



Feb. 15, 2016

Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Garrison Internet page under "Information" and on the installation website at www.usagria.army.mil under "News" and then "Local News."

Island Insight Submission: www.usagria.army.mil/News/II.aspx

Sections:

- [Arsenal Traffic/Construction](#)
- [Building/Space Closures](#)
- [Active Duty/Reserve Zone](#)
- [Safety Spotlight](#)
- [Equal Employment Opportunity Focus](#)
- [Morale, Welfare & Recreation \(MWR\)](#)
- [MWR Leisure Travel Office](#)
- [Child, Youth & School Services](#)
- [Army Community \(ACS\)](#)
- [Employee Assistance Program](#)
- [Education/Training Review](#)
- [Defense Commissary Agency/PX](#)
- [Arsenal Archive](#)
- [Healthbeat](#)
- [Notes for Veterans](#)
- [Around the Q.C.](#)

Nurse Beats Odds, Makes History as Iowa's First African-American Female Mayor

She was a lifelong nurse, not a politician. But, others thought she would make a great mayor of Clinton, Iowa. Clinton is a city in -- and the county seat of -- Clinton County. The population was 26,885 as of 2010. It's located on the banks of the Mississippi River less than 30 miles northwest of Davenport. After enough people prodded LeMetta Wynn to run as mayor, she decided to venture out on the campaign trail. Her first bid was unsuccessful. But she persisted and eventually she was elected Iowa's first female African-American mayor in November 1995 and Iowa's second black mayor. She went on to win two more elections, serving as Clinton's mayor until 2007. "I will never do this again," Wynn told attendees Feb. 16 during her keynote address at the African American/Black History Month Observance activities in Heritage Hall here, referring to her initial defeat. "I didn't really know anything about government," explained the mother of 10 children -- nine daughters and one son -- who worked as a registered nurse for 30 years. ([More](#))



Upcoming Dates

- Feb. 21-27:** National Engineers Week
- Feb. 22-26:** DA Photos, Bldg. 90, Basement, B11, 7:20 a.m. – 3:40 p.m.
- Feb. 22-26:** Soldier for Life Transition Assistance Program Workshop, Bldg. 56, 1st Flr., Rm. 122, 8 a.m.
- Feb. 22-26:** Military Saves Week
- Feb. 22-27:** Military Saves Week, Bldg. 110, 1st Floor, SE Corner
- Feb. 23:** Military Spouse Night, ACS/USO, Bldg. 110, 6-8 p.m.
- Feb. 24:** Military Saves Campaign Free Lunch and Learn, Arsenal Island Clubhouse, 11:30 a.m.
- Feb. 25:** Newcomer's Orientation and Tour, Arsenal Island Clubhouse, 8 a.m.
- Feb. 25:** Council of Colonels, Arsenal Island Clubhouse, Veranda, 11:30 a.m.
- Feb. 25:** MVRBC Blood Drive, Cafeteria, Bldg. 211, 2:15 a.m.
- Feb. 27:** Parents vs. Kids Dodgeball & Potluck, Bldg. 150, 5-8 p.m.
- Feb. 28-March 5:** Illinois Severe Weather Preparedness Week
- Feb. 29-March 3:** SFL-TAP, Bldg. 56, 1st Floor, Rm. 122
- March 1:** Overseas (OCONUS) Briefing, ACS, Bldg. 110, 9:30 a.m.
- March 1, 10 a.m.:** Illinois Tornado Drill Day
- March 3:** ACC-RI Industry Day, Bldg. 60, Heritage Hall, 9 a.m. – 3:30 p.m.
- March 4:** Sponsorship Training, ACS, Bldg. 110, 12 p.m.
- March 8-9:** SFL-TAP, Bldg. 56, 1st Flr., Rm. 122, 8 a.m. – 4:30 p.m.

SES to Personnel: Be Engaged, Believe In the Army's 'Why'

About 350 senior and mid-level leaders from the U.S. Army Sustainment Command learned about how to build a more employee-engaged workforce during a Commanding General's Leadership Professional Development training event, here, Feb. 4. Karl Schneider, principal deputy assistant secretary of the Army for Manpower and Reserve Affairs in Washington, D.C., served as the keynote speaker. Schneider's discussion stemmed from Simon Sinek's book, "Start with Why." "Sinek says there is something called the, 'Golden Circle,' made of three concentric circles," Schneider said. "The center of it is 'Why,' the second circle is 'How,' and the third ring is 'What.' He says it is important for any organization to start with 'Why.' ([More](#))



IMCOM-Europe Director Highlights Training Opportunities for US, German Employees

Describing the role of U.S. Army Garrison Bavaria within the framework of today's international geopolitics and uncertain future, the director of Installation Management Command-Europe highlighted expanded training opportunities for U.S. and local national employees at a town hall here Feb. 18. With the Army's expanding role in Europe, Michael Formica, director of IMCOM-Europe, voiced a clear message to garrison employees: We need to invest in our garrison employees. In today's environment, Formica said, our Army and NATO play a role in deterring Russia and terrorist activity -- from the eastern flank of Europe and along its southern flank. ([More](#))



Ammo Readiness Critical Topic

Approximately 90 key leaders from the Army's Ammunition Enterprise Triad met during the first week of February at Argonne National Laboratory to discuss the future of ammunition readiness. Brig. Gen. Stephen "Steve" E. Farnen, commander of the Joint Munitions and Lethality Life Cycle Management Command and the Joint Munitions Command explained that "readiness is the number one priority" for the Army and that all members of the Triad must work together to ensure warfighter readiness. As Farnen stated, meetings like this foster the ability to "achieve unity of effort without unity of command." The Army's ammunition mission is coordinated through an enterprise management effort known as the Ammunition Enterprise Triad. ([More](#))



Guard, Reserve Mobilizations As Critical As Ever, Experts Say

Although the number of Army National Guard and Reserve troops deploying overseas has diminished considerably since the height of the Middle East conflicts, the Army still needs reserve-component units to mobilize for missions. Between 2005 and 2009, First Army mobilized nearly 90,000 Army Reserve and National Guard Soldiers per year. That number is smaller today – closer to 20,000 or 25,000 – but those troops remain critical to accomplishing the Army's ongoing missions in locations such as Kuwait, Africa, Afghanistan, Kosovo, the Philippines and the National Capital Region, according to participants in the First



Army Mobilization Summit held last week on Fort Hood. ([More](#))

Guest View: African Americans Serve US with Distinction

This month we celebrate Black History Month and honor the contributions countless African Americans have made to the Department of Defense, U.S. Army, Rock Island Arsenal, Quad-Cities and our nation. African Americans have helped strengthen the Department of Defense – military, civilians and retirees – through their invaluable contributions to our nation in both wartime and peace. The theme of this year’s observance is “Hallowed Grounds: Sites of African American Memories.” This theme reminds us that the imprint of African Americans is deeply embedded in the narrative of the American past, present, and future. ([More](#))



Military’s Paid Maternity Leave Now 12 Weeks; Feds Still At Zero

When it comes to pay and benefits, there are many differences between military service members and the federal civilian workforce. Defense Secretary Ash Carter just reminded everyone of a big one: paid maternity leave. Carter recently announced that the Defense Department would give female service members 12 weeks of paid maternity leave, one of several personnel initiatives aimed at improving the quality of life for military families. The move immediately doubles the amount of current paid maternity leave available to most service members (it’s a bit different for the Navy), and is four weeks longer than the average eight weeks provided by many employers in the United States. ([More](#))



Lunch Live Action Stations at Bldg. 350 & 60

Looking for something different for lunch? Come join our chefs 11 a.m. to 1 p.m. every Tuesday in Bldg. 350, 6th Floor Cafe and every Wednesday in the Bldg. 60 Food Court for a live action station! The menus and prices will vary. Come check us out! ([Bldg. 350 Flyer](#)) ([Bldg. 60 Flyer](#))

Time to File Your Taxes

Income tax filing season is here, and Rock Island Arsenal operates a free tax assistance center. The tax center serves members of the RIA community eligible for legal assistance services - primarily active duty service members, military retirees and family members. In a change from recent years, an appointment is required and there is no "drop-off" service. Appointments are available weekdays from 10 a.m. to 3 p.m., **Jan. 25 through April 18**. Most appointments last about an hour with more complex returns taking longer. In accordance with IRS guidelines, the tax center may prepare and submit most - but not all - federal and state income tax returns. For example, the tax center cannot prepare returns for a home-based business. If you expect your return to be complex, please discuss it with your tax preparer when you call to make an appointment. To schedule an appointment, call 782-8457/1709. Please bring the following to your appointment: a photo ID; your social security card (or official SSA correspondence with your SSN on it); documents showing income of any type (W-2s, 1099s, etc.); documents to support deductions/credits; copy of last year's return; direct deposit information; and dependents' birth dates.



2016 Election Season Is Upon Us

Whether you are a Soldier or family member far from home, or a local resident of Illinois or Iowa, the Rock Island Voting Assistance Office can help with voter registration, absentee ballot requests and finding local polling locations. Stop by the 3rd Floor of Bldg. 56, or call 309-782-8780, for all your voting needs. The Illinois Primary Election is scheduled for **March 15**, and will be held at regular polling locations. As an open primary, voters may request to vote for a presidential candidate in any party. If you are not registered to vote 28 days prior to the election, special registration and voting procedures will apply under the state's "grace period" rule, so visit the Rock Island County election website for more information <http://rockislandcounty.org/Elections/Home>. Service members and dependents can visit www.fvap.gov for further information on their voting rights, and to access online voter registration and absentee ballot request forms. Iowa residents can now register online, using the state's new website <https://mymvd.iowadot.gov/VoterRegistration>, while Illinois residents can visit <https://ova.elections.il.gov>. ([DoD Election 2016 Special Report](#))



Historic Clock Tower Building and Eagle Watch Tours

The U.S. Army Corps of Engineers, Rock Island District's Mississippi River Visitor Center at Locks and Dam 15 on Arsenal Island is offering free eagle watches and Clock Tower Building tours select weekends in **February** at 9:30-11 a.m. and 12-1:30 p.m. The tours will last approximately 1½ hours and will be guided by a Corps Park Ranger. Learn about the Historic Clock Tower Building as you climb the stairs to the top. Waiting there is a spectacular view of the Mississippi River where you will have the opportunity to see Bald Eagles who visit the area during the cold winter months. The tours will begin at the Mississippi River Visitor Center, located on the western end of Arsenal Island at Locks and Dam 15. You must check in with the ranger staff upstairs in the Visitor Center when you arrive for the tour. The tour is outside for a short duration of time so plan and dress accordingly; good walking shoes are also recommended as the tour will involve walking up 12 flights of stairs at a moderate pace. The tours are free of charge and everyone is invited to attend. An adult must accompany children younger than 12 years of age. Space is limited and reservations are required by calling 309-794-5338. Visit <http://go.usa.gov/c9AZF> for more information.



Blood Drives

The Mississippi Valley Regional Blood Center is hosting a blood drive in the room outside the Lock and Dam Lounge (in Bldg. 60), on **Friday, March 11 and 18, 10 a.m. – 2 p.m.** If you would like to donate at this blood drive, feel free to email SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at 563-359-5401, ext. 119. A **3rd shift** blood drive will be held in the Cafeteria (Bldg. 211) beginning at **2:15 a.m. on Thursday, Feb. 25**. To sign up for a blood drive held on either the 2nd or 3rd shift, donors should contact their shift supervisor. Corps of Engineers Blood Drive: The Rock Island District, Corps of Engineers will host a blood drive from 8 a.m. to 1 p.m. on **Thursday, March 23**. The drive will be held in the Clock Tower Building Annex, Bldg. 217, in Conf. Rm. ABC. To donate, please contact



309-794-4200 or visit www.bloodcenterimpact.org and use code 030 to locate the drive. Marine General Support Maintenance Company Blood Drive: Marine General Support Maintenance Company will host a community blood drive from 1:30-3:30 p.m. on **Saturday, March 5**, at Navy Operational Support Center Rock Island, Bldg. 218, in conjunction with their weekend drill. The drive will be held on the drill deck. To donate, please contact First Sgt. Andrew Suthers at 309-782-6044, ext. 301, or visit www.bloodcenterimpact.org and use code 368 to locate the drive. Walk in donors will be welcome. **The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).**

VIOS Schedule for February & March

Official DA Studio Photography (DA, Government Passport and Command Photos) will be offered at Rock Island Arsenal on **Feb. 22, 23, 24, 25**, and **March 21, 22, 23, 24**, and **25**. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7:20 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the [VIOS site](#) for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 90, Basement, Room B11). Priority is: 1. Active Duty Soldier's DA photos; 2. Official Government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - Command Photos will be printed and available digitally. Additional prints can be ordered in VIOS. All scheduled dates can be found on the [RIA VIOS website](#).

Executive Resilience and Performance Course

The dates and times for the upcoming Executive Resilience and Performance Course, which will be conducted by HQ-DA Resiliency Team, are out. This training is open to all Soldiers, Department of the Army Civilians and Family members. Attendance at this course meets the DA directed annual training (28 hours) requirement for all Soldiers. Maximum participation is requested. This course has been uploaded in [TEDs](#) and is available for sign up with the KEYWORD: Executive Resilience. This executive level resiliency course will be conducted over a two-day period and will take place here on Rock Island Arsenal in Bldg. 60 in Heritage Hall. The first day is **Tuesday, March 29** (two sessions) which is open to all military and civilian employees regardless of rank/grade. • **March 29, 7:30-11:30 a.m.**; • **March 29, 12:30-4:30 p.m.** The second day is **Wednesday, March 30** and is reserved for GO/SES, COL/LTC, GS15/14, CW5/CW4, CSM/SGM/1SG/MSG; **March 30, 9 a.m. – 12 p.m.** and 1-2 p.m. (an hour break for lunch and then return for the final hour of the course). POC: [Master Sgt. Touissant Lancina](#), 309-782-1943.



2016 Community Support Application

The Rock Island Arsenal Welcome Club community support chairperson is accepting funding requests from local nonprofit organizations until **Thursday, March 31**. Money for the Community Support Fund is raised through club activities such as the Arsenal Attic and other fundraisers. All nonprofit organizations are welcome to apply applicants must show how grant will benefit service members and families. Additional sheets are allowed for information that does not fit on this form. Only one specific purpose should be listed per form additional forms are available at <https://sites.google.com/site/rockislandarsenalwelcomeclub>. This completed form should be mailed

to the below address and postmarked no later than **Thursday, March 31**. Organizations selected for funding will be notified late **April 2016**.

American Legion Fish Fry

The American Legion Post 569 is hosting a Fish Fry every Friday between **Feb. 5 and March 25**, 5-8 p.m. They are located at 515 W. 1st Ave., in Milan. The menu includes catfish, Pollock, shrimp, frog legs, chicken strips, pork tenderloins, and side orders. Children's menu and carryouts will also be available.

Vietnam Veterans Memorial Service

Mark your calendars -- Vietnam Veterans of America, Quad Cities Chapter 299 will be conducting a Vietnam Veterans Memorial Service on **Sunday, March 27**, at 11 a.m., at Memorial Park.

Vietnam War 50th Anniversary Commemoration Parade

Vietnam Veterans of America Chapters 776, 669 and 299, VFW 828, and MAVA Chapter Hero Street are sponsoring the Vietnam War 50th Anniversary Commemoration Parade taking place **Saturday, May 21**, beginning at 10:30 a.m. The start of the parade will be in the city of Rock Island and will end in the city of Davenport at Veterans Memorial Park.

RIAWC Golf Tournament

The Rock Island Arsenal Welcome Club is proud to partner with the Midwest Small Business Government Contracting Symposium to host this 2016 charity golf outing on **Tuesday, May 24**, at the Arsenal Island Golf Course; an event open to all who want to have fun and support RIAWC. Registration is 11 a.m. – 1 p.m. with a shotgun start at 1 p.m. The banquet dinner is 6-8 p.m. in the Arsenal Island Clubhouse. Cost is \$125 a player. Registration includes green fees, cart, range balls, drink coupons, lunch, and dinner. Registration is open until all teams have been filled. Non-players can register for "dinner only" for \$25. The golf tournament format is a 4-man scramble (best ball). There will be awards for 1st, 2nd, and 3rd place finishers along with prizes for designated holes. To register for golf, or RSVP for the "dinner only," please contact Wendy Truckenbrod at 563-726-9567 or at riawcfundraiser@yahoo.com. Note: If you're interested in sponsoring or donating to this event, please contact Wendy.

Arsenal Island Employee Local Discounts

The following discounts are exclusively available to Arsenal Island employees — **Infinity Salon & Spa:** Located at 220 W 3rd St. in Davenport, we offer 15 percent off services for military and the Arsenal Island workforce. We are a full service salon: hair, manicure, pedicures, massage, waxing, facials, for men, women, and children. Eligible personnel only need to show a military or work ID. **The Venue:** Located at 1405 5th Ave. in Moline, we would like to say thank you to all Rock Island Arsenal personnel – bring in your Arsenal ID/badge on Mondays and receive a 20 percent discount on food and soda (this excludes family feast special). **New Life Chiropractic Clinic:** All Arsenal Island military and civilian employees will receive a 10 percent discount off its services located at 2500 18th Street in Bettendorf. **Chocolate Manor:** All Arsenal Island military and civilian employees will receive a 10 percent discount off their total purchase on any of our award winning homemade chocolates at 110 E. 2nd St., Davenport, just show your ID. **Roosters Sports Bar and Grill:** All military and civilian's get 10 percent off their bill. Come head down for lunch at 2130 3rd Ave., Rock Island, new specials daily. **Peachwave Frozen Yogurt:** Peachwave, 3431 Devils Glen Rd., Bettendorf, offers a 10 percent discount every day to all military and veterans. *This information*

is included for general workforce interest and does not constitute endorsement of the businesses or products.

Arsenal Traffic/Construction

Rock Island Viaduct Sidewalk Closed to Pedestrians

"Sidewalk Closed" signs have been erected at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents. Attached illustration indicates the suggested alternative route (STR276 American Discovery Trail and Pedestrian Bridge) during the closure.

Building/Space Closures

There are no announcements at this time.

Active Duty/Reserve Zone

Military Spouse Fun Night

Military spouses are invited to join us **Tuesday, Feb. 23**, 6-8 p.m., ACS/USO (Bldg. 110), on the last Tuesday of each month for a chance to meet other spouses in a fun and friendly atmosphere. Activities include craft nights, games, trivia, and other fun activities providing an opportunity to relax and have fun. For more information contact Jan Saito at Army Community Service at 309-782-4736/0829 or janice.n.saito.civ@mail.mil. ([Flyer](#))

Safety Spotlight

Protect Your Hands from Hazards

People probably take their hands for granted until they have an injury. Then they will know just how difficult life can be without the full use of their hands. In the workplace there are many hazards to people's hand safety: Equipment that cuts and crushes materials can also mangle hands; There are rough surfaces which can scrape the skin; Hot and cold materials can cause thermal burns; Chemicals can corrode the skin or enter the body through the skin and cause poisoning; Infectious materials can cause disease; Electrical current which contacts the skin can cause fatal shocks; and

other types of hand injuries are caused over a period of time -- by impact, strain or vibration. Many styles of glove are available for different jobs. To protect yourself against hand hazards, it is important to select the right kind of personal protective equipment such as gloves. Ask your safety supervisor for guidance in choosing and fitting gloves. ([More](#))

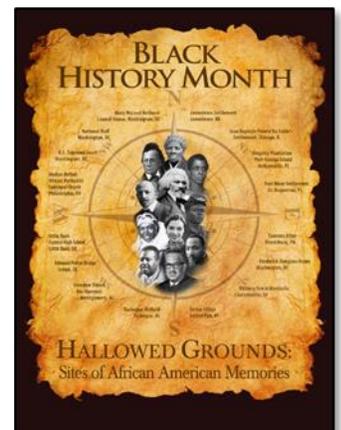
Equal Employment Opportunity Focus



Senior Leaders Message: African-American History Month

Hallowed Grounds: Sites of African-American Memories

During National African-American History Month, the Army pays tribute to the contributions of past and present generations of African Americans and reaffirms our commitment to keeping the American dream alive for every citizen. This year as we recognize Hallowed Grounds: Sites of African-American Memories, we reflect upon significant places where African-American history was made, particularly those places which are an important part of our Army's own history... The United States Army celebrates the important contributions African-American Soldiers and Civilians have made and continue to make in the building of our great Nation. Their stories represent the qualities of resilience and perseverance. The many historic sites across America made famous by the actions of African Americans help chronicle those generations who fought for an America that truly reflects the ideals enshrined in our founding documents. During National African-American History Month, we encourage all Soldiers, Civilians, Veterans, and Family members to become more familiar with these historic landmarks where African American history was made. Let us celebrate the rich legacy of African Americans and honor their notable contributions that help make our Army what it is today-a place where people from all walks of life stand proudly together in service to our Nation. Army Strong! ([More](#))



Mark Your Calendars

On **Tuesday, May 3**, First Army EEO will host a Holocaust Days of Remembrance Observance from 1-2 p.m. The keynote speaker will be Felix Weil, a survivor of the Holocaust.

Morale, Welfare & Recreation



Morale, Welfare & Recreation (MWR)

Visit the MWR website at www.riamwr.com for information on all MWR programs.

MWR Text Alerts

Grab your mobile phone and text **EZZHV32984 4** to the number **313131** to join our text list and have all the latest and greatest MWR news delivered right to your phone. We'll keep you up to date with all the fun and exciting upcoming MWR events and programs as well as coupons and special offers available only to text alert subscribers. Message and data rates may apply and you can opt out at any time by replying "**stop**" to **313131**. Check out the flyer for a quick and easy QR code that you can scan with your smartphone to automatically generate the message for you. ([Flyer](#))



Free Zumba Classes

On Monday, **Feb. 22**, Wednesday, **Feb. 24**, and Friday, **Feb. 26**, the Fitness Center will offer free sessions of the Zumba group fitness class. Class is offered Monday and Wednesday from 5:15-6:15 p.m. and Friday from 5:30-6:30 a.m. so come and join us for this fun, fast paced dance workout and leave your wallet at home. Call 309-782-6787 for more info.

Lunch Service at the Arsenal Island Clubhouse

Has it been a while since you've had lunch at the Golf Clubhouse? If so come back Tuesday - Friday, 11 a.m. - 1:30 p.m., and give it another try because we've got some exciting new options that are sure to fit your appetite and schedule. Try the daily soup, salad and sandwich buffet featuring a delicious house made soup du jour and fresh baked breads for just \$9/person. ([menu is available here](#)) ([daily buffet items here](#))

St. Patrick's Day Lunch Special

Get a little taste of Ireland all week, Tuesday - Friday, **March 15-18**, 11 a.m. - 1:30 p.m., in the Arsenal Island Clubhouse, at the lunch buffet at the Arsenal Island Clubhouse. The hot item on the buffet will be corned beef and cabbage all week (Tuesday - Friday, 11-1:30 p.m.). The buffet is just \$9/person and includes your drink. ([Flyer](#))

Paintless Dent Repair Service Available

The always popular paintless dent repair technician will be available Wednesday, **March 16**, at the Auto Skills Shop, for repairs. If you have small dings, dents and other imperfections in your vehicle it may be possible to have them fixed without the excessive costs of more traditional body work. Call 309-782-8631 for more information and to schedule an appointment.

MWR Leisure Travel Office



Office Hours

Monday through Friday, 9 a.m. – 3 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. ([email](#)) ([website](#))

Discount Tickets for Upcoming Local Shows at the Leisure Travel Office

Leisure Travel which is located in Bldg. 333 (next to the PX) has discount tickets for the following upcoming shows. Contact them at 309-782-5890 or visit their webpage:

www.riamwr.com/community-recreation/leisure-travel for more information.

- **Feb. 28:** Chicago's Shining Star: An Earth, Wind & Fire Tribute at the Col Ballroom
- **March 6:** WWE: Road to Wrestlemania at the iWireless Center
- **March 22:** Star Trek the Ultimate Voyage Concert Tour
- **April 9:** Shear Madness at Circa 21 Dinner Theatre

Outdoor Recreation Ski Gear

Come check out the great new downhill ski gear at Outdoor Recreation These skis and other winter equipment are available for you to checkout at a great savings. There is a lot of winter left, get out and enjoy it. For more information, phone Outdoor Recreation at 309-782-8630.

Chicago's Shining Star: An Earth, Wind & Fire Tribute

Shining Star is a group from Chicago that pays tribute to the greatest band ever Earth, Wind, & Fire. Eleven highly talented vocalists and musicians harmoniously join forces to present a Tribute to Earth, Wind and Fire. Leisure Travel has limited discounted tickets, \$25 each until **Friday, Feb. 26.**

Event Date: **Sunday, Feb. 28**

Event Time: **6 p.m.**

WWE Returns to the Quad Cities Road to Wrestlemania

See your favorite WWE superstars Sunday, **March 6**, at 1 p.m., including: John Cena, Alberto Del Rio, Bray Wyatt, Kane, Dudley Boyz, The Wyatt Family, The Divas and many more (card subject to change). Leisure Travel has tickets on sale until **March 2**. Section B row 1 seats 1-8, Row 2 seats 6-12 \$111; Section 113 Row 3 & 4 seats 3-12 \$69.50; and Section 113 row 8 seats 3-11 row 16 seats 1-16 \$56.

Star Trek: The Ultimate Voyage Concert Tour 2016

This lavish production includes an impressive live symphony orchestra and international special solo instruments. People of all ages and backgrounds will experience the franchise's groundbreaking and wildly popular musical achievements while the most iconic Star Trek film and TV footage is simultaneously beamed in high definition to a 40-foot wide screen. The concert will feature some of the greatest music written for the franchise including music from Star Trek: The Original Series, Star Trek: The Motion Picture, Star Trek II: The Wrath of Khan, Star Trek IV: The Voyage Home, Star Trek: Insurrection, Star Trek: The Next Generation, Star Trek: Deep Space Nine, Star Trek: Voyager and much more. This never-before-seen concert event is perfect for music lovers, filmgoers, science-fiction fans and anyone looking for an exciting and unique concert experience. MWR Leisure Travel has discounted seats on sale now. Stop by the office located in Bldg. 333 or call 309-782-5890.

Date: **Friday, March 22**

Time: **7 p.m.**

Shear Madness

Quad City Premiere – America's favorite comedy whodunit delights audiences with its unique blend of madcap improvisation and spine-tickling mystery **April 9** at 5:45 p.m. Shear Madness takes place in a hairstyling salon and is chock full of up-to-the-minute spontaneous humor. During the course of the action, a murder is committed and the audience gets to spot the clues, question the

suspects, and solve the funniest mystery. The outcome is never the same, which is why many audience members return again and again to the scene of the mayhem. This is the longest running comedy in history. It has played for more than 30 consecutive years in Boston and 26 years at the Kennedy Center in Washington DC. Leisure Travel has discounted seats available until **March 26**.

MWR Inaugural Pirate and Princess Family Event

This inaugural Pirate and Princess Family Event, will take place Saturday, **April 16**, 11 a.m. – 2 p.m. We will be serving lunch (chicken nuggets, macaroni & cheese, fruit cocktail and a cookie) prepared by the Arsenal Clubhouse. Activities to include: craft table, coloring table, two separate picture taking areas, and a movie with popcorn and juice box. Cost is \$20 for one adult/one child. Each additional person is \$8. RSVP with payment no later than **April 8** to 309-782-5890.

Child, Youth & School Services



Rock Island Arsenal Family Child Care Informational Meeting

The Rock Island Arsenal Family Child Care Program is holding an informational meeting on **Tuesday, Feb. 23**, at the Bettendorf Library, for Iowa and Illinois childcare providers who are interested in becoming an Army certified in-home caregiver. The meeting is 6-7:30 p.m., at the Bettendorf Library, located at 2950 Learning Campus Drive, and will be in the Kelinson room on the 2nd floor. Please call 309-782-0813 for more information or to sign up. Discussion will include the training and background check process and Army certification levels. The program is open to both Iowa and Illinois providers in the Quad City area. Information will also be available for those who are interested in getting funding support to achieve their Child Development Associate or National Accreditation.



Parents vs. Kids Dodgeball & Potluck

Parents and kids get ready to dive, duck and dodge your way to ultimate victory in our annual Parents vs. Kids Dodgeball tournament on **Saturday, Feb. 27**, 5-8 p.m., in Bldg. 150. Please RSVP to 309-782-5019 or timothy.c.hernandez2.naf@mail.mil and please plan to bring a dish to share for the potluck. ([Flyer](#))

Army Community Service



ACS is located in Bldg. 110, 1st floor SE; [Visit our ACS website](#) or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here](#). 24/7 Sexual Assault Hotline: **309-229-8412**.

Military Saves Lunch & Learn

Military personnel and spouses are invited to this free seminar **Wednesday, Feb. 24**, 11:30 a.m. - 1 p.m., in the Arsenal Island Clubhouse that will give you some great tips on personal financial

management. Set a Goal, Make a Plan, and Save Automatically. Please RSVP by **Friday, Feb. 19** by calling 309-782-0829 or usarmy.RIA.imcom-central.mbx.usag-ac@mail.mil ([Flyer](#))

Newcomers Orientation & Bus Tour

Are you new to the Arsenal or do you have new employees or service members in your office? Make sure to get them/yourself signed up for our next Newcomer's Orientation and Tour **Thursday, Feb. 25**, 8 a.m. - 5 p.m., at the Arsenal Island Clubhouse. The briefings and info on the tour will include everything a new employee needs to know to successfully transition to the Rock Island Arsenal and the surrounding Quad Cities and make their new home feel like home. This free service includes breakfast & lunch courtesy of our sponsors, Rock Island Arsenal Federal Credit Union & USAA. Space is limited so call 309-782-0829 for more info and to reserve your spots. ([Flyer](#))

Overseas (OCONUS) Briefing

Are you on orders to PCS out of the country? If so make sure to attend the Overseas Orientation Briefing held on the first Tuesday of every month and learn specifics and tips about your new duty location. The next one will be Tuesday, **March 1**, 9:30-10:30 a.m., in the Army Community Service Training Room, Bldg. 110. Call to RSVP: 309-782-0829. Individual relocation counseling is also available by appointment, call 309-782-0829 to schedule your appointment. ([Flyer](#))

Sponsorship Training

Have you been appointed to sponsor a new incoming Soldier/civilian? Make sure to attend our monthly sponsorship training session Friday, **March 4**, 12-1 p.m., Army Community Service Training Room, Bldg. 110, before your new Soldier/civilian arrives so that you can help them adjust to their new duty station quickly and hit the ground running. Training is held on the first Friday of every month from 12-1 p.m. at Army Community Service (Bldg. 110) and lunch will be provided for all service members courtesy of the USO. Registration is required by calling 309-782-0829. ([Flyer](#))

10 Great Dates

Learn to energize your relationship Wednesday, **March 9**, 4:30-6 p.m., Army Community Service Training Room, Bldg. 110, while having fun spending time together. RSVP for this class at 309-782-0829 or samantha.m.mathew.ctr@mail.mil. This class has a minimum sign-up requirement. Parents can earn two participation points with CYSS for attending. ([Flyer](#))

Employee Assistance Program



E

ASAP/EAP is located in Bldg. 56, 1st floor; visit our [ASAP/EAP website](#) or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. In addition, [a list of our classes & groups with dates, locations, and times, is located here. Find us on Facebook click here.](#)

National Eating Disorders Awareness Week – February 2016

We've all seen the ads, if only you had this diet pill, exercise device, or meal plan you would feel attractive and happy. It can be tempting to think that changing your weight can solve the problems in your life. However, for the millions of people who struggle with eating disorders each year, their initial diet or weight loss "tricks" spiral out of control into a mess of isolating rituals, despair, and medical complications. Organizations across the U.S. are working to raise awareness of eating disorders during National Eating Disorders Awareness Week, **Feb. 21- 27**. The Rock Island Arsenal Employee Assistance Program wants you to know that eating disorders are treatable and you can feel better. EAP can provide confidential short-term counseling services by master's level counselors to you and your dependent family members. The EAP is located in Bldg. 56, Room 104. Appointments are available Monday through Friday from 7:30 a.m. until 5 p.m. Call 309-782-4357 to schedule an appointment. Learn more about eating disorders at <http://nedawareness.org>. You can also access an anonymous mental health screening at www.militarymentalhealth.org.

Community Resiliency Academy Announcement

The RIA Employee Assistance Program will present Real Colors, a workshop offering you a peek into human personality. It will provide you with a better understanding of human behavior and help you recognize, accept and learn to value the differences in others. Real Colors has proven to be an effective tool to increase understanding, empathy and effective communication in the workplace. The Real Colors workshop will be offered on **May 10, Aug. 9, and Nov. 8**, 8 a.m. – 12 p.m., in Bldg. 56, in Room 122. Sign up is in [TEDs](#) (search key word "Real Colors") or for more information contact Lori Griffin at 309-782-2551.

Grief Support Group

Have you or a loved one been struggling with grief or loss? Have you been experiencing any of these differences after the loss of a loved one? • Feeling sad most days? • Finding little enjoyment in activities you used to like? • Crying spells? • Irritability? • Feeling distracted? • Difficulties sleeping? • Lack of meaningful pursuits in life? • Avoidance of things that remind you of your lost loved one? Grief is a normal and natural response to loss. This group is a confidential and safe environment to explore, share, and process your feelings of grief and loss while receiving comfort from the companionship of others. Group will be held weekly for one hour. It will be an opportunity for open support and psychoeducation about grief and loss. Group will be held at **12:30 p.m. on Tuesdays** in Bldg. 56, EAP Office 104. To RSVP for group or schedule an individual session contact RIA Employee Assistance Program at 309-782-4357.

Emotional Intelligence

Emotional intelligence is the ability to understand and manage your own emotions, and those of the people around you. People with a high degree of emotional intelligence know what they're feeling, what their emotions mean, and how these emotions can affect other people. Emotional intelligence addresses five competencies; Self-Awareness, Self-Regulation, Self-Motivation, Empathy, and Effective Relationships. Upcoming class dates are **March 29, June 28, Sept. 27, and Dec. 20**; and will take place in our classroom in Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact Bob Donohoo, employee assistance program coordinator at 309-782-2552. Register for classes on [TEDs](#) under "Current Classes."

Improving Workplace Relationships

Relationships in the workplace are very much like relationships in our personal lives. Therefore they require many of the same skills we use with those who are closest to us. Leaning these skills

makes sense because many of us spend more time with our co-workers than with our family members. Skills learned are based on research based concepts and address issues of communication, conflict, respect and trust. Upcoming class dates are **Feb. 25, May 5, June 7, and Aug. 2**; and will take place in our classroom in Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact Bob Donohoo, employee assistance program coordinator at 309-782-2552. Register for classes on [TEDs](#) under "Current Classes."

Assertiveness Training

Learn strategies to communicate with effectiveness and enhance yourself personally and professionally. Upcoming class dates are **Feb. 23, May 24, Aug. 23, and Sept. 29**; and will take place in our classroom in Bldg. 56, in Room 122. If you have any questions on the above class offerings, please contact Bob Donohoo, employee assistance program coordinator at 309-782-2552. Register for classes on [TEDs](#) under "Current Classes."

Time Management

Do you feel like there is never enough time in a day to get everything done? Would you like to learn some tips to become more organized and free up some time for more fun? Learn how to prioritize tasks and manage your time more effectively. Upcoming class dates are **April 26, July 26, and Oct. 25**. If you have any questions on the above class offerings, please contact Bob Donohoo, employee assistance program coordinator at 309-782-2552. Register for classes on [TEDs](#) under "Current Classes."



Education/Training Review



The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. [Please visit our website to learn more.](#)

Army Education Benefits Rule Updated For First Time Since 1992

The Army regulation governing soldier education benefits has been updated to include information on the Montgomery GI Bill, the Army College Fund, the Post-9/11 GI Bill, policies unique to the reserve components, student loan repayment programs and the health professional stipend programs. The revised AR 621-202 (Army Education Incentives and Entitlements) was published Feb. 8, and will take effect March 8. The previous edition of this regulation was issued Feb. 3, 1992, well before the law that expanded benefits for National Guard and Army Reserve soldiers, and established an entirely new benefits program, the Post-9/11 GI Bill, for veterans who signed up after the Sept. 11 terrorist attacks. ([More](#))

Home Base Iowa Virtual Career Fair

We understand the value that military personnel and their families bring to the workforce – and we thank you for your service. Now it's time for us to serve you. To give military job seekers the opportunity to network with Iowa employers, we are excited to invite you to participate in the Home Base Iowa Military Online Career Fair **Wednesday, March 9, 11 a.m. to 2 p.m.**, hosted by DirectEmployers Association, the National Association of State Workforce Agencies and the State

of Iowa. During this free event, you will have the opportunity to engage with recruiters from various Iowa employers looking to hire veterans, transitioning service members and their families in quick, text-based chat conversations - all from the comfort of your home, office, smartphone or tablet. ([Registration Link](#))

Iowa Illinois Chapter NDIA and SGT Paul Fisher Scholarships

The Iowa Illinois Chapter NDIA is now accepting applications for NDIA and SGT Paul Fisher scholarships for academic year 2016-2017. Value of each scholarship is \$2,000. Applications may be downloaded from the front page of the chapter's web site, www.ndia-ia-il.org. Eligibility requirements are shown on the first page of the application. Applications must be postmarked by midnight **March 24**. Questions should be directed to the scholarship chair, John Masengarb, 563-650-3252.

Rock Island Arsenal Welcome Club Scholarship Applications

Rock Island Arsenal Welcome Club Scholarship Applications are now available. Applications can be picked up at the Arsenal Attic Thirft Shop, Bldg. 60 basement; or the Education Center, Bldg. 56. You can also [access the applications online here](#). The applications list the specific eligibility requirements for applicants. Please note that all RIA active duty military, civilians, and contractors, and all of their dependents, are eligible to apply, as well as those who regularly volunteer on the Arsenal. Please email RIAWC Scholarship Chair Nicole Kirschmann at RIAWCscholarships@yahoo.com with any questions.

Area Schools to Visit RIA

The [Army Continuing Education Systems Rock Island Arsenal](#) is coordinating with Quad-City area schools to have them visit with eligible Ed Center patrons where they will meet with school representatives and learn about educational opportunities in the Quad Cities. These visits will take place in Bldg. 56, Room 121, 10 a.m. – 2 p.m. The schedule for this fiscal year is: • Ashford University, **March 17**, and **June 16**; • Black Hawk College, **April 14**, and **July 14**; • Eastern Iowa Community College, **March 3**, **April 7**, **May 5**, **June 2**, and **July 7**; • Kaplan University, **May 19**, and **Aug. 18**; • Saint Ambrose University, **April 21**, and **July 21**; • Trinity College of Nursing & Health Sciences, **April 28**, and **July 28**; • University of Dubuque, **May 26**, and **Aug. 11**; and • Upper Iowa University, **March 10**, and **June 9**. Meet with school representatives and learn about educational opportunities in the Quad Cities.



The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: www.commissaries.com ([Facebook](#))

Arsenal Archive

Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

Rock Island Arsenal Museum Reducing Collection

An upcoming reduction in staff means about 3,200 artifacts will be removed from the roughly 13,000-piece collection at the Rock Island Arsenal Museum. Museum staffers are responsible for maintaining and inventorying the collection, developing exhibits, giving tours and helping people conduct research, Steven Carr and Jodean Meleski, of the Plans, Training, Mobilization and Security Directorate, said. In the last few years, the government has dropped the museum staff from five people to three, and this year it will drop to one, they said. To help keep museum operations manageable, about 25 percent of the collection is to be moved. The directorate is overseeing the transition. What will remain largely will be items directly related to arsenal history, Mr. Carr said.

([More](#))

Change to Hours at Rock Island Arsenal Museum

Effective **Monday, Feb. 15**, the hours of the Rock Island Arsenal Museum to change: the museum will be open to the public Tuesday - Friday, Noon to 4 p.m. The museum will be closed weekends, Mondays, federal holidays, the day after Thanksgiving, and Christmas Eve. The change to hours comes as a result of Army wide changes in manpower and force structure. The Rock Island Arsenal Museum is the Army's second oldest museum. It first opened to the public on July 4, 1905. The primary mission is to collect, preserve, and interpret the history of Rock Island Arsenal and Arsenal Island. By focusing on "People, Processes, and Products," the exhibits tell the story of the people involved in Arsenal Island's history, the manufacturing processes used at Rock Island Arsenal, and the military equipment that was produced at Rock Island Arsenal. The Rock Island Arsenal Museum is nationally recognized for its large and impressive small arms collection. More than 1,200 U.S., foreign, civilian, and military small arms are on permanent display.

This Week in Rock Island Arsenal History – Feb. 15-21

Construction of the second phase of Project REARM began in February 1986.

Healthbeat

Zika Virus

Zika is a mosquito-borne virus closely related to yellow fever, dengue, and West Nile viruses. Discovered in Uganda in 1947, the current outbreak of Zika virus in Brazil began in early 2015 and has spread to over 20 other countries in the Americas, including Mexico and Puerto Rico. Although only 20 percent of people infected will have symptoms, the virus has been associated with an increased risk of Guillain-Barr Syndrome, a neurological disorder, and microcephaly, a birth defect

characterized by smaller than normal head size. As a result, the U.S. Centers for Disease Control and Prevention has issued a level 2 travel alert, Practice Enhanced Precautions, for areas where Zika virus transmission is ongoing, recommending that all pregnant women postpone travel to these areas. The World Health Organization advised that the recent cluster of microcephaly cases and other neurologic disorders reported in Brazil constitutes a public health emergency of international concern. Army Medicine is tracking this outbreak to assess the risks to the Soldiers and their Families. All Army medical facilities have been notified of the concerns surrounding Zika infections and are prepared to assist patients who may have been infected. The DoD will assist other government agencies in developing a vaccine against Zika, new vector control agents, and improved diagnostic tests. Army Medicine will continue to educate all personnel and beneficiaries about Zika virus and provide updates as they arise. With ongoing operations around the world, the Army continues to strive to protect the health and readiness of total force and their families. ([More](#))

Notes for Veterans



New VA Education, Training Initiative Creates Pipeline to Hire Mental Health Counselors

If you are a Licensed Professional Mental Health Counselor, VA needs you! As part of the Department of Veterans Affairs' (VA) recruitment plan to hire additional mental health care professionals, a new training initiative has been funded to attract Licensed Professional Mental Health Counselors (LPMHC). LPMHCs are an important aspect of the mental health treatment team and VA plans to continue to increase hiring in this profession. "By building a pipeline of highly-trained Licensed Professional Mental Health Counselors, VA will ensure that these important mental health clinicians are available to treat the Veterans we serve today and those we will serve in the future," said Dr. Robert L. Jesse, Director, VA Office of Academic Affiliations. "Through the ongoing expansion of mental health education and training programs, VA will be better positioned to attract the most qualified and skilled professionals to treat our Veterans." To support hiring efforts, VA has announced new clinical training opportunities for LPMHC students for the upcoming 2015-2016 academic year. Eighteen pre-degree internship positions were awarded to seven VA medical centers to provide clinical experiences within VA's interprofessional mental health teams. ([More](#))

Around the Q.C.



Feb. 22: [Full Snow Moon Meditation](#) (Indigo-A Creative Approach to Fitness & Wellness, Moline)

Feb. 24: [The Quad Cities Largest Career Fair](#) (iWireless Center, Moline)

Feb. 24: [Half Acre QC Launch Party](#) (Radicale Effect Brewerks, Rock Island)

Feb. 25: [Sylvan Slough, Fact & Fiction](#) (Rock Island Main Library, Rock Island)

Feb. 25: [Introduce A Girl to Engineering Day](#) (Putnam Museum, Davenport)

Feb. 25-28: [Regional Firearms Auction](#) (Rock Island Auction Company, 7819 42nd St W, Rock Island)

Feb. 26: [Children's Miracle Network Dance Marathon for Iowa Children's Hospital](#) (Davenport North High School, Davenport)

Feb. 26: [Martinis and Manicures by the RI Med Society Alliance](#) (Child Abuse Council Quad Cities, 524 15th St., Moline)

Feb. 26: [Rock Island Music Association Trivia Night](#) (Local Union 25 Plumbers and Pipefitters)

Feb. 26: [Quad City Area Rangers - Ranger Night](#) (Great River Brewery, Davenport)

Feb. 26-28: [QCCA RV/Camping Show](#) (QCCA, Rock Island)

Feb. 27: [Neon Splash "America's Largest Paint Party" -- Paintdrop Tour](#) (The Col Ballroom, Davenport)

Feb. 27: [Havana Daydreamn' by the Quad City Parrot Head Club](#) (Waterfront Convention Center, Bettendorf)

Feb. 27: [Girl Scout Night at the Mallards](#) (iWireless Center, Moline)

Feb. 29: [Adult Coloring Night](#) (Rock Island Main Library, Rock Island)

Feb. 29-March 6: [4th Annual Quad Cities Restaurant Week](#) (greater Quad-City area)

March 3: [Cupcakes & Cocktails -- Winter 2016](#) (re-fresh lounge, 1514 5th Ave, Moline)

March 3: [Bettendorf Park Band Spring Concert](#) (Bettendorf Public Library)

March 4-6: [Big Bore Enterprise Gun Show](#) (Mississippi Valley Fairgrounds)

March 5: [KWQC-TV6 & Genesis 25th Annual Women's Health & Lifestyle Fair](#) (Great River Hall, RiverCenter, Davenport)

March 5: [QCMiB 5th Annual Spring Fling Craft & Vendor Show](#) (The Viking Club, Moline)

March 5: [Girl Scouts of Eastern Iowa and Western Illinois' What Do You Zoo](#) (Niabi Zoo, Coal Valley, Ill.)

March 6: [World of Wheels Car Show 2016](#) (Car Shop Inc, Moline)

March 6: [Chicago World of Wheels Car Show](#) (Donald E Stephens Convention Center, Rosemont, Ill.)

March 6: [Davenport Parks and Recreation Mother Son Formal](#) (Davenport Parks and Recreation, 700 W River Dr, Davenport)

March 6: [Your Walk Their Water: Destination Niger, Africa](#) (Miltown Coffee, Moline)

March 6-8: [Quad Cities Antique Spectacular](#) (QCCA, Rock Island)

March 10: [Progress to Type None: Juvenile Diabetes Research Foundation One Walk Kickoff](#) (Black Hawk College, Moline)

March 10-13: [Missouri Valley Conference Women's Basketball Tournament](#) (iWireless Center)

March 11: [Gathering of the Clan Luncheon](#) (RiverCenter, Davenport)

March 11: [QuarterMania](#) (American Legion, East Moline)

March 12: [CASI's 34th Annual St. Patrick's Day 5k Race, 1 Mile Family Fun Run and the Tot Trot](#) (Downtown Davenport)

March 12: [St. Patrick's Day Grand Parade XXXI](#) (Downtown Rock Island & Downtown Davenport)

March 12: [Post St. Patrick's Day Parade Bash](#) (RiverCenter, Davenport)

March 12: [8th Annual Spring Crafts & More Show](#) (The Camden Centre, Milan)

March 15: [Polar Plunge Fundraiser](#) (Harris Pizza, 3903 14th Ave, Rock Island)

March 16: [Civil War Fathers](#) (Rock Island Main Library, Rock Island)

March 16-19: [Gathering of the Green](#) (RiverCenter, Davenport)

March 18: [13th Annual Henry Farnam Dinner](#) (St. Ambrose University's Rogalski Center, Davenport)

March 19: [Spring Equinox Run](#) (Credit Island Club House, Davenport)

March 19: [WQPT's Imagination Station](#) (Western Illinois University-Quad Cities, Moline)

March 19: [City of Davenport Corridor Cleanup](#) (throughout Davenport)

March 19: [11th Annual Environmental Film Fest](#) (Olin Center, Augustana College, Rock Island)

March 20: [Polar Plunge for Special Olympics Illinois](#) (Wick's Lake, Jumer's Casino, Rock Island)

March 22: [Paint Night with Picasso's Palette](#) (Great River Brewery, Davenport)

March 26: [Easter Egg Scramble 5K Road Race](#) (Village of East Davenport)

March 26: [The Great Easter Keg Hunt](#) (Great River Brewery, Davenport)

April 1-3: [QCCA Flower and Garden Show](#) (QCCA Expo Center, Rock Island)

April 1-30: [Quad Cities Live Month](#) (Greater Quad Cities area)

April 2: [QCH3 Red Dress Run](#) (The Venue, Moline)

April 4: [Taste of ProStart for Davenport Community Schools ProStart program](#) (RiverCenter, Davenport)

April 7: [Recycle the Runway 2016](#) (Jumer's Casino & Hotel, Rock Island)

April 8: [Genesis Cancer Care Institute & Gilda's Club Quad Cities Presents 7th Annual Intimate Conversations fundraiser](#) (RiverCenter, Davenport)

April 9: [Moline Centre's 12th Annual Cabin Fever Pub Crawl](#) (Bent River Brewing, Moline)

April 11: [18th Annual In-Fisherman Swap Meet](#) (QCCA, Rock Island)

April 14: [Stylin' Against Breast Cancer Educational Symposium](#) (iWireless Center)

April 14: [11th Annual Stylin' Against Breast Cancer Runway Fashion Show](#) (iWireless Center)

April 15: [QCMiB Quarter Auction](#) (Holiday Inn Hotel & Conference Center, Rock Island)

April 15: [10th Anniversary Family Resources Opening Doors Gala](#) (Quad-Cities Waterfront Convention Center, Bettendorf)

April 16: [Quad Cities on Tap](#) (QCCA Expo Center, Rock Island)

April 16: [PFA Tower Climb and Zip Lining Adventure](#) (YMCA Camp Abe Lincoln)

April 16: [Gilda's Run for Laughs](#) (The District)

April 16: [Alzheimer's Benefit Bazaar](#) (Rock Island First Church of the Nazarene, 2921 38th St, Rock Island)

April 23: [Bandits Race to Home 5K](#) (Modern Woodmen Park)

April 23: [Gilda's Run for Laughs & Roseannadana Dash](#) (The District of Rock Island)

April 23: [Moline Kiwanis "Fling into Spring" Bags Tournament](#) (Historic Lot by Bad Boyz, Moline)

April 23: [VRIF's Be Victorious Fashion Show](#) (RiverCenter, Davenport)

April 23: [Walk MS: Quad Cities](#) (Veterans Memorial Park, Bettendorf)

April 27: [Protecting Against Identity Theft](#) (Rock Island Main Library, Rock Island)

April 28: [Child Abuse Council Quad Cities' Lifesaver Celebration 2016](#) (CACQC, 524 15th St, Moline)

April 30: [35th Annual CBRC 24 Hour Run](#) (North Scott High School Track, Eldridge, Iowa)

April 30: [Steve's Old Time Tap Spring Chaser](#) (223 17th Street, Downtown Rock Island)

April 30: [Rock Island Conservation Club's Community Yard Sale/Flea Market](#) (Rock Island Conservation Club, 2421 Big Island Pkwy, Milan)

April 30: [City of Davenport 6th Annual Cleanup and Greenup](#) (Emeis Park, Davenport)

May 1: [MIP Arts & Crafts Fair](#) (Eriksen Chevrolet-Buick, Milan)

May 6: [Leadercast 2016 - Architects of Tomorrow](#) (Leadercast Quad Cities, 2018 Grant St, Bettendorf)

May 6-7: Davenport Central High School JROTC Blue Raider Challenge (Navy Operational Support Center Rock Island)

May 7: [Village in Bloom](#) (Village of East Davenport)

May 7: [3rd Annual Cinco De Mayo Nacho Ordinary 5K](#) (Ganzo's Davenport)

May 7: [Quad Cities Juvenile Diabetes Research Foundation's Blooming Basket Event](#) (Advance Auto Parts, 3813 18th Ave, Rock Island)

May 7-8: [Beaux Arts Fair](#) (Figge Art Museum)

May 8: [Quad Cities Distance Classic](#) (Augustana, Rock Island)

May 10-11: [Scott County Kennel Club AKC Dog Show](#) (QCCA, Rock Island)

May 14: [Young Life Quad Cities' 'You Were Made For This 5k' Race](#) (Ben Butterworth Parkway, Moline)

May 21: [The Wild 5, Running Wild](#) (Unity Point - Trinity, Bettendorf)

May 21: [Color the Quads 5K Run & Kids Fun Run](#) (Cumberland Square, Bettendorf)

May 21: [LiveFit with Lupus Race & Festival](#) (Pebble Creek Golf Course, LeClaire, Iowa)

May 30: [Quad Cities Criterium](#) (Village of East Davenport)

May 31-June 4: [Quad Cities Senior Olympics](#) (1800 3rd Avenue, Suite 304, Rock Island)

June 2: [Living Lands and Waters' 2016 Barge Party](#) (Schwiebert Riverfront Park, Rock Island)

June 3-4: [Rhubarb Festival](#) (Aledo, Ill.)

June 4: [College Hill District Retro Rally 2016](#) (College Hill District Rock Island)

June 10-11: [Gumbo Ya Ya](#) (The District, Rock Island)

June 18: [The Micro Brew Mile and 6K Road Race](#) (5th Avenue, Moline)

June 18: [Quad Cities Triathlon 2016](#) (West Lake Park, Davenport)

June 18: [3rd Annual Micro Brew Mile Craft Beer Festival](#) (Downtown Moline)

June 18-26: [Quad Cities Museum Week](#) (QCCA Expo Center, Rock Island)

June 19: [Ride the River Bike Ride](#) (Downtown Davenport)

June 24: [American Red Cross' Picnic on the River 2016](#) (Schwiebert Riverfront Park, Rock Island)

June 25: [Royal Ball Run For Autism](#) (Hyvee, Milan)

June 25-26: [Quad City Air Show](#) (Davenport Municipal Airport)

June 26: [Blossoms at Butterworth](#) (Butterworth Center, Moline)

June 26: [Hemmings Motor News Great Race - San Rafael, Calif. to Moline, Ill.](#) (Moline)

July 1-2: [31st Annual Mississippi Valley Blues Festival](#) (LeClaire Park, Davenport)

July 4: [Red, White & Boom!](#) (Rock Island & Davenport)

July 4: [Firecracker Run & Parade](#) (East Moline)

July 4: [Bettendorf Old-Fashioned 4th of July](#) (Downtown Bettendorf)

July 14-16: [Walcott Truckers Jamboree](#) (I-80 Truckstop, Walcott, Iowa)

July 15-17: [Radish Magazine's 2016 Yoga Fest](#) (Holiday Inn, Rock Island)

July 16: [Rivers Edge Homebrew Festiv-ale](#) (The District Plaza, Rock Island)

July 19-23: [Rock Island County Fair](#) (fairgrounds in East Moline)

July 29-30: [Downtown Street Fest](#) (Downtown Davenport)
July 30: [Bix 7 Run/Walk](#) (Downtown Davenport)
Aug. 2-7: [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds)
Aug. 4: [Freedom Run 5K](#) (733 15th Ave., East Moline)
Aug. 4-7: [Bix Beiderbecke Memorial Jazz Festival](#) (Quad-Cities Waterfront Convention Center, Bettendorf)
Aug. 8-14: [John Deere Classic PGA Tour](#) (TPC Deere Run, Silvis, Ill.)
Aug. 11-13: [Tug Fest, LeClaire](#) (Iowa & Port Byron, Ill.)
Aug. 13: [Case Creek Obstacles 5K Mud Run](#) (Coal Valley, Ill.)
Aug. 13: [13th Annual Xstream Cleanup](#) (Greater Quad Cities)
Aug. 19-20: [Ya Maka My Weekend](#) (The District, Rock Island)
Aug. 20: [Floatzilla](#) (Sunset Marina, Rock Island)
Aug. 26-27: [River Roots Live](#) (LeClaire Park, Davenport)
Aug. 27: [Vettes on the River](#) (LeClaire, Iowa)
Aug. 27: [Silvis Family Run](#) (Schadt Park, Silvis, Ill.)
Sept. 3-4: [Rock Island Grand Prix](#) (Downtown Rock Island)
Sept. 10: [¡VIVA! Quad Cities](#) (Isle of Capri Casino Parking Lot, Bettendorf)
Sept. 10: [Quad City Symphony Riverfront Pops](#) (LeClaire Park, Davenport)
Sept. 10: [QCA Heritage Tractor Parade & Show](#) (John Deere Pavilion, Moline)
Sept. 10-11: [Beaux Arts Fair](#) (Downtown Davenport)
Sept. 16-17: [Celtic Festival & Highland Games](#) (Centennial Park (Davenport))
Sept. 17: [Taming of the Slough](#) (Empire Park in East Moline)
Sept. 17: [Brew Ha Ha](#) (LeClaire Park (Davenport))
Sept. 17: [2016 Walk to End Alzheimer's - Quad Cities](#) (iWireless Center)
Sept. 17-18: [Riverssance Festival of Fine Arts](#) (Lindsay Park (Village of East Davenport))
Sept. 23-24: [Hot Air Balloon Festival](#) (Rock Island County Fairgrounds (East Moline))
Sept. 25: [Quad Cities Marathon](#) (Downtown Moline)
Oct. 1: [GiGi's Super Hero Run](#) (Bettendorf)
Oct. 2: [Nancy Kapheim Memorial Classic](#) (Rock Island)
Oct. 7-9: [Big Bore Enterprise Gun Show](#) (Mississippi Valley Fairgrounds)
Oct. 9: [Apple Fest](#) (Downtown LeClaire)
Oct. 27: [Fright Night](#) (The District (Rock Island))
Oct. 29: [Lagomarcino's Cocoa Beano 5K Race](#) (Village of East Davenport)
Oct. 29-30: [Boo at the Zoo](#) (Niabi Zoo (Coal Valley (Ill.)))
Oct. 29: [Witches Walk & Costume Parade](#) (Downtown LeClaire)
Nov. 12: [Black Hawk College 5k Hustle](#) (Black Hawk College (Moline))
Nov. 18-27: [Quad City Arts Festival of Trees](#) (RiverCenter (Davenport))
Nov. 19: [Festival of Trees Parade](#) (Downtown Davenport)
Nov. 19: [Lighting on the John Deere Commons](#) (Downtown Moline)
Nov. 19: [City of Davenport Garbage Gobble Creek Cleanup](#) (Davenport)
Nov. 24: [Scott County Family Y McCarthy Bush Turkey Trot](#) (Downtown YMCA (Davenport))

Island Insight



Col. Elmer Speights, Jr., Garrison Commander; Eric Cramer, Public Affairs Officer; Mark Kane, Editor

The Army publication, Island Insight, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office. [Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged.](#) All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight; usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil](#); Phone: 309-782-1121. [The Island Insight is available on-line.](#)

