



Oct. 19, 2015

Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Garrison Internet page under "Information" and on the installation website at www.usagria.army.mil under "News" and then "Local News."

Island Insight Submission: <https://home.ria.army.mil/sites/ii/ii.cfm>

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'Give Something Back,' ASC Leader Tells Local Youth

U.S. Army Sustainment Command's senior enlisted leader spoke to about 250 community members during the annual Big Brothers, Big Sisters "Big Impact" event at the iWireless Center in Moline, Illinois, Oct. 20.

Command Sgt. Maj. Anthony Bryant, ASC, encouraged the children, known as "Littles" in BBBS, to set goals and never stop working towards them. He also warned them against peer pressure. "Associate yourself with the right people," he said. "There's always going to be good and bad influences. It's up to you to make the right choices." Bryant is familiar with the local BBBS affiliate. Last June, a group of "Littles" and their mentors, "Bigs," toured Rock Island Arsenal, spending time in the Joint Manufacturing and Technology Center, and speaking with a panel of ASC leaders. "Give something back," Bryant said. "No one ever makes it on their own. We all owe a debt to the community around us." Bryant credited his father as his first mentor and said that after joining the military, he looked to successful non-commissioned officers to learn how to be a better leader and Soldier. ([More](#))



Upcoming Dates

Oct. 27: QC Honor Flight, QC Int. Airport, 5-7 departure; 9:30-10 p.m. arrival
Oct. 31: Ghost Hunters Dinner & Tour of Quarters One, Arsenal Island Clubhouse, 6 p.m.

Nov. 1: Daylight Saving Ends
Nov. 6: First Friday Social, Bldg. 60, Lock and Dam Lounge, 4 p.m.
Nov. 7: Self Defense Seminar, RIA Fitness Center, 9 a.m. - 12 p.m.
Nov. 9-Dec. 14: Federal Employees Benefits Open Season
Nov. 11: Veterans Day (*Federal Holiday*)
Nov. 11: QC Mallards Annual Military Appreciation Night, iWireless, 6 p.m.
Nov. 13: RIAWC Denim & Diamonds Charity Auction, Arsenal Island Clubhouse, 6 p.m. - 12 a.m.
Nov. 14: Murder Mystery Dinner, Arsenal Island Clubhouse, 6 p.m.
Nov. 16-20: DA Photo Studio, Bldg. 90, Basement
Nov. 16-20: Soldier for Life, Bldg. 56, Rm. 211, 8 a.m. - 4:30 p.m.
Nov. 18: RIAWC Decorating for the Holidays Luncheon, Arsenal Island Clubhouse, 11 a.m. - 1 p.m.
Nov. 26: Thanksgiving Day (*Federal Holiday*)
Nov. 26: Thanksgiving Buffet, Arsenal Island Clubhouse, 11 a.m.
Dec. 4: Holiday Tree Lighting Ceremony, Bldg. 60, 4 p.m.
Dec. 16: RIAWC Favorite Things Luncheon, Arsenal Island Clubhouse, 11 a.m. - 1 p.m.

First Army/RIA Army Ten-Miler Teams Place 1st, 29th in Nation's Capital

Rock Island Arsenal, Illinois, sent two teams to compete in the Army Ten-Miler event at Washington, D.C., Oct. 10, bringing home first- and 29th-place finishes. The First Army/RIA Sergeants Major team included Command Sgt. Maj. Sam Young, First Army, RIA; Sgt. Maj. Timothy Metcalf, First Army, RIA; Sgt. Maj. Jurgen Williams, U.S. Army Sustainment Command, RIA; Command Sgt. Maj. Donald Rose, Jr., First Army, Maryland; Sgt. Maj. Nathan Espey, First Army, Maryland; and Command Sgt. Maj. Todd Yerger, Fort McCoy, Wisconsin. The team placed first out of 15 Sergeants Major teams earning an award, as well as a coin from Sgt. Maj. of the Army Daniel Dailey. "I have been running since 1993 when I started to record all my runs and races," said Williams. "I was part of the Run for Life program where I accumulated over 10,000 miles within nine and a half years, even during deployments." ([More](#))



POTUS Vetoes Defense Policy Bill over Spending Fight

Without a budget solution from Congress, active-duty troops and civilian workers will take a hit, the DoD has warned. Military paychecks will stop and about half of the DoD's 700,000 civilians will be furloughed. The president wants Congress to take back the NDAA and repeal the Budget Control Act, which has forced cuts on the DoD and non-defense spending since 2011. Such a move would allow Congress to move money back into the DoD base budget – satisfying Pentagon planners -- and give more funding to other federal agencies such the departments of Veterans Affairs and Homeland Security, which now face caps. "On the merits, the president believes this [NDAA] is a bad bill and it is the Secretary of Defense who said on the merits it is shortsighted," Schultz said. Defense Secretary Ash Carter wrote an op-ed published in the Wall Street Journal on Tuesday decrying Congress and the NDAA for failing to remove the spending caps. Carter had warned lawmakers for months that the bill would be vetoed. ([More](#))



What's In Store for Federal Pay and Benefits If Ryan Becomes Speaker? A Likely Hit.

As the "will he, won't he" game swirls around Rep. Paul Ryan's decision to be or not to be speaker of the House, one question looms for the federal worker — what does it mean for me? The answer – a potential hit on your pocketbook. Unlike so much of what passes for news in Washington, this isn't just speculation. Ryan, a Wisconsin Republican, left an unambiguous record during his four years as chairman of the House Budget Committee. During that tenure, which ended in January, Ryan led the House in approving legislation that would effectively cut federal employees' pay by forcing them to contribute more toward pensions with no increase in benefits, kill a retirement program for certain government staffers and eliminate student loan reimbursements. In his budget plans for fiscal years 2012 and 2013, Ryan pushed for even longer federal pay freezes than the three-year basic pay freeze initiated by President Obama. Additionally, Ryan repeatedly sought to reduce the number of federal employees through attrition. Feds were saved when many of his proposals were not adopted by the Senate, then controlled by Democrats. ([More](#))



Feds Would Pay More Toward Pensions Under Proposal

Many federal employees would pay more toward their pension benefits under a new House bill aimed at providing relief from sequestration and protecting Medicare and Social Security. Rep. Scott Rigell, R-Va., has introduced legislation that would restore 75 percent of the sequester spending cuts to defense and non-defense budgets with proposed savings and revenue elsewhere, including an increase in the amount of pay that federal employees hired before 2014 have to contribute to their pensions. Specifically, Rigell's bill would apply the higher retirement contribution rates that federal employees hired in 2014 or later have to pay now to all federal workers under the Federal Employees Retirement System. For many federal employees who currently contribute 0.8 percent, that would be a 3.6 percentage point increase per paycheck. ([More](#))

Change Your Clocks | Change Your Batteries - Daylight Saving Time Ends Nov. 1

The Rock Island Arsenal Fire Department, International Association of Fire Chiefs, National Fire Protection Association, and the United States Consumer Product Safety Commission recommend changing smoke, carbon monoxide alarm batteries when changing clocks on Nov. 1. Daylight Saving Time ends at 2 a.m., Sunday, Nov. 1, so you'll need to remember to turn your clocks back one hour before you go to bed that Saturday night. Are your smoke and carbon monoxide alarms working? This is a great time to put fresh batteries in your alarms. Smoke and carbon monoxide (CO) alarms do an important job of giving you and your family time to escape a fire or CO poisoning incident, but only if they have batteries that are working. CPSC recommends replacing batteries in alarms once every year. Why is this so important? Because about 2,200 people die in home fires on average and there are about 400 CO poisoning deaths each year. Many of those who died did not have working smoke or CO alarms in their homes. Don't let this happen to you. Here is what CPSC recommends:

- Change smoke and CO alarm batteries at least once each year.
- Test the alarms every month to make sure they are working.
- Smoke alarms should be installed on every level of the home and inside each bedroom.
- CO alarms should be installed on every level of the home and outside each sleeping area.

There is nothing we can do about losing an hour of sleep as clocks spring forward, but there is something we can do about keeping our families safe. Make your home safer by making sure you have working alarms.

Thanksgiving Care Packages

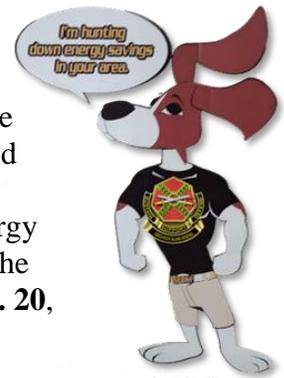
RIA Army Community Service and the Quad Cities Military Resource Group at John Deere® are putting together their annual Thanksgiving care packages to send to deployed service members. Due to heightened security measures commands are often reluctant to give out an APO address for their service members. However, in this particular situation, the ACS mobilization and deployment program manager, Casey Noe, will be the only one with those addresses and will be addressing the packages that they have put together, so none of the addresses will be made public. If units or organizations have service members or civilians who will be deployed over the holiday season, or if one of their children is deployed and they would like a care package sent to them; they can email the name and deployment address of the individual or they can send the deployed member's email address and the mobilization and deployment program manager will contact them directly to see if they are interested. As these packages are put together the first week in November, ACS would like to extend the invitation to anyone who knows someone that would like to have a care package. If you know of someone please email casey.l.noe.civ@mail.mil no later than Friday, **Oct. 30**, to have their names added to the shipping list.



Energy Awareness Month

During the month of October, Energy Awareness Month, the energy manager has the following items planned for Rock Island Arsenal. "Rocky," the RIA Energy Dog, will be on display in various buildings looking for energy waste.

Consequently, the energy manager will be alerting occupants of energy issues that are identified where he is displayed. Building occupants need to organize and register and update their building energy monitors from **Oct. 6-19** on the [Energy Awareness Website](#). The energy manager will walk through various buildings with building energy monitors inspecting their building for energy waste. During the evening of **Oct. 15**, the energy manager will perform a drive by night survey and publish his results. On **Oct. 20**, there will be training for the building energy monitors in the Bldg. 102 basement conference room from 10-11:30 a.m. On **Oct. 27**, 11 a.m. – 1 p.m., Mid-American Energy consultants and the energy manager will provide an energy display with giveaways for attendees in Heritage Hall in Bldg. 60. During October there will be two energy awareness articles published and on about **Nov. 5** the 2015 Annual Energy Management Report will be published. If there are question, please contact the energy manager located at Public Works in Bldg. 102 at 309-782-2496 or jay.d.richter.civ@mail.mil.



Daily Dining in Bldg. 60

Starting **Nov. 2** seating for daily dining in Bldg. 60 will be temporarily moved to the room west of the food court through the double doors, while the Caisson room is being expanded and remodeled to give patrons a pleasant dining atmosphere.

VIOS Schedule for November, Opportunities Extended to 5 Days

Official DA Studio Photography (DA, Government Passport and Command Photos) will be offered at Rock Island Arsenal on **Nov. 16, 17, 18, 19, and 20**. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7:20 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the [VIOS site](#) for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 90, Basement, Room B11). Priority is: 1. Active Duty Soldier's DA photos; 2. Official Government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - Command Photos will be printed and available digitally. Additional prints can be ordered in VIOS. All scheduled dates can be found on the [RIA VIOS website](#).

Blood Drives

The Mississippi Valley Regional Blood Center is hosting a blood drive in the room outside the Lock and Dam Lounge (in Bldg. 60), on **Friday, Nov. 13, 10 a.m. – 3 p.m.** If you would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at 563-359-5401, ext. 119. The DMC will host a blood drive from 12 p.m. to 4:30 p.m. on Thursday, **Nov. 19**. The drive will be held on the MVRBC Donor Bus, parked in front of Bldg. 350. This drive is open to all Arsenal employees and their families. **The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).**



Congressman Lane Evans Celebration

The Black Hawk College Foundation will celebrate the life and work of Congressman Lane Evans Tuesday, **Nov. 3**, at 6 p.m., at Lavender Crest Winery on Route 6 in rural Colona, Ill. All proceeds will support Black Hawk College Veterans Resource Center and student scholarships. Tickets are \$50. More information? Call Jessica Malcheff at 309-796-5052.

Federal Employees Benefits Open Season

The 2015 Federal Benefits Open Season will be **Nov. 9 to Dec. 14**. Open Season is the time of year to ensure that you have the right health, dental, or vision insurance coverage for you and your family. It is also time to consider the money you can save on your out-of-pocket medical and dependent care expenses. During this Open Season, you will be able to enroll in a new plan, change your current plan, or cancel your plan for the following benefits:

- Federal Employees Health Benefits (FEHB)
- Flexible Spending Accounts (FSA)
- Federal Employees Dental and Vision Insurance Program (FEDVIP)

If you wish to keep your existing plan, you do not have to make a new Open Season election. In the past, an annual Health Benefits Fair was held in the month of November here on Rock Island Arsenal; that fair was discontinued. All benefits/retirement questions need to be addressed directly to the Army Benefits Center, which can be reached at <http://ABC.Army.mil>, 877-276-9287, 785-240-2222, DSN 520-2222.

Arsenal of Innovation at the Putnam

On Saturday, **Nov. 7**, 12-3 p.m., the Palmer Clinics have joined in partnership with RIA FCU, Rock Island AUSA, and the Putnam Museum & Science Center to offer free admission for the first 300 guests to all facilities within the museum. The Arsenal of Innovation Exhibit and D-Day: Normandy movie will both close on **Nov. 15**. We're hoping in our sponsorship that families will come together to enjoy everything the Putnam has to offer, but to also learn more about the amazing uniqueness of the Rock Island Arsenal along with a day in our history that changed everything. • Soldiers will be in the exhibit 12-3 p.m.; • Discounted movie tickets of \$5; • Veteran's Ceremony at 1:30 p.m. with live Taps performed by the Iowa Honor Guard in the main hall; • Color Guard presented by Military Explorers 9044.

QC Mallards Annual Military Appreciation Night

Mark your calendars... the Mallards will recognize those who have served in the armed forces with Military Appreciation Night when the team plays on Veteran's Day, Wednesday, **Nov. 11**, at 6 p.m., at the iWireless Center in Moline, against the Anchorage Alaska Aces. Tickets to this Mallards' game will be available to current and former members of the military, their families, reservists, as well as all RIA workforce employees, for just \$5. Details about where to pick up tickets will be forthcoming.



American Legion Veterans' Day 5K

Registration is open until the morning of the race. There is a late registration fee of \$5 added to any one registering after **Oct. 23**. Trophies will be given to the top three male and female finishers in all the age groups. The start times and all other information on the race will be [posted on the legion web](#), our [Facebook page](#), and [the race Facebook page](#) as they are finalized. There is on-line registration on these sites too. If there are any questions or you want to volunteer to help out just leave a message on one of the before mentioned sites or call the American Legion at 563-381-4380

or send us an email at alpost711.5k@outlook.com. This is our third year and we are trying to make this one the best one yet. Please come join us for some family fun.

Date: **Saturday, Nov. 14**

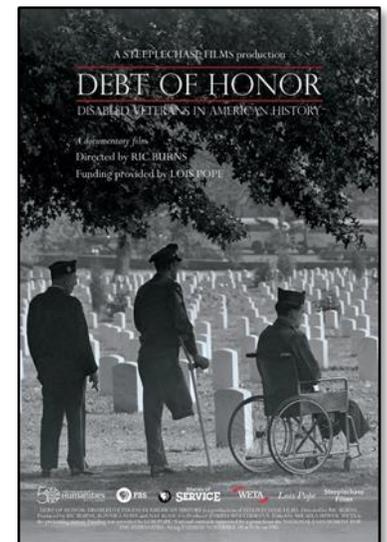
Time: **8-11 a.m.**

Fish Fry and More Every Friday

American Legion Post 1233, 312 Broadway Street, Colona, Ill., is having a fish fry every Friday evening from 5 to 8 p.m. Come enjoy a variety of entrees from steak sandwiches, fish and chicken dinners, to sides and hors d'oeuvres; very reasonably priced. Proceeds go to veterans; their families; and other veteran organizations. For more information, call Anna DeFrieze at 309-792-8934. Note: **Oct. 30, Nov. 27, Dec. 25, and Jan. 1**, no food served.

Debt of Honor Premiere Screening

Debt of Honor - a moving movie tribute to the history of disabled veterans, Debt of Honor takes an unflinching look at the reality of warfare and disability, and features moving interviews with some of the country's most prominent disabled veterans including Illinois Representative Tammy Duckworth, former Georgia Senator Max Cleland and former Commander of Fort Belvoir Gregory Gadson. Combined with a deep history as narrated by leading scholars in the fields of disability studies, history and psychology, the film palpably illustrates the human cost of war and sacrifices of military service. It is brought to life through carefully curated stills and archival footage from archives across the country. Premiere Screening: Wednesday, **Nov. 18**, 6 p.m., at the American Legion in Davenport. Airdate on WQPT will be Thursday, **Nov. 19**, at 7 p.m., and will be repeated on Sunday, **Nov. 22**, at 8 p.m. Debt of Honor seeks to understand the societal perception of soldiers and the wars they fight. Above all, it seeks to build a new bridge between military and civilian cultures in the United States, to inspire an important dialogue about how Americans treat their veterans, and to impart a message of compassion and mutual understanding. "Debt of Honor is a powerful film that will advance the understanding of wounded veterans. As a historian I think that the context the film provides is crucial. The disabled from our current wars are part of a long tradition of the deferred and hidden costs of war. I am honored to have had a part in the film." - *James Wright, President Emeritus, Dartmouth College* ([PBS Trailer](#))



Arsenal Island Employee Local Discounts

The following discounts are exclusively available to Arsenal Island employees — **The Venue:** Located at 1405 5th Ave. in Moline, we would like to say thank you to all Rock Island Arsenal personnel – bring in your Arsenal ID/badge on Mondays and receive a 20 percent discount on food and soda (this excludes family feast special). **New Life Chiropractic Clinic:** All Arsenal Island military and civilian employees will receive a 10 percent discount off its services located at 2500 18th Street in Bettendorf. **Chocolate Manor:** All Arsenal Island military and civilian employees will receive a 10 percent discount off their total purchase on any of our award winning homemade chocolates at 110 E. 2nd St., Davenport, just show your ID. **Roosters Sports Bar and Grill:** All military and civilian's get 10 percent off their bill. Come head down for lunch at 2130 3rd St., Rock Island, new specials daily. **Peachwave Frozen Yogurt:** Peachwave, 3431 Devils Glen Rd., Bettendorf, offers a 10 percent discount every day to all military and veterans. *This information is*

included for general workforce interest and does not constitute endorsement of the businesses or products.

Arsenal Traffic/Construction

Rock Island Viaduct Sidewalk Closed to Pedestrians

"Sidewalk Closed" signs have been erected at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents. Attached illustration indicates the suggested alternative route (STR276 American Discovery Trail and Pedestrian Bridge) during the closure.

Building/Space Closures

There are no announcements at this time.

Active Duty/Reserve Zone

Discounted Tickets for University of Iowa Basketball

Active military and veterans have the opportunity to take advantage of \$10 tickets (normally \$18) for the following men's basketball games: Iowa vs. Gardner-Webb on Nov. 13, and Iowa vs. Coppin State on Nov. 15. There will also be a \$5 youth price available. In order to take advantage of this promotion you will need to use the promotion code online and it will only work online. The tickets will be emailed once the order has been placed. The tickets are served first-come, first served and will automatically choose your seat location. Both of these games have a women's basketball game prior to the men's. The men's ticket will get you into the women's game as well, however the seat location will only be for the men's game. Instructions on how to order are: Go to www.hawkeyesports.com and click on the "BUY TICKETS" at the top of the page, then scroll over Buy Tickets and select the presales/promotions option in the drop down box. Enter the Promo Code "UIVETERANS" in the promotion box. The code is case sensitive so make sure you use all capital letters. Select the game you would like to attend and then select the amount of tickets you would like to purchase. Follow the instructions to process the order. If you have any questions regarding ordering tickets, please contact Rachael Bedell at the University of Iowa ticket office by email at Rachael-bedell@hawkeyesports.com or by calling 319-384-4299.

Safety Spotlight



ARMY SAFE
IS ARMY STRONG



Army Safety and Occupational Health Leaders Meet To Chart Way Ahead

Leaders from the Army's Safety and Occupational Health community met at the Army Public Health Center headquarters at Aberdeen Proving Ground, Maryland, Sept. 10 to develop a partnership strategy aimed at enhancing readiness and preserving capabilities across the force. Key leaders included John Resta, director of the Army Public Health Center (Provisional); Brig. Gen. Ronald Place, assistant surgeon general for Force Protection, office of the Surgeon General, U.S. Army Medical Command; Brig. Gen. Jeffrey Farnsworth, director of Army Safety and commanding general, U.S. Army Combat Readiness Center; and Brig. Gen. John Poppe, deputy chief of staff for Public Health (Provisional). A key aspect of the meeting involved discussion of an October 2014 update to DoD Instruction 6055.01, which outlines new and expanded safety and occupational health policies, requirements and procedures, including consolidation of safety and occupational health into one program. Until last year, the Army's safety and occupational health programs were distinct and separate. ([More](#))

Equal Employment Opportunity Focus



RIA National Disability Employment Awareness Month Observance

U.S. Army Garrison Rock Island Arsenal is hosting the installation's National Disability Employment Awareness Month Observance on Wednesday, Oct. 21, in Heritage Hall, Bldg. 60 from 1-2 p.m. This year's theme is "My disability is a part of who I am." Reflecting this year's theme, throughout the month, the Garrison will be engaging in activities to educate its employees and workforce on disability employment issues and its commitment to an inclusive environment. The guest speaker is Liz Sherwin, executive director of the Inland Northwest Center for Independent Living. The center is a civil rights and equality non-profit organization that serves people with disabilities in western Illinois and eastern Iowa. Sherwin is currently a commissioner on the Bi-State Regional Commission and serves on the Rock Island Liquor Commission and has obtained certifications from Cornell University of New York's School of Industrial and Labor Relations and the Rehabilitation Research and Management Center. She is a past chairperson of the Martin Luther King Community Center Advisory Board and the Quad City Council of Social Services. Sherwin served three terms as president of the Rock Island County Branch of the NAACP. **New Date TBD**



Senior Leader Message: National Disability Employment Awareness Month

During National Disability Employment Awareness Month, we recognize the indispensable contributions Americans with disabilities make to our Nation. The Army relies on the abilities of all to accomplish our mission. By drawing on the strengths and talents of our diverse workforce, we are better positioned to defend our Nation. The Army expresses its sincere gratitude for the many

contributions and achievements of Americans with disabilities. These extremely capable Americans, including Civilian Employees, Wounded Warriors and Disabled Veterans routinely overcome significant challenges in order to serve their country and communities. The Army is committed to showing them the same level of appreciation and dedication. This month, join us as we recommit ourselves to implementing effective practices that increase employment opportunities for Americans with disabilities and foster an inclusive work culture that welcomes the skills and talents of all. Army Strong! ([More](#))

Morale, Welfare & Recreation



Morale, Welfare & Recreation (MWR)

Visit the MWR website at www.riamwr.com for information on all MWR programs.

MWR Text Alerts

Grab your mobile phone and text **EZZHV32984 4** to the number **313131** to join our text list and have all the latest and greatest MWR news delivered right to your phone. We'll keep you up to date with all the fun and exciting upcoming MWR events and programs as well as coupons and special offers available only to text alert subscribers. Message and data rates may apply and you can opt out at any time by replying "stop" to **313131**. Check out the flyer for a quick and easy QR code that you can scan with your smartphone to automatically generate the message for you. ([Flyer](#))



Ghost Hunters Dinner & Tour of Quarters One

Enjoy a prime rib & chicken buffet Saturday, **Oct. 31**, at 6 p.m., at the Arsenal Island Clubhouse, and then join the Rock Island Paranormal Society for a tour of Historic Quarters One. The Paranormal Society staff have spent countless hours in this massive Italianate style mansion and will regale you with tales of the paranormal activity they have experienced there throughout the years. The cost is \$35/person and reservations can be made by calling 309-782-4372. RSVP required by **Oct. 29**. ([Flyer](#))

Self Defense Seminar

Learn basic self-defense tactics and tips to avoid becoming a target from our Primary Master Combatives certified instructor. Class is \$50 per individual or \$90 per couple/pair and is open to all eligible patrons 18 years and older. Call 309-782-6787 for more info and to sign up. ([Flyer](#))

Date: **Saturday, Nov. 7**

Time: **9 a.m. - 12 p.m.**

October is Fall Car Care Month

Winter is coming, time to make sure your vehicle is ready for another Midwest winter. All month long save money with these great deals at the Auto Craft Shop. • \$21 Standard Oil Change & Inspection (includes up to five quarts 5w30 or 5w20 synthetic blend oil, filter and comprehensive vehicle inspection). • \$55 Mobil® 1 Full Synthetic Oil Change & Inspection (includes up to six quarts Mobil® 1 5w30 or 5w20 full synthetic oil, filter and comprehensive vehicle inspection). •

Free Pre-Winter Vehicle Inspection (comprehensive vehicle inspection of belts, hoses, tires, undercarriage and antifreeze protection). *Appointments required for all specials, call 309-782-8631 to schedule yours today. ([Flyer](#))

Additional Vacuum & Spot Cleaner Now Operational at the Auto Shop

The newest piece of equipment at the Auto Shop Carwash is now operational and ready to get your ride looking clean and great. This combination vacuum and carpet spot remover is just \$1 for five minutes, is available 24/7 and accepts bills and coins.



MWR Leisure Travel Office



Office Hours

Monday through Friday, 9 a.m. – 3 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. ([email](#)) ([website](#))

Trunk or Treat Thank You

Thank you to everyone who participated in Trunk or Treat! We had some amazing entries this year for trunks and the judges were very impressed with our competitive spirit. Thank you to everyone who attended with your families. We had an amazing turnout and it was great to see all of the smiles and great costumes. This was very much a team effort from various organizations and volunteers. A huge thank you to everyone who assisted with the planning and execution of this event! Have a wonderful Halloween!

iWireless Presents: Mannheim Steamrollers

This year marks the 31st Anniversary of the Christmas Tour and release of Mannheim Steamroller Christmas, an album that revolutionized the holiday season music category. The show features classic Christmas hits from Mannheim Steamroller and dazzling multimedia effects in an intimate setting. The spirit of the season comes alive with the signature sound of Mannheim Steamroller. Leisure Travel has discounted seats on sale until **Oct. 30**. Section 114 at \$67.50 and Section 105 at \$57.50.

Date: **Friday, Nov. 13**

Time: **7 p.m.**

Disney on Ice presents: Treasure Trove

Get tangled up in Disney's 50th animated feature with Rapunzel and Flynn and enter the worlds of your other favorite Disney princesses – Cinderella, Jasmine, Ariel, Sleeping Beauty, Belle, Tiana, Mulan and of course, the one who started it all, Snow White. Ahoy, Mateys! Set sail with Peter Pan, the always sassy Tinker Bell and the cantankerous Captain Hook and his pirate pals on an adventure beyond Never Land and shout out your loudest "yee-haw" with Woody, Jessie and Buzz Lightyear from Disney Pixar's Toy Story! Trek the wilds of Africa with Simba, Nala, Pumbaa and Timon as they discover the true meaning of the 'Circle of Life.' Tick-Tock! Tick-Tock! Don't be late to a very important date with Alice and the Mad Hatter as they march with the Queen of Hearts' Army Of Cards. Be sure to see Disney On Ice presents Treasure Trove full of memories guaranteed to last a lifetime. Leisure Travel has two shows this year. Saturday, **Dec. 5**, at 3 p.m. or Sunday, **Dec. 6**, at 5

p.m., Children one and under free on lap; 12 and under \$14. Upper level \$16 and Lower level \$22. On sale until **Nov. 13**.

Star Trek: The Ultimate Voyage Concert Tour 2016

This lavish production includes an impressive live symphony orchestra and international special solo instruments. People of all ages and backgrounds will experience the franchise's groundbreaking and wildly popular musical achievements while the most iconic Star Trek film and TV footage is simultaneously beamed in high definition to a 40-foot wide screen. The concert will feature some of the greatest music written for the franchise including music from Star Trek: The Original Series, Star Trek: The Motion Picture, Star Trek II: The Wrath of Khan, Star Trek IV: The Voyage Home, Star Trek: Insurrection, Star Trek: The Next Generation, Star Trek: Deep Space Nine, Star Trek: Voyager and much more. This never-before-seen concert event is perfect for music lovers, filmgoers, science-fiction fans and anyone looking for an exciting and unique concert experience. MWR Leisure Travel has discounted seats on sale now. Stop by the office located in Bldg. 333 or call 309-782-5890.

Date: **Friday, March 22**

Time: **7 p.m.**

Waves of Honor

Waves of Honor SeaWorld Parks & Entertainment - We Salute Veterans! A one-time limited free admission to either Sea World San Diego or San Antonio per veteran service member and up to three guests. Go to WavesofHonor.com to register for and obtain your free tickets. *These tickets must be obtained online only*

Chicago/Schaumburg Attractions

Experience the best that Chicago has to offer for less with the Top 5 Attraction Pass. This savings pass is your ticket to getting the most out of the must-see attractions in Chicago. Shedd Aquarium, Skydeck Chicago, The Field Museum, Museum of Science and Industry - Chicago, John Hancock Observatory, Adler Planetarium, Art Institute of Chicago. Adult MWR \$83, Gate \$96; Child MWR \$68.50, Gate \$79.

Discount Amusement Park Tickets and More at Leisure Travel

Memorial Day is the unofficial kick off to summer and Leisure Travel has discounts on all kinds of summer activities. Whether you are looking to book a cruise, need help finding a hotel, or just want to ride the rides at Adventureland or Six Flags Great America, Leisure Travel is the place to start. Call 309-782-5890, stop by the office in Bldg. 333 (next to the PX), or [visit our webpage](#) for more info and prices.

Davenport Cinemark 53rd 18 + IMAX Theatre

Leisure Travel is selling Platinum Supersaver Prepaid Admission Tickets to Davenport Cinemark 53rd 18 + IMAX theatre (formally 53rd cinemas and RAVE cinemas) These tickets have no restrictions or expiration date.

Choice Hotels

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Child, Youth & School Services



Covenant Cottage Child Development Home

Covenant Cottage Child Development Home is available for backup, emergency, and hourly care for ages four weeks through 12 years. The home is located on post and is open from 6 a.m. – 6 p.m. Monday through Friday, Tuesday and Thursday evenings and Saturday mornings. Army Family Covenant Guidelines state deployed Soldiers are entitled to 16 hours free respite childcare per child, per month. For reservations call 309-782-6793. We encourage you to call as far in advance as possible because spaces fill quickly.

Army Community Service



ACS is located in Bldg. 110, 1st floor SE; [Visit our ACS website](#) or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here](#). 24/7 Sexual Assault Hotline: **309-229-8412**.

Paint the Island Purple Fridays

October is Domestic Violence Awareness Month. Please help us raise awareness of this important social issue by decorating your work area in purple and breaking out the purple in your wardrobe every Friday throughout the month. Submit pictures of your purple work area and staff to our Family Advocacy Facebook page at www.facebook.com/RIAFAP and remember to always keep OPSEC and social media acceptable use policies in mind, [more info can be found here](#). ([Flyer](#))

Domestic Violence Awareness Month

Domestic Violence Awareness Month, which is October, provides a unique opportunity to raise awareness and educate the community, which is what Family Advocacy intends to do with the scheduled events this upcoming month. Domestic Violence is a serious social problem and national health concern with significant impacts on individuals, families, communities, mission readiness, and is contrary to our Army values. DV stems from an abuser wanting power and control and can be in the form of physical, emotional, financial, etc. According to the Center for Disease Control, one in four women and one in seven men experience DV in their lifetime. DV has a wide range of consequences that may have long term effects, which can include loss of friends, missing work, medical bills, disabilities, and in severe cases death. Through education we as a community position ourselves to foster an environment that is supportive and equipped to provide assistance. As an empowered community we lay the foundation that empowers survivors to speak out, break down barriers, and get the help and support when they are ready. No one deserves to live through the oppressive cycle of abuse. Individuals should be able to live a life that is full of support and empowerment. Relationships are about love, acceptance, and equality - not the cycle of power and control. We hope that through the events and resources provided during Domestic Violence Awareness Month will give you the necessary tools to recognize relationships that could have abusive tendencies whether it is in your own relationships, a friends, or a family members'. Take a

moment and think about the members of your family and your circle of friends and remember that one in four women and one in seven men experience DV in their life time. Is it possible you know someone who has experienced DV? Let's create an environment that will empower them to speak out and get help. Check out the events for this [October on the MWR calendar](#). For more information, to inquire about getting involved, or to participate please feel free to contact Family Advocacy at 309-782-3773. [Follow us on Facebook](#).

Employee Assistance Program



ASAP/EAP is located in Bldg. 56, 1st floor; visit our [ASAP/EAP website](#) or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. In addition, [a list of our classes & groups with dates, locations, and times, is located here](#). [Find us on Facebook click here](#).

Education/Training Review



The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. [Please visit our website to learn more](#).

Higher Education

Have you ever considered all the "choices" you or your family member will need to make for higher education? What school? What degree? What is the cost? Online, in class or both? Why one school would work better over another? What do I want to do when I "grow up?" All those questions can be answered at the next two-day Higher Education Track portion of the SFL-TAP program. This course is designed to guide Soldiers and Family members through the variety of decisions involved in choosing a school, choosing a degree program and funding considerations. Also completing the admission process. In order to better assist our Soldiers, this course is now available for all Soldiers (active/retired) and their Family members. Transitioning Soldiers will have priority. If you are interested in attending please register through Sharon Lampert, transition services manager at 309-782-7780. Registration for the Higher Education Track ends **Nov. 23**. Hope to see you there. Dates: **Dec. 7-8**; Location: Bldg. 6, Rm. 122
Time: **8 a.m. - 4 p.m.**

Area Schools to Visit RIA

The [Army Continuing Education Systems Rock Island Arsenal](#) is coordinating with Quad-City area schools to have them visit with eligible Ed Center patrons where they will meet with school representatives and learn about educational opportunities in the Quad Cities. These visits will take place in Bldg. 56, Room 121, 10 a.m. – 2 p.m. The schedule for this fiscal year is: • Ashford University, **Dec. 17, March 17, and June 16**; • Black Hawk College, **Jan. 14, April 14, and July**

14; • Eastern Iowa Community College, Nov. 5, Dec. 3, Jan. 7, Feb. 4, March 3, April 7, May 5, June 2, and July 7; • Kaplan University, Nov. 19, Feb. 18, May 19, and Aug. 18; • Saint Ambrose University, Jan. 21, April 21, and July 21; • Trinity College of Nursing & Health Sciences, Oct. 29, Jan. 28, April 28, and July 28; • University of Dubuque, Nov. 12, Feb. 11, May 26, and Aug. 11; and • Upper Iowa University, Dec. 10, March 10, and June 9. Meet with school representatives and learn about educational opportunities in the Quad Cities.

Defense Commissary Agency / Exchange



The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: www.commissaries.com ([Facebook](#))



Arsenal Archive



Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

Rock Island Arsenal Historical Society Meeting

The Rock Island Arsenal Historical Society will have its monthly meeting at 6 p.m. on Thursday, Nov. 5, in the Veranda Room of the Arsenal Island Golf Course Clubhouse. The menu for dinner includes a garden salad, roasted turkey with gravy, stuffing, mashed potatoes, green beans, and pumpkin pie. All dinners include rolls, breadsticks, coffee, tea and water. The total cost is \$14 per person including tax and tip. Our event is open to both members and non-members. Interested parties may choose to attend only the program portion of the meeting at 7 p.m. at no cost. Guest speakers will be Bob Schiffke and Connie Curlott from the Buffalo Bill Museum. They will provide information about J. W. Van Sant of LeClaire, "Reminiscences of a Pioneering Riverboat Family." For reservations call Monica at 563-650-4349 or Linda at 563-355-6165 or email chiicaliinda@aol.com. Reservations are due by noon on Monday, Oct. 26. Cancellations must be made by the reservation deadline or you will be liable for cost incurred and billed accordingly. If further clarification is required on this notice, please call Kris Leinicke at 309-782-3518. Visit the RIA Historical Society's Website: www.arsenalhistoricalsociety.org

This Week in Rock Island Arsenal History – Oct. 19-25

Three bandits from the Banditti of the Prairie Gang were hung for the murder of Colonel George Davenport on Oct. 19, 1845, in the village of Rock Island.

Healthbeat

Community Health Promotion Council News

The last Community Health Promotion Council meeting was held on Oct. 6 where RIA senior leaders, subject matter experts from within the RIA workforce, as well as medical community leaders, discussed the health and wellness needs and way ahead for CHPC participants. The Senior Commander, Maj. Gen. Kevin O'Connell, approved CHPC priorities developed primarily using the results of the Community Strengths and Themes Assessment in June 2015, wherein 700 individuals from the RIA workforce voiced their holistic health/wellness needs. The CHPC priorities includes establishing a Health Promotion/Education Campaign." Outside of the amazing newsletters and other media means used to get health and wellness tips to you - we invite you to like and share the [CHPC Facebook page](#). Please [message us](#) as well so we can hear how to make this page part of an effective Health Promotion/Education Campaign for you, our RIA workforce and your family.



Notes for Veterans

Veterans Identification Card

The Veterans Identification Card Act 2015 (Public Law 114-31) was enacted July 20. The Veterans Identification Card Act requires VA to issue veterans an identification card upon their request. In many instances, these cards will be able to serve as proof of service in the Armed Forces in place of the standard DD-214 forms. As indicated in the law, these ID cards would not take the place of a health care enrollment card, a Choice Card, or any additional identification card that confers VA benefits upon the card holder. VA is in the process of reviewing the law and has formed a working group to begin the process of implementation. This process will include outreach to veterans and others to ensure that the law is implemented in the best way possible. VA will publish regulations and solicit public comment before finalizing the program. As these implementation steps are finalized, VA will be reaching out to veterans to explain how they can obtain an ID card. ([More](#))



Around the Q.C.



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- Oct. 27:** [Putnam Pro Series: Programmers Pro II](#) (Putnam Museum, Davenport)
Oct. 27: [A Norwegian Arctic Explorer](#) (Bettendorf Public Library, Bettendorf Rm., 7-8:30 p.m.)
Oct. 29: [Fright Night](#) (The District, Rock Island)
Oct. 29-30: [5th Annual St. Anthony's Haunted Tunnel Tours](#) (St. Anthony's Nursing and Rehabilitation Center, 767 30th St., Rock Island)
Oct. 31: [Trick or Treat](#) (Greater Quad Cities)
Oct. 31: [College Hill-O-Ween](#) (College Hill District Rock Island)
Oct. 31: [Halloween Parade](#) (Downtown Davenport)
Oct. 31: [Halloween Parade Vintage Bicycle Ride](#) (Downtown Davenport)
Oct. 31: [6th Annual Whorror Fest 2015](#) (Holiday Inn Hotel & Conference Center, Rock Island)
Oct. 31: [Annual Dwyer and Michaels Halloween Costume Ball](#) (Hotel Davenport and Conference Center)
Nov. 1: [Governor's Cross Country](#) (Scott County Park, Long Grove, Iowa)
Nov. 4: [12th Annual Quad Cities Go Red for Women Luncheon](#) (RiverCenter, 136 E Third St, Davenport)
Nov. 6: [10th Annual Veterans Day Dance Welcome Home](#) (Jumer's Casino & Hotel Ballroom, Rock Island)
Nov. 11: [Veterans Day Parade](#) (Downtown Davenport)
Nov. 14: [Black Hawk College 5k Hustle](#) (Black Hawk College, Building #1, 6600 34th Avenue, Moline)
Nov. 14: [Veteran's Day 5k Run](#) (American Legion Post 711, Blue Grass, Iowa)
Nov. 20-29: [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)
Nov. 21: [Festival of Trees Parade](#) (Downtown Davenport)
Nov. 21: [Lighting on the John Deere Commons](#) (Downtown Moline)
Nov. 21: [QC Mustache Challenge](#) (Begins at Barrel House 1321 5th Ave, Moline)
Nov. 26: [Scott County Family Y McCarthy Bush Turkey Trot](#) (Davenport YMCA, 606 West 2nd Street)
Nov. 27-29: [25th Annual Quad City Christmas Arts & Crafts Fair](#) (QCCA, Rock Island)
Dec. 4-5: [Christmas in the Village](#) (East Village, Davenport)
Dec. 4-6: [Heartland Emergency Response Conference Expo](#) (QCCA)
Dec. 6: [Holiday Open House](#) (Quad City Botanical Center, Rock Island)
Dec. 6: [Reindeer Ramble](#) (IBEW Union Hall, Moline)
Dec. 6: [Winterfest](#) (Family Museum, 2900 Learning Campus Drive, Bettendorf)
Dec. 12: [Santa Fun Run & Social](#) (1318 4th Avenue, Moline)
Dec. 12: [QC Holiday Expo](#) (Rock Island Center for Math and Science, 2101 16th Ave, Rock Island)
Jan. 8-10: [Bald Eagle Days Environmental Fair and Wild Life Art Show](#) (QCCA, Rock Island)
Jan. 18-20: [24th Quad Cities Farm Show](#) (QCCA, Rock Island)
Jan. 23-25: [Rod and Custom Show](#) (QCCA, Rock Island)
Feb. 1: [35th Annual Motorcycle Parts Swapmeet for the Harley Enthusiast](#) (QCCA, Rock Island)
Feb. 6-8: [Quad Cities Home Builders Home Show](#) (QCCA, Rock Island)
Feb. 18-21: [Fishing, Hunting, and Outdoor Adventure Show](#) (QCCA, Rock Island)
Feb. 26-28: [QCCA RV/Camping Show](#) (QCCA, Rock Island)
March 6-8: [Quad Cities Antique Spectacular](#) (QCCA, Rock Island)
April 1-3: [QCCA Lawn and Garden Show](#) (QCCA, Rock Island)
April 11: [18th Annual In-Fisherman Swap Meet](#) (QCCA, Rock Island)
May 10-11: [Scott County Kennel Club AKC Dog Show](#) (QCCA, Rock Island)

Island Insight



[Col. Elmer Speights, Jr.](#), Garrison Commander; [Eric Cramer](#), Public Affairs Officer; [Mark Kane](#), Editor

The Army publication, [Island Insight](#), is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of [Island Insight](#) are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of [Island Insight](#) is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office. [Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged.](#) All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For [submission of announcements to the \[Island Insight\]\(#\)](#); usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil; Phone: 309-782-1121. [The \[Island Insight\]\(#\) is available on-line.](#)

