

Feb. 17, 2014



Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Island Intranet under "Information" and on the installation website at www.ria.army.mil under "About USAG-RIA" and then "News" and "Local News."

Island Insight Submission: <https://home.ria.army.mil/sites/ii/ii.cfm>

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Rock Island Arsenal's Sgt. Audie Murphy Club Reaches Out to Local Children:

Sgt. 1st Class Darrick Dupree, Army Sustainment Command, spent part of his Valentine's Day speaking to about 550 Wilson Elementary students in Davenport, Iowa, about being the best they can be, Feb. 14. Dupree was inducted into the Sgt. Audie Murphy Club in 2009 -- an organization widely known for its

involvement in community outreach. "To me, the Audie Murphy Club meant the elite NCO's in the Army," Dupree said. "I knew I wanted to be a part of that. I also knew that being inducted into the Audie Murphy Club would be a great opportunity for me to do more for my community and family." On Valentine's Day, Dupree and fellow SAMC member, Master Sgt. Samantha Weatherspoon, Army Contracting

Command, spoke to the kids about the importance of setting goals and doing their best. Simultaneously, the school kicked off a new initiative that rewards children for positive behavior in a unique way. "Wilson Elementary School is starting a coin program," Dupree said. ([More](#))



"HOME OF US ARMY LOGISTICS"



NCO Is the Backbone of Local Mentoring Program:

Driving around the neighborhood that borders the southwest shore of the Rock Island Arsenal, Staff Sgt. Elvon Dixon knowingly gazes out the window.



"Here, you can't be soft" said Dixon. "You can't be vulnerable. You have to be real." Dixon, a contract specialist at Army Contracting Command-Rock Island, knows what it is like growing up in rough neighborhoods, having been raised in urban Detroit. He has seen his share of struggle and knows first-hand how youth react to living in deprived neighborhoods. ([More](#))

Illowa Bi-State Combined Federal Campaign Wraps Up 2013 efforts:

Federal, military and postal employees, donated \$401,096 to 733 local, national and international charities, through the Illowa Bi-



State Combined Federal Campaign during the recently-completed 2013 campaign. At a recent CFC awards ceremony, Col. Elmer Speights, Rock Island Arsenal Garrison commander, on behalf of Maj. Gen. John F. Wharton, commanding general of Army Sustainment Command and honorary chairperson of the local CFC, presented Scott Crane, president of the United Way of the Quad Cities Area, principal combined fund supervisory organization, with a check to hundreds of charities chosen by employees.

([More](#))

Report: Obscure Laws Say DoD Can Close Bases Without Congress:

The tug of war between the Pentagon and Congress about base closures might have gotten a little more interesting. According to a story published Wednesday in the online defense magazine Breaking Defense, largely forgotten laws give the Defense Department authority to close facilities without the Base Realignment and Closure process — without DoD even getting permission from Congress.

([More](#))



Upcoming Dates

Feb. 22: Dodge Ball Kids vs Parents, Bldg. 150, 11:30-1 p.m.

Feb. 25-26: Army Family Action Plan Conference

Feb. 26: African American/Black History Observance, Heritage Hall, 2 p.m.

Feb. 27: Community Information MTG, Arsenal Island Golf Clubhouse, 9 a.m.

Feb. 27: RIA Council of Colonels/Deputies Luncheon, Arsenal Island Clubhouse, 11:30 a.m.

March 5-7: First Army Spring Commanders Conference

March 10-14: Training- Unit Prevention Leader, Baylor Conf RM

March 11-13: DA Photo Studio on RIA

March 12: Tenant Senior NCO Meeting, Arsenal Island Clubhouse, 11:30 a.m.

March 14: Shamrock Sock-Hop, Heritage Hall, 6 p.m.

March 15: CASI St. Patrick's Day Road Race 5K, Government Bridge, 9 a.m.

March 19: EQCC, Bldg. 90, Room 25, 10 a.m.

March 20-21: Pet Vaccine Clinic, Bldg. 225 Bays,

March 20: AAFES and PX Advisory Committee, 1 p.m. (T)

March 25: Women's History Month Observance, Heritage Hall, 2 p.m. (T)

March 27: Community Information MTG, Arsenal Island Golf Clubhouse, 9 a.m.

March 27: RIA General Officer Board of Directors, Arsenal Island Golf Clubhouse, 3 p.m.

March 27: Right Arm Night, 4:30 p.m.

April 4: Installation Planning Board, Baylor Conference Room, 10 p.m.

April 5: ACS & CYS Child Abuse Awareness and Recognition of Month of Military Child, Fitness Center, TBD

April 6-11: Volunteer Appreciation Week

April 8: Holocaust Remembrance Day

April 8: Installation Volunteer Ceremony (TBD)



Secretary McHugh Discusses Leaner, More Capable Army:

Secretary of the Army John M. McHugh had a candid discussion about the future of the Army during a meeting this week with senior leaders and Soldiers at Fort Stewart and Hunter Army Airfield, Ga. "The Army is at a time of great transition and we are faced with a variety of challenges," McHugh said. "But there are some things we are certain of, and that is the men and women who put on this uniform -- great Soldiers doing what great Soldiers do." ([More](#))



GSA Offers Cash for Ideas to Reduce Federal Travel Costs:

The General Services Administration is offering \$35,000 to the winner of a competition to improve how the government mines and takes advantage of federal travel data. GSA posted a competition to the Challenge.gov platform Feb. 14 asking for a technology-based approach to identify ways for the agency to reduce travel



costs. Once it's proved at GSA, the developer must be able to provide it to all other agencies. ([More](#))

DoD Enters \$40.5M Joint Contract for Adobe products:

The Defense Department signed a three-year, joint enterprise license agreement (JELA) with CDW-G for Adobe products. The \$40.5 million agreement leverages the buying power of 2.6 million DoD personnel in the Air Force, Army and Defense Information Systems Agency. This is the second JELA the Pentagon has entered into and is similar to the first such agreement it made in December 2012 for Microsoft products. ([More](#))



Community Information Exchange:

All members of the Rock Island Arsenal community are welcome to attend this informative new forum, Thursday, **Feb. 27**, 9 a.m., where you can learn about upcoming events and programs for the entire family. The Info Exchange will be held at the Arsenal Island Golf



Clubhouse. Call (309) 782-0828 for more information. ([Flyer](#))

Army Family Team Building Brown Bag Seminars:

Bring your lunch and take Level (K): Knowledge of the Military one class at a time during your lunch hour. Each Tuesday lunch hour 11:35 a.m. – 12:25 p.m., **Jan. 21 through March 25**. Classes held at Army Community Service (ACS), Bldg. 110. To register call ACS (309) 782-0829 or on [TEDs](#). Please register no later than one day prior. ([Flyer](#))



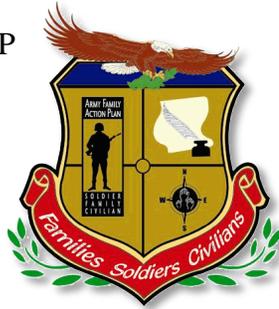
Newcomers Level I Antiterrorism Training:

The USAG-DPTMS will be offering the mandatory Antiterrorism Level I training on **Feb. 25**. The training is offered Arsenal wide and enrollment is encouraged thru [TEDs](#). Course Title: Garrison Antiterrorism Level I training (new employees), then enroll under the appropriate date. For tenants without [TEDs](#) access, the briefing will be in Bldg. 90, vase ment - room 14 (under stairway), 8-9 a.m. For more information, contact the USAG-ATO, (309) 782-4577.



Army Family Action Plan

Conference: Sometimes people need a soapbox to stand on to get their issues heard. Let the Rock Island Arsenal AFAP be the microphone for voicing your issues and solutions to improve our quality of Army life. What do you think? We want to hear from you. Do you have an issue that negatively impacts the quality of life for Soldiers, DA Civilians, Families or retirees? Do you have ideas about what RIA or the Department of the Army can do to improve our organizations, systems, processes, or guidelines to better serve members of the Army community? The AFAP is a mechanism for identifying things that need to be fixed and providing concrete solutions to address them. Members of the Army community submit issues that are then placed in workgroups at our AFAP conference for discussion. Issues must be measurable and within the purview of the DA or DoD to address. Issues may affect Soldiers (active duty, reservists, or members of the National Guard), family members, DA civilians, or retirees. Issues have to be submitted on [ArmyOneSource](#). Once on the site



login and on the drop down menu "Family Programs and Services" click Army Family Action Plan Issue Management and "Submit Issue." ArmyOneSource gives you the option of submitting issues anonymously or with your name. Be Heard.

Date: **Tuesday, Feb. 25**

Time: **8 a.m. - 4 p.m.**

Arsenal Attic Thrift

Shop: Shop at the Arsenal Attic Thrift Store every Tuesday, Thursday and 3rd Saturday, 9 a.m. – 3 p.m.
POC: (309) 782-6977.



VIOS Schedule for February, March,

April and May: Official DA Studio Photography (DA, Government passport and command photos) will be offered at Rock Island Arsenal **March 11, 12 and 13; April 22, 23 and 24; and May 6, 7, and 8** (Note changes to previous April dates). Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the VIOS site for more information. Walk-in appointments are not available. Photographs will be taken at the Photo

Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active duty Soldier's DA photos; 2. Official government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - command photos will be printed and available digitally. Additional prints can be ordered in VIOS. To obtain an official government passport photo: 1. Schedule a passport photo appointment at the RIA VIOS website. 2. Go to transportation to obtain a printed DA Form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA Form 3903 to the photographer before the passport photo is taken. You will receive two 2" x 2" passport photos. All scheduled dates can be found on the RIA VIOS website FAQ.

Women in Defense Spring Fashion

Show: Our WID spring fashion show is Saturday, **March 8**, at the Lodge in Bettendorf. Tickets are \$35 per person, \$65 for two or a table of eight for just \$240. There will be door prizes, a silent auction and 50/50 raffle. Sponsors include Younkers, Four Seasons, Teranga House of Diversity, CJ Banks, River Bandits, Gypsy Nails and the Fun



Co. Tuxedos. Go to getmeregistered.com or call (309) 787-5076 to reserve your seats now. This is a WID fundraiser for WID scholarships and other locally sponsored charities. See more details at www.widiic.org. WID is a 501(c)(3) non-profit organization. Want to volunteer, model or sponsor? Call Peggy at (309) 787-5076.
Time: **11 a.m.**

Blood Drives: The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, Feb. 21 & 21, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2nd shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **6:30 p.m. on April 18 & 25**. A **3rd shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on Feb. 22**. To sign up for a blood drive held on either the 2nd or 3rd shift, donors should contact their shift supervisor. The Rock Island District, U.S. Army Corps of Engineers is



hosting a blood drive on **Thursday, Feb. 20, 8 a.m. - 1 p.m.**, in the Clock Tower Annex Building, Bldg. 217, in the ABC Conf. Rm. ([Blood Transfusion En Route to Trauma Center Keeps Navy Vet Alive](#))



Charlie Corpuscle Says, "Can you donate blood if you have recently gotten a tattoo? Yes! As long as you went to a licensed facility for the procedure. If the facility you went to was licensed, there is no waiting period before you can again donate blood."



The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information click here.

WID Wisdom Lunch-n-Learn: WID is sponsoring a Wisdom Lunch-n-Learn on Thursday, **Feb. 27**, 11:15 a.m. to Noon in the Caisson Room, Bldg. 60. Dan Saskowski, Cardiac Rehab Program Administrator at UnityPoint Trinity, will present the topic "Symptoms of a Heart Attack in Women." Many of us know

people who have had a heart attack but were either in denial or didn't know what was going on. Join us so you can recognize the signs of a heart attack and know what to do for yourself or others if a heart attack occurs. Delaying action could have serious consequences. There is no charge for the lunch-n-learn, no RSVP required (but would be helpful for the room set-up). Bring your own lunch. Questions/RSVP may be directed to Dianne at (309) 912-2044 or dianne.wheeler5033@sbcglobal.net.

Arsenal Island Employee Local Discounts: The following discounts are exclusively available to Arsenal Island employees – **The Slice:** Right off the Moline Bridge exit, is offering \$2 off their pizza buffet with drink to Rock Island Arsenal workers. **Double Tap Firearms:** Double Tap Firearms offers a 10 percent firearm discount and \$15 firearm transfer fee in Illinois to active duty and retired military personnel in the QCA (📍). **Bennigan's Rock Island:** Arsenal employees, service men, service women you are always welcome at Bennigan's in Rock Island, and to show you how much your welcome here, we offer a 25 percent discount off your meal, any day any time (📍). **New Life Chiropractic Clinic:** Arsenal Island employees, we're offering you a 20



percent discount on our services ([🔗](#)).

Goebel Family Dentistry: Active duty members of the military receive a 10 percent discount on all services. All other Arsenal civilian employees who are new patients can receive either the free exam and x-rays or a free whitening treatment on their first visit ([🔗](#)). *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*



Arsenal Traffic/Construction



Future Ft. Armstrong Construction:

In the upcoming construction season, Rock Island Arsenal will be performing work on the intersection of Ft. Armstrong Drive and Rock Island Drive. This work will result in a full vehicle closure for the Installation's Rock Island Gate and Rock Island Viaduct, as well as restricting vehicles crossing the Government Bridge to "Installation-only" traffic. The American Discovery Trail will remain open. Construction is expected to last approximately two months, barring major weather delays. The exact construction start date is currently unknown. However, we have been coordinating with external agencies

in an effort to minimize impact to the surrounding communities.

Ash Wednesday Service: Father Mottet will offer Catholic Mass for those on Rock Island Arsenal wanting to participate. Protestants are welcome to attend and receive the imposition of ashes. POC: Sgt. DeLong at (309) 782-0910



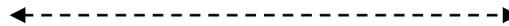
Date: **Wednesday, March 5**
Time: **11:30 a.m. - 12:15 p.m.**



Building/Space Closures



No Building/Space Closure related announcements this week.



Active Duty/Reserve Zone



Military Spouse Fun Night: Calling all military spouses. Are you looking for a chance to meet other military spouses? Come and join us for the opportunity to make a few new friends, have some fun, play a few games, or just chat. Light refreshments will be hosted by the USO.

The event will be held in Army Community Service & the USO center, Bldg. 110, 1st Floor, SE Wing. RSVP to [Jan Saito](#) at (309) 782-4736. ([Flyer](#))
Date: **Tuesday, Feb. 25**
Time: **6 p.m.**

Domestic Abuse Prevention Training:

Per AR 608-18, all Active Duty personnel are required to attend this annual training, Thursday, **Feb. 20 & 27**, 10 - 11 a.m., on the prevention of domestic violence and availability of treatment resources. This training is open to civilians and family members as well. To register and for more information please call (309) 782-0829. ([Flyer](#))

Operation Family Time Out: Open to military kids and kids of deployed civilian ages 6 weeks to 12 years. This past January at the Two Rivers YMCA, the kids had a 4-H science activity on magnets. They learned how to levitate objects using magnets. They had a super fun time learning how magnetic force works. Not only were they interested with the experiment but they had many questions about the topic. Frank, a 4-H volunteer, engaged the children in interactive, hands-on learning. We hope you can join us for another new science experiment and other educational



programs that are coming up. Upcoming Programs will meet at the following YMCAs, 1-5 p.m. Upcoming programs are as follows: • **March 8** at the Two Rivers YMCA • **April 12** at the Davenport YMCA • **May 10** at the Two Rivers YMCA.

Walk-In Pet Vaccination Clinic: The Great Lakes Veterinary Services will be hosting a pet vaccination clinic Thursday, **March 20**, 1-6 p.m.; and Friday, **March 21**, 8 a.m. – 1 p.m., at the Rock Island Arsenal Fire Department. All active duty military, military reserve and National Guard, military retirees, and dependents with valid identification cards are eligible to use this service. There is a charge for all services provided with payment in cash or check only. Please see [our website](#) for prices. Questions? Please call at (847) 688-5740 ext. 4.



Tax Assistance Center: Income tax filing season is here, and Rock Island Arsenal will again host a free tax assistance center. The tax center serves members of the RIA community eligible

for Legal Assistance services— primarily active duty service members, military retirees, and family members. In a change from recent years, an appointment is required and there is no “drop-off” service. Appointments will be available weekdays, 8 a.m. to 3 p.m., **Jan. 28 through April 15**. Most appointments can be expected to take about an hour, with more complex returns taking longer. In accordance with IRS guidelines, the tax center may prepare and submit most – but not all – federal and state income tax returns. For example, we cannot prepare returns for a home-based business. If you expect your return to be complex, please discuss that with us when you call, and we can advise as to whether we will be able to prepare your return. To schedule an appointment please call (309) 782-8457/1894. Please bring the following to your appointment: a photo ID; your social security card (or official SSA correspondence with your SSN on it); documents showing income of any type (W-2s, 1099s, etc.); documents to support any deductions/credits; copy of last year’s return; direct deposit information; dependents' birth dates.

Bix 7 Road Race 40th Anniversary: Ed Froehlich, race director of the Bix & Road Race, has informed the community

that this year's race will be free to all active duty military. The race is on **July 26** in Davenport. The 7 mile road race is annually held during late July, in the streets of downtown Davenport. The race was founded in 1975 by John Hudetz, a resident of Bettendorf, Iowa. After competing in the 1974 Boston Marathon, Hudetz was inspired to bring the excitement to the Quad-Cities with a race of his own. The inaugural race had a field consisting of eighty-four runners. Today the race is often run by 12,000 to 18,000 runners. ([More](#))



Safety Spotlight



Beware of Icy Walking & Driving

Conditions: Melt - freeze - melt - freeze; it's a vicious cycle. The day time temperatures have been warm enough to melt the snow. Evening temperatures drop, and cause the melted snow to re-freeze, causing icy conditions on sidewalks and in parking lots in the mornings. This is yet another message to inform you icy conditions. It may look wet, but it could be ice. Please take your time, look for



and anticipate slippery conditions. Walk slowly and drive carefully.



Equal Opportunity Focus



2014 RIA African American/Black History Month Observance: The 2014 Rock Island Arsenal's African American/Black History Month Observance will be held on **Feb. 26**, 1-2 p.m., at Heritage Hall, Bldg 60. The guest speaker will be Dr. Christopher M. Whitt of Augustana College. He will be speaking on this year's theme "Civil Rights in America." We will also have a guest performer, Kevin "BF" Burt - Bluesman Extraordinaire. The theme is decided each year by the Association for the Study of African American Life and History. The story of Black History Month begins in 1915, half a century after the Thirteenth Amendment abolished slavery in the United States. That September, the Harvard-trained historian Carter G. Woodson and the



prominent minister Jesse E. Moorland founded the Association for the Study of Negro Life and History, an organization dedicated to researching and promoting achievements by black Americans and other peoples of African descent. Known today as the Association for the study of African American Life and History, the group sponsored a national Negro History week in 1926, choosing the second week of February to coincide with the birthdays of Abraham Lincoln and Frederick Douglass. The event inspired schools and communities nationwide to organize local celebrations, establish history clubs and host performances and lectures. In the decades that followed, mayors of cities across the country began issuing yearly proclamations recognizing Negro History Week. By the late 1960s, thanks in part to the Civil Rights Movement and a growing awareness of black identity, Negro History Week had evolved into Black History Month on many college campuses. President Gerald R. Ford officially recognized Black History Month in 1976, calling upon the public to "seize the opportunity to honor the too-often neglected accomplishments of black Americans in every area of endeavor throughout our history." Since then, every American president has designated February as

Black History Month and endorsed a specific theme. Every member of the island and their families are invited to attend the observance. The observance is available in [TEDs](#). To register please use keyword "2014 Black History." For more information on African American/Black History Month please visit [The Library of Congress](#), and [Stand-To!](#). For more information on the Association for the Study of African American Life and History please visit [www.asalh.org](#). For additional information or accommodations please contact [Sgt. First Class Raymond Gonzalez](#), Equal Opportunity Advisor US Army Sustainment Command, (309) 782-3021.



Morale, Welfare & Recreation (MWR)



Visit the MWR website at [www.riamwr.com](#) for information on all MWR programs. Also [click here](#) to become a fan on Facebook, or Twitter [@golf1897](#), and stay up to date on all the great MWR offerings here at the Arsenal.

New Fitness Center Classes: Group fitness classes at the Fitness Center are a great way to get those New Year's



resolutions off to a running start. With a wide variety of class styles including rowing, spinning, yoga, TRX and our new 20:20:20 & Fit For Life classes there is sure to be something for all. [Visit here](#) for full class schedules, descriptions and prices or call (309) 782-6787.

Sign-up for Adult Dodgeball League:

Friday, **Feb. 28**, is the last day to sign-up. Get your team of up to eight players together and get ready to duck, dodge and dominate the dodge ball court. Sign-up for this co-ed adult league ends on Feb. 28 and games start on March 11. Games will be played on Tuesday nights and cost is \$80/team. For more info and to sign up, please call (309) 782-6787 or just stop into the Fitness Center. ([Flyer](#))

Carwash Notice: With all the salt on the roads this time of year the carwash bay located in the Auto Skills Shop (Bldg. 351) is a great place keep your vehicle clean, shiny and rust free. If you do use the carwash please remember to close the door to the wash bay when you are finished as this cold weather wreaks havoc on the water pipes and will shut down the system.

Trivia Night: Get up to seven of your smartest friends, Thursday, **March 6**, at

6 p.m., and come wage a battle of wits against other trivia enthusiasts. This fun, multi-media, family friendly trivia competition held in the Arsenal Club (Bldg. 60) features a wide range of topics and is open to the public so invite all your trivia junky friends, the more players we get the better the prizes become. Cost is \$5/player or \$30/table of 8. Call (309) 782-6319 for more info and to sign up in advance. Advance reservations required. ([Flyer](#))

New Group Fitness Class: Fit For Life:

Fit For Life is a class designed to help you stay healthy, fit, and active throughout all stages of your life. This class combines low impact cardio, strength training, balance, and flexibility training. This class is also a great way to improve health, help you feel better, have fun, and socialize with others! Fit For Life will help individuals improve balance, posture, coordination, flexibility, strength, and endurance through instructed guidance using light weights, resistance bands, stability balls, medicine balls, indoor track and various other pieces of equipment. The class is offered in six-week sessions for \$18 for civilians and \$16 for military or just try 1 class and pay the drop-in fee of \$3/class. Call (309) 782-6787 for more info and to sign up. ([Flyer](#))

Time: **9-9:45 a.m.**

MWR 2014 Garden Plot Sign Ups: Do you have a green thumb but no place of your own to dig in the dirt? Sign up to use one of our garden plots this spring to grow all your favorite fruits, veggies, flowers, etc. Each plot is approx. 20' x 20' and can be rented for the entire growing season for just \$25 + \$100 refundable cleaning deposit. Sign-ups will be staggered and allotted based on patronage eligibility. Signups for this season's MWR Garden Plot Program at Outdoor Recreation Bldg. 333 are: Active duty military – **March 3**; retired military – **March 10**; and RIA civilians – **March 17**. For more information and complete details phone Outdoor Recreation at (309) 782-8630. ([Flyer](#))
Time: **8:15 a.m. - 4 p.m.**

MWR Leisure Travel Office

Office Hours: Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

BUNCO: Save the date on your calendar and let your family and friends know there will be a March BUNCO. \$5 entry fee; Arsenal Club will be open for



food and drinks. Door prizes and lots of fun. Please call Leisure Travel to RSVP (309) 782-5890.

Date: **Thursday, March 6**

Time: **6-8 p.m.**

Miss Abigail's Guide to Dating,

Mating & Marriage: This is the story of Miss Abigail, the most sought-after relationship expert to the stars (think Dr. Ruth meets Emily Post), and her sexy sidekick Paco, as they travel the world teaching Miss Abigail's outrageously funny "how-to's" on dating, mating, and marriage. Let Miss Abigail take you back to a simpler time, before booty calls and before speed-dating. Back when the divorce rate wasn't 50 percent and when "fidelity" was more than an investment firm. Discounted seats on sale until **March 1**.

Date: **Saturday, March 15**

Time: **5:45 p.m.**

Books Are Fun: Books Are Fun will be visiting Bldg. 60, Heritage Hall dining area for two days, 9 a.m. - 2 p.m. Stop by and check out all the discounted books and gift ideas they have to offer.

Date: **Wednesday, March 19**

Tales of a Fourth Grade Nothing:

Circa 21 children's theatre presents: Tales of a Fourth Grade Nothing. It is a

humorous look at family life and the troubles that can only be caused by a younger sibling. This play teaches children about responsibilities and how to recognize certain feelings they have, whether with family or friends, and that the emotions they have are ok.

Discounted seats on sale until **April 5**

... \$9 per person.

Date: **Saturday, April 19**

Time: **10 a.m.**

Monster Jam: Monster Jam will be coming to the iWireless Center for two days. Leisure Travel has discounted tickets available for \$20 for adults and \$13.50 for children under 12-years-old. On sale until **April 28**.

Date: **Saturday, May 17**

Time: **7 p.m.**

FMWR's 1st Nationwide Nascar Race

Bus Trip: Leisure Travel/Auto Shop have seats available for the bus trip to the Iowa Speedway in Newton Iowa. Bus will depart from the Auto Shop at 6:30 a.m. please arrive early for refreshments compliments of the Auto Shop. ½ stop to and from the Iowa Speedway. You are allowed to bring a small cooler. Cost of trip is \$69.

Date: **Sunday, May 18**

Time: **6:30 a.m.**

Walt Disney Military Promotion

Tickets: Disney has renewed the Armed Forces Salute for yet another year. The offer will run **Sept. 29, 2013 – Sept. 27, 2014**. Qualified individuals may purchase up to a maximum of six theme park tickets during the period. Four-Day Park Hopper tickets \$169 Four-Day Water Park & More tickets for \$169 Four-Day Park Hopper tickets plus the Water Park & More option for \$198, **April 13** (no theme park or water park use) **July 4** (no Magic Kingdom use) Please allow three weeks for ticket arrival when ordering.

Universal Studios Orlando: This special ticket is good for unlimited admission for three days over a seven consecutive day period from first redemption. Universal Orlando Resort is more than a theme park, it is an entire universe of action and thrills featuring two spectacular theme parks unlike anything else in Orlando. Ticket expires on **May 9**; unused days shall be forfeited.

Davenport Cinemark 53rd 18 + IMAX

Theatre: Leisure Travel is selling Platinum Supersaver Prepaid Admission Tickets to Davenport Cinemark 53rd 18 + IMAX theatre (formally 53rd cinemas



and RAVE cinemas) These tickets have no restrictions or expiration date.

Child, Youth & School Services

☉
Exploring Theatre Arts at the School Age Center: The kids at the School Age Center have had 4-H lessons on Theater Arts. They are learning how to become more confident and expressive in front of others. In February they will participate in activities that enhance their voices, facial expressions and body language. They will perform simple pantomimes in small groups. They will also be telling jokes and reciting tongue twisters in front of their peers. Last, they will participate in Reader's Theatre. The kids will practice scripts and then read them in front of an audience. This is a great way to encourage and develop reading skills while engaging in a cooperative and fun activity. Coming up in March, the kids will be participating in service learning activities. On **March 31** there will be a guest presenter from the American Red Cross. She will be teaching the kids about basic first aid. [For more information on what the School Age Center offers.](#)

Youth Summertime Activities Expo: Help us kick off Month of the Military Child and Child Abuse Prevention Month. Parents bring your children and join us for the Youth Summertime Activities Expo at the Fitness Center on Saturday, **April 5**, 10 a.m. – 1 p.m. Vendors from area organizations will be there to help you find the right activities to keep your child and family busy all summer long. The Expo will have vendors from four major categories: summer fun and activities; day and resident camps; volunteer opportunities; and education. All booths will have crafts and activities for children to do at the event plus there will be food available for purchase at the Island Oasis. QCA Children are invited to help "plant" a pinwheel garden with the Child Abuse Council, 8:30-9:45 a.m., in honor of Child Abuse Prevention Month. The pinwheels stand for the chance at the healthy, happy and full lives all children deserve. The pinwheel garden will remain in place for the entire month of April. For more information about a booth or the Expo contact [Katie Mettee](#) at (309) 782-2165. ([Flyer](#))
Date: **Saturday, April 5**
Time: **10 a.m. – 1 p.m.**

Covenant Cottage Child Development Home: [Covenant Cottage Child](#)

[Development Home](#) is available for backup, emergency, and hourly care for ages four weeks through 12 years. The home is located on post and is open from 6 a.m. – 6 p.m. Monday through Friday, Tuesday and Thursday evenings and Saturday mornings. Army Family Covenant Guidelines state deployed Soldiers are entitled to 16 hours free respite childcare per child, per month. For reservations call (309) 782-6793. We encourage you to call as far in advance as possible because spaces fill quickly.

Army Community Service (ACS)

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ACS is located in Bldg. 110, 1st floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here.](#) 24/7 Sexual Assault Hotline: (309) 229-8412



Military Saves Week: Military Saves Week promotes automatic savings to assist service members, their Families and DoD civilians reach their savings goals. As part of Military Saves Week



2014, scheduled for **Feb. 24 – March 1**, RIA Army Community Service Center and RIA Federal Credit Union are spreading the savings message, and urging the community to participate in Military Saves Week and take the Military Saves pledge. Military Saves Week is a great opportunity to help service members, their Families and DoD Civilians in our community to Set a Goal, Make a Plan, and Save automatically. The 2014 Military Saves Week theme is "Start Small. Think Big." To help the community save more successfully and encourage them to save, ACS and RIA Federal Credit Union offer military Families and DoD civilian employees the Military Saves Week. Military Saves Week encourages people to build wealth, not debt. Military Saves Week is coordinated by America Saves and the Consumer Federation of America in partnership with the Department of Defense. It is an annual opportunity for organizations to promote effective and responsible savings behavior and to provide an avenue for individuals to assess their own saving status. ([More](#))

Military Saves Week Lunch & Learn: Hosted by the RIA Federal Credit Union and Army Community Service, this 1.5 hour free seminar, Tuesday, **Feb. 25**,

11:30 a.m. - 1 p.m., at the Arsenal Island Golf Clubhouse for Military Personnel, will give you lots of good tips on saving and investing, setting financial goals, and planning for your family's future financial success. Please RSVP by **Feb. 20** by calling (309) 782-0815 or [email](#). ([Flyer](#))

Special Needs Informational Forum: The Special Needs Informational Forum is having a presentation on Learning Disabilities. Join us to learn more on ways to recognize the signs of the different types of learning disabilities and what to do if you suspect someone you know has a learning disability. Free onsite childcare with advance RSVP for children registered in CYSS. Free snack dinner for all attendees. For more information contact [Jan Saito](#) at (309) 782-4736. ([Flyer](#))
Date: **Thursday, March 6**
Time: **5:30-7:30 p.m.**



Employee Assistance Program

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For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday -

Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1st floor, East.

National Eating Disorders Awareness Week – February 2014: We've all seen the ads, if only you had this diet pill, exercise device, or meal plan you would feel attractive and happy. It can be tempting to think that changing your weight can solve the problems in your life. However, for the millions of people who struggle with eating disorders each year their initial diet or weight loss tricks spiraled out of control into a mess of isolating rituals, despair, and medical complications. Organizations across the U.S. are working to raise awareness of eating disorders and their prevention during National Eating Disorders Awareness Week, **Feb. 23- March 1**. The Rock Island Arsenal Employee Assistance Program would like to help you increase your personal awareness by reminding you of confidential counseling available to you and your dependent family members. Master-level counselors offer short-term counseling and referral assistance. The EAP is located in Bldg. 56, 1st floor, East Wing and appointments are available Monday through Friday, 7:30



a.m. until 5 p.m. Call (309) 782-4357 to schedule an appointment. The Rock Island Arsenal Employee Assistance Program staff hopes you will take advantage of this free and confidential service because eating disorders are treatable and you can feel better. Learn more about eating disorders at <http://nedawareness.org>. You can also access an anonymous mental health screening at www.militarymentalhealth.org.

Assertiveness Training: Do you want to learn strategies to communicate effectively and to enhance yourself personally and professionally? Sign up for Assertiveness Training. Classes will be offered **March 11, April 8, May 6, June 10, July 8, Aug. 12**, Tuesdays, 10:30-11:30 a.m., Bldg. 56, 1st Floor, Room 122. Sign up in [TEDs](#) (key word 'assertiveness') or call (309) 782-2552 to reserve your spot. Sponsored by: Employee Assistance Program

Time Management: Do you feel that there is never enough time in a day to get everything done? Would you like to learn some tips to become more organized and free up some time for more fun? Sign up for a Time Management class. Classes will be offered **March 25, April 22, May 13,**

June 24, July 22, Aug. 26, Tuesdays, 10:30-11:30 a.m., Bldg. 56, 1st Floor, Room 122. Sign up in [TEDs](#) (key word 'Time Management') or call (309) 782-2552 to reserve your spot. Sponsored by: Employee Assistance Program

PTSD Support Groups: Help is available if you or a loved one is experiencing symptoms of Post-Traumatic Stress Disorder. The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

Grief Support Group: Grieving? We can help. The Employee Assistance Program is sponsoring a support group for individuals who are mourning the death of a loved one. The group meets on Tuesdays, 3-4 p.m., Bldg. 56, 1st Floor, Room 122. For more information contact Rita Baugh, EAP counselor, at (309) 782-2552.

Stress Management: Do you want to learn effective strategies to reduce stress? Sign up for a Stress Management Class. **Feb. 25**, Tuesday, 10:30-11:30 a.m., Bldg. 56, 1st Floor, Room 122, Call (309) 782-4357 to reserve your spot.

Sponsored by: Employee Assistance Program.

Smoking Cessation Group: Do you want to learn effective ways to kick the habit? The Employee Assistance Program offers an ongoing educational support group for people who would like to quit smoking. The group meets each Wednesday, 3-4 p.m., at the EAP office located in Bldg. 56, 1st Floor, East Wing.



Education/Training Review



The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.

RIAWC Scholarships Available: The Rock Island Arsenal Welcome Club is now accepting scholarship applications from High School Seniors and Continued Education Students. Applicants must meet eligibility requirements stated in the scholarship application. Merit-based scholarships will be awarded in the amount of



\$750.00-\$1,500.00. Applications are available effective Jan. 15 from guidance counselors at local high schools and colleges, the Arsenal Attic (thrift shop), the fitness center, the commissary, by [email](#) or [download from our website](#). A link to the application can also be accessed on our [Facebook page](#) under the events section. Applications must be post-marked no later than **March 15**.

Don't Let Drugs Darken Your Future

Free Date Log Planners: There may not be such a thing as a free lunch, but there is such a thing as a free 2014 date log planner. The Army Substance Abuse



Program/Employee Assistance Program is giving away free date log planners to RIA Civilian and Military personnel. Just come to the ASAP/EAP, Bldg. 56, first floor, East Wing, and receive your free planner. Plan for tomorrow, and don't let drugs darken your future.

FEEA Taking Applications for 2014-15 Scholarships: The Federal Employee Education and Assistance Fund announced it is taking applications for its 2014-2015 FEEA Scholarship

Program. The program, which began taking applications Jan. 2, is open to civilian federal and postal employees with at least three years of service by **Aug. 31**, as well as to their spouses and dependents. Active duty and retired military service members and their dependents are eligible only through a sponsoring civilian employee spouse. Applications must be postmarked no later than **March 28**, FEEA said. ([More](#))

Scholarships for Military Children

Program Opens: Applications for the 2014 Scholarships for Military Children Program become available Dec. 3 at commissaries worldwide or on the Internet at [www.militaryscholar.org](#). Applications must be turned in to a commissary by close of business **Feb. 28**. Packages must be hand-delivered or shipped via U.S. Postal Service or other delivery methods, not emailed or faxed. This year's award amount has risen to \$2,000, and the program awards at least one scholarship at each commissary with qualified applicants. An applicant must be a dependent, unmarried child, younger than 21 - or 23, if enrolled as a full-time student at a college or university - of a service member on active duty, Reserve or Guard member, retiree or survivor of a military member

who died while on active duty, or survivor of a retiree.

Army Emergency Relief Scholarship Applications Now Available On-line:

AER scholarship on-line applications for Army Spouses and Dependent Children of Active Duty Soldiers, Retirees and the Fallen are now available through April at [www.aerhq.org](#) and look under the Scholarship button, or go directly to [www.aerhq.org/dnn563/Scholarships.aspx](#). For more information call (309) 782-1499 or jon.c.cook.civ@mail.mil. The AER Scholarship brochure can be viewed at [www.riamwr.com/acs/emergency-relief](#).

NDIA Lifetime Achievement Awards:

Nominations are being accepted for the Lt. Gen. (Ret) Lawrence Skibbie award for Lifetime Contributions to National Defense, the Maj. Gen. (Ret) William Eicher award for Lifetime Contributions to the Weapons Industrial Base and the Maj. Gen. (Ret) Paul Greenberg award for Lifetime Contributions to the Ammunition Industrial Base. Applications must be postmarked no later than **April 12**. Send nominations to Jimmy Morgan, 289 Niabi Zoo Road, Coal Valley, IL 61240 or jimcmorgan@aol.com. Application details at [www.ndia-ia-il.org](#).



NDIA Academic Year 2014-15

Scholarship: Applications for the Iowa Illinois Chapter NDIA Academic Year 2014-15 scholarship are now being accepted. The scholarship application may be found at www.ndia-ia-il.org. Applications must be postmarked by **March 24**. Call (563) 650-3252 for further information.

Sgt. Paul Fisher Academic Year 2014-

15: Scholarship Applications for Academic Year 2014-15 Sgt. Paul Fisher Scholarship are now being accepted. High school senior sons and daughters of active duty, reserve, and retired military members in Iowa and northwestern Illinois are eligible to apply. Applications are available on the chapter's web site, www.ndia-ia-il.org. Applications must be postmarked by **March 24**. Call (563) 650-3252 for any additional information.

2014 IA/IL WID Scholarship:

Applications for the IA/IL Chapter WID 2014-15 academic year are now being accepted. The application may be found at www.widiic.org, and must be postmarked by April 14. Questions: Contact Chioma Ezeugwu, (309) 269-7148 or e-mail: scholarships@widiic.org.

Date: **Monday, April 14**

Time: **3 p.m.**



Commissary / Exchange



The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: www.commissaries.com ([Facebook](#))



Arsenal Archive



Information for the *Arsenal Archive* is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through

Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

Rock Island Arsenal Historical Society Meeting:

The Rock Island Arsenal Historical Society will have its monthly meeting at 6 p.m., Thursday, **March 6**, in the Veranda Room of the Arsenal Island Golf Course Clubhouse, 1838 Gillespie Street. The menu will be a tossed salad with breadsticks, corned beef with cabbage, potatoes, rolls and a Chef's Choice dessert, all prepared by the Golf Club kitchen, \$14, including tax and tip. This event is open to both members and non-members. Interested parties may choose to attend only the program portion of the meeting at 7 p.m. at no cost. Guest speaker will be Mary Wildermuth, executive director of the Muscatine History and Industry Center. For reservations call Monica (563) 650-4349 or Linda (563) 355-6165 or email chiicaliinda@aol.com. Reservations are due by noon on Monday, **March 3**. Cancellations must be made by the reservation deadline or you will be liable for cost incurred and billed accordingly. If further clarification is required on this notice, please call Kris Leinicke at (309) 782-3518.



Healthbeat

DoD Opens Public Voting for Videos Discouraging Tobacco Use: The Defense Department has opened voting to the public for a tobacco countermarketing video competition called "Fight the Enemy." Sponsored by the innovation office under Dr. Jonathan Woodson, assistant secretary of defense for health affairs, "Fight the Enemy" declares tobacco use an enemy that degrades health, fitness, work productivity and mission readiness, officials said. ([More](#))

February is Heart Health Month: Even though February is the shortest of all the months, it's still enough time to make some big improvements to your heart health. Small steps each day, such as reducing sodium intake, exercising and eating more fruits and vegetables can help your body make huge strides in fighting off heart disease. Heart disease is the leading cause of death for both men and women, with about 600,000 people dying from the disease yearly, according to the Centers for Disease Control and Prevention. "Heart disease may seem like something that is of no real concern to healthy, young service members, but young Soldiers will turn

into old Soldiers one day; and healthy behavior now can help reduce the risk of life altering (or life ending) events as they age," said Capt. JoAnn Ward, Army public health nurse at Lyster Army Health Clinic. Her advice, she said, is the same for Family members, as steps toward better health is best achieved when done as a group effort. ([More](#))

Notes for Veterans

VA, Congress Shrug As Sleep Apnea Claims 'Surge': Last June the VA Advisory Committee on Disability Compensation privately recommended to Allison A. Hickey, under secretary for benefits, that the Department of Veterans Affairs consider four steps to address a "recent surge" in VA compensation awards for sleep apnea. The proposals, which only now come to light, were drafted the same day that committee members received a public briefing on sleep apnea, which confirmed a 25-fold jump in compensation payments since 9/11. The VA briefer also noted that 13 percent of all veterans with service after 9/11 and who draw VA disability pay are being compensated for sleep apnea. ([More](#))

Carpooling Announcements

Submit carpooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

Did You Know?: The [AMTBP \(Army Mass Transportation Benefit Program\)](#) is a program where Army employees can qualify for up to \$245 in reimbursements for use of mass transportation (to include van pooling). ([More](#))



Carpool:

- **Ride:** Looking for a ride and pay for gas. Location – Sherwood Forest Apartment, Davenport. Call thru Illinois relay at (800) 526-0857 to contact me at (309) 782-1078 (TTY). ([Email](#))
- **Carpool:** Carpool from Rio, Ill., looking for people to carpool with along 150. Please call (309) 782-5472.



- **Carpool:** New hire with flexible hours seeking to pay for ride from Moline 9th & 53rd, (Franklin School area) (309) 757-5755.

Around the Q.C.



- Feb. 23:** [CBRC Chili Chase 4-Mile Run/Walk](#) (Duck Creek Park, Davenport)
- March 15:** [29th Annual St. Patrick's Day Parade](#) (Rock Island & Davenport)
- March 19-22:** [Gathering of the Green](#) (RiverCenter, Davenport)
- March 21:** [NCMA QC Chapter Trivia Night with Mr. Trivia](#) (Knights of Columbus Hall 1111 W. 35th St. Davenport)
- March 21-23:** [QCCA Flower and Garden Show](#) (QCCA Expo Center, Rock Island)
- March 28-30:** [2014 Writing My Way Back Home: Midwest Veterans Writing Workshop](#) (Cedar Rapids Veterans Memorial Building)
- March 29:** [Davenport Chordbusters Spring Show](#) (Bettendorf High School Performing Arts Center)
- April 12:** [Bandits Race to Home 5K](#) (Modern Woodman Park)
- April 12:** [Run for Renewal 5K](#) (Sr. Concetta Park, Davenport)
- April 26:** [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)
- May 2-3:** [Army JROTC 7th Annual "Blue Devil" Raider Challenge](#) (Naval Operations Support Center, Bldg. 218, Arsenal Island)
- May 3:** [Village in Bloom: Festival of the Arts](#) (Village of East Davenport)
- May 3:** [Derby Day Party](#) (Arsenal Island Golf Clubhouse)

- May 3:** [Venus Envy](#) (Bucktown Center for the Arts, Davenport)
- May 10-11:** [Beaux Arts Fair](#) (Downtown Davenport)
- May 17:** [5th Annual You Were Made for This 5K](#) (Young Life, Moline)
- May 17:** [Livefit With Lupus Run 5K](#) (LeClaire, Iowa)
- May 17:** [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)
- May 26:** [49th Annual Quad Cities Criterium](#) (Downtown Rock Island)
- June 3-7:** [Quad Cities Senior Olympics](#) (Rock Island)
- June 6-7:** [Rhubarb Festival](#) (Aledo, Ill.)
- June 6-7:** [22nd Annual Gumbo Ya Ya](#) (The District, Rock Island)
- June 7-8:** [QC Pridefest](#) (Downtown Davenport)
- June 12:** [Hot Rod Magazine Power Tour](#) (Isle Casino Hotel, Bettendorf) <http://www.hotrod.com/>
- June 12-15:** [19th Annual Rally on the River](#) (Centennial Park, Davenport)
- June 14:** [Run for the Hills XC 5K](#) (Crow Creek Park, Bettendorf)
- June 14:** [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)
- June 14-15:** [Juneteenth](#) (LeClaire Park, Davenport)
- June 15:** [30th Annual Ride the River Bike Ride](#) (Downtown Davenport)
- June 17-21:** [145th Annual Rock Island County Fair](#) (Rock Island County Fairgrounds, East Moline)
- June 20-22:** [28th Annual Quad City Air Show](#) (Davenport Airport, Mount Joy, Iowa)
- June 21:** [Inaugural Micro Brew Mile & 6k Road Race](#) (Moline)
- June 21:** [Royal Ball Run For Autism 5K](#) (Milan, Ill.)

- June 22:** [Blossoms at Butterworth](#) (Deere Family Homes, Moline)
- June 27-28:** [Greek Cultural Fest](#) (Assumption Greek Orthodox Church, East Moline)
- July 3:** [Red, White & Boom!](#) (The District & Downtown Davenport)
- July 3-5:** [30th Annual Mississippi Valley Blues Festival](#) (LeClaire Park, Davenport)
- July 4:** [Firecracker Run & Parade](#) (East Moline)
- July 4:** [Bettendorf Old-Fashioned 4th of July](#) (Bettendorf)
- July 7-13:** [John Deere Classic PGA Tour](#) (TPC Deere Run, Silvis)
- July 10-12:** [Walcott Truckers Jamboree](#) (Iowa 80 Truckstop, Walcott, Iowa)
- July 12:** [Case Creek Obstacle Run 5K](#) (Coal Valley, Ill.)
- July 12:** [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)
- July 25-26:** [43rd Annual Street Fest Presented by the MVRBC](#) (Downtown Davenport)
- July 26:** [41st Annual Quad-City Times Bix7](#)
- July 29-Aug. 3:** [95th Annual Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds, Davenport)
- July 31-Aug. 3:** [43rd Annual Bix Beiderbecke Memorial Jazz Festival](#) (RiverCenter/Adler Theatre, Davenport)
- Aug. 2:** [British Auto Fest](#) (LeClaire, Iowa)
- Aug. 7:** [2nd Annual Freedom Run 5K](#) (East Moline, Ill.)
- Aug. 7-9:** [Great Tug Fest](#) (LeClaire, Iowa & Port Byron, Ill.)
- Aug. 8-9:** [22nd Annual Ya Maka My Weekend](#) (The District, Rock Island)
- Aug. 9:** [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)



Aug. 15-16: [10th Annual River Roots Live & Rockin' Rib Fest](#) (LeClaire Park, Davenport)

Aug. 16: [Floatzilla](#) (Sunset Marina, Rock Island)

Aug. 22-24: [World Series of Dragracing](#) (Cordova Dragway)

Aug. 23: [Silvis Home Run 5K](#) (Shadt Park, Silvis, Ill.)

Aug. 30-31: [Rock Island Grand Prix](#) (Downtown Rock Island)

Sept. 1: [Bettendorf Rotary Run with Carl](#) (Life Fitness Center, Bettendorf)

Sept. 5-21: [East West Riverfest](#) (Various QC Locations)

Sept. 6: [Quad City Symphony Riverfront Pops](#) (LeClaire Park, Davenport)

Sept. 6: [¡Viva! Quad Cities](#) (Isle of Capri, Bettendorf)

Sept. 6: [QCA Heritage Tractor Parade & Show](#) (John Deere Pavilion, Moline)

Sept. 6-7: [Beaux Arts Fair](#) (Downtown Davenport)

Sept. 13: [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)

Sept. 19-20: [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)

Sept. 20: [15th Annual WQPT Brew Ha Ha](#)

Sept. 20-21: [Riverssance Festival of Fine Arts](#) (Lindsay Park, Village of East Davenport)

Sept. 28: [17th Annual Quad Cities Marathon](#)

Sept. 26-28: [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)

Oct. 4: [Night of the Running Dead 5K](#) (Davenport)

Oct. 4: [GiGi's Super Hero Run](#) (Bettendorf)

Oct. 11: [Trinity Quad Cities Classic Regatta](#) (on the Mississippi River in Moline)

Oct. 11: [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)

Oct. 12: [Apple Fest](#) (Downtown LeClaire, Iowa)

Oct. 23: [Fright Night](#) (The District, Rock Island)

Oct. 25: [Lagomarcino's Cocoa Beano 5K Race](#) (Moline)

Oct. 25-26: [Boo at the Zoo](#) (Niabi Zoo, Milan, Ill.)

Nov. 22: [Festival of Trees Parade](#) (Downtown Davenport)

Nov. 22: [Lighting on the John Deere Commons](#) (John Deere Commons, Moline)

Nov. 22: [Holiday Pops Concert](#) (Downtown Moline)

Dec. 7: [19th Century Christmas](#) (Butterworth Center, Moline)



Island Insight



Col. Elmer Speights, Jr., Garrison Commander; Eric Cramer, Public Affairs Officer; Mark Kane, Editor
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