

March 18, 2013



# Island Insight



**IMCOM**  
SOLDIERS • FAMILIES • CIVILIANS

This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Island Intranet under "Information" and on the installation website at [www.ria.army.mil](http://www.ria.army.mil) under "About USAG-RIA" and then "News" and "Local News."

**Island Insight Submission:** <https://home.ria.army.mil/sites/ii/ii.cfm>



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INCLEMENT WEATHER  
OPERATING STATUS

## **JMTC Expands Logistics Mission in Support of PM Soldier Sensors, Lasers:**

Dignitaries from local and higher commands cut the ribbon to open the Sensors and Lasers Distribution Center at Rock Island Arsenal March 13. "The SLDC delivers Program Manager Soldiers, Sensors and Lasers products on time to meet Army unit's needs," said Richard Nesbitt, Joint Manufacturing and Technology Center deputy commander. The SLDC became

operational in Sept. 1, allowing JMTC to fulfill the PM SSL logistics mission by providing products to support the Total Package Fielding missions to the war fighter. Col. Michael Sloane, PM SSL, visited JMTC to participate in the ribbon cutting ceremony and to access the SLDC's capabilities. "The SLDC collectively has not missed a single mission," said Sloane. "It turned out better than I thought and it has met and exceeded my expectations to date."

"Distribution of materials, including sensors and lasers products from its warehouse, to warfighters globally is the major mission of the SLDC," said Nesbitt. "We are proud to be the new distribution point for PM SSL, providing logistics and warehouse operations to support the military." ([More](#))



## **Bednarek Says Goodbye to Arsenal:**

Lt. Gen. Mick Bednarek, First Army Commanding General, relinquished his command Thursday to become chief of the Office of Security Cooperation in Baghdad, Iraq. Lt. Gen. Bednarek, who assumed command of First Army on April 6, 2011, moved its 300-member staff from Fort Gillem, Ga., to the Rock Island Arsenal in July 2011. On Thursday, he passed the First Army Colors to Gen. David Rodriguez, commander of the U.S. Army Forces Command, and paid tribute to his men and women in uniform, the Quad-Cities and his wife, Holly. ([More](#))



## **ASC Donates 100 Computers to Local School District:**

With the help of the Army Sustainment Command, about 100 computers were donated to Riverdale Community Unit School District 100 from Rock Island Arsenal, March 13. The district is located in northwest Illinois near the Quad Cities. Riverdale schools have about 1,140 students in grades kindergarten through 12th-grade. In



1996, President Bill Clinton signed an executive order mandating that the federal government donate excess and outdated computers to schools and to non-profit organizations. ([More](#))

## **Sequester Furloughs -- What It Means to the IMCOM Workforce:**

Army civilian personnel are bracing for the impact of furloughs and changing financial priorities on their organizations. Approximately 251,000 Department of the Army civilians expect to be notified soon if they will be furloughed up to 22 days starting in April. In order to meet national security responsibilities, IMCOM is prioritizing readiness and programs based on the Army strategy, while adjusting to the fiscal resources available. ([More](#))



## **Army Outreach Cut By**

**Sequestration:** Aerial demonstrations have been halted. Army band performances and the Army Birthday Ball are canceled. Communities across America are seeing less



## Upcoming Dates

- March 17-23:** Inhalants & Poisons Awareness Week
- March 17-23:** Health Care HR Week
- March 18-22:** PCS Week
- March 18-22:** Illinois & Iowa Flood Awareness Week
- March 18-24:** World Salt Awareness Week
- March 19:** 10<sup>th</sup> Anniversary of First Bombs of Iraq War
- March 20:** First Day of Spring (Vernal Equinox)
- March 20:** National Native HIV/AIDS Awareness Day
- March 23:** National Puppy Day
- March 24-30:** National LGBT Health Awareness Week
- March 25:** Medal of Honor Day
- March 25-29:** Iowa Severe Weather Awareness Week
- March 25-30:** National Youth Violence Prevention Week
- March 26:** American Diabetes Association Alert Day
- March 27:** Iowa Tornado Drill Day
- March 27:** American Diabetes Alert Day
- March 27:** National Kick Butts Day
- March 27:** Passport Day
- March 29:** Good Friday (*Wall Street Closed*)
- March 30:** Welcome Home Vietnam Veterans Day
- March 30:** International Doctors' Day
- March 31:** Easter Sunday
- April 1:** April Fool's Day
- April 1-7:** National Cell Phone Recycling Week
- April 1-7:** National Public Health Week
- April 2:** World Autism Awareness Day
- April 3:** National Start! Walking Day
- April 4:** NATO 64<sup>th</sup> Birthday
- April 7-13:** National Window Safety Week
- April 9:** National Former Prisoner of War Recognition Day



of the United States Army because of sequestration. The across-the-board budget cuts are drastically impacting a very visible mission of the Army, engaging and interacting with the American people. ([More](#))

## **Congress Works on Budget for Both**

**2013, Future:** Congress is finally cleaning up its unfinished budget business for the 2013

budget year with a bipartisan government-wide funding bill. ⌘

While top Senate leaders like No. 1

Democrat Harry Reid of

Nevada focused on the big picture --

preventing a government shutdown --

rank-and-file senators were sweating the small stuff, focusing on local concerns

like keeping meat inspectors on the job,

preventing furloughs at rural airports

and trying to ease layoffs at Army

depots. ⌘ The budget counterproposal

from Senate Democrats would repeal the sequester cuts at a cost of \$1.2 trillion

over a decade and blends about \$1

trillion in modest cuts to health care providers, the Pentagon, domestic

agencies and interest payments on the

debt with an equal amount in new



revenue claimed by closing tax breaks. ([More](#))

## **CR Could Reduce Furloughs, Other**

**Cuts:** Congress is racing to pass a 2013 spending bill needed to avert a partial government shutdown when the current stopgap funding measure expires next week. ⌘ Neither the House nor Senate is likely to repeal punishing across-the-board budget cuts that recently took effect, but some agencies could get increases to help buffer some of the severest effects, although the tweaks may also pose tough choices for managers. The Defense Department, for example, is in line for a \$10.4 billion boost to its operations and maintenance account, under both the House and Senate versions of the bill. ([More](#))

## **Coalition Counsels Congress to**

**Examine Historical Downside of**

**Workforce Cuts:** A coalition of federal management and good government organizations sent members of Congress a white paper that examines the [Clinton administration's effort to "reinvent" government](#)—

and warns lawmakers who are engaged in a parallel effort today to be aware of



some of the pitfalls that plagued that earlier effort. ([More](#))

## **Furloughs Can Begin April 26, DoD**

**Comptroller Says:** Unless Congress acts to end sequestration, furloughs for Defense

Department

civilian employees

can begin April 26,

the department's

comptroller said here

March 11. Robert F. Hale discussed the furlough planning process with a

Pentagon audience. The comptroller also took questions sent in via Facebook and

Twitter. ([More](#))



## **Congress Stands In Way of Cuts, DoD**

**Says:** Amid accusations that the Defense Department still has bloated budgets —

and protects them

by hyping the

potential harm of

even modest cuts —

the Pentagon's top

financial officer said

big cuts are in fact being made and more are coming. ⌘ Testifying Tuesday

before the House Oversight and Government Reform Committee, Hale

said more could have been done, but

Congress often stands in the way —

preventing some units from being closed



and some weapons from being retired, as well as restricting efforts to pass on more health care costs to beneficiaries and slow the growth of military pay. "DoD can propose but Congress must dispose," Hale said. ([More](#))

## **Hagel Orders Review of U.S. Defense Strategy:**

In response to the budget cuts that took effect March 1, Defense Secretary Chuck Hagel has ordered a re-evaluation of the underpinnings of the defense strategy that President Obama announced 14 months ago. Hagel spokesman George Little said Monday that Hagel wants to see the results by May 31. ([More](#))



## **TSP Warning: Third-Party Mobile Applications:**

There are a number of mobile applications that reference the Thrift Savings Plan and may prompt you for your TSP account credentials. These applications are not sponsored by the TSP. The TSP cannot endorse any information or advice provided by third-party applications. More important, providing your TSP account credentials



to third-party applications may jeopardize the security of your account. For more information on keeping your account safe, see the Security Center on the TSP website or contact the ThriftLine at 1-TSP-YOU-FRST (1-877-968-3778) ([More](#))

**Tips for Safe Mobile Banking:** Using a smartphone, "tablet" computer or other mobile device to manage your finances can be convenient and help you monitor your money from practically anywhere. At the same time, it's important to take steps to protect your account information. [FDIC published these Tips for Safe Mobile Banking.](#)



## **Hagel Honors Sacrifices on 10<sup>th</sup>**

**Anniversary of Iraq War's Start:** On the 10<sup>th</sup> anniversary of the start of the Iraq War, Defense Secretary Chuck Hagel released a statement today honoring the sacrifices made by service members, their families and the Iraqi people. Here is the text of the secretary's statement: This week marks the ten year

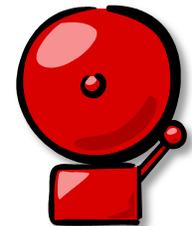


anniversary of the beginning of the Iraq War. While that conflict has been brought to an end, we must never lose sight of the tremendous sacrifices our brave men and women in uniform made during Operation Iraqi Freedom and Operation New Dawn. Every one of the more than one million service members that deployed to Iraq, often for multiple tours of duty, deserves our highest praise and deepest debt of gratitude. They served with valor and met every challenge - from the streets of Fallujah and Sadr City to outposts in Ramadi and Mosul - always watching out for their brothers and sisters in arms. ([More](#))

## **Fire Alarm Testing - Buildings 108,**

**109, 110 & 56:** On Wednesday, March 20, the Garrison Directorate of Public Works is planning to test fire alarm systems in buildings 108, 109, 110 and 56. Testing for buildings 108, 109, 110 will begin at 5 p.m. and Bldg. 56 will follow.

Testing in buildings 108, 109 and 110 includes audio visual devices, pull stations, smoke detectors and mass notification. Testing will last between 1-1½ hours. Testing in Bldg. 56 includes three mass notification speakers. Test



time will be approximately 10 minutes.  
POC is [Mark Berendes](#) (563) 349-9492.

**Army Community Service/ Army Family Team Building:** AFTB Level 1, **March 27-28**, 9 a.m. - 2:30 p.m. at ACS, Bldg. 110. Military members, family members, civilians and contractors can attend. Call ACS (309) 782-0829 to register. Civilians can also search "AFTB" in [TEDs](#).



**Lunch @ Your Desk:** The [Deliver2yourdesk.com](#) web site will be fully operational as of **April 1**. This will allow customers to log in to the web site and order anything featured in Bldg. 60's cafeteria or Káva Café to be delivered to their desk, and pay online using credit or debit cards or in cash. The service is currently available by calling (309) 782-0500. Delivery charge is \$2, free for orders more than \$20. Every 6<sup>th</sup> delivery is free. Please allow 20-30 minutes for delivery. Breakfast delivery available Monday – Friday, 6-8:30 a.m., lunch delivery available 10:30 a.m. – 12:30

KÁVA CAFÉ



p.m. Káva Café delivery available 6 a.m. – 12:30 p.m. Káva Café will launch their full line of smoothies on **March 27**. Visit [our Facebook page to find a BOGO coupon for March 27](#) (BOGO for in house only, does not apply to deliveries).

**Arsenal Attic Thrift Shop & Boutique:** Now available at the Thrift Shop: Couch and love seat, reasonable and like new. Plus coffee tables, end tables, and lamps. Many items half off. Open every Tuesday, Thursday and 3<sup>rd</sup> Saturday, 9 a.m. – 3 p.m. Located in Bldg. 60 Basement. Visit Arsenal Attic on Facebook. POC: (309) 782-6977.

**Blood Drive:** The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, April 12, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2<sup>nd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **6:15 p.m. on March 22**. A **3<sup>rd</sup> shift** blood drive will be held in the Cafeteria



(Bldg. 210) beginning at **2:15 a.m. on May 10**. To sign up for a blood drive held on either the 2<sup>nd</sup> or 3<sup>rd</sup> shift, donors should contact their shift supervisor. ([Blood Transfusion En Route to Trauma Center Keeps Navy Vet Alive](#))



**Charlie Corpuscle Says,** "We will have a drawing for a red Mississippi Valley Regional Blood Center polo. Any donors giving on the Arsenal during the month of April will be included in the drawing. Winner will be allowed to specify their size preference."



**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).**

**Army War College Speakers to Visit Campus:** Students of the U.S. Army War College and members of the Eisenhower National Security Series will speak on current social issues and the impact on America's



Armed Forces on Wednesday, **March 20**, at 7 p.m. in Centennial Hall (3703 7th Ave.). The event is free and open to the public. This is an opportunity to hear high-ranking military officers discuss the military and how they help solve world problems of diplomacy. In addition to the lecture, members of the Eisenhower National Security Series will visit classes throughout the day. Each member serves as the team's specialist on specific national public policy issues such as defense transformation, stability, operations, peacekeeping, future threats, information warfare, international terrorism, weapons of mass destruction, cyber-attacks, the Wounded Warrior program and other topical issues. ([More](#))

**Garrison Employment Event:** The Rock Island Arsenal-Garrison will host an Employment Event in Heritage Hall, Bldg. 60, **April 17**, 9 a.m. – 1 p.m. In support of this effort, the Garrison asks that our RIA organizational leaders, commanders and first sergeants encourage our transitioning Soldiers, civilians and Family members to attend this important job opportunity event. Come and meet



with employers from the Social Security Administration, Business Franchise Consulting, Inc., Genesis Health Systems, APAC Customer Services, Inc., Black Hawk College and others. Most of these organizations have vacancies and are looking for our good candidates. In addition to the potential employers, we are also anticipating representatives from several educational institutions who will be available to talk with individuals looking to resume or continue their education or change career fields. Hope to see you there!

### **Review Your Official Personnel**

**Folder Before June 1:** The CPAC reminds Arsenal Island employees that there is a need for you to access your eOPF (electronic Official Personnel Folder) record in order to ensure your records are correct and complete in advance of the destruction of the hard-copy OPF, currently scheduled for June 1. Effective Oct. 31, employees should have had access to their Official Personnel Folder electronically. Please review the information and follow the instructions to gain access to view your eOPF in the links at the end of this announcement, which link to a packet that also contains



a welcome letter for new eOPF users, a screen-shot guide to access, FAQs as well as password reset information. For questions or concerns with the eOPF system, please contact eOPF by calling the Help Desk at 1-866-275-8518 or by contacting them via email at [eOPF\\_hd@telesishq.com](mailto:eOPF_hd@telesishq.com). ([eOPF Welcome Letter & Packet](#)) ([Additional information on eOPF](#))

### **Corps of Engineers' Boating Safety**

**Class:** The U.S. Army Corps of Engineers Mississippi River Project will be offering five different opportunities to attend a free boating safety education class. The classes will be held on the following dates: **March 16, March 30, April 13, April 27, and May 11**. Each class will run 8 a.m. - 4:30 p.m. and only one eight-hour class is required to complete your certification. This class is recommended for people who are new to boating on the Mississippi River, families that enjoy weekend boating adventures, or seasoned boaters who would just like to brush up on their safe boating knowledge. Anyone over the age of 12 can be certified. This is a classroom based safety course and will not include an on-the-water experience.



Upon successful completion of the class and exam, participants will be issued an Illinois DNR Boat Safety certification which is honored in both Iowa and Illinois. These classes will be held at the Mississippi River Project Office at Locks and Dam 14 in Pleasant Valley, Iowa. Pre-registration is required, space is limited, and the classes fill quickly. To register, contact the park rangers at (309) 794-5338. ([More](#))

**Esprit de Corps Toastmasters:** Esprit de Corps Toastmasters meets on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday each month at the Clock Tower Building from 11:45 a.m. to 12:45 p.m. ... bring your lunch. The mission of a Toastmaster club is to provide a mutually supportive and positive learning environment in which every member has the opportunity to develop communication and leadership skills, which in turn foster self-confidence and personal growth ... join us.



**OPSEC Awareness Message – Not All Thieves Are Stupid:** Parking: A friend left their car in the long-term parking at the airport while traveling and someone broke into the car. Using the information

on the car's registration in the glove compartment, they drove the car to the people's home in Pebble Beach and robbed it. So I guess if we are going to leave the car in long-term parking, we should not leave the registration / insurance cards in it, or your remote garage door opener. Please address questions and comments to Mike Luchner, RIA Antiterrorism/OPSEC Officer, (309) 782-4577.

### **Pure Element Arsenal Island**

**Discount:** [Pure Element](#), a local health and wellness shop serving nutritional smoothies/shakes in Rock Island, is offering an exclusive discounted price to Arsenal Island employees. For \$5.75 Arsenal patrons will receive their meal and a 10 percent discount on their products through **April 15**.



### **Arsenal Traffic/Construction**

#### **North Avenue Repair & Closures**

**Update:** Directorate of Public Works is postponing storm sewer and paving work on the intersection of North Avenue and Gillespie until **March-May**

due to weather concerns. Minor work on Phases 1 and 2 is expected to be completed within the next two weeks. Please avoid walking through the newly backfilled areas, as these areas are soft and pose a potential safety hazard. POC: Joe Gumpert, (309) 782-1389.

### **Building/Space Closures**

#### **Closure of Third Floors in Bldg. 61, Bldg. 62:**

The Directorate of Public Works plans to close Bldg. 61 3<sup>rd</sup> floor and Bldg. 62 3<sup>rd</sup> floor, East and South Wings, **Sept. 10 - 3<sup>rd</sup> week in May** to execute projects. Closure is to prevent individuals from entering the work area and to preclude any potential accidents. Plastic enclosures will be installed from the passenger elevator in Bldg. 62 to the eastern most stairwell in Bldg. 61 so employees in Bldg. 62/3/W have an entry/exit pathway. Entries will be marked with signage and barriers to prevent entry.

### **Active Duty/Reserve Zone**

#### **Military Wary as Congress Again**

**Wades Into Laws on Sexual Assault:**



Congress stumbled badly the last time it rewrote military law amid a furor over sexual assaults. Now, driven by fresh outrage over an Air Force case, some lawmakers seek new changes in the Uniform Code of Military Justice. Their effort is shadowed by lessons that might be learned, or lost, from past Capitol Hill mistakes. ([More](#))

## **RIA Tax Center is Here for You This Tax Season:**

The April 15 federal and state income tax filing deadlines are fast approaching. The Rock Island Arsenal Tax Center is here to assist active duty military members, retired service members, and qualifying dependants with their tax preparation and filing needs. The Tax Center is scheduled to remain open and accept clients through **April 10**. Implementation issues relating to the American Tax Relief Act have been resolved. Accordingly, the IRS is now accepting all previously delayed returns to include those involving rental properties and residential energy credits. Eligible clients still in need of tax assistance are encouraged to contact the Tax Center at their earliest convenience ... do not delay. As in years past, the



Tax Center principally uses a drop off service. Drop off and follow-up appointments should be coordinated with [Laura McSparin](#), (309) 782-8327. The Tax Center is located in Bldg. 390, first floor, Suite 102 / Room 102B. If you are unfamiliar with Bldg. 390, please note that it is a controlled access facility. If you do not have access to Bldg. 390, you will need to call the Tax Center upon arrival using one of the access phones located at the east, south, and west entrances (dial extension 2-8327; alternate extensions 2-8076/ 2-6978). The Tax Center hours of operation are Monday – Friday, 9 a.m. – 4 p.m. If your circumstances necessitate special accommodations, we're happy to adjust our standard operations try to accommodate you but this requires prior coordination. In order to assist you with your tax returns, you will need to obtain and provide documents detailing all sources of income, as well as, those necessary to support eligible deductions and credits. You should be on the lookout for W-2s, 1099s and interest and dividend statements, which should show up in your mailbox or your online accounts. Required documents are outlined in greater detail in the "[RIA Tax Client Letter](#)." In addition to required substantiating documentation,

clients will need to complete the "[RIA Tax Center Client Intake](#)."

**PCS Week:** Military Surface Deployment and Distribution Command (SDDC) manages Department of Defense's Personal Property mission. SDDC designated **March 18-22** as "PCS Week" to educate service members, federal employees and their families on how to improve/enhance their permanent change of station (PCS) experience, especially moving household goods during peak moving season which is from May through August each year. ([More](#))

## **Egg Hunt & Day of Learning:**

Through the sponsorship of the Moline Foundation, the USO of Illinois Discovery Kids program would like to extend a very special invitation to military families to attend an Egg Hunt & Day of Learning at the Bettendorf Family Museum on Sunday, **March 24**. The Egg Hunt is for children ages 0-6 and starts at 12:30 p.m. The Egg Hunt for children ages 7-12 starts at 1:15 p.m. Following the Egg Hunt, families are welcome to explore the museum until 4 p.m. Musician Jim Gill will also be



performing from 2-2:45 p.m. in the Great Hall. Free entrance to the special event is reserved for active duty, National Guard, Reserve military personnel, and their families only. Ticket reservations are to be made in good faith. Upon receiving your RSVP via this system, your attendance is expected. Barring extreme circumstances, a 'no-show' at an event will place you on lock-out status from USO of Illinois event ticket reservations: 1st time = 30 days; 2nd time = 90 days. This restriction is in place to help insure that those who wish to take advantage of ticket offers have the opportunity to do so. Thank you for your understanding. [For more information and to register for this event click on this link.](#) The USO lifts the spirits of America's troops and their families. The mission of the USO is to enhance the quality of life of the U.S. Armed Forces personnel and their families and to create a cooperative relationship between U.S. military communities and involved or supporting civilian communities. The USO of Illinois is a civilian 501(c)(3) registered non-profit that is not government funded but is supported solely by the generosity of the American people.



## Safety Spotlight



### **New Policies on Workplace Safety**

**Ordered:** OPM recently sent guidance to agencies ordering them to set new, wide-ranging policies on domestic violence, sexual assault or stalking in their workplaces. For a closer look, go to [www.fedweek.com/HFI](http://www.fedweek.com/HFI) to read. ([More](#))

### **Army Safety Gram 13-09 -- Follow the Formula for Chemical Safety:**

Splashing a small amount of a chemical onto your skin can cause death within minutes as it is absorbed into your bloodstream. Inhaling a chemical can cause permanent damage to your throat and lungs. Exposure to a chemical day after day can result in cancer developing years later. A spilled chemical ignited by a cutting torch can result in a devastating explosion. These are just some of the things which can go wrong where chemicals are used or stored. However, accidents can be prevented by proper training, careful attention to safe work practices and correct use of Personal Protective Equipment. When in doubt about a chemical, always ask your supervisor for advice. ([More](#))

**Brief Smart:** It's March, and that means it's time for another talk about driving

safety. As a leader, you know that's just what your Soldiers want to hear, right? Few things elicit more groans from Soldiers than the mandatory safety brief. I'm of the belief, however, that since safety briefings are required, we might as well make them useful and enjoyable experiences. Getting the message across in safety briefings, but keeping it fun, isn't hard. For the most part, Soldiers really aren't a tough crowd.

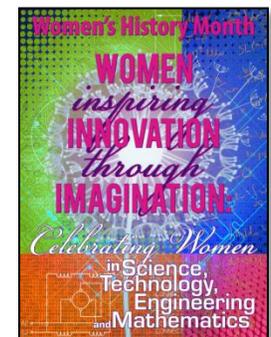
([More](#))



## Equal Opportunity Focus



**Women's History Month, 2013:** For more than two centuries, our Nation has grown under the simple creed that each of us is created equal. It is a notion that makes America unlike any other place on earth -- a country where no matter where you come from or what you look like, you can go as far as your talents will take you. Women's History Month is a time to remember those who fought to make that freedom as real for our daughters as for our sons. Written out of the promise



of the franchise, they were women who reached up to close the gap between what America was and what it could be. ([More](#)) ([StandTo!](#))

## **Black Federal Employees Continue to Face Workplace Obstacles, Says Report:**

Black federal employees continue to face a number of equal employment opportunity obstacles, concludes a study from a working group commissioned by the Office of Federal Operations within the Equal Employment Opportunity Commission. Based on a series of discussions that took place over 3 years with EEO officials, associations of minority federal employees and subject matter experts, the working group says the impediments the report identifies "were independently and repeatedly identified." ([More](#))



## **Morale, Welfare & Recreation (MWR)**



### **Morale, Welfare & Recreation**

**(MWR):** Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs. Also [click here](#) to become a fan on Facebook and stay up to date on all the great MWR offerings here at the Arsenal.

### **New Twitter Account for the Arsenal**

**Island Golf Course:** Although it may be hard to believe with the recent snow, golf season is right around the corner. Come follow us on Twitter [@golf1897](#) for course updates and interesting golf commentary from our pro.

### **Arsenal Island Golf Course**

**Clubhouse Reopening:** The Arsenal Island Golf Clubhouse will re-open for lunch on Tuesday, **April 16**. The Clubhouse will resume its normal hours of operation which are Tuesday - Friday 10:30 a.m. - 2 p.m. Come see the renovations and updates to the Club and try some of our tasty new menu items including an Italian Panini, fried egg sandwich, the BG burger (topped with ham and a fried egg) or our new "pick two lunch combo" where you get your choice of a ½ sandwich, salad or soup.

### **Now Booking Graduation Parties at the Arsenal Island Golf Clubhouse:**

If you're looking for a unique, historically significant and centrally located venue to host upcoming graduation parties, look no further than the Golf Clubhouse. Our catering and banquet staff excel at making sure your event goes off without a hitch. Check out our [catering guide here](#) and call the catering manager at

(309) 782-4372 to reserve your date as the schedule is filling up fast.

### **Ghost Hunters Dinner & Tour of Historic Quarters One:**

Join us, Friday, **March 22**, at 7 p.m. at the Arsenal Island Golf Clubhouse for a gourmet prime rib dinner followed by a tour of Historic Quarters One led by the Rock Island Paranormal Society. During the tour the Paranormal Society representatives who have spent countless hours searching the residence for signs of paranormal activity will regale you with stories and accounts of the mansions' haunted history. Cost is \$40 per person. Please call (309) 782-4372 for more info and to make a reservation. ([Flyer](#))



### **Trivia Night at the Arsenal Club:**

Join us Friday, April 5, for our monthly trivia night presented by Mixx Master Entertainment. This new, fun multi-media format will test your knowledge on a variety of topics ranging from world history and literature to pop culture and sports. The cost is \$5/player or \$30 for a table of eight, maximum of eight players/team. Prizes for winning teams and lots of other door prizes and



drawings as well. Call (309) 782-6319 for more info or to sign up. ([Flyer](#))

**April is Car Care Month:** All month long at the Auto Skills shop you can get a \$20 standard oil change. Get your vehicle checked at the free inspection day on **April 20** and learn how to change your own oil at the oil change clinic on **April 17**. Call (309) 782-8631 for info and appointments.

**Beer Pairing Dinner:** Enjoy samples of beer from locally owned, Bent River Brewing Company that are perfectly paired with fine cuisine prepared by our executive chef. The cost is \$50/person. Look for a link in next week's Insight for the full menu and beer selections. Call (309) 782-4372 for more info and to make a reservation.

Date: **Friday, April 19**  
Time: **7 p.m.**

**Spring Vendor Fair:** There will be a spring vendor fair on **April 24 & 25**, 9 a.m. – 1 p.m., in Heritage Hall (Bldg. 60) Some of your favorite vendors will be there selling everything from jewelry to home baked goodies and everything in between. Call (309) 782-5890 for more info. ([Flyer](#))

**Electronic Marquee Outage:** The operating system used to update the outdoor marquee signs on either side of the Island has become obsolete and inoperable. Consequently no requests for messages can be fulfilled and the signs have been shut off at this time. The Garrison is working towards a solution and a future message will be sent out as information becomes available about whether the signs can be repaired or replaced.



## MWR Leisure Travel Office



**Office Hours:** Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

**BranDisa Tour (Brandon Heath & Mandisa):** Collaborating to bring their celebrated sounds into one highly anticipated live experience, Dove Award winners and Grammy®-nominated artists Brandon Heath and Mandisa will perform at the Adler Theatre on Thursday, **March 21**.  
Time: **7 p.m.**

**A Mighty Fortress Is Our Basement -- Circa '21 Dinner Playhouse:** In the latest installment, A Mighty Fortress Is

Our Basement, the year is 1960 and a reformation is underway. The Church Basement Ladies are once again required to face change head-on. With more crazy antics, more great new songs and more lessons reluctantly learned. Seats on sale until **April 6** at \$43.50.  
Date: **Saturday, April 20**  
Time: **5:45 p.m.**

**Monster Jam:** Monster Jam returns to the iWireless Center. Leisure Travel has discounted tickets for **April 27** at 7 p.m. and **April 28** at 2 p.m. Adult tickets lower bowl are \$20.50/upper bowl \$17.50. Children under 12 only \$12.50. Discounted seats on sale until **April 1**. ([Flyer](#))

**Gordon Lightfoot:** Legendary singer-songwriter Gordon Lightfoot will bring his "50 Years on the Carefree Highway Tour" to the Adler. Lightfoot celebrates 50 years of masterful songwriting, multi-platinum albums and international hit songs. Leisure Travel has floor seats for \$46.  
Date: **Tuesday, April 30**

**Shedd Aquarium/Field Museum:** Leisure Travel has planned a bus trip to Shedd Aquarium or the Field Museum in Chicago. We will provide round trip transportation on a chartered motor



coach; ½ hour stop to and from destination. Bring snacks and beverages (no alcohol permitted) along for the ride. Cost is \$41 for transportation only.

Date: **Saturday, May 11**  
Time: **6:30 a.m. - 9 p.m.**

## Movie Night Gift Cards at Leisure

**Travel:** Stop by the Leisure Travel Office and pick up a gift card for \$26 that is redeemable at the Regal Moline Stadium Theater for two adult movie tickets and \$10 in concessions. These make great for a present for that special someone in your life. The Leisure Travel Office also is once again selling discounted single movie tickets for \$8.50. Call (309) 782-5890 for more info. ([Flyer](#))

## MWR RV Storage and Storage Units:

MWR has several openings for RV storage and Indoor Storage units. For more information or to sign up, please contact Outdoor Recreation at (309) 782-8630.

Time: **8 a.m. - 4 p.m.**

**Free Universal Military Only:** Active duty and retired members of the military can receive a free three-day, park-to-park ticket with valid military identification. Admission is valid for up to 14 days from first use. Tickets are

available for pick up until **March 31** and must be redeemed by **June 30**. Contact LTO at (309) 782-5890.

## Child, Youth & School Services

**IMCOM Celebrates Month of the Military Child:** April has marked the Month of the Military Child as a time to focus national attention on the youngest members of the military community since 1986. This year's theme, "Proud, Ready & Resilient," highlights military children's unique lifestyle and their ability to succeed despite frequent relocations, reintegration, deployments, loss or care for a wounded parent. ([More](#))

## Army Certified Family Child Care

**Provider:** Would you, or someone you know, be interested in becoming an Army Certified Family Child Care provider for the Arsenal? We are always looking to bring more FCC providers into our program. You would be doing childcare out of your home with access to our lending closet for borrowing supplies, as well as certified training provided through the Arsenal. For questions or more details contact our

FCC director Nancy Lawson at (309) 782-0813.

## Army Community Service (ACS)

ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook [click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412



**Family Advocacy Program Presents the 5 Love Languages:** Come join the Family Advocacy Program on Tuesday, March 26, 4 - 5 pm, in the Army Community Service office in Bldg. 110, First Floor, SE Corner and enjoy an hour class where you will learn what you and your significant other's love language is. We all have ways in which we give and receive love and often times if our significant other does not have the same love language, communication can be confusing and difficult to understand. The 5 Love Languages class is designed to help couples understand each other's love language to effectively and consistently help each other feel loved.



To RSVP, please call [Jenny Kerr](#) at (309) 782-3049.

## **Before You Consider a Payday Lender, Consider This:**

When borrowing money, it is important to consider your options carefully. A payday loan can appear quite attractive on the surface. Payday loans are quick and easy and you get the cash you need. You don't have to risk being turned down or lectured about emergency savings. You can even get service over the internet. However, this quick and easy cash option can come at a hefty price. ([More](#))

**Army Family Team Building:** Army Family Team Building, an educational program that teaches knowledge of the military, personal growth and resiliency, and leadership skills, is once again being offered at Rock Island Arsenal.

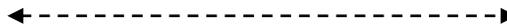


AFTB is offered to the entire military family: military members, family members, civilians and contractors who live and work within the military community. AFTB Level 1: **March 27-28**, 9 a.m. – 2:30 p.m.; AFTB Level 2: **April 10-12**, 8:30 a.m. – 2:30 p.m.; and

AFTB Level 3: **May 15-17**, 9 a.m. – 2:30 p.m. Classes will be held at Army Community Service, Bldg. 110, 1<sup>st</sup> Floor, SE. To register for these free classes, please call ACS at (309) 782-0829.

## **ACS Continues to Have Notary Public**

**Service:** Army Community Service continues to have a Notary Public. I have renewed my commission for four more years. The greater Arsenal community is welcome to avail themselves of this service free of charge. Community is our middle name. POC: (309) 782-0815. [www.riamwr.com/acs](http://www.riamwr.com/acs)



## Employee Assistance Program

**E** For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1<sup>st</sup> floor, East.

**PTSD Support Groups:** Is the quality of your life being affected by Post-

Traumatic Stress Disorder? The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

**Smoking Cessation Group:** Want to join a supportive group of individuals with a common goal to quit smoking? The Employee Assistance Program offers an ongoing educational support group. The group meets each Wednesday, 3-4 p.m., in the EAP office located in Bldg. 56, 1<sup>st</sup> floor, East.

## **National Sleep Awareness – March**

**2013:** Did you sleep well last night? Your answer to this question could tell others much about your mood and energy level today. It has been found that the emotion centers of the brain are over 60 percent more reactive after missing a single night's sleep ([ScienceDaily, 2007](#)). To anyone who has suffered a sleepless night, these results probably aren't surprising. However, they do offer insight into the link between depression, anxiety, and sleep problems. If you find that you have more than an occasional poor night's sleep, or if you feel exhausted during the day despite sleeping through



the night, it may be a sign that you are suffering from depression, anxiety or another mental health condition. Contact the EAP at (309) 782-4357 for free and confidential counseling and referral assistance. Don't let depression or another mental health condition get in the way of your good night's sleep.

**Stress Management:** The Rock Island Arsenal EAP is offering classes on Stress Management. Classes will be held in Bldg. 56, 1<sup>st</sup> floor, Room 122, 10:30-11:30 a.m., on the following dates: **April 9, May 7, June 11, July 9, and Aug. 13.** Class size is limited. Call (309) 782-4357 to enroll.

**Understanding PTSD:** The RIA EAP is offering educational classes on Post-Traumatic Stress Disorder. Classes will be held in Bldg. 56, 1<sup>st</sup> floor, Room 122, 10:30-11:30 a.m., on the following dates: **March 19, April 23, May 21, June 25, July 23, and Aug. 27.** Call (309) 782-4357 to enroll.

**Grief Support Group:** The Employee Assistance Program is sponsoring a support group for individuals who are mourning the death of a loved one. The group meets on Tuesdays from 3-4 p.m., in Bldg. 56, 1<sup>st</sup> floor, Room 122. For

more information contact Rita Baugh, EAP counselor, at (309) 782-2552

## Education/Training Review



**The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.**

**Garrison Education Fair:** The Army Continuing Education System (ACES) and the Rock Island Army Education Center is hosting an Education Fair in Heritage Hall, Bldg. 60, **March 21**, 10 a.m. – 1 p.m. In support of this effort, the Garrison asks that our RIA organizational leaders, commanders and first sergeants encourage our transitioning Soldiers, civilians and Family members to attend this important event. Come and meet with representatives from 20 different local and online colleges and universities, as well as Military and Veteran Service Organizations and state VA offices. Hope to see you there!

## **Post-9/11 GI Bill Transferability of**

**Benefits Policy:** The transferability option under the Post-9/11 GI Bill allows service members to transfer unused benefits to their spouses or dependent children. The Army's Post-9/11 GI Bill provides financial support for education and housing to all members of the active Army, the Army National Guard (ARNG), and the U.S. Army Reserve (USAR) with at least 90 days of aggregate service after Sept. 10, 2001, or individuals discharged with a service-connected disability after 30 days. ([More](#))

## **Get Ready, Get Set, Go-Go-Go To**

**School!:** Seeking or Pursuing a College Degree? Have Questions? The Army Education Center welcomes visits from the following schools. • **March 20:** St. Ambrose University. Military personnel, family members, and DoD civilians are welcome to stop by. No appointments are necessary. Augustana College, Black Hawk Community College, and Trinity College of Nursing and Health Sciences representatives are available by appointment only at this time. All scheduled times are 10 a.m. – 2 p.m., in Bldg. 56, 1<sup>st</sup> Floor, Room 120. Education Center POC: [Stephanie Allers](#), (309) 782-5895.



## **Rock Island Army Education Center Publishes Newsletter:**

The latest edition of the Rock Island Army Education Center's quarterly newsletter is available through their [RIA Intranet site](#). This quarter's edition of the newsletter features a listing of the upcoming school visits to the center, information about the ACES Education Fair coming up on **March 21**, and articles about the Blong Technology Center's job opportunities March 1 and "Making Careers More 'Portable,' Achievable for Spouses."

## **SAME Engineering & Construction**

**Camp:** The Rock Island Post of the Society of American Military Engineers is looking to send high school students (currently in grades 9-11) to one of three engineering and construction summer camps. Applications are due by **March 29**. [For application and POC details click HERE.](#)



**NDIA Scholarships:** The Iowa Illinois Chapter NDIA is now accepting applications for its scholarship program. Scholarship applications and eligibility criteria may be found at [www.ndia-ia-il.org](http://www.ndia-ia-il.org) under Scholarships. Applications must be postmarked NLT **March 31**.

For more information, call (563) 650-3252.

**Sgt. Paul Fisher Scholarship:** The Iowa Illinois Chapter NDIA is now accepting applications for its scholarship program. Scholarship application and eligibility criteria may be found under Scholarship by clicking [www.ndia-ia-il.org](http://www.ndia-ia-il.org). Application submission must be postmarked NLT than midnight **March 31**. For more information, call (563) 650-3252.

**Women in Defense Scholarship:** WID is now accepting applicants for its scholarship program. Scholarship application and eligibility criteria may be found under Scholarship by clicking <http://wid.ndia.org/chapters/IowaIllinoisChapter/Pages/default.aspx> Application submission must be post marked no later than midnight **April 13**. For more information, call (309) 792-4102.



## Commissary / Exchange



**The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only, with the exception of select items (mainly consumable) at the Exchange that can be purchased**

**by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com) ([Facebook](#))**

## **Penguins Abound in Your**

**Commissary This Month:** Commissary frozen food sections are decorated in March for National Frozen Food Month, just one of many special promotional savings offered throughout the store, according to Joyce Chandler, DeCA's acting sales director. "Commissaries all over the world are celebrating Frozen Food Month in March," Chandler said. "Shoppers will discover everything from greater savings on frozen foods to product demonstrations and high-value coupons 'bundled up' with participating products throughout their store." DeCA's industry partners - vendors, suppliers and brokers - are collaborating with commissaries in March to offer discounts beyond everyday savings. Overseas stores may have substitute



events for certain promotional programs. ([More](#))

**Food Safety Alerts:** For information about the latest food-safety alerts and product recalls affecting military commissaries, visit [www.commissaries.com](http://www.commissaries.com) and click on the Food & Product Recalls under the Quick Links box on the front page. For general food-safety information, visit the website and choose Food Safety at the bottom of the page.

**Sales Flyers:** Patrons can visit the [AAFES website](#) and sign up to receive free online sales flyers.

## Arsenal Archive

Information for the *Arsenal Archive* is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

**This Week in Rock Island Arsenal History – March 18-24:** During the month of March 1945, the workers of Shop L (Bldg. 250) completed 310

machine guns. On March 22, 1903, RIA employees formed Local 81 of the International Association of Machinists (IAM) Union. Work on the dam of Locks and Dam 15 began in March 1932.

## Healthbeat

**Furloughs to Affect Army's Behavioral Health Care:** Upcoming furloughs for Army civilians, along with budget cuts, will affect the Army's ability to provide behavioral health care to Soldiers, an official said. More than half of the Army's behavioral health providers are either government civilians or contractors, said Col. Rebecca Porter, the chief of Army behavioral health care, speaking at a Defense Writer's Group breakfast Tuesday. "The plan is that our Department of the Army civilians who are employed with us would be impacted across the board," Porter said. ([More](#))

**Healthy Base Initiative Seeks Better Lifestyles:** Thirteen installations will be assessed for their success in promoting healthy lifestyles for a better total workforce in the Healthy Base Initiative, Defense Department officials announced

here March 18. As a project of DOD's Operation Live Well — in which the goal is to increase the health and wellness of the total force -- the Healthy Base Initiative will assess the 13 installations to develop a program for service members, their families and civilians to take charge of their health through nutrition and fitness, the officials said. "The idea is to reach out into the communities [and] link projects that build health and environments where our men and women in the service and their families and civilians can make healthy choices," Dr. Jonathan Woodson, assistant secretary of defense for health affairs told the Pentagon Channel and American Forces Press Service. ([More](#))

**National Nutrition Month:** The Army joins the Academy of Nutrition and Dietetics to commemorate March as National Nutrition Month. The campaign's focus is to educate people across the U.S., on how to make informed food choices to live a healthy and active life. The theme for this year, the 40th anniversary, is "Eat Right, Your Way, Every Day." According to the 2010 dietary guidelines for Americans, fruits, vegetables, whole grains and low-fat dairy products, combined with lean proteins (meats, poultry, fish, beans,



eggs and nuts) are foods to include as part of a healthy diet. One should also limit foods high in sugar, salt, refined grains, cholesterol and fat. ([More](#))

## **National Brain Injury Awareness**

**Month:** Traumatic Brain Injury (TBI) is a disruption of brain function resulting from a blow or jolt to the head or a penetrating head injury. Causes of TBIs may include falls, motor vehicle crashes, injuries to the head during sports, and combat-related events such as blasts. Medical providers classify TBI as mild, moderate, severe, or penetrating primarily based on neurological status at the time of injury. The overwhelming majority of TBIs are mild, also known as "concussions." Early identification and receiving prompt medical care is essential to maximizing recovery. ([More](#))

**Health Clinic Announcement:** Sick Call hours 7-8 a.m. Tricare closed **March 22**. Lab closed **March 26**. Radiology closed **March 20-29**. Clinic closed Staff Meeting/Training **March 29** at 11:30 a.m. For any issues or concerns with the RIAHC clinic please call our customer support line (309) 782-0721.



## Notes for Veterans



### **A Pattern of Problems at a Hospital for Veterans:**

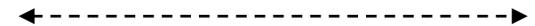
In an unusually strong letter sent to the White House on Monday, the office that handles complaints from federal whistle-blowers says it has found a pattern of problems at a Department of Veterans Affairs medical center in Jackson, Miss., that raises serious questions about the hospital's management practices. The problems over the last six years include poor sterilization procedures, chronic understaffing of the primary care unit and missed diagnoses by the radiology department. ([More](#))

### **New Push is on to Give 200,000**

**Reserve Retirees Veteran Status:** Lt. Cmdr. Jack Townsend, a Navy Reserve retiree in Richmond, Va., first became aware a decade ago that he wasn't considered a military "veteran" under federal law. It's been bothering him ever since. Townsend was applying for a job when asked for a copy of his DD Form 214, "Certificate of Release or Discharge from Active Duty," to prove veteran status. Townsend, who had earned his reserve commission through the U.S. Merchant Marine Academy, didn't have a DD 214 because he never

had served under active duty orders. ([More](#))

**Changes to Veterans' Preference:** The Office of Personnel Management has issued new guidance to agencies on applying Veterans' Preference. On Aug. 29, 2008, the Hubbard Act was enacted as Public Law 110-317. The Hubbard Act, which was passed in August 2008, amended the eligibility categories for veterans' preference purposes. It establishes a new veterans' preference eligibility category for veterans released or discharged from active duty from the armed forces, after August 29, 2008, with a "sole survivorship discharge." ([More](#))



## Carpooling Announcements



Submit carpooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

### **Carpool:**

- **Carpool:** New hire with flexible hours seeking to pay for ride from



Moline 9<sup>th</sup> & 53<sup>rd</sup>, (Franklin School area) (309) 757-5755.

- **Carpool:** Commuter traveling from Rio, Ill. on Route 150. Meet in Alpha, Ill. each day. If interested contact me at (309) 782-5472 or [email](#).
- **Carpool:** Looking to join a carpool from Albany or south along Illinois 84 southbound to Bldg. 102. If interested contact me at (309) 782-0841.
- **Carpool:** Looking to join a carpool or ride and pay. IL-84 southbound Fulton/ Albany/ Cordova area. Interested text me at (563) 650-8791.

## Around the Q.C.



**March 22-24:** [Flower & Garden Show](#)

(QCCA Expo Center)

**March 23:** [Quad-Cities Comic Book](#)

[Convention](#) (Ramada Inn, Bettendorf)

**April 6:** [SFLC's Lids for Kids 5k Powered by](#)

[Exelon Nuclear](#) (Sunset Park, 18<sup>th</sup> and 31<sup>st</sup> Avenue, Rock Island)

**April 6:** [Bandits Race to Home 5K](#) (Modern Woodmen Park)

**April 7:** [Gilda's Run for Laughs](#) (Waterfront Convention Center, Bettendorf)

**April 14:** [9<sup>th</sup> Annual Sylvan Island](#)

[Stampede Mountain Bike Race](#) (Sylvan Island, Moline)

**April 20:** [Earth Week Fair](#) (QCCA Expo Center)

**April 27:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)

**May 4:** [Derby Day Party](#) (Arsenal Island Golf Course Clubhouse)

**May 4:** [Venus Envy](#) (Bucktown Center for the Arts, Davenport)

**May 11:** [11<sup>th</sup> Annual Miles for Melanoma](#) (Augustana campus)

**May 11-12:** [Beaux Arts Fair](#) (Figge Art Museum plaza, Davenport)

**May 25:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)

**May 27:** [Quad Cities Criterium](#) (Downtown Rock Island)

**June 1:** [Mel Foster Color the Quads 5K](#) (Cumberland Square, Bettendorf)

**June 1-2:** [QC Pridefest 2013, Bursting With Pride](#) (Mary's on 2nd, 832 West 2nd Street, Davenport)

**June 7-8:** [Gumbo Ya Ya - Mardi Gras in The District](#) (The District, Rock Island)

**June 8:** [Quad Cities Cruisers Open Run Car Show](#) (SouthPark Mall, Moline)

**June 12-15:** [Rally on the River](#) (Centennial Park, Davenport)

**June 14:** [Greek Cultural Festival](#) (Assumption Greek Orthodox Church, East Moline)

**June 16:** [Ride the River Bike Ride](#) (Davenport to Moline)

**June 22-23:** [27<sup>th</sup> Annual Quad City Air Show](#) (Davenport Municipal Airport)

**June 23:** [Blossoms at Butterworth](#) (Butterworth Center, Moline)

**June 25-29:** [Rock Island County Fair](#) (Fairgrounds, East Moline)

**June 27-29:** [Antique Automobile Club of America Grand National Show](#) (John Deere Commons, Moline)

**July 3:** [Red, White & Boom!](#) (The District, Downtown Davenport)

**July 4-6:** [Mississippi Valley Blues Festival](#) (LeClaire Park, Davenport)

**July 8-14:** [John Deere Classic PGA Tour](#) (TPC Deere Run, Silvis)

**July 13:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)

**July 19-21:** [USA BMX National Championships](#) (East Moline BMX Speedway)

**July 19-20:** [Heartland Jam](#) (Centennial Park, Downtown Davenport)

**July 26-27:** [Downtown Street Fest](#) (Downtown Davenport)

**July 27:** [Bix 7 Run/Walk](#) (Downtown Davenport)

**July 30-Aug. 4:** [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds, Davenport)

**Aug. 1-4:** [Bix Beiderbecke Memorial Jazz Festival](#) (LeClaire Park and RiverCenter)

**Aug. 8-10:** [Tug Fest](#) (LeClaire, Iowa and Port Byron, Ill.)

**Aug. 9-10:** [Ya Maka My Weekend](#) (The District, Rock Island)

**Aug. 10:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)

**Aug. 10-17:** [ISC Men's Fastpitch World Tournament](#) (Greenvalley Sports Complex, Moline)

**Aug. 16-17:** [River Roots Live](#) (Downtown Davenport)

**Aug. 17:** [Floatzilla](#) (Sunset Marina, Rock Island)

**Aug. 24:** [Quad Cities Irish Festival](#) (Rock Island)

**Aug. 22-25:** [World Series of Drag Racing](#) (Cordova Dragway)

**Aug. 31-Sept. 1:** [Rock Island Grand Prix](#) (Downtown Rock Island)

**Sept. 7:** [Quad City Symphony Riverfront Pops](#) (LeClaire Park, Downtown Davenport)



**Sept. 7:** [¡VIVA! Quad Cities](#) (Isle Casino Hotel Bettendorf)

**Sept. 7-8:** [Beaux Arts Fair](#) (Downtown Davenport)

**Sept. 14:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)

**Sept. 21:** [Brew Ha Ha](#) (LeClaire Park, Davenport)

**Sept. 21:** [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)

**Sept. 21-22:** [Riverssance Festival of Fine Arts](#) (Village of East Davenport)

**Sept. 22:** [Quad Cities Marathon](#) (Downtown Moline)

**Sept. 27-29:** [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)

**Oct. 12:** [Trinity Quad Cities Classic Regatta](#) (On the Mississippi River in Moline)

**Oct. 12:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)

**Oct. 24:** [Fright Night](#) (The District, Rock Island)

**Oct. 26:** [Witches Walk](#) (Downtown LeClaire)

**Oct. 26:** [Lagomarcino's Cocoa Beano 5K Race](#) (Sylvan Island)

**Oct. 26-27:** [Boo at the Zoo](#) (Niabi Zoo, Milan)

**Nov. 15-24:** [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)

**Nov. 16:** [Festival of Trees Parade](#) (Downtown Davenport)

**Nov. 16:** [Lighting on the John Deere Commons and Holiday Pops Concert](#) (Downtown Moline)

**Dec. 1:** [19<sup>th</sup> Century Christmas](#) (Butterworth Center, Moline)



# Island Insight



**Joel Himsl**, Garrison Manager; **Eric Cramer**, Public Affairs Officer; **Mark Kane**, Editor

The Army publication, *Island Insight*, is an unofficial publication authorized under [AR 360-1](#) to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processor software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal Garrison Public Affairs Office. Contents of *Island Insight* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of *Island Insight* is the responsibility of the Rock Island Arsenal Garrison Public Affairs Office. [Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged.](#) All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMNE-RIA-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight](#); [usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil](mailto:usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil); Phone: (309) 782-1121. The *Island Insight* is [available on-line](#).

**BRAIN INJURY**  
AWARENESS MONTH  
MARCH 2013

TRACK  
TRAIN  
TREAT

Serving To Heal...Honored To Serve

armymedicine.mil

