

June 24, 2013



# Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Island Intranet under "Information" and on the installation website at [www.ria.army.mil](http://www.ria.army.mil) under "About USAG-RIA" and then "News" and "Local News."

**Island Insight Submission:** <https://home.ria.army.mil/sites/ii/ii.cfm>



Ask the Garrison Commander

## Sections:

- [Arsenal Traffic/Construction](#)
- [Building/Space Closures](#)
- [Active Duty/Reserve Zone](#)
- [Safety Spotlight](#)
- [Equal Opportunity Focus](#)
- [Morale, Welfare & Recreation \(MWR\)](#)



- [MWR Leisure Travel Office](#)
- [Child, Youth & School Services](#)
- [Army Community \(ACS\)](#)
- [Employee Assistance Program](#)
- [Education/Training Review](#)
- [Defense Commissary Agency/PX](#)

- [Arsenal Archive](#)
- [Healthbeat](#)
- [Notes for Veterans](#)
- [Car Pooling Announcements](#)
- [Around the O.C.](#)

## Sexual Assault Prevention Main

### Focus for Sec Army McHugh:

Secretary of the Army John McHugh spoke with a group of senior leaders, Sexual Harassment/Assault Response and Prevention unit representatives and the Sexual Assault Response coordinator during lunch at Caserma Del Din yesterday. "The president recently spoke with secretaries from different branches and (sexual assault prevention) is critically important," McHugh said.

"The Army values are being challenged in negative ways. I want to know what is working and what isn't working." U.S. Army Africa Sexual Harassment/Assault Response and Prevention, known as SHARP, representative Master Sgt. Steve Pauling told McHugh how the Vicenza Military Community SHARP representatives gather once a month for a lunch to talk about issues and keep communication flowing. "We are a small community, but this is a

collaborative duty and spending time away from our desks is important," Pauling said. "We all know each other very well and (our meeting) is a great tool." McHugh stressed that contact between leaders and troops is critical. "We have to do everything we can in leadership and within our ranks to talk



"HOME OF US ARMY LOGISTICS"



about and face up to this problem," McHugh said. ([More](#))

## Senate Lays Out \$625.1 billion for the National Defense Authorization Act:

The Senate Armed Services Committee marked up its version of the fiscal 2014 national defense authorization act, laying out \$625.1 billion in proposed spending for the Defense Department and defense activities of the Energy Department. That amount includes \$526.6 billion for DoD base budget and \$17.8 billion for the Energy Department, which is the same topline levels as the House version (H.R. 1960). A difference in the two bills is with the overseas contingency operations funding which is set at \$80.7 billion in the Senate bill and \$85.8 billion in the House bill. ([More](#))



## DOD Furlough Appeals Filed, Called Premature:

Nearly 200 Defense Department civilian employees have so far filed appeals against paycheck-slashing furloughs that loom next month, but the



federal agency that will decide the matter says they're jumping the gun. In order to save about \$1.8 billion, DOD says it will impose up to 11 days of furloughs on nearly 700,000 DOD civilians beginning the week of July 8 — the earliest that furlough appeals can be filed. ([More](#))

## Pay Raise Situation Still Unsettled:

The administration also opposes language—now in both the House authorization and appropriations measures for DOD—to boost the January military raise from its proposed 1 percent to 1.8 percent. The White House said the higher figure, because it is not separately funded, would require offsetting reductions in troop levels, readiness and modernization ([More](#))



## OPM Expanding Vision, Dental Options Under FEDVIP Next Year:

Federal employees and retirees will have more dental- and vision-insurance options available to them next year for the first time since



# Upcoming Dates

**June 24-28:** USAG-RIA Joint Services Installation Vulnerability Assessment (JSIVA)

**June 27:** RIA 3<sup>rd</sup> QTR Retirement, Retreat & Award Ceremony

**Jan. 27-29:** Antique Automobile Club of America Grand National Show [📍](#)

**June 30:** Red White and Bloom (Vander Veer Botanical Park, Enabling Garden, Davenport) [📍](#)

**July 2:** JMC Change of Command Ceremony

**July 3:** Red, White & Boom [📍](#)

**July 4:** Independence Day (*Federal Holiday*)

**July 4:** AMVETS 55<sup>th</sup> Annual Fourth of July Parade [📍](#)

**July 11:** JMTC Change of Command Ceremony

**July 9-11:** DA Photo Studio Availability

**July 16-18:** USAG-RIA Motorcycle Experienced Rider Course [📍](#)

**July 17:** Military Consumer Protection Day [📍](#)

**July 19-20:** FMWR Summer Golf Tournament [📍](#)

**July 26:** RIA AUSA 2013 Golf Outing & Steak Fry

**Aug. 6-8:** DA Photo Studio Availability

**Aug. 8:** Freedom Run - Downtown East Moline [📍](#)

**Aug. 9:** First Army Organization Day (T)

**Aug. 12-16:** CBWTU Muster Week

**Aug. 12-16:** HQ JMC TA4C (T)

**Aug. 17:** Colonel's Croquet Party – COL Davenport House [📍](#)

**Aug. 23-24:** Tribute to Our Fallen [📍](#)

**Aug. 26:** Women's Equality Day

**Aug. 29:** Honor Flight, Moline Airport

**Sept. 2:** Labor Day (*Federal Holiday*)

**Sept. 11:** Patriots Day, 9/11 Observance Ceremony (T)

**Sept. 17:** Constitution Day

**Sept. 17-19:** USAG-RIA Motorcycle Cycle Experience Rider Course [📍](#)

**Sept. 20:** POW/MIA Recognition Day Ceremony

**Sept. 22:** Quad Cities Marathon (Runs across Arsenal Island) [📍](#)



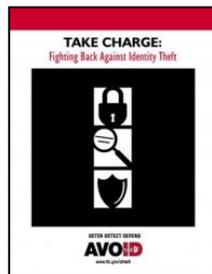
2006, the Office of Personnel Management announced Friday. OPM is planning to add four new insurance carriers to the Federal Employees Dental and Vision Insurance Program (FEDVIP) for 2014. ([More](#))

## **Legislation Would Fire Federal Employees Who Plead the Fifth:** Rep.

Mo Brooks (R-AL) has introduced legislation that would make it a fireable offense for federal employees who refuse to answer questions in front of Congress. The bill is nicknamed the “Lerner” bill after Lois Lerner, the Director of IRS Exempt Organizations who refused to answer questions in front of a House committee on May 22 about her role in the IRS targeting conservative groups. ([More](#))



**Identity Theft Prevention:** Protecting against identity theft in a modern society full of impersonal, financial transactions is an important issue to both civilians and military personnel. In particular, military personnel and retirees remain



highly vulnerable to identity theft. The magnitude of preventing stolen identities is more apparent when one examines the lost savings, time, and effort to repair a financial reputation following the theft. ([More](#))

## **2013 Hiring Our Heroes Job Fair – Davenport:** There will be a job fair for veterans at the Brady Street Armory,

3615 N Brady Street, on **July 30**, to include a hiring fair 10 a.m. – 1 p.m., and an employment workshop at 9 a.m. This workshop for veterans and other military job seekers will focus on resume writing; tips for successfully navigating hiring fairs, military skill translation, and interviewing will start at 9 a.m. To register for the Hiring Our Heroes Employment Workshop, visit <http://hohworks.eventbrite.com>. For registration questions, please contact us at [hiringourheroes@uschamber.com](mailto:hiringourheroes@uschamber.com) or call (202) 463-5807.



**Traffic Compliance Checks:** The RIA Police Department will increase compliance checks due to an alarming rise in invalid driver's license and vehicle registration infractions. To

combat this rise in infractions the RIA police department will be conducting no-notice random checks. Please ensure you are in compliance with applicable traffic laws/regulations.

## **Change in Hours Military ID/CAC Office:** Effective Monday, **July 1**, the

hours of operation for the Military ID/CAC Office will be changed due to the government furlough. We will be open Monday through Thursday with first appointment at 6:20 a.m. and the last appointment at 2:30 p.m. Our office will be closed every Friday beginning **July 12** until **Sept. 30**. [To schedule appointments, please use our online scheduler.](#) Or you can call our office at (309) 782-0596.



## **Furlough-Based Change in Hours for Garrison DPTMS Installation Security Intelligence Office:** Effective

Monday, **July 1**, the customer service hours of operation for the Garrison DPTMS Installation Security Intelligence Office will be changed due to the government



furlough. We will be open Monday – Thursday, 8 a.m. – 3 p.m. Our office will be closed every Friday beginning **July 12 until Sept. 30**. To schedule fingerprint appointments, please send fingerprint appointment request via [email](#). Please send System Access/Authorization Request, and JPAS Visit Requests [to this email](#).

## Power Outage Notification Buildings 60, 61, 62, June 24, 7 p.m.:

Public Works will be conducting a power outage for buildings 60, 61 and 62 on Monday, **June 24**, at 7 p.m. Expected duration is two hours. The purpose of this outage is to install advanced electrical meters.



## Foreign Travel and Contact Reporting Requirements:

Per Department of the Army Regulation 380-67 "Personnel Security Program," all Army personnel with security clearance eligibility must report all personal foreign travel and unusual/suspicious foreign contacts to their security office. All personnel are reminded to self-report any personal Foreign Travel (FT) in advance to the Garrison Security & Intelligence

Division at (309) 782-1369; [email](#). Upon return from foreign travel, also contact the Installation Security & Intelligence Office to schedule foreign travel/foreign contact debriefing. Please direct any questions regarding the Foreign Travel (FT) and Foreign Contact (FC) reporting program to the RIA Installation Security & Intelligence Office at (309) 782-1369.

## Changes to the BSC Hours of Operations – Store Inventory Taking Place June 26-28:

The Arc ABS-BSC will close for Inventory purposes at 12 p.m. on Wednesday, **June 26**, and be closed all day Thursday, **June 27**, and Friday, **June 29**. Requests can still be made via email ([ABS@arcqca.org](mailto:ABS@arcqca.org) CC: [popppm@arcqca.org](mailto:popppm@arcqca.org); [clinet@arcqca.org](mailto:clinet@arcqca.org)) as well as online at [www.arcbusinessupply.org](http://www.arcbusinessupply.org). The store will open for regular business operations Monday, **July 1**, at 6:30 a.m. Affective Monday, **July 1**, the Arc Business Supply-BSC hours of operations will be 6:30 a.m. to 3 p.m., Monday-Friday.

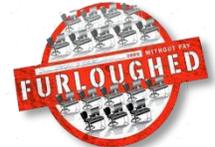
**Blood Drive:** The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, July 11, 10 a.m. – 12 p.m.** If you



would like to donate at this blood drive, feel free to e-mail [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2<sup>nd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **6:15 p.m. on Aug. 9**. A **3<sup>rd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on July 12**. To sign up for a blood drive held on either the 2<sup>nd</sup> or 3<sup>rd</sup> shift, donors should contact their shift supervisor. ([Blood Transfusion En Route to Trauma Center Keeps Navy Vet Alive](#))



**Charlie Corpuscle Says,** *"Blood donations are needed this summer to assure a safe and stable blood supply in our community. To accommodate the impending furlough schedules, we have amended the Rock Island Arsenal blood drive schedule for the months of July, August and September. We hope that these dates can be worked into your schedule, and that you'll be able to help with a blood donation(s) this summer."*



**The Army encourages its employees to volunteer as candidates for any of**



the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).

## VIOS Schedule for June, July and August:

Official DA Studio Photography (DA, government passport and command photos) will be offered at Rock Island Arsenal **July 9, 10, and 11;** and **Aug. 6, 7, and 8.** Appointments may be scheduled online by submitting a DA3903 Work Request Using the [Visual Information Ordering Site](#) for these available times: Tuesday, **July 9,** and **Aug. 6,** 7 a.m. – 3:40 p.m.; Wednesday, **July 10,** and **Aug. 7,** 7 a.m. – 3:40 p.m.; and Thursday, **July 11,** and **Aug. 8,** 7 a.m. – 3:40 p.m. Click on "Frequently Asked Questions" on the [VIOS site](#) for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active duty Soldier's DA photos; 2. Official government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - command photos will be printed and available digitally. Additional prints can be

ordered in [VIOS](#). To obtain an official government passport photo: 1. Schedule a passport photo appointment at the [RIA VIOS website](#). 2. Go to Transportation to obtain a printed DA form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA3903 form to the photographer before the passport photo is taken. You will receive two 2" x 2" passport photos. All scheduled dates can be found on the [RIA VIOS website FAQ](#).

**JM&L LCMC, JMC Change of Command Ceremony:** Joint Munitions & Lethality Life Cycle Management Command and Joint Munitions Command will execute a change of command ceremony with commanding general, General Dennis Via, Army Materiel Command, presiding. Brig. Gen. Kristin French will assume command from Brig. Gen. Kevin O'Connell on **July 2,** at 9 a.m., at Quarters One, on the north lawn. Inclement weather location is Heritage Hall, Bldg. 60.



**2013 WID Golf Tournament:** Women In Defense 12<sup>th</sup> Annual Golf Outing:

Friday, **Aug. 2,** at Glynn's Creek Golf Course. \$65 per person/WID members \$60 per person. (Includes greens, cart, continental breakfast, lunch, beverages and prizes) Registration/payment due by **July 19.** ([Flyer](#))

## **Arsenal Island Employee Local**

**Discounts:** *The following discounts are exclusively available to Arsenal Island employees –*

**Bennigan's Rock Island:** Arsenal employees, service men, service women you are always welcome at

Bennigan's in Rock Island, and to show you how much your welcome here, we offer a 25 percent discount off your meal, any day any time (☺). **Pepperjack's Restaurant & Lounge in Davenport:** Rock Island Arsenal employees receive 20 percent off their Pepperjack's entrée when they present their Arsenal identification card (one discount per ID) (☺). **New Life Chiropractic Clinic:** Arsenal Island employees, we're offering you a 20 percent discount on our services (☺). **Goebel Family Dentistry:** Active duty members of the military receive a 10 percent discount on all services. All other Arsenal civilian employees who



are new patients can receive either the free exam and x-rays or a free whitening treatment on their first visit (☺). **Big Mouthz BBQ:** We're offering all public employees (city, county, state, and federal) \$1 off their order every Monday (☺). **Massages By Kim:** For the month of May, in honor of Military Appreciation Month, Massages By Kim is offering 10 percent off to all military and military families (with valid id) for an hour massage. Appointments can be made [online](#), where you can indicate that you're military when scheduling the appointment online in the "Note to Provider" section (☺). *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*

### **Discount Tickets to Blues Festival:**

Join RIA FCU at the 2013 Mississippi Valley Blues Festival **July 4-6** at Le Claire Park in Davenport. Active & veteran military can purchase ½ price tickets (\$10) at any RIA FCU convenient QC location. Tickets can only be purchased with military identification. Only two tickets may be purchased per day. For more information call (563) 355-3800.

### **RIA AUSA 2013 Golf Outing & Steak Fry:**

The Rock Island Arsenal Chapter of the AUSA will hold its 14<sup>th</sup> Annual Golf Outing & Steak Fry on Friday, **July 26**, at the beautiful Arsenal Island Golf Course. Players ... hurry and [register for this event](#). Only the first 40 teams will play! AUSA is a 501(c)(3) non-profit educational organization that supports America's Army – Active, National Guard, Reserve, Civilians, Retirees, Government Civilians, Wounded Warriors, Veterans, and their family members. Proceeds from this event are used to fund all of our Chapter activities including our Soldier & Family Support programs, wounded warrior programs, veteran support initiatives, the USO/AUSA Emergency Relief Grant Program & the RIA AUSA Scholarship program. For thirty years, our Chapter has supported initiatives to strengthen the viability of the Arsenal, aide MWR & ACS programs, sponsor veteran support programs and we have contributed more than \$125,000 in the last two years for Soldier and Family needs. ([More](#))



### **Low Cost Rabies Clinic at HSSC:**

Owners of dogs and cats in need of rabies vaccinations are invited to bring their pet companions to the low cost Rabies Clinic at the Humane Society of Scott County from 5:30-7:30 p.m. on Tuesday, **July 30**. The rabies vaccination fee is \$7.50. All dogs must be on leashes and cats must be in carriers. Bring previous rabies vaccination paperwork if available. For more information, contact the Humane Society of Scott County at (563) 388-6655.



### **Arsenal Attic Thrift Shop & Boutique:**

The Thrift Shop will be closed from **June 7 until July 15** for Summer Break. We will reopen for our new season at 9 a.m. on Tuesday, **July 16**. Add these dates to your calendar. See you then. POC: (309) 782-6977.



### **Poker Night at Arsenal Island Golf Course Clubhouse:**

The Rock Island – Milan Little League is hosting a Poker Night at the Arsenal Island Golf Club on



Saturday, **July 13**. This is a \$30 Deep Stack Re-Buy Tournament with unlimited re-buys for the 1<sup>st</sup> hour for \$20. Register 3-4 p.m. Start 4 p.m. POC: (309) 786-4534.

## Arsenal Traffic/Construction

**Closure at North Ave. & Gillespie Street:** Phase 3 of the North Avenue project started May 6. Phase 3 consists of storm sewer and paving work at the intersection of North and Gillespie. The completion of Phase 3 will require **30 to 45 days of good weather**. Barricades and signs will be installed and traffic will be routed in accordance with the detour map attached with both inbound and outbound traffic directions (North Avenue Project Phase 3 Inbound-outbound). DPW POCs are Joe Gumpert, (309) 782-1389; and Mike Panilo, (309) 782-6004.



## Building/Space Closures

**C** There are no announcements this week for Building/Space Closures.

## Active Duty/Reserve Zone

**C** **Army Energy Initiatives Task Force:** The Army Energy Initiatives Task Force was established in September 2011 to help the Army address installation energy security requirements and achieve the goal outlined in the National Defense Authorization Acts (NDAA) of 2007 and 2010 of producing or procuring 25 percent of its installation energy from renewable sources by 2025. In an effort to meet the NDAA goal, the Army teamed with the Air Force and Navy and established an internal goal to implement three gigawatts (GWs) of renewable energy generation capacity (1 GW each) by 2025. The Army, through the EITF, will partner with installations to implement cost effective, large-scale renewable energy projects to achieve these goals. ([More](#))

**Active Duty Caddie Program at John Deere Classic:** The PGA Tour will once again be sponsoring the Active Duty Caddie Program, for the John Deere Classic, on Wednesday, **July 10**. The PGA is looking for 20 active duty military to participate in the ADCP. The participants will be on-site all morning and will have the opportunity to walk

inside the ropes, caddie for, and interact with PGA Tour players. This is open to all branches of the service. Those wanting to participate must have their supervisor's permission for this duty time event. The point of contact for the Caddie Program is [Marc Raiken](#), (904) 543-5112 or (201) 919-6070.

**Attention Military Families:** Grant funds from the Rock Island Arsenal Welcome Club are available for eight military families, currently in service to our country and veterans, to bring a dog or cat to the Rabies Clinic at the Humane Society of Scott County and have their pet companion vaccinated free from 5:30-7:30 p.m. on Tuesday, **July 30**. Please present a valid ID. Only one pet per military family, please. Bring previous rabies vaccination paperwork if available. For more information, contact the Humane Society of Scott County at (563) 388-6655.

## Safety Spotlight

**C** **Distracted Driving Is Deadly:** Motor vehicle accidents involving a distracted driver kill thousands of people each year on America's roadways. Anytime drivers text, use a cell phone or navigation



system, change a radio station, eat or drink, or do anything that diverts their attention from the road, the opportunity for an accident to happen increases exponentially. For some accident victims, they were merely in the wrong place at the wrong time and a distracted driver slammed into their vehicle. No matter the circumstances, organizations across the nation agree that distracted driving has become an epidemic on U.S. highways. ([More](#))

## **Headphone/Earphone Use Prohibited on Arsenal Island:** The Army Safety Program ([AR 385-10, Section 6-5](#))

states: Using headphones or earphones while walking, jogging, skating, and bicycling, including pocket bike, motorcycle or moped on Army installation roads and streets, is prohibited. Public, family, and recreational safety programs are an essential part of the Army Safety Program that must continually heighten accident prevention awareness during all on-duty and off-duty recreational programs for Soldiers, Army civilians, and their families. Sports and recreational activities continue to rank



high as a major cause of accidental injury. We ask for your kind cooperation in helping to prevent accidents due to distractions.

**Motorcycle Safety Course:** The USAG-RIA Safety Office will be sponsoring upcoming Motorcycle Rider Courses. This cycle rider safety training program will be certified by the Motorcycle Safety Foundation. The courses are designed to help riders manage their risk and increase their skills through riding and classroom instruction. Per DODI 6055.4, DoD Traffic Safety Program, military personnel who operate motorcycles must be appropriately licensed to operate on public highways and must have successfully completed an approved rider or operator safety course meeting the MSF-based State-approved curriculum. Any Soldier operating a motorcycle on the Rock Island Arsenal must be in possession of an MSF card when they ride to verify completion of required training. The next one-day Experienced Rider Courses are scheduled to be conducted on **July 16-18** and **Sept. 17-19**. Registration for all courses is through the web-based AIRS system at <https://apps.imcom.army.mil/AIRS>. For further information, please contact

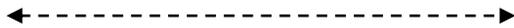
[Michael Chaplin](#), IMRI-SO, at (309) 782-2314/1380, or [Nancy Carlson](#), IMRI-SO, at (309) 782-2309.

## Equal Opportunity Focus

**National Caribbean-American Heritage Month:** For centuries, the United States and nations in the Caribbean have grown alongside each other as partners in progress. Separated by sea but united by a yearning for independence, our countries won the right to chart their own destinies after generations of colonial rule. Time and again, we have led the way to a brighter future together -- from lifting the stains of slavery and segregation to widening the circle of opportunity for our sons and daughters. National Caribbean-American Heritage Month is a time to celebrate those enduring achievements. It is also a chance to recognize men and women who trace their roots to the Caribbean. Through every chapter of our Nation's history, Caribbean Americans have made our country stronger -- reshaping our politics and reigniting the arts, spurring our movements and answering the call to serve. Caribbean traditions



have enriched our own, and woven new threads into our cultural fabric. Again and again, Caribbean immigrants and their descendants have reaffirmed America's promise as a land of opportunity -- a place where no matter who you are or where you come from, you can make it if you try. ([More](#))



## Morale, Welfare & Recreation (MWR)



Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs. Also [click here](#) to become a fan on Facebook, or Twitter [@golf1897](#), and stay up to date on all the great MWR offerings here at the Arsenal.

**Ghost Hunters Dinner & Tour of Historic Quarters One:** Enjoy a prime rib dinner at the Arsenal Island Golf Clubhouse and then join the Rock Island Paranormal Society for a tour of Historic Quarters One on Friday, **June 28**, at 7 p.m. The Paranormal Society staff has spent countless hours in this massive Italianate style mansion and will regale you with tales of the paranormal activity they have experienced there throughout the years. The cost is \$40/person and

reservations can be made by calling (309) 782-4372. ([Flyer](#))

### **Friday, July 5, MWR Facility**

**Closures:** The following MWR facilities will be closed on Friday, July 5 -- Arsenal Club Bar (Bldg. 60), Leisure Travel Office, The Island Oasis Café and Outdoor Recreation (ODR). ODR customers can take advantage of our long holiday weekend special and pick up equipment on Wednesday, **July 3**, and turn it back in the following Monday, **July 8**, for the normal weekend rate. Call (309) 782-8630 to reserve your equipment.

### **Friday, July 12, 7 p.m., Beer & Spirit**

**Pairing Dinner:** A Taste of the Quad Cities: Don't miss your chance to sample some locally produced treasures during our July 12<sup>th</sup> Beer & Spirit Pairing Dinner. Enjoy samples of craft brews from Great River Brewery & spirits from Irish Dog Bloody Mary Mix & Mississippi River Distillery that have been carefully selected to complement and enhance the fine cuisine prepared by our executive chef. The cost is \$50/person. Call (309) 793-1601 for more info and to reserve your seats.

### **Friday, July 19, 8:30 a.m., Arsenal Island Golf Course Summer Scramble**

**Golf Tournament:** Get your foursome together and see if you have what it takes to be crowned Arsenal Champs. The cost for this four-person best ball tournament is \$65/player (\$50 for annual pass holders) and includes golf, cart, lunch and prizes. Call (309) 793-1604 for more info and to sign up. Advanced registration and payment are highly recommended to ensure your spot. ([Flyer](#))

### **July Synthetic Oil Change Special at the Auto Skills Shop:**

Does the pending furlough have you scratching your head looking for ways to save money. If your vehicle requires fully synthetic oil we'll save you a chunk of change with our July Synthetic Oil Change Special. During the month of July, for just \$59 you'll receive a full service oil change with up to five quarts of top of the line, 5w/20 or 5w/30 Mobil 1 oil. Take advantage of this opportunity to save money and call (309) 782-8631 to schedule an appointment now while supplies last.

### **MWR RV Lot Key Access:**

Authorized and paid up patrons of the MWR RV Storage Lots may now also sign out the access key out at the MWR RIA Golf Pro Shop seven days a week. The keys will still be available at Outdoor



Recreation and at the Fitness Center.  
Call (309) 782-8630 for more info.



## MWR Leisure Travel Office



**Office Hours:** Monday through Friday,  
9 a.m. – 3 p.m., Bldg. 60. The office is  
closed for lunch from 10:30–11 a.m.,  
(309) 782-5890. ([email](#)) ([website](#))

**Menopause The Musical:** It is a  
celebration of women, so bring the girls  
and laugh out loud about our "silent  
passage." Bring your guy, too. See what  
millions worldwide have been laughing  
about for more than 10 years! Rated PG-  
13 for adult content and language.  
Tickets on sale until **June 29**. \$43.50 a  
ticket.

Date: **Saturday, July 13**  
Time: **5:45 p.m.**

**Taste of Chicago Bus Trip:** Taste of  
Chicago is the nation's premier outdoor  
food festival showcasing the diversity of  
Chicago's dining community. The  
delicious array of food served at Taste  
of Chicago is complemented by music  
and exciting activities for the entire  
family. Seats on sale now. \$41 per  
person - transportation only. ([Flyer](#))  
Date: **Saturday, July 13**  
Time: **6:30 a.m. - 9 p.m.**

**Friday, June 29, Last Day to buy  
Discount Heartland Jam Tickets:** Get  
discount tickets to this two day country  
music festival at the Leisure Travel  
Office. One day ticket is \$44 & two day  
is \$54. Call (309) 782-5890 for more  
info. ([Flyer](#))

**Heartland Jam 2013:** Leisure Travel  
will be selling one or two day passes to  
the Heartland Jam. This two day event  
will feature Phil Vassar, Kellie Pickler,  
Darius Rucker, Jerrod Niemann, Lauren  
Alaina, Rodney Atkins and many more  
performers. Discounted tickets on sale  
until **June 29**. One-day ticket = \$44,  
two-day ticket = \$54.  
Date: **Friday, July 19**  
Time: **1 p.m.**

**Ringling Bros Barnum & Bailey  
Presents – DRAGONS:** For the first  
time in circus history, myth and majesty  
will share the arena during this must-see  
family event that can only be witnessed  
at The Greatest Show On Earth®!  
Experience circus spectacles so  
incredible that once again you will  
believe in the unbelievable! Contact  
LTO for dates and discounted prices  
(309) 782-5890.  
Date: **Aug. 30 - Sept. 2**  
Time: **Varied**

**Disney Junior Live:** Producers of  
Disney On Ice and Disney Live!, is  
taking top performing cable TV series  
for preschoolers to the stage in Disney  
Junior Live On Tour! – Pirate and  
Princess Adventure. Featuring  
characters from the smash hits Sofia the  
First and Jake and the Never Land  
Pirates. \$20 lower and \$14 upper bowl.  
Date: **Friday, Oct. 18**  
Time: **6:30 p.m.**

**Outdoor Recreation 4<sup>th</sup> of July  
Special:** Patrons can check out items for  
the 4<sup>th</sup> of July Holiday Weekend and  
only pay the weekend rate. All items  
must be picked up on **July 3** and  
returned on **July 8**. Call (309) 782-8630  
to reserve your recreational equipment  
today.

**Outdoor Recreation Summer  
Entrance:** Effective May 20, Outdoor  
Recreation Patrons were asked to use the  
back entrance of Bldg. 333 for  
equipment pickups and returns. This will  
make it easier for patrons to load and  
unload equipment from their vehicles.  
For more information please phone x-  
8630.

**Six Flags Great America:** Thrill-  
seekers are sure to enjoy one of our



amazing roller coasters. We have a variety of out-of-this-world coasters, including Viper, Batman The Ride and Raging Bull, the world's first hyper-twister coaster. In total, the park has nearly seven miles of thrilling coaster track. Discounted tickets adult/child \$36.

**Mount Olympus Waterpark:** One of the world's largest wave pools, some of the fastest rivers and steepest slides make Mount Olympus is the best attraction for outdoor summer time fun. Wristbands on sale for \$28, a \$11.99 savings.

**Six Flags Saint Louis:** An amazing theme park featuring awesome rides, great shows, and incredible attractions, plus Hurricane Harbor water park. Discounted one-day admission tickets for adults/children \$36.

**Adventureland Park:** Adventureland Amusement Park contains more than 100 rides, shows, and attractions including some of the country's most exciting roller coasters and thrill rides that can challenge the most avid amusement park enthusiasts. There are also plenty of rides for less adventurous guests as well as a full complement of children's rides. Discounted tickets \$30.

**Davenport RAVE Theatre:** Leisure Travel will be offering for sale Platinum Supersaver Prepaid Admission Tickets to RAVE theatre in Davenport (formally 53<sup>rd</sup> cinemas) These tickets have no restrictions or expiration date.

**Movie Night Gift Cards at Leisure Travel:** Stop by the Leisure Travel Office and pick up a gift card for \$27 that is redeemable at the Regal Moline Stadium Theater for two adult movie tickets and \$10 in concessions. These make great for a present for that special someone in your life. The Leisure Travel Office also is once again selling discounted single movie tickets for \$8.50. Call (309) 782-5890 for more info. ([Flyer](#))

## Child, Youth & School Services

**Army Certified Family Child Care Provider:** Would you, or someone you know, be interested in becoming an Army Certified Family Child Care provider for the Arsenal? We are always looking to bring more FCC providers into our program. You would be doing childcare out of your home with access to our lending closet for borrowing

supplies, as well as certified training provided through the Arsenal. For questions or more details contact our FCC director Nancy Lawson at (309) 782-0813.

## Army Community Service (ACS)



ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here.](#) 24/7 Sexual Assault Hotline: (309) 229-8412



**Furlough Education and Money Saving Tips Available from Financial Readiness:** Army Community Service's Financial Readiness Office has put together a library of resources and tools to help you weather the furloughs. Please check out the wealth of good information, budgeting tools and briefing slides available at [www.riamwr.com/acs/financial-readiness](http://www.riamwr.com/acs/financial-readiness) and call the Financial Readiness Office at (309) 782-0815 for more info.



## **11 Days of Furlough: a Money**

**Planning Calendar Briefing:** You may view and download a briefing for a Furlough Money Planning Calendar at [www.riamrw.com/acs/financial-readiness](http://www.riamrw.com/acs/financial-readiness) and look for Furlough Support. The briefing enables the employee to plan for the various furlough dates and paydays. For assistance contact [Jon Cook](#) at (309) 782-0815.



## Employee Assistance Program



**For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1<sup>st</sup> floor, East.**

## **Rock Island Arsenal Community Health Promotion Council**

**Announcement:** The RIA Employee Assistance Program Presents: Real Colors, **July 15, Aug. 12, Sept. 17, and Oct. 16.** Want to enhance your communication skills? Real Colors

offers you a peek into human personality. It will provide you with a better understanding of human behavior and help you recognize, accept and learn to value the differences in others. Real Colors has proven to be an effective tool to increase understanding, empathy and effective communication in the workplace. Sign up in [TEDs](#) (search key word "Real Colors") or for more information contact Lori Griffin at (309) 782-2551.

## **National Men's Health Month – June 2013:**

The month of June is designated as National Men's Health Month. The purpose of this campaign is to heighten awareness of preventable health problems and encourage early detection and treatment of disease among men. If you are like many men, you may drink alcohol occasionally. Or, like others, you may drink moderate amounts of alcohol on a regular basis. But did you know that drinking more than the moderate levels -even occasionally- may put you at risk for serious health problems? Although alcohol affects everyone differently, excessive drinking can negatively affect



a man's health regardless of age, race, marital status, income level, profession, or lifestyle. Common medical problems that can be caused by excessive drinking include heart disease, arthritis, liver cirrhosis, high blood pressure and various cancers. In support of National Men's Health Month, the Rock Island Arsenal Employee Assistance Program invites you to take advantage of the free and confidential counseling services that the program has to offer. Schedule an appointment with an EAP counselor by calling (309) 782-4357. Master-level counselors can provide information, short-term counseling, and referral services. If you have any concerns about your alcohol use or mental health, talk it over with a trained professional at the EAP.

**PTSD Support Groups:** Is the quality of your life being affected by Post-Traumatic Stress Disorder? The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

**Understanding PTSD:** The RIA EAP is offering educational classes on Post-Traumatic Stress Disorder. Classes will



be held in Bldg. 56, 1<sup>st</sup> floor, Room 122, 10:30-11:30 a.m., on the following dates: **June 25, July 23, and Aug. 27.** Call (309) 782-4357 to enroll.

**Smoking Cessation Group:** Want to join a supportive group of individuals with a common goal to quit smoking? The Employee Assistance Program offers an ongoing educational support group. The group meets each Wednesday, 3-4 p.m., in the EAP office located in Bldg. 56, 1<sup>st</sup> floor, east wing.

**Stress Management:** The Rock Island Arsenal EAP is offering classes on Stress Management. Classes will be held in Bldg. 56, 1<sup>st</sup> floor, Room 122, 10:30-11:30 a.m., on the following dates: **July 9, and Aug. 13.** Class size is limited. Call (309) 782-4357 to enroll.

**Grief Support Group:** Grieving? We can help. The Employee Assistance Program is sponsoring a support group for individuals who are mourning the death of a loved one. The group meets on Tuesdays, 3-4 p.m., in Bldg. 56, 1<sup>st</sup> floor, room 122. For more information contact Rita Baugh, EAP counselor, at (309) 782-2552.

## Education/Training Review

☉ **The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.**

**Take Advantage of This Special Benefit for RIA Military & Civilian Personnel:** Lunch-n-learn session to learn how military & civilians can earn an MBA. SAU offers special pricing at fraction of regular tuition rate for MBA students. **July 17**, Bldg 56, Rm 116, 11-11:45 a.m. or 12-1 p.m. Lunch provided. RSVP (563) 333-6170

**WIU Riverside Campus Tour:** Wondering what Western Illinois University's new Riverside Campus has to offer? The Army Education Center has scheduled a tour of the facility for Friday, **June 28.** Participants should gather at 9:30 a.m. at the ACES office in Room 118 of Bldg. 56. The tour will begin at 10 a.m. and conclude about 1 p.m. Please RSVP by COB **June 26**, to [Lorrie Blumberg](#), contract education services counselor, at (309) 782-2065, so we can determine transportation needs. Since space is limited, priority will be given to service members.

Located on the Mississippi River in Moline, WIU's Riverside Campus is home to undergraduate classes in business and technology, engineering, human services, and arts and sciences. Instructors will be on hand to field questions, and visitors will have an opportunity to tour the engineering labs and see demonstrations of the campus' state-of-the-art technology. WIU officials will also discuss plans for future expansion for the campus, which opened in January 2012.

## Commissary / Exchange

☉ **The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and**



other Commissaries, visit:

[www.commissaries.com](http://www.commissaries.com) ([Facebook](#))

**Military Commissaries to Close One Day Per Week:** Military commissaries will handle Defense Department furloughs by closing for one day a week, the Defense Commissary Agency said. Most commissaries will close on Mondays up to 11 times **between July 8 and Sept. 30**. The additional closure of one day per week will be in addition to any days stores normally are closed. That means that the 148 commissaries that routinely close on Mondays will also close the next normal day of operation, DCA said. "We know that any disruption in commissary operations will impact our patrons," said DCA Director and CEO Joseph H. Jeu. "Also, we understand the tremendous burden this places on our employees, who, when furloughed, will lose 20 percent of their pay." Furlough notices are slated for delivery to DCA employees between May 28 and June 5. Jeu said the agency determined that Monday closures "would present the least pain" for employees, customers and suppliers. DCA operates 247 commissaries with more than 16,000 employees in 13 countries and two U.S. territories. The furloughs will affect all of the agency's 14,000 U.S. civilian employees. ([More](#))

## **Commissary Savings Help Highlight**

**Summer Fun:** There is always something fun to look forward to in the summer months, and whether it's a trip of a lifetime or a picnic in your own backyard, your commissary provides military shoppers special savings that help make summer fun. "June is a busy month for families," said Michelle Frost, DeCA's chief of promotions and marketing. "There's Father's Day, graduations, children are out of school, vacations are starting and outdoor grilling season is in full swing! No matter the occasion, commissaries have you covered." DeCA's industry partners - vendors, suppliers and brokers - are collaborating with commissaries in June to offer discounts beyond everyday savings. Overseas stores may have substitute events for certain promotional programs. Customers should check with their store manager to verify when they will be offering these sales events.

([More](#))

## **Arsenal Archive**

**Information for the *Arsenal Archive* is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through**

**Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))**

## **This Week in Rock Island Arsenal**

**History – June 24-30:** On June 25, 1911, Col. George W. Burr assumed command of the RIA. He relinquished his command on Feb. 15, 1918. On June 26, 1882, stone construction on Shop E (Bldg. 106) began. At the end of June 1876, RIA workers had completed a mission of cleaning, repairing, and packing 3,700 rifles at a cost of \$4,140.16. Of this sum \$427.32 was for tools and fixtures, making the cost per rifle about \$1.12. In June 1903, the RIA Commanding Officer was directed to expedite final preparations of Armory Row at RIA and to manufacture Springfield 1903 rifles at a rate of 125 daily. Construction of Shop K (Bldg. 68) was completed by the close of June 1882.

## **Healthbeat**

**Survivors of Traumatic Events May Experience PTSD:** More than two weeks ago, a four-story building under demolition collapsed on top of the Salvation Army Thrift Store at 22nd and



Market streets, killing six people and injuring 13. Before firefighters and emergency rescue workers could arrive on the scene, ordinary passersby ran to the site to help those trapped in the rubble. After living through the collapse, and recovering from injuries, survivors may face another challenge—the potential for Post-Traumatic Stress Disorder, commonly known as PTSD. People who are diagnosed with PTSD have experienced distressing events like the building collapse, including abuse, combat, natural disasters, life-threatening accidents, or violent crimes. Researchers say, however, not everyone suffers from PTSD. ([More](#))

**Managing Stress Takes Practice:** Life is full of stress. But what is stress and how does one manage it? Stress is anything that makes one feel tense, anxious or excited. This includes good things too, like vacations and holidays. Lots of things can cause stress -- short suspenses, unrealistic expectations, over-commitment of time or finances, even relationships with other people. Stress can cause symptoms in many areas of life including physical, mental, emotional, social or spiritual. Stress can make one ill or leave one susceptible to injuries. It can cause headaches, stomach discomfort, trouble sleeping or

leave one feeling run down, irritable or forgetful. ([More](#))

**Health Clinic Announcement:** Sick Call hours 7-8 a.m. Clinic closed Staff Meeting/Training **June 28** at 11:30 a.m. For any issues or concerns with the RIAHC clinic please call our customer support line (309) 782-0721.

## Notes for Veterans

**New Website Focuses on Women Vets' Employment Issues:** The Department of Labor launched a new website focusing on employment issues affecting women veterans. Three DOL entities—the Veterans' Employment and Training Service, Women's Bureau and Office of the Secretary—cooperated to create the site as part of the Labor Department's efforts to address the distinct work-related issues encountered by women veterans. DOL said the site "highlights potential challenges that may affect the economic security of women veterans." The department points out that women vets, for example, are more likely than male counterparts to have significant service-related disabilities; are twice as likely to be divorced as male vets; and are more likely to be raising children alone—11 percent of

women vets versus 4 percent of male vets. Women vets also tend to earn about \$6,000 less per year than male vets. ([More](#))

## Carpooling Announcements

Submit carpooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

### **Carpool:**

- **Carpool:** Looking for a ride and pay. Flexible work hours are to 6 a.m. – 3:30 p.m. Call thru Illinois relay at (800) 526-0857 to contact me at (309) 782-1078 (TTY). Email: [michael.r.braun.civ@mail.mil](mailto:michael.r.braun.civ@mail.mil)
- **Carpool:** New hire with flexible hours seeking to pay for ride from Moline 9<sup>th</sup> & 53<sup>rd</sup>, (Franklin School area) (309) 757-5755.

## Around the Q.C.



**June 24:** [YSB-Whitey Verstraete Memorial Golf Outing](#) (Pinnacle Country Club, Milan, Ill.)

**June 25-29:** [Rock Island County Fair](#) (Fairgrounds, East Moline)

**June 27-29:** [Antique Automobile Club of America Grand National Show](#) (John Deere Commons, Moline)

**June 29:** [Inaugural College Hill's Retro Rally](#) (College Hill District Rock Island)

**June 29:** [B100's Biggest Baby Shower](#) (RiverCenter, Davenport)

**June 30:** [Mother-Son Dance - 'A Mother's Heart, Her Son & King'](#) (Martin Luther King Center, Rock Island)

**June 30:** [Red White and Bloom](#) (Vander Veer Botanical Park, Enabling Garden, Davenport)

**July 3:** [Red, White & Boom!](#) (The District, Downtown Davenport)

**July 4:** [31<sup>st</sup> Annual Firecracker Run](#) (East Moline)

**July 4-6:** [Mississippi Valley Blues Festival](#) (LeClaire Park, Davenport)

**July 5-21:** [Countryside Community Theatre Les Misérables](#) (North Scott High School Auditorium in Eldridge)

**July 7:** [Disc Golf Tournament - Disc Ha Ha](#) (Credit Island Disc Golf Course)

**July 8-14:** [John Deere Classic PGA Tour](#) (TPC Deere Run, Silvis)

**July 10:** [22<sup>nd</sup> Annual YouthFest](#) (Centennial Park, Davenport)

**July 11:** [Metro Arts Summer Youth Employment Showcase](#) (Quad City Arts Center, Rock Island)

**July 13:** [29<sup>th</sup> Annual Moonlight Chase](#) (Eldridge Festival, Eldridge, Iowa)

**July 13:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)

**July 17:** [Journey of Hope Bicyclists' Summer Bash](#) (Splash Landing, Bettendorf)

**July 19-21:** [USA BMX National Championships](#) (East Moline BMX Speedway)

**July 19-20:** [Heartland Jam](#) (Centennial Park, Downtown Davenport)

**July 25-26:** [Orthopaedic Specialists Sports & Wellness Expo](#) (RiverCenter, Davenport)

**July 26:** [Genesis Carb It Up Pre-Bix Pasta Dinner](#) (RiverCenter, Davenport)

**July 26-27:** [42<sup>nd</sup> Annual Street Fest Presented by the MVRBC](#) (2nd Street, Davenport)

**July 27:** [39<sup>th</sup> Annual Bix 7 Run/Walk](#) (Downtown Davenport)

**July 30-Aug. 4:** [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds, Davenport)

**Aug. 1-4:** [42<sup>nd</sup> Annual Bix Beiderbecke Memorial Jazz Festival](#) (LeClaire Park and RiverCenter, Davenport)

**Aug. 2:** [Flamingo Fling](#) (Quad Cities Botanical Center, Rock Island)

**Aug. 4:** [12<sup>th</sup> Annual UPS / Gilda's Club Golf Tournament](#) (Glynn's Creek Golf Course, 19251 290th St., Long Grove, Iowa)

**Aug. 8:** [Freedom Run – a tribute & appreciation event for those who serve\(d\), proceeds to USO/AUSA](#) (Downtown East Moline)

**Aug. 8:** [12<sup>th</sup> Annual Living Lands and Waters Barge Party](#) (Schweibert Park, Rock Island)

**Aug. 8-10:** [27<sup>th</sup> Annual Tug Fest](#) (LeClaire, Iowa & Port Byron, Ill.)

**Aug. 9:** [10<sup>th</sup> Annual Davenport Parks and Recreation Doggie Dip, 6-7:30 p.m.](#)

(Fejervary Family Aquatic Center, Davenport)

**Aug. 9-10:** [23<sup>rd</sup> Annual Ya Maka My Weekend](#) (The District, Rock Island)

**Aug. 10:** [10<sup>th</sup> Annual Xstream Cleanup](#) (Numerous Sites Around the QC)

**Aug. 10:** [Hy-Vee Ironkids Triathlon](#) (Bettendorf YMCA)

**Aug. 10:** [Pioneer Trailblazer 5K](#) (Alleman High School, Rock Island)

**Aug. 10:** [Up With Life 4K Community Walk for Suicide Awareness and Prevention](#) (College Square Park, Cambridge, Ill.)

**Aug. 10:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)

**Aug. 10:** [Pontiac Fiero Car Show](#) (Village of East Davenport)

**Aug. 10-17:** [ISC Men's Fastpitch World Tournament](#) (Greenvalley Sports Complex, Moline)

**Aug. 16-17:** [9<sup>th</sup> Annual River Roots Live & River Rockin' Ribfest](#) (LeClaire Park, Davenport)

**Aug. 17:** [River Action's 4<sup>th</sup> Annual Floatzilla](#) (Sunset Marina, Rock Island)

**Aug. 17:** [Colonel's Croquet Party](#) (COL Davenport House, Rock Island Arsenal)

**Aug. 17:** [East Village Wine Walk](#) (Village of East Davenport)

**Aug. 22-25:** [World Series of Drag Racing](#) (Cordova Dragway)

**Aug. 24:** [Quad Cities Irish Festival](#) (Rock Island)

**Aug. 24:** [Color Me Rad 5K](#) (iWireless Center, Moline)

**Aug. 24:** [Iowa SIDS Foundation Walk for the Future - Run to Remember](#) (Crow Creek Park, Bettendorf)

**Aug. 24-25:** [Village's Antique Tractor Show](#) (Village of East Davenport)

**Aug. 29-Sept. 1:** [Antique Motorcycle Swap Meet](#) (Mississippi Valley Fairgrounds, Davenport)



**Aug. 31-Sept. 1:** [Rock Island Grand Prix](#) (Downtown Rock Island)  
**Sept. 2:** [Bettendorf Rotary Run with Carl](#) (Life Fitness Center, Bettendorf)  
**Sept. 2-3:** [Village Fall Festival](#) (Pioneer Village, walnut Grove, Iowa)  
**Sept. 7:** [Case Creek Obstacle Survival 5K Run](#) (Coal Valley, Ill.)  
**Sept. 7:** [Quad City Symphony Riverfront Pops](#) (LeClaire Park, Downtown Davenport)  
**Sept. 7:** [¡VIVA! Quad Cities](#) (Isle Casino Hotel Bettendorf)  
**Sept. 7-8:** [Beaux Arts Fair](#) (Downtown Davenport)  
**Sept. 14:** [4<sup>th</sup> Annual Hilltop Campus Village Fall Music Festival](#) (Hilltop Campus Village, Davenport)  
**Sept. 14:** [River Action's Taming of the Slough](#) (Two Rivers YMCA Boathouse, 17<sup>th</sup> St. at the Mississippi River, Moline)  
**Sept. 14:** [Nick Teddy Fight Against Ewing's Sarcoma 5K Run/Walk](#) (Main Street and Great River Trail, Port Byron, Ill.)  
**Sept. 14:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)  
**Sept. 15:** [Nancy Kapheim Memorial Classic](#) (Rock Island)  
**Sept. 15:** [Run 3 for 30 5K Trail Run/Walk](#) (Crow Creek, Bettendorf)  
**Sept. 21:** [Brew Ha Ha](#) (LeClaire Park, Davenport)  
**Sept. 21:** [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)  
**Sept. 21-22:** [Riverssance Festival of Fine Arts](#) (Village of East Davenport)  
**Sept. 22:** [Quad Cities Marathon](#) (Downtown Moline)  
**Sept. 27-29:** [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)  
**Sept. 28:** [Killer Bee & Bumble Rumble](#) (St. Ambrose Campus, Davenport)

**Sept. 28:** [Battle-on-the-Island Adventure Race](#) (Credit Island, Davenport)  
**Oct. 5:** [Inaugural Milan Fireworks Fun Run](#) (Camden Park, Milan)  
**Oct. 5:** [Wells 4 Wellness 5k](#) (Moline)  
**Oct. 12:** [Trinity Quad Cities Classic Regatta](#) (On the Mississippi River in Moline)  
**Oct. 12:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)  
**Oct. 12:** [Running Dead 5k](#) (Moline)  
**Oct. 19:** [Run with the Nation's 5k](#) (Moline)  
**Oct. 20:** [9<sup>th</sup> Annual CBRC Pumpkin Dash](#) (Credit Island, Davenport)  
**Oct. 24:** [Fright Night](#) (The District, Rock Island)  
**Oct. 26:** [Witches Walk](#) (Downtown LeClaire)  
**Oct. 26:** [Lagomarcino's Cocoa Beano 5K Race](#) (Sylvan Island)  
**Oct. 26-27:** [Boo at the Zoo](#) (Niabi Zoo, Milan)  
**Nov. 9:** [Black Hawk College 5k Hustle - For The Hill Of It](#) (70th St entrance, Moline)  
**Nov. 15-24:** [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)  
**Nov. 16:** [Festival of Trees Parade](#) (Downtown Davenport)  
**Nov. 16:** [Lighting on the John Deere Commons and Holiday Pops Concert](#) (Downtown Moline)  
**Nov. 22-Dec. 1:** [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)  
**Nov. 28:** [Scott County Family Y Turkey Trot](#) (Downtown YMCA, Davenport)  
**Dec. 1:** [19<sup>th</sup> Century Christmas](#) (Butterworth Center, Moline)  
**Dec. 6-7:** [Christmas in the Village](#) (Village of East Davenport)  
**Dec. 14:** [Jingle Bell Run/Walk 5K for Arthritis](#) (South Park Mall, Moline)



# Island Insight



**Col. Elmer Speights, Jr., Garrison Commander; Eric Cramer, Public Affairs Officer; Mark Kane, Editor**  
*The Army publication, Island Insight, is an unofficial publication authorized under [AR 360-1](#) to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office. [Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged.](#) All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight; usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil](#); Phone: (309) 782-1121. The Island Insight is [available on-line.](#)*

