



April 6, 2015

Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Garrison Internet page under "Information" and on the installation website at www.usagria.army.mil under "News" and then "Local News."

Island Insight Submission: <https://home.ria.army.mil/sites/ii/ii.cfm>

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Arsenal Ambulance Line Extended

An ambulance line produced at the Rock Island Arsenal's Joint Manufacturing and Technology Center, or JMTC, has won a two-year extension, congressional officials announced Tuesday, saying that it will support 70 jobs and add to a growing revenue base. The announcement was



made with much fanfare inside the JMTC by U.S. Sen. Dick Durbin, D-Ill., and U.S. Rep. Cheri Bustos, D-Ill., who toured the facility afterward. The production line will make another 658 fortified ambulances, which fit on top of a Humvee manufactured by AM General, a private contractor based in South Bend, Ind. The JMTC has been filling an order for 500 of the ambulances since the beginning of 2014, but the line was due to expire later this year. The extension, which was announced by the lawmakers in front of a large group of JMTC employees, area mayors and Army brass, will last for until August 2017. "Rock Island is the hub of the regional Quad-Cities economy, and the Joint Manufacturing and Technology Center, JMTC, is

Upcoming Dates

- April 10:** Denim & Diamonds Dinner and Charity Auction (Arsenal Island Golf Clubhouse)
- April 11:** Child Abuse Proclamation Ceremony, Fitness Center Lawn, 9:30 a.m.
- April 11:** 2nd Annual Youth Summertime Activities Expo, Fitness Center, 9:30 a.m. - 2 p.m.
- April 13:** Fort Armstrong Ave., Rock Island Viaduct, and Rock Island Gate Closure Begins
- April 15:** RIA Employment/Education Event, Heritage Hall, Bldg. 60, 9:30 a.m.
- April 16:** Family Resiliency Treasure Hunt, Bldg. 150, 5:30 p.m.
- April 17:** Beer Pairing Dinner, Arsenal Island Clubhouse, 6 p.m.
- April 18:** Spring Car Care Free Vehicle Inspection, Auto Skills Shop, 9 a.m. - 2 p.m.
- April 21:** Holocaust Remembrance Day Observance, Heritage Hall, Bldg. 60, 1 p.m.
- April 23:** Newcomers Orientation, Arsenal Island Clubhouse, 8 a.m.
- April 23:** Walk-in Pet Clinic, RIA Fire Dept., 8 a.m. - 12 p.m.
- April 23:** Council of Colonels MTG, Arsenal Island Clubhouse, 11:30 a.m.
- April 24:** SHARP Run/Walk, RIA Memorial Park, 6:20 a.m.
- April 24:** Walk-in Pet Clinic, RIA Fire Dept., 1-6 p.m.
- April 25:** Murder Mystery Dinner, Arsenal Island Clubhouse, 6 p.m.

its heart," Durbin said. ⚔ Col. David Luders, the JMTC commander, praised the workforce. "Our hard work is making a difference in the lives of our citizens and our soldiers who are deployed," he said. ([More](#))

RIA Senior Leaders Sign Proclamation Reinforcing DoD's Top Priority

Senior leaders of commands across the island gathered in Heritage Hall, April 8, to sign a proclamation affirming the month of April "Sexual Assault Awareness and Prevention Month." This year's Department of Defense theme is "Eliminate Sexual Assault: Know your Part; Do your Part." The Sexual Harassment/Assault Response and Prevention Program is the Army's top priority, as directed by the Secretary of Defense. Maj. Gen. Kevin O'Connell, commanding general, U.S. Army Sustainment command, was the guest speaker, and the first person to sign the proclamation during the ceremony. "By signing this proclamation, we're recommitting our efforts to end sexual assault, give survivors the support they need to heal, and continue building a culture that never tolerates sexual violence," he said. ([More](#)) ([SAAPM](#))



Illinois Governor Tours RIA

Illinois Governor Bruce Rauner addressed members of the Quad Cities media during a press conference at the Joint Manufacturing and Technology Center here, April 8. "This is my first visit and definitely won't be our last," he said. "This arsenal has huge economic impact. I'm here to listen and learn. I want to be a strong ally for Rock Island Arsenal." Col. David Luders, commander, RIA-JMTC, and Rick Nesbitt, deputy commander, RIA-JMTC, explained the mission and vision for the factory and pointed out its critical capabilities. ([More](#))



Joint Munitions Command Qualifies For Army Safety Excellence Streamer

As recognition for completing 12 consecutive months without experiencing a work-related accident, the Joint Munitions Command Headquarters began displaying the Army Safety Excellence Streamer in a ceremony, here, April 6. The Army Safety Excellence Streamer was developed and institutionalized by the U.S. Army Combat Readiness Center. "This is a great honor for the headquarters to be recognized for our excellent safety program efforts," said Brig. Gen. Kristin K. French, JMC commander. "It is an outstanding accomplishment to have 12 consecutive months without an accident or injury to one of our valued JMC Headquarters teammates." ([More](#))



Budget Targeting Pensions, Workforce Will Get Quick Vote

A budget resolution that ups federal employee pension contributions and cuts the federal workforce is on the fast track for passage. Both the Senate and the House voted and passed differing budget blueprints for fiscal 2016 in late March, but must now work to reconcile the differences and then vote on a final unified budget. A final vote is expected by April 15 - just a few days after Congress returns from recess, according to sources in the House and Senate familiar with the negotiations. ([More](#))



With or Without BRAC, DoD's Footprint Is Shrinking

In each of the past four years, the Pentagon has proposed a new round of base closures and Congress has rejected every one so far. But with or without lawmakers' approval, the military's footprint is shrinking. The Defense Department has hinted that it may move to close some bases even without Congress' explicit permission. In its last two budget submissions, DoD has accompanied its request for another Base Realignment and Closure (BRAC) round with a warning that if Congress doesn't approve one, the administration will be forced to seek "alternative options" to trim the military's excess infrastructure, currently estimated at more than 20 percent. ([More](#))



\$88M Sits Abandoned In TSP Accounts: Time to Claim It

Federal employees, retirees and beneficiaries are missing out on more than \$88 million in abandoned and forgotten Thrift Savings Plan accounts. Thousands of accounts with amounts ranging from hundreds to tens of thousands of dollars sit unclaimed within the TSP – and it's been rising every year, according to Federal Retirement Thrift Investment Board. Close to \$6 million was "abandoned" in 2010 – but that amount grew to \$26 million in 2014, according to agency numbers. Since 2010 more than \$68 million has been abandoned and unclaimed – and a total of \$88 million has been abandoned overall. ([More](#))



Youth Summertime Activities Expo & Pinwheel Garden Dedication Ceremony

Don't miss the 2nd Annual Youth Summertime Activities Expo Saturday, **April 11**, 9:30 a.m. - 2 p.m., at the Fitness Center, in honor of Child Abuse Prevention Month (ACS/FAP) and Month of the Military Child (CYSS). Businesses from all over the QC area will have booths to provide information to parents on what activities they have for youth during the upcoming summer. In honor of Child Abuse Prevention Month, a pinwheel garden (sponsored by Child Abuse Council) will be displayed as well as a proclamation signing ceremony will be held just before the opening of the Expo. There will be 47 vendors showcasing activities for the summer months for children aged 2-18. We will also have door prizes of free or 50 percent off classes with our sponsors- All Family TaeKwon Do, Gravert's ATA Black Belt Academy, Elite Tumbling, Rivermont Collegiate, Eastern Iowa Community Colleges, Capri College, and Nahant Marsh. Call 309-782-3049 or 309-782-2165 for more info. ([Flyer](#))



Corps to Host Boating Safety Classes

Boating can be a fun and entertaining summer activity but one close call on the water can end it all. To help get ready for the upcoming boating season, the U.S. Army Corps of Engineers, Mississippi River Project will be offering free boating safety education classes at the Mississippi River Project Office in Pleasant Valley, Iowa. Classes will be offered **April 11**, **April 25**, and **May 2**. Only one eight-hour class is required to complete certification. Pre-registration is required, space is limited, and the classes fill quickly. To register, contact the park rangers at (309) 794-5338.



Tax Season Is Here

Income tax filing season is here and the Rock Island Arsenal will again host a free tax assistance center. The Rock Island Arsenal Tax Center, located on the 1st Floor of Bldg. 390, will be operational effective Jan. 28. The tax center serves members of the RIA community eligible for legal assistance services - primarily active duty service members, military retirees, and family members. In a change from recent years, an appointment is required and there is no



"drop-off" service. Appointments will be available weekdays, 8 a.m. to 3 p.m., starting the last week of **January through April 15**. Most appointments can be expected to take about an hour, with more complex returns taking longer. In accordance with IRS guidelines, the tax center may prepare and submit most – but not all – federal and state income tax returns. For example, we cannot prepare returns for a home-based business. If you expect your return to be complex, please discuss that with us when you call, and we can advise as to whether we will be able to prepare your return. To schedule an appointment please call 309-782-1709/8457. Please bring the following to your appointment: a photo ID; your social security card (or official SSA correspondence with your SSN on it); documents showing income of any type (W-2s, 1099s, etc.); documents to support any deductions/credits; copy of last year's return; direct deposit information; dependents' birth dates.

Blood Drives

The Mississippi Valley Regional Blood Center is hosting a blood drive at the Lock and Dam Lounge (in Bldg. 60), on **Friday, April 10 & 17, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at 563-359-5401, ext. 119. We will host a **2nd shift Blood Drive** at JMTC in the Bldg. 211 cafeteria on **Friday, April 10**. The drive begins at 6:30 p.m. Donors should contact their supervisor to sign up. **Also, a slight change in that every donor must present photo ID or a blood donor card to be eligible to donate blood. Arsenal badges are acceptable.**



The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).

VIOS Schedule for May and June

Official DA Studio Photography (DA, Government passport and command photos) will be offered at Rock Island Arsenal on **May 5, 6, 7** and **June 9, 10, 11**. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7:20 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the [VIOS site](#) for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active duty Soldier's DA photos; 2. Official government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - command photos will be printed and available digitally. Additional prints can be ordered in [VIOS](#). To obtain an official government passport photo: 1. Schedule a passport photo appointment at the [RIA VIOS website](#). 2. Go to transportation to obtain a printed DA Form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA Form 3903 to the photographer before the passport photo is taken. You will receive two 2" x 2" passport photos. All scheduled dates can be found on the [RIA VIOS website](#) FAQ.

Denim & Diamonds Dinner and Charity Auction

The Rock Island Arsenal Welcome Club invites you to the Inaugural Denim & Diamonds Dinner and Charity Auction on **April 10**, 6-10 p.m., at the Arsenal Island Golf Clubhouse. Cost is \$25 per person which includes dinner; menu items include BBQ buffet, brisket and chicken, potato salad, baked beans, and peach cobbler. All proceeds to benefit scholarship and community outreach grants. Tickets are on sale now. Contact RIAWCVP@yahoo.com for more information.

Walk-In Pet Vaccination Clinic

The Great Lakes Veterinary Services will be hosting a pet vaccination clinic Thursday, **April 23**, 1-6 p.m.; and Friday, **April 24**, 8 a.m. – 12 p.m., at the Rock Island Arsenal Fire Department. All active duty military, military reserve and National Guard, military retirees, and dependents with valid identification cards are eligible to use this service. There is a charge for all services provided with payment in cash or check only. Please see [our website](#) for prices. Questions? Please call at (847) 688-5740 ext. 4.



RIA SAAM Walk/Run

The Rock Island Arsenal SHARP Team invites you to help raise awareness against sexual assault by participating in the Rock Island Arsenal Sexual Assault Awareness Month Walk/Run on Friday, **April 24**, at 6:20 a.m., beginning at the Memorial Field parking lot. The theme for SAAPM is "Eliminate Sexual Assault: Know your Part, Do your Part." Tshirts for the walk/run event are available for purchase at <https://www.customink.com/g/aux0-0021-u79m> Note: The site will not allow you to order using Internet Explorer, but you may be able to use Mozilla Firefox or call customer service at 800-293-4232. Please, no pets allowed at the event.

Honor Flight Golf Outing

Join us for the Inaugural R.I.A. Federal Credit Union Honor Flight Golf Outing, Friday, **April 24**. Check-in begins 11 a.m. - 12 p.m. with a shotgun start at 12:30 p.m. Cost is \$300/team or \$75/person. There's a 36 team limit. Lunch will be provided at check-in. A 19th Hole Party at the Clubhouse is also included. Proceeds will benefit Honor Flight of the Quad Cities. Send registration and/or sponsorship payment(s) to: Jake Ward, R.I.A. FCU, PO Box 4750, Rock Island, IL 61204. POC for the event is Jake at 563-355-3800 ext. 7004 or jward@riafcu.com.

Davenport Army Junior Reserve Officers' Training Corps 8th Annual "Blue Devil" Raider Challenge

The Davenport Army Junior Reserve Officers' Training Corps is hosting the 8th Annual "Blue Devil" Raider Challenge, at Naval Operations Support Center Rock Island, Bldg. 218, on Saturday, **May 2**. High Schools from Iowa, Michigan, and Wisconsin, are participating in the challenge. The challenge will start approximately 7 a.m. with the award ceremony at 3 p.m. The challenge is five major events: Army PT Test, Rope Bridge, Raider Challenge Course, Surprise event and 10K road march. Come out and support your local Army JROTC! For additional information contact 563-323-9900, x113; or moralezj@davenport.k12.ia.us.



RIA Ladies Golf League

Looking for evenings of fun and fellowship? If so, the RIA Ladies Golf League is the place. The league begins **May 12** and ends **Aug. 25**. The league plays on Tuesdays at Saukie Golf Course and is for all levels of play. Kickoff meeting will be **April 14**. If interested please attend kickoff meeting or contact [Jeanine Blevins](#) at 563-324-3465 or [Brenda Hanes](#) at 309-794-0115 for further information.

Save the Date -- 240th Army Birthday Ball

The Rock Island Arsenal and Quad-City area military community will celebrate the 240th Army Birthday Ball on Saturday, **June 13**, starting at 5:30 p.m., at the Quad Cities Waterfront Convention Center, 2021 State Street, in Bettendorf. Cost per Person is \$45 per person (E-7/GS-8/WG-6/NF3 and above); and \$38 per person (E-6/GS-7/WG-5/NF2 and below). Dress... Military: Dress Mess/Army Service Uniform with white shirt and bow tie; Civilian: Tuxedo or dark suit. Please RSVP by **May 18** to ASC Protocol at 309-782-2410. The event will include: a social hour/receiving line; the National Anthem and posting of the Colors; streamer ceremony; champagne toasts; dinner; guest speaker – Sgt. Gary Beikirch, Medal of Honor recipient; Retiring of the Colors; and Dancing.



RIA AUSA Annual Golf Outing - Save the Date

Save the Date! RIA AUSA will hold its annual golf outing and fundraiser on Friday, **July 17**. Sponsorship and entry forms will be forthcoming soon. Visit www.ria-ausa.org to keep posted about chapter activities. ([Flyer](#))

Arsenal Attic Thrift Shop & Boutique

Come shop at the Arsenal Attic Thrift Shop, Bldg. 60 Basement. Open 9 a.m. – 3 p.m., every Tuesday, Thursday and 3rd Saturday (**April 18**). The Arsenal Attic is a volunteer staffed store. Your purchases benefit scholarships for military families as well as many other RIAWC community supported causes. When you donate items to the Arsenal Attic, 100 percent of the profit goes to these worthy causes. All the money raised by the Arsenal Attic stays in our community and is greatly appreciated by the organizations who receive our support. When you consign with us, you contribute 30 percent of the profit to the Attic while providing a variety of new and gently used items for the shoppers. POC 309-782-6977.



Rock Island Arsenal Welcome Club Golf Tournament Scholarship Fundraiser

Are you an avid golfer or just play for fun or exercise? Come join us Tuesday, **June 2**, at the Arsenal Island Golf Clubhouse, for the RIAWC Annual Scholarship Golf Tournament. You can join in as an individual or as a team. Cost is \$125 per person or \$500 as a team. Registration will be 11 a.m. – 1 p.m.; shotgun start at 1 p.m.; banquet dinner 6-8 p.m. What a way to get out and have some fun. If you are interested in participating it is not too late to sign up. Thanks for your continued and dedicated support in assisting our youth here in the Rock Island Arsenal Community. ([Flyer](#))

Arsenal Island Employee Local Discounts

The following discounts are exclusively available to Arsenal Island employees — **Quad-City Area Chick-fil-A:** All local military personnel and immediate family may show their government issued ID and receive a free Chick-fil-A Chicken Sandwich any Monday in April 2015 from 5-7 p.m. at any Quad-City area Chick-fil-A location. **Chocolate Manor:** All Arsenal Island military and civilian employees will receive a 10 percent discount off their total purchase on any of our award

winning homemade chocolates at 110 E. 2nd St., Davenport, just show your ID. **Roosters Sports Bar and Grill:** All military and civilian's get 10 percent off their bill. Come head down for lunch at 2130 3rd St., Rock Island, new specials daily. **Peachwave Frozen Yogurt:** Peachwave, 3431 Devils Glen Rd., Bettendorf, offers a 10 percent discount every day to all military and veterans. *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*



Arsenal Traffic/Construction



Fort Armstrong Avenue Construction

Rock Island Arsenal will be performing road work on the intersection of Fort Armstrong Avenue and Rock Island Drive. This work will result in a full vehicle closure of the Arsenal's Rock Island Gate and Rock Island Viaduct, as well as restricting vehicles crossing the Government Bridge to "Installation-only" traffic. Signs and barricades will be posted to warn and direct traffic. The American Discovery Trail will remain open. Weather permitting, work is scheduled to begin **April 13**. At that time the Rock Island Gate will be closed and the Davenport Gate will be opened 24/7 for ingress and egress to Rock Island Arsenal. This will continue until construction work is completed, currently anticipated to be in **late May or early June**. Upon project completion, the Rock Island gate will reopen for normal operations.

Parking Lot 2E and Buffington Street Closures

Parking Lot 2E, located North of Bldg. 220, and access to Flagler St. from Rodman Ave. are planned to be closed for repair beginning **April 15** for about eight weeks. Pedestrian access to the JMTC facilities through the turnstiles and gates in this work area will also be closed. Immediately following the parking lot completion, Buffington St., from Rodman Ave. to Parking Lot 3H (parking lot west of Bldg. 350) will be closed for repair. Work on Buffington St. is anticipated to last about six weeks. Western traffic is encouraged to use North Ave. and Whittemore St. Eastern traffic is encouraged to use North Ave. and Gillespie St. Short duration, one lane closures on Rodman Ave. may occur near Buffington St. during this work time. Signs and barricades will be used to warn traffic and close areas during repair.

Parking Closure Near Bldg. 64

Effective **March 1** through Wednesday, **July 1**, the Directorate of Public Works will begin replacing the roof on Bldg. 64. Parking along the east side of the street (2nd Street) will be closed **March 1 through May 8**. Parking along the west side of the street (3rd street) will be closed **April 17 through July 1**. During these closures fencing, barricades, and signage will be positioned, as required. Timeframes may be extended depending on weather related issues.

Rock Island Viaduct Sidewalk Closed to Pedestrians

"Sidewalk Closed" signs have been erected at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents. Attached illustration indicates the suggested alternative route (STR276 American Discovery Trail and Pedestrian Bridge) during the closure.

Building/Space Closures



There are no announcements at this time.

Active Duty/Reserve Zone

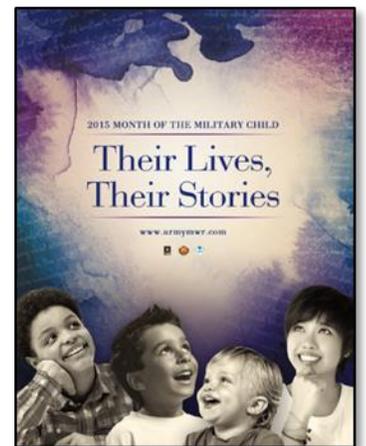


RIA MWR Army 10-miler

All active duty military are invited to try out for the Rock Island Arsenal Army Ten Miler team by competing in the **May 2** qualifying run. The top eight finishers (male or female) will comprise the Rock Island Arsenal team. Run starts at 6:30 a.m. in front of the Sports Complex here on Arsenal Island. Call 309-782-6787 for additional general information. All runners must register at the Fitness Center by **April 17**. The registration form is included in the attached packet. The completed registration needs to be returned to the Fitness Center where participants can pick up their number or they can just go to the Fitness Center and sign up and pick up their number. Call 309-782-6202 for additional information about the registration. Volunteers are also needed for this event. Interested Soldiers can contact the [POC](#) to volunteer and assist with the event.

Month of the Military Child: "Their Lives, Their Stories"

Military children face unique challenges: extended family separations, frequent moves and the stress of deployments. In 1986, the Department of Defense designated April as Month of the Military Child (MOMC) to recognize the personal sacrifice and important contributions of military children. The MOMC observance is an opportunity to thank and applaud Army children for their support of a ready Army and recognize their role in strong Army Families. Total Army Strong underscores the Army commitment to the total Army Family -- Soldiers, Department of the Army Civilians, and Families. It acknowledges that the strength of the nation is built on the readiness and resilience of every member of the premier all-volunteer Army and commits to a system of programs and services that strengthen resilience and help children and youth mitigate the unique demands of Army life. It also reminds us that the strength of Soldiers comes from the strength of their Families. ([More](#))



Army Equipment Modernization Strategy

The Army Equipment Modernization Strategy describes how the Army will modernize equipment to Win in a Complex World. The Army must be equipped to protect the homeland, foster security globally, project power and win. This strategy seeks to simplify systems, maximize reliability and reduce logistical demands and life cycle costs. The Army will invest in and deliver future-force capabilities to maintain overmatch against increasingly capable and determined adversaries. Vital

modernization efforts will be balanced with end strength and readiness to mitigate mid-term risk. ([More](#))

Putnam Museum is a Blue Star Member Institution

The Putnam is now one of more than 2,000 museums across America to offer free admission to military personnel and their families this summer in collaboration with the National Endowment for the Arts, Blue Star Families, and the Department of Defense.

Any active duty military personnel including National Guard and Reserve, and up to five family members, receive free admission to the Museum and Science Center **Memorial Day through Labor Day**.

"We are honored and excited to be able to bring this program to our Quad Cities Military families," said President and CEO Kim Findlay. "Through our participation in the Blue Star Museums program, we are able to show our continued support for all our active military and thank them for their hard work and sacrifices." Leadership support has been provided by MetLife Foundation through Blue Star Families. The program provides families an opportunity to enjoy the nation's cultural heritage and learn more about their new communities after a military move. The complete list of participating museums is available at arts.gov/national/blue-star-museums.



Inaugural Island-wide Baby Shower

Mark your calendars and save the date for the Inaugural Island-wide Baby Shower hosted by the Iowa State Chapter, Mississippi Valley Division March of Dimes. The event will take place **May 19**, 10 a.m. – Noon, at the Arsenal Island Golf Course Clubhouse. This baby shower is for all expecting Active Duty, National Guard, and Reserve with military ID card holder spouses. To RSVP for the event, contact Deena at 563-323-6378. Space is Limited.



YMCA Camp Abe Lincoln Military Kids Camp

Military Kids Camp is a specialty camp for children with parents in the service. It is a great opportunity to build a community for military children ages 8-16 from **June 28 - July 3**. We have funding this year and are pleased to offer this camp again, free of charge. Space is limited, so we are currently [accepting applications here](#).

Military 4-H Scrapbooking SPIN Club

Explore, Engage, Innovate... the world of scrapbooking. Take photos you have and create a scrapbook that will last a lifetime. Each month youth will learn a new scrapbooking technique and create a page. Snacks will be at each meeting. Eligibility includes military youth, ages 12-18. This program will meet every 3rd Wednesday of the month, **Feb. 18 to Dec. 16**, 5:30-7 p.m., in the Cassion Room, in Bldg. 60. Cost includes a supply fee of \$20; non-4-H members add a \$20 program fee (fee waivers available upon request). [Register online today!](#) Or for more information call the University of Illinois Extension, Rock Island County 4-H Office at 309-756-9978. University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accommodation to participate call 309-756-9978 at least two weeks in advance.

Safety Spotlight



ARMY SAFE
IS ARMY STRONG



Spring Cleaning

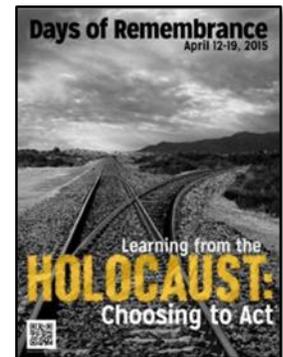
Spring is almost upon us. The days are getting longer and warmer. Spring's arrival means it is that time of year again when we seriously clean our homes. While this is a rewarding activity, it can also be a risky one. Falls, cuts, chemical burns, and electrical shock are just some of the injuries which can occur. ([More](#))

Equal Employment Opportunity Focus



Holocaust Days of Remembrance Poster Released

In observance of the Holocaust Days of Remembrance, observed each year during the week of Remembrance that runs from the Sunday before Holocaust Remembrance Day (Yom Hashanah) through the following Sunday, the Defense Equal Opportunity Management Institute proudly announces original artwork available for download from DEOMI's public website, www.deomi.org. This year, the Holocaust Days of Remembrance Week will be observed from April 12-19. Holocaust Remembrance Day is Thursday, April 16. The United States Congress established the Days of Remembrance as our nation's annual commemoration of the victims of the Holocaust and created the United States Holocaust Memorial Museum, www.ushmm.org, as a permanent living memorial to those victims. ([More](#))



Morale, Welfare & Recreation



Morale, Welfare & Recreation (MWR)

Visit the MWR website at www.riamwr.com for information on all MWR programs.

Group Fitness Class Survey

We want to hear from you. How can we structure our group fitness classes differently to make them more appealing and accessible to you? If you haven't had a chance yet, please consider taking 1-2 minutes (that's all, we promise) to take this quick survey to tell us how we can serve you better. The survey can be found here: www.surveymonkey.com/r/RIA_CLASSES

Daily Lunch Service Resumes at the Arsenal Island Clubhouse

Regular lunch service at the Arsenal Island Clubhouse comes out of hibernation on Tuesday, **April 7**, 11 a.m. - 1:30 p.m., with an exciting new format and different menu items sure to tempt your

taste buds. Our new soup, salad and sandwich buffet featuring fresh baked breads is a quick option that will allow you to have a quick, sit-down lunch that you custom build for just \$9/person. We will also offer a grab-and-go option featuring the same menu that is offered at the Island Oasis in the Fitness Center with the addition of daily specials. This is perfect for short lunch breaks where you need to get the food fast but you'll also have the option of dining in the bar area. Call 309-782-6319 for more info. ([Flyer](#)) ([Menu](#))

Entire Month of April, Oil Change Special at the Auto Skills Shop

April is Spring Car Care Month, a good time to kick the tires and check the fluids after a long cold winter and in anticipation of summer driving conditions. All month long you can get a full service standard oil change (includes up to five quarts of oil, oil filter and 25 point inspection) for just \$21, or a full service Mobil 1™ synthetic oil change for \$51 (includes up to six quarts of Mobil 1™ oil, oil filter and 25 point inspection). Call 309-782-8631 to schedule an appointment or for more info. ([Flyer](#))

Beer Pairing Dinner

Do you like craft beer? What about fine cuisine? What about craft beer perfectly paired with fine cuisine? Then get all your foodie & beer connoisseur friends together and get signed up for our next beer pairing dinner **April 17**, 6-10 p.m., at the Arsenal Island Clubhouse. This fun evening will feature brews from local brew masters, Great River Brewery alongside gastronomic delights from our talented chef and kitchen crew designed to complement and enhance each other. Cost is \$45/person and includes six courses and a keepsake Great River glass that's yours to keep. There will be a cocktail hour from 6-7 p.m. and dinner will start at 7 p.m. Please RSVP on or before **April 15** by calling 309-782-4372. ([Menu](#)) ([Flyer](#))

Free Vehicle Inspection

April is Spring Car Care Month so make sure your vehicle is tuned up and ready for those summer road trips at our free Vehicle Inspection day Saturday, **April 18**, 9 a.m. - 2 p.m., at the Auto Skills Shop. Our skilled mechanics will give your ride a good once over and let you know of any potential problems that can be addressed before they become bigger expenses. No appointment is necessary, just stop in between 9 a.m. – 2 p.m. Vehicles will be serviced on a first come, first served basis and we'll even have free refreshments for you to enjoy while you wait. Call 309-782-8631 for more info. ([Flyer](#))

MWR Leisure Travel Office



Office Hours

Monday through Friday, 9 a.m. – 3 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. ([email](#)) ([website](#))

Books Are Fun

Books Are Fun will once again be visiting the Rock Island Arsenal for two days. They will be in Bldg. 60 Heritage Hall dining area **April 16-17**. They will have discounted books and other merchandise.

Time: **9 a.m. - 1 p.m.**

Church Basement Ladies (The Last Potluck Supper)

All new show – the latest and final installment in the uproarious series, the lovely ladies of the church kitchen serve up a rib-tickling panorama of the Church's changes, without spilling a drop of their egg coffee. Leisure Travel has discounted tickets on sale until **April 11**. This is a show that always sells out.

Date: **Saturday, April 25**

Time: **5:45 p.m.**

MWR Spring Fair

MWR has invited 40 vendors to participate at this two-day vendor fair. All sorts of products will be offered from Enchiladas to Scentsy. This event will be held in Heritage Hall dining area, Bldg 60.

[\(Flyer\)](#)

Date: **Wednesday, April 29**

Time: **9 a.m. - 1 p.m.**

Pretty In Pink Doll Party

This is our first Pretty In Pink Doll Party. The party will take place at Historical Quarters One. Finger food and dessert buffet, free photo with your favorite doll, movie with free popcorn and other activities. Cost is \$25 per person. Limited seating. For more details contact the Leisure Travel Office. [\(Flyer\)](#)

Date: **Saturday, May 2**

Time: **1-3 p.m.**

Chuggington Live! The Great Rescue Adventure at the Adler Theatre

The Great Rescue Adventure the trainees are on their first day of advanced training, and are eager to impress their mentors by mastering new roles that test their courage, speed, and determination. Limited discount seats available for \$33.50. Section B, Row G, Seats 1-10.

Date: **Tuesday, May 12**

Time: **6:30 p.m.**

NASCAR Xfinity Series Bus Trip

Bus will depart from the Auto Skills Center, Bldg. 351 at 8 a.m. with no stops en route. Please arrive 30 minutes prior to departure, refreshments provided prior to departure. Limited alcohol allowed on the bus. Pre-register by **April 1** and receive 50 percent off a Fan Pass for access behind pit row for \$5. Cost of bus trip is \$69. Event registration ends **April 20**. Seats are filling up fast.

[\(Flyer\)](#)

Date: **Sunday, May 17**

Time: **8 a.m.**

Professional Bull Riders

Coming to the iWireless Center - The PBR's BlueDEF Velocity Tour is a collaboration between PBR and AEG, the leading sports, entertainment and venue operator in the world, which offers established and up-and-coming bull riders the opportunity to gain the valuable points needed to qualify for the PBR's elite Built Ford Tough Series. Leisure Travel has limited discount seats until **June 1**. Section 116 Rows 9 & 10 are \$49, Section 105 Tows 7 & 8 are \$29.

Date: **Saturday, June 13**

Time: **7 p.m.**

Cubs vs. Cardinals Bus Trip

MWR Leisure Travel has a Cubs vs. Cardinals bus trip scheduled. Cost will be \$99 per person to include transportation and ticket to game. Seats are located in Upper Deck Box Outfield. Departing from RIA at 6 a.m. from the COL Davenport Pavilion. Limited alcohol permitted on chartered bus. Coolers must fit under the seats and not block the aisle. No glass bottles. No smoking permitted on motor coach. Estimated return time will be 8 p.m. ([Flyer](#))

Date: **Saturday, Sept. 19**

Time: **12:05 p.m.**

Davenport Cinemark 53rd 18 + IMAX Theatre

Leisure Travel is selling Platinum Supersaver Prepaid Admission Tickets to Davenport Cinemark 53rd 18 + IMAX theatre (formally 53rd cinemas and RAVE cinemas) These tickets have no restrictions or expiration date.

Child, Youth & School Services



Youth Summertime Activities Expo

Attention all parents! Do you need to find activities to keep you and your child busy this summer? Do you need ideas for summer fun? Need information about volunteer opportunities for your child or teen? In honor of Child Abuse Prevention Month and Month of the Military Child, the Rock Island Arsenal Family Advocacy Program and Child, Youth and School Services will be hosting the Second Annual Youth Summertime Activities Expo on Saturday, **April 11**, 10 a.m. – 2 p.m. in the Fitness Center. The purpose of the Youth Summertime Activities Expo is to provide information to QC residents on the opportunities available to families of children 0-18 years of age during the summer months. The Expo will host agencies in four major categories, summer fun and activities (free and fee-for-service), day and resident camps, volunteer opportunities and education. Vendors will have games/activities for the children. A pinwheel garden (sponsored by the Child Abuse Council) will be displayed and a dedication signing ceremony will be held at 9:30 a.m. that day in front of the RIA Fitness Center. This event will be free and open to the public. [Email](#) or call 309-782-3049 for more information. Hope to see everyone there. ([Flyer](#))



2015 Military Child of the Year Award – Recognizing Young Patriots

Operation Homefront is pleased to present the Military Child of the Year Award to outstanding military children who demonstrate resiliency, leadership and achievement. Recipients representing each service branch are recognized at a Washington, DC Gala celebration in April each year. The seventh annual award will be presented **April 16** at the Ritz-Carlton, Pentagon City, near Washington, DC. In addition to the trip to our nation's capital, recipients are awarded a laptop computer and a \$10,000 award. To learn more about Operation Homefront and the Military Child of the Year Award, please go to: www.militarychildoftheyear.org

Army Community Service



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ACS is located in Bldg. 110, 1st floor SE; [Visit our ACS website](#) or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here](#). 24/7 Sexual Assault Hotline: **309-229-8412**.

Family Resiliency Treasure Hunt

Open to all RIA Families Thursday, **April 16**, 5:30-7:30 p.m., at the School Age Center (Bldg. 150), to build resiliency skills as a family. This is a pirate themed game with stations set up where families complete their treasure map by doing family activities. There will be pirate treasure at the end of the game in the form of prizes. These will be family themed, such as board games and toys. For more info, call 309-782-3049. ([Flyer](#))

Advanced Résumé Class

There will be an Advanced Résumé Class (with emphasis on federal employment) held on Friday, **May 8**, in Bldg. 103, in the Baylor Conf. Rm. The class is open to all service members, spouses, and their family members, DA civilians (APF & NAF) and their family members, and Retiree's and their family members. Those who are interested must RSVP NLT **May 1** at 309-782-0829 or by email to usarmy.RIA.imcom-central.mbx.usag-acs@mail.mil. There is a minimum of 10 RSVP's or class will be rescheduled.

Employee Assistance Program



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ASAP/EAP is located in Bldg. 56, 1st floor; visit our [ASAP/EAP website](#) or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. [Find us on Facebook click here](#).

National Alcohol Screening Day – April 2015

Good news. Did you know that a glass of wine with dinner or beer on Friday night with friends might be good for you. A compilation of research detailing the health benefits of moderate alcohol use suggests that it can reduce the risk of heart disease, stroke, dementia, and even the common cold ([Hanson, 2007](#)). However, this research leads us to ask, what is moderate alcohol use? It is important to distinguish between moderate and heavy alcohol use, as consuming excessive amounts of alcohol can lead to many problems. In the short term you may be more likely to have an accident, commit a violent act (alcohol use is associated with two out of three incidents of intimate partner violence), or engage in risky sexual behavior that you would normally avoid. Long term health problems, including increased risk of stroke, dementia, depression, high blood pressure and certain cancers are well known for being consequences of heavy alcohol use ([Centers for Disease Control and Prevention, 2008](#)). To help you know if you are using alcohol moderately rather than in

a way that is hazardous, the Rock Island Arsenal Employee Assistance Program is honoring National Alcohol Screening Day, **April 9**, by offering you the opportunity to schedule a screening with an EAP counselor. You can also access an anonymous screening at www.drinkingiq.org. We here at the Rock Island Arsenal EAP hope that you will raise your glass in the name of good health and take a quick check of your drinking habits to help ensure your good health stays that way.

Alcohol Awareness Month

April is Alcohol Awareness Month. Alcohol is the most commonly used drug in the United States (National Institute on Drug Abuse). Alcohol is popular, socially accepted, and legal. Yet it is the most frequent cause of individual and family pain and suffering. Alcohol Awareness Month is an opportunity to raise awareness about alcohol misuse and encourage people to make healthy, safe choices. During this month, take time to educate yourself and your loved ones about the dangers of alcohol misuse. One way to educate yourself about your own drinking is to take the anonymous alcohol use self-assessment online at www.DrinkingIQ.org. The Survey is free and can give you feedback about your drinking and if you may be at risk. If you would like to learn more about alcohol or have any questions, please call the EAP at 2-HELP (4357) or look for an EAP staff member at your lunch cafeteria in April.



Education/Training Review



The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. [Please visit our website to learn more.](#)

Employment-Education Event at Rock Island Arsenal

Mark your calendars now! The Directorate of Human Resources, U.S. Army Garrison, will be hosting the semi-annual Employment-Education Event on Wednesday, **April 15**, 9:30 a.m. – 1:30 p.m., in the Heritage Hall, Bldg. 60. Soldiers, veterans, and family members are the target audience for this great event. More than 60 employers from throughout the Midwest as well as more than 20 academic institutions and many veterans service organizations that attended our 2014 events. Valid job offers were made and accepted! We expect at least the same level of participation and success for this event. Employers may have jobs available in locations nation-wide as well as in the Quad Cities area and throughout the Midwest. This event represents a great opportunity for employers to review resumes, interview candidates, and potentially hire separating active duty, Reserve, and National Guard Soldiers, veterans, and family members. Please come ready; have resumes to hand out and be appropriately dressed for a possible interview. Academic institutions will have experts on hand to provide information on programs of study as well as on the GI Bill and scholarship opportunities, for both local and online classes. They will provide information regarding educational opportunities for Soldiers, veterans, and family members. Veterans service organizations will be available to assist with resources, benefit information, and resume development. Army Community Services, holds scheduled resume writing classes on a routine basis for active duty and retired Soldiers and eligible family members. Individual resume and interview training is also available by request. For further information, please contact [Christopher](#)

[Gegenheimer](#), at 309-782-0815. Any questions about the event can be directed to Sharon Lampert, 309-782-7780 or Lafayette Ausborn, 309-782-4799, or email usarmy.ria.usag.mbx.hrm-tsm@mail.mil. Don't let this great opportunity pass you by!

2015 WID Scholarship

The Iowa/Illinois Chapter, Women In Defense, a national security organization, has established an annual scholarship to provide opportunities of higher education for students who are interested in achieving a place of leadership in their chosen fields. Applicants will be limited to those individuals meeting one or more of the following criteria and who have never received a scholarship from Women In Defense: A current member of the Iowa/Illinois chapter of the National Defense Industrial Association or WID and their dependents; corporate charter members and their dependents; current government employees on Rock Island Arsenal or Iowa Army Ammunition Plant and their dependents. Note: Dependents are defined as children, step-children, children of legal guardian, or spouse. Scholarship applications can be found at www.widiic.org. All applications must be postmarked no later than Friday, **May 1**. For additional information, the point of contact is Sonja Johnson Wills, Scholarship Chair, 571-264-6346.

NDIA Scholarship

The Iowa Illinois Chapter NDIA is accepting applications for its one-year \$2,000 scholarship. This scholarship is available to high school senior students of the NDIA chapter members and civilian and military employees on Arsenal Island. Scholarship applications can be found at www.ndia-ia-il.org. Applications must be postmarked no later than **March 24**. Call John Masengarb, 563-650-3252, for additional information.

NDIA Lifetime Achievement Awards

Nominations are being accepted for the Lt. Gen. (Ret) Lawrence Skibbie award for Lifetime Contributions to National Defense, the Maj. Gen. (Ret) William Eicher award for Lifetime Contributions to the Weapons Industrial Base and the Maj. Gen. (Ret) Paul Greenberg award for Lifetime Contributions to the Ammunition Industrial Base. Applications must be postmarked no later than **April 12**. Send nominations to Jimmy Morgan, 289 Niabi Zoo Road, Coal Valley, IL 61240 or jimcmorgan@aol.com. Application details at www.ndia-ia-il.org.

Sgt. Paul Fisher Scholarship

The Iowa Illinois Chapter NDIA is accepting applications for its one-year \$2,000 Sgt. Paul Fisher Scholarship. This scholarship is available high school seniors of active military, reserve, National Guard, or veteran in zip codes 61200-61699 in Illinois and 50000-52899 in Iowa. Scholarship applications can be found at www.ndia-ia-il.org. Applications must be postmarked no later than **March 24**. Call John Masengarb, 563-650-3252, for additional information.

Army Emergency Relief Announces Opening of Scholarship Application Period

Army Emergency Relief has announced the opening of its scholarship application period. Applications will be accepted from **Jan. 2** until **May 1**. AER supports both the Spouse Scholarship Program, as well as the Maj. Gen. James Ursano Scholarship Program for dependent children. Scholarship specifics and the applications are available on [AER's website](#). The Spouse Scholarship can be used for full or part-time students, while the Ursano Scholarship is only for full-time students. Last year AER awarded 3,637 scholarships, totaling more than \$8.8 million to Spouses and Children of Soldiers. "The entire scholarship process is on line," said Tammy LaCroix, manager for AER's scholarship programs. "Last year we found that the on line process worked best

for those who downloaded the step-by-step instructions and used them as a checklist.” “Applicants are able to create their own profile, submit their documentation online, and check their status,” added LaCroix. “This proved to be a huge time saver for both the applicants and the scholarship staff.” ([More](#))

RIA AUSA Scholarship Program 2015-2016

The Rock Island Arsenal Association of the United States Army announces the annual scholarship program for 2015-2016 school year. Applications are available on the RIA AUSA web site at www.ria-ausa.org. Eligible applicants must reside in the RIA AUSA geographical footprint covering eastern Iowa and western Illinois identified in the application, and be associated with the military as a current military member, veteran, family member or DoD civilian. Applicants can download the application and return it completed no later than **May 1** to the mailing address listed in the application form. Questions can be directed to the RIA AUSA chapter representative Tim Considine, at considinet@aol.com or by calling 512-565-4089.

Area Schools to Visit RIA

The [Army Continuing Education Systems Rock Island Arsenal](#) is coordinating with Quad-City area schools to have them visit with eligible Ed Center patrons where they will meet with school representatives and learn about educational opportunities in the Quad Cities. These visits will take place in Bldg. 56, Room 121, 10 a.m. – 2 p.m. The schedule for this fiscal year is: • Ashford University, **April 21**, and **July 23**; • Black Hawk College, **July 9**; • Eastern Iowa Community College, **May 7**, **June 4**, **July 2**, **Aug. 6** and **Sept. 3**; • Kaplan University, **May 14**, and **Aug. 13**; • Saint Ambrose University, **April 16**, and **July 16**; • Trinity College of Nursing & Health Sciences, **May 21** and **Aug. 20**; • Upper Iowa University, **May 13**, and **Aug. 12**.

Defense Commissary Agency / Exchange

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The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: www.commissaries.com ([Facebook](#))

Exchange Opens Earlier, Serves Breakfast

The Exchange located on Rock Island Arsenal began opening at 7 a.m. Oct. 1. Also effective Oct. 1, the Exchange began featuring heat-and-eat breakfast items at the front of the store. "We will be running these hours for two months to make sure that there will be demand to be open at 7 a.m.," said Carl Wolfe, store manager, Rock Island Exchange. "We are really hoping with the Exchange having an entire new 'Heat and Eat,' that we will cater to the Soldiers coming on the Island in the morning and we know a lot of them have PT in the mornings and this will give them a chance to grab something before they go in the office for the day." The new open-to-close store hours are 7 a.m. – 6:30 p.m., Monday through



Friday; and 8:30 a.m. – 6:30 p.m. on Saturdays. The "Heat and Eat" items being sold in the mornings will include: Breakfast Tornados, Breakfast Deli Express sandwiches, Cappuccino, and coffee, Roller Bites, and Breakfast Style Pizza. The Exchange will also have a lunch menu to include: Tornado's, Deli Express hot and cold sandwiches, hot dogs, Polish sausage, jalapeno sausage, Roller Bites, egg rolls, and pizza. In addition, the Exchange will also have microwavable meals, soup, and Asian noodles for sale all day long.

Arsenal Archive

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Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

This Week in Rock Island Arsenal History – April 6-12

On April 8, 1832, Black Hawk led his band across the Mississippi River and back into Illinois in violation of his treaty with the United States Government. This incident sparked the Black Hawk War. In April 1933, the RIA began manufacturing models and prototypes of half track truck, T1; combat car, T5; and a light tank, T2. On April 12, 1947, the RIA celebrated Army Day by inviting the public to an open house to view displays and equipment at the RIA. In April 1944, the court in Shop L was completely rehabilitated in preparation for the manufacturing of breech mechanisms for the 155mm M2 artillery piece.

Healthbeat



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Sexually Transmitted Infections: Are You At Risk?

The U.S. Centers for Disease Control and Prevention estimates that more than 20 million new sexually transmitted infections occur annually in the United States, contributing to roughly 110 million total infections and \$16 billion in medical costs each year. Common STIs include human papillomavirus, or HPV, Chlamydia, Trichomoniasis, Gonorrhea, Herpes Simplex Virus, or HSV, Syphilis, Hepatitis B and Human Immunodeficiency Virus, or HIV. About half of new STIs occur in youth who are 15-24 years old. STIs are also common among the military active duty population, where more than a third of service members are under 25. Risk factors for infection and disease trends tend to mirror those observed nationally. ([More](#))

April Is Women's Eye Health and Safety Month

Women are often the people in the family responsible for taking care of their family's health concerns and often neglect their own health including the health of their eyes. Yet, did you know that two thirds of the people in the world affected by visual impairments and blindness are women even though they represent only 53 percent of the population? The rate of eye disease is on the rise in this country mostly because people are living longer and women, on average, live longer than men. As a result, more women are susceptible to age-related eye diseases such as macular

degeneration, cataracts, dry eyes, glaucoma and diabetic changes of the eye as well as other conditions. Because of this, Prevent Blindness America has designated April as Women's Eye Health and Safety Month to help educate women about the steps that they must take to help prevent vision loss by making their own eye health a priority. While the following recommendations apply to all, during April, the emphasis is on women so that they remember to take care of themselves as well as their families. ([More](#))

Can Supplements Improve Your Mood?

Most people do not plan on feeling depressed, but depression is called the "common cold" of behavioral health issues. Almost one out of five people will have depression during their lives. Some signs of depression are losing interest in things you used to enjoy or feeling sad most of the time for two or more weeks. If you are concerned about your mood, you may wonder what to do. In fact, finding help for behavioral health issues, like depressed mood, is an important part of maintaining personal readiness. When you are seeking out resources, you may feel overwhelmed with information. Oftentimes, people seek advice from friends, family, coworkers and the Internet. This can be confusing. Some recommendations will be helpful, but others could be harmful. Some sources may recommend dietary supplements as a quick and easy fix. Dietary supplementation may seem like an easy fix because you do not have to invest a lot of time or money into it and they can be taken without anyone knowing. Unfortunately, there is no quick fix for depression. Although there is some evidence that having low levels of certain nutrients (for example, folate, B-12, calcium, vitamin D, iron, selenium, zinc, and N-3 fatty acids) contribute to some mood problems, there is very little evidence that dietary supplements help most people who are depressed. ([More](#))

TRICARE Tip of the Week

Certificate of Creditable Coverage: TRICARE will no longer send beneficiaries certificates of creditable coverage when they lose Tricare eligibility. These certificates are no longer needed when beneficiaries transition off TRICARE. Beneficiaries will instead receive notice that their TRICARE coverage is ending. Have a Great TRICARE Day!

Notes for Veterans



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New Members Appointed to VA Advisory Committee on Women Veterans

Four new members have been appointed to the Department of Veterans Affairs' (VA) Advisory Committee on Women Veterans, an expert panel that advises the Secretary on issues and programs affecting women Veterans. Established in 1983, the Committee makes recommendations to the Secretary for administrative and legislative changes. "Women have made significant contributions to the safety and security of our great Nation. As we seek to enhance services for women Veterans, VA values the Committee's guidance," said VA Secretary Robert A. McDonald. "The Committee's recommendations help VA to identify and address gaps in service to better meet the needs of women Veterans today and in the future. VA welcomes the newest members of this important Committee." Of the approximately 22 million living Veterans, about 2 million are women Veterans. They comprise 9.2 percent of the total Veteran population. VA estimates that by 2040, women Veterans will comprise approximately 16 percent of the total Veteran population. ([More](#))

Around the Q.C.



C

- April 11:** [2nd Annual Youth Summertime Activities Expo](#) (Rock Island Arsenal Fitness Center)
- April 11:** [Bandits Race to Home 5K](#) (Modern Woodmen Park)
- April 11:** [Marine Corps League Trivia Night](#) (American Legion Post #26, 702 West 35th Street, Davenport)
- April 11:** [18th Annual Public Swap Meet](#) (QCCA)
- April 11:** [Kids Club: Powered by Nat Geo Kids](#) (SouthPark Mall, Moline)
- April 11:** [Father-Daughter Dance](#) (Golden Leaf Banquet Center, Davenport)
- April 18:** [Quad Cities on Tap Craft Beer Festival](#) (QCCA)
- April 18:** [Passport to Safety](#) (SouthPark Mall, Moline)
- April 25:** [March of Dimes March for Babies](#) (Rock Island Arsenal, Memorial Park)
- April 25:** [Quad Cities Cruisers Cruise-In](#) (3-6 p.m., Davenport Learning Center, 1002 W Kimberly Road)
- May 2:** [Festival of the Arts' Village in Bloom](#) (Village of East Davenport)
- May 4-10:** [Navy Week Quad Cities](#) (Quad City Area)
- May 9-10:** [29th Quad City Air Show, featuring the U.S. Navy Blue Angels](#) (Davenport Municipal Airport)
- May 9-10:** [Beaux Arts Fair](#) (Figue Art Museum Plaza, Davenport)
- May 10-11:** [Scott County Kennel Club AKC Dog Show](#) (QCCA)
- May 16:** [Quad Cities Cruisers Cruise-In](#) (6-9 p.m., Davenport Learning Center, 1002 W Kimberly Road)
- May 16:** [2nd Annual Live Fit With Lupus Run](#) (Black Watch Room, Pebble Creek Golf Course, LeClaire, Iowa)
- May 22-31:** [Historic Homes & Gardens of the Scottish Highlands](#) (QC Botanical Center, Rock Island)
- May 25:** [50th Annual Quad Cities Criterium](#) (Village of East Davenport)
- June 1-6:** [25th Annual Quad Cities Senior Olympics](#) (1800 3rd Ave, Rock Island)
- June 3, 4:** U.S. Army & NDIA Small Business/APBI Symposium (iWireless Center)
- June 5-6:** [Rhubarb Festival](#) (Aledo, Ill.)
- June 6:** [QC Pridefest](#) (Downtown Davenport)
- June 12-13:** [Gumbo Ya Ya](#) (The District, Rock Island)
- June 13:** [Quad Cities Cruisers Cruise-In Carshow](#) (4-9 p.m., Davenport Learning Center, 1002 W Kimberly Road)
- June 13-21:** [Quad Cities Museum Week](#) (Greater Quad Cities)
- June 17-20:** [Rally on the River](#) (Centennial Park, Davenport)
- June 20:** [2nd Annual Micro Brew Mile & 6K Road Race](#) (Moline)
- June 21:** [Ride the River Bike Ride](#) (Mississippi River bike paths, Iowa & Illinois)
- June 28:** [Blossoms at Butterworth](#) (Butterworth Center, Deere family homes, Moline)
- July 3:** [Red, White & Boom!](#) (The District, Rock Island & Downtown Davenport)
- July 4:** [Firecracker Run & Parade](#) (Run starts at 7:30 a.m. with the parade at 1 p.m., East Moline)
- July 4:** [Bettendorf Old-Fashioned 4th of July](#) (parade at 10 a.m.)
- July 6-12:** [John Deere Classic PGA TOUR](#) (TPC Deere Run golf course, Silvis, Ill.)
- July 9-11:** [Walcott Truckers Jamboree](#) (Iowa 80 Truckstop, Walcott, Iowa)
- July 11:** [Quad Cities Cruisers Cruise-In](#) (6-9 p.m., Davenport Learning Center, 1002 W Kimberly Road)
- July 15-19:** [Rock Island County Fair](#) (Fairgrounds, East Moline)
- July 17:** [Rock Island Arsenal Chapter AUSA Annual Golf Outing](#) (Arsenal Island Golf Course)
- July 24-25:** [Downtown Street Fest](#) (2nd Street in downtown Davenport)
- July 25:** [Bix 7 Run/Walk](#) (Downtown Davenport)
- July 30-Aug. 2:** [Bix Beiderbecke Memorial Jazz Festival](#) (RiverCenter/Adler Theatre, Davenport)
- Aug. 4-9:** [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds, Davenport)
- Aug. 6:** [Freedom Run 5k](#) (Moline)
- Aug. 7-8:** [Ya Maka My Weekend](#) (The District, Rock Island)
- Aug. 8:** [Quad Cities Cruisers Cruise-In](#) (6-9 p.m., Davenport Learning Center, 1002 W Kimberly Road)
- Aug. 13-15:** [Tug Fest](#) (LeClaire, Iowa & Port Byron, Ill.)
- Aug. 15:** [Floatzilla](#) (Sunset Marina, Rock Island)
- Aug. 28-29:** [River Roots Live](#) (Downtown Davenport)
- Aug. 28-30:** [World Series of Dragracing](#) (Cordova Dragway, Cordova, Ill.)
- Sept. 4-7:** [Mississippi Valley Blues Festival](#) (LeClaire Park, downtown Davenport)

Sept. 5-6: [Rock Island Grand Prix](#) (Downtown Rock Island)
Sept. 5-7: [Labor Day Weekend Pow Wow](#) (Black Hawk State Historic Site, Rock Island)
Sept. 12: [Quad City Symphony Riverfront Pops](#) (LeClaire Park, downtown Davenport)
Sept. 12: [QCA Heritage Tractor Parade & Show](#) (John Deere Pavilion, Moline)
Sept. 12: [Quad Cities Cruisers Cruise-In](#) (6-9 p.m., Davenport Learning Center, 1002 W Kimberly Road)
Sept. 12-13: [Beaux Arts Fair](#) (Downtown Davenport)
Sept. 18-19: [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)
Sept. 19: [Brew Ha Ha](#) (LeClaire Park, Davenport)
Sept. 19-20: [Riverssance Festival of Fine Arts](#) (Village of East Davenport)
Sept. 27: [Quad Cities Marathon](#) (downtown Moline)
Sept. 25-27: [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)
Oct. 10: [Trinity Quad Cities Classic Regatta](#) (Mississippi River in Moline)
Oct. 10: [Quad Cities Cruisers Cruise-In](#) (3-6 p.m., Davenport Learning Center, 1002 W Kimberly Road)
Oct. 11: [Apple Fest](#) (Downtown LeClaire, Iowa)
Oct. 29: [Fright Night](#) (The District, Rock Island)
Oct. 24: [Lagomarcino's Cocoa Beano 5K Race](#) (Village of East Davenport)
Nov. 20-29: [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)
Nov. 21: [Festival of Trees Parade](#) (Downtown Davenport)
Nov. 21: [Lighting on the John Deere Commons](#) (Downtown Moline)
Dec. 4-6: [Heartland Emergency Response Conference Expo](#) (QCCA)



Island Insight



[Col. Elmer Speights, Jr., Garrison Commander](#); [Eric Cramer](#), Public Affairs Officer; [Mark Kane](#), Editor

The Army publication, [Island Insight](#), is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of [Island Insight](#) are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of [Island Insight](#) is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office. [Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged.](#) All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight](#); usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil; Phone: 309-782-1121. [The Island Insight is available on-line.](#)

