

April 1, 2013



# Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Island Intranet under "Information" and on the installation website at [www.ria.army.mil](http://www.ria.army.mil) under "About USAG-RIA" and then "News" and "Local News."

**Island Insight Submission:** <https://home.ria.army.mil/sites/ii/ii.cfm>



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**Army Sustainment Command Recognizes 13 at Retirement, Award Ceremony:** Representing nearly 300 years of combined federal service and 39 deployments, 13 members of the Army Sustainment Command were recognized at ASC's quarterly Award, Retirement and Retreat Ceremony held in Rock Island Arsenal's Heritage Hall March 28. In all, 11 Soldiers and one Department of the Army civilian were honored upon their retirements, and

another DA civilian received a significant award. Additionally, Department of the Army civilian John Hixon received the Superior Civilian Service Award for his "exceptional service as a Detailed Inspector General for the US Army Sustainment Command from January 2012 through March 2013." Brig. Gen. Duane Gamble, ASC deputy commanding general, presided over the ceremony and provided a brief biography of each individual, after

which he said, "So there you have it, the story of these patriots; individuals who are contributing members of the greatest team in the world, our United States Army, a team that relies on people like these we are about to reward and retire, to do the difficult, dangerous work of defending our nation and advancing the cause of freedom. But,



really, what I told you isn't the full story," he continued. ([More](#))

**Wounded Warrior "Shoots Some Birds" in Iowa:** Cpl. Quinton Picone, of Panola, Okla., spent a long weekend in Iowa recently, doing one of the things he likes to do best: hunting. Picone's trip happened in a roundabout way, as many things do. And a total stranger got the ball rolling. Col. Joseph Tirone, chief of staff at Rock Island Arsenal's Joint Munitions Command is a hunter too and has been active for the last ten years helping to promote challenged outdoorsmen activities. ([More](#))

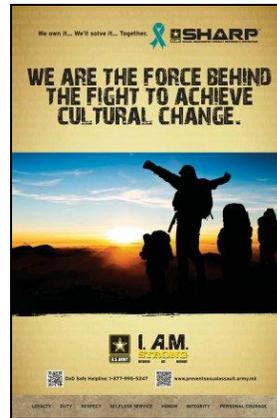


**Sequestration Impacts Explained at Rock Island Arsenal Garrison Town Hall Meeting:** Rock Island Arsenal Garrison employees learned at the town hall meeting, March 27, details of the impeding sequestration-related changes, including the loss of air conditioning, elevators and other reductions in base operations. "There will be a reduction in contractual



services beginning on April 1," said Joel Himsl, Garrison manager. "The chillers, elevators and Heating, Ventilation and Air Conditioning contracts will be affected. We will not have air conditioning in our administrative spaces for April, May and June as it stands right now." ([More](#))

**Sexual Assault Has No Place in DOD, Official Says:** Sexual assault has no place in the Defense Department, a senior Pentagon official said here today, calling on the workforce to be part of the solution. In a keynote address kicking off Aberdeen Proving Ground's observance of National Sexual Assault Awareness and Prevention Month, acting Undersecretary of Defense for Personnel and Readiness Jessica L. Wright said sexual assault is a national issue that also affects the Defense Department's military and civilian workforce. ([More](#)) ([SecDef Message](#)) ([StandTo!](#))



## Upcoming Dates

- April 1:** April Fool's Day
- April 1-7:** National Cell Phone Recycling Week
- April 1-7:** National Public Health Week
- April 2:** World Autism Awareness Day
- April 3:** National Start! Walking Day
- April 4:** NATO 64<sup>th</sup> Birthday
- April 5:** Gold Star Wives Day
- April 7:** World Health Day
- April 7-13:** National Window Safety Week
- April 9:** National Former Prisoner of War Recognition Day
- April 9:** National Library Workers Day
- April 10:** White House FY2014 Budget Proposal
- April 10:** American Cadet Alliance 104<sup>th</sup> Birthday
- April 10:** National Bookmobile Day
- April 11:** Support Teen Literature Day
- April 12:** 152<sup>nd</sup> Anniversary of the Beginning of the Civil War
- April 14:** Air Force Reserve 65<sup>th</sup> Birthday
- April 14-20:** National Library Week
- April 15:** Congressional Deadline to Submit Budget for POTUS Signature
- April 15:** Tax Day
- April 15:** National Buy a Gun Day
- April 15-21:** National Screen-Free Week
- April 16:** Emancipation Day
- April 16:** National Healthcare Decisions Day
- April 16:** Secure Your ID Day
- April 19:** Oklahoma City Bombing 18<sup>th</sup> Anniversary
- April 19:** Patriots' Day [📍](#)
- April 21-27:** Volunteer Appreciation Week
- April 22:** Army Earth Day [📍](#)
- April 24:** Administrative Professionals Day
- April 29-May 3:** National Air Quality Awareness Week
- May 18:** U.S. Government Debt-Ceiling Deadline
- May 18:** Armed Forces Day
- May 27:** Memorial Day (*Federal Holiday*)



## Hagel Announces Fewer Furlough Days for Civilians:

The Defense Department has revised from 22 to 14 the number of days hundreds of thousands of civilian employees could be furloughed this year because of the budget sequester, Defense Secretary Chuck Hagel announced March 28. In addition, a senior Defense Department official speaking on background, told reporters the start of the furloughs will be delayed until mid-to-late June, after more than 700,000 department employees receive furlough notices now set to go out in early May. [\(More\)](#)



## Pentagon Favors Reductions in Force If Sequester Continues Next Year:

The Defense Department will consider reductions in force and involuntary separations before resorting to furloughs next year if the sequester continues, according to the Pentagon's comptroller. "We'll have to get smaller and we'll have to look at some areas where we can take some more risk, get rid of some overhead and



make a lot of other tough decisions, but we're not going to have a repeat of this mess," said Defense Under Secretary Robert Hale during a March 28 web conference hosted by the Association of Government Accountants. [\(More\)](#)

## Army to Hold Force Reduction, Realignment 'Listening Sessions':

The Army is holding listening sessions at installations throughout the U.S. in April to hear what communities think about the force reductions and restructuring that are likely to impact their areas. The Army could downsize its active component force structure from 45 brigade combat teams to potentially as few as 32. The reductions are separate from sequestration. Additional reductions may be necessary after President Barack Obama's 2014 budget is released and the impacts of sequestration are assessed. [\(More\)](#)



## Cuts In Overtime Affect Certain Feds

More: In addition to planning furloughs to offset across-the-board budget cuts,



some agencies also are scaling back on overtime, further compounding the effect of the sequester on employees, the Washington Post reports. Agencies are cutting \$85 billion in forced overtime, a move which especially affects federal workers who work in public safety, where overtime serves as a part of employees' regular income. But with furloughs also taking place, employees at such agencies ... are facing up to a 35 percent total loss in pay, according to the article. [\(More\)](#)

## Outside-Employment Restrictions Will Still Apply to Furloughed

Federal Workers: Federal employees who want to make up for the loss of income due to furloughs should bear in mind that restrictions on outside employment will continue to apply to them while on unpaid time off, the government's central ethics agency has said. "Please remind your agency employees that they must continue to comply with all of the ethics laws and regulations including the criminal conflict of interest laws" plus government-wide standards of conduct and agency-specific restrictions on



outside activities, the Office of Government Ethics said in a memo to agencies issued in March. ([More](#))

## **House Budget Targets Student-Loan Repayment Perk for Federal Workers:**

The budget plan passed by the House before Congress started its current recess calls for ending a student loan reimbursement program that federal agencies can use as a recruiting and retention tool. “The budget assumes discretionary savings by eliminating the repayment by the government of student loans for federal employees,” says a House report on the chamber’s blueprint for spending and tax policy for the fiscal year that starts in October. ([More](#))



## **Budget Cuts Push Conferences**

**Online:** Decreasing travel budgets are forcing agencies to conduct more meetings and training seminars online. The Defense Department, for example, doubled the capacity of its Defense Connect Online system — an internal



collaboration tool — this year to accommodate more simultaneous audio and video Web conferencing across the services. DCO’s reach grew to 800,000 registered users in February, which DOD attributes to departmentwide travel and conference spending cuts. ([More](#))

## **Beleaguered Feds Likely to Lose Personnel Chief Within Two Weeks:**

Office of Personnel Management Director John Berry’s term expires in less than two weeks, and he is expected to announce his departure from OPM soon, Government Executive has learned. His exit would come just as federal employees at a number of agencies start to feel the effects of sequestration, including furloughs. ([More](#))



## **Federal Employees Warned to Watch Out for Emoluments:**

An obscure provision of the Constitution banning acceptance of compensation or items of value from a foreign government contains traps for unwary



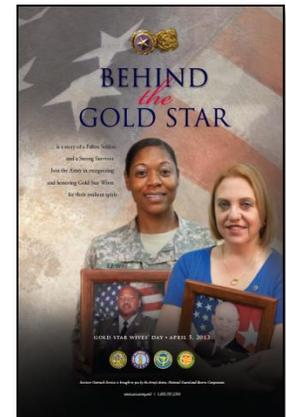
federal employees and active or retired military personnel, the Pentagon ethics office has said. The language, designed to prevent influence by foreign nations over U.S. government decisions, covers various forms of pay as well as travel or gifts, says a March white paper from the Defense Department Standards of Conduct Office. ([More](#))

## **America Pays Tribute to Spouses, Family Members of Fallen Military:**

America will pay respect April 5 to the spouses and families of fallen members of the U.S.

Armed Forces. A resolution to designate Gold Star Wives Day was approved March 20 by the U.S. Senate in recognition of the sacrifices made by these spouses and family

members. The Senate resolution states the military service members and veterans "bear the burden of protecting the freedom of the people of the United States and ... the sacrifices of the families of the fallen members and veterans of the Armed Forces of the



United States should never be forgotten." ([More](#))

## Army to Help Improve Installation Access for Gold Star Family Members

**Members:** The U.S. Army Installation Management Command recently implemented a



program to ensure Family members of Fallen Soldiers have easier access to Army installations. On March 14, Army installations began issuing a standardized Gold Star Installation Access Card to parents and siblings of deceased active duty Soldiers to allow unescorted access to the installation, so they are able to receive services and support. ([More](#))

**Lunch @ Your Desk:** The [Deliver2yourdesk.com](http://Deliver2yourdesk.com) web site became fully operational as of April 1. This will allow customers to log in to the web site and order anything featured in Bldg. 60's cafeteria or Káva Café to be delivered to their desk, and pay online using credit or debit cards or in cash. The service is currently available by calling (309) 782-0500. Delivery charge

**KÁVA CAFÉ**



is \$2, free for orders more than \$20. Every 6<sup>th</sup> delivery is free. Please allow 20-30 minutes for delivery. Breakfast delivery available Monday – Friday, 6-8:30 a.m., lunch delivery available 10:30 a.m. – 12:30 p.m. Káva Café delivery available 6 a.m. – 12:30 p.m.

**Garrison Employment Event:** The Rock Island Arsenal-Garrison will host an Employment Event in Heritage Hall, Bldg. 60, **April 17**, 9 a.m. – 1 p.m. In support of this effort, the Garrison asks that our RIA organizational leaders, commanders and first sergeants encourage our transitioning Soldiers, civilians and Family members to attend this important job opportunity event. Come and meet with employers from the Social Security Administration, Business Franchise Consulting, Inc., Genesis Health Systems, APAC Customer Services, Inc., Black Hawk College and others. Most of these organizations have vacancies and are looking for our good candidates. In addition to the potential employers, we are also anticipating representatives from several educational institutions who will be available to talk with individuals looking to resume or



continue their education or change career fields. Hope to see you there!

## Corps of Engineers' Boating Safety Class

**Class:** The U.S. Army Corps of Engineers Mississippi River Project will be offering five different opportunities to attend a free boating safety education class. The classes will



be held on the following dates: **April 13, April 27, and May 11.** Each class will run 8 a.m. - 4:30 p.m. and only one eight-hour class is required to complete your certification. This class is recommended for people who are new to boating on the Mississippi River, families that enjoy weekend boating adventures, or seasoned boaters who would just like to brush up on their safe boating knowledge. Anyone over the age of 12 can be certified. This is a classroom based safety course and will not include an on-the-water experience. Upon successful completion of the class and exam, participants will be issued an Illinois DNR Boat Safety certification which is honored in both Iowa and Illinois. These classes will be held at the Mississippi River Project Office at Locks and Dam 14 in Pleasant Valley, Iowa. Pre-registration is required, space is limited, and the classes fill quickly.



To register, contact the park rangers at (309) 794-5338. ([More](#))

**Blood Drive:** The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, April 12, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2<sup>nd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **6:15 p.m. on May 24**. A **3<sup>rd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on May 10**. To sign up for a blood drive held on either the 2<sup>nd</sup> or 3<sup>rd</sup> shift, donors should contact their shift supervisor. ([Blood Transfusion En Route to Trauma Center Keeps Navy Vet Alive](#))



**Charlie Corpuscle Says,** "We will have a drawing for a red Mississippi Valley Regional Blood Center polo.

Any donors giving on the Arsenal during the month of April will be included in the drawing. Winner will



*be allowed to specify their size preference."*

**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).**

### **Review Your Official Personnel**

**Folder Before June 1:** The CPAC reminds Arsenal Island employees that there is a need for you to access your eOPF (electronic Official Personnel Folder) record in order to ensure your records are correct and complete in advance of the destruction of the hard-copy OPF, currently scheduled for June 1. Effective Oct. 31, employees should have had access to their Official Personnel Folder electronically. Please review the information and follow the instructions to gain access to view your eOPF in the links at the end of this announcement, which link to a packet that also contains a welcome letter for new eOPF users, a screen-shot guide to access, FAQs as well as password reset information. For questions or concerns with the eOPF system, please contact eOPF by calling



the Help Desk at 1-866-275-8518 or by contacting them via email at [eOPF\\_hd@telesishq.com](mailto:eOPF_hd@telesishq.com). ([eOPF Welcome Letter & Packet](#)) ([Additional information on eOPF](#))

### **Rock Island Arsenal Historical Society Meeting:**

Frank Krakow will speak about archaeology and display part of his collection at the Arsenal Island Golf Clubhouse. If you join us for dinner, advanced reservations must be made with Linda at (563) 355-6165, by April 1. The program is free and open to the public.

Date: **Thursday, April 4**

Time: **6 p.m. Dinner, and 7 p.m.**

Speaker

### **Administrative Professional's Day**

**Taco Buffet:** There will be an all you care to eat taco buffet in the Arsenal Club, Bldg. 60, 11 a.m. – 1 p.m., on Wednesday, **April 24**. The buffet will include all the fixings for tacos (shredded lettuce, cheese, onion, tomato, black olives, jalapeños, etc.), refried beans, Spanish rice, salad bar with dressings, chicken tortilla soup, beverages (soda, coffee, iced tea and



water) and dessert for \$8.75 (includes tax).

## **MWR Campsites for Active Duty Military Families:**

The MWR program is a quality-of-life program that directly supports readiness by providing a variety of community, Soldier, and Family support programs, activities, and services. Over the past few years the Mississippi River Project has chosen to designate one campsite at several of our class "A" recreation areas as an MWR site. This includes Grant River, Thomson Causeway, Fisherman's Corner, Clark's Ferry and Shady Creek Recreation Areas. These MWR campsites will be available for active military and their family members of all branches of service to reserve for up to two weeks at a time, free of charge, to show our support to active military personnel and their families for all of the sacrifices they make to protect and preserve our freedom. Active military personnel can make reservations for use of the site anytime between Memorial Day weekend and Labor Day weekend



for up to 14 days by contacting the fee booth in person or by telephone. The site must be reserved no less than three days in advance of their arrival. On days when the MWR site is not reserved or occupied it will be available to any walk-up camper to camp upon – and regular pricing will apply. Those wishing to camp on the site will be limited to registering for a maximum of two nights stay, but may re-register for additional two nights (up to a maximum of 14 days) if the site continues to be unused or unreserved by any active military personnel. These MWR sites cannot be reserved by any other military personnel, army civilians or retired military personnel. It is for active duty personnel only. Proof of active duty will be required upon registration.

## **Pure Element Arsenal Island**

**Discount:** [Pure Element](#), a local health and wellness shop serving nutritional smoothies/shakes in Rock Island, is offering an exclusive discounted price to Arsenal Island employees. For \$5.75 Arsenal patrons will receive their meal and a 10 percent discount on their products through **April 15**.



## **Arsenal Attic Thrift Shop &**

**Boutique:** Now available at the Thrift Shop: Couch and love seat, reasonable and like new. Plus coffee tables, end tables, and lamps. Many items half off. Open every Tuesday, Thursday and 3<sup>rd</sup> Saturday, 9 a.m. – 3 p.m. Located in Bldg. 60 Basement. Visit Arsenal Attic on Facebook. POC: (309) 782-6977.

**Esprit de Corps Toastmasters:** Esprit de Corps Toastmasters meets on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday each

month at the Clock Tower Building from 11:45 a.m. to 12:45 p.m. Bring your lunch. The mission of a Toastmaster club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth ... join us.



**USO Rock Island:** USO – Rock Island, Bldg. 110, 1-SE, USO Hours of Operation: Monday – Friday: 8 a.m. – 4:30 p.m.



Available amenities: Wi-Fi, Foosball, Cards/Poker Chips, X-box 360, DVD and Movies, Games and Puzzles. Room to hold a small meeting. Free to take books & magazines. Snacks and drinks for you to enjoy. Questions call (309) 206-4253.

## **Buy 1 Get 1 Free Large Jar Candles at Yankee Candle, Plus 10% Military Discount:**

Bring your employee ID to the local Yankee Candle store at Northpark Mall and receive a free large jar for each regularly priced large jar you purchase. Plus Yankee Candle now offers a 10 percent military discount on all purchases every day. Just bring in a valid military ID to receive the additional discount.



## **Arsenal Traffic/Construction**

**North Avenue Repair & Closures Update:** Directorate of Public Works is postponing storm sewer and paving work on the intersection of North Avenue and Gillespie until **March-May** due to weather concerns. Minor work on Phases 1 and 2 is expected to be completed within the next two weeks.

Please avoid walking through the newly backfilled areas, as these areas are soft and pose a potential safety hazard. POC: Joe Gumpert, (309) 782-1389.

## **Building/Space Closures**

**Reduced Elevator Inventory:** As a result of fiscal constraints, Rock Island Arsenal Garrison has experienced significant shortfalls in Operations and Sustainment funds, making it necessary to reduce its current elevator inventory. Effective March 29, one elevator per building, or one elevator of each type (freight and passenger), in structures with multiple elevators will be taken out of service. No less than one elevator per building will remain in operation. Out-of-Service signs will be placed on the doors of non-operational elevators at each floor and alternate route signs will be posted on first and basement floor elevator doors. The Directorate of Public Works followed a process in determining which elevators would have the least impact on the workforce. In some cases, we removed



freight elevators in lieu of passenger elevators, as code does not allow freight elevators to be used for passengers. Since all building elevators are crucial for both passenger and material transportation, we realize there will be inconvenience. The duration of these reduced services is uncertain at this time. Following is a list of elevators that will be removed from service: • Bldg. 60, east, freight elevator; • Bldg. 62, west, passenger elevator (NOTE: Access through construction zone on 3<sup>rd</sup> floor will be made available); • Bldg. 68, east, passenger elevator; • Bldg. 102, east, freight elevator; • Bldg. 108, east, passenger elevator and west, freight elevator; • Bldg. 210, Southwest, Freight Elevator; • Bldg. 212, southeast, barrel lift; • Bldg. 220, Middle North, Freight Elevator #2; • Bldg. 350, southwest, passenger elevator #1; • Bldg. 350, northeast, freight elevator #3; • Bldg. 390, freight elevator.

**Closure of Third Floors in Bldg. 61, Bldg. 62:** The Directorate of Public Works plans to close Bldg. 61 3<sup>rd</sup> floor and Bldg. 62 3<sup>rd</sup> floor, East and South Wings, **Sept. 10 - 3<sup>rd</sup> week in May** to execute projects. Closure is to prevent individuals from entering the work area and to preclude any potential accidents. Plastic enclosures will be installed from



the passenger elevator in Bldg. 62 to the eastern most stairwell in Bldg. 61 so employees in Bldg. 62/3/W have an entry/exit pathway. Entries will be marked with signage and barriers to prevent entry.

## Active Duty/Reserve Zone



### Promotion Prereq: Structured-Self

**Development:** The program of courses soldiers need to be eligible for promotion is now mandatory. The long-planned policy to make the online Structured Self-Development program a requirement for Noncommissioned Officer Education System attendance took effect April 1 for the entry-level course, and will be followed this year and into 2015 by the other courses. The new requirement is crucial for the Army's nearly 1 million active and Reserve enlisted soldiers, given that NCO Education System courses are required for promotion. ([More](#))

### Tricare Now Covers Smoking

**Cessation Drugs:** Medications that help smokers kick the habit are now available through Tricare's home delivery pharmacy system. Pharmaceuticals such as varencline, or Chantix, and

bupropion, or Zyban, as well as various nicotine replacement therapies such as patches, gums, lozenges and nasal sprays, can now be obtained with a doctor's prescription by mail, according to a press release issued Tuesday by the Tricare Management Activity. ([More](#))

### Odierno to Soldiers: Toxic Leaders

**Will Be Fired:** Battalion and brigade commanders will soon receive 360-degree evaluations as part of the Army's continuing push to rid the ranks of toxic leaders. ([More](#))

### Soldiers to Get Safer Artillery

**Rounds:** Beginning March 2014, the Army will take delivery of new artillery rounds which will be safer, but which will also deliver the same performance as those currently used, said an engineer who has tested them. "Cost, performance and IM" were the deciding factors in the Army choosing IMX-101 to replace trinitrotoluene, called TNT for short, as the explosive material found in artillery shells, said Phil Samuels, a chemical engineer at Picatinny Arsenal, N.J. ([More](#))

### Troops to Get Commercial Tickets for Rest and Recuperation Flights:

Beginning in April, service members going on rest & recuperation leave will

be issued commercial tickets to their leave destination, instead of seats on charter flights. Soldiers and others serving in U.S. Central Command, or CENTCOM, an area stretching from Egypt to Afghanistan, will have greater flexibility in traveling to their preferred destination on rest & recuperation, known as R&R, officials said. ([More](#))

### RIA Tax Center is Here for You This

**Tax Season:** The April 15 federal and state income tax filing deadlines are fast approaching. The Rock

Island Arsenal Tax Center is here to assist active duty military members, retired service members, and qualifying dependants with their tax preparation and filing needs. The Tax Center is scheduled to remain open and accept clients through **April 10**.

Implementation issues relating to the American Tax Relief Act have been resolved. Accordingly, the IRS is now accepting all previously delayed returns to include those involving rental properties and residential energy credits. Eligible clients still in need of tax assistance are encouraged to contact the Tax Center at their earliest convenience ... do not delay. As in years past, the



Tax Center principally uses a drop off service. Drop off and follow-up appointments should be coordinated with [Laura McSparin](#), (309) 782-8327. The Tax Center is located in Bldg. 390, first floor, Suite 102 / Room 102B. If you are unfamiliar with Bldg. 390, please note that it is a controlled access facility. If you do not have access to Bldg. 390, you will need to call the Tax Center upon arrival using one of the access phones located at the east, south, and west entrances (dial extension 2-8327; alternate extensions 2-8076/ 2-6978). The Tax Center hours of operation are Monday – Friday, 9 a.m. – 4 p.m. If your circumstances necessitate special accommodations, we're happy to adjust our standard operations try to accommodate you but this requires prior coordination. In order to assist you with your tax returns, you will need to obtain and provide documents detailing all sources of income, as well as, those necessary to support eligible deductions and credits. You should be on the lookout for W-2s, 1099s and interest and dividend statements, which should show up in your mailbox or your online accounts. Required documents are outlined in greater detail in the "[RIA Tax Client Letter](#)." In addition to required substantiating documentation,

clients will need to complete the "[RIA Tax Center Client Intake](#)."

## Safety Spotlight

**Spring Cleaning Safety Tips:** Each year many of us look forward to that special time of year known as Spring Break. For many, it is that time of year when we emerge from our wintering shelters and engage in the annual ritual of spring cleaning. Follow these simple tips to keep this annual ritual safe for everyone. ([More](#))

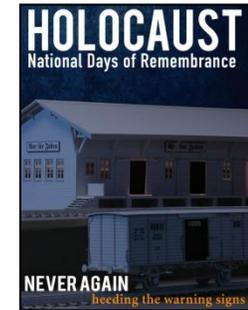


**What Makes a Safety Success?:** By now, readers of this column should know I'm a big advocate of safety culture. The actual definitions of that term, however, can be as varied as the missions we perform every day. That's why it's important we have some measures in place as a litmus test for leaders looking to evaluate their culture and climate. The following six criteria can help you determine both your strongest and weakest areas regarding

safety, and also give you ideas for enhancing your existing risk management programs. ([More](#))

## Equal Opportunity Focus

**RIA 2013 Days of Remembrance Observance:** The 2013 Rock Island Arsenal Holocaust National Days of Remembrance Observance will be held on **April 9, 11 a.m. – 12 p.m.**, at the Baylor Conf. Rm., Bldg. 103. Our guest speaker for the observance will be Joseph Koek. Koek is a Holocaust survivor and will be speaking on his horrific experience during that time. The United States Congress established the Days of Remembrance as our nation's annual commemoration of the Holocaust and created the United States Holocaust Memorial Museum as a permanent living memorial to the victims. Holocaust Remembrance Day is Monday, April 8. The Museum designated Never Again: Heeding the Warning Signs as the theme for the 2013 observance. The theme looks back at the events of 1938 and the momentous



changes that were happening in Central Europe. Why did so many countries and individuals fail to respond to the warning signs? And what can we learn from the few who chose to act, despite widespread indifference? As we reflect on these questions, we remember all whose lives were lost or forever altered by the Holocaust. And we are challenged to think about what might motivate us to respond to warning signs of genocide today. Every member of the island and their families are invited to attend the observance. The observance is available in [TEDs](#). To register please use keyword Days of Remembrance. For more information on Holocaust Days of Remembrance please visit the [United States Holocaust Memorial Museum](#). For additional information or special accommodations contact [Sgt. First Class Raymond Gonzalez](#), ASC Equal Opportunity Advisor, (309) 782-3021.



## Morale, Welfare & Recreation (MWR)



### **Morale, Welfare & Recreation**

**(MWR):** Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs. Also [click here](#) to become a fan on Facebook and stay up

to date on all the great MWR offerings here at the Arsenal.

**Garden Plots Still Available:** Do you have a green thumb but no place to get your gardening fix? Call Outdoor Recreation at (309) 782-8630 and reserve one of the garden plots located here on the Island. Each plot is approximately 20' x 20' and the cost to rent it for the season is just \$25 with a refundable \$100 cleaning deposit.

**New Twitter Account for the Arsenal Island Golf Course:** Although it may be hard to believe with the recent snow, golf season is right around the corner. Come follow us on Twitter [@golf1897](#) for course updates and interesting golf commentary from our pro.

### **Arsenal Island Golf Course**

**Clubhouse Reopening:** The Arsenal Island Golf Clubhouse will re-open for lunch on Tuesday, **April 16**. The Clubhouse will resume its normal hours of operation which are Tuesday - Friday 10:30 a.m. - 2 p.m. Come see the renovations and updates to the Club and try some of our tasty new menu items including an Italian Panini, fried egg sandwich, the BG burger (topped with ham and a fried egg) or our new "pick

two lunch combo" where you get your choice of a ½ sandwich, salad or soup.

**Now Booking Graduation Parties at the Arsenal Island Golf Clubhouse:** If you're looking for a unique, historically significant and centrally located venue to host upcoming graduation parties, look no further than the Golf Clubhouse. Our catering and banquet staff excel at making sure your event goes off without a hitch. Check out our [catering guide here](#) and call the catering manager at (309) 782-4372 to reserve your date as the schedule is filling up fast.

**Trivia Night at the Arsenal Club:** Join us Friday, **April 5**, for our monthly trivia night presented by Mixx Master Entertainment. This new, fun multi-media format will test your knowledge on a variety of topics ranging from world history and literature to pop culture and sports. The cost is \$5/player or \$30 for a table of eight, maximum of eight players/team. Prizes for winning teams and lots of other door prizes and drawings as well. Call (309) 782-6319 for more info or to sign up. ([Flyer](#))

**April is Car Care Month:** Make sure your ride is tuned up and ready to hit the road this summer. All month long take advantage of our \$20 standard oil



change special or if you'd like to learn how to change your oil yourself, get signed up for the Oil Change Clinic on **April 17**. Stop by the shop on Saturday, **April 20** for our free inspection day and enjoy some free coffee and donuts while our experienced technicians perform a comprehensive safety check on your vehicle for free. Check out [this flyer](#) and [that flyer](#) for more info and call (309) 782-8631 to schedule an appointment. Check out [this month's newsletter](#) for some great tips on car care and maintenance.

**Beer Pairing Dinner:** Enjoy samples of beer from locally owned, Bent River Brewing Company that are perfectly paired with fine cuisine prepared by our executive chef. The cost is \$50/person. Look for a link in next week's Insight for the full menu and beer selections. Call (309) 782-4372 for more info and to make a reservation. ([Flyer](#))  
Date: **Friday, April 19**  
Time: **7 p.m.**

**Spring Vendor Fair:** There will be a spring vendor fair on **April 24 & 25**, 9 a.m. – 1 p.m., in Heritage Hall (Bldg. 60) Some of your favorite vendors will be there selling everything from jewelry to home baked goodies and everything

in between. Call (309) 782-5890 for more info. ([Flyer](#))

**Electronic Marquee Outage:** The operating system used to update the outdoor marquee signs on either side of the Island has become obsolete and inoperable. Consequently no requests for messages can be fulfilled and the signs have been shut off at this time. The Garrison is working towards a solution and a future message will be sent out as information becomes available about whether the signs can be repaired or replaced.



## MWR Leisure Travel Office

**Office Hours:** Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

**A Mighty Fortress Is Our Basement -- Circa '21 Dinner Playhouse:** In the latest installment, A Mighty Fortress Is Our Basement, the year is 1960 and a reformation is underway. The Church Basement Ladies are once again required to face change head-on. With more crazy antics, more great new songs and more lessons reluctantly learned. Seats on sale until **April 6** at \$43.50.

Date: **Saturday, April 20**  
Time: **5:45 p.m.**

**Shedd Aquarium/Field Museum:** Leisure Travel has planned a bus trip to Shedd Aquarium or the Field Museum in Chicago. We will provide round trip transportation on a chartered motor coach; ½ hour stop to and from destination. Bring snacks and beverages (no alcohol permitted) along for the ride. Cost is \$41 for transportation only.  
Date: **Saturday, May 11**  
Time: **6:30 a.m. - 9 p.m.**

**Movie Night Gift Cards at Leisure Travel:** Stop by the Leisure Travel Office and pick up a gift card for \$26 that is redeemable at the Regal Moline Stadium Theater for two adult movie tickets and \$10 in concessions. These make great for a present for that special someone in your life. The Leisure Travel Office also is once again selling discounted single movie tickets for \$8.50. Call (309) 782-5890 for more info. ([Flyer](#))



## Child, Youth & School Services

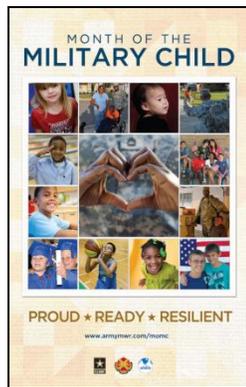
**CYSS Lunch 'n Learn Child Safety:** Come and learn important safety



information Thursday, **April 11**, 11-11:45 a.m., in the CYSS Training Room, Bldg. 110, from CYSS Nurse Karol Tubbs, RN. Topics will include: Shaken Baby Syndrome, car seat safety, baby proofing, lifting children, and more. Cost is free and two parent participation points will be awarded for each CYSS parent in attendance. Feel free to bring your lunch. Dessert will be provided. For more information contact Katie Mettee at (309) 782-2165.

## April is Month of the Military Child:

April has marked the Month of the Military Child as a time to focus national attention on the youngest members of the military community since 1986. This year's theme, "Proud, Ready & Resilient," highlights military children's unique lifestyle and their ability to succeed despite frequent relocations, reintegration, deployments, loss or care for a wounded parent. ([More](#)) Join MWR and CYSS in celebrating and honoring Military children. ([Check out the flyer for some of](#)



## [the events that are going on in April.](#) ([StandTo!](#))

### Army Certified Family Child Care

**Provider:** Would you, or someone you know, be interested in becoming an Army Certified Family Child Care provider for the Arsenal? We are always looking to bring more FCC providers into our program. You would be doing childcare out of your home with access to our lending closet for borrowing supplies, as well as certified training provided through the Arsenal. For questions or more details contact our FCC director Nancy Lawson at (309) 782-0813.



## Army Community Service (ACS)

ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook [click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412



### DOD Works to Ensure Access for Special Needs Families: Defense

Department officials are working to standardize a program designed to help service members get care for family members with chronic health issues or special needs who otherwise might face forgoing an assignment or having to cut short a deployment because of an inability to find such care. ([More](#))

### Increase Your Income By Adjusting Your Tax Withholdings!:

Do you desire to have more take home pay? Would you like an instant pay raise? In the spring do you get a huge tax refund? Where does the refund money go? Are you starving 51 weeks and then get this pile of money dumped on you – and then go back to starving? The solution is: adjust your tax withholdings for federal and state taxes so that more money is in your paycheck every two weeks. How do you estimate the adjustment? The IRS has your ready-made solution for federal taxes with their [Withholding Calculator](#). The current model has the IRS' best estimate for the taxes for this year. It allows you to account for multiple jobs and sources of income, adjustments,



deductions, exemptions and credits. It lets you account for the money you already made and your best-guess on money you are going to make. You can do different versions to test different scenarios. And it will recommend the W-4 withholding input: S or M and number of exemptions. Pick the one that covers your estimated tax liability and gives you the best amount to be returned to you each paycheck. Why give the revenue services an interest free loan? Put the money in your bi-weekly paycheck. Adjust your W-4's and you can use your money now. For more assistance or information, contact: [Jon Cook](#), AFC, Army Community Service, Financial Readiness Program, (309) 782-0815/-0829.

## **Army Emergency Relief Kicks Off**

**2013 Campaign:** AER begins its annual fundraising drive in April. The theme of this year's campaign is "Soldiers Helping Soldiers for 71 Years." The money is used to fund grants, scholarships and gift cards for wounded warriors. Organizational key persons will begin contacting our military personnel and retirees soon. For more information or to make a donation,



contact [Jon Cook](#) of Army Community Service at (309) 782-0815.

**Financial Tips for "Weathering the Furlough":** If you're a federal employee like me, unpaid furlough days might be in our future. It's an unpleasant possibility for many federal employees. Offered below are some tips to help anyone in similar circumstances to "weather the furlough." Read on for ways to hopefully manage without going broke or losing your quality of life. When battling the budget, you have three options: (1) decrease expenses; (2) increase income; or (3) do both. ([More](#))



**Army Family Team Building:** Army Family Team Building, an educational program that teaches knowledge of the military, personal growth and resiliency, and leadership skills, is being offered on Rock Island Arsenal. AFTB is offered to the entire military family: military members, family members, civilians, and contractors who live or work within



the military community. AFTB Level K (Knowledge of the Military) is **April 10-11**, 9 a.m. - 2:30 p.m.; AFTB Level G (Personal Growth) is **May 15-16**, 8:30 a.m. - 2:30 p.m.; AFTB Level L (Leadership Development) is **June 5-6**, 8:30 a.m. - 2:30 p.m. Classes will be held at Army Community Service, Bldg. 110, 1<sup>st</sup> Floor, SE. To register for these free classes, please call ACS at (309) 782-0829. Civilians can also sign up on [TEDs](#).

## **Employee Assistance Program**

**For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1<sup>st</sup> floor, East.**

**PTSD Support Groups:** Is the quality of your life being affected by Post-Traumatic Stress Disorder? The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you

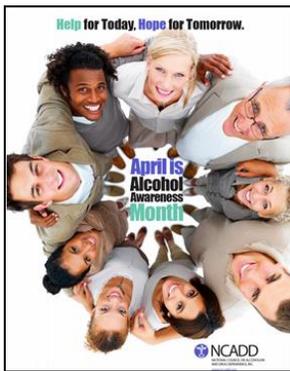


through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

**Understanding PTSD:** The RIA EAP is offering educational classes on Post-Traumatic Stress Disorder. Classes will be held in Bldg. 56, 1<sup>st</sup> floor, Room 122, 10:30-11:30 a.m., on the following dates: **April 23, May 21, June 25, July 23, and Aug. 27.** Call (309) 782-4357 to enroll.

### **National Alcohol Screening Day – April 2013:**

Good news. Did you know that a glass of wine with dinner or beer on Friday night with friends might be good for you! A compilation of research detailing the health benefits of moderate alcohol use suggests that it can reduce the risk of heart disease, stroke, dementia, and even the common cold ([Hanson, 2007](#)). However, this research leads us to ask, what is moderate alcohol use? It is important to distinguish between moderate and heavy alcohol use, as



consuming excessive amounts of alcohol can lead to many problems. In the short term you may be more likely to have an accident, commit a violent act (alcohol use is associated with two out of three incidents of intimate partner violence), or engage in risky sexual behavior that you would normally avoid. Long term health problems, including increased risk of stroke, dementia, depression, high blood pressure and certain cancers are well known for being consequences of heavy alcohol use ([Centers for Disease Control and Prevention, 2008](#)). To help you know if you are using alcohol moderately rather than in a way that is hazardous, the Rock Island Arsenal Employee Assistance Program is honoring National Alcohol Screening Day, **April 11**, by offering you the opportunity to schedule a screening with an EAP counselor. We here at the Rock Island Arsenal EAP hope that you will raise your glass in the name of good health and take a quick check of your drinking habits to help ensure your good health stays that way.

**Smoking Cessation Group:** Want to join a supportive group of individuals with a common goal to quit smoking? The Employee Assistance Program offers an ongoing educational support group. The group meets each

Wednesday, 3-4 p.m., in the EAP office located in Bldg. 56, 1<sup>st</sup> floor, East.

**Stress Management:** The Rock Island Arsenal EAP is offering classes on Stress Management. Classes will be held in Bldg. 56, 1<sup>st</sup> floor, Room 122, 10:30-11:30 a.m., on the following dates: **April 9, May 7, June 11, July 9, and Aug. 13.** Class size is limited. Call (309) 782-4357 to enroll.

**Grief Support Group:** The Employee Assistance Program is sponsoring a support group for individuals who are mourning the death of a loved one. The group meets on Tuesdays from 3-4 p.m., in Bldg. 56, 1<sup>st</sup> floor, Room 122. For more information contact Rita Baugh, EAP counselor, at (309) 782-2552



## Education/Training Review



**The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.**



## **RIA AUSA 2013 Scholarship**

**Program:** The Rock Island Arsenal Chapter of the AUSA is proud to announce two \$1,000 scholarships available for 2013.



[Applications and all supporting documents](#) must

be received by **April**

**30.** These two \$1,000 scholarships are for the benefit of all who presently serve or who have served as a member of the United States Armed Forces, whether active, guard, reserve or retired; or as a Department of Defense civilian employee or contractor; or as a member of the Rock Island Arsenal Chapter of the AUSA. This includes immediate family members (spouse, siblings, children or parents) of the above. Contact us at [info@ria-ausa.org](mailto:info@ria-ausa.org) if you have any questions. ([More](#))

**Women in Defense Scholarship:** WID is now accepting applicants for its scholarship program. Scholarship application and eligibility criteria may be found under Scholarship by clicking <http://wid.ndia.org/chapters/IowaIllinoisChapter/Pages/default.aspx> Application submission must be post marked no later

than midnight **April 13.** For more information, call (309) 792-4102.

## Commissary / Exchange

☪  
**The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only, with the exception of select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com) ([Facebook](#))**

**Commissaries Change Furlough Days to Mondays:** Commissaries will close on Mondays if furloughs are required for DoD civilian employees because of sequestration, according to an agreement negotiated between commissary officials and an employees' union, the American Federation of Government Employees

Council 172, obtained by Military Times. That's a change from the previous plan to close the stores on Wednesdays during the furlough period, as stated in a Feb. 21 email to all commissary employees from Defense Commissary Agency director Joseph Jeu. DeCA headquarters will also be closed on Mondays. ([More](#))

**Food Safety Alerts:** For information about the latest food-safety alerts and product recalls affecting military commissaries, visit [www.commissaries.com](http://www.commissaries.com) and click on the Food & Product Recalls under the Quick Links box on the front page. For general food-safety information, visit the website and choose Food Safety at the bottom of the page.

**Sales Flyers:** Patrons can visit the [AAFES website](#) and sign up to receive free online sales flyers.

## Arsenal Archive

☪  
**Information for the *Arsenal Archive* is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday**



after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

## Rock Island Arsenal Quarters One

**Book:** The Rock Island Arsenal Quarters One book is now available for purchase from the [RIA Museum and Historical Society website](#). When you click on the link it will take you to the first page. You will also be able to see a preview of the book there.

## This Week in Rock Island Arsenal

**History – April 1-7:** Congress passed a special act on April 2, 1844, that granted Col. George Davenport the right to acquire 157.81 acres of land on Rock Island for \$1.25 an acre. On April 3, 1871, ground breaking work for the building of Shop E (Bldg. 106) had begun. In the Spring of 1904, five foreman, 12 inspectors, 10 toolmakers and machinists, 13 millers and drillers, nine filers, five drop forgers and temperers, and 10 operators from Springfield Armory transferred to the Rock Island Arsenal. They came to assist in the establishing a small arms armory at Rock Island. Only 13 of these workers returned to Springfield. The rest became permanent workers at RIA. The United States entered World War I on April 6, 1917. The Chief of Ordnance ordered the design of a semi-automatic

shoulder rifle at RIA on April 7, 1909. It was to weigh no more than 11 lbs..

## Healthbeat

### Alcohol, Drunk Driving Put Lives at Risk:

Drunk driving kills. On average, someone dies as a result of drunk driving every 53 minutes, and someone is injured as a result of drunk driving every 90 seconds. According to the National Safety Council, at any given moment one in 50 drivers is not just impaired but legally intoxicated; this number jumps to one in 10 on the weekends. In 2012, there were nearly 300,000 incidents of drinking and driving each day. Drunk driving costs the U.S. an estimated \$132 billion per year, and costs each adult in the U.S. almost \$500 per year in increased taxes due to the higher demand for law enforcement. ([More](#))

### Stds Cause Serious Illness, Even

**Death:** April is sexually transmitted disease (STD) awareness month, an annual effort aimed at educating the public about prevention, treatment and risk reduction. STDs are serious problems affecting both military and civilian communities. The Centers for Disease Control and Prevention

estimates that more than 20 million new STDs occur annually in the United States, contributing to 110 million cases--all of which are preventable. ([More](#))

**Less Salt Please:** My friend and I measured our blood pressure at a grocery store station this week. What should have been a quick exam changed when his blood pressure measured 135/100. All of a sudden commercials flashed through my head: "High Blood Pressure Kills!" and "The Silent Killer!" We did some detective work on high blood pressure and determined that "blood pressure" is the force of blood pushing against the walls of the arteries as the heart pumps. ([More](#))

**Health Clinic Announcement:** Sick Call hours 7-8 a.m. Lab closed **April 2-5**. Clinic closed Staff Meeting/Training **April 26** at 11:30 a.m. For any issues or concerns with the RIAHC clinic please call our customer support line (309) 782-0721.

## Notes for Veterans

### Kaine to Introduce Bill Aimed At Easing Veterans' Transition Into

**Civilian Jobs:** Sen. Timothy M. Kaine says he will file his first bill as soon as



next week, aimed at helping veterans looking for civilian jobs to get professional credit for their military expertise. Kaine's bill would prevent credential fraud by setting standards and reestablishing an oversight committee in the Department of Veterans Affairs and would expand a Defense Department credentialing pilot program to include the information technology industry. ([More](#))

## Carpooling Announcements

Submit carpooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

### **Carpool:**

- **Carpool:** Looking to join a carpool from around the Kewanee area. Current hours are 7 a.m. to 3:30 p.m., but can change. Call me at (563) 782-1115.
- **Carpool:** New hire with flexible hours seeking to pay for ride from Moline 9<sup>th</sup> & 53<sup>rd</sup>, (Franklin School area) (309) 757-5755.

- **Carpool:** Commuter traveling from Rio, Ill. on Route 150. Meet in Alpha, Ill. each day. If interested contact me at (309) 782-5472 or [email](#).
- **Carpool:** Looking to join a carpool from Albany or south along Illinois 84 southbound to Bldg. 102. If interested contact me at (309) 782-0841.

## Around the Q.C.

- April 6:** [SFLC's Lids for Kids 5k Powered by Exelon Nuclear](#) (Sunset Park, 18<sup>th</sup> and 31<sup>st</sup> Avenue, Rock Island)
- April 6:** [Bandits Race to Home 5K](#) (Modern Woodmen Park)
- April 7:** [Gilda's Run for Laughs](#) (Waterfront Convention Center, Bettendorf)
- April 13:** [Inaugural Zombie Nation A Zombie!! Run!! a Zombie 5k Cross Country fun run](#) (Credit Island Park, Davenport)
- April 14:** [9<sup>th</sup> Annual Sylvan Island Stampede Mountain Bike Race](#) (Sylvan Island, Moline)
- April 18-19:** [Earth Week Fair](#) (QCCA Expo Center)
- April 27:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)
- May 4:** [Derby Day Party](#) (Arsenal Island Golf Course Clubhouse)
- May 4:** [Venus Envy](#) (Bucktown Center for the Arts, Davenport)
- May 11:** [11<sup>th</sup> Annual Miles for Melanoma](#) (Augustana campus)

- May 11-12:** [Beaux Arts Fair](#) (Figge Art Museum plaza, Davenport)
- May 25:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)
- May 27:** [Quad Cities Criterium](#) (Downtown Rock Island)
- June 1:** [Mel Foster Color the Quads 5K](#) (Cumberland Square, Bettendorf)
- June 1-2:** [QC Pridefest 2013, Bursting With Pride](#) (Mary's on 2nd, 832 West 2nd Street, Davenport)
- June 7-8:** [Gumbo Ya Ya - Mardi Gras in The District](#) (The District, Rock Island)
- June 8:** [Quad-Cities Comic Book Convention](#) (Ramada Inn, Bettendorf)
- June 8:** [Quad Cities Cruisers Open Run Car Show](#) (SouthPark Mall, Moline)
- June 12-15:** [Rally on the River](#) (Centennial Park, Davenport)
- June 14:** [Greek Cultural Festival](#) (Assumption Greek Orthodox Church, East Moline)
- June 16:** [Ride the River Bike Ride](#) (Davenport to Moline)
- June 22:** [Royal Ball Run 5K and Fun Run for Autism](#) (Milan Community Center)
- June 22-23:** [27<sup>th</sup> Annual Quad City Air Show](#) (Davenport Municipal Airport)
- June 23:** [Blossoms at Butterworth](#) (Butterworth Center, Moline)
- June 24:** [YSB-Whitey Verstraete Memorial Golf Outing](#) (Pinnacle Country Club, Milan, Ill.)
- June 25-29:** [Rock Island County Fair](#) (Fairgrounds, East Moline)
- June 27-29:** [Antique Automobile Club of America Grand National Show](#) (John Deere Commons, Moline)
- July 3:** [Red, White & Boom!](#) (The District, Downtown Davenport)



**July 4-6:** [Mississippi Valley Blues Festival](#) (LeClaire Park, Davenport)  
**July 8-14:** [John Deere Classic PGA Tour](#) (TPC Deere Run, Silvis)  
**July 13:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)  
**July 19-21:** [USA BMX National Championships](#) (East Moline BMX Speedway)  
**July 19-20:** [Heartland Jam](#) (Centennial Park, Downtown Davenport)  
**July 26-27:** [Downtown Street Fest](#) (Downtown Davenport)  
**July 27:** [Bix 7 Run/Walk](#) (Downtown Davenport)  
**July 30-Aug. 4:** [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds, Davenport)  
**Aug. 1-4:** [Bix Beiderbecke Memorial Jazz Festival](#) (LeClaire Park and RiverCenter)  
**Aug. 8-10:** [Tug Fest](#) (LeClaire, Iowa and Port Byron, Ill.)  
**Aug. 9-10:** [Ya Maka My Weekend](#) (The District, Rock Island)  
**Aug. 10:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)  
**Aug. 10-17:** [ISC Men's Fastpitch World Tournament](#) (Greenvalley Sports Complex, Moline)  
**Aug. 16-17:** [River Roots Live](#) (Downtown Davenport)  
**Aug. 17:** [Floatzilla](#) (Sunset Marina, Rock Island)  
**Aug. 24:** [Quad Cities Irish Festival](#) (Rock Island)  
**Aug. 22-25:** [World Series of Drag Racing](#) (Cordova Dragway)  
**Aug. 31-Sept. 1:** [Rock Island Grand Prix](#) (Downtown Rock Island)  
**Sept. 7:** [Quad City Symphony Riverfront Pops](#) (LeClaire Park, Downtown Davenport)

**Sept. 7:** [¡VIVA! Quad Cities](#) (Isle Casino Hotel Bettendorf)  
**Sept. 7-8:** [Beaux Arts Fair](#) (Downtown Davenport)  
**Sept. 14:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)  
**Sept. 21:** [Brew Ha Ha](#) (LeClaire Park, Davenport)  
**Sept. 21:** [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)  
**Sept. 21-22:** [Riverssance Festival of Fine Arts](#) (Village of East Davenport)  
**Sept. 22:** [Quad Cities Marathon](#) (Downtown Moline)  
**Sept. 27-29:** [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)  
**Oct. 12:** [Trinity Quad Cities Classic Regatta](#) (On the Mississippi River in Moline)  
**Oct. 12:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)  
**Oct. 24:** [Fright Night](#) (The District, Rock Island)  
**Oct. 26:** [Witches Walk](#) (Downtown LeClaire)  
**Oct. 26:** [Lagomarcino's Cocoa Beano 5K Race](#) (Sylvan Island)  
**Oct. 26-27:** [Boo at the Zoo](#) (Niabi Zoo, Milan)  
**Nov. 15-24:** [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)  
**Nov. 16:** [Festival of Trees Parade](#) (Downtown Davenport)  
**Nov. 16:** [Lighting on the John Deere Commons and Holiday Pops Concert](#) (Downtown Moline)  
**Dec. 1:** [19<sup>th</sup> Century Christmas](#) (Butterworth Center, Moline)



# Island Insight



**Joel Himsel**, Garrison Manager; **Eric Cramer**, Public Affairs Officer; **Mark Kane**, Editor

*he Army publication, Island Insight, is an unofficial publication authorized under [AR 360-1](#) to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processor software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal Garrison Public Affairs Office. [Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged](#). All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMNE-RIA-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight](#); [usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil](mailto:usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil); Phone: (309) 782-1121. The Island Insight is [available on-line](#).*





# CHILD ABUSE PREVENTION MONTH

Protecting Children: It's Everyone's Job

