Regulation by requiring agencies to have an internal policy for determining whether to authorize a privately owned vehicle, as opposed to a rental car, in conjunction with temporary duty travel. Further, GSA proposes to specify that travelers, who have been

authorized to travel via common carrier or rental car, and choose to use a POV instead, will be reimbursed at the applicable POV mileage rate. ([More](#))

**Arsenal Save Energy Day:** Mid-American Energy will have a display in Heritage Hall, Bldg. 60, on **Oct. 28**, 11 a.m. – 1 p.m., with information about their energy rebate program for both Illinois and Iowa residents. Mid-American Energy consultants will be there to explain details of the residential and business rebate programs. Rebate handouts, environmental shopping bags, pens, brochures, and small giveaways will be available at their display. The RIA energy manager for the Rock Island Arsenal-Garrison will also be there displaying the command's infra-red camera used to detect sources of heat loss in a building. He will also have some giveaways such as 75 and 100 watt twisty light bulbs, energy mouse pads, energy coasters, night survey results, and a sample 14.5 watt T8 replacement lamp. "Rocky" the Rock Island Arsenal energy hound (display) will also be there.



## **Army Civilian Acculturation Pilot Program:**

The Army Civilian Acculturation Program helps provide a positive introduction into the Army culture for newly hired Army civilians. The program establishes a standard way for civilians to quickly learn and develop an appreciation for the Army's culture. The goal is for civilians to understand their role as members of the Army Profession and rapidly become productive members of the civilian corps. The pilot program, which began Aug. 25, is the culmination of more than a year of work led by the U.S. Army Training and Doctrine Command G-1/4, in conjunction with the Civilian Workforce Transformation Program and many individuals and organizations. ([More](#))

## **Honor Flight of the Quad Cities:**

Thursday, **Oct. 30**, is the final flight for 2014 (there will be more in 2015). The plane usually lands somewhere around 10 p.m.; best advice is to come any time between 9-9:30 p.m. This flight will feature many Vietnam era veterans as guardians to the WWII and Korean era vets. This will be the second time that has been done, due to overwhelming interest last time. We will see you on



Oct. 30 for the return of the Honor Flight. ([More](#))

## QC Mallards Annual Military Appreciation Night:

Mark your calendars ... the Mallards will recognize those who have served in the armed forces with Military Appreciation Night when the team plays its last home game before Veterans' Day on Saturday, **Nov. 1**, 7 p.m., at the iWireless Center in Moline, against the Cincinnati Cyclones. Tickets to this Mallards' game will be available to current and former members of the military and their families for just \$5. Details about where to pick up tickets will be forthcoming.



## Rock Island National Cemetery to Commemorate Veterans Day:

The Rock Island National Cemetery will have a Veterans Day Ceremony on Tuesday, **Nov. 11**, at 1 p.m. at the cemetery's main flagpole. The keynote speaker for the Veterans Day ceremony will be Lt. Gen. Michael Tucker,



Commanding General, First Army. The ceremony will include wreath placement, an honor salute, an echo salute, and taps. Veterans Day is an annual United States holiday honoring military veterans and a federal holiday observed nationwide on Nov. 11. It is also celebrated as Armistice Day or Remembrance Day in other parts of the world, falling on **Nov. 11**, the anniversary of the signing of the Armistice that ended World War I. In the United States, Veterans Day is a celebration to honor America's veterans for their patriotism, love of country, and willingness to serve and sacrifice for the common good. ([More on Veterans Day](#))

## RIA Health Benefits Fair Cancelled, RIA CPAC Benefits Moved to Fort Riley:

The annual Health, Dental and Vision Fair scheduled for **Nov. 5, and 6**, in Bldg. 60 (Heritage Hall) has been cancelled. In addition, the Rock Island CPAC benefits positions have been centralized at the Army Benefits Center in Fort Riley, Kansas. Effective **Nov. 15**, the Rock Island CPAC will no longer have a benefits point of contact. All benefits/retirement questions will need to be addressed directly to the Army



Benefits Center. They can be reached at <http://ABC.Army.mil>, 877-276-9287, 785-240-2222, DSN 520-2222.

## Veterans and Military Spouse

Workforce Symposium: WQPT will host the Veterans and Military Spouse Workforce

Symposium on **Nov. 7**, 10 a.m. - 3 p.m., at the Western Illinois



University, Riverfront Campus (3300 River Drive, Moline) for military members and their spouses to learn about employment within our community, build a resource network and obtain information about educational opportunities. Jason's Box is a Collaborative Partner in this Embracing Our Military initiative. Workshops, a job fair and resource booths will be featured throughout the entire symposium. Prior to the symposium, WQPT and WILL Interactive will host a human resources breakfast and speak about the unique benefits of hiring veterans and hiring veterans as strategic assets. For more information on participating in the hiring manager's breakfast and the symposium, contact Jamie Lange at 309-764-2400 x 65030 or e-mail [jl-](#)



[lange2@wiu.edu](mailto:lange2@wiu.edu). The symposium is open to National Guard, Reserve, active duty, military spouses, veterans and retired military. ([More](#))

**Blood Drives:** The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room

(First Floor, Bldg. 60), on **Friday, Nov. 14 & 21, 10 a.m. – 12 p.m.**

If you would like to donate at this blood drive, feel free to e-mail [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. We will also host a **2<sup>nd</sup> Shift** Blood drive in the cafeteria at JMTC (Bldg. 211 cafeteria) on Friday, **Oct. 31**; that drive begins at 6:30 p.m. For the 2<sup>nd</sup> and 3<sup>rd</sup> Shift drives, donors should see their supervisors to sign up. DMC will host a blood drive, 1-4:30 p.m., on Thursday, **Nov. 20**, in the MVRBC Donor Bus parked in front of Bldg. 350. All employees who work in Bldg. 350 or nearby areas are welcome to participate in this blood drive.



**Charlie Corpuscle asks, "How many units of blood were donated for patients at our local hospitals through blood drives held on Arsenal Island in 2013?"**

*Answer: 969. FYI – Each of those donations can touch the lives of as many as four patients in need!*

**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).**

**RIA Voting Assistance Office:** Election Day is less than 40 days away - there's still time to register to vote and request an absentee ballot, but don't delay. The Rock Island Arsenal Voting Assistance Office can help service members, dependants, federal employees, retirees and visitors with voter registration and voting options. Stop by the 3<sup>rd</sup> Floor of Bldg. 56, or call 309-782-8780, for all your voting needs. Service members and dependants can visit [www.fvap.gov](http://www.fvap.gov) for further information on their voting rights, and to access online voter registration and



absentee ballot forms. All other citizens who will be 18+ years of age on Election Day can visit [www.eac.gov](http://www.eac.gov) for information and to access the National Mail Voter Registration Form. POC: James Grimaldi, Installation Voter Assistance Officer, 309-782-8780.

**VIOS Schedule for November, and December:** Official DA Studio Photography (DA, Government passport and command photos) will be offered at Rock Island Arsenal **Nov. 4, 5, & 6**; and **Dec. 9, 10, & 11**. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the [VIOS site](#) for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active duty Soldier's DA photos; 2. Official government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - command photos will be printed and available digitally. Additional prints can be ordered in [VIOS](#). To obtain an official government passport photo: 1. Schedule



a passport photo appointment at the [RIA VIOS website](#). 2. Go to transportation to obtain a printed DA Form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA Form 3903 to the photographer before the passport photo is taken. You will receive two 2" x 2" passport photos. All scheduled dates can be found on the [RIA VIOS website](#) FAQ.

**Arsenal Attic Thrift Shop:** The Arsenal Attic Thrift Shop is open every Tuesday, Thursday and Saturday **Nov. 15**, 9 a.m. - 3 p.m.; everyone is welcome to come by, look around, and are eligible to purchase. The point of contact at the Thrift Shop is 309-782-6977.



## Arsenal Traffic/Construction



**Temporary Closure – Davenport Gate:** The Davenport Gate will be temporarily closed Monday, **Oct. 27** through Wednesday, **Nov. 12**, to allow for improvements to Security Guard Working Conditions. The Gate will reopen on Thursday, **Nov. 13**. All traffic entering the island from Fort Armstrong Avenue from Davenport should enter through the Rock Island Gate. The third

lane of traffic may be opened when traffic volume requires it.

### **Parking Construction Update:**

Notification regarding three construction phases for Lots OJ and 3K was initially provided in April and May of this year with an anticipated completion date of Sept. 1, which could not be accomplished because of multiple factors including weather delays. The below-referenced construction is part of the final phase for lot 3K. On **Oct. 10**, the Directorate of Public Works began work on the relocation of a fire hydrant at the West end of Lot 3K. This work required the closure of North Ave between East and West Pershing. The hydrant is being moved from the North side of the street to the South side of the street. Once the hydrant is moved, the contractor will complete the final repairs to the West entrance of Lot 3K. Signage and safety barriers will be positioned at appropriate locations. The road was scheduled to be opened by close of business Oct. 13. The remaining work is scheduled to be completed by **Oct. 31**. The attached drawing shows the area of work.

### **Reconstruction of River Drive from 19<sup>th</sup> Street to 23<sup>rd</sup> Street in Moline:**

The Illinois Department of

Transportation is planning the reconstruction of River Drive from 19<sup>th</sup> Street to 23<sup>rd</sup> Street in cooperation with the City of Moline. This work will be performed in preparation for the replacement of the 1-74 Mississippi River Bridge and will provide connection points along River Drive for the future interchange ramps. The proposed project consists of full removal of the existing roadway in this area and replacement with new concrete pavement. In addition, new lighting, sanitary and storm sewers, water main, and a recreational path will be constructed throughout this section. In order to complete this work it will be necessary to close River Drive to traffic during the construction effort. The closure will be in effect from **Sept. 8 to Dec. 5**. The interchange of 1-74 with River Drive will also be closed during this time, but will reopen following the completion of this work. We have made every effort to limit the timeframe of the work so as to reduce inconvenience to you and your customers. Detour routes will be signed to ensure that motorists can access local businesses effectively.

### **Rock Island Viaduct Sidewalk Closed to Pedestrians:** "Sidewalk Closed"

signs have been erected at either end of the Rock Island Viaduct sidewalk. These



signs were placed because of the tripping hazard that the condition of the sidewalk presents. Attached illustration indicates the suggested alternative route (STR276 American Discovery Trail and Pedestrian Bridge) during the closure.

**Upstream Sidewalk Closure on Government Bridge:** Until further notice, the "upstream" sidewalk on the Government Bridge, Structure 320, is closed because of damages caused by a barge. The bridge is only able to turn in a single direction and must return to the same position for closing. This will lengthen the amount of time the bridge is open for each barge and will increase delays for pedestrians, cars, and train traffic. The pedestrian gates for this sidewalk are "Closed", caution tape is on those gates, and a "Sidewalk Closed" sign has been positioned at the Davenport end of that same sidewalk. The "downstream" sidewalk on the Government Bridge is open and safe to use.

**Future Ft. Armstrong Construction:** In the upcoming construction season, Rock Island Arsenal will be performing work on the intersection of Ft. Armstrong Drive and Rock Island Drive. This work will result in a full vehicle closure for the Installation's Rock Island

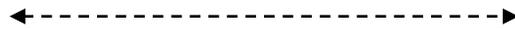
Gate and Rock Island Viaduct, as well as restricting vehicles crossing the Government Bridge to "Installation-only" traffic. The American Discovery Trail will remain open. Construction is expected to last approximately two months, barring major weather delays. The exact construction start date is currently unknown. However, we have been coordinating with external agencies in an effort to minimize impact to the surrounding communities.



## Building/Space Closures



*There are no announcements at this time.*



## Active Duty/Reserve Zone



**Flu Vaccines for Active Duty, Retirees, and Their Family Members:** We are now opening up the flu vaccines to the active duty family members. In the month of November the Rock Island Arsenal Health Clinic will be holding multiple flu-vaccine clinics for the convenience of parents who work and their kids go to school. The dates and times for the flu clinics are **Nov. 3, 5, 7,**

**12, 14, 17, 19, and 21**, 6-8 a.m., in the Caisson Room located inside Bldg. 60. POC: Sgt. First Class [Octavia Robinson-Wilson](#), 309-782-0989.

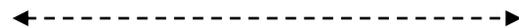
## **Photos for Troops – Month of the Military Family:**

In recognition of Military Family Appreciation, photographer Angie Blevins of Columbus, Ohio, will be visiting Rock Island Arsenal and providing, at no cost, photographs to our military service members and their families at Quarters One on Gillespie Ave. Expanded Hours – To reach more Soldiers and their Families, photos for troops is offering expanded hours during is **Nov. 3-5** run at the Arsenal. Those who have already scheduled appointments do not need to change the appointments. The expanded hours are designed to reach those who were not accommodated by the original schedule. New times for the Photos for Troops sessions are: • **Nov. 3**, 8 a.m. to 6 p.m.; • **Nov. 4**, 10 a.m. to 9 p.m.; • **Nov. 5**, 8 a.m. to 4 p.m. This event is open to active duty, National Guard, and Reserve ID card holders only. First come first serve, by appointment only, space is limited. A military ID card must be presented – a 15-minute photo shoot on each day will be provided. Each service member will be provided a CD of the photos accompanied by a



copyright release so you can print and distribute the photos as you desire. [To register or for more information please use this email](#) or call 309-206-4763. Please arrive at least 10 minutes early to complete paperwork.

**Massage Envy Presents "Massages for Military" on Veterans Day:** Schedule a free massage or facial session on Veterans Day, Tuesday, **Nov. 11**. Massage Envy Spa is proud to honor all of America's service men and women with a complimentary 1-hour massage or facial session for active duty military personnel and U.S. military veterans. [Please schedule in advance for this special promotion.](#) Valid only on Veterans Day and at participating locations. Participants in promotion must present valid military identification. Limited appointments available. One-hour session consists of a 50-minute massage or facial and time for consultation and dressing. Prices subject to change. Rates and services may vary by location. Additional local taxes and fees may apply. *This information is included for general interest and does not constitute endorsement of the businesses or products.*



## Safety Spotlight

☉ **Construction Zone Safety:** Please do not cross through construction zones. These areas are fenced or taped off for your safety. A project is underway that involves the installation of a large gas line along South Avenue and other locations. It has been reported that some people have been ignoring cautioned off areas and stepping over excavated ground. These actions are unacceptable and place each person in danger of injury due to falling into the excavation. Please exercise discipline and walk around any construction sites you may encounter. Use established crosswalks and always obey posted warning signs and traffic devices. These actions will help ensure you arrive to work and home - safe and sound. I appreciate your support of safety. Have a safe day.



## Equal Opportunity Focus

☉ **National Disability Employment Awareness Month:** Americans with disabilities lead thriving businesses, teach our children, and serve our Nation; they are innovators and pioneers of technology. In urban centers and rural communities, they carry forward our

Nation's legacy of hard work, responsibility, and sacrifice, and their contributions strengthen our economy and remind us that all Americans deserve the opportunity to participate fully in society. During National Disability Employment Awareness Month, we celebrate the Americans living with disabilities, including significant disabilities, who enrich our country, and we reaffirm the simple truth that each of us has something to give to the American story. ([More](#))



## Morale, Welfare & Recreation (MWR)

☉ Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs. Also [click here](#) to become a fan on Facebook, or Twitter [@golf1897](#), and stay up to date on all the great MWR offerings here at the Arsenal.

**Volunteer Youth Soccer Coaches Needed:** RIA CYSS is excited to announce we will be hosting an indoor soccer league for children pre-K- 4th grade starting early January 2015. We are in the process of looking for a few volunteer coaches for our teams in order to make our league successful. Some of



the benefits to becoming a coach include: free sport specific training, free national alliance for youth sports certification, head coaches children can participate at no cost, assistant coaches may have one child participate at no cost and additional children at discounted rate, and best of all you'll get the satisfaction of helping the youngest members of our community to learn, be active and make new friends. If you are interested in becoming a coach contact Tim Hernandez at 309-782-0511 or [timothy.c.hernandez2.naf@mail.mil](mailto:timothy.c.hernandez2.naf@mail.mil).

### **Ghost Hunters Dinner and Tour of Quarters One:**

Enjoy a prime rib and chicken buffet Saturday, **Oct. 25**, 6:30 p.m., at the Golf Clubhouse followed by ghost hunting in Quarters One led by the Rock Island Paranormal Society. Cost is \$35/person. RSVP required by **Oct. 24** by calling 309-793-1601. ([Flyer](#))

## MWR Leisure Travel Office

**Office Hours:** Monday through Friday, 9 a.m. – 3 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. ([email](#)) ([website](#))

### **Sports Leagues at the Fitness Center:**

Basketball, co-ed volleyball, and

racquetball league signups are going on now at the fitness center. Rosters are available at the front desk of the fitness center. If there are any questions please contact fitness center at 309-782-6787.

### **2014 Army Digital Photography**

**Contest:** If you're ready to share your creative talents, consider the Army Digital Photography Contest. This annual competition is for Army patrons and recognize the talent and originality of our military service members (Active Duty Military and other eligible participants). Share your best photos with Army MWR and you could win prizes and Army-wide recognition. The 2014 Army MWR Digital Photography Contest has categories for animals, landscapes, still life images and more. Entries submitted showcase some of the most original and creative minds at work. Monetary prizes are awarded for the first, second and third place winners in each category. Please review the participant guidelines for more information on how to enter. Submission dates are **Oct. 15 – Nov. 30**. So look through your camera for that winning shot and submit it by **Nov. 30**. For photo contest eligibility requirements and submission instructions, visit [Arts.ArmyMWR.com](http://Arts.ArmyMWR.com).

**Jewelry Is Fun:** Jewelry Is Fun will be coming to the Rock Island Arsenal for two days, **Oct. 30-31**, in Bldg 60 Heritage Hall area. Everything's \$5.99 great savings on jewelry and accessories. They accept cash, checks and credit cards.

Time: **10 a.m. - 2 p.m.**

### **Disney on Ice: Worlds of Fantasy:**

Leisure Travel has Disney on Ice: World of Fantasy tickets available for Friday, **Dec. 5**, at 7 p.m.; Saturday, **Dec. 6**, at 11 a.m. & 7 p.m.; and Sunday, **Dec. 7**, at 1 p.m. All children seating \$16 Section 106 Adult ticket \$22 Section 205 \$16 on sale until **Nov. 26**.

**Harlem Globetrotters:** The iconic Harlem Globetrotters are coming to town with their unrivaled family show, featuring some of the greatest athletes on the planet. With incredible ball handling wizardry, amazing rim-rattling dunks and trick shots, side-splitting comedy and unequaled on-court fan interaction, this must-see event is guaranteed to entertain the whole family – creating memories that will last a lifetime. Leisure Travel has discounted seats available. Section 105 \$32 Ad/Ch Section 205 \$23 Ad/Ch. On sale until **Dec. 24**.

Date: **Saturday, Jan. 3**



Time: 7 p.m.

**World's Toughest Rodeo:** World's Toughest Rodeo, the premiere national rough stock only tour, presents this two and a half hour event starring professional cowboys and cowgirls from across the nation. Fans will once again get the opportunity to cheer on the world of rodeo's top bucking horses and bulls as well as enjoy some of the nation's most talented entertainment acts.

Discounted seats available until **Jan. 14**.  
Section 104 \$32 Adult/ \$16 Child  
Section 203 \$23 Adult/ \$16 Child.  
Date: **Saturday, Jan. 24**  
Time: **7:30 p.m.**

**Six Flags Great America:** The Leisure Travel Office is still offering discounted one day admission (\$45) tickets now through Fright Fest. We also have discounted parking tickets.

**Davenport Cinemark 53<sup>rd</sup> 18 + IMAX Theatre:** Leisure Travel is selling Platinum Supersaver Prepaid Admission Tickets to Davenport Cinemark 53<sup>rd</sup> 18 + IMAX theatre (formally 53<sup>rd</sup> cinemas and RAVE cinemas) These tickets have no restrictions or expiration date.

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## Child, Youth & School Services

**RIA FMWR CDC Halloween Parade:** The Rock Island Arsenal Child Development Center is having its annual Halloween Parade on Friday, **Oct. 31**, at 9:30 a.m. They will be parading on King Drive east of Bldg. 11. The patrons can line King Drive to observe the children and staff in their costumes.

**Teen Dating Violence Awareness Month Art Contest:** The month of February is Teen Dating Violence Awareness Month. Rock Island Arsenal, Army Community Service, Family Advocacy Program is holding an art contest to bring awareness to this issue. Two out of three teens never report their abuse to a caring adult. We would like to get the conversation started by hosting a competition that will allow them to express their thoughts and feeling on the subject, while shining a light on their creativity. Judging will be conducted by Arsenal representatives. There will be first, second and third place winners. Each winner will receive a certificate, a place ribbon, and a photo of them with their work in the paper. We



may ask for permission to display other works of art as well. Suggested themes include, but are not limited to: stop dating violence, the impact of dating violence, and imagery with a dating violence content. Registration for the contest closes **Dec. 15** and artwork needs to be submitted by **Jan. 15** (collected at each school by Family Advocacy). Winners will be announced **Jan. 31**. Selected artwork will be displayed in Bldg. 60 in the MWR display **Feb. 1-15**. You may contact [Blair Hicks](#) or [Chassity Morse](#) at 309-782-3773 if you have further questions concerning the Teen Dating Violence Awareness Month Art contest. ([Flyer](#)) ([Registration Form](#))

**Volunteer Youth Soccer Coaches Needed:** RIA CYSS is excited to announce we will be hosting an Indoor Soccer League for children pre-K- 4th grade starting early January 2015. We are in the process of looking for a few volunteer coaches for our teams in order to make our league successful. Some of the benefits to becoming a coach include: Free Sport Specific Training, Free National Alliance for Youth Sports Certification, Head Coaches children can participate at no cost, Assistant Coaches may have one child participate at no cost and additional children at



discounted rate, and best of all you'll get the satisfaction of helping the youngest members of our community to learn, be active and make new friends. If you are interested in becoming a coach contact Tim Hernandez at 309-782-0511 or [timothy.c.hernandez2.naf@mail.mil](mailto:timothy.c.hernandez2.naf@mail.mil).

**Covenant Cottage Child Development Home:** [Covenant Cottage Child Development Home](#) is available for backup, emergency, and hourly care for ages four weeks through 12 years. The home is located on post and is open from 6 a.m. – 6 p.m. Monday through Friday, Tuesday and Thursday evenings and Saturday mornings. Army Family Covenant Guidelines state deployed Soldiers are entitled to 16 hours free respite childcare per child, per month. For reservations call 309-782-6793. We encourage you to call as far in advance as possible because spaces fill quickly.

## Army Community Service (ACS)

ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; Visit our [ACS website](#) or phone 309-782-0829. Call ahead for special accommodations when attending ACS



classes. [Find us on Facebook click here.](#) **24/7 Sexual Assault Hotline:** 309-229-8412

**Military Spouse Fun Night:** We welcome all active duty military spouses Tuesday, **Oct. 28**, at 6 p.m., to join us for a fun evening at the ACS/USO Center in Bldg. 110. Costumes are encouraged or just "come as you are"; join and meet other spouses from our community for a chance to socialize. If time permits, please bring a dish to share. We will also be having a cooking demonstration so please bring your favorite pumpkin recipe to share. Eligibility: Spouses of active duty military from all branches and spouses of deployed service members. Reminder, this is not a couple event or a family event but for the spouse only. Call 309-782-0829 for more info. [\(Flyer\)](#)

**Join the Fight March Against Domestic Violence:** October is Domestic Violence Awareness & Prevention Month, show your support Thursday, **Oct. 30**, by joining the march as it proceeds down Rodman Ave. The march will start at 11 a.m. in front of Bldg. 110 and will move west collecting participants all the way down Rodman and ending up at the PX parking where

there will be a guest speaker and brief closing remarks. Since this falls during the lunch hour, arrangements have been made to have an outdoor grill in the PX lot where you can grab a burger or brat. Call 309-782-3773 for more info. [\(Flyer\)](#)

**2014 Domestic Violence Awareness Month:** The Domestic Violence Awareness Month honors the most important asset of the Army, the family, as they are a vital part of the nation's security through the foundation they provide to the Soldiers. With the theme, Relationships should be safe, respectful and positive, the focus of the campaign is to raise awareness of domestic violence, inform victims that help is available and emphasize the negative impact it has on family readiness. [\(More\)](#)

## Employee Assistance Program

For free, confidential counseling assistance or for information on services that are available, call 309-782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program



see [our website](#) or visit us on [Facebook](#).  
The new location for the EAP/ASAP  
is Bldg. 56, 1<sup>st</sup> floor, East.

## **2014 National Depression Awareness**

**Month:** October is National Depression Awareness Month. The Army theme for 2014 is Take the First Step -- Get Screened. According to the Centers for Disease Control, one in ten U.S. adults report depression. Symptoms of depression may include persistent sadness, difficulty concentrating, hopelessness, fatigue, changes in appetite, insomnia, irritability, and in some instances, thoughts of suicide. While most people experience sadness at time in their lives, it is time to seek help when these feelings persist and begin to interfere with everyday life which may be a sign of clinical depression, a serious medical condition that if left untreated, may lead to other medical conditions. Oftentimes, the first step towards getting well is becoming aware of key warning signs through depression screening. Unfortunately, two-thirds of people who suffer from depression fail to seek care. The good news is that clinical depression can be treated and anonymous screening resources are available. Treatments may include therapy, medications or a combination of both. ([More](#))

## **RIA Red Ribbon Week – Oct. 23-31:**

Red Ribbon Week was established by Congress in 1988 to commemorate the work of Enrique "Kiki" Camarena and his work in the fight against drugs. The Red Ribbon campaign promotes this belief and encourages a drug-free lifestyle and involvement in drug prevention efforts. This year's theme, "Love Yourself. Be Drug Free," helps create awareness of the drug problems facing every community; to develop parent and community teams to combat alcohol, tobacco, and other drugs, and to promote a drug-free lifestyle for all. Take the pledge to be drug free. For additional information on this topic or to find additional resources, contact the RIA Employee Assistance Program at 309-782-4357 (HELP).

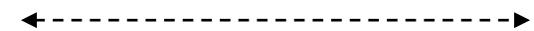


**Assertiveness Training:** Learn strategies to communicate effectively and to enhance yourself personally & professionally. Classes taking place Tuesdays, 10:30 a.m. – 12 p.m., on the following dates: **Oct. 28, Nov. 25, and Dec. 16;** in Bldg. 56, 1<sup>st</sup> Floor, Room 122. Sign up in [TEDs](#) (search key word "assertiveness") or call 309-782-2552.

**Time Management:** Do you feel that there is never enough time in a day to get everything done? Would you like to learn some tips to become more organized and free up some time for more fun? Sign up for a time management class. Classes will be taking place Tuesdays, 10:30 a.m. – 12 p.m., on the following dates: **Nov. 4 and Dec. 9,** in Bldg. 56, 1<sup>st</sup> Floor, Room 122. Sign up in TEDs (search key word "time management") or call 309-782-2552.

## **Community Resiliency Academy**

**Announcement – Real Colors:** Real Colors offers you a peek into human personality. It will provide you with a better understanding of human behavior and help you recognize, accept and learn to value the differences in others. Real Colors has proven to be an effective tool to increase understanding, empathy and effective communication in the workplace. Workshop Dates: **Nov. 12, and Dec. 10.** Sign up in TEDs (search key word "real colors") or for more information contact Lori Griffin at 309-782-2551.



## Education/Training Review



**The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. Please visit our [website](#) to learn more.**

### **Need An Online Exam Proctored?:**

Three local colleges offer academic test proctoring at no expense for service members attending online schools. All three institutions offer convenient locations and flexible schedules. Interested individuals should contact POCs (see below) to schedule proctored exams at least one week in advance of preferred date. Once scheduled, it is the responsibility of the service member to contact their respective school with local test centers' information, so exam and materials may be processed appropriately. The Eastern Iowa Community College (Scott Community College Campus) Testing Center is located in Bettendorf, approximately seven miles from Rock Island Arsenal. POC: [Rebecca Geiken](#), 563-441-4060. The St. Ambrose University (53<sup>rd</sup> Street Branch) Testing Center is located in Davenport, approximately seven miles from RIA. POC: [Jeff Karll](#), 563-333-5709. The Western Illinois University Quad Cities testing center is located in

Moline, approximately one mile from RIA. POC: [Leslie Mose](#), 309-762-9481.

### **St. Ambrose University Lunch and Learn:**

St. Ambrose is hosting informative lunch-n-learn sessions **Oct. 29**, Bldg. 56, Room 116, 11 a.m. – 12 p.m. or 12-1 p.m. to learn how you can take advantage of special tuition rates. In support of our military and civilian personnel on the Arsenal, St. Ambrose offers special pricing at a fraction of the regular tuition rate for MBA students. A light lunch will be provided. Priority will be given to military personnel. RSVP NLT **Oct. 27** to reserve your seat. Call 563-333-6170 or [leonardmichelem@sau.edu](mailto:leonardmichelem@sau.edu). The Garrison POC is Michelle Beck, at 309-782--0965, [michelle.p.beck.civ@mail.mil](mailto:michelle.p.beck.civ@mail.mil).

### **Don't Be a Nut! Pop On In ... ACES Celebrates American Education Week:**

The Army Education Center at the Rock Island Arsenal will be celebrating American Education Week on **Nov. 18-20** by having popcorn and peanut days. The Army Continuing Education System staff will be in house at the following locations: Tuesday, **Nov. 18**, 10:30 a.m. - 12:30 p.m. in ASC/Bldg. 390 and First Army/Bldg. 68; Wednesday, **Nov. 19**, 10 a.m. - 3

p.m., in the Education Center/Bldg 56; Thursday, **Nov. 20**, 10:30 a.m. - 12:30 p.m., in Heritage Hall/Bldg. 60. Soldiers are welcome to come get a snack and check out opportunities for furthering their education through the GoArmyEd tuition assistance program and other military offerings. The Army theme for this year is "Raise Your Hand for Student Success." "Army Strong, Education Stronger." The observance reinforces the Army's commitment to provide quality education for soldiers worldwide. ACES offers a variety of programs to assist Soldiers in establishing and achieving their education goals, keeping in mind their demanding operational assignments. POC: Alison Hemmert, Education Service Officer, 309-782-2065.

### **Inaugural Eastern Iowa / Western Illinois Veterans Conference:**

On Wednesday afternoon, **Feb. 25**, St. Ambrose University will host the inaugural Eastern Iowa / Western Illinois Veterans Conference. There will be a noon [keynote speaker](#) followed by film and panel presentations. Training will be offered concurrently for faculty, staff and others on military culture, and a resource fair will be offered to registered attendees. The conference will conclude with a late afternoon



networking social. The event is a collaboration between St. Ambrose University, Black Hawk College, Eastern Iowa Community College District and Western Illinois University Quad Cities. For more information or to register, please visit [www.sau.edu/veteranservices](http://www.sau.edu/veteranservices).

## Commissary / Exchange

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**The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com) ([Facebook](#))**

### **Exchange Opens Earlier, Serves**

**Breakfast:** The Exchange located on Rock Island Arsenal began opening at 7 a.m. Oct. 1. Also effective Oct. 1, the Exchange began featuring heat-and-eat breakfast items at the front of the store. "We will be running these hours for two months to make sure that there will be demand to be open at 7 a.m.," said Carl Wolfe, store manager, Rock Island Exchange. "We are really hoping with the Exchange having an entire new 'Heat and Eat,' that we will cater to the Soldiers coming on the Island in the morning and we know a lot of them have PT in the mornings and this will give them a chance to grab something before they go in the office for the day." The new open-to-close store hours are 7 a.m. – 6:30 p.m., Monday through Friday; and 8:30 a.m. – 6:30 p.m. on Saturdays. The "Heat and Eat" items being sold in the mornings will include: Breakfast Tornados, Breakfast Deli Express sandwiches, Cappuccino, and coffee, Roller Bites, and Breakfast Style Pizza. The Exchange will also have a lunch menu to include: Tornado's, Deli Express hot and cold sandwiches, hot dogs, Polish sausage, jalapeno sausage, Roller Bites, egg rolls, and pizza. In



addition, the Exchange will also have microwaveable meals, soup, and Asian noodles for sale all day long.

## Arsenal Archive

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**Information for the *Arsenal Archive* is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))**

### **Rock Island Arsenal Historical**

**Society Meeting:** The Rock Island Arsenal Historical Society will have its monthly meeting at 6 p.m., Thursday, **Nov. 6**, in the Veranda Room of the Arsenal Island Golf Course Clubhouse. The menu for dinner is mixed green salad with dried fruits and cranberry vinaigrette, roasted turkey with gravy, stuffing, mashed potatoes and green beans, with pumpkin pie for dessert. All dinners include rolls, breadsticks, coffee, tea and water. The total cost is \$14 per person including tax and tip. Our event is open to both members and non-members. Interested parties may choose to attend only the program portion of the meeting at 7 p.m. at no



cost. The guest speaker will be Drew Horvath who will be discussing some of the historic efforts that have been conducted by an organization in the Department of Defense's Joint POW/MIA Accounting Command (formally Central Identification Laboratory, Hawaii and Joint Task Force-Full Accounting). This joint unit deploys small teams all over the world as part of its mission to locate, recover, and identify unaccounted-for Americans from our nation's past conflicts. For reservations call Monica 563-650-4349 or Linda 563-355-6165 or email [chiicaliinda@aol.com](mailto:chiicaliinda@aol.com). Reservations are due by noon on Monday, Nov. 3. Cancellations must be made by the reservation deadline or you will be liable for cost incurred and billed accordingly. If further clarification is required on this notice, please call Kris Leinicke at 309-782-3518.

**This Week in Rock Island Arsenal History – Oct. 20-26:** On Oct. 30, 1882, construction work on Shop G (Bldg. 108) was completed.

## Healthbeat

**TRICARE Tip of the Week:** You are retiring? What should you do? When an

active duty service member retires he/she will have a new TRICARE coverage options. You will automatically have TRICARE Standard on the day your status changes to retiree unless you reenroll into TRICARE Prime. Learn more about enrolling as a retiree on the TRICARE Prime enrollment - retirees and their family member's page or the TRICARE Transitioning from Active Duty to Retirement brochure. Note: TRICARE Prime Remote is not available for retirees and their family members. Have Great TRICARE Day!

### **Keeping Our Federal Workforce Healthy This Flu Season and Beyond:**

The flu season is quickly approaching. Unfortunately, Americans lose as many as 17 million workdays each year to influenza-related illness. An annual flu vaccine is the best way to protect against influenza, avoiding illness that can sometimes be severe enough to lead to hospitalization and even death. You can help us ensure all



federal employees take action to reduce the spread of influenza in the workplace, among our families, and in our communities. The Centers for Disease Control and Prevention recommends that everyone over the age of 6 months get an annual flu vaccine. However, according to CDC, only 39 percent of adults were vaccinated last year by early flu season. To help make immunization more accessible, many federal agencies offer flu shots onsite at no or low cost. Employees can also receive this vaccine at no cost through their health plan. Most FEHB plans cover flu shots at pharmacies and retail stores in addition to doctor's offices and clinics. As a plus, the whole family can be immunized at these locations. Furthermore, with the prevention focus of the Affordable Care Act, many more Americans have insurance coverage for common vaccines. Along with promoting immunization, please reinforce with your managers and employees that we can minimize the spread of infection in the workplace. Plan now for possible illnesses and:

- Encourage frequent hand washing and proper etiquette for coughs and sneezes;
- Reassure employees that it is best to stay home if they develop symptoms of the flu;
- Direct supervisors to review telework, flexible work schedules, and leave options that



may be available to employees; • Update employee contact information; • Refresh emergency plans to ensure continuity of operations; and • Know your agency's contingency role in a severe flu outbreak. Everyone can benefit from updating their immunizations. Vaccines not only prevent disease in the people who receive them but also help create "community immunity," so even unvaccinated individuals are at lower risk of disease. Please invite your employees to take the adult vaccination quiz to learn more about the vaccines they need. Urge them to talk to their healthcare provider to ensure they are up to date with the vaccines that are recommended for them. Please share the important resources on [vaccines.gov](http://vaccines.gov), [flu.gov](http://flu.gov) and [CDC.gov](http://CDC.gov) with your employees to help ensure a healthier workforce through timely immunization as well as respond effectively to a potential flu outbreak. For information about pandemic response and emergency planning go to [opm.gov](http://opm.gov) or [telework.gov](http://telework.gov). Thank you for all your efforts on behalf of our employees and the American people. - *Katherine Archuleta, Director, U.S. Office of Personnel Management & Sylvia M. Burwell, Secretary, U.S. Department of Health and Human Services*

**RIA Health Benefits Fair Cancelled, RIA CPAC Benefits Moved to Fort Riley:** The annual Health, Dental and Vision Fair scheduled for **Nov. 5, and 6**, in Bldg. 60 (Heritage Hall) has been cancelled. In addition, the Rock Island CPAC benefits positions have been centralized at the Army Benefits Center in Fort Riley, Kansas. Effective **Nov. 15**, the Rock Island CPAC will no longer have a benefits point of contact. All benefits/retirement questions will need to be addressed directly to the Army Benefits Center. They can be reached at <http://ABC.Army.mil>, 877-276-9287, 785-240-2222, DSN 520-2222.

**Great American Smokeout:** On Thursday, **Nov. 20**, military members and their families have an opportunity to go smoke-free for 24-hours during the Great American Smokeout. By quitting smoking, just for one day, you can commit to quit and give them a chance to avoid the negative effects of secondhand smoke. Help us spread the message that [smoking affects everyone who is exposed](#), and even the smallest amount of smoke can be dangerous. The best way to protect your loved ones from the dangers of secondhand smoke is to make your home, car and workplace smoke-free zones. Please [view and download](#) our infographic,

[drop-in article](#), poster and social media images, as well as visit [UCanQuit2.org](http://UCanQuit2.org), to learn more about the dangers of secondhand smoke. Encourage military members to commit to quit, give them a chance during the Great American Smokeout on Thursday, **Nov. 20**.

## Notes for Veterans

**Vets Have Less Faith in Merit-Based Federal Promotions Than Their Peers:** Veterans working in the federal government have even less faith than their non-veteran peers that job promotions in their office are based on merit, according to the results of a new governmentwide survey on employee satisfaction and engagement. Twenty-nine percent of veterans who responded to the 2014 Federal Employee Viewpoint Survey said they believed promotions were a result of job performance compared to 34 percent of non-veteran respondents. Overall, 32 percent of respondents believed promotions were rooted in fairness, the same rate as last year. ([More](#))

**VA Accepting Provider Applications to Extend Program for Veterans with Traumatic Brain Injury:** The Department of Veterans Affairs (VA)



today announced it is currently accepting proposals for the Assisted Living Pilot Program for Veterans with Traumatic Brain Injury (AL-TBI). The program had been slated to sunset this year, however the Veterans Access, Choice, and Accountability Act of 2014 (“Choice Act”) extends the program through October 6, 2017. “Due to the severity and complexity of their injuries, Veterans with TBI can require an extraordinary level of care and other support services,” said Interim Under Secretary for Health, Dr. Carolyn Clancy. “The AL-TBI program provides specialized assisted living services to eligible Veterans with traumatic brain injury to enhance their rehabilitation, quality of life and community integration.” ([More](#))

**VA Demonstrates New Telehealth Scheduling System to Veteran Service Organizations:** Representatives from the Department of Veterans Affairs (VA) met today with Veteran Service Organizations (VSO) at the Washington VA Medical Center for a hands-on demonstration and discussion about VA’s telehealth programs and services. The hands-on demonstration included a presentation of VA’s new Clinical Video Telehealth scheduling software which launched last month and is

intended to improve how VA employees schedule telehealth appointments. ([More](#))

**Inaugural Eastern Iowa / Western Illinois Veterans Conference:** On Wednesday afternoon, **Feb. 25**, St. Ambrose University will host the inaugural Eastern Iowa / Western Illinois Veterans Conference. There will be a noon [keynote speaker](#) followed by film and panel presentations. Training will be offered concurrently for faculty, staff and others on military culture, and a resource fair will be offered to registered attendees. The conference will conclude with a late afternoon networking social. The event is a collaboration between St. Ambrose University, Black Hawk College, Eastern Iowa Community College District and Western Illinois University Quad Cities. For more information or to register, please visit [www.sau.edu/veteranservices](http://www.sau.edu/veteranservices).

## Carpooling Announcements

Submit carpooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your

announcement off once you have found a ride.

**Did You Know?:** The [AMTBP \(Army Mass Transportation Benefit Program\)](#) is a program where Army employees can qualify for up to \$130 in reimbursements for use of mass transportation (to include van pooling). ([More](#))

## Carpool:

- **Ride:** Looking for a ride and pay for gas. Location – Sherwood Forest Apartment, Davenport. Call thru Illinois relay at (800) 526-0857 to contact me at 309-782-1078 (TTY). ([Email](#))
- **Carpool:** Carpool from Rio, Ill., looking for people to carpool with along 150. Please call 309-782-5472.

## Around the Q.C.

- Oct. 25: [Lagomarcino’s Cocoa Beano 5K Race](#) (Moline)
- Oct. 25: [Military Appreciation / Pumpkin Cannon Festival Weekend](#) (Country Corner Farm Market & Pumpkin Patch, 5333 Us Highway 150, Alpha, Ill.)
- Oct. 25-26: [Boo at the Zoo](#) (Niabi Zoo, Milan, Ill.)



**Oct. 25-26:** [2<sup>nd</sup> Annual Military Appreciation Festival](#) (Country Corner Farm Market & Pumpkin Patch, 5333 US Highway 150, Alpha, Ill.)

**Oct. 26:** [Inaugural Our Lady of Lourdes Oktoberfest](#) (Lourdes Catholic Church, 1506 Brown Street Bettendorf)

**Oct. 26:** [Middle Park Discraft Ace Race in the Quad Cities](#) (Middle Park Disc Golf Course, Bettendorf)

**Oct. 30:** [Honor Flight of the Quad Cities](#) (Quad City Airport, Moline)

**Nov. 1:** [Trivia with Bailey Deitz on RIA](#) (Bldg. 60, Heritage Hall)

**Nov. 1:** ["A Mother's Love" Mother-Son Dance](#) (Friendly House, 1221 Myrtle St., Davenport)

**Nov. 2:** ["Dance With My Father" Daddy-Daughter Dance](#) (Friendly House, 1221 Myrtle St., Davenport)

**Nov. 7:** [Veterans and Military Spouse Workforce Symposium](#) (Western Illinois University—Quad Cities campus, 3300 River Drive, Moline)

**Nov. 7:** [Veterans Recognition Celebration and Luncheon](#) (Milan Community Center, Milan, Ill.)

**Nov. 8:** [Vietnam Veterans of America Region 6 Conference](#) (Wild Rose Casino, Clinton, Iowa)

**Nov. 8:** [All Veterans Pheasant Hunt](#) (Three Hills Hunting Preserve, 2100 212th Street, Bernard, Iowa)

**Nov. 11:** [Davenport Veterans Day Parade, 10 a.m.](#) (4th & Western Scott County parking lots, Davenport)

**Nov. 15:** [Southpark Mall November Craft and Vendor Show](#) (SouthPark Mall, Moline)

**Nov. 22:** [Festival of Trees Parade](#) (Downtown Davenport)

**Nov. 22:** [Lighting on the John Deere Commons](#) (John Deere Commons, Moline)

**Nov. 22:** [Holiday Pops Concert](#) (Downtown Moline)

**Dec. 7:** Pearl Harbor Day, 73<sup>rd</sup> Anniversary of the Attack on Pearl Harbor

**Dec. 7:** [19<sup>th</sup> Century Christmas](#) (Butterworth Center, Moline)

**Dec. 13:** Wreaths Across America (Rock Island National Cemetery)

**Feb. 25:** [Eastern Iowa/Western Illinois Veterans Conference, 12–5 p.m.](#) (Rogalski Center, St. Ambrose University, Davenport)

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## Island Insight

© **Col. Elmer Speights, Jr., Garrison Commander; Eric Cramer, Public Affairs Officer; Mark Kane, Editor**

*The Army publication, Island Insight, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of AR 360-1 by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army.*

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