



May 6, 2013

# Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Island Intranet under "Information" and on the installation website at [www.ria.army.mil](http://www.ria.army.mil) under "About USAG-RIA" and then "News" and "Local News."

**Island Insight Submission:** <https://home.ria.army.mil/sites/ii/ii.cfm>

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**RIA Commander Speaks of Arsenal's Future, Way Ahead:** Brig. Gen. John F. Wharton, commanding general of the Army Sustainment Command, hosted a Rock Island Arsenal-wide town hall May 1 to outline his vision for the future of Arsenal Island. The town hall took place at Heritage Hall in Building 60. "We are trying not to focus so much on the noun 'Arsenal'," Wharton said, "and focus more on the state-of-the-art technologies of information technology,

supply chain, all of those kinds of things that will keep us relevant and keep us at the forefront." Wharton, the island's senior mission commander, described RIA as an Army post with regional and global impacts. Being the largest employer in the region, with more than 7,700 employees, the installation has a community impact of more than \$1 billion per year and 14,000 local jobs. The 10 major commands located on the island support military members around

the world through their manufacturing, research and development, sustainment, engineering and training missions, as well as Soldiers and their families locally. "Now that we own the installation Department of Logistics we



"HOME OF US ARMY LOGISTICS"



basically have most of the segment of the supply chain under Army Materiel Command for the Department of Defense," Wharton said. "If I were to talk about it in a business sense -- and if we are serious about getting after efficiency -- we own most of the global supply chain." ([More](#))

## Public Service Recognition Week Highlights Work of Government Employees:

It's Public Service Recognition Week, which means federal agencies, labor unions and a host of related groups will spend the week raising awareness of government employees and the work that they do. The Public Employee Roundtable, a coalition of "good government organizations" that created Recognition Week 28 years ago, hosted its first-ever Public Service 5K on Sunday in Washington's Anacostia Park, marking the start of this year's slate of events. As the week continues, leaders from all levels of government are expected to issue proclamations, host award ceremonies and deliver messages about the value of civil service. ([More](#)) 



**President Obama Says 'Thank You' to Civil Servants:** President Obama and leaders in his administration thanked the country's civil servants for their work and dedication as part of the commemorations kicking off this year's Public Service Recognition Week.



Obama said in a letter that public servants played an instrumental part in helping "lay a strong foundation for our nation's progress." He added: "Our dedicated public employees are committed to a cause greater than personal ambition, and each day, they tackle many of our most urgent challenges and help move us closer to a more perfect Union." ([More](#))

**DOD Honors Civilian Employees for Excellence:** "Your drive, your innovation, you set the bar for us," Deputy Defense Secretary Ash Carter said at the "Spirit Of Service" awards ceremony, part of the department's observance of Public Service



## Upcoming Dates

- May 5-11:** Public Service Recognition Week 
- May 10:** Military Spouse Appreciation Day 
- May 11:** Military Appreciation Day, Modern Woodmen Park 
- May 12:** MWR Mother's Day Brunch 
- May 15:** USAG-RIA Full Scale Exercise
- May 17-18:** All American Hickory Open 
- May 18:** Quad Cities Armed Forces Day 
- May 21:** RIAWC Golf Tournament 
- May 21-22:** USAG-RIA Motorcycle Basic Rider Course
- May 21-23:** Small Business Symposium / Industry Day 
- May 23:** Rock Island National Cemetery Flag Placement 
- May 23:** USAG-RIA Experienced Rider Course
- May 24:** MWR Spring Golf Scramble
- May 25:** Quad City Raiders' Service Member Appreciation Day 
- May 27:** Memorial Day (*Federal Holiday*)
- May 27:** Survivor Outreach Services Memorial Day
- May 27:** Rock Island National Cemetery Memorial Day Ceremony 
- June 11:** USAG-RIA Assumption of Command
- June 11-13:** DA Photo Studio Availability
- June 12:** USAG-RIA Safety Day
- June 15:** Quad Cities Military Salute Gala 
- June 15:** Pioneer River Days @ COL Davenport House 
- June 18:** USAG-RIA Town Hall
- June 24-28:** USAG-RIA Joint Services Installation Vulnerability Assessment (JSIVA)
- June 27:** RIA 3<sup>rd</sup> QTR Retirement, Retreat & Award Ceremony
- July 2:** JMC Change of Command Ceremony
- July 3:** Red, White & Boom 
- July 4:** Independence Day (*Federal Holiday*)
- July 11:** JMTTC Change of Command Ceremony



Recognition Week. Established in 1985, Public Service Recognition Week honors federal, state and local government employees across the country. "It's their service day in and day out that supports the war fighter and serves the American people," Carter said at today's ceremony. ([More](#))

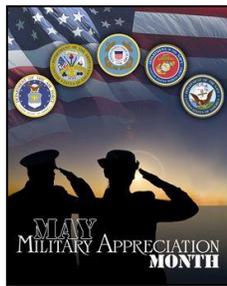
## **Recognition Week Seen as Antidote to Fed Bashing:**

Washington lingo loves acronyms and abbreviations. Max Stier, president of the Partnership for Public Service, has a new one that seems appropriate for the past few years: FBATT — fed bashing all the time. That describes how federal workers feel after a three-year freeze on their basic pay rates, unpaid furlough days for many staffers and various proposals to cut their retirement or otherwise hit their wallets. ([More](#))



## **National Military Appreciation**

**Month:** Congress designated May as National Military Appreciation Month in 1999 to ensure the nation was given the opportunity to publicly demonstrate



their appreciation for the sacrifices and successes made by our service members. The declaration summoned U.S. citizens to observe the month "in a symbol of unity, to honor the current and former members of the Armed Forces, including those who have died in the pursuit of freedom and peace." The Army has consistently honored the contributions and sacrifices of our Soldiers, family members, civilians and veterans. The theme of this year's commemoration is The United States Armed Forces: The Strength of the Red, White and Blue. ([More](#))

## **DOD Halts Shifting War Money Into Base Budget:**

For years, the Pentagon has been working to move funding from temporary war spending accounts into the base budget, particularly for brick-and-mortar efforts that were borne out of a decade of counterinsurgency fighting in Afghanistan and Iraq — and will likely live on long after the last soldier has left Bagram. Heavily armored vehicles, unmanned aircraft and even Army end-strength increases have all been funded in part or wholly through the overseas



contingency operations (OCO) budget. Under pressure from Congress, the US Defense Department has been shifting funding for these institutionalized efforts into the base budget, leaving the true downrange operational funding in OCO. But that's now being put on hold.

([More](#))

## **Odierno Says Army 'Preparing for the Worst':**

If sequestration continues, the Army might not be ready by next year to respond to contingencies such as the Syrian conflict, Army Chief of Staff Gen. Ray Odierno said Tuesday. Although Army readiness is suffering because of billions of dollars in defense cuts this year, Odierno said the service still could put boots on the ground in Syria if called upon to do so. ([More](#))



## **Leaders Fear Sequester's Impact On Recruitment, Retention, Service:**

The constant drumbeat of bad news and poor morale in the government is hurting recruitment and retention of mid- and upper-level employees at the General Services Administration, acting



administrator Dan Tangherlini said Monday. "We still have many, many more people who want to come work for us than we have [entry-level] opportunities," Tangherlini said at a Public Service Recognition Week town hall sponsored by the Partnership for Public Service. "It's really in midlevel retention, and mid- and upper-level recruitment, where we have people saying, 'I'm not sure I want to make those sacrifices.'" ([More](#))

## **DoD Sticking to Equal Furlough Plan:**

The agency with by far the most employees facing furloughs, DoD, continues to review its budget situation and has not announced specific plans; earlier it had warned of up to 22 days starting in April but cut that number to 14 starting no sooner than mid-June. DoD is sticking to its plan to impose an equal number of days on all components, even though some— notably, the Navy—have said they might need fewer or even none. In a letter to members of Congress who questioned that policy, DoD said it wants "consistency and fairness across the department," a response that brought



criticism from several unions representing DoD employees. ([More](#))

## **OPM's Explanation of Health**

**Proposals:** In a recent budget document OPM presented a more detailed look at the Obama administration's proposed changes in the FEHB program. Funds made available to carriers but not used to pay claims in the current period are carried forward as special reserves for use in subsequent periods. OPM maintains a contingency reserve, funded by employee and government contributions that may be used to defray future cost increases or provide increased benefits. ([More](#))



## **Feds Could Recover Some Furlough Days, OPM Says:**

Federal employees can convert extra furlough days into additional paid vacation in the event an agency cancels or draws back required unpaid leave, according to new guidance from the Office of Personnel Management. This situation could arise if a federal worker is given flexibility in when to take his



furlough days. If a worker chooses to take all the furlough days up front -- and the need to take furloughs is later canceled or the number of necessary furlough days is reduced -- the worker can use the days he took off as annual leave, OPM said. ([More](#))

## **VIOS Schedule for May:** Official DA Studio Photography (DA, government passport and command photos) will be offered at Rock

Island Arsenal **May 7, 8 and 9.** Appointments may be scheduled online by submitting a DA3903 Work Request Using the



[Visual Information Ordering Site](#) for these available times: Tuesday, **May 7**, 7 a.m. – 3:40 p.m.; Wednesday, **May 8**, 7 a.m. – 3:40 p.m., and Thursday, **May 9**, 7 a.m. – 3:40 p.m. Click on "Frequently Asked Questions" for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active duty Soldier's DA photos; 2. Official government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National



Guard Soldiers (not on active duty). The 8"x10" head and shoulders - command photos will be printed and available digitally. Additional prints can be ordered in VIOS. To obtain an official government passport photo: 1. Schedule a passport photo appointment at the RIA VIOS website. 2. Go to Transportation to obtain a printed DA form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA3903 form to the photographer before the passport photo is taken. You will receive two 2" x 2" passport photos. All scheduled dates can be found on the RIA VIOS website FAQ.

**AUSA Military Appreciation Night:** In coordination with Rock Island Arsenal AUSA Chapter 5102, the 2013 AUSA Military Appreciation Night will take place at Modern Woodmen Park in Davenport, Saturday, **May 11**, beginning at 6 p.m. The event will feature a tribute to our Vietnam veterans in addition to also honoring our military spouses. There will be a signing of the Quad Cities



Military Community Covenant honoring our Soldiers, veterans, military and their families. Free tickets for all active military personnel, Guard, reserve, retired, veterans, DoD civilians & their families. Tickets may be picked up at the MWR Travel & Leisure office on the Rock Island Arsenal or at any Quad City Hy-Vee store. Go to [www.ria-ausa.org](http://www.ria-ausa.org) for more details. ([More](#))

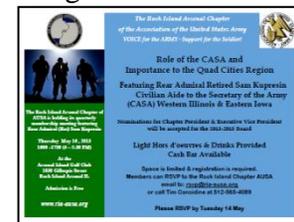
**"Let's Celebrate Our Mothers":** [Q-C Women In Action](#) will be hosting a special dinner in honor of mothers and motherhood. Honor your mother, wife, aunt, sister or grandmother by bringing her out for an evening full of entertainment, food and fun. Tickets are \$10 per person or two for \$18. Date: **Saturday, May 11** Time: **6 p.m.**

**Installation Force Protection Exercise:** The USAG will be hosting the annual Full Scale Force Protection Exercise on **May 15**. In order to make this event a success, volunteers are needed to act as role players. The exercise requires 25 volunteers to provide realistic training for RIA and



community. Volunteers are needed from 7 a.m. until approximately 2 p.m. the day of the exercise and for a one-hour safety briefing **May 14**. POC is [Ed Peterson](#) at (309) 782-1756. Since this exercise is conducted during work hours, personnel should coordinate with their supervisors for authorization prior to contacting Peterson. As in past exercises, organizations will set their own leave authorizations. Lunch will not be provided so volunteers are asked to bring a lunch or purchase a premium boxed lunch from Sheridan's for \$6.95 that will be brought to the exercise location. Order forms will be available at the safety briefing on **May 14**.

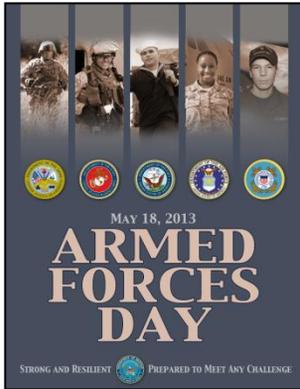
**AUSA May General Membership Meeting:** Rock Island Arsenal AUSA Chapter 5102 is having a general membership meeting at the Arsenal Island Golf Course clubhouse, 4-5:30 p.m., **Thursday, May 16**. Rear Adm. (Ret.) Sam Kupresin, newly invested Civilian Aide to the Secretary of the Army (CASA), will discuss the role and importance of the position to the QC Region. RIA AUSA nominations for



president & executive vice president will be accepted for the 2013-2015 board. Light hors d'œuvres and drinks will be provided at no charge. Cash bar will be available. Space is limited, please RSVP by email to [rsvp@ria-ausa.org](mailto:rsvp@ria-ausa.org) by Tuesday, **May 14**. ([Flyer](#))

## **6<sup>th</sup> Annual Quad Cities Armed Forces**

**Day Celebration:** The Armed Forces Day Celebration will be held Saturday, **May 18**, at the Brady Street Stadium Complex in Davenport. The hours of operation will be 11 a.m. – 3 p.m. The event will include participation from all of the military branches, the local reserve components, military associations, veterans' organizations, and the Quad City area High Schools Junior ROTC Programs. The celebration will feature equipment displays, live performances, presentations and table displays with the opportunity to visit with members from all of our nation's branches of service, including the US Coast Guard, Civil Air Patrol and local



Military Explorers. Food and refreshments will be available for purchase during this event. ([More](#))

## **Thank You for Making the 2012 CFC Campaign a Success:**

According to a statement sent out by OPM, the Director of CFC, Keith Willingham, said, "I'm pleased to share the results of the 2012 Combined Federal Campaign. As you know, the 2012 CFC contained many challenges. Yet, federal employees, members of the uniformed services, and postal employees continued to show their commitment to their local communities and the world at large by contributing \$258.3 million to participating CFC charities." As the 2012 and 2013 CFC Chair, I would like to thank everyone who participated in the [2012 Illowa Bi-State CFC Campaign](#), as we contributed more than \$611,000 to the amount above. We look forward to another success campaign in 2013. – *Matthew Kopel*

## **Corps of Engineers' Boating Safety**

**Class:** The U.S. Army Corps of Engineers Mississippi River Project will be offering five different opportunities to attend a free boating



safety education class. The classes will be held on **May 11**. Each class will run 8 a.m. - 4:30 p.m. and only one eight-hour class is required to complete your certification. This class is recommended for people who are new to boating on the Mississippi River, families that enjoy weekend boating adventures, or seasoned boaters who would just like to brush up on their safe boating knowledge. Anyone over the age of 12 can be certified. This is a classroom based safety course and will not include an on-the-water experience. Upon successful completion of the class and exam, participants will be issued an Illinois DNR Boat Safety certification which is honored in both Iowa and Illinois. These classes will be held at the Mississippi River Project Office at Locks and Dam 14 in Pleasant Valley, Iowa. Pre-registration is required, space is limited, and the classes fill quickly. To register, contact the park rangers at (309) 794-5338. ([More](#))

**Blood Drive:** The Mississippi Valley Regional Blood Center is hosting a blood drive in the [Caisson Room](#) (First Floor, Bldg. 60), on **Friday, May 10, 10 a.m. – 12 p.m.** If you would like to donate at this



blood drive, feel free to e-mail [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2<sup>nd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **6:15 p.m. on May 24**. A **3<sup>rd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on May 10**. To sign up for a blood drive held on either the 2<sup>nd</sup> or 3<sup>rd</sup> shift, donors should contact their shift supervisor. ([Blood Transfusion En Route to Trauma Center Keeps Navy Vet Alive](#))



***Charlie Corpuscle Says, "We will have a drawing for a red Mississippi Valley Regional Blood Center polo. Any donors giving on the Arsenal during the month of May will be included in the drawing. Winner will be allowed to specify their size preference."***



**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).**

**Flag Placement:** Cemetery volunteers are needed for placement and removal of American flags. The [Rock Island National Cemetery](#) is seeking volunteers to place American flags at the headstones of fallen servicemembers in honor of Memorial Day. Work to place the flags will begin at 4 p.m., Thursday, **May 23**, rain or shine. In the event of severe weather, flag placement will be 4 p.m., Friday, **May 24**. Work to remove the flags begins at 7:30 a.m., Tuesday, **May 28**, weather permitting. All volunteers need to show up inside the cemetery to receive flags and instructions. For more information, call (309) 782-2094.



**Memorial Day Ceremony:** A Memorial Day Ceremony will begin at **10:45 a.m., Monday, May 27**, at [Rock Island National Cemetery](#). There will be no parking at the cemetery for these ceremonies except for individuals who are wheelchair bound. Parking for all



others will be behind Memorial Park in the large lot. Buses will be transporting people from the parking lot to the cemetery and will run 9 a.m. to 1 p.m. Visitors should arrive early to ensure enough time to park their vehicles and be transported to the cemetery. Memorial Park is located off of the main Island road, Rodman Avenue at the corner of East Street. The public must enter the Arsenal through the Moline gate. Anyone more than 16 years of age must have current photo identification and vehicles may be subject to search. If anyone, over the age of 16, in a vehicle does not have current picture identification they will not be allowed to enter Rock Island Arsenal. For more information, call (309) 782-2094.

### **Review Your Official Personnel Folder Before June 1:**

The CPAC reminds Arsenal Island employees that there is a need for you to access your eOPF (electronic Official Personnel Folder) record in order to ensure your records are correct and complete in advance of the destruction of the hard-copy OPF, currently scheduled for June 1. Effective Oct. 31, employees should have had access to their Official Personnel Folder



electronically. Please review the information and follow the instructions to gain access to view your eOPF in the links at the end of this announcement, which link to a packet that also contains a welcome letter for new eOPF users, a screen-shot guide to access, FAQs as well as password reset information. For questions or concerns with the eOPF system, please contact eOPF by calling the Help Desk at 1-866-275-8518 or by contacting them via email at [eOPF\\_hd@telesishq.com](mailto:eOPF_hd@telesishq.com). ([eOPF Welcome Letter & Packet](#)) ([Additional information on eOPF](#))

**RIAWC Golf Tournament:** Cost is \$100/player. Registration includes: Green fees, cart, range balls, lunch, & dinner. Registration is open until all teams have been filled. Non-players can register for dinner only for \$23. Format: 4-Man Scramble (Best Ball). Awards for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place finishers along with prizes for designated holes. To register for golf, or RSVP for the dinner only, please contact [Tiffany Horvath](#), (907) 223-5430. If you are interested in sponsoring or donating to this event, please contact Tiffany.



Registration: 9-11 a.m. Shotgun start: 11 a.m. Banquet dinner: 6-8 p.m. Please join us ... Tuesday, **May 21**, Rock Island Arsenal Golf Club. The RIAWC is proud to partner with the Midwest Small Business Symposium to host the 2013 Charity Golf Outing ... open to all who want to have fun and support the RIAWC.

### **Quad Cities Military Salute Gala:**

Through a partnership with Rock Island Arsenal AUSA Chapter 5102 in honor of the Army's 238<sup>th</sup> Birthday, and in an effort to honor the military, their families and veterans as well as the broader community that makes up Rock Island Arsenal (i.e. DOD civilians and contractors), the Quad Cities Chamber of Commerce is hosting the area's inaugural Quad Cities Military Salute Gala on Saturday, **June 15**, at the Quad Cities Waterfront Convention Center, in Bettendorf. The Arsenal Island workforce is invited and encouraged by the Chamber to attend. Fliers for both events are attached. ([For more information and to R.S.V.P. by June 1](#))

### **Arsenal Attic Thrift Shop and**

**Boutique:** Arsenal Attic now has things for men. Available for the sportsman: fully outfitted kayak, fishing lures, trout net, camping gear? How about racks for

weight lifters, tool kits, or golf clubs. Also, beautiful inlaid cedar chest and a day bed. POC: (309) 782-6977.

### **RIA AUSA 2013 Golf Outing & Steak**

**Fry:** The Rock Island Arsenal Chapter of the AUSA will hold its 14<sup>th</sup> Annual Golf Outing & Steak Fry on Friday, **July 26**, at the beautiful Arsenal Island Golf Course. Players ... hurry and [register for this event](#). Only the first 40 teams will play! AUSA is a 501(c)(3) non-profit educational organization that supports America's Army – Active, National Guard, Reserve, Civilians, Retirees, Government Civilians, Wounded Warriors, Veterans, and their family members. Proceeds from this event are used to fund all of our Chapter activities including our Soldier & Family Support programs, wounded warrior programs, veteran support initiatives, the USO/AUSA Emergency Relief Grant Program & the RIA AUSA Scholarship program. For thirty years, our Chapter has supported initiatives to strengthen the viability of the Arsenal, aide MWR & ACS programs, sponsor veteran support programs and we have



contributed more than \$125,000 in the last two years for Soldier and Family needs. ([More](#))

## **Arsenal Island Employee Local**

**Discounts:** *The following discounts are exclusively available to Arsenal Island employees –*

### **Bennigan's Rock**

**Island:** Arsenal employees, service men, service women you are always welcome at Bennigan's in Rock



Island, and to show you how much you are welcome here, we offer a 25 percent discount off your meal, any day any time ([📍](#)). **New Life Chiropractic**

**Clinic:** Arsenal Island employees, we're offering you a 20 percent discount on our services ([📍](#)). **Goebel Family**

**Dentistry:** Active duty members of the military receive a 10 percent discount on all services. All other Arsenal civilian employees who are new patients can receive either the free exam and x-rays or a free whitening treatment on their first visit ([📍](#)). **Sam's Club:** Come to an open house planned just for the Arsenal Island workforce, Sunday, **May 19**, 6-8 p.m., at the Davenport Sam's Club. Membership not required to participate. Special renewal and sign up

membership offer for two hours only ([📍](#)). **Big Mouthz BBQ:** We're offering all public employees (city, county, state, and federal) \$1 off their order every Monday ([📍](#)). **Leadercast:** Tickets are available for \$110 per person; Arsenal employees and military personnel receive a special discount – use the discount code HOOAH when you register and your ticket price will be \$99 per person ([📍](#)). **Massages By Kim:** For the month of May, in honor of Military Appreciation Month, Massages By Kim is offering 10 percent off to all military and military families (with valid id) for an hour massage. Appointments can be made [online](#), where you can indicate that you're military when scheduling the appointment online in the "Note to Provider" section ([📍](#)). *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*

**Daddy/Daughter Dance:** Make sure your daughter's first date is with a wonderful guy; Daddy/Daughter Dance 2013, Sunday, **May 19**, 5-8 p.m., Martin Luther King Center, 630 7th Ave., Rock Island. \$20



per couple (daughters of all ages are welcome; \$5 for each additional daughter) Semi-formal attire requested, dinner, dancing and crafts, games and prizes, photos will be taken and available for purchase. Call or [email](#) your reservation by **May 1**; (563) 349-8560. The intent of this message is to establish working relationships with the Soldiers in the community and increase their awareness of community-related events. Additional questions can be emailed to [Dwayne Hodges](#).

## **Low Cost Rabies Clinic at HSSC:**

Owners of dogs and cats in need of rabies vaccinations are invited to bring their pet companions to the low cost Rabies Clinic at the Humane Society of Scott County from 5:30-7:30 p.m. on Tuesday, **May 14**. The rabies vaccination fee is \$7.50. All dogs must be on leashes and cats must be in carriers. Bring previous rabies vaccination paperwork if available. For more information, contact the Humane Society of Scott County at (563) 388-6655. ([More](#))



**American Cancer Society, Relay for Life of Rock Island County:** Help make a world with more birthdays. Celebrate with survivors, remember and honor those who are no longer with us. Relay for Life, Browning Field, Moline, **Sept. 14-15**, 3 p.m. – 7 a.m. For more information contact: Linda Reynolds, (309) 230-2492 or Jen Davis, (309) 337-9326. ([More](#))

## Arsenal Traffic/Construction

☐ **Closure at North Ave. & Gillespie Street:** Phase 3 of the North Avenue project started **May 6**. Phase 3 consists of storm sewer and paving work at the intersection of North and Gillespie. The completion of Phase 3 will require 30 to 45 days of good weather. Barricades and signs will be installed and traffic will be routed in accordance with the detour map attached with both inbound and outbound traffic directions (North Avenue Project Phase 3 Inbound-outbound). DPW POCs are Joe Gumpert, (309) 782-1389; and Mike Panilo, (309) 782-6004.

**North Avenue Repair & Closures Update:** Directorate of Public Works is postponing storm sewer and paving work on the intersection of North

Avenue and Gillespie until **March-May** due to weather concerns. Minor work on Phases 1 and 2 is expected to be completed within the next two weeks. Please avoid walking through the newly backfilled areas, as these areas are soft and pose a potential safety hazard. POC: Joe Gumpert, (309) 782-1389.

## Building/Space Closures

☐ **Closure of Third Floors in Bldg. 61, Bldg. 62:** The Directorate of Public Works plans to close Bldg. 61 3<sup>rd</sup> floor and Bldg. 62 3<sup>rd</sup> floor, East and South Wings, **Sept. 10 - 3<sup>rd</sup> week in May** to execute projects. Closure is to prevent individuals from entering the work area and to preclude any potential accidents. Plastic enclosures will be installed from the passenger elevator in Bldg. 62 to the eastern most stairwell in Bldg. 61 so employees in Bldg. 62/3/W have an entry/exit pathway. Entries will be marked with signage and barriers to prevent entry.

## Active Duty/Reserve Zone

☐

**DOD Unveils New Sexual Assault Prevention Strategy:** The Defense Department wants to eradicate sexual assault from its ranks and is putting in place a new strategy to guide efforts against the crime, the director of the Pentagon's sexual assault prevention and response office said. The strategy builds on guidance from the Joint Chiefs of Staff, Army Maj. Gen. Gary S. Patton said in an interview before the strategy was released. ([More](#))

**Obama to Military Sexual Assault Victims: 'I've Got Your Backs':** President Barack Obama, commander in chief of the U.S. armed forces, said sexual assault is an outrage, and anyone within the military who commits the crime "is betraying the uniform that they're wearing." The president, speaking today during a White House press conference, said the problem of sexual assault in the military is neither new nor easy to solve, but leaders "have to do everything we can to root this out." ([More](#))

**Hagel Calls for Culture of Dignity, Respect in Military:** Allegations of misconduct against an Air Force officer in charge of the service's sexual assault prevention and response effort underscored the importance of Defense



Secretary Chuck Hagel's effort to prevent sexual assault across the military. Hagel began his Pentagon news conference Tuesday by discussing the incident in which the officer was arrested by Arlington County police and charged with sexual battery. "He's been removed from his position pending the outcome of this investigation," the secretary said. "We're all outraged and disgusted over these very troubling allegations." ([More](#))

**Active Duty Caddie Program at John Deere Classic:** The PGA Tour will once again be sponsoring the Active Duty Caddie Program, for the John Deere Classic, on Wednesday, **July 10**. The PGA is looking for 20 active duty military to participate in the ADCP. The participants will be on-site all morning and will have the opportunity to walk inside the ropes, caddie for, and interact with PGA Tour players. This is open to all branches of the service. Those wanting to participate must have their supervisor's permission for this duty time event. The point of contact for the Caddie Program is [Marc Raiken](#), (904) 543-5112 or (201) 919-6070.

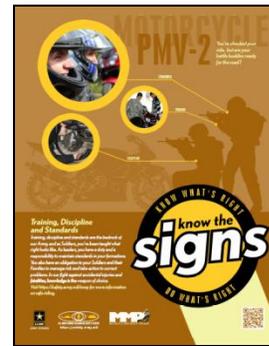
**Free Rabies Clinic at HSSC for Active Duty Military:** Attention military families – thanks to a grant from the

Rock Island Arsenal Welcome Club, 13 military families, currently in service to our country and veterans, can bring a dog or cat to one of our rabies clinics and have their pet companion vaccinated free. Please present a valid ID. Only one pet per military family, please, so that we may serve as many families as made possible by the grant. For more information, contact the Humane Society of Scott County at (563) 388-6655. ([More](#))

## Safety Spotlight

**Army to Focus on Motorcycle Safety In May:** May is Motorcycle Safety

Awareness Month, and while the nationwide campaign sponsored by the National Highway Traffic Safety Administration urges drivers to "share the road" with motorcyclists, Army officials are placing greater emphasis on personal responsibility while riding. In general, motorcycle accidents within the Army do not follow



national trends, according to Brig. Gen. Timothy J. Edens, director of Army Safety and commanding general, U.S. Army Combat Readiness/Safety Center. ([More](#))

**Back on Track:** It was mid-afternoon on a Thursday when I received a phone call from my best friend asking if I could help him move some furniture. Although I was tired from staff duty the night before, I told him I would be right over. I figured if we could knock out the move quickly, I could get back home to rest. I decided to take my motorcycle, so I threw on an old flight suit and the required personal protective equipment to make the five-mile ride. Little did I know that this ride would change my life forever. As I traveled along a two-lane road to my friend's home, I approached a tractor-trailer with its turn signal on, indicating the driver intended to make a left-hand turn in front of me. I slowed to ensure the driver saw me approaching, but as I got about 20 feet away, the driver turned. After striking the truck, I was thrown between the cab and trailer and landed 30 feet on the other side. In shock, I jumped up but immediately collapsed back to the ground. I then realized I couldn't feel my legs. I thought my life was over. ([More](#))



**From the Director of Army Safety - Getting Riding Right:** With snow and freezing temperatures persisting throughout much of the United States well into April, it's safe to say this winter has been particularly long and hard. That's why, when the weather finally warms, Soldiers across our Army will be more eager than ever to bring their motorcycles out of storage. Hopefully you've already been talking to your riders about motorcycle safety, but May - as Motorcycle Safety Awareness Month - presents a perfect opportunity for you to either catch up on or reinforce the conversation. ([More](#))

**Governor Signs Bill Toughening Teen Driver's License Requirements:** Teenage drivers would face stiffer requirements aimed at reducing traffic crashes under a bill signed Wednesday by Gov. Terry Branstad. Senate File 115 adds provisions relating to intermediate driver's licenses under the graduated driver licensing program and to special minor's licenses issued for travel to and from school. Sen. Tod Bowman, D-



Maquoketa, the bill's floor manager, said 45 states have similar laws, and he pointed to research showing the legislation would save lives. "I feel very good about this legislation because it ultimately will protect teenagers on the roadway and all who share the roadway with them," said Bowman, a teacher at Maquoketa High School and the father of three children. ([More](#))

## Equal Opportunity Focus

**ASC Recognizes Asian-Americans and Pacific Islander's:** The Army Sustainment

Command hosted an Asian-American and Pacific Islander Heritage Month Observance at Rock Island Arsenal's Baylor

Conference Room May 3. The event's guest speaker was Jerry De La Cruz Jr., deputy chief of staff for Resource Management, ASC, who spoke on this year's theme: "Building Leadership: Embracing Cultural Values and Inclusion." ([More](#))



## **Asian Pacific American Heritage**

**Month:** The month of May is recognized as the Asian Pacific American Heritage Month. This month was chosen to commemorate the immigration of the first Japanese to the United States on May 7, 1843, and to mark the anniversary of the completion of the transcontinental railroad by a majority of Chinese immigrants on May 10, 1869. This year's theme, Building Leadership: Embracing Cultural Values and Inclusion, acknowledges all that the U.S. Army has gained from the Asian and Pacific Americans and communities and how the nation has been strengthened and enriched by embracing their cultural diversity. ([More](#))

## Morale, Welfare & Recreation (MWR)

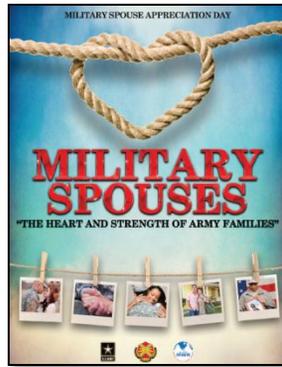
### **Morale, Welfare & Recreation**

**(MWR):** Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs. Also [click here](#) to become a fan on Facebook, or Twitter [@golf1897](#), and stay up to date on all the great MWR offerings here at the Arsenal.



## Military Spouse Appreciation Day:

Army Spouses put the welfare of their Soldier, family and nation above their own. The Army appreciates the sacrifices Army Spouses make and recognize they are the heart and strength of Army Families around the world. Take time on Friday, **May 10** (and/or really any day of the year) to say thank you to a Military Spouse. ([Video](#)) ([Poster](#))



## Mother's Day Brunch at the Arsenal Island Golf Course Clubhouse:

Show Mom how much you care by treating her to a scrumptious brunch buffet Sunday, **May 12**, 10:30 a.m. - 2 p.m., at the beautifully remodeled Arsenal Island Golf Clubhouse. Cost for this all-you-



care-to-eat buffet is \$21.75/adult, \$9.95/child (4-12) and children 3 & under eat free. Call (309) 793-1601 for reservations. ([Flyer w/ Full Menu](#))

## 2013 RIA Combatives Tournament:

Fight for the Rock, Modern Army Combatives Championship, sponsored by the 95th Division Drill Sergeants, will be held **May 18**, at the RIA Fitness Center, Bldg. 67, 7:30 a.m. - 4:30 p.m.; championship bouts 5-7 p.m. Who: US Army units, Soldiers (active, reserve & National Guard), all levels O-4 invited from the QC area (team size will not exceed 14 Soldiers; teams can have a maximum of two fighters per weight class). Civilian spectators are welcome. All weight classes are accepted. Individual entry, weigh-in/medical screening at RIA Fitness Center. Entry forms are available at the Fitness Center.

**Beer Pairing Dinner:** Do you enjoy beer? Do you enjoy it even more when it is perfectly paired with fine cuisine? If you said yes to either one of those questions you need to call and make your reservations today for our Friday, **May 17**, at 7 p.m., beer pairing dinner at the Arsenal Island Golf Clubhouse. Enjoy samples of Schlafly Brewery's craft brews that have been carefully selected to complement and enhance the

courses of fine cuisine prepared by our executive chef. The cost is \$50/person. The full menu will be posted on <http://riamwr.com> soon. Call (309) 782-4372 for reservations. ([Flyer](#))

**MWR Golf Tournament:** Get your foursome together, start swinging the sticks and see if you have what it takes to be crowned Arsenal champs on Friday, **May 24**, 8:30 a.m. This four person best-ball scramble is \$65/player (\$50 for annual pass holders) and includes green fees, cart, lunch and prizes. Call (309) 793-1604 for more info and to register. ([Flyer](#))

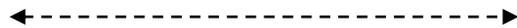
## Adult Softball League Now Forming:

Get your team together and start loosening up those arms because spring is here and that means softball season. League starts **May 27** and rosters are due on **May 20**. Maximum of 10 teams and cost is \$420/team. The league is an 18 week season with a single elimination tournament at the end. Please call (309) 782-5124 or stop by the Fitness Center for more info and to sign up. ([Flyer](#))

**Electronic Marquee Outage:** The operating system used to update the outdoor marquee signs on either side of the Island has become obsolete and



inoperable. Consequently no requests for messages can be fulfilled and the signs have been shut off at this time. The Garrison is working towards a solution and a future message will be sent out as information becomes available about whether the signs can be repaired or replaced.



## MWR Leisure Travel Office



**Office Hours:** Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

**Military Appreciation Day at Modern Woodmen Park:** In coordination with Rock Island Arsenal AUSA Chapter 5102, the 2013 AUSA Military Appreciation Night will take place at Modern Woodmen Park in Davenport, Saturday, **May 11**, beginning at 6 p.m. The event will feature a tribute to our Vietnam veterans in addition to also honoring our military spouses. There will be a signing of the Quad Cities Military Community Covenant honoring our Soldiers, veterans, military and their families. Free tickets for all active military personnel, Guard, reserve, retired, veterans, DoD civilians & their families (tickets available at Leisure

Travel Office are available to Military only through Wednesday, May 8). Tickets may be picked up at the MWR Travel & Leisure office on the Rock Island Arsenal or at any Quad City Hy-Vee store. The tickets incorrectly state that the game is "Friday" May 11. **The game is on Saturday, May 11.** ([Flyer](#))

**Books Are Fun:** Books Are Fun will visit the Rock Island Arsenal for two days. Stop by Bldg. 60, Heritage Hall dining area. Check out all the discounted books and gifts.  
Date: **Monday, May 13**  
Time: **9 a.m. - 2 p.m.**

**Mount Olympus Waterpark:** One of the world's largest wave pools, some of the fastest rivers and steepest slides make Mount Olympus is the best attraction for outdoor summer time fun. Wristbands on sale for \$28, a \$11.99 savings.

**Shedd Aquarium/Field Museum:** Leisure Travel has planned a bus trip to Shedd Aquarium or the Field Museum in Chicago. We will provide round trip transportation on a chartered motor coach; ½ hour stop to and from destination. Bring snacks and beverages (no alcohol permitted) along for the ride. Cost is \$41 for transportation only.

Date: **Saturday, May 11**  
Time: **6:30 a.m. - 9 p.m.**

**MWR Yard Sale:** It's that time again. MWR is planning another yard sale. So start cleaning out those closets, attics and garages. Leisure Travel is reserving spots for \$5.  
Date: **Saturday, June 1**  
Time: **8 a.m. - 2 p.m.**

**Menopause The Musical:** It is a celebration of women, so bring the girls and laugh out loud about our "silent passage." Bring your guy, too. See what millions worldwide have been laughing about for more than 10 years! Rated PG-13 for adult content and language. Tickets on sale until **June 29**. \$43.50 a ticket.  
Date: **Saturday, July 13**  
Time: **5:45 p.m.**

**Heartland Jam 2013:** Leisure Travel will be selling one or two day passes to the Heartland Jam. This two day event will feature Phil Vassar, Kellie Pickler, Darius Rucker, Jerrod Niemann, Lauren Alaina, Rodney Atkins and many more performers. Discounted tickets on sale until **June 29**. One-day ticket = \$44, two-day ticket = \$54.  
Date: **Friday, July 19**  
Time: **1 p.m.**



**Six Flags Great America:** Thrill-seekers are sure to enjoy one of our amazing roller coasters. We have a variety of out-of-this-world coasters, including Viper, Batman The Ride and Raging Bull, the world's first hyper-twister coaster. In total, the park has nearly seven miles of thrilling coaster track. Discounted tickets adult/child \$36.

**Six Flags St Louis:** An amazing theme park featuring awesome rides, great shows, and incredible attractions, plus Hurricane Harbor water park. Discounted one-day admission tickets for adults/children \$36.

**Adventureland Park:** Adventureland Amusement Park contains more than 100 rides, shows, and attractions including some of the country's most exciting roller coasters and thrill rides that can challenge the most avid amusement park enthusiasts. There are also plenty of rides for less adventurous guests as well as a full complement of children's rides. Discounted tickets \$30.

**Movie Night Gift Cards at Leisure Travel:** Stop by the Leisure Travel Office and pick up a gift card for \$27 that is redeemable at the Regal Moline

Stadium Theater for two adult movie tickets and \$10 in concessions. These make great for a present for that special someone in your life. The Leisure Travel Office also is once again selling discounted single movie tickets for \$8.50. Call (309) 782-5890 for more info. ([Flyer](#))

## Child, Youth & School Services

☉ **Army Certified Family Child Care Provider:** Would you, or someone you know, be interested in becoming an Army Certified Family Child Care provider for the Arsenal? We are always looking to bring more FCC providers into our program. You would be doing childcare out of your home with access to our lending closet for borrowing supplies, as well as certified training provided through the Arsenal. For questions or more details contact our FCC director Nancy Lawson at (309) 782-0813.

## Army Community Service (ACS)

☉ ACS is located in Bldg. 110, 1<sup>st</sup>



floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook [click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412

**Prepare for the Furlough by Saving – Military Saves Campaign:** The pending furlough and its impact on civilian employees could provide a new perspective for the Ready Army Campaign. The Ready Army Campaign is the Army's proactive campaign to increase the resilience of the greater Army community including its civilian employees – we need to enhance the readiness and resiliency of the total force. The furlough provides an opportunity to re-look the Personal Financial Management aspects of our civilian workforce. The PFM campaign that can directly assist is Military Saves. While its focus week is late February, the campaign is year round including the conduct of classes and coaching sessions. Take the pledge and become a better saver. Scientists have found that people who write out a goal are more likely to achieve that goal. Here is the pledge: "I will help myself by saving money, reducing debt, and building wealth over time. I will help my family and my country by encouraging other



Americans to build wealth, not debt." You may take this pledge at [www.militarysaves.org](http://www.militarysaves.org) – set a goal, make a plan, now. You can handle emergencies – and furloughs - better with savings. Savings is a win-win situation: • If there is no furlough – you have money in the bank. • If the number of furlough days is reduced – you have money in the bank. • If the furlough occurs as planned – you have money in the bank. So what can we all be doing while we wait for the next round of furlough guidance? Prepare! - take the pledge on-line, set a goal, make a plan, and save. Military Saves!

**Army Family Team Building:** Army Family Team Building, an educational program that teaches knowledge of the military, personal growth and resiliency, and leadership skills, is being offered on Rock Island Arsenal. AFTB is offered to the entire military family: military members, family members, civilians, and contractors who live or work within the military community. AFTB Level G (Personal Growth) is **May 15-16**, 8:30 a.m. - 2:30 p.m.; AFTB Level L (Leadership Development) is **June 5-6**,

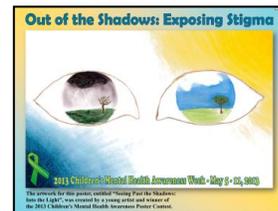


8:30 a.m. - 2:30 p.m. Classes will be held at Army Community Service, Bldg. 110, 1<sup>st</sup> Floor, SE. To register for these free classes, please call ACS at (309) 782-0829. Civilians can also sign up on [TEDs](#).

## Employee Assistance Program

☉ **For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1<sup>st</sup> floor, East.**

**Children's Mental Health Awareness – May 2013:** Suicide among youth is a reality, and it is more common than we might think. Suicide is the third leading cause of death among 15 to 24 year olds, claiming more lives than any single disease or condition. Fortunately, the emotional crises that so



often precede suicides are both recognizable and treatable, and good prevention tools can help parents identify a problem before it's too late. In honor of National Children's Mental Health Awareness Week, **May 5 -11**, the Rock Island Arsenal Employee Assistance Program invites you to take advantage of the free and confidential counseling services that the program has to offer. Schedule an appointment with an EAP counselor by calling (309) 782-4357. Master-level counselors can provide information, short-term counseling, and referral services. The teenage years can be tumultuous – new relationships, decisions about the future, and even physical changes can be difficult to handle. If you have any concerns about your child's mental health, talk it over with a trained professional at the EAP. Warning signs of suicide: Call 9-1-1 or seek immediate help from a mental health provider if you notice the following: • Someone threatening to hurt or kill him/herself, or talking of wanting to hurt or kill him/herself; • Someone looking for ways to kill him/herself by seeking access to firearms, available pills, or other means. Seek help by contacting a mental health professional or calling 1-800-273-TALK for a referral should you notice anyone exhibiting one or more of



the following: • Hopelessness; • Rage, uncontrolled anger, seeking revenge; • Acting reckless or engaging in risky activities, seemingly without thinking; • Feeling trapped - like there's no way out; • Increased alcohol or drug use; • Withdrawing from friends, family and society; • Anxiety, agitation, inability to sleep or sleeping all the time; • Dramatic mood changes; • Excessive interest, talk, or writings focused on death, dying or suicide; • No reason for living; no sense of purpose in life.

**PTSD Support Groups:** Are you or a loved one experiencing symptoms of Post-Traumatic Stress Disorder? The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

**Understanding PTSD:** The RIA EAP is offering educational classes on Post-Traumatic Stress Disorder. Classes will be held in Bldg. 56, 1<sup>st</sup> floor, Room 122, 10:30-11:30 a.m., on the following dates: **May 21, June 25, July 23, and Aug. 27.** Call (309) 782-4357 to enroll.

**Smoking Cessation Group:** Do you want to learn effective ways to kick the

habit? The Employee Assistance Program offers an ongoing educational support group for people who would like to quit smoking. The group meets each Wednesday, 3-4 p.m., at the EAP office located in Bldg. 56, 1<sup>st</sup> floor, East Wing.

**Stress Management:** The Rock Island Arsenal EAP is offering classes on Stress Management. Classes will be held in Bldg. 56, 1<sup>st</sup> floor, Room 122, 10:30-11:30 a.m., on the following dates: **May 7, June 11, July 9, and Aug. 13.** Class size is limited. Call (309) 782-4357 to enroll.

**Grief Support Group:** The Employee Assistance Program is sponsoring a support group for individuals who are mourning the death of a loved one. The group will meet on Tuesdays, 3-4 p.m., in Bldg. 56, 1<sup>st</sup> floor, Room 122. For more information contact Rita Baugh, EAP counselor, at (309) 782-2552.

## Education/Training Review

☉ **The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-**

**7901. Please visit our [website](#) to learn more.**

**Miluniversity Adds to Army Online Learning Opportunities:** A new learning portal provides enhanced training and access to Department of Defense professional networking tools. Developed by the Army's Military Technical (MilTech) Solutions Office, milUniversity bridges the gap between how people prefer to learn -- those who enjoy attending training classes, but may have questions afterward, and those who prefer to learn at their own pace by reading text and viewing videos. ([More](#))

## Commissary / Exchange

☉ **The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only, with the exception of select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in**



advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com) ([Facebook](#))

**May Specials Give Nod to Grilling Season:** Clean off the grill and take advantage of your commissary's great savings on fresh Choice Grade-A beef, pork and chicken, during May. Also this month, your favorite brands are offering promotions to help with everyday meal planning and to make Mother's Day and Memorial Day cookouts special. [Find May Promotions Here](#).

**More Exclusive Savings on Commissary Website:** Links to seven more popular brand-name websites offering savings, contests and recipes for commissary shoppers, have been added to the [Exclusive Savings](#) area on the commissary website. Through the [Exclusive Savings](#) link, shoppers are taken to a landing page that now has 16 industry partners participating. A click on any of the links takes you to websites created exclusively for commissary shoppers offering the latest in-store price savings, printable coupons, recipes, promotional giveaways and contests.

**Commissary Rewards Card Has More For You:** If you don't yet have a Commissary Rewards Card, there's no time better than now to get one. During May, you can catch the second half of a Kraft promotion offering two free products each week. Each coupon is available on the Commissary Rewards Card portal for one week, or until 5,000 coupons have been accepted by commissary shoppers. After loading the coupon for free product onto your Commissary Rewards Card, the coupon can be used in the commissary any time during the promotion week. You can get your Commissary Rewards Card on your next visit and [register it online here](#).

**Store Director's Scoop:** We will be having a Warehouse Sale on the **May 17-18**. Come check out the savings we have in store for you. Do you have an item that we don't carry at Rock Island, but you have purchased at another commissary? Stop by and see Penny to check if we can get it for you. If you have the UPC it helps our search and ensures we are getting the right item for you. You would be required to purchase the case if we special order it for you. Need a special cut of meat? See Doug and the meat crew, they will be happy to

help get exactly what you need. Fruit and vegetable trays are the perfect picnic food. Let us make one or more for you today. We also make beautiful fruit baskets that we offer in three sizes. We do ask that you give us 24 hours notice on these specialty items. We at Rock Island take our customer service to you very seriously. If you feel that you have not received the best possible customer service let me know via email [patricia.umana@deca.mil](mailto:patricia.umana@deca.mil) or just call me at (309) 782-4614. I would also love to hear an over and above customer service story too. We appreciate that you shop at the Rock Island Arsenal Commissary ... thank you.

## Arsenal Archive

**Information for the *Arsenal Archive* is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))**

**Rock Island Arsenal Quarters One Book:** The Rock Island Arsenal Quarters One book is now available for purchase from the [RIA Museum and](#)



[Historical Society website](#). When you click on the link it will take you to the first page. You will also be able to see a preview of the book there.

## **This Week in Rock Island Arsenal**

**History – May 6-12:** On May 6, 1856, the Steamer "Effie Afton" crashed into the railroad bridge at Rock Island setting the boat and bridge on fire. This incident led to the famous court room clash between steamboat and railroad interests. On May 8, 1945, the Allied nations celebrated V-E Day, victory in Europe. On May 9, 1898, the RIA received a war production order for the manufacture of 102 field carriages and limbers, 17 battery wagons and forges. The dam of Locks and Dam 15 was completed on May 9, 1934. On May 10, 1864, the remains of Col. George Davenport were removed from Arsenal Island and taken to Chippiannock Cemetery in the city of Rock Island. Excavation work for the construction of Shop D (Bldg. 61) began on May 11, 1871. Col. Thomas Baylor was appointed commanding officer of the RIA on May 12, 1886.



## Healthbeat



**Women's Health Month:** As the Army recognizes National Women's Health Month during the month of May, it provides an opportunity for women to visit their healthcare provider to receive or schedule a checkup and promote regular checkups as it is vital to the early detection of various diseases. Army Medicine seeks to raise awareness about, and encourages, preventive proactive behaviors to enhance women's lifespan. With 15.7 percent of the Army's total fighting force and 52 percent of (Army affiliated) eligible TRICARE beneficiaries being female, the health of these women plays a vital role in overall Army readiness. Army Medicine recognizes the magnitude and impact of women's health and appreciates the unique challenges of being a woman in the Army whether Soldier, family member, or veteran. In order for women to be fully integrated and effective members of the team, the Army's effort is to ensure that women's unique health needs are being considered and met. ([More](#))

## **Abdominal Obesity Poses Threat:**

Although more fat accumulates typically on the buttocks and thighs, studies indicate that the fat on the abdomen is the most dangerous and is a potent predictor for health problems such as

high blood pressure, high cholesterol, diabetes, type 2 diabetes, and heart disease. Scientists believe that increasing the width of the waist can be a key indicator of the presence of underlying cardiovascular risk. Some research has shown that there is a relationship between obesity, especially abdominal obesity, and the incidence of infertility in women. Studies found that there is an increase in the accumulation of fat around the ovaries and fallopian tubes, which affects the process of ovulation and reproduction. What actually is considered abdominal obesity? ([More](#))

## **Protect Your Vision for a Lifetime:**

Everyone knows how important your eyes are for your quality of life. Even so, it is estimated that millions of people in the United States have undetected vision problems, eye diseases and conditions that affect their ability to see clearly and effectively or can result in future permanent damage to the eyes. May has been designated by the National Eye Institute to be Healthy Vision Month to help educate people and to promote the early diagnosis and treatment of visual and ocular conditions. So, what are the keys? ([More](#))



## **May is Better Hearing and Speech**

**Month:** According to the Department of Defense Hearing Center of Excellence, more than 350,000 service members have reported tinnitus (ringing in the ear/s) following redeployment from the Gulf War conflicts, and over 250,000 have reported hearing loss during the Iraq and Afghanistan Wars. As Better Hearing and Speech Month is recognized nationally during the month of May, it is important to note that the military introduced audiology care. It resulted from a need to rehabilitate troops returning from World Wars I and II with hearing loss. The professions of speech pathology and audiology were closely associated during World War II due to the overlapping mission of providing services to hearing impaired service members. ([More](#))

**Tips to Stay Healthy at Work:** Do you want to feel better and more energized at work? Simple changes to at-work habits can have a positive impact on staying healthy. Whether trying to manage a chronic condition or maintain a healthy lifestyle, the tips below can make a difference in your overall health and make your workday more enjoyable. Eat better at work: Pack your lunch and keep healthy snacks on hand. Skipping breakfast decreases metabolism, so if

you don't have time to eat breakfast, pack your breakfast as well. Healthy snacks can help you resist the sugary foods that often plague the office. Good alternatives are cut-up vegetables, fruit slices, light popcorn, low fat whole-wheat crackers with peanut butter, and low fat soup in a cup. ([More](#))

**Health Clinic Announcement:** Sick Call hours 7-8 a.m. Clinic closed Staff Meeting/Training **May 31** at 11:30 a.m. For any issues or concerns with the RIAHC clinic please call our customer support line (309) 782-0721.



## Notes for Veterans



### **Bill Adds Federal Hiring Preference For Fathers of Disabled Vets:**

Fathers would be treated the same as mothers when it comes to receiving federal hiring preferences if they have a child who is a totally disabled veteran, under a bill introduced May 6. Sponsored by Reps. Timothy Bishop, D-N.Y., and Walter Jones, R-N.C., the bill adds fathers to a 10-point hiring preference already available to mothers. The bill, HR 1832, was referred to the House Oversight and Government Reform Committee for consideration. This is the

panel responsible for federal employee policies. ([More](#))

### **An 'Unfair Fight' for Job-Seeking**

**Veterans:** Home Depot wants to hire more veterans. But as its human resources staff sorts through stacks of resumes each day, they often can't find a reason why they should. "Veterans resumes are often too wordy and don't explain really what their skills are," said Eric Schelling, director of talent acquisition for the company. "We see things like overseas ribbons and military certification classes and we know it's probably impressive. But on the civilian side, we don't really know what any of that is." ([More](#))

### **Program Helps War-Wounded Veterans Restart Civilian Lives:**

Several times a week, Ernso Auguste sends text messages or calls Brian Laughlin seeking advice or wanting to discuss an idea or issue. Auguste is a wounded soldier struggling to return to the civilian world. Laughlin is a financial planner and a veteran. The men were brought together as mentor and mentee by Sentinels of Freedom. The nonprofit provides "life scholarships" to wounded veterans to assist them through such hardships as finding a home, continuing education and dealing with



health issues. It costs about \$100,000 for each person going through the four-year program — money raised locally to benefit local veterans. ([More](#))

## Carpooling Announcements

Submit carpooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

### Carpool:

- **Carpool:** Looking for a ride and pay. Flexible work hours are to 6 a.m. – 3:30 p.m. Call thru Illinois relay at (800) 526-0857 to contact me at (309) 782-1078 (TTY). Email: [michael.r.braun.civ@mail.mil](mailto:michael.r.braun.civ@mail.mil)
- **Carpool:** Looking to join a carpool from around the Kewanee area. Current hours are 7 a.m. to 3:30 p.m., but can change. Call me at (563) 782-1115.
- **Carpool:** New hire with flexible hours seeking to pay for ride from Moline 9<sup>th</sup> & 53<sup>rd</sup>, (Franklin School area) (309) 757-5755.

- **Carpool:** Commuter traveling from Rio, Ill. on Route 150. Meet in Alpha, Ill. each day. If interested contact me at (309) 782-5472 or [email](#).
- **Carpool:** Looking to join a carpool from Albany or south along Illinois 84 southbound to Bldg. 102. If interested contact me at (309) 782-0841.

## Around the Q.C.

- **May 11:** [11<sup>th</sup> Annual Miles for Melanoma](#) (Augustana campus)
- **May 11-12:** [Beaux Arts Fair](#) (Figue Art Museum plaza, Davenport)
- **May 17-18:** [All American Hickory Open](#) (Arsenal Island Golf Course)
- **May 18:** [6<sup>th</sup> Annual Quad Cities Armed Forces Day Celebration](#) (Brady Street Stadium, Davenport)
- **May 25:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)
- **May 27:** [Quad Cities Criterium](#) (Downtown Rock Island)
- **June 1:** [Mel Foster Color the Quads 5K](#) (Cumberland Square, Bettendorf)
- **June 1-2:** [QC Pridefest 2013, Bursting With Pride](#) (Mary's on 2nd, 832 West 2nd Street, Davenport)
- **June 7-8:** [Gumbo Ya Ya - Mardi Gras in The District](#) (The District, Rock Island)
- **June 8:** [Quad-Cities Comic Book Convention](#) (Ramada Inn, Bettendorf)
- **June 8:** [Quad Cities Cruisers Open Run Car Show](#) (SouthPark Mall, Moline)

**June 12-15:** [Rally on the River](#) (Centennial Park, Davenport)

**June 14:** [Greek Cultural Festival](#) (Assumption Greek Orthodox Church, East Moline)

**June 16:** [Ride the River Bike Ride](#) (Davenport to Moline)

**June 22:** [Royal Ball Run 5K and Fun Run for Autism](#) (Milan Community Center)

**June 22-23:** [27<sup>th</sup> Annual Quad City Air Show](#) (Davenport Municipal Airport)

**June 23:** [Blossoms at Butterworth](#) (Butterworth Center, Moline)

**June 24:** [YSB-Whitey Verstraete Memorial Golf Outing](#) (Pinnacle Country Club, Milan, Ill.)

**June 25-29:** [Rock Island County Fair](#) (Fairgrounds, East Moline)

**June 27-29:** [Antique Automobile Club of America Grand National Show](#) (John Deere Commons, Moline)

**July 3:** [Red, White & Boom!](#) (The District, Downtown Davenport)

**July 4-6:** [Mississippi Valley Blues Festival](#) (LeClaire Park, Davenport)

**July 5-6:** [North Scott Les Misérables](#) (North Scott High School Auditorium in Eldridge)

**July 8-14:** [John Deere Classic PGA Tour](#) (TPC Deere Run, Silvis)

**July 13:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)

**July 19-21:** [USA BMX National Championships](#) (East Moline BMX Speedway)

**July 19-20:** [Heartland Jam](#) (Centennial Park, Downtown Davenport)

**July 26-27:** [Downtown Street Fest](#) (Downtown Davenport)

**July 27:** [Bix 7 Run/Walk](#) (Downtown Davenport)



**July 30-Aug. 4:** [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds, Davenport)  
**Aug. 1-4:** [Bix Beiderbecke Memorial Jazz Festival](#) (LeClaire Park and RiverCenter)  
**Aug. 8-10:** [Tug Fest](#) (LeClaire, Iowa and Port Byron, Ill.)  
**Aug. 9-10:** [Ya Maka My Weekend](#) (The District, Rock Island)  
**Aug. 10:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)  
**Aug. 10-17:** [ISC Men's Fastpitch World Tournament](#) (Greenvalley Sports Complex, Moline)  
**Aug. 16-17:** [River Roots Live](#) (Downtown Davenport)  
**Aug. 17:** [Floatzilla](#) (Sunset Marina, Rock Island)  
**Aug. 24:** [Quad Cities Irish Festival](#) (Rock Island)  
**Aug. 22-25:** [World Series of Drag Racing](#) (Cordova Dragway)  
**Aug. 31-Sept. 1:** [Rock Island Grand Prix](#) (Downtown Rock Island)  
**Sept. 7:** [Case Creek Obstacle Survival 5K Run](#) (Coal Valley, Ill.)  
**Sept. 7:** [Quad City Symphony Riverfront Pops](#) (LeClaire Park, Downtown Davenport)  
**Sept. 7:** [¡VIVA! Quad Cities](#) (Isle Casino Hotel Bettendorf)  
**Sept. 7-8:** [Beaux Arts Fair](#) (Downtown Davenport)  
**Sept. 14:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)  
**Sept. 21:** [Brew Ha Ha](#) (LeClaire Park, Davenport)  
**Sept. 21:** [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)  
**Sept. 21-22:** [Riverssance Festival of Fine Arts](#) (Village of East Davenport)

**Sept. 22:** [Quad Cities Marathon](#) (Downtown Moline)  
**Sept. 27-29:** [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)  
**Oct. 12:** [Trinity Quad Cities Classic Regatta](#) (On the Mississippi River in Moline)  
**Oct. 12:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)  
**Oct. 24:** [Fright Night](#) (The District, Rock Island)  
**Oct. 26:** [Witches Walk](#) (Downtown LeClaire)  
**Oct. 26:** [Lagomarcino's Cocoa Beano 5K Race](#) (Sylvan Island)  
**Oct. 26-27:** [Boo at the Zoo](#) (Niabi Zoo, Milan)  
**Nov. 15-24:** [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)  
**Nov. 16:** [Festival of Trees Parade](#) (Downtown Davenport)  
**Nov. 16:** [Lighting on the John Deere Commons and Holiday Pops Concert](#) (Downtown Moline)  
**Dec. 1:** [19<sup>th</sup> Century Christmas](#) (Butterworth Center, Moline)



## Island Insight



**Joel Himsl, Garrison Manager; Eric Cramer, Public Affairs Officer; Mark Kane, Editor**  
*The Army publication, Island Insight, is an unofficial publication authorized under [AR 360-1](#) to provide information on people, policies, operations, technical developments, trends*



*and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office. [Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged.](#) All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight](#); [usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil](mailto:usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil); Phone: (309) 782-1121. The Island Insight is [available on-line.](#)*





THE WHITE HOUSE  
WASHINGTON

April 17, 2013

I send greetings to all those observing Public Service Recognition Week 2013.

In communities across our country, public servants at the Federal, state, and local levels tirelessly carry out the work of our government. Diligently serving without the expectation of fanfare, they enforce our laws, teach our children, and lay a strong foundation for our Nation's progress. Our dedicated public employees are committed to a cause greater than personal ambition, and each day, they tackle many of our most urgent challenges and help move us closer to a more perfect Union.

During Public Service Recognition Week, let us honor the contributions of our public servants and recommit to building a brighter future for the generations to come.

A handwritten signature in black ink, appearing to be "Barack Obama", written in a cursive style.



MAY 5-11

PSRW.ORG

*"I do solemnly swear that I will support and defend the Constitution of the United States..."*

Thus begins the oath of office recited by every federal employee, from appointed agency leaders and ambassadors to air traffic controllers and social security claims representatives. Though we come from different backgrounds and fulfill different missions, we are united by this common pledge to serve and protect our great country.

That's the power of public service. Together we are confronting and overcoming challenges of great importance to the American people. Whether securing our borders, ensuring the safety of the products we buy and the food we eat, protecting our environment, or caring for our veterans and most vulnerable citizens, government employees are dedicated to serving others and making a difference—sometimes at great risk to their own lives and well-being.

During *Public Service Recognition Week*, we collectively give thanks to the federal, state, county and local government employees serving in our hometowns and around the world. We invite you to join us in saying thank you to the public servants you meet and reflect on the many benefits we all enjoy as a result of their dedicated and tireless work.

**John F. Kerry**, PSRW Co-Chair  
Secretary of State

**Jacob J. Lew**, PSRW Co-Chair  
Secretary of the Treasury

**Chuck Hagel**, PSRW Co-Chair  
Secretary of Defense

**Eric H. Holder, Jr.**, PSRW Co-Chair  
Attorney General of the United States

**Sally Jewell**, PSRW Co-Chair  
Secretary of the Interior

**Thomas J. Vilsack**, PSRW Co-Chair  
Secretary of Agriculture

**Rebecca M. Blank**, PSRW Co-Chair  
Acting Secretary of Commerce

**Seth D. Harris**, PSRW Co-Chair  
Acting Secretary of Labor

**Kathleen Sebelius**, PSRW Co-Chair  
Secretary of Health and Human Services

**Shaun L.S. Donovan**, PSRW Co-Chair  
Secretary of Housing and Urban Development

**Ray LaHood**, PSRW Co-Chair  
Secretary of Transportation

**Daniel B. Poneman**, PSRW Co-Chair  
Acting Secretary of Energy

**Arne Duncan**, PSRW Co-Chair  
Secretary of Education

**Eric K. Shinseki**, PSRW Co-Chair  
Secretary of Veterans Affairs

**Janet A. Napolitano**, PSRW Co-Chair  
Secretary of Homeland Security



*WHEREAS, Americans are served every single day by public servants at the federal, state, county and city levels. These unsung heroes do the work that keeps our nation running; and,*

*WHEREAS, public employees take not only jobs, but oaths; and,*

*WHEREAS, many public servants, including military personnel, police officers, firefighters, border patrol officers, embassy employees, health care professionals and others, risk their lives each day in service to the people of the United States; and,*

*WHEREAS, public servants include teachers, mail carriers, doctors and scientists, train conductors and astronauts, nurses and safety inspectors, laborers, computer technicians and social workers, as well as countless other occupations; and,*

*WHEREAS, day in and day out, these dedicated public servants provide the diverse services demanded by the American people of their government with efficiency and integrity; and,*

*WHEREAS, without these public servants at every level, continuity would be impossible in a democracy that regularly changes its leaders and elected officials; and,*

*THEREFORE, I, Pat Quinn, Governor of the State of Illinois, do hereby proclaim May 5 – 11, 2013 as **PUBLIC SERVICE RECOGNITION WEEK** in Illinois, and encourage all citizens to recognize the accomplishments and contributions of government employees at all levels – federal, state, county and city.*

*In Witness Whereof, I have hereunto set my hand and caused the Great Seal of the State of Illinois to be affixed.*



*Done at the Capitol, in the City of Springfield,*  
*this TWENTY-NINTH day of APRIL, in*  
*the Year of Our Lord two thousand and*  
*THIRTEEN, and of the State of Illinois*  
*the one hundred and NINETY-FIFTH*

*Jesse White*  
SECRETARY OF STATE

*Pat Quinn*  
GOVERNOR