



Feb. 23, 2015

Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Garrison Internet page under "Information" and on the installation website at www.usagria.army.mil under "News" and then "Local News."

Island Insight Submission: <https://home.ria.army.mil/sites/ii/ii.cfm>

Sections:

- [Arsenal Traffic/Construction](#)
- [Building/Space Closures](#)
- [Active Duty/Reserve Zone](#)
- [Safety Spotlight](#)
- [Equal Employment Opportunity Focus](#)
- [Morale, Welfare & Recreation \(MWR\)](#)
- [MWR Leisure Travel Office](#)
- [Child, Youth & School Services](#)
- [Army Community \(ACS\)](#)
- [Employee Assistance Program](#)
- [Education/Training Review](#)
- [Defense Commissary Agency/PX](#)
- [Arsenal Archive](#)
- [Healthbeat](#)
- [Notes for Veterans](#)
- [Around the O.C.](#)

First Black Submarine Commander Discusses Racial Issues During Career

The first black U.S. Navy submarine commander didn't always get the respect from sailors that officers are due. But he followed his heart during racially heated times to one day find himself making history.



About 150 people gathered in Heritage Hall for Rock Island Arsenal's Black History Month Observance here, Feb. 25. Retired Navy Capt. C.A. "Pete" Tzomes, a U.S. Naval Academy graduate, was the guest speaker. "I have provided some examples of my Navy experiences, not for sympathy or anything similar," he said. "I would like for everyone to recognize how much things have improved over the past forty years. I'm proud to have served my country and all the credit is not mine for being the first black to succeed in the Navy's submarine force. I could not have succeeded without support and cooperation from non-African American, as well as other African American officers and sailors." ([More](#))

Upcoming Dates

- March 2-6:** Severe Weather Awareness Week
- March 3:** OCONUS Briefing, ACS, Bldg. 110, 9:30-11:30 a.m.
- March 5:** Army Family Team Building Class, ACS, Bldg. 110, 9-10 a.m.
- March 6:** Sponsorship Training, ACS, Bldg. 110, 12-1 p.m.
- March 6:** Island-Wide Social, Arsenal Island Clubhouse, Bldg. 312, 4 p.m.
- March 8:** Daylight Saving Time Begins
- March 10-11:** DA Photos, Bldg. 56 Basement, 7:20 a.m. – 3:40 p.m.
- March 10:** Community Special Events Committee Meeting, Bldg. 60, Heritage Hall, 1 p.m.
- March 11:** Tenant Senior NCO Meeting, Bldg. 312, Arsenal Island Golf Clubhouse, 11:30 a.m.
- March 18:** Council of Colonels, Bldg. 312, Arsenal Island Golf Clubhouse, 11:30 a.m.
- March 19:** DeCA AAFES & FMWR Advisory Council Meeting, Bldg. 90, Rm. 12, 1 p.m.
- March 20:** Hearts Apart Support Group, ACS, Bldg. 110, 10-11 a.m.
- March 23:** Women's History Month Observance, Bldg. 60, Heritage Hall, 1 p.m.
- March 24:** Retirement and Retreat Key Leader Rehearsal, Bldg. 60, Heritage Hall, 1 p.m.
- March 25:** Retirement and Retreat Full Dress Rehearsal, Bldg. 60, Heritage Hall, 1 p.m.

First Army Civilian's Volunteer Organization Mentors Local Youth

During her time in the Air Force, Tammy Vesey had the values of "service before self," "integrity first" and "excellence in all we do" drilled into her. Although she left the service several years ago, she kept those values and used them when founding Quad Cities Women in Action, an organization which mentors area youth. The 3-year-old organization gets teenage girls involved in the community, while providing them leadership and direction for the future. "I always try implementing those military values when I'm talking to those kids," Vesey said. "The biggest thing I teach those girls is, 'Do what's right when nobody's looking.' I also teach them about being leaders." ([More](#))



AMC Best Warrior Re-Ups for 3 Years, Hopes to Fly

The U.S. Army Materiel Command's Noncommissioned Officer of the Year signed up for three more years of Army service, Feb. 20. A nine-year veteran with tours in both Iraq and Afghanistan, Staff Sgt. Kevin Hopson, U.S. Army Sustainment Command, said he hopes to participate in the Army's flight program. "I was a 19 year old PFC (private first class) when I rode in my first helicopter," Hopson said. "I felt nothing but pure exhilaration as we flew over Baghdad and could not stop smiling for hours after the flight. Since that day it has always been a dream of mine to become a helicopter pilot." ([More](#))



U.S. Army Audit Agency-Rock Island Part of Agency Named Best Places to Work in Federal Government; Five Consecutive Years

U.S. Army Audit Agency has once again been named one of the Best Places to Work in the Federal Government by the Partnership for Public Service. This is the fifth consecutive year the agency has been officially recognized for placing in the top ranks of the Partnership's competition. USAAA placed 2nd of 224 subcomponent organizations in 2010 (the first year the agency competed in the rankings); 2nd of 240 subcomponents in 2011; 1st of 292 subcomponents in 2012; 3rd of 300 subcomponents in 2013; and 5th of 315 subcomponents in 2014.

According to a Partnership representative, no other subcomponent organization has ever placed in the top five for 5 consecutive years. This is an impressive accomplishment and one that speaks to the high level of satisfaction staff have for the agency's mission of serving the Army's Soldiers, civilians, and families and helping Army leaders remain great stewards of the resources entrusted to it. ([More](#))



McHugh Details Sequestration Dangers, Talks Army Priorities

If sequestration triggers this year it will affect every person and mission the U.S. Army has, Army Secretary John McHugh said during a Defense Writer's Group breakfast, Feb. 25. McHugh told reporters that right now his top three priorities are the budget, anything dealing with deployed or forward-deployed forces and combating sexual assault and sexual harassment. The Budget Control Act of 2011 is still the law of the land and that imposes caps on military spending. For fiscal 2014 and 2015, Congress provided relief, but the caps are due to come back in full force in fiscal



2016. If that happens, the active-duty force would drop to 420,000 Soldiers. Today, the force is just under 500,000. ([More](#))

Pot Became Legal In D.C., Does Anything Change for Federal Workers?

Marijuana became legal in the District of Columbia this morning, but federal-workforce rules remain unchanged for the roughly half million U.S. government employees and military personnel who live in the area. Since 12:01 a.m., local authorities have allowed anyone 21 and older to possess up to 2 ounces of pot, although the drug is still prohibited on federally administered properties such as the National Mall, Rock Creek Park and even public housing. & A 1986 executive order from President Ronald Reagan requires the federal workplace and workforce to be drug-free. It includes especially strict rules for personnel who either hold security clearances or apply for them. ([More](#))



White House, Lawmakers at Odds Over Pay Raise

Lawmakers and the White House continue to clash over the size of a potential federal pay raise for 2016 even as federal employee groups look to offset years of pay freezes. President Obama is proposing a 1.3 percent pay raise for federal employees, slightly higher than the 1 percent federal employees received for fiscal 2015, but still low by historic standards. Meanwhile, some prominent Republicans agree in principal to a federal pay raise, but have not said whether they agree with President Obama's proposed increase. ([More](#))



Corps to Host Boating Safety Classes

Boating can be a fun and entertaining summer activity but one close call on the water can end it all. To help get ready for the upcoming boating season, the U.S. Army Corps of Engineers, Mississippi River Project will be offering free boating safety education classes at the Mississippi River Project Office in Pleasant Valley, Iowa. Classes will be offered **March 14, March 28, April 11, April 25, and May 2**. Only one eight-hour class is required to complete certification. Pre-registration is required, space is limited, and the classes fill quickly. To register, contact the park rangers at (309) 794-5338.



ICE Program Survey

Please use the link below to answer five questions on how to improve the ICE program at Rock Island Arsenal (some users may have to copy and paste the link into their browsers). www.surveymonkey.com/r/MD5MQQB Thank you for your participation.

Tax Season Is Here

Income tax filing season is here and the Rock Island Arsenal will again host a free tax assistance center. The Rock Island Arsenal Tax Center, located on the 1st Floor of Bldg. 390, will be operational effective Jan. 28. The tax center serves members of the RIA community eligible for legal assistance services - primarily active duty service members, military retirees, and family members. In a change from recent years, an appointment is required and there is no "drop-off" service. Appointments will be available weekdays, 8 a.m. to 3 p.m., starting the last week of **January through April 15**. Most appointments can be expected to take about an hour,



with more complex returns taking longer. In accordance with IRS guidelines, the tax center may prepare and submit most – but not all – federal and state income tax returns. For example, we cannot prepare returns for a home-based business. If you expect your return to be complex, please discuss that with us when you call, and we can advise as to whether we will be able to prepare your return. To schedule an appointment please call 309-782-1709/8457. Please bring the following to your appointment: a photo ID; your social security card (or official SSA correspondence with your SSN on it); documents showing income of any type (W-2s, 1099s, etc.); documents to support any deductions/credits; copy of last year's return; direct deposit information; dependents' birth dates.

Blood Drives

The Mississippi Valley Regional Blood Center is hosting a blood drive in the Arsenal Club (first floor, Bldg. 60), on **Friday, March 13, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at 563-359-5401, ext. 119. A 3rd shift blood drive will be held in the Cafeteria (Bldg. 211) beginning at 2:15 a.m. on **Thursday night, March 19**. To sign up for a blood drive held on either the 2nd or 3rd shift, donors should contact their shift supervisor.



Charlie Corpuscle asks, "How many units of blood were donated for patients at our local hospitals through blood drives held on Arsenal Island in 2013?" Answer: 969. FYI – Each of those donations can touch the lives of as many as four patients in need!

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).

VIOS Schedule for March

Official DA Studio Photography (DA, Government passport and command photos) will be offered at Rock Island Arsenal on **March 10, 11, 12**. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the [VIOS site](#) for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active duty Soldier's DA photos; 2. Official government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - command photos will be printed and available digitally. Additional prints can be ordered in [VIOS](#). To obtain an official government passport photo: 1. Schedule a passport photo appointment at the [RIA VIOS website](#). 2. Go to transportation to obtain a printed DA Form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA Form 3903 to the photographer before the passport photo is taken. You will receive two 2" x 2" passport photos. All scheduled dates can be found on the [RIA VIOS website](#) FAQ.

Installation Information Forum & Island-Wide Social

Join your Island colleagues at Heritage Hall & the Lock & Dam Lounge (both in Bldg. 60), Thursday, **March 5**, at 3 p.m., for an informational update on what's going on at Rock Island Arsenal immediately followed by a fun evening of appetizers, drinks, networking, and socializing

and karaoke. This event is open to the entire RIA workforce. Call 309-782-8603 for more info. ([Flyer](#))

Denim & Diamonds Dinner and Charity Auction

The Rock Island Arsenal Welcome Club invites you to the inaugural Denim & Diamonds Dinner and Charity Auction on **April 10**, 6-10 p.m., at the Arsenal Island Golf Clubhouse. Cost is \$25 per person which includes dinner; menu items include BBQ buffet, brisket and chicken, potato salad, baked beans, and peach cobbler. All proceeds to benefit scholarship and community outreach grants. Point of contact is Norricia Speights, vice president, RIAWC, at 309-206-4763, RIAWCVP@yahoo.com.

Honor Flight Golf Outing

Join us for the Inaugural R.I.A. Federal Credit Union Honor Flight Golf Outing, Friday, **April 24**. Check-in begins 11 a.m. - 12 p.m. with a shotgun start at 12:30 p.m. Cost is \$300/team or \$75/person. There's a 36 team limit. Lunch will be provided at check-in. A 19th Hole Party at the Clubhouse is also included. Proceeds will benefit Honor Flight of the Quad Cities. Send registration and/or sponsorship payment(s) to: Jake Ward, R.I.A. FCU, PO Box 4750, Rock Island, IL 61204. POC for the event is Jake at 563-355-3800 ext. 7004 or jward@riafcu.com.

Arsenal Attic Thrift Shop & Boutique

During the month of March, the Arsenal Attic Thrift Shop, Bldg. 60 Basement, will be open from 9 a.m. until 4 p.m. every Tuesday, Thursday and 3rd Saturday (**March 21**). We've added this extra hour to accommodate our working customers. Remember, all proceeds go to providing scholarships for our military family seniors and continuing education students. We believe in this very worthy cause and hope you'll stop in to your Thrift Shop. POC 309-782-6977.



Arsenal Island Employee Local Discounts

The following discounts are exclusively available to Arsenal Island employees — **Chocolate Manor:** All Arsenal Island military and civilian employees will receive a 10 percent discount off their total purchase on any of our award winning homemade chocolates at 110 E. 2nd St., Davenport, just show your ID. **Roosters Sports Bar and Grill:** All military and civilian's get 10 percent off their bill. Come head down for lunch at 2130 3rd St., Rock Island, new specials daily. **Peachwave Frozen Yogurt:** Peachwave, 3431 Devils Glen Rd., Bettendorf, offers a 10 percent discount every day to all military and veterans. *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*



Arsenal Traffic/Construction

C

Parking Closure Near Bldg. 64

Beginning Sunday, **March 1** through Wednesday, **July 1**, the Directorate of Public Works will begin replacing the roof on Bldg. 64. Parking along the east side of the street (2nd Street) will be closed **March 1 through May 8**. Parking along the west side of the street (3rd street) will be closed

April 17 through July 1. During these closures fencing, barricades, and signage will be positioned, as required. Timeframes may be extended depending on weather related issues.

Reserved Parking for March 26 Retirement/Retreat Ceremony

Sixty-four spaces in Lot 3B along North and Gillespie North of Bldg. 360 will be reserved to support the RIA Retirement and Retreat Ceremony on **March 26**. If you have any questions or concerns, please feel free to contact your labor relations specialist or ombudsmen.

Rock Island Viaduct Sidewalk Closed to Pedestrians

"Sidewalk Closed" signs have been erected at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents. Attached illustration indicates the suggested alternative route (STR276 American Discovery Trail and Pedestrian Bridge) during the closure.

Future Ft. Armstrong Construction

In the upcoming construction season, Rock Island Arsenal will be performing work on the intersection of Ft. Armstrong Drive and Rock Island Drive. This work will result in a full vehicle closure for the Installation's Rock Island Gate and Rock Island Viaduct, as well as restricting vehicles crossing the Government Bridge to "Installation-only" traffic. The American Discovery Trail will remain open. Construction is expected to last approximately two months, barring major weather delays. The exact construction start date is currently unknown. However, we have been coordinating with external agencies in an effort to minimize impact to the surrounding communities.



Building/Space Closures



There are no announcements at this time.



Active Duty/Reserve Zone



Freedom's Sentinel Now Qualifying Operation for Afghanistan Campaign Medal

Troops who have participated in Operation Freedom's Sentinel now qualify for the Afghanistan Campaign Medal, the Pentagon announced Thursday. The previous qualifying Afghanistan operation was Enduring Freedom, a combat mission which ended in December. The U.S. military has transitioned to Freedom's Sentinel, an advise and assist mission with a relatively small counterterrorism component. For the purposes of the military awards, the campaign in Afghanistan has been divided up into the following phases. ([More](#))

Senior Enlisted Advisors: Uncertainty Affects Quality of Life

Service members and their families are concerned about potential sequester-caused cuts to the military's budget and possible changes to quality of life, pay and compensation programs, the services' senior enlisted advisors told a House panel here Feb. 25. Sgt. Maj. of the Army Daniel A. Dailey, Master Chief Petty Officer of the Navy Michael D. Stevens, Sgt. Maj. of the Marine Corps Ronald L. Green, and Chief Master Sergeant of the Air Force James A. Cody appeared before the House Subcommittee on Military Construction and Veterans Affairs to discuss their respective branches quality of life. ([More](#))

Course Aims to Improve Marksmanship Across Army

In June 2014, during the Maneuver Warfighter Conference, Maj. Gen. Scott Miller, commanding general of the Maneuver Center of Excellence, or MCoE, addressed an area many leaders in the operational Army had expressed concerns about - marksmanship. "There have been studies in recent years that have shown that due to the War on Terrorism, marksmanship has degraded in the Army," said U.S. Army Marksmanship Unit, or AMU, Command Sgt. Maj. Issac Ragusa. "There's been a need for us to develop and improve our leadership and teaching capabilities on how to teach people how to shoot." ([More](#))

DoD Salutes Guard, Reserve Family Readiness Programs

The war on terrorism that began with the 9/11 attacks has meant that unprecedented numbers of reserve troops have been called to active duty. Today, the Department of Defense, as it has done for the past 15 years, honored the top unit in each reserve component for its outstanding programs that support unit missions and family readiness. Richard O. Wightman Jr., principal deputy assistant secretary of defense for reserve affairs, hosted the Pentagon's Reserve Family Readiness Awards. He expressed the department's gratitude for family readiness support programs around the country that allow soldiers, sailors, Marines, airmen and guardsmen to serve around the world without having to worry about the challenges of life on the home front. ([More](#))

USO Taco Bar Geo-bachelors & Singles Dinner

USO of Illinois–Rock Island is having a Taco Bar Dinner for geo-bachelors and singles dinner beginning on **March 4**, 5-6:30 p.m., in USO Rock Island Center, Bldg. 110. This event will be held the first Wednesday of every month. Active duty, Reserve, and National Guard members of all branches are welcome. Please RSVP with Jackie Inman, USO director, at 309-782-3896.

Putnam Museum is a Blue Star Member Institution

The Putnam is now one of more than 2,000 museums across America to offer free admission to military personnel and their families this summer in collaboration with the National Endowment for the Arts, Blue Star Families, and the Department of Defense. Any active duty military personnel including National Guard and Reserve, and up to five family members, receive free admission to the Museum and Science Center **Memorial Day through Labor Day**. "We are honored and excited to be able to bring this program

to our Quad Cities Military families," said President and CEO Kim Findlay. "Through our participation in the Blue Star Museums program, we are able to show our continued support for all our active military and thank them for their hard work and sacrifices." Leadership support has been provided by MetLife Foundation through Blue Star Families. The program provides families an opportunity to enjoy the nation's cultural heritage and learn more about their new communities after



a military move. The complete list of participating museums is available at arts.gov/national/blue-star-museums.

Military 4-H Scrapbooking SPIN Club

Explore, Engage, Innovate... the world of scrapbooking. Take photos you have and create a scrapbook that will last a lifetime. Each month youth will learn a new scrapbooking technique and create a page. Snacks will be at each meeting. Eligibility includes military youth, ages 12-18. This program will meet every 3rd Wednesday of the month, **Feb. 18 to Dec. 16**, 5:30-7 p.m., in the Cassion Room, in Bldg. 60. Cost includes a supply fee of \$20; non-4-H members add a \$20 program fee (fee waivers available upon request). [Register online today!](#) Or for more information call the University of Illinois Extension, Rock Island County 4-H Office at 309-756-9978.

University of Illinois Extension provides equal opportunities in programs and employment. If you need a reasonable accommodation to participate call 309-756-9978 at least two weeks in advance.



Safety Spotlight



**ARMY SAFE
IS ARMY STRONG**



Cold Weather Injury Prevention for 2014-2015 Cold Weather Season

Cold weather-related injuries remain a significant threat to individual health and unit performance during training and operations. During the 2013-2014 cold weather season, there were 111 CWI reported among Soldiers, including 12 cases of hypothermia, a potentially life-threatening condition, and 95 cases of frostbite, which can lead to amputations. Commanders, supervisors, and service members at all levels will implement protective measures to prevent CWI to Soldiers and civilians during 2014-2015 cold weather season, now through May 31. USA commanders and leaders will ensure all personnel are educated about the prevention, recognition and treatment of CWI. CWI and other injuries related to cold weather include:

- Injuries due to decreased temperature (hypothermia, frostbite, nonfreezing cold injury).
- Injuries due to heaters (e.g., burns from fire, etc.).
- Carbon monoxide poisoning.
- Accidents due to impaired physical and mental function resulting from cold stress.

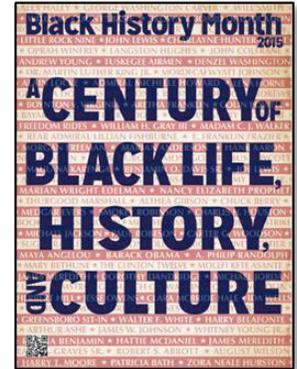
USA commanders/equivalent and officers are responsible for preventing CWI. Unit Non-Commissioned Officers are accountable for the health and safety of SM's and civilians. SM's and civilians are responsible for implementing personal protective measures. During cold weather exposures, any SM or civilian who exhibits unexplained shivering, exhaustion, memory loss, slurred speech, drowsiness, lack of coordination or mental status changes should be provided appropriate first aid and evacuated to the closest Medical Treatment Facility as quickly as possible, or if medical care not available, begin active warming of the SM or civilian by getting them into a warm environment, removing wet clothing, and keeping them warm and dry until medical care is available. ([Consult ALARACT 033/2015 for the rest of this instruction](#))

Equal Employment Opportunity Focus



African American/Black History Month: "A Century of Black Life, History, and Culture"

Each February, the United States Army honors the remarkable contributions of African American men and women in the building of the nation. The 2015 theme, selected by the Association for the Study of African American Life and History is "A Century of Black Life, History, and Culture." This theme highlights the fact that over the past century, African American life, history, and culture have become major forces in the United States and the world. A tri-signed letter signed by the Secretary of the Army, the Chief of Staff and the Sergeant Major of the Army honors the remarkable contributions of African American men and women. This letter pays tribute to the sacrifices and contributions African American Soldiers, civilians and families have made to the nation. The Army leadership has asked the entire Army family to publicly commemorate the significant contributions that continue to make the Army the premiere fighting force in the world. Army Strong! ([More](#))



Morale, Welfare & Recreation



Morale, Welfare & Recreation (MWR)

Visit the MWR website at www.riamwr.com for information on all MWR programs.

New Group Fitness Class at the Fitness Center

The Cardio Self Defense course is a workout that will increase your strength and flexibility. It is designed to not only train individuals on basic self-defense techniques but drill and strengthen those basic movements. This intense, total-body workout can improve strength, aerobic fitness, flexibility, coordination, and balance. It's a workout that blends elements of boxing, kickboxing and Brazilian Jiu Jitsu into a 60-minute exercise routine. Call 309-782-6787 for more info and to sign up. [Check out all the Fitness Center group fitness classes.](#) ([Flyer](#))

Arsenal Island Clubhouse, Island-Wide Social

Join your Island colleagues Friday, **March 6**, at 4 p.m., for a fun evening of appetizers, drinks, networking, and socializing and karaoke. This event is open to the entire RIA workforce. Call 309-782-8603 for more info.

Closure of Men's Dry Sauna

The RIA Fitness Center men's dry sauna will be closed for one month effective Feb. 17 due to renovations of the unit.

Group Fitness Class Survey

We want to hear from you. How can we structure our group fitness classes differently to make them more appealing and accessible to you? Please consider taking 1-2 minutes (that's all, we promise) to take this quick survey to tell us how we can serve you better. ([Survey](#))

Date Night Dance Classes

Come join local dance group, QC SoDa (QC Social Dancing), every Thursday, at 7 p.m., in Heritage Hall (Bldg. 60), for a fun evening of dance lessons in various styles including Swing, Salsa and more. Classes are \$8/person/class or \$35/individual or \$60/couple for the full six week session. Sign up and pay the first night you attend class. ([Flyer](#))

MWR Leisure Travel Office



Office Hours

Monday through Friday, 9 a.m. – 3 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. ([email](#)) ([website](#))

MWR Storage Units

Outdoor Recreation have several storage spaces available for rental. For more information please contact Outdoor Recreation at 309-782-8630.

Church Basement Ladies (The Last Potluck Supper)

All new show – the latest and final installment in the uproarious series, the lovely ladies of the church kitchen serve up a rib-tickling panorama of the Church's changes, without spilling a drop of their egg coffee. Leisure Travel has discounted tickets on sale until **April 11**. This is a show that always sells out.

Date: **Saturday, April 25**

Time: **5:45 p.m.**

Cubs vs. Cardinals Bus Trip

MWR Leisure Travel has a Cubs vs. Cardinals bus trip scheduled. Cost will be \$99 per person to include transportation and ticket to game. Seats are located in Upper Deck Box Outfield. Departing from RIA at 6 a.m. from the COL Davenport Pavilion. Limited alcohol permitted on chartered bus. Coolers must fit under the seats and not block the aisle. No glass bottles. No smoking permitted on motor coach. Estimated return time will be 8 p.m.

Date: **Saturday, Sept. 19**

Time: **12:05 p.m.**

Davenport Cinemark 53rd 18 + IMAX Theatre

Leisure Travel is selling Platinum Supersaver Prepaid Admission Tickets to Davenport Cinemark 53rd 18 + IMAX theatre (formally 53rd cinemas and RAVE cinemas) These tickets have no restrictions or expiration date.

Child, Youth & School Services



2015 Military Child of the Year Award – Recognizing Young Patriots

Operation Homefront is pleased to present the Military Child of the Year Award to outstanding military children who demonstrate resiliency, leadership and achievement. Recipients representing each service branch are recognized at a Washington, DC Gala celebration in April each year. The seventh annual award will be presented **April 16** at the Ritz-Carlton, Pentagon City, near Washington, DC. In addition to the trip to our nation's capital, recipients are awarded a laptop computer and a \$10,000 award. To learn more about Operation Homefront and the Military Child of the Year Award, please go to: www.militarychildoftheyear.org



Army Community Service



ACS is located in Bldg. 110, 1st floor SE; [Visit our ACS website](#) or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here](#). 24/7 Sexual Assault Hotline: 309-229-8412.

Army Community Service OCONUS Briefing

Are you going out of the country? If so make sure to attend the Overseas Orientation Briefing held on the first Tuesday of every month at ACS, in Bldg. 110, and learn specifics and tips about your new duty location. Individual relocation counseling is also available by appointment, call 309-782-0829 to schedule your appointment. ([Flyer](#))

ACS Army Family Team Building Level K (Knowledge of the Military) Class

This fun, interactive classroom training for military spouses, military personnel, community leaders, Family Readiness Groups, volunteers, DA civilians and contractors being held Thursday, **March 5**, 9-10 a.m., will give you a good working knowledge of what it means to be part of the Military community. These free classes are held Thursday mornings from 9-10 a.m. at Army Community Service (Bldg. 110). Please register no later than one week prior to the class session you wish to attend. See [the flyer](#) for a complete class schedule. Register by calling 309-782-0829.

Sponsorship Training

Have you been appointed to sponsor a new incoming Soldier/civilian? Make sure to attend our monthly sponsorship training session before your new Soldier/civilian arrives so that you can help them adjust to their new duty station quickly and hit the ground running. Training is held on the first Friday of every month from 12-1 p.m. at Army Community Service in Bldg. 110, and lunch will be provided for all service members courtesy of the USO. The next session is Friday, **March 6**. Registration is required by calling 309-782-0829. ([Flyer](#))

Employee Assistance Program



National Sleep Awareness – March 2015

Did you sleep well last night? Your answer to this question could tell others much about your mood and energy level today. It has been found that the emotion centers of the brain are over 60 percent more reactive after missing a single night's sleep ([ScienceDaily, 2007](#)). To anyone who has suffered a sleepless night, these results probably aren't surprising. However, they do offer insight into the link between depression, anxiety, and sleep problems. If you find that you have more than an occasional poor night's sleep, or if you feel exhausted during the day despite sleeping through the night, it may be a sign that you are suffering from depression, anxiety or another mental health condition. Because sleep is so important to your mental health, Rock Island Arsenal Employee Assistance Program is honoring National Sleep Awareness Week, **March 2-8**. Contact the EAP at 309-782-4357 for free and confidential counseling and referral assistance. You can also access an anonymous mental health screening at www.militarymentalhealth.org. Don't let depression or another mental health condition get in the way of your good night's sleep.

Education/Training Review



The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. [Please visit our website to learn more.](#)

Joint Services Transcripts

ACE provides quality assurance and policy guidance for the JST used by the Army, Marine Corps, Navy, and Coast Guard. More than 2,300 colleges and universities recognize these transcripts as official documentation of military training and experiences and applicable ACE credit recommendations. Some New Highlights: * Soldiers can now track when their transcript has been viewed by a college and who viewed it. No more guessing about whether the school received it or when. * JST has added the ability for the Service Member to name a counselor to receive it as well for counseling purposes. * In progress, is the ability for a Service Member to send documentation to JST if they find something out of order with their JST transcript. * Next steps for JST include the ability to request DoD High School transcripts for overseas schools and provide for electronic delivery. Graduates can receive records going back 60 years. Learn more about college credit for military service at <https://jst.doded.mil/smart/signIn.do>.

New CLEP & DSST Study Guides Available at the RIA Education Center

CLEP and DSST tests are a great way for those in the military to earn college credit. RIA Education Center, now, has the study guides available for you to check out. We have 59 different subjects available, each in their own dedicated book. Each subject is taught from beginning to end and most people do not need prior knowledge of the subject. Each study guide includes course material,

sample test questions and flashcards. Call or visit the Ed. Center, Bldg. 56, Room 118 or 309-782-2065.

Continuing Education Survey

In accordance with AR 621-5, the Garrison's Army Continuing Education Services office is required to administer an education survey to all military personnel on the installation every three years. Currently we have an MOU with St. Ambrose University which allows us to offer college courses on the installation at a reduced rate. For these reasons, the education survey has been developed for all military members and federal civilian employees on RIA. All responses are voluntary and anonymous; they will be tallied and taken into consideration when making decisions regarding educational choices at RIA. To help us meet the educational needs of the Rock Island Arsenal population, [please take the time to complete this survey at this link](#). This survey will end **Feb. 28**. If you have issues opening this link please [contact the education center](#). Your opinion counts.

NDIA Scholarship

The Iowa Illinois Chapter NDIA is accepting applications for its one-year \$2,000 scholarship. This scholarship is available to high school senior students of the NDIA chapter members and civilian and military employees on Arsenal Island. Scholarship applications can be found at www.ndia-ia-il.org. Applications must be postmarked no later than **March 24**. Call John Masengarb, 563-650-3252, for additional information.

NDIA Lifetime Achievement Awards

Nominations are being accepted for the Lt. Gen. (Ret) Lawrence Skibbie award for Lifetime Contributions to National Defense, the Maj. Gen. (Ret) William Eicher award for Lifetime Contributions to the Weapons Industrial Base and the Maj. Gen. (Ret) Paul Greenberg award for Lifetime Contributions to the Ammunition Industrial Base. Applications must be postmarked no later than **April 12**. Send nominations to Jimmy Morgan, 289 Niabi Zoo Road, Coal Valley, IL 61240 or jimcmorgan@aol.com. Application details at www.ndia-ia-il.org.

Sgt. Paul Fisher Scholarship

The Iowa Illinois Chapter NDIA is accepting applications for its one-year \$2,000 Sgt. Paul Fisher Scholarship. This scholarship is available high school seniors of active military, reserve, National Guard, or veteran in zip codes 61200-61699 in Illinois and 50000-52899 in Iowa. Scholarship applications can be found at www.ndia-ia-il.org. Applications must be postmarked no later than **March 24**. Call John Masengarb, 563-650-3252, for additional information.

Rock Island Arsenal Welcome Club Scholarship

The Rock Island Arsenal Welcome Club Scholarship applications are now available at the Thrift Shop and Education Center. There are two applications: high school seniors and continuing education students. The merit-based scholarship is open to applicants who have not previously received an RIAWC scholarship and who meet the RIA affiliation qualifications set forth in the application. Completed applications must be postmarked by **March 16**. Questions can be sent to scholarship chair Nicole Kirschmann at RIAWCscholarships2015@yahoo.com. Information for the 2015 RIAWC Scholarship can be found at www.facebook.com/RIAWC and <https://sites.google.com/site/rockislandarsenalwelcomeclub>.

Army Emergency Relief Announces Opening of Scholarship Application Period

Army Emergency Relief has announced the opening of its scholarship application period. Applications will be accepted from **Jan. 2** until **May 1**. AER supports both the Spouse Scholarship Program, as well as the Maj. Gen. James Ursano Scholarship Program for dependent children. Scholarship specifics and the applications are available on [AER's website](#). The Spouse Scholarship can be used for full or part-time students, while the Ursano Scholarship is only for full-time students. Last year AER awarded 3,637 scholarships, totaling more than \$8.8 million to Spouses and Children of Soldiers. "The entire scholarship process is on line," said Tammy LaCroix, manager for AER's scholarship programs. "Last year we found that the on line process worked best for those who downloaded the step-by-step instructions and used them as a checklist." "Applicants are able to create their own profile, submit their documentation online, and check their status," added LaCroix. "This proved to be a huge time saver for both the applicants and the scholarship staff." ([More](#))

RIA AUSA Scholarship Program 2015-2016

The Rock Island Arsenal Association of the United States Army announces the annual scholarship program for 2015-2016 school year. Applications are available on the RIA AUSA web site at www.ria-ausa.org. Eligible applicants must reside in the RIA AUSA geographical footprint covering eastern Iowa and western Illinois identified in the application, and be associated with the military as a current military member, veteran, family member or DoD civilian. Applicants can download the application and return it completed no later than **May 1** to the mailing address listed in the application form. Questions can be directed to the RIA AUSA chapter representative Tim Considine, at considinet@aol.com or by calling 512-565-4089.

Area Schools to Visit RIA

The [Army Continuing Education Systems Rock Island Arsenal](#) is coordinating with Quad-City area schools to have them visit with eligible Ed Center patrons where they will meet with school representatives and learn about educational opportunities in the Quad Cities. These visits will take place in Bldg. 56, Room 121, 10 a.m. – 2 p.m. The schedule for this fiscal year is: • Ashford University, **April 21**, and **July 23**; • Black Hawk College, **April 9** and **July 9**; • Eastern Iowa Community College, **March 5**, **April 2**, **May 7**, **June 4**, **July 2**, **Aug. 6** and **Sept. 3**; • Kaplan University, **May 14**, and **Aug. 13**; • Saint Ambrose University, **April 16**, and **July 16**; • Trinity College of Nursing & Health Sciences, **May 21** and **Aug. 20**; • Upper Iowa University, **May 13**, and **Aug. 12**.

KHAN Academy SAT Prep

The College Board has partnered with KHAN Academy to provide no cost SAT Preparation tutoring. Download and take a real, full-length practice test. Watch videos showing step-by-step solutions to problems you missed or found challenging, and get even more practice with unreleased questions from real SATs provided by College Board. After all that practice, it wouldn't hurt to take the full-length test again so you can get used to the feeling of answering all of the questions correctly. ([More](#))

Defense Commissary Agency / Exchange



The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: www.commissaries.com ([Facebook](#))

RIA MWR, Commissary and Post Exchange Advisory Council Meeting

The Rock Island Arsenal MWR, Commissary and Post Exchange Advisory Council will meet from 1-2 p.m., Thursday, **March 19**, in the second floor conference room of the Garrison headquarters, Bldg. 90. People interested in submitting questions to the council via Facebook can do so through that date on the following link: <http://on.fb.me/1zhL3aT>

DoD Plan Would 'Destroy' Commissaries, Industry Representatives Say

The Defense Department's fiscal 2016 budget request would slash taxpayer support of base grocery stores by \$322 million in 2016 and by \$1 billion next year, enough to "destroy" the shopping benefit, warns the American Logistics Association. ALA, which represents manufacturers, distributors and brokers of products sold in commissaries and base exchanges, released a position paper that contrasts DoD's plan to "wreck" commissaries with less onerous recommendations of a blue-ribbon panel to consolidate all base store operations to gain efficiencies. ([More](#))

Exchange Opens Earlier, Serves Breakfast

The Exchange located on Rock Island Arsenal began opening at 7 a.m. Oct. 1. Also effective Oct. 1, the Exchange began featuring heat-and-eat breakfast items at the front of the store. "We will be running these hours for two months to make sure that there will be demand to be open at 7 a.m.," said Carl Wolfe, store manager, Rock Island Exchange. "We are really hoping with the Exchange having an entire new 'Heat and Eat,' that we will cater to the Soldiers coming on the Island in the morning and we know a lot of them have PT in the mornings and this will give them a chance to grab something before they go in the office for the day." The new open-to-close store hours are 7 a.m. – 6:30 p.m., Monday through Friday; and 8:30 a.m. – 6:30 p.m. on Saturdays. The "Heat and Eat" items being sold in the mornings will include: Breakfast Tornadoes, Breakfast Deli Express sandwiches, Cappuccino, and coffee, Roller Bites, and Breakfast Style Pizza. The Exchange will also have a lunch menu to include: Tornado's, Deli Express hot and cold sandwiches, hot dogs, Polish sausage, jalapeno sausage, Roller Bites, egg rolls, and pizza. In addition, the Exchange will also have microwaveable meals, soup, and Asian noodles for sale all day long.



Arsenal Archive

Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

Rock Island Arsenal Historical Society Meeting

The Rock Island Arsenal Historical Society will have its monthly meeting at 6 p.m. on Thursday, **March 5**, in the Veranda Room of the Arsenal Island Golf Clubhouse. The menu for dinner will be plantation salad, breaded breast of chicken with tomato relish, rice pilaf and medley of vegetables, chocolate mousse. Dinners include rolls, breadsticks, coffee, tea and water. The total cost is \$14 per person including tax and tip. Our event is open to both members and non-members. Interested parties may choose to attend only the program portion of the meeting at 7 p.m. at no cost. The guest speaker will be Brian Alm, an independent scholar in Egyptology. For reservations call Monica at 563-650-4349 or Linda at 563-355-6165 or email chiicaliinda@aol.com. Reservations are due by Noon on Monday **March 2**. Cancellations must be made by the reservation deadline or you will be liable for cost incurred and billed accordingly. If further clarification is required on this notice, please call Kris Leinicke at 309-782-3518. Visit the RIA Historical Society's website at www.arsenalhistoricalsociety.org

This Week in Rock Island Arsenal History – Feb. 23-March 1

RIA received its first order of 1,000 M1897 French 75mm recuperators on Feb. 27, 1918. On March 1, 1876, RIA workers began cleaning and repairing small arms rifles. By June 1876, these workers had cleaned 3,700 rifles. Rock Island Arsenal had less than 500 employees on March 1898.

Healthbeat

Do Your Part to Stop Spread Of Measles

Measles vaccination is important, since we are protecting our children who are too young to be vaccinated against the highly infectious viral disease. The best way to prevent measles is by everyone getting vaccinated with the measles-mumps-rubella vaccine. Individuals who are vaccinated and immune to measles act as a shield around those who cannot get the shot, which includes children under 4 or individuals with allergies or illness. When vaccination numbers decrease, that shield (i.e. herd immunity) develops holes that the infection can slip through. Measles is highly contagious. ([More](#))

ArmyFit's Self-Development Website Gets Useful Upgrades

ArmyFit celebrated its first birthday recently, with the addition of several new features to its website. The site, at armyfit.army.mil, is designed to help improve quality of life for Soldiers, families and Army civilians. New features include email notifications and a fitness-tracker interface. But first, a quick overview of the site for those not familiar with it: ArmyFit is primarily a

resource site, a "really, really good resource site," said Chaplain (Lt. Col.) Stephen W. Austin, a program developer for the Army Resiliency Directorate, G-1, the organization responsible for collecting and posting the content. ([More](#))

Focus on Fitness, Health

By now, the allure of New Year's resolutions is gone and the beginning of self-deprecation is starting. Do not fret about it now; start today with focusing on goals to maintain fitness and overall physical health. Any type of exercise is better than no exercise. A simple goal could be doing a 10-minute brisk walk once a day. The healthy benefits of just 10 minutes of exercise are reduced blood pressure, decreases in overall weight and actually increasing your energy. Split this up in 5 minute bursts twice a day if you are a desk worker and you virtually reverse the effects of sitting all day according to one study. ([More](#))

TRICARE Tip of the Week – TRICARE Scam Alert

It seems evildoers aren't in short supply when it comes to getting personal information from you as a beneficiary. Never give out your personal information over the phone, even if the caller is saying they're with TRICARE. You can view current scams and get information on how to report them at: www.tricare.mil/ContactUs/ReportFraudAbuse.aspx Have a Great Tricare Day!



Notes for Veterans



Lawmakers Puzzled As to Why Few Veterans Going Outside VA For Care

Senators said Thursday a new multi-billion-dollar program to provide outside health care to veterans caught up in long waits at the VA does not appear to be working. Sen. Richard Blumenthal, D-Conn., pressed the Department of Veterans Affairs to figure out why the Veterans Choice program — estimated by Congress to cost \$10 billion — has only resulted in 30,000 veteran appointments since the program was launched in November. A second facet of the program that offers vets outside care if they live more than 40 miles from a VA health care facility has been used by just 44 beneficiaries, Department of Veterans Affairs Secretary Bob McDonald told the lawmakers. ([More](#))

Statement from Secretary of Veterans Affairs Robert A. McDonald on Oscar Win for HBO Documentary Highlighting Life-Saving Work of Veterans Crisis Line

Secretary of Veterans Affairs Robert A. McDonald issued the following statement on the Oscar win for the HBO documentary CRISIS HOTLINE: VETERANS PRESS 1. "We are pleased that this film has highlighted the challenges our Veterans can face and the work of our dedicated Veterans Crisis Line staff to save lives and get Veterans into care," said VA Secretary Robert McDonald. "We are hopeful that this documentary will help raise awareness of this important issue with the American public. Our Veterans in crisis need to know that there is hope and asking for help makes them stronger." ([More](#))

Around the Q.C.



C

Feb. 28: [2nd Annual Big Bacon Bonanza](#) (RiverCenter, Davenport)
March 2-8: [3rd Annual Quad Cities Restaurant Week](#) (Greater Quad Cities)
March 7: [24th Annual Women's Health & Lifestyle Fair](#) (RiverCenter, Davenport)
March 8: [Hand-in-Hand Special Needs Expo](#) (3860 Middle Road, Bettendorf, 9:30 a.m. - Noon)
March 13: [Gathering of the Clan Luncheon](#) (TBD)
March 14: [St. Patrick's Day Parade](#) (The District, Rock Island & Downtown Davenport)
March 26-29: [QCCA Flower and Garden Show](#) (QCCA Expo Center, Rock Island)
March 28: [Havana Daydreamn' 11th Annual Havana Daydreamn' by the Quad City Parrot Head Club](#)
(Waterfront Convention Center, Bettendorf)
April 11: [Bandits Race to Home 5K](#) (Modern Woodmen Park)
April 11: [Marine Corps League Trivia Night](#) (American Legion Post #26, 702 West 35th Street, Davenport)
April 11: [18th Annual Public Swap Meet](#) (QCCA)
April 18: [Quad Cities on Tap Craft Beer Festival](#) (QCCA)
April 25: March of Dimes March for Babies (Rock Island Arsenal, Memorial Park)
April 25: [Quad Cities Cruisers Cruise-In](#) (3-6 p.m., Davenport Learning Center, 1002 W Kimber Rd.)
May 2: [Festival of the Arts' Village in Bloom](#) (Village of East Davenport)
May 4-10: [Navy Week Quad Cities](#) (Quad City Area)
May 9-10: [29th Quad City Air Show, featuring the U.S. Navy Blue Angels](#) (Davenport Municipal Airport)
May 9-10: [Beaux Arts Fair](#) (Figge Art Museum Plaza, Downtown Davenport)
May 10-11: [Scott County Kennel Club AKC Dog Show](#) (QCCA)
May 16: [Quad Cities Cruisers Cruise-In](#) (6-9 p.m., Davenport Learning Center, 1002 W Kimber Rd.)
May 22-31: [Historic Homes & Gardens of the Scottish Highlands](#) (QC Botanical Center, Rock Island)
May 25: [50th Annual Quad Cities Criterium](#) (Village of East Davenport)
June 1-6: [25th Annual Quad Cities Senior Olympics](#) (1800 3rd Ave, Rock Island)
June 3, 4: U.S. Army & NDIA Small Business/APBI Symposium (iWireless Center)
June 5-6: [Rhubarb Festival](#) (Aledo, Ill.)
June 6: [QC Pridefest](#) (Downtown Davenport)
June 12-13: [Gumbo Ya Ya](#) (The District, Rock Island)
June 13: [Quad Cities Cruisers Cruise-In Carshow](#) (4-9 p.m., Davenport Learning Center, 1002 W Kimber Rd.)
June 13-21: [Quad Cities Museum Week](#) (Greater Quad Cities)
June 17-20: [Rally on the River](#) (Centennial Park, Davenport)
June 20: [2nd Annual Micro Brew Mile & 6K Road Race](#) (Moline)
June 21: [Ride the River Bike Ride](#) (Mississippi River bike paths, Iowa & Illinois)
June 28: [Blossoms at Butterworth](#) (Butterworth Center, Deere family homes, Moline)
July 3: [Red, White & Boom!](#) (The District, Rock Island & Downtown Davenport)
July 2-4: [Mississippi Valley Blues Festival](#) (LeClaire Park, downtown Davenport)
July 4: [Firecracker Run & Parade](#) (Run starts at 7:30 a.m. with the parade at 1 p.m., East Moline)
July 4: [Bettendorf Old-Fashioned 4th of July](#) (parade at 10 a.m.)
July 6-12: [John Deere Classic PGA TOUR](#) (TPC Deere Run golf course, Silvis, Ill.)
July 9-11: [Walcott Truckers Jamboree](#) (Iowa 80 Truckstop, Walcott, Iowa)
July 11: [Quad Cities Cruisers Cruise-In](#) (6-9 p.m., Davenport Learning Center, 1002 W Kimber Rd.)
July 15-19: [Rock Island County Fair](#) (Fairgrounds, East Moline)
July 24-25: [Downtown Street Fest](#) (2nd Street in downtown Davenport)
July 25: [Bix 7 Run/Walk](#) (Downtown Davenport)
July 30-Aug. 2: [Bix Beiderbecke Memorial Jazz Festival](#) (RiverCenter/Adler Theatre, Davenport)
Aug. 4-9: [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds, Davenport)
Aug. 6: [Freedom Run 5k](#) (Moline)
Aug. 7-8: [Ya Maka My Weekend](#) (The District, Rock Island)
Aug. 8: [Quad Cities Cruisers Cruise-In](#) (6-9 p.m., Davenport Learning Center, 1002 W Kimber Rd.)
Aug. 13-15: [Tug Fest](#) (LeClaire, Iowa & Port Byron, Ill.)

Aug. 15: [Floatzilla](#) (Sunset Marina, Rock Island)
Aug. 28-29: [River Roots Live](#) (Downtown Davenport)
Aug. 28-30: [World Series of Dragracing](#) (Cordova Dragway, Cordova, Ill.)
Sept. 5-6: [Rock Island Grand Prix](#) (Downtown Rock Island)
Sept. 5-7: [Labor Day Weekend Pow Wow](#) (Black Hawk State Historic Site, Rock Island)
Sept. 12: [Quad City Symphony Riverfront Pops](#) (LeClaire Park, downtown Davenport)
Sept. 12: [QCA Heritage Tractor Parade & Show](#) (John Deere Pavilion, Moline)
Sept. 12: [Quad Cities Cruisers Cruise-In](#) (6-9 p.m., Davenport Learning Center, 1002 W Kimber Rd.)
Sept. 12-13: [Beaux Arts Fair](#) (Downtown Davenport)
Sept. 18-19: [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)
Sept. 19: [Brew Ha Ha](#) (LeClaire Park, Davenport)
Sept. 19-20: [Riverssance Festival of Fine Arts](#) (Village of East Davenport)
Sept. 27: [Quad Cities Marathon](#) (downtown Moline)
Sept. 25-27: [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)
Oct. 10: [Trinity Quad Cities Classic Regatta](#) (Mississippi River in Moline)
Oct. 10: [Quad Cities Cruisers Cruise-In](#) (3-6 p.m., Davenport Learning Center, 1002 W Kimber Rd.)
Oct. 11: [Apple Fest](#) (Downtown LeClaire, Iowa)
Oct. 29: [Fright Night](#) (The District, Rock Island)
Oct. 24: [Lagomarcino's Cocoa Beano 5K Race](#) (Village of East Davenport)
Nov. 20-29: [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)
Nov. 21: [Festival of Trees Parade](#) (Downtown Davenport)
Nov. 21: [Lighting on the John Deere Commons](#) (Downtown Moline)
Dec. 4-6: [Heartland Emergency Response Conference Expo](#) (QCCA)



Island Insight



[Col. Elmer Speights, Jr.](#), Garrison Commander; [Eric Cramer](#), Public Affairs Officer; [Mark Kane](#), Editor

The Army publication, Island Insight, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of AR 360-1 by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office. [Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged.](#) All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight](#); usarmy.ria.imcom-central.mbx.usaq-ria-pa@mail.mil; Phone: 309-782-1121. [The Island Insight is available on-line.](#)

