



Aug. 5, 2013

Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Island Intranet under "Information" and on the installation website at www.ria.army.mil under "About USAG-RIA" and then "News" and "Local News."

Island Insight Submission: <https://home.ria.army.mil/sites/ii/ii.cfm>

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Ask the Garrison Commander

Hagel Announces Reduction in

Civilian Furlough Days: Hundreds of thousands of Defense Department civilian employees who have had to take a weekly unpaid day off from work since July 8 are getting some relief, as the total number of furlough days has been reduced from 11 to six, Defense Secretary Chuck Hagel announced today. Here is the complete text of the secretary's announcement: When I announced my decision on May 14 to

impose furloughs of up to 11 days on civilian employees to help close the budget gap caused by sequestration, I also said we would do everything possible to find the money to reduce furlough days for our people. With the end of the fiscal year next month, managers across the DoD are making final decisions necessary to ensure we make the \$37 billion spending cuts mandated by sequestration, while also doing everything possible to limit

damage to military readiness and our workforce. We are joined in this regard by managers in non-defense agencies who are also working to accommodate sequestration cuts while minimizing mission damage. As part of that effort at the Department of Defense, I am announcing today that, thanks to the DoD's efforts to identify savings and help from Congress, we will



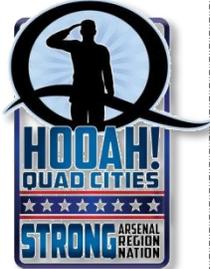
"HOME OF US ARMY LOGISTICS"



reduce the total numbers of furlough days for DoD civilian employees from 11 to six. ([More](#))

New Hiring Initiative to Help

Furloughed Arsenal Workers: Six thousand Department of Defense civilians who work at Rock Island Arsenal are dealing with pay cuts, thanks to unpaid furlough days now in effect. But, there may be some relief in sight. One day a week since the beginning of July, these workers have had to take unpaid days off the job because of federal budget cuts. Now, though, there may be fewer furlough days than originally planned. Pentagon officials say civilian workers may only need to take six to eight unpaid days off - instead of 11 - to meet federal budget reduction goals. But, while that's a little better, many Arsenal workers will still be feeling a big pinch in their wallets. So, the Quad Cities Chamber of Commerce is launching a new initiative, called "Support Those Who Support Our Troops" to help cover the pay gaps. "We've reached out to local staffing agencies and to our business community to see what sort of temporary, part-time needs they may



have that can be filled by furloughed workers," Jillian McClearly, communications director for the Quad Cities Chamber of Commerce, explained. ([More](#)) ([RIA Workforce Reminder: Secondary Jobs Must Be Announced and Ok'd by Supervisors, Furlough or No Furlough](#))

Army Vice Chief Talks 'Ready and Resilient,' Furlough Buy Back: As part of the 'Health of the Force' trip, Gen. John Campbell, vice chief of staff of the Army, visited Fort Drum, July 31-Aug. 1, to review Fort Drum's Ready and Resilient Campaign, known as R2C. ☞ "We really believe that with all the stresses out there," Campbell said. "We have to take our Soldiers from the time they come into the Army and build resiliency within them all the way until the time they get out, not only with our Soldiers and their families, but with our great civilians." ☞ On the topic of civilian furloughs, Campbell said Army officials are working to lessen the impact. "We understand the impact that has on families and the people (who) are furloughed," he said. "The Department of the Army is working hard to make



Upcoming Dates

- Aug. 6-8:** DA Photo Studio Availability
- Aug. 8:** Freedom Run - Downtown East Moline [📍](#)
- Aug. 9:** First Army Organization Day
- Aug. 10:** 10th Annual Xstream Cleanup (Numerous Sites Around the QC)
- Aug. 12-16:** CBWTU Muster Week
- Aug. 12-16:** HQ JMC TA4C (T)
- Aug. 14:** Senior NCO Tenant Mtg, Arsenal Island Golf Clubhouse, 11:30 a.m.
- Aug. 17:** Colonel's Croquet Party – COL Davenport House [📍](#)
- Aug. 19-22:** HQ AMC NCO/SOL Competition
- Aug. 23-24:** Tribute to Our Fallen [📍](#)
- Aug. 26:** Women's Equality Day
- Aug. 26-30:** Unit Prev. Leaders Cert., Bldg. 104
- Aug. 29:** Honor Flight, Moline Airport
- Sept. 2:** Labor Day (*Federal Holiday*)
- Sept. 4:** RIA Employment/Ed. Fair, Heritage Hall
- Sept. 10-12:** DA Photo Studio Availability
- Sept. 11:** Patriots Day, 9/11 Observance Ceremony (T)
- Sept. 11:** Senior Tenant NCO Mtg., Golf Clubhouse, 11:30 a.m.
- Sept. 17:** Constitution Day
- Sept. 17-19:** USAG-RIA Motorcycle Cycle Experience Rider Course [📍](#)
- Sept. 19:** POW/MIA Recognition Day Ceremony
- Sept. 22:** Quad Cities Marathon (Runs across Arsenal Island) [📍](#)
- Oct. 3:** Honor Flights of the Quad Cities
- Oct. 8-10:** DA Photo Studio Availability
- Oct. 9:** Senior Tenant NCO Mtg., Golf Clubhouse, 11:30 a.m.
- Oct. 14:** Columbus Day (*Federal Holiday*)
- Oct. 16:** Disability Awareness Month Fair, Heritage Hall, Bldg. 60, 10:30 a.m. - 1 p.m.
- Oct. 24:** SOHAC, Bldg. 90, Rm 25, 10 a.m.
- Oct. 26:** Retiree Appreciation Day
- Oct. 26:** Lagomarcino's Cocoa Beano 5k on Island



sure that we can hopefully buy back some of the days. We appreciate the value of our great civilians and want to thank them for their dedication and their continued patience to stay with us," Campbell continued. "As I talked to the civilians here, they are more concerned about continuing the mission than they are about the furlough." ([More](#))

First Army Receives New

Commander: Lt. Gen. Michael S.

Tucker was promoted during a

ceremony hosted by

Army Chief of Staff

Gen. Raymond T.

Odierno in the

Pentagon to his

current rank and

assumed command

of the First Army on

Friday. An official

ceremony recognizing Tucker's

assumption of command is being

planned and will be held on Rock Island

Arsenal's Memorial Field, with date and

details yet to be released. ([More](#))



Moore Takes Command of 404th

AFSB, Yahn Heads to RIA's First

Army: Col. James Moore, incoming

commander of the 404th Army Field

Support Brigade, headquartered at Joint

Base Lewis-McChord, Wash., receives

the brigade colors from Maj. Gen. John Wharton, commanding general of the Army Sustainment Command and Rock Island Arsenal, Ill., during a change of command ceremony July 30, on Watkins Field. Col. Leafaina Yahn, former brigade commander, will now be the G-4 (Logistics) at First Army headquarters, Rock Island Arsenal. The ASC supports Army and joint forces in support of the combat commanders around the world. The 404th AFSB is one of seven brigades in the command. ([More](#))

First Army Soldiers Prepare for Disaster Scenario Training Roles:

First Army Soldiers arrived here over the weekend to begin supporting the disaster scenario exercise

Vibrant Response as

Observer / Controller /

Trainers (O/C/Ts). First

Army and U.S. Army

North will lead Vibrant

Response training July 27 through Aug.

23. Vibrant Response is a realistic

disaster-response exercise for

approximately 5,500 National Guard

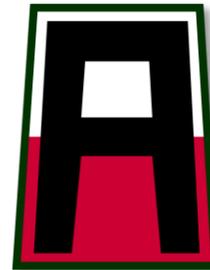
service members and Department of

Defense civilians. First Army mobilizes,

trains, validates, deploys and

demobilizes all Army National Guard

and Army Reserve forces throughout the



continental United States, and provides trained and ready forces for diverse missions. ([More](#))

LOGCAP Executive Director

Appointed to SES; Thrilled About

Helping Others: Like his father, the

new executive director of

the Logistics Civil

Augmentation Program,

better known as LOGCAP,

has landed the job of his

dreams. Jay T. Carr was

formally appointed to the

Senior Executive Service, Army

Sustainment Command, during a

ceremony here Aug. 6 in Heritage Hall.

He heads up a program that has greatly

benefitted those who have served in Iraq

and Afghanistan. ([More](#))



New Defense Bill Contains \$150

Million for Arsenals: A new defense

spending bill includes funding for the

Rock Island Arsenal to help transition

the facility into peacetime. The 2014

defense appropriations bill that passed

the Senate Defense Appropriations Sub-

Committee on Thursday contains \$150

million to be distributed among the

Rock Island Arsenal and arsenals in

Arkansas and New York, according to

the office of U.S. Sen. Dick Durbin, D-

Ill. ([More](#))



Park Rangers Focus on Safety,

Preserving Natural Resources: Sitting in a gator utility vehicle, park ranger Kim Strunk pointed to a large tree with rough, lined bark. Wood from the healthy black walnut would be great for high-quality furniture and gun stocks, he said. "Not this one. We're preserving these trees for future generations to enjoy the outdoors." Mr. Strunk is a park ranger for the U.S. Army Corps of Engineers at the Mississippi River Project Office at Lock and Dam 14 between LeClaire and Hampton. ([More](#))



US Army Corps of Engineers
Rock Island District

White House Launches SAVE Awards for Cost-paring Ideas:

Federal employees can submit their cost-cutting ideas through the White House's annual SAVE Awards campaign that kicked-off today, administration officials said. SAVE stands for Securing Americans Value and Efficiency. The campaign, which runs through **Aug. 9**, stems from President Barack Obama's belief that federal employees are best poised to



generate effective and efficient ways to ensure good stewardship of taxpayer dollars, officials said. ([More](#))

Freedom 5K Run: A 5K run tribute and appreciation event for those who serve(d) will be held



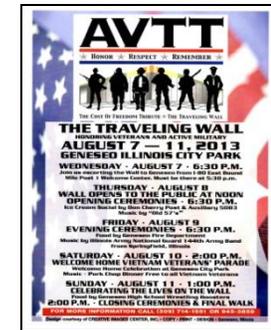
Thursday, **Aug. 8**, at 6:30 p.m., in East Moline, Ill. Proceeds will benefit the USO/AUSA emergency relief grant program. There will be a Howitzer start, flag-lined course, military vehicles on display, specially designed t-shirts, and custom trophies for the first 20 males and females in the 5K. After the race enjoy refreshments and music by The Dani Lynn Howe Band. In addition, the chow hall will be serving hot dogs, beans, and chips. All the festivities will take place at the Quad Cities Running Club HQ at 733 15th Ave., East Moline. **Register! Register! Register!** Go to www.freedomrun5k.org and get hooked into this amazing military supportive event.

Terror Threat Closes U.S. Embassies, Consulates: Police presence around the U.S. Embassy here remained high Sunday as more than 20 U.S. embassies and consulates across the region closed

and a worldwide travel alert remained in effect because of a terrorist threat. The travel alert, effective until the end of the month, warned U.S. citizens that al-Qaida and affiliated groups continue to plan terrorist attacks particularly in the Middle East and North Africa. Meanwhile, international police agency Interpol issued a global security alert on Saturday advising increased vigilance after a series of prison breaks with suspected al-Qaida involvement in countries including Iraq, Pakistan and Libya. ([More](#))

American Veteran Traveling Tribute and Traveling Wall:

For one week the Vietnam Traveling Wall will call Geneseo home. Wednesday, beginning on **Aug. 7** the community will welcome the exhibit with a Patriot Guard and local police escort down flag adorned streets. The wall will be located at the north side of City Park on Pearl Street between State and Center Streets. It will open to the public Thursday, **Aug. 8**, at noon. Opening ceremonies begin at 6:30 p.m. followed



by an ice-cream social and music entertainment. Saturday, **Aug. 10**, a “Welcome Home Vietnam Veteran’s Parade will begin at 2 p.m. A pork chop dinner will be served and all Vietnam veterans will receive a complimentary meal for their sacrifice and service. The event will draw to a close on Sunday with a 1 p.m. memorial service honoring all area men who lost their lives. The exhibit will close officially at 3 p.m. ([More](#))

New Hope For Dodging Sequester:

Senate Republicans and senior White House officials have quietly begun talks about the kind of sweeping fiscal legislation needed to lessen or void sequestration, raising hopes of a deal from miniscule to slight. In a series of interviews last week with GOP senators involved in the talks, the lawmakers confirmed the negotiations — which will kick into high gear this fall — have begun covering what they agree upon and what they don’t. The former includes finding a way to ease the pain of twin \$500 billion defense and domestic cuts, while the latter includes simply agreeing on the size of the federal deficit. ([More](#))



Hagel Gives Two Options For 2014

Sequester: Defense Secretary Chuck Hagel on Wednesday laid out two routes for the military if sequestration cuts continue into 2014 — reduced size or reduced capability. During a press briefing at the Pentagon, Hagel said the military could continue to ostensibly function its full capability by slashing the size of the active-duty Army, or it could maintain roughly its current size by eliminating weapons programs and pulling back research and development of cyberwarfare tools. ([More](#))



Army’s Problems Go Deeper Than

SCMR: Few in the Pentagon or the defense industry liked what they heard Wednesday at Defense Secretary Chuck Hagel’s press conference announcing the findings of his four-month Strategic Choices and Management Review (SCMR). But the Army probably didn’t like what it didn’t hear, as well. ... Not



only was the Army left out of the list of critical programs, but under either plan it would also take by far the largest hit in terms of end strength. ([More](#))

House Passes Bills to Halt Bonuses, Increase Transparency of Feds:

The House is cracking down on government waste and abuse, passing a slew of bills over the last few days aimed at improving government accountability. On Thursday, the House approved the Stop Government Abuse Act (H.R. 2879) by a vote of 239-176. Rep. Lynn Jenkins (R-Kan.) introduced the bill. It combines three other bills — the Common Sense Compensation Act (HR 1541), the Government Employee Accountability Act (HR 2579) and the Citizen Empowerment Act (HR 2711) — all of which originated in the Oversight and Government Reform Committee. ([More](#))



An End to Civilian Pensions for Military Retirees?:

To address long-term sequester cuts, the Defense Department is mulling numerous reductions that will affect civilian employees, including doing away with



civilian employee pensions for military retirees who go back to work for the government as civilian employees. The savings could be almost \$100 billion over 10 years when combined with a halt to commissary subsidies and restrictions on the availability of unemployment benefits, Defense Secretary Chuck Hagel told reporters last week in summarizing the recommendations of the newly completed "Strategic Choices and Management Review." ([More](#))

Hagel: Pay, Benefits and Force Will

All Shrink: Defense Secretary Chuck Hagel for the first time on Wednesday offered details of how today's budget cuts will impact the military over the next decade, suggesting the Army and Marine Corps force levels could drop to historic lows, the Navy's carrier fleet will face reductions and the some fighter jet squadrons will be permanently eliminated. Military pay and benefits also could take a big hit in the form of smaller pay raises, reduced housing allowances, cuts to overseas cost-of-living adjustments, and limits on access



to military health care for younger retirees. ([More](#))

Proposal to Reduce Fed Workers' Comp Benefits Attached to Postal

Bill: A provision in bipartisan Senate postal reform legislation would overhaul workers' compensation policies for all federal employees. Titled the 2013 Workers' Compensation Reform Act, the provision -- introduced by Sens. Tom Carper, D-Del., and Tom Coburn, R-Okla. -- would cut benefits for federal workers injured on the job once they reach retirement age. Currently, federal employees receive 66 2/3 percent of their basic salary tax-free, designed to approximately replicate their entire post-tax salary. ([More](#))

Opponents Say House Bill Vilifies

Feds: The House passed the Stop Government Abuse Act, a bill that House leadership says "gives families and small business owners some of the tools they need to guard against needless government harassment," but which opponents say cultivates a distrust of federal employees. ... "H.R. 2879 allows for the recording of either in-person or telephone interactions with federal employees with the public, without the consent of the employee. The bill makes no exemptions, including law

enforcement-related investigations," she said. "All this provision does is create suspicion of hard-working patriots, who despite a three-year pay freeze and seemingly constant vitriol, serve their country and community on a daily basis." ([More](#))

House Passes Bill to Improve Federal Customer Service

The House on Friday approved a bipartisan bill aimed at improving customer service from federal agencies. The measure, sponsored by two Texas congressmen, Henry Cuellar (D) and Michael McCaul (R), would require the Office of Management and Budget to set government-wide customer service standards, including targets for response times. It would also establish a specialized team to help agencies that consistently fail to meet the goals. ([More](#))

AUSA Wins Best Overall Chapter

The Mel Foster Co. would like to congratulate the Rock Island Arsenal Chapter of AUSA for winning the Best Overall Chapter for 2012/2013! Hooah!

Furlough Changes to DPW

Workorder Operations: The Public Works Workorder desk will be changing hours of operation due to furlough. The



desk will be manned 6 a.m. – 2:30 p.m. Monday - Friday. Work requests can still be emailed and callers may leave a voicemail. Issues requiring more immediate attention outside of the hours listed above should be called to the RIIS operator at the hydro-electric plant, (309) 782-1644. POC is Scott Bach, (309) 782-5007.

Cafeteria Hours of Operation During the Furlough Period:

Although the cafeterias in buildings 350 & 212 will have reduced hours during the furlough period, the Bldg. 60 cafeteria will remain open every Friday, but will close at 1 p.m. [Please click this link](#) for more information.



Change in Hours Military ID/CAC Office:

Effective Monday, July 1, the hours of operation for the Military ID/CAC Office will be changed due to the government furlough. We will be open Monday through Thursday with first appointment at 6:20 a.m. and the last appointment at 2:30 p.m. Our office



will be closed every Friday beginning **July 12** until **Sept. 30**. [To schedule appointments, please use our online scheduler](#). Or you can call our office at (309) 782-0596.

Furlough Notification - Garrison Payroll Customer Service Support:

Furlough-Based Change in Hours for Garrison Resource Management Office, Bldg. 90, 3rd Floor. Effective **July 12**, the hours of operation will be changed due to the furlough. The office will be closed every Friday beginning **July 12 – Sept. 20**. Payroll CSR support will be available Monday through Thursday, 7 a.m. to 4:30 p.m.

Change in Hours for RIA Legal Assistance Office:

Effective June 24, the hours of operation for the RIA Legal Assistance Office will be changed due to the government furlough. We will be open Monday – Thursday, 8:30 a.m. – 5 p.m., with lunch from 12-12:30 p.m. Our office will be closed every Friday beginning **July 12** until **Sept. 30**. To schedule appointments, please call our office at (309) 782-1443.



Furlough-Based Change in Hours for Garrison DPTMS Installation Security Intelligence Office:

Effective Monday, **July 1**, the customer service hours of operation for the Garrison DPTMS Installation Security Intelligence Office will be changed due to the government furlough. We will be open Monday – Thursday, 8 a.m. – 3 p.m. Our office will be closed every Friday beginning **July 12** until **Sept. 30**. To schedule fingerprint appointments, please send fingerprint appointment request via [email](#). Please send System Access/Authorization Request, and JPAS Visit Requests [to this email](#).

Furlough-Based Change in Hours for Visitor's Control (Bldg. 23) and Badging Desk/CAC Reset Office (Bldg. 225 North):

Effective July 1, the hours of operation for Visitor's Control (Bldg. 23) and Badging Desk/CAC Reset Office (Bldg. 225 North) will be changed due to the government furlough. We will be open Monday through Thursday with the first appointment at 6 a.m. and the last appointment at 3:30 p.m. Our office will be closed every Friday beginning **July 12** until **Sept. 30**.



RIA Transportation Division: The Passport Office will be closed on Mondays during the Furlough. The Freight Branch will be closed every other Friday and Monday during the furlough based on JMTC's schedule.

Garrison Employment/Education

Event: The Garrison will be hosting a combined Employment/Education Event on Wednesday, **Sept. 4,**

9 a.m. – 2 p.m., in the Arsenal's Heritage Hall, Bldg. 60. If you missed the first big event in April mark your calendar now. More than 40 employers from throughout the Midwest attended as well as several academic institutions. Several valid job offers were made and accepted. The event will have expanded employer's participation; Veteran Service Organizations to assist with resources and resume development; and up to 20 academic institutions in attendance with both local and on-line education programs. Academic institutions will provide information regarding educational opportunities for Soldiers, veterans, Family members and federal civilians. Employers will have jobs available in locations nation-wide as



well as in the Quad Cities area and throughout the Midwest. The event represents a great opportunity for employers to review resumes, interview candidates and potentially hire on the spot. Academic institutions will have the experts on hand to provide information on programs of study as well as on the GI Bill and scholarship opportunities. For additional information you can contact [Ethel Robinson](#), event coordinator, (309) 782-2913/6346, or [Stephanie Allers](#), alternate at (309) 782-2913.

VIOS Schedule for August,

September, and October: Official DA Studio Photography (DA, Government passport and command photos) will be offered at Rock Island Arsenal **Aug. 6, 7, and 8; Sept. 10, 11, and 12; and Oct. 8, 9, and 10.** Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the Visual Information Ordering Site at www.vios.army.mil for the available times: 7 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the VIOS site for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active duty Soldier's DA photos; 2. Official

Government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - command photos will be printed and available digitally. Additional prints can be ordered in VIOS. To obtain an official Government passport photo: 1. Schedule a passport photo appointment at the RIA VIOS website. 2. Go to Transportation to obtain a printed DA Form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA Form 3903 to the photographer before the passport photo is taken. You will receive two 2" x 2" passport photos. All scheduled dates can be found on the RIA VIOS website FAQ.

Blood Drive: The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Thursday, Aug. 15, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2nd shift** blood drive will be held



in the Cafeteria (Bldg. 210) beginning at **6:15 p.m. on Aug. 23**. A **3rd shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on Sept. 27**. To sign up for a blood drive held on either the 2nd or 3rd shift, donors should contact their shift supervisor. The DMC (Distribution Management Center) in Bldg. 350 will host a blood drive on **Thursday, Aug. 29, 1-5 p.m.** Donors who work in Bldg. 350 and wish to give blood at this drive may contact Master Sgt. Brandon Cronise at (309) 782-3711. ([Blood Transfusion En Route to Trauma Center Keeps Navy Vet Alive](#))



Charlie Corpuscle Says, "Blood donations are needed this summer to assure a safe and stable blood supply in our community. To accommodate the impending furlough schedules, we have amended the Rock Island Arsenal blood drive schedule for the months of July, August and September. We hope that these dates can be worked into your schedule, and that you'll be able to help with a blood donation(s) this summer."



The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).

Rock Island Arsenal Retiree

Appreciation Day: Mark your calendars and get ready to RSVP for the "social event of the year" - Retiree Appreciation Day. This year's event will be Saturday, **Oct. 26**, in Bldg. 60, in Heritage Hall, 7 a.m. – 1 p.m. Additional information is available by calling (563) 322-4823 or (563) 445-0191.

Arsenal Island Employee Local

Discounts: The following discounts are exclusively available to Arsenal Island employees –

Bennigan's Rock

Island: Arsenal employees, service men, service women you are always welcome at Bennigan's in Rock Island, and to show you how much your welcome here, we offer a 25 percent discount off your meal, any day any time (☺).

Pepperjack's Restaurant & Lounge in



Davenport: Rock Island Arsenal employees receive 20 percent off their Pepperjack's entrée when they present their Arsenal identification card (one discount per ID) (☺). **New Life Chiropractic Clinic:** Arsenal Island employees, we're offering you a 20 percent discount on our services (☺). **Goebel Family Dentistry:** Active duty members of the military receive a 10 percent discount on all services. All other Arsenal civilian employees who are new patients can receive either the free exam and x-rays or a free whitening treatment on their first visit (☺). **Big Mouthz BBQ:** We're offering all public employees (city, county, state, and federal) \$1 off their order every Monday (☺). *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*

2013 Cards for the Troops: Join us for the 6th Annual Cards for the Troops at the Arsenal Island Golf Course clubhouse for a heartwarming evening of stamping cards for our deployed troops to mail home to loved ones. 20,000+ cards sent to date! RSVP at mssipple1@gmail.com. Packagers needed also. Please bring one roll of Scotch double-sided tape. Date: **Tuesday, Sept. 24**



Time: **6:30 p.m. - 9 p.m.**

"Bridging The Gap" – Stand Down for Homeless Veterans: Bridging The Gap-QCA will be holding a Stand Down for Homeless Veterans **Sept. 19, 20, & 21**, at the QCCA Expo Center in Rock Island. The purpose of Stand Down is to provide a one-stop-shop for homeless veterans to find homeless services. 30+ Quad-Cities area agencies are expected to attend the event to offer services to homeless veterans. "Bridging the Gap" Homeless Veterans Stand Down is more than an assemblage of services. It is a group of volunteers and participants brought together in the spirit of caring and respect. They hope to inspire the hope, strength and will of the homeless veteran so each can gather the individual, internal energy and initiative to rebuild his or her life. Registration is required for the event and will take place **Sept. 19**, 4-6 p.m., and **Sept. 20**, 7 a.m. – 12 p.m.



The Study of Revelation: Come join the ASC Chaplain's Office in a series of teachings from the book of Revelation.

Lunch is provided for the first meeting. Location is the chaplain's conference room located in Bldg. 390, basement, NE corner. For more information please call Sgt. DeLong at (309) 782-0910. We look forward to seeing you.
Date: **Wednesday, Aug. 14**
Time: **11:30 a.m. - 12:30 p.m.**

Arsenal Attic Thrift Shop and Boutique: Visit the attic ... the Thrift Shop is packed with great merchandise for sale. Open every Tuesday and Thursday, 9 a.m. – 3 p.m., and Saturday, **Aug. 17**. Parking available. Attention consignors - the 2013-2014 forms are now available at the RIAWC website. Current limit of 15 items per day. POC: (309) 782-6977.



Great Marriages Luncheon and Workshop: Luncheon 11:30 a.m. - 1 p.m., and workshop 1:30-3 p.m. at the Arsenal Club, Bldg. 60. Soldiers – DA Civilians Spouses with limited seating, register your attendance early to participate in this "Great Marriages" address and workshop. No cost to participants for lunch or the workshop, but tickets are



required. For more information and tickets contact CH Kevin Wilkinson at (309) 782-9421
Date: **Wednesday, Aug. 28**

Assumption of Mary Service: Please join Father Brothersen as he offers a special Catholic Mass for this Holy Day of Obligation. The Mass will be held in Bldg. 60 in the Arsenal Club room. This is open to anyone who would like to participate. POC: Sgt. DeLong at (309) 782-0910.
Date: **Thursday, Aug. 15**
Time: **11:30 a.m. - 12:15 a.m.**



8th Annual Humane Society Doggie Dip: Dogs of all ages, shapes and sizes can enjoy a refreshing swim in the Fejervary Family Aquatic Center pool at 1800 W. 12th Street near the Putnam Museum in Davenport on Friday, **Aug. 9**, 6-7:30 p.m. Admission is \$4 per dog, free for people. Pet parents must show current rabies vaccination certificate for admission. The pool has a zero-entry walk-in at the shallow end so dogs can enter and exit



the water easily. Dogs must be leashed when not in the water. Raffle tickets to win great prizes can be purchased at the event. Cash and non-cash donations of items from the Humane Society of Scott County Wish List – laundry detergent, dryer sheets, antibacterial soap, etc. – are very much appreciated. A complete list of items is available at the Humane Society of Scott County website www.hssc.us. Event sponsor Unified Financial Strategies will match a portion of raffle ticket sales and cash donations to the HSSC.

Antiterrorism Awareness Message, Suspicious Activity:

Terrorists are determined and have evolved over the course of the last ten years to meet our defensive strategies head on. Because of their determined tactics, new threats and intelligence, our efforts must also evolve.



Antiterrorism is the Army's defensive program to protect against threats to our nation. Increasing our awareness and vigilance coupled with sound planning is a start in deterring attacks in the future; and, ensuring the safety of those who live and work within the Rock Island Arsenal community. Therefore,

we ask everyone to support this month of training and awareness. By doing so, we will enforce the foundation that Rock Island Arsenal has built upon and ensure our continued success. iWatch is bringing awareness up to date with regional current events. A lot of things have changed since the Fort Hood incident in 2009 and the Boston Marathon incident in May. We all need to be vigilant to what goes on around us, on and off the installation. What is iWatch Army: iWatch Army is a modern version of neighborhood watch focused on the threat of terrorist activity. iWatch Army is designed to heighten public awareness to the indicators of terrorist activity and encourage reporting of suspicious behavior or activity to Military Police or local law enforcement agencies for investigation. Rock Island Arsenal has instituted the iWATCH program and has provided an interactive reporting system on the RIA home page. Trust your instincts ... if it doesn't look right report it. What activities to report: (but not limited to) • Anyone drawing or measuring important buildings • Strangers asking questions about security procedures • Any Suspicious packages left unattended • Cars or trucks left in No Parking zones in front of important buildings • Intruders found in secure areas • Chemical smells or fumes

that worry you • A person wearing clothes that are bulky and/or too hot for the weather. Information to report: 1. Date and Time 2. Where it happened 3. What you witnesses 4. A description of who was involved Male or female? How tall? Build? Hair color, skin color, age? English speaking or another language? 5. Was there a car? Note the license plate number. 6. Have you seen this activity in your area before? Remember, see something ... say something. Report all suspicious activity to 9-1-1.

Trivia Night at St Albans: Come enjoy a friendly evening of trivia at St Alban's Episcopal Church on Saturday, **Aug. 10**, during their summer trivia season. Price is \$10 per person with teams of up to 8. Cash prizes to the winners. Lots of door prizes. BYOB. Contact George Eaton to reserve table. eatongeo@msn.com 3510 W Central Park. Time: **7-10 p.m.**

2013 WID 2nd Annual Fashion Show: Saturday, **Aug. 31**, 11:30 a.m. at Isle of Capri. \$35 per person, \$65 for two, \$240 for table of 8. (Includes lunch, beverages, silent auction, and prizes) Registration due by Friday, **Aug. 23**. ([Flyer](#))



Arsenal Traffic/Construction

☉
There are announcements this week for Arsenal Traffic/Construction.

Building/Space Closures

☉
Visitor Center Closure: On **Sept. 15**, the Visitor Control Center at the Moline Gate will permanently close due to the elimination of Security Assistant authorizations within the Directorate of Emergency Services. The ID card section of the building will continue to operate. As a result, the services listed below will no longer be provided or resourced by the Garrison: • Foreign National Processing for Official visits will be conducted IAW AR 380-10 guidelines by the Command/Tenant responsible for the visit. • Building / Facility Visitor Passes will no longer be issued by the Garrison for visits to your facilities. Commanders and Managers may institute a visitor pass for their facility if so desired, or, escort visitors within their facility. • Camera Passes will no longer be issued by the Garrison. Commanders and Directors of facilities may post sensitive areas as no photography areas and either escort or

provide local camera passes to take pictures in these areas under their control. All other access control requirements will be conducted at the gate effective **Sept. 15**. My POC for this action is the DES Physical Security Division Chief, Glen Steltenpohl, at (309) 782-2715.

Repairs to Handicap Ramp on Bldg. 62: Effective July 25, the Directorate of Public Works will begin a project to replace the deteriorated exterior handicap ramp on the southeast corner of Bldg. 62. The repair will include the replacement of the steps, ramp, adjoining sidewalk and handrails. The entrance doors will be blocked during construction. Signage and safety barriers will be positioned at appropriate locations. The work is scheduled (attached) to be complete by **Oct. 31**.

Active Duty/Reserve Zone

☉
Military Family Fun Night: Military members, bring your entire family out Saturday, **Aug. 24**, 4 - 8 p.m., for a fun night of picnicking and swimming, all courtesy of your friends at Army Community Service. There will be a picnic at Longview Park from 4 - 6 p.m.

followed by swimming at Whitewater Junction from 6 - 8 p.m. This entire event is free of charge to Military Families. RSVPs are required and can be made by calling (309) 782-3049. ([Flyer](#))

Senators Join Push Toward a Common Combat Uniform: The powerful Senate Appropriations Committee has joined the campaign to get the services to share a common combat uniform, including a provision in a 2014 defense funding bill that would put an immediate end to the development and fielding of service-unique utility uniforms. Earlier this year, the House of Representatives passed its version of the 2014 defense authorization bill that included a similar provision. The House-passed provision in HR 1960 gives the Defense Department 180 days from the signing of the bill to issue new guidance about sharing camouflage patterns and designs for combat clothing. ([More](#))

MRE Production for 2014 Does Away With Lasagna, Refried Beans, Fajitas: Barbecue shredded beef, vegetarian taco pasta, and seasoned black beans will replace chicken fajitas, vegetable lasagna, refried beans and potato cheddar soup in the 2014 production of



Meals, Ready-to-Eat. Each year, the Combat Feeding Directorate goes into the field to test new food items with the warfighters and get input on existing food items, said Jeanette Kennedy, a senior food technologist at Natick Labs, Mass. ([More](#))

Military Immunization Program:

Army Medicine in collaboration with Military Vaccination Agency (MILVAX) ensures that every Soldier, family member, Department of the Army Civilian and health beneficiary receive all required immunizations and obtain their influenza vaccinations to ensure the Army is a healthy and mission-ready force. Annually, in the U.S., influenza causes more than 150,000 hospitalizations due to serious complications, and more than 30,000 deaths among an estimated 25 million reported cases. Vaccination is the best method for preventing influenza and its complications. The month of August has been designated as National Immunization & Influenza Vaccination Awareness Month. ([More](#))

Powering the Force: Tactical Electric Power (TEP) is a combination of materiel and non-materiel solutions that provide technologically-advanced, tactical, lightweight, portable, reliable,

and rugged power generation, distribution, and environment controls. ([More](#))

Safety Spotlight



Safety is a Team Effort: A true commitment to safety by the employees and the employer will help provide a safe working environment for all. Too often shortcuts become acceptable in order to meet deadlines. A shortcut can easily lead to serious injury or fatality -- not necessarily every time, but sometimes. ([More](#))

Headphone/Earphone Use Prohibited on Arsenal Island: The Army Safety Program ([AR 385-10, Section 6-5](#))

states: Using headphones or earphones while walking, jogging, skating, and bicycling, including pocket bike, motorcycle or moped on Army installation roads and streets, is prohibited. Public, family, and recreational safety programs are an essential part of the Army Safety Program that must continually heighten accident prevention awareness during all



on-duty and off-duty recreational programs for Soldiers, Army civilians, and their families. Sports and recreational activities continue to rank high as a major cause of accidental injury. We ask for your kind cooperation in helping to prevent accidents due to distractions.

Motorcycle Safety Course: The USAG-RIA Safety Office will be sponsoring upcoming Motorcycle Rider Courses. This cycle rider safety training program will be certified by the Motorcycle Safety Foundation. The courses are designed to help riders manage their risk and increase their skills through riding and classroom instruction. Per DODI 6055.4, DoD Traffic Safety Program, military personnel who operate motorcycles must be appropriately licensed to operate on public highways and must have successfully completed an approved rider or operator safety course meeting the MSF-based State-approved curriculum. Any Soldier operating a motorcycle on the Rock Island Arsenal must be in possession of an MSF card when they ride to verify completion of required training. The next one-day Experienced Rider Courses are scheduled to be conducted on **Sept. 17-19**. Registration for all courses is



through the web-based AIRS system at <https://apps.imcom.army.mil/AIRS>. For further information, please contact [Michael Chaplin](#), IMRI-SO, at (309) 782-2314/1380, or [Nancy Carlson](#), IMRI-SO, at (309) 782-2309.

Equal Opportunity Focus

☉ **Mark Your Calendars -- Disability Awareness Month Fair:** The Garrison EEO is hosting a Disability Employment Awareness Month Fair on **Oct. 16**, 10:30 a.m. – 1 p.m., in Heritage Hall, Bldg. 60. The theme for Disability Awareness Month this year is "Because We Are Equal to the Task." For any additional information or special accommodations needed – please contact [Carmen Ausborn](#), disability employment program manager, (309) 782-2927.

Furlough-Based Change in Hours for Garrison EEO Office: Due to the furlough, the Garrison EEO Office will be closed every Friday, **July 12 – Sept. 20**. Questions may be addressed to [Shirlene Appleby](#), (309) 782-7747.

Traditional Pow Wow to Be Held on Arsenal Island: There will be a traditional Pow Wow on Arsenal Island

on **Sept. 28**, 1-6:30 p.m., at Memorial Field, honoring women veterans and grandmothers. There will be dances, traders and vendors. Traditional dance categories will include seniors (68+), adults (30-67), and young adults (18+). POC: [Ruth Pushetonequa](#), (641) 260-1524.

Morale, Welfare & Recreation (MWR)

☉ **Visit the MWR website at www.riamwr.com for information on all MWR programs. Also [click here](#) to become a fan on Facebook, or Twitter [@golf1897](#), and stay up to date on all the great MWR offerings here at the Arsenal.**

MWR Hours of Operation During Furlough: All MWR facilities will remain open without any changes in number of hours of operation or levels of service during the furlough period so stop on by for a round of golf and lunch at the golf course & clubhouse, a quick oil change at the Auto Shop (appointment required), get in a quick workout at the Fitness Center or come see us at any of our other great MWR facilities. Rest assured that our mission to support military members, families,

retirees and civilians remains unchanged despite these challenging times. www.riamwr.com

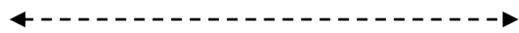
Arsenal Club Bar (Bldg. 60) Change in Hours of Operation: Due to the furlough and the lack of personnel on the Island on Fridays, the Arsenal Club Bar will no longer be open on Fridays but will be open on Wednesday and Thursday evenings from 3-7 pm. Gather up your friends and coworkers and enjoy some après work food and drink. ([Flyer](#))

August Edition of the Auto Skills Newsletter: Check out the latest edition of the Auto Skills Newsletter for some great tips from our ASE Certified Master Mechanic on how to maintain your high mileage vehicle. Also in this month's issue, you'll find upcoming dates for our free vehicle inspection day, oil change clinic and oil change special. ([Newsletter](#))

Volunteers Needed for QC Marathon: The Fitness Center is looking for volunteers to assist on the island for the QC Marathon on Sunday, **Sept. 22**, 7 a.m. - 12:30 p.m. Areas needed for support are water stations, traffic, runner control, etc. If you are interested please contact Desiree at the Fitness Center, (309) 782-6789.



MWR RV Lot Key Access: Authorized and paid up patrons of the MWR RV Storage Lots may now also sign out the access key out at the MWR RIA Golf Pro Shop seven days a week. The keys will still be available at Outdoor Recreation and at the Fitness Center. Call (309) 782-8630 for more info.



MWR Leisure Travel Office



Office Hours: Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

Aurora Outlet Mall Shopping Trip:

Join us on this shopping trip to 120 outlet stores. Find impressive savings at Ann Taylor, Armani, Banana Republic, Calvin Klein, Coach, Cole Haan, Elie Tahari, Gap Outlet, J.Crew, Kenneth Cole, Lacoste, Nike, Polo Ralph Lauren, Salvatore Ferragamo, Sony, Theory, Vera Bradley and more. Seats are \$41 and you can make your reservations by calling (309) 782-5890. Bus is filling up fast. [Click here for the outlet mall website.](#) ([Flyer](#))

Date: **Saturday, Aug. 24**

Time: **6:30 a.m.**

Ringling Bros Barnum & Bailey

Presents – Dragons: For the first time in circus history, myth and majesty will share the arena during this must-see family event that can only be witnessed at The Greatest Show On Earth®! Experience circus spectacles so incredible that once again you will believe in the unbelievable! Contact LTO for dates and discounted prices (309) 782-5890.

Date: **Aug. 30 - Sept. 2**

Time: **Varied**

Circa 21: Southern Crossroads:

Back by popular demand. Southern Crossroads follows a traveling family of singers and musicians who arrive at their new gig in Virginia finding the doors locked and the theatre out-of-business. Knowing, however, that "the show must go on," this gifted family of musicians decide to bring entertainment to the locals. Discounted seats available.

Date: **Saturday, Sept. 14**

Disney Junior Live: Producers of Disney On Ice and Disney Live!, is taking top performing cable TV series for preschoolers to the stage in Disney Junior Live On Tour! – Pirate and Princess Adventure. Featuring characters from the smash hits Sofia the

First and Jake and the Never Land Pirates. \$20 lower and \$14 upper bowl. Date: **Friday, Oct. 18**
Time: **6:30 p.m.**

Outdoor Recreation Summer

Entrance: Effective May 20, Outdoor Recreation Patrons were asked to use the back entrance of Bldg. 333 for equipment pickups and returns. This will make it easier for patrons to load and unload equipment from their vehicles. For more information please phone x-8630.

Six Flags Great America: Thrill-seekers are sure to enjoy one of our amazing roller coasters. We have a variety of out-of-this-world coasters, including Viper, Batman The Ride and Raging Bull, the world's first hyper-twister coaster. In total, the park has nearly seven miles of thrilling coaster track. Discounted tickets adult/child \$36.

Mount Olympus Waterpark: One of the world's largest wave pools, some of the fastest rivers and steepest slides make Mount Olympus is the best attraction for outdoor summer time fun. Wristbands on sale for \$28, a \$11.99 savings.



Six Flags Saint Louis: An amazing theme park featuring awesome rides, great shows, and incredible attractions, plus Hurricane Harbor water park. Discounted one-day admission tickets for adults/children \$36.

Adventureland Park: Adventureland Amusement Park contains more than 100 rides, shows, and attractions including some of the country's most exciting roller coasters and thrill rides that can challenge the most avid amusement park enthusiasts. There are also plenty of rides for less adventurous guests as well as a full complement of children's rides. Discounted tickets \$30.

Davenport RAVE Theatre: Leisure Travel will be offering for sale Platinum Supersaver Prepaid Admission Tickets to RAVE theatre in Davenport (formally 53rd cinemas) These tickets have no restrictions or expiration date.

Movie Night Gift Cards at Leisure Travel: Stop by the Leisure Travel Office and pick up a gift card for \$27 that is redeemable at the Regal Moline Stadium Theater for two adult movie tickets and \$10 in concessions. These make great for a present for that special someone in your life. The Leisure Travel Office also is once again selling

discounted single movie tickets for \$8.50. Call (309) 782-5890 for more info. ([Flyer](#))

Child, Youth & School Services

Army Certified Family Child Care Provider: Would you, or someone you know, be interested in becoming an Army Certified Family Child Care provider for the Arsenal? We are always looking to bring more FCC providers into our program. You would be doing childcare out of your home with access to our lending closet for borrowing supplies, as well as certified training provided through the Arsenal. For questions or more details contact our FCC director Nancy Lawson at (309) 782-0813.

Army Community Service (ACS)

ACS is located in Bldg. 110, 1st floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click](#)



[here](#). **24/7 Sexual Assault Hotline: (309) 229-8412**

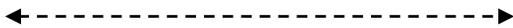
Army Community Service Celebrates 48 Years of Assisting Families: Army Chief of Staff Gen. Harold K. Johnson sent a letter to all major commands July 25, 1965, announcing the establishment of Army Community Service. By 1969, there were 155 Army Community Service, or ACS, centers worldwide, located wherever American Soldiers served. Providing services to help Soldiers and their families, today ACS operates on 78 Army installations. ACS provides support to wounded warriors and their families. It conducts family team building, provides relocation assistance and financial readiness counseling. ([More](#))

Furlough Education, Money Saving Tips Available from Financial Readiness: Army Community Service's Financial Readiness Office has put together a library of resources and tools to help you weather the furloughs. Please check out the wealth of good information, budgeting tools and briefing slides available at www.riamwr.com/acs/financial-readiness and call the Financial Readiness Office at (309) 782-0815 for more info.



Six Days of Furlough: a Money Planning Calendar Briefing:

You may view and download a briefing for a Furlough Money Planning Calendar at www.riamrw.com/acs/financial-readiness and look for Furlough Support. The briefing enables the employee to plan for the various furlough dates and paydays. For assistance contact [Jon Cook](#) at (309) 782-0815.



Employee Assistance Program

☺
For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1st floor, East.

Rock Island Arsenal Community Health Promotion Council

Announcement: The RIA Employee Assistance Program Presents: Real Colors, **Aug. 12, Sept. 17, and Oct. 16.** Want to enhance your communication

skills? Real Colors offers you a peek into human personality. It will provide you with a better understanding of human behavior and help you recognize, accept and learn to value the differences in others. Real Colors has proven to be an effective tool to increase understanding, empathy and effective communication in the workplace. Sign up in [TEDs](#) (search key word "Real Colors") or for more information contact Lori Griffin at (309) 782-2551.

Posttraumatic Stress Disorder –

August 2013: Posttraumatic stress disorder has been receiving greater attention in recent years as reports of the high incidence of the disorder among Soldiers returning from deployment in Iraq has increased awareness and research of this disorder. However, Soldiers are not the only people who can develop PTSD. PTSD affects approximately 8 percent of the United States population, with between a quarter and one-third of people who experience a significant trauma developing PTSD (National Center for PTSD). Significant trauma is considered any event that is dangerous or upsetting such as an assault or violent attack, combat, natural disaster, or vehicle crash. Symptoms of PTSD, which can occur anytime after the event, include:

re-experiencing the event, having recurring nightmares, avoiding reminders of the event, being less responsive, feeling detached and less interested in life activities, increased arousal, having angry outbursts, or difficulty sleeping (National Center for PTSD). The good news is if you or someone you know has been experiencing symptoms such as those described above treatment is available. The Rock Island Arsenal Employee Assistance Program invites you to take advantage of the free and confidential counseling and referral services that the program has to offer. Schedule an appointment with an EAP counselor by calling (309) 782-4357. Master-level counselors can provide information, short-term counseling, and referral services. If you have any questions about PTSD, talk it over with a trained professional at the EAP.

Stress Management: Do you want to learn effective strategies to reduce stress? Sign up for a Stress Management Class. **Aug. 13, Sept. 17, Oct. 15, Nov. 12, Dec. 17, Jan. 28, Feb. 25,** Tuesdays, 10:30–11:30 a.m., Bldg. 56, 1st Floor, Room 122, Call (309) 782-4357 to reserve your spot. Sponsored by: Employee Assistance Program.



Understanding PTSD: Classes are being offered for those who wish to learn more about the nature and treatment of Post-Traumatic Stress Disorder **Aug. 27, Sept. 24, Oct. 29, Nov. 26, Dec. 10, Jan. 14, Feb. 11**, Tuesdays, 10:30–11:30 a.m., Bldg. 56, 1st Floor, Room 122. Call (309) 782-4357 to reserve your spot. Presented by the Rock Island Arsenal Employee Assistance Program.

PTSD Support Groups: Is the quality of your life being affected by Post-Traumatic Stress Disorder? The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

Smoking Cessation Group: Need help to quit smoking? Good news! The Employee Assistance Program offers an ongoing educational support group for people who would like to be smoke-free. The group meets each Wednesday, 3-4 p.m., at the EAP office located in Bldg. 56, 1st floor, East.

Grief Support Group: Grieving? We can help. The Employee Assistance Program is sponsoring a support group

for individuals who are mourning the death of a loved one. The group meets on Tuesdays, 3-4 p.m., Bldg. 56, 1st floor, Room 122. For more information contact Rita Baugh, EAP counselor, at (309) 782-2552.

Education/Training Review

The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.

College Savings Plans Network: Find out how the College Savings Plans Network (CSPN) works to improve 529 plans at the federal and state level and serves as a clearinghouse for information among existing programs. CSPN also provides valuable networking opportunities for state officials seeking to improve state Section 529 college savings plans and in turn, help the youth of this nation attain their educational goals.
www.collegesavings.org/about.aspx

New Army Post-9/11 GI Bill Transfer Policy to Take Effect Aug. 1: Effective Aug. 1, every Soldier who elects to transfer their Post-9/11 GI Bill benefits to a family member will incur an additional four years in the Army, without regard to their time in service. The policy already applies to nearly every Soldier in the Army -- and has since the beginning of transferability in 2009. Until now, Soldiers who were nearing retirement were eligible for certain exemptions from the policy. That will no longer be the case. This policy change affects them. ([More](#))

Commissary / Exchange

The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local



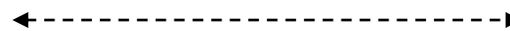
specials and get POC information [HERE](#). For information on this and other Commissaries, visit: www.commissaries.com ([Facebook](#))

Military Commissaries to Close One Day Per Week: Military commissaries will handle Defense Department furloughs by closing for one day a week, the Defense Commissary Agency said. Most commissaries will close on Mondays up to 11 times **between July 8 and Sept. 30**. The additional closure of one day per week will be in addition to any days stores normally are closed. That means that the 148 commissaries that routinely close on Mondays will also close the next normal day of operation, DCA said. "We know that any disruption in commissary operations will impact our patrons," said DCA Director and CEO Joseph H. JEU. "Also, we understand the tremendous burden this places on our employees, who, when furloughed, will lose 20 percent of their pay." Furlough notices are slated for delivery to DCA employees between May 28 and June 5. JEU said the agency determined that Monday closures "would present the least pain" for employees, customers and suppliers. DCA operates 247 commissaries with more than 16,000 employees in 13 countries and two U.S. territories. The

furloughs will affect all of the agency's 14,000 U.S. civilian employees. ([More](#))

Commissary Savings Help Highlight Summer Fun:

There is always something fun to look forward to in the summer months, and whether it's a trip of a lifetime or a picnic in your own backyard, your commissary provides military shoppers special savings that help make summer fun. "June is a busy month for families," said Michelle Frost, DeCA's chief of promotions and marketing. "There's Father's Day, graduations, children are out of school, vacations are starting and outdoor grilling season is in full swing! No matter the occasion, commissaries have you covered." DeCA's industry partners - vendors, suppliers and brokers - are collaborating with commissaries in June to offer discounts beyond everyday savings. Overseas stores may have substitute events for certain promotional programs. Customers should check with their store manager to verify when they will be offering these sales events. ([More](#))



Arsenal Archive



Information for the *Arsenal Archive* is made available by the Rock Island

Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

Colonel's Croquet Party Returns Aug. 17:

Step back in time for the second annual Colonel's Croquet Party on Saturday, **Aug. 17**, on Arsenal Island from 2-7 p.m. Don your croquet whites (not required) to play the same game of croquet you play in your backyard. Croquet (cro-KAY) courts will be set up on the lawn of the historic Quarters One. Teams of two can play in the round robin tournament. Or there will be courts for those who just want to join the fun and play croquet with other enthusiasts in the Quad Cities. Tickets are \$25 for adults; and \$10 for children 11 years and younger to attend the inaugural Colonel's Croquet Party. Hors d'oeuvres, croquet play, wine tasting, and tours of the house are included. This is a rain or shine event. For more information or to purchase tickets, contact Jessica Waytenick at (309)737-4280 or purchase tickets online at www.davenporthouse.org.

This Week in Rock Island Arsenal History – Aug. 5-11: On Aug. 5, 1907,



Lt. Col. Frank E. Hobbs became commanding officer of the RIA. On April 12, 1911 he died of illness.

Healthbeat

Addictive Gaming More Common With Autism and ADHD:

Children with an autism spectrum disorder spend about twice as much time playing video games as kids who don't have a developmental disability, according to a new study. Researchers also found that children with an autism spectrum disorder or attention deficit/hyperactivity disorder (ADHD) are at an increased risk of gaming addictions, compared to children without the disabilities. ([More](#))

Eye Exams Recommended to Preserve Children's Vision:

According to the National Eye Institute, vision disorders are the most common handicapping conditions in childhood in the United States. Yet, fewer than 15 percent of all preschool children receive an eye examination. Also, studies have shown that preschool vision screenings reduce vision disorders among school-age children. For these reasons, many primary care and pediatric clinics as well as schools provide vision

screenings. The purpose of vision screening is to identify children who would benefit from a comprehensive eye examination. But how effective are these screenings in identifying those children? And, as a parent can you trust the vision screenings or should you take your preschooler for an eye examination regardless? ([More](#))

Fight the Bite--Preventing Mosquito Bites Protects Against West Nile

Virus: West Nile virus is commonly found throughout the United States as well as Africa, West Asia and the Middle East. WNV took a serious health toll nationally last year, causing more than 5,000 illnesses and 243 deaths. In the Maryland, District of Columbia and Virginia region, there were 75 illnesses and 9 deaths; the second highest number of cases since WNV appeared in the States back in 1999. WNV is spread by the bite of an infected mosquito and can infect people, horses, many types of birds and some other animals. Preventing mosquito bites is the best way to avoid becoming infected with the West Nile virus. ([More](#))

Health Clinic Announcement: Sick Call hours 7-8 a.m. Clinic closed Staff Meeting/Training Thursday, **Aug. 29**, at 11:30 a.m. Clinic to close every Friday

beginning **July 12** until **Sept. 27** during the furlough. For any issues or concerns with the RIAHC clinic please call our customer support line (309) 782-0721.

Notes for Veterans

VA Reaches Out to Veterans about

the Health Care Law: The Department of Veterans Affairs has launched an awareness campaign and a new website, www.va.gov/aca, to let Veterans know what the Affordable Care Act means for them and their families. Veterans receiving health care from the Department of Veterans Affairs will see no change in their benefits or out-of-pocket costs when portions of the Affordable Care Act take effect next year. "VA wants all Veterans to receive health care that improves their health and well-being," said Secretary of Veterans Affairs Eric K. Shinseki. "If you are enrolled in VA health care, you do not need to take any additional steps to meet the health care law coverage standards. If you are not enrolled in VA health care, you can apply at any time." ([More](#))

VA Grants Up to One Year of

Retroactive Veterans Benefits: The Department of Veterans Affairs



announced yesterday that veterans filing an original fully developed claim for service-connected disability compensation may be entitled to up to one-year of retroactive disability benefits. The retroactive benefits, which are in effect Aug. 6, 2013, through Aug. 5, 2015, are a result of a comprehensive legislative package passed by Congress and signed into law by President Barack Obama last year. ([More](#))

Carpooling Announcements

Submit carpooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

Carpool:

- **Carpool:** Looking for a ride and pay for gas. Location - Davenport. Flexible work hours are to 6 a.m. – 2:30 p.m. Call thru Illinois relay at (800) 526-0857 to contact me at (309) 782-1078 (TTY). [Email](#)
- **Carpool:** New hire with flexible hours seeking to pay for ride from

Moline 9th & 53rd, (Franklin School area) (309) 757-5755.

Around the Q.C.



- **Aug. 8: Freedom Run** – a tribute & appreciation event for those who serve(d), proceeds to USO/AUSA (Downtown East Moline)
- **Aug. 8: 12th Annual Living Lands and Waters Barge Party** (Schweibert Park, Rock Island)
- **Aug. 8-10: 27th Annual Tug Fest** (LeClaire, Iowa & Port Byron, Ill.)
- **Aug. 9: 10th Annual Davenport Parks and Recreation Doggie Dip, 6-7:30 p.m.** (Fejervary Family Aquatic Center, Davenport)
- **Aug. 9-10: 23rd Annual Ya Maka My Weekend** (The District, Rock Island)
- **Aug. 10: 10th Annual Xstream Cleanup** (Numerous Sites Around the QC)
- **Aug. 10: Hy-Vee Ironkids Triathlon** (Bettendorf YMCA)
- **Aug. 10: Pioneer Trailblazer 5K** (Alleman High School, Rock Island)
- **Aug. 10: Up With Life 4K Community Walk for Suicide Awareness and Prevention** (College Square Park, Cambridge, Ill.)
- **Aug. 10: Quad Cities Cruisers Cruise-In** (SouthPark Mall, Moline)
- **Aug. 10: Pontiac Fiero Car Show** (Village of East Davenport)
- **Aug. 10-17: ISC Men's Fastpitch World Tournament** (Greenville Sports Complex, Moline)
- **Aug. 16-17: 9th Annual River Roots Live & River Rockin' Ribfest** (LeClaire Park, Davenport)

- **Aug. 17: River Action's 4th Annual Floatzilla** (Sunset Marina, Rock Island)
- **Aug. 17: Colonel's Croquet Party** (COL Davenport House, Rock Island Arsenal)
- **Aug. 17: East Village Wine Walk** (Village of East Davenport)
- **Aug. 22: Genesis Pro-Am Challenge** (Crow Valley Golf Club, Davenport)
- **Aug. 22-25: World Series of Drag Racing** (Cordova Dragway)
- **Aug. 24: Quad Cities Irish Festival** (Rock Island)
- **Aug. 24: Color Me Rad 5K** (iWireless Center, Moline)
- **Aug. 24: Iowa SIDS Foundation Walk for the Future - Run to Remember** (Crow Creek Park, Bettendorf)
- **Aug. 24-25: Village's Antique Tractor Show** (Village of East Davenport)
- **Aug. 29-Sept. 1: Antique Motorcycle Swap Meet** (Mississippi Valley Fairgrounds, Davenport)
- **Aug. 31-Sept. 1: Rock Island Grand Prix** (Downtown Rock Island)
- **Sept. 2: Bettendorf Rotary Run with Carl** (Life Fitness Center, Bettendorf)
- **Sept. 2-3: Village Fall Festival** (Pioneer Village, walnut Grove, Iowa)
- **Sept. 7: Case Creek Obstacle Survival 5K Run** (Coal Valley, Ill.)
- **Sept. 7: Quad City Symphony Riverfront Pops** (LeClaire Park, Downtown Davenport)
- **Sept. 7: ¡VIVA! Quad Cities** (Isle Casino Hotel Bettendorf)
- **Sept. 7-8: Beaux Arts Fair** (Downtown Davenport)
- **Sept. 14: 4th Annual Hilltop Campus Village Fall Music Festival** (Hilltop Campus Village, Davenport)



Sept. 14: [River Action's Taming of the Slough](#) (Two Rivers YMCA Boathouse, 17th St. at the Mississippi River, Moline)
Sept. 14: [Nick Teddy Fight Against Ewing's Sarcoma 5K Run/Walk](#) (Main Street and Great River Trail, Port Byron, Ill.)
Sept. 14: [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)
Sept. 15: [Nancy Kapheim Memorial Classic](#) (Rock Island)
Sept. 15: [Run 3 for 30 5K Trail Run/Walk](#) (Crow Creek, Bettendorf)
Sept. 19: [Light the Night Walk](#) (Modern Woodmen Park)
Sept. 21: [Brew Ha Ha](#) (LeClaire Park, Davenport)
Sept. 21: [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)
Sept. 21: [Operation Palmer Promotes Play-OP3](#) (Sister Concetta Park, Davenport)
Sept. 21-22: [Riverssance Festival of Fine Arts](#) (Village of East Davenport)
Sept. 22: [Quad Cities Marathon](#) (Downtown Moline)
Sept. 27-29: [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)
Sept. 28: [Killer Bee & Bumble Rumble](#) (St. Ambrose Campus, Davenport)
Sept. 28: [Battle-on-the-Island Adventure Race](#) (Credit Island, Davenport)
Oct. 5: [Inaugural Milan Fireworks Fun Run](#) (Camden Park, Milan)
Oct. 5: [Wells 4 Wellness 5k](#) (Moline)
Oct. 12: [Trinity Quad Cities Classic Regatta](#) (On the Mississippi River in Moline)
Oct. 12: [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)
Oct. 12: [Running Dead 5k](#) (Moline)
Oct. 19: [Run with the Nation's 5k](#) (Moline)
Oct. 20: [9th Annual CBRC Pumpkin Dash](#) (Credit Island, Davenport)

Oct. 24: [Fright Night](#) (The District, Rock Island)
Oct. 26: [Witches Walk](#) (Downtown LeClaire)
Oct. 26: [Lagomarcino's Cocoa Beano 5K Race](#) (Sylvan Island)
Oct. 26-27: [Boo at the Zoo](#) (Niabi Zoo, Milan)
Nov. 9: [Black Hawk College 5k Hustle - For The Hill Of It](#) (70th St entrance, Moline)
Nov. 15-24: [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)
Nov. 16: [Festival of Trees Parade](#) (Downtown Davenport)
Nov. 16: [Lighting on the John Deere Commons and Holiday Pops Concert](#) (Downtown Moline)
Nov. 22-Dec. 1: [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)
Nov. 28: [Scott County Family Y Turkey Trot](#) (Downtown YMCA, Davenport)
Dec. 1: [19th Century Christmas](#) (Butterworth Center, Moline)
Dec. 6-7: [Christmas in the Village](#) (Village of East Davenport)
Dec. 14: [Jingle Bell Run/Walk 5K for Arthritis](#) (South Park Mall, Moline)



Island Insight



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Army Safety Gram

ARMY SAFE
IS ARMY STRONG

13-17

30 July 2013

Safety is a Team Effort

A true commitment to safety by the employees and the employer will help provide a safe working environment for all. Too often shortcuts become acceptable in order to meet deadlines. A shortcut can easily lead to serious injury or fatality -- not necessarily every time, but sometimes.

Shortcuts such as these have killed or badly hurt workers:

- ♦ Walking through a traffic area in the parking lot or yard instead of sticking to the pedestrian routes.
- ♦ Unjamming a saw in a mill without shutting down and locking out the equipment.
- ♦ Entering a confined space, even for just a minute, without putting on the right respiratory protection.
- ♦ Failing to put on a seatbelt for a short motor vehicle trip.
- ♦ "Bunnyhopping" a ladder instead of climbing down and shifting it.
- ♦ Using the wrong tool for the job because you don't have the patience to stop and retrieve the appropriate one.
- ♦ Using a chemical without checking the label and Material Safety Data Sheet for precautions and instructions.
- ♦ Passing on your own dangerous shortcuts to a new employee without even realizing it. You'll both be in the dark, until he hurts himself doing what you taught him.
- ♦ Going around a gate at a rail crossing instead of waiting for it to open.



The challenge for leaders is to find these unsafe practices and to make it very clear that following good safety practices falls on everyone's shoulders. A workplace health and safety program cannot succeed without the full effort and commitment of everyone, from the boss to the employee.

Here are some ideas to make safety the responsibility of the entire team:

- ♦ Actively involve employees in safety issues. When conducting a regular inspection, invite employees along and explain the hazards. Make the inspection something to learn from, not feel bad about.
- ♦ Rather than offering your ideas to solve a problem, encourage your teams to come up with their own ideas first. There may be many instances where they will come up with the right solutions as they are the ones directly in contact with the hazards.
- ♦ Communication is the key. Talk to your employees formally and informally on all safety related issues and don't shrug off concerns. Communication is vital.
- ♦ When it comes to workplace safety, you should be on the same side of the fence. Don't let personal feelings get in the way of doing the right thing if it will ensure the safety of your team.
- ♦ Explain to employees that ultimately they are responsible for their own safety. All of the hearing protection, hand protection, and safety eyewear in the world is not going to help them if they don't wear it.
- ♦ Make safety meetings productive and interesting. Focus on identified safety issues, involve your team in the meeting, and take action on decisions as soon as possible.

A leader has a challenge to help the people who work for them find satisfaction in working safely. The effort will pay off many times over in high morale and production, as well as in safety.

