



May 18, 2015

Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Garrison Internet page under "Information" and on the installation website at www.usagria.army.mil under "News" and then "Local News."

Island Insight Submission: <https://home.ria.army.mil/sites/ii/ii.cfm>

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2 ASC Soldiers Inducted Into Sgt. Audie Murphy Club

Two U.S. Army Sustainment Command Soldiers were inducted into one of the Army's most prestigious organizations. Staff Sgt. Kevin Hopson, provost sergeant, and Staff Sgt. Brandi Manuel, watercraft non-commissioned officer in charge, both of ASC, were inducted into the Rock Island Arsenal Sgt. Audie Murphy Club during a ceremony in Heritage Hall, May 13. The SAMC, first established at Fort Hood, Texas, in 1986, is an elite U.S. Army organization for enlisted non-commissioned officers whose leadership, achievements and performance reflect the highest standards of Army values. The RIA SAMC was established in 2012 and has logged more than 500 combined volunteer hours. The club speaks at local schools and hosts or attends community events designed to improve the quality of life for the installation and the Quad Cities area. "I'm so excited to work with the other SAMC members and go out to help the community," said Manuel, a native of Grand Island, Nebraska.



[\(More\)](#)

RI Arsenal Inside the Gates: Changing of the guard

Upcoming Dates

- May 25:** Memorial Day Ceremony, Rock Island National Cemetery, 10:45 a.m.
- May 28:** Newcomers Orientation, Arsenal Island Clubhouse, 8 a.m.
- May 28:** Asian Pacific American Heritage Month Observance, Heritage Hall, Bldg. 60, 1 p.m.
- May 28:** Military Appreciation Night, Modern Woodmen Park, 7 p.m.
- May 30:** Self Defense Seminar, RIA Fitness Center, 8 a.m.
- June 2:** Volunteer Recruitment & Training, ACS, 9 a.m.
- June 2:** Overseas Orientation Briefing, ACS, 9:30 a.m.
- June 2:** Charity Golf Outing-2015 Small Business Government Contracting Symposium, Arsenal Island Golf Course
- June 4:** ACC-RI BN Colors Casing, Bldg. 103, 3rd Flr., Baylor Conf. Rm., 3 p.m.
- June 4:** QC Honor Flight, QC Int. Airport, 5-7 departure; 9:30-10 p.m. arrival
- June 5:** Sponsorship Training, ACS, 12 p.m.
- June 5:** First Friday Social, Lock & Dam Lounge, 4 p.m.
- June 11:** St. Ambrose University Lunch and Learn, Bldg. 56, Room 116, 11 a.m.
- June 11:** RIAWC Installation-wide Scholarship Ceremony, Arsenal Island Golf Clubhouse, 4:30 p.m.
- June 12:** Army Birthday 5k, Quarters One, 6 a.m.
- June 12:** Army Birthday Cake Cutting, Heritage Hall, Bldg. 60, 11 a.m.
- June 13:** Rock the Island Car Show, Rodman Avenue, 9 a.m.

"It's overwhelming. The people of the Quad Cities are some of the best people I've ever met so it's just kind of perfect," said Command Sergeant Major Melissa Judkins, relinquished duty. It's a ceremony marking the end of the chapter and one leader, and turning the page to start another. "I know that I'm trusted with the living of Americans sons and daughters," said Command Sergeant Major Myris Callwood, new Command Sergeant Major. Command Sergeant Major Myris Callwood is replacing Command Sergeant Major Melissa Judkins as the most highly ranked enlisted soldier in the Garrison. They handle day-to-day logistical operations for every soldier on the Island. If there's an issue, the command sergeant is in charge. Plain and simple. And when you're in that seat, there's something you learn pretty quickly. "Every day has 24 hours and that's about all you're going to get out of it. I tried to milk 25 but I couldn't get there," said Command Sergeant Major Judkins. ([More](#))



Volunteers Place Flags on National Cemetery Graves at Arsenal

Brandon Coppinger, 13, of Davenport, slowly pushed an American flag into the ground in front of a headstone at National Cemetery, Rock Island Arsenal. Grabbing another flag from his mom, Jenny Coppinger, he moved on to the next headstone. Brandon and his mother were among hundreds of people who volunteered Thursday to place flags on the graves of soldiers buried at the National Cemetery. He was one of several Boy Scouts from Troop 4 at Davenport's Sudlow Intermediate School who helped with the flag distribution. ([More](#))



Senior Executive Service Leader Retires as JMC Deputy to the Commander

A Senior Executive Service leader, Patricia 'Trish' Huber, retired as the deputy to the commander, from the Joint Munitions Command Headquarters, during an official ceremony held here, May 20. Brig. Gen. Kristin K. French, JMC commander, and Command Sgt. Maj. Walton Jones served as the official retirement ceremony hosts. "This is a bittersweet day for all of us who respect and care about Trish from both professional and personal standpoints. We valued her advice and her guidance, her wit and her wisdom, and we will truly miss the wealth of knowledge she brings to the table when addressing solutions to the challenges facing the Joint Munitions Command," said French. "I have been very fortunate to have her as my deputy throughout my tenure at JMC." ([More](#))



Corps of Engineers Chief Pushes Public-Private Partnerships

For the United States to upgrade its aging infrastructure, communities are going to have to go beyond Washington and engage in local public-private partnerships to finance the work needed, said Lt. Gen. Thomas Bostick, the Army's Chief of Engineers and the commander of the U.S. Army Corps of Engineers. Speaking to about 70 people Tuesday night at the Figge Art Museum in Davenport, Bostick, who paid a visit to the Rock Island Arsenal and the Corps of Engineers' Rock Island District, said the state of the nation's infrastructure is no better than a D-plus. "That's the opinion of the American Society of Civil Engineers," Bostick said. And the problem goes beyond just roadways and bridges. ([More](#))



Boutchyard to Serve As First 51C Drill Sergeant



Staff Sgt. James Boutchyard, who most recently served as a contract specialist at Army Contracting Command-Rock Island, is taking on his new assignment as a drill sergeant at Fort Jackson, South Carolina. On April 8, Boutchyard graduated from the Drill Sergeant School, following nine weeks of schooling. He will serve as a drill sergeant for a two-year tour and then return to the acquisition workforce. "I am honored to become the first 51C drill sergeant in Army history," said Boutchyard. "Hopefully my selection will pave the way for additional 51C's to take this path and broaden their careers." ([More](#))

Generous Benefits for Feds Injured on the Job Could Be on the Chopping Block

Lawmakers and representatives from the Obama administration advocated on Wednesday reforming the workers' compensation package awarded to federal employees injured on the job, arguing changes could save more than \$300 million over 10 years. A Labor Department official told the House Education and the Workforce Subcommittee on Workforce Protections the current system provides benefits more generous than the compensation employees would receive had they never gotten hurt. Democrats on the panel disagreed with that assumption, though lawmakers in both parties agreed workers' compensation should provide no more or less money than employees' uninjured counterparts earn. ([More](#))

Memorial Day Ceremony

A Memorial Day Ceremony will begin at 10:45 a.m., Monday, **May 25**, at Rock Island National Cemetery. Maj. Gen. Kevin O'Connell, senior commander, Rock Island Arsenal, and commanding general, Army Sustainment Command, will be this year's speaker. The ceremony will also include patriotic music by the CASI New Horizons Band; a Memorial Day address by Scott Lamb, director, Rock Island National Cemetery; musical numbers by the 16th Street Singers from Logan Elementary; an Honor Salute by American Legion Post 246; an Echo Honor Salute by the Vietnam Veterans of America Chapter 299; the National Salute by Alpha Battery 2/123rd Field Artillery Battalion; and TAPS by John Adams, American Legion Post 26. There will be no parking at the cemetery for this ceremony except for individuals who are wheelchair bound. Parking for all others will be behind Memorial Park in the large lot. Buses will be transporting people from the parking lot to the cemetery and will run 9 a.m. to 1 p.m. Visitors should arrive early to ensure enough time to park their vehicles and be transported to the cemetery. Memorial Park is located off of the main Island road, Rodman Avenue at the corner of East Street. The public must enter the Arsenal through the Moline or the Rock Island gates. Anyone more than 16 years of age must have current photo identification and vehicles may be subject to search. If anyone, over the age of 16, in a vehicle does not have current picture identification they will not be allowed to enter Rock Island Arsenal. For more information, call 309-782-2094. ([StandTo!](#))



AUSA Day at Modern Woodmen Park

On Thursday, **May 28**, the Association of the United States Army-Rock Island Chapter is hosting veterans at the Quad Cities River Bandits game versus the Kane County Cougars (an Arizona Diamondbacks affiliate); free to all veterans and AUSA members. Opening pitch is scheduled for 7 p.m. AUSA will honor military service during the game. Tickets can be picked up at the Modern Woodmen Park box office with ID card. AUSA will also have a table in front of the box office at the game. For World Wide Entertainment wrestling fans, Sergeant Slaughter will also be in attendance at the game and supporting our service members. The game is also "Thirst-Day Thursday" at Modern Woodmen Park.



Café Cashier Trial

Dear valued Company Kitchen/Treat America customer, effective April 20, for a trial period of 30 business days, the Bldg. 60 café will offer a cashier station. This trial will end **May 29**. The cashier station will be available for breakfast 7-9 a.m., and for lunch 10:30 a.m. – 12:45 p.m. The cashier station process will entail the following: • Customers will still have to pay for their meals first; • You will come to the station; • The cashier will ring up your order; • You will pay and receive any change; • Your order will then be processed, your ticket will print at the proper station; • You receive your food; • There will still be two self-service kiosk available for use in Bldg. 60's café. If you have any questions regarding the upcoming changes please feel free to contact me at rockisland60@tafoodservices.com. Thank you for your continued patronage.
– *Camellia Austin, Rock Island Arsenal Manager, Treat America Food Services*



Blood Drives

The Mississippi Valley Regional Blood Center is hosting a blood drive in the room outside the Lock and Dam Lounge (in Bldg. 60), on **Friday, June 12 and 19, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at 563-359-5401, ext. 119. There will also be a **3rd Shift** blood drives in the Bldg. 211 Cafeteria on Thursday nights, **May 29**. These drives begin at 2:15 am. DMC will host a community blood drive from 1-4:30 p.m., Thursday, **June 4**, at parking lot of Bldg. 350, in the MVRBC Donor Bus. To donate, please contact Sgt. First Class Jared Clapper at 309-782-5485 or visit www.bloodcenterimpact.org and use code 1554 to locate the drive. Donors should see their Supervisors to sign up. **Also, a slight change in that every donor must present photo ID or a blood donor card to be eligible to donate blood. Arsenal badges are acceptable. The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information click here.**



VIOS Schedule for June

Official DA Studio Photography (DA, Government Passport and Command Photos) will be offered at Rock Island Arsenal on **June 9, 10, 11**. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7:20 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the [VIOS site](#) for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active Duty Soldier's DA photos; 2. Official Government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and

Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - Command Photos will be printed and available digitally. Additional prints can be ordered in VIOS. All scheduled dates can be found on the [RIA VIOS website](#).

Rock Island Arsenal Welcome Club Golf Tournament

Are you an avid golfer or just play for fun or exercise? Come join us Tuesday, **June 2**, at the Arsenal Island Golf Clubhouse, for the RIAWC Annual Golf Tournament. You can join in as an individual or as a team. Cost is \$125 per person or \$500 as a team. Registration will be 11 a.m. – 1 p.m.; shotgun start at 1 p.m.; banquet dinner 6-8 p.m. What a way to get out and have some fun. If you are interested in participating it is not too late to sign up. Thanks for your continued and dedicated support. All proceeds go toward college scholarships and community grants here in the Rock Island Arsenal Community. ([Flyer](#))

Garrison Security Guard Employment Fair

The Rock Island Arsenal Garrison will be hosting an Employment Fair on Rock Island Arsenal on Thursday, **June 4**, 8 a.m. – 3 p.m., in the Caisson Room, Building 60, for immediate hiring of security guards. On-the-spot interviews, tentative job offers, drug testing, and security screening will be conducted for qualifying applicants as part of the Employment Fair. Physicals will be scheduled at a later date. There is no cost to attend and the event is open to the public. In order to qualify an applicant must meet Office of Personnel Management qualifications; as well as Veterans Preference and Veterans Recruitment Authority if applicable. Applicants are required to bring resumes and a valid state issued driver's license; as well as a DD214, and VA letters, if applicable. Interested applicants must tentatively confirm their attendance by emailing first and last name to Cassaundra Powell, Human Resources Specialist, Rock Island CPAC, cassaundra.d.powell.civ@mail.mil. ([More](#))

Base Supply Center Closure

The Base Supply Center (paperclips, etc.) will be closed for inventory on Thursday and Friday, **June 4-5**.

First Friday Social (formerly the Island Wide Social)

Join your Island colleagues Friday, **June 5**, at 4 p.m., at the Lock & Dam Lounge (formerly known as the Arsenal Club in Bldg. 60), for a fun evening of appetizers, drinks, networking, and socializing and karaoke. This event is open to the entire RIA workforce and the general public as well. Call 309-782-4372 for more info. ([Flyer](#))

AMC Band Coming to the Quad-City Area

Save the date... Rock Island Arsenal invites you to enjoy a free jazz concert, performed by the Army Material Command Band, at LeClaire Park in Davenport on **June 11**, 6-7:45 p.m. This event is free and open to the public. The AMC Band proudly serves the Soldiers and civilians of the U.S. Army Materiel Command stationed at more than 140 locations worldwide. The band, with its eight music performance teams, travels extensively throughout the country and overseas supporting 30 installations, 26 major tenants, seven Army field support brigades, 11 subordinate commands, and four separate reporting activities within the AMC enterprise. Since November 2003, the band has deployed in support of AMC Soldiers and civilians forward deployed in support of Operations Iraqi and Enduring Freedom. The AMC band has performed in Iraq, Kuwait, Saudi



Arabia, Qatar, Afghanistan and the United Arab Emirates. The band is under the purview of the AMC chief of staff.

RIAWC Installation-wide Scholarship Ceremony

Mark your calendars - the Rock Island Arsenal Welcome Club is hosting an Installation-wide Scholarship Ceremony on **June 11**, at 4:30 p.m., at the Arsenal Island Golf Clubhouse. The ceremony will feature the presentation of several scholarships at one time by RIAWC, National Defense Industrial Association, Women in Defense, the Association of the United States Army, and the Commissary.

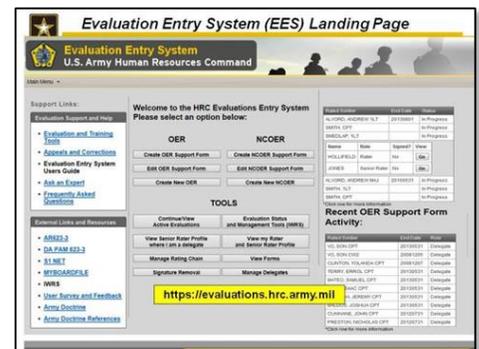
Mark Your Calendars - Army Birthday Fun Run & Cake Cutting

The Army turns 240 years old this year. Come help us celebrate **June 12** by participating in the 5k fun run and later join us for the cake cutting ceremony. The AMC Band will perform and they always impress so don't miss out on this opportunity to hear these talented Soldiers perform. To take part in the run, meet in front of Quarters One at 6 a.m., the race will start at 6:30 a.m. after reveille and all (military, civilian, family members, general public, etc.) are invited to participate. Call 309-782-6787 for more info. There will be a cake cutting ceremony the same day held in Heritage Hall, Bldg. 60, at 11 a.m. ([Flyer](#))



Upcoming NCOER Training in EES

The Army Sustainment Command G1 will be facilitating training of the new Non-Commissioned Officer Evaluation Report in the Evaluation Entry System. This training is intended for all units and tenants units on Rock Island Arsenal regardless of component and will prepare personnel for its September 2015 launch. It is mandated by HQDA that every officer, warrant officer, NCO, and DA civilian that rates, senior rates, or processes NCOER's attend and is a reported requirement. The training will include three sessions; a Senior Leader Training Overview for all GOs, SESs, GS-15s, COLs, CW5s and E9s; a hands-on HR training session for all HR professionals, military and civilian, who work in military personnel and/or process military evaluations; and a General Overview for the remainder of the population on RIA. Below are the training dates and locations.



HR Training:

Primary-Friday, **May 29**, 1 p.m., Baylor Computer Lab #2/4, Bldg. 103

Alternate-Thursday, **June 18**, 9 a.m. – 12 p.m., Baylor Computer Lab #8, Bldg. 103

Executive Brief:

Primary-Wednesday, **June 10**, 1 p.m., ASC CG's Conf. Rm., Bldg. 390

General Brief:

Primary-Wednesday, **June 17**, 1 p.m., Baylor Classroom #3, Bldg. 103

Alternate-Wednesday, **June 24**, 1 p.m., Baylor Classroom #3, Bldg. 103

For more information, contact Capt. Stephanie Thomas at 309-782-0572 or Stephanie.k.thomas.mil@mail.mil.

RIA AUSA Annual Golf Outing - Save the Date

Save the Date! RIA AUSA will hold its annual golf outing and fundraiser on Friday, **July 17**. Sponsorship and entry forms will be forthcoming soon. Visit www.ria-ausa.org to keep posted about chapter activities. ([Flyer](#))

Force Protection Levels Explained

Military bases and installations in the United States have been ordered to raise their force protection condition status to Bravo (FPCON Bravo), due to general concerns about ISIS related threats, but not because of any specific threat or plot. The order will result in some visible increases in security, though there will also be other not-so-visible measures that will be taken. It is unclear how long the order to raise the force protection condition will remain in effect. The last time the force protection status was raised to the Bravo level was on the 10th anniversary of the Sept. 11, 2001, attacks. The FP Condition was raised to Bravo "as a prudent measure to remind installation commanders at all levels within the USNORTHCOM area of responsibility to ensure increased vigilance and safeguarding of all DoD personnel, installations and facilities," a defense official said. "This change, in addition to random drills or exercises, is a mean to ensure that we effectively execute our force protection mission." While our FPCON change is not tied to a specific, credible threat, recent events have led us to recognize the need to take prudent steps to ensure our FPCON measures can be increased quickly and unpredictably at the macro level, just as they routinely vary at the micro level on individual installations."



FPCON Normal: This condition applies when a general global threat of possible terrorist activity exists and warrants a routine security posture.

FPCON Alpha: This condition applies when there is an increased general threat of possible terrorist activity against personnel or facilities.

FPCON Bravo: This condition applies when an increased or more predictable threat of terrorist activity exists.

FPCON Charlie: This condition applies when an incident occurs or intelligence is received indicating some form of terrorist action or targeting against personnel or facilities is likely.

FPCON Delta: Applies in the immediate area where a terrorist attack has occurred or when intelligence has been received that terrorist action against a specific location or person is imminent. If you have questions related to the on-going security procedures please, contact your facility or organizational security office or the Installation Antiterrorism Officer at 309-782-4577.

Arsenal Island Employee Local Discounts

The following discounts are exclusively available to Arsenal Island employees — **The Venue:**

Located at 1405 5th Ave. in Moline, we would like to say thank you to all Rock Island Arsenal personnel – bring in your Arsenal ID/badge on Mondays and receive a 20 percent discount on food and soda (this excludes family feast special).

Sam's Club Military Promotion Month: When you join or renew your Military Membership, you receive a \$15 gift card plus free groceries (rotisserie chicken, five cheese macaroni, and cookies). This offer is available **May 1-31**. This offer is valid for active military, veterans, military personnel and military spouses. Proof of military service required for military membership.

New Life Chiropractic Clinic: All Arsenal Island military and civilian employees will receive a 10 percent discount off its services located at 2500 18th Street in Bettendorf.

Chocolate Manor: All Arsenal Island military and civilian employees will receive a 10 percent discount off their total purchase on any of our award winning homemade chocolates at 110 E. 2nd St., Davenport, just show your ID.

Roosters Sports Bar and Grill: All military and civilian's get 10 percent off their bill. Come head down for lunch at 2130 3rd St., Rock Island, new

specials daily. **Peachwave Frozen Yogurt:** Peachwave, 3431 Devils Glen Rd., Bettendorf, offers a 10 percent discount every day to all military and veterans. *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*

Arsenal Traffic/Construction



Parking Lot 2E and Buffington Street Closures

Parking Lot 2E, located North of Bldg. 220, and access to Flagler St. from Rodman Ave. are planned to be closed for repair beginning April 15 for about eight weeks. Pedestrian access to the JMTC facilities through the turnstiles and gates in this work area will also be closed. Immediately following the parking lot completion, Buffington St., from Rodman Ave. to Parking Lot 3H (parking lot west of Bldg. 350) will be closed for repair. Work on Buffington St. is anticipated to last about six weeks. Western traffic is encouraged to use North Ave. and Whittemore St. Eastern traffic is encouraged to use North Ave. and Gillespie St. Short duration, one lane closures on Rodman Ave. may occur near Buffington St. during this work time. Signs and barricades will be used to warn traffic and close areas during repair.

Parking Closure Near Bldg. 64

Effective March 1 through Wednesday, **July 1**, the Directorate of Public Works will begin replacing the roof on Bldg. 64. Parking along the west side of the street (3rd street) will be closed **April 17 through July 1**. During these closures fencing, barricades, and signage will be positioned, as required. Timeframes may be extended depending on weather related issues.

Rock Island Viaduct Sidewalk Closed to Pedestrians

"Sidewalk Closed" signs have been erected at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents. Attached illustration indicates the suggested alternative route (STR276 American Discovery Trail and Pedestrian Bridge) during the closure.

Building/Space Closures



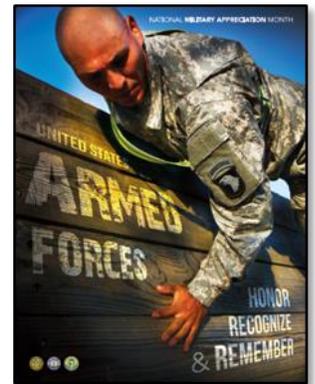
There are no building/space closure announcements for this week.

Active Duty/Reserve Zone



National Military Appreciation Month: "United States Armed Forces: Honor, Recognize & Remember"

In 1999, Congress designated May as National Military Appreciation Month to encourage the nation to publicly demonstrate their appreciation for the sacrifices and successes made by Service members -- past and present. The declaration summoned U.S. citizens to observe the month "in a symbol of unity, to honor the current and former members of the Armed Forces, including those who have died in the pursuit of freedom and peace." National Military Appreciation Month reminds all of the sacrifices Service members and their Families make to protect the nation's freedom. The Army is the strength of the nation -- the strength of the Army are the Soldiers, Families, retirees and civilians. The strength of the Soldiers and civilians is the Total Army Family, and taking time to honor those who faithfully serve demonstrates the nation's gratitude for their service. ([More](#))



Progressive Motorcycle Program

The Army Progressive Motorcycle Program (PMP) requires all Soldiers who own or operate a motorcycle to complete four separate training events at specific time intervals defined in Army Regulation 385-10: the Motorcycle Safety Foundation Basic RiderCourse (BRC), Basic RiderCourse 2 (formerly Experienced RiderCourse) or Military SportBike RiderCourse, motorcycle refresher training, and sustainment training. Required follow-on training must be completed within 12 months of completing the BRC, and sustainment training is required every five years. Refresher training is only required if a rider has been deployed more than 180 days. ([More](#))

Bix 7 Road Race Waves Entry Fee

The [Bix 7 Road Race, July 27](#), in Downtown Davenport, again this year is honored to be able to wave entry fees for active duty military, guard and Reserve. Complete the [printable entry form](#), enter your military ID number where indicated and mail your entry to us. You must pick up your packet in person at the Bix 7 Expo and show your military ID. Last year several hundred military, guard and reserve participated. Additionally, last year the Bix committee was able to establish two distinctive viewing areas for veterans. The starting line saw several honor flight participants, while the top of Brady and Kirkwood had a large contingent representing the Vietnam veterans. The 41st Anniversary is shaping up to be another great event and we're excited to show our continued appreciation to the military. ([Entry Form](#))

Putnam Museum is a Blue Star Member Institution

The Putnam is now one of more than 2,000 museums across America to offer free admission to military personnel and their families this summer in collaboration with the National Endowment for the Arts, Blue Star Families, and the Department of Defense. Any active duty military personnel including National



Guard and Reserve, and up to five family members, receive free admission to the Museum and Science Center **Memorial Day through Labor Day**. "We are honored and excited to be able to bring this program to our Quad Cities Military families," said President and CEO Kim Findlay. "Through our participation in the Blue Star Museums program, we are able to show our continued support for all our active military and thank them for their hard work and sacrifices." Leadership support has been provided by MetLife Foundation through Blue Star Families. The program provides families an opportunity to enjoy the nation's cultural heritage and learn more about their new communities after a military move. The complete list of participating museums is available at arts.gov/national/blue-star-museums.

Brides Across America Celebrates Independence Day By Giving Away Free Wedding Gowns Nationwide

Brides Across America is proud to kick off its annual Operation Wedding Gown campaign at participating bridal salons nationwide. From **July 11-18**, in honor of Independence Day, qualified military brides can go into a participating salon and receive a free wedding gown. "Operation Wedding Gown" has grown and we are now able to grant weddings to our military couples in need. Oftentimes military couples find it difficult to plan their "fairy tale" wedding due to deployment, injury and/or economic hardship. With the collaborative effort, Brides Across America has donated more than 14,000 gowns to military brides and has gifted 20 weddings. More information can be found at www.bridesacrossamerica.com.

Military 4-H Scrapbooking SPIN Club

Explore, Engage, Innovate... the world of scrapbooking. Take photos you have and create a scrapbook that will last a lifetime. Each month youth will learn a new scrapbooking technique and create a page. Snacks will be at each meeting. Eligibility includes military youth, ages 12-18. This program will meet every 3rd Wednesday of the month, **Feb. 18 to Dec. 16**, 5:30-7 p.m., in the Cassion Room, in Bldg. 60. Cost includes a supply fee of \$20; non-4-H members add a \$20 program fee (fee waivers available upon request). [Register online today!](#) Or for more information call the University of Illinois Extension, Rock Island County 4-H Office at 309-756-9978. University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accommodation to participate call 309-756-9978 at least two weeks in advance.



Safety Spotlight



**ARMY SAFE
IS ARMY STRONG**



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Takata Airbag Recall Expanded To 33.8 Million Cars

In a safety campaign of historic proportions, 33.8 million vehicles equipped with defective airbag inflators will be recalled, according to a joint announcement from parts supplier Takata and the Department of Transportation. This doubles the scale for the existing recall of roughly 17 million vehicles equipped with defective airbags, and it now counts BMW, Chrysler, Daimler Trucks, Ford, General Motors, Honda, Mazda, Mitsubishi, Nissan, Subaru and Toyota among the affected automakers. Up to this point, Takata has remained conservative, refusing to issue a nationwide recall for the potentially faulty airbag inflators. Any recalls for Takata airbags were issued by the automakers themselves. Beyond the massive scale the total recall now encompasses, it is significant that Takata now acknowledges that a defect exists in its inflators. ([More](#))

Motorcycle Riding Courses

The Garrison Safety Office is offering Motorcycle Riding Courses for military personnel. The motorcycle rider training program is certified by the Motorcycle Safety Foundation. The courses are designed to help riders manage their risk and increase their skills through riding and classroom instruction. Per DODI 6055.4, DOD Traffic Safety Program, military personnel who operate motorcycles must be appropriately licensed to operate on public highways and must have successfully completed an approved rider or operator safety course meeting the MSF-based State-approved curriculum. Any military member operating a motorcycle on or off Rock Island Arsenal must be in possession of a MSF card when they ride to verify completion of required training. The motorcycle training courses at RIA are scheduled as follows:

- Experienced Rider Course: **June 9** (one eight-hour day)
- Military Sport Bike Riding Course: **June 10** (one eight-hour day)
- Military Sport Bike Riding Course: **June 11** (one eight-hour day)
- Basic Motorcycle Riding Course: **July 28-29** (two eight-hour days)
- Experienced Rider Course: **July 30** (one eight-hour day)
- Military Sport Bike Riding Course: **Sept. 22** (one eight-hour day)
- Basic Motorcycle Riding Course: **Sept. 23-24** (two eight-hour days)

Registration for courses is through the web-based "AIRS" system at <https://imc.army.mil/airs/default.aspx>

Note: Each course is limited to 12 riders. If a minimum number of riders is not realized or if a need for a particular class is greater than the number of classes scheduled, a class may be cancelled or shifted. If you need further information please contact either Nancy Carlson or Michael Chaplin via phone extension 309-782-1380 or via email nancy.l.carlson.civ@mail.mil or michael.j.chaplin.civ@mail.mil, respectfully.

Motorcycle Safety Awareness Month

Motorcycle accidents continue to be a leading cause of accidental death in the United States Army. During fiscal 2014, 34 Soldiers were killed while riding their motorcycles, a figure that represents approximately 43 percent of all private motor vehicle fatalities occurring during the year. While leader engagement and enhanced training opportunities have helped drive advances in rider safety during the past several years, greater awareness is needed to ensure all Soldiers are prepared to ride in a safe and disciplined manner. ([More](#))

Equal Employment Opportunity Focus



Garrison EEO Office Closure

The Garrison EEO Office will be closed on **May 29** and will resume normal hours of operation on **June 1**. The Garrison Equal Employment Opportunity Office is a critical part of the RIA community. We strive to seek ways to improve diversity in the workplace and create an environment where all RIA employees are valued, respected, and free to develop and perform to their fullest potential. For more information and valuable resources visit our page at www.usagria.army.mil/Offices/installation/EEO

Mark Your Calendars – Asian Pacific American Heritage Month Observance

There will be an Asian Pacific American Heritage Month Observance on **May 28**, in Heritage Hall, Bldg. 60, at 1 p.m. This year's theme for Asian Pacific American Heritage Month is "Many Cultures, One Voice: Promote Equality and Inclusion." During the month of May we honor Asian and Pacific Americans for their military service and contributions to the success of our Nation. Despite historic obstacles, Asian and Pacific Americans have persevered and contributed to every aspect of American life. This month, we pay tribute to the tenacity, hope and resolve of Asian and Pacific American Soldiers, civilians and Family members who have helped shape our history and make America's Army a model institution for diversity and inclusion. We take this time to remember the challenges and celebrate the achievements that define our history. The Army is fortunate to gain its strength from the vast diversity of languages, religions and cultural traditions found in our ranks, and that we represent the American people we serve. The Army is the strength of the Nation and historically a leader in creating opportunities for all. We firmly value the principles of diversity and inclusion and continue to lead American society in maximizing the potential of future leaders from all backgrounds. As we celebrate the contributions of Asian and Pacific Americans to our military profession, we are assured that the American dream is attainable by all who desire it. Army Strong!



Annual Employee Self-Identification of Disability, Race and Ethnicity

Accurate data is significant to ensuring appropriate planning, resourcing, monitoring, and statistical reporting of Equal Employment Opportunity programs. The Garrison EEO Office requests and encourages employees to access the automated tool MyBiz, <https://compo.dcpds.cpms.osd.mil>, and review personal data to ensure its accuracy. Employee action by **June 1** is requested. Employees may update disability, ethnicity, and race information in MyBiz. Employee step-by-step instructions for viewing and updating these data elements are attached. Furnishing of disability, ethnicity, and race information is voluntary and does not impact your employment. Self-identification is used for statistical purposes only. The information entered in MyBiz is covered by the Privacy Act of 1974. Employees may direct questions regarding the collection and reporting of disability, race, and ethnicity to the Garrison EEO Office at 309-782-1488 or DSN 793-1488.

Morale, Welfare & Recreation



Morale, Welfare & Recreation (MWR)

Visit the MWR website at www.riamwr.com for information on all MWR programs.

Memorial Day Discount at the Arsenal Island Golf Course

Memorial Day is Monday, **May 25**. Take time to honor the lives, courage and legacy of fallen service members on this special day. <https://youtu.be/yMEGFcERtC8>. In honor of Memorial Day come out and enjoy weekday rates at the golf course on Monday, **May 25**. Call 309-793-1604 for more info and to make tee times.

Slow Pitch Softball League

Get your team together and make sure to get signed up for the 2015 RIA Slow Pitch Softball League. This games for this co-ed league will be played on Monday nights at the sports complex on Blunt Road. Cost is \$420/team. Registration packets and more info is available at the Fitness Center or by calling 309-782-5124. Deadline to register is Wednesday, **May 27**. ([Flyer](#))

Newcomers Orientation and Tour

Are you new to the Arsenal or do you have new employees or service members in your office? Make sure to get them/yourself signed up for our next Newcomer's Orientation and Tour Thursday, **May 28**, 8 a.m. - 12 p.m., at the Arsenal Island Clubhouse. The briefings and info on the tour will include everything a new employee needs to know to successfully transition to the Rock Island Arsenal and the surrounding Quad Cities and make their new home feel like home. This free service includes breakfast and lunch courtesy of our sponsor, Rock Island Arsenal Federal Credit Union. Space is limited so call 309-782-0829 for more info and to reserve your spots. ([Flyer](#))

Self Defense Seminar

With school coming closer to summer break, outside activities will start to take shape. High school seniors will begin looking to college and college freshman will look to sophomore year. All will benefit from self-defense and self-awareness training. This three-hour self-defense seminar Saturday, **May 30**, 8-11 a.m., at the Fitness Center, will focus on those things to make the students aware of reactions needed to stop an assailant or aggressive friend. The seminar is not limited to students but anyone wanting to learn mind opening techniques that can be remembered and used with little repetition. Unlike most self-defense systems that rely heavily on strength, speed, and coordination, the student will use techniques that regardless of age or athletic ability can be applied. This program can be started without any previous experience or martial arts training. The seminar is \$50/person and you can sign up by calling 309-782-6787 or stopping by the Fitness Center. ([Flyer](#))

First Friday Social (formerly the Island Wide Social)

Join your Island colleagues Friday, **June 5**, at 4 p.m., at the Lock & Dam Lounge (formerly known as the Arsenal Club in Bldg. 60) for a fun evening of appetizers, drinks, networking, and socializing and karaoke. This event is open to the entire RIA workforce and the general public as well. Call 309-782-4372 for more info. ([Flyer](#))

Rock the Island Car Show

Rock Island Arsenal's 2nd annual Rock the Island Car Show will be held on Rodman Ave. from 9 a.m. – 2 p.m. on Saturday, **June 13**. Vehicle registration is \$15/vehicle. This fun, family event is free to attend and open to the public, so please share with all your automotive enthusiast friends. Register online at: <http://tinyurl.com/RIA-CAR-SHOW-2015> Call 309-782-8631 for more information. ([Flyer](#))

High Five Tour

Help support Wounded Warriors and their families Wednesday, **June 17**, 10 a.m. - 12 p.m., in front of Bldg. 60, by stopping in to see the mobility equipped Ford Explorer as it makes its way across the United States. Everyone is invited to sign the car with a message of encouragement and/or donate to the cause. When the car is finished touring the country it will be auctioned off and the proceeds will go to Wounded Warriors and their families. ([Flyer](#))

MWR Leisure Travel Office



Office Hours

Monday through Friday, 9 a.m. – 3 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. ([email](#)) ([website](#))

Professional Bull Riders

Coming to the iWireless Center - The PBR's BlueDEF Velocity Tour is a collaboration between PBR and AEG, the leading sports, entertainment and venue operator in the world, which offers established and up-and-coming bull riders the opportunity to gain the valuable points needed to qualify for the PBR's elite Built Ford Tough Series. Leisure Travel has limited discount seats until **June 1**. Section 116 Rows 9 & 10 are \$49, Section 105 Tows 7 & 8 are \$29.

Date: **Saturday, June 13**

Time: **7 p.m.**

The Sound of Music

This Tony Award winner for Best Musical provides one of the most thrilling and inspirational finales ever presented in theatre. Enjoy such timeless classics as "Do-Re-Mi," "My Favorite Things," "Climb Every Mountain," and more. Leisure Travel has discounted seats available until **June 12** for \$46.

Date: **Saturday, June 27**

Time: **5:45-9 p.m.**

Outdoor Recreation's Annual Maquoketa River Canoe Trip

Pack a picnic lunch, bring the kids and dog and join Outdoor Recreation for a leisurely canoe trip on the Maquoketa River in Monticello, Iowa, on Saturday, **July 11**. Participants must preregister and pay with Outdoor Recreation. For complete details call 309-782-8630.

Time: **9 a.m. - 4 p.m.**

Cubs vs. Cardinals Bus Trip

MWR Leisure Travel has a Cubs vs. Cardinals bus trip scheduled. Cost will be \$99 per person to include transportation and ticket to game. Seats are located in Upper Deck Box Outfield. Departing from RIA at 6 a.m. from the COL Davenport Pavilion. Limited alcohol permitted on chartered bus. Coolers must fit under the seats and not block the aisle. No glass bottles. No smoking permitted on motor coach. Estimated return time will be 8 p.m. ([Flyer](#))

Date: **Saturday, Sept. 19**

Time: **12:05 p.m.**

Discount Amusement Park Tickets and More at Leisure Travel

Memorial Day is the unofficial kick off to summer and Leisure Travel has discounts on all kinds of summer activities. Whether you are looking to book a cruise, need help finding a hotel, or just want to ride the rides at Adventureland or Six Flags Great America, Leisure Travel is the place to start. Call 309-782-5890, stop by the office in Bldg. 333 (next to the PX), or [visit our webpage](#) for more info and prices.

Disney LIVE! Three Classic Fairy Tales

Join Mickey, Minnie, Donald and Goofy as they take audiences on a captivating journey and magically bring to life three timeless fairy tale adventures. Discover Snow White as she searches for her one true love; Cinderella getting ready for her magical night at the ball; and Belle, from Beauty and the Beast, as she finds happiness in the most unusual place. Anchored amidst a transforming set, captivating choreography, innovative lighting and breathtaking costumes, this authentically-woven tale of “happily-ever-after” is a heart-warming Disney experience for the entire family. Children One & older need a ticket. Leisure Travel has discounted seats for both performances. Show times at 4 p.m. and 7 p.m. Seats on sale until **Oct. 9**.

Date: **Friday, Oct. 16**

2015 Adventureland Tickets

Leisure Travel has discounted 2015 admission tickets on sale. Gate price for Adult is \$40; Child is \$35; MWR is \$32. Two years and under free admission.

Davenport Cinemark 53rd 18 + IMAX Theatre

Leisure Travel is selling Platinum Supersaver Prepaid Admission Tickets to Davenport Cinemark 53rd 18 + IMAX theatre (formally 53rd cinemas and RAVE cinemas) These tickets have no restrictions or expiration date.

Child, Youth & School Services



Covenant Cottage Child Development Home

Covenant Cottage Child Development Home is available for backup, emergency, and hourly care for ages four weeks through 12 years. The home is located on post and is open from 6 a.m. – 6 p.m. Monday through Friday, Tuesday and Thursday evenings and Saturday mornings. Army Family Covenant Guidelines state deployed Soldiers are entitled to 16 hours free respite childcare per child, per month. For reservations call 309-782-6793. We encourage you to call as far in advance as possible because spaces fill quickly.

Army Community Service



ACS is located in Bldg. 110, 1st floor SE; [Visit our ACS website](#) or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here.](#) 24/7 Sexual Assault Hotline: **309-229-8412**.

Overseas Orientation Briefing

Are you on orders to PCS out of the country? If so make sure to attend the Overseas Orientation Briefing Tuesday, **June 2**, 9:30-11 a.m., at Army Community Service (Bldg. 110), to learn specifics and tips about your new duty location. Call to RSVP: 309-782-0829. Individual relocation

counseling is also available by appointment, call 309-782-0829 to schedule your appointment. ([Flyer](#))

Sponsorship Training

Have you been appointed to sponsor a new incoming Soldier/civilian? Make sure to attend our monthly sponsorship training session Friday, **June 5**, 12-1 p.m., at Army Community Service (Bldg. 110), before your new Soldier/civilian arrives so that you can help them adjust to their new duty station quickly and hit the ground running. Training is held on the first Friday of every month from 12–1 p.m. at Army Community Service (Bldg. 110) and lunch will be provided for all service members courtesy of the USO. Registration is required by calling 309-782-0829. ([Flyer](#))

Employee Assistance Program



ASAP/EAP is located in Bldg. 56, 1st floor; visit our [ASAP/EAP website](#) or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. [Find us on Facebook click here.](#)

Education/Training Review



The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. [Please visit our website to learn more.](#)

Save the Date for Annual Commencement Recognition Ceremony

Save the Date! ACES Rock Island Education Center will once again host its annual Commencement Recognition Ceremony on **Sept. 1**. All Soldiers that have earned a degree this fiscal year, are encouraged to contact our office to ensure that you will be recognized for your outstanding achievement at 309-782-2065.

St. Ambrose University Lunch and Learn

St. Ambrose is hosting informative lunch-n-learn sessions to learn how you can take advantage of special tuition rates available for MBA students. In support of our military and civilian personnel on the Arsenal, SAU offers special pricing at a fraction of the regular tuition rate for MBA students. The event will take place **June 11** in Bldg. 56, Room 116, 11 a.m. – 12 p.m., or 12-1 p.m. A light lunch will be provided. Priority will be given to military personnel. RSVP NLT **June 9** to reserve your seat. Call 563-333-6170 or leonardmichelem@sau.edu. The Garrison POC is [Michelle Beck](#), at 309-782-0965.

Area Schools to Visit RIA

The [Army Continuing Education Systems Rock Island Arsenal](#) is coordinating with Quad-City area schools to have them visit with eligible Ed Center patrons where they will meet with school representatives and learn about educational opportunities in the Quad Cities. These visits will take place in Bldg. 56, Room 121, 10 a.m. – 2 p.m. The schedule for this fiscal year is: • Ashford University, **July 23**; • Black Hawk College, **July 9**; • Eastern Iowa Community College, **June 4, July 2, Aug. 6** and **Sept. 3**; • Kaplan University **Aug. 13**; • Saint Ambrose University, **July 16**; • Trinity College of Nursing & Health Sciences, **Aug. 20**; • Upper Iowa University **Aug. 12**.

Defense Commissary Agency / Exchange



The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: www.commissaries.com ([Facebook](#))

Commissaries Urge Customers to "Be Food Safe" when Grilling

Nothing signals the start of summer like a backyard barbecue on Memorial Day! As grilling season approaches, we encourage customers to handle and prepare their food safely. Commissaries work with their military health inspectors to emphasize this message to customers as part of the "Be Food Safe" campaign. To learn more about food safety techniques for grilling, please check out our news release: [7 Food Safety Tips to Consider for Barbecues](#).

Exchange Opens Earlier, Serves Breakfast

The Exchange located on Rock Island Arsenal began opening at 7 a.m. Oct. 1. Also effective Oct. 1, the Exchange began featuring heat-and-eat breakfast items at the front of the store. "We will be running these hours for two months to make sure that there will be demand to be open at 7 a.m.," said Carl Wolfe, store manager, Rock Island Exchange. "We are really hoping with the Exchange having an entire new 'Heat and Eat,' that we will cater to the Soldiers coming on the Island in the morning and we know a lot of them have PT in the mornings and this will give them a chance to grab something before they go in the office for the day." The new open-to-close store hours are 7 a.m. – 6:30 p.m., Monday through Friday; and 8:30 a.m. – 6:30 p.m. on Saturdays. The "Heat and Eat" items being sold in the mornings will include: Breakfast Tornados, Breakfast Deli Express sandwiches, Cappuccino, and coffee, Roller Bites, and Breakfast Style Pizza. The Exchange will also have a lunch menu to include: Tornado's, Deli Express hot and cold sandwiches, hot dogs, Polish sausage, jalapeno sausage, Roller Bites, egg rolls, and pizza. In addition, the Exchange will also have microwavable meals, soup, and Asian noodles for sale all day long.



Arsenal Archive

Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

Rock Island Arsenal Historical Society Hosting Guest Speakers to Discuss Vietnam War-related Topics

To support the efforts of the US Army Garrison-Rock Island Arsenal as a Commemorative Partner for the Commemoration of the 50th Anniversary of the Vietnam War, the board of directors of the Rock Island Arsenal Historical Society voted to host a guest speaker who could discuss a Vietnam War-related topic annually, each June in 2015, 2016, and 2017. The primary objective of the three-year commemoration is to thank and honor veterans of the Vietnam War. Rock Island Arsenal Historical Society meetings are open to both members and non-members. Those who wish to skip dinner and attend just the program portion of the meeting, starting at 7 p.m., may do so free of charge.



Get Ready for Some Fun During Quad Cities Museum Week June 13-21

Twenty museums from across the Quad Cities region will come together for the first ever,

Quad Cities Museum Week. Enjoy this celebration of our region's museums and participate in special activities, exhibits and promotions during this fun-filled week. It is the

perfect opportunity for families and friends to get out and explore. Each museum features its own, unique theme, history, galleries, and exhibits. Come and discover these wonderful gems that add to the quality of life in our region. We encourage you to tweet and post on your Facebook page about your Museum Week experiences. To find out more about Museum Week, please visit www.qcmuseumweek.com.



Rock Island Arsenal Historical Society Up-Coming Meeting

The Rock Island Arsenal Historical Society will have its monthly meeting at 6 p.m. on Thursday, **June 4**, in the Veranda Room of the Arsenal Island Golf Course Clubhouse. The menu for dinner Caesar salad, grilled chicken, with fresh fruit salsa, grilled squash, roasted new potatoes, rolls and strawberry shortcake. All dinners include breadsticks, coffee, tea and water. The total cost is \$14 per person including tax and tip. Our event is open to both members and non-members. Interested parties may choose to attend only the program portion of the meeting at 7 p.m. at no cost. Guest Speaker will William "Bill" Albracht, author of *Abandoned in Hell*. During the Vietnam War, Albracht, a commissioned officer in the Army's Green Berets, was the recipient of three Silver Stars for gallantry in action, three Purple Hearts, five Bronze Stars, as well as other awards for combat valor. Albracht will be speaking about his Vietnam War experiences and his book. For reservations call Monica 563-650-4349 or Linda 563-355-6165 or email chiicaliinda@aol.com. Reservations are due by noon on Monday, May 31. Cancellations must be made by the reservation deadline or you

will be liable for cost incurred and billed accordingly. If further clarification is required on this notice, please call Kris Leinicke at 309-782-3518.

History Comes Alive for Pioneer Days at the Colonel Davenport House

The third annual Pioneer Days at the Colonel Davenport House on Arsenal Island expands to two days this year on **June 13-14**. There is an overnight encampment of fur trader re-enactors, called a Buckskinners' Rendezvous, with pioneer portrayers demonstrating hatchet and knife throwing, and craft demonstrators such as wood-working, chair caning, spinning, quilting, basket making, rope making, and campfire cooking. There are also historical re-enactors and activities/demonstrations from the Belgian Lace-makers, Buffalo Bill Museum, Moline Preservation Society, Rock Island Arsenal Museum, River Share Library, and more. Larry Lockwood will do a demonstration at 1 p.m. on Saturday on drum and a recitation on the Indian influence of the pioneer era. Lockwood is a member of the Northern Cheyenne tribe and also belongs to the Native American Coalition of the Quad Cities. Vendors available will be Dickey's BBQ with sandwiches, fries, and drinks; and Stan's Ice Cream. Pioneer Days hours are 10 a.m. to 5 p.m. on Saturday, **June 13** and 12-4 p.m. on Sunday, **June 14**. Tours of the Colonel Davenport House included. Admission is \$10.00 adults for 13 years and over; free 12 and under. For more information, visit their website at www.davenporthouse.org. Plan to spend the day on Arsenal Island on the Mississippi Riverbank, just like George Davenport's family did when they lived there.

This Week in Rock Island Arsenal History – May 18-24

On May 24, 1870, the stone construction work for RIA Commander's Quarters One began. On May 25, 1934, Col. Alexander Gillespie received command of the RIA.



Healthbeat

Important Changes in Pharmacy Hours

• **May 26:** We will not have a pharmacist on duty, we will not fill outside prescriptions, only prescriptions filled will be for patients seen in the clinic that day for acute conditions, routine refills for patients seen in the clinic will not be dispensed.

Please bear with us while we work through a pharmacist shortage. If you have any questions or concerns, please feel free to call Sgt. First Class Robinson-Wilson at 309-782-0989 or 309-782-0943, or you may call Capt. Converse at 309-782-0865.

TRICARE Tip of the Week

Have you been a target by call center scams? The Defense Health Agency, Office of Program Integrity, has received a significant number of concerns from TRICARE beneficiaries regarding a telephone scam in which callers are trying to sell medical supplies such as pain cream. TRICARE and its contractors never call and ask for personal identifying information or health information. Beneficiaries should be wary of unsolicited attempts by any entity asking them for personal or health information, either by phone or in person. Read more at www.health.mil: "TRICARE Beneficiaries Being Targeted by Call Centers and Others for Unsolicited Medical Prescriptions." For additional information on fraud and abuse reporting: Visit our Reporting Fraud and Abuse page. Visit www.health.mil/fraud. Contact the Express Scripts, Inc. fraud hotline at 1-866-759-6139 or

TRICAREfraudtip@express-scripts.com. (ESI administers TRICARE's pharmacy benefit.) Have a Great TRICARE Day!

Women's Health Month

As the Army recognizes Women's Health Month in May, Army Medicine seeks to educate and empower women to make their health a top priority and encourage them to take steps to improve their physical, mental, emotional and spiritual health. Sleep, activity, nutrition, regular checkups and preventive screenings are paramount in improving one's health. Female Service members proudly serve in the nation's military, making up 15.8 percent of the force today including active duty, reserve, and guard. The percentage of females continues to grow, increasing four percent from 20 years ago. Army Medicine recognizes the magnitude and impact of women's health and appreciates the unique challenges of being a woman in the Army whether Soldier, Family member, or retiree. In order for women to be fully integrated and effective members of the team, the Army must ensure women's unique health needs are addressed. ([More](#))

May is Better Hearing and Speech Month

There are a number of causes of hearing loss. Some of them involve temporary loss that can be treated with medication or surgery. Others are permanent and not treatable with medication or surgery but may be mitigated with amplification (hearing aids). The most common type of hearing loss in the military is noise-induced hearing loss, or NIHL. NIHL is a permanent type referred to as sensorineural hearing loss (SNHL). SNHL is due to damage to microscopic nerve cells in the cochlea, the end organ of hearing. NIHL is painless, progressive, permanent and preventable. ([More](#))

Notes for Veterans



May is Mental Health Awareness Month

May is Mental Health Awareness Month. To commemorate the month, the Department of Veterans Affairs (VA) is encouraging Veterans, along with their families and friends, to visit and view recovery journey stories on the website, MakeTheConnection.net. Make the Connection is a national awareness program operated by VA aimed at reducing the negative perceptions and stigma associated with seeking mental health care. Through the Website, Veterans and their loved ones hear from hundreds of other Veterans who may be experiencing similar challenges, learn strategies for support and recovery, along with local resources available through a resource locator. ([More](#))

Around the Q.C.



May 22-31: [Historic Homes & Gardens of the Scottish Highlands](#) (QC Botanical Center, Rock Island)

May 25: [50th Annual Quad Cities](#) Criterium (Village of East Davenport)

June 1-6: [25th Annual Quad Cities Senior Olympics](#) (1800 3rd Ave, Rock Island)

June 3, 4: U.S. Army & NDIA Small Business/APBI Symposium (iWireless Center)

June 5-6: [Rhubarb Festival](#) (Aledo, Ill.)

June 6: [QC Pridefest](#) (Downtown Davenport)

June 12-13: [Gumbo Ya Ya](#) (The District, Rock Island)
June 13: [Quad Cities Cruisers Cruise-In Carshow](#) (4-9 p.m., Davenport Learning Center, 1002 W Kimberly Road)
June 13-21: [Quad Cities Museum Week](#) (Greater Quad Cities)
June 15: [YSB-Whitey Verstraete Memorial Golf Outing](#) (Pinnacle Country Club, Milan, Ill.)
June 17-20: [Rally on the River](#) (Centennial Park, Davenport)
June 20: [2nd Annual Micro Brew Mile & 6K Road Race](#) (Moline)
June 21: [Ride the River Bike Ride](#) (Mississippi River bike paths, Iowa & Illinois)
June 28: [Blossoms at Butterworth](#) (Butterworth Center, Deere family homes, Moline)
July 3: [Red, White & Boom!](#) (The District, Rock Island & Downtown Davenport)
July 4: [Firecracker Run & Parade](#) (Run starts at 7:30 a.m. with the parade at 1 p.m., East Moline)
July 4: [Bettendorf Old-Fashioned 4th of July](#) (parade at 10 a.m.)
July 6-12: [John Deere Classic PGA TOUR](#) (TPC Deere Run golf course, Silvis, Ill.)
July 9-11: [Walcott Truckers Jamboree](#) (Iowa 80 Truckstop, Walcott, Iowa)
July 11: [Quad Cities Cruisers Cruise-In](#) (6-9 p.m., Davenport Learning Center, 1002 W Kimberly Road)
July 15-19: [Rock Island County Fair](#) (Fairgrounds, East Moline)
July 17: [Rock Island Arsenal Chapter AUSA Annual Golf Outing](#) (Arsenal Island Golf Course)
July 18: [7th Annual Bark in the Park 5k Fun Run/Walk](#) (Geneseo City Park, Geneseo, Ill.)
July 24-25: [Downtown Street Fest](#) (2nd Street in downtown Davenport)
July 25: [Bix 7 Run/Walk](#) (Downtown Davenport)
July 30-Aug. 2: [Bix Beiderbecke Memorial Jazz Festival](#) (RiverCenter/Adler Theatre, Davenport)
Aug. 4-9: [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds, Davenport)
Aug. 6: [Freedom Run 5k](#) (Moline)
Aug. 7-8: [Ya Maka My Weekend](#) (The District, Rock Island)
Aug. 8: [Quad Cities Cruisers Cruise-In](#) (6-9 p.m., Davenport Learning Center, 1002 W Kimberly Road)
Aug. 13-15: [Tug Fest](#) (LeClaire, Iowa & Port Byron, Ill.)
Aug. 15: [Graduation Destination, Take the Journey, Finish It!](#) (River's Edge, 700 W. River Drive, Davenport)
Aug. 15: [Floatzilla](#) (Sunset Marina, Rock Island)
Aug. 28-29: [River Roots Live](#) (Downtown Davenport)
Aug. 28-30: [World Series of Dragracing](#) (Cordova Dragway, Cordova, Ill.)
Sept. 4-7: [Mississippi Valley Blues Festival](#) (LeClaire Park, downtown Davenport)
Sept. 5-6: [Rock Island Grand Prix](#) (Downtown Rock Island)
Sept. 5-7: [Labor Day Weekend Pow Wow](#) (Black Hawk State Historic Site, Rock Island)
Sept. 12: [Quad City Symphony Riverfront Pops](#) (LeClaire Park, downtown Davenport)
Sept. 12: [QCA Heritage Tractor Parade & Show](#) (John Deere Pavilion, Moline)
Sept. 12: [Quad Cities Cruisers Cruise-In](#) (6-9 p.m., Davenport Learning Center, 1002 W Kimberly Road)
Sept. 12-13: [Beaux Arts Fair](#) (Downtown Davenport)
Sept. 18-19: [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)
Sept. 19: [Brew Ha Ha](#) (LeClaire Park, Davenport)
Sept. 19-20: [Riverssance Festival of Fine Arts](#) (Village of East Davenport)
Sept. 27: [Quad Cities Marathon](#) (downtown Moline)
Sept. 25-27: [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)
Oct. 10: [Trinity Quad Cities Classic Regatta](#) (Mississippi River in Moline)
Oct. 10: [Quad Cities Cruisers Cruise-In](#) (3-6 p.m., Davenport Learning Center, 1002 W Kimberly Road)
Oct. 11: [Apple Fest](#) (Downtown LeClaire, Iowa)
Oct. 29: [Fright Night](#) (The District, Rock Island)
Oct. 24: [Lagomarcino's Cocoa Beano 5K Race](#) (Village of East Davenport)
Nov. 20-29: [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)
Nov. 21: [Festival of Trees Parade](#) (Downtown Davenport)
Nov. 21: [Lighting on the John Deere Commons](#) (Downtown Moline)
Dec. 4-6: [Heartland Emergency Response Conference Expo](#) (QCCA)

Island Insight



Col. Elmer Speights, Jr., Garrison Commander; Eric Cramer, Public Affairs Officer; Mark Kane, Editor

The Army publication, Island Insight, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office. [Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged.](#) All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight](#); usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil; Phone: 309-782-1121. [The Island Insight is available on-line.](#)

