

Feb. 10, 2014



Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Island Intranet under "Information" and on the installation website at www.ria.army.mil under "About USAG-RIA" and then "News" and "Local News."

Island Insight Submission: <https://home.ria.army.mil/sites/ii/ii.cfm>

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Presidents' Day Holiday Safety

Message: As we celebrate Presidents' Day to honor all who have held America's highest elected office, I ask all of our teammates, Soldiers, Civilians, and Family members alike, to remain vigilant to the daily hazards we face and continue to integrate risk management into all decisions, both on and off duty. Winter hazards continue to be a factor at our many unit locations across our

nation and deployed locations around the world. We must remain mindful of potentially dangerous, rapidly changing weather conditions. Driving on wet, snow covered, icy surfaces greatly reduce braking efficiency, resulting in reduced vehicle handling capabilities and increased stopping distances. Drivers must be aware that posted speed limits reflect safe driving speeds under ideal conditions. Safe vehicle travel

requires prudent planning, self-discipline, and a keen sense of awareness. Regardless of how safe we consider ourselves to be while driving, there are others on the roads that are unsafe, have limited driving skills, and lack self-discipline! Watch out for the other guy! Take the time to reconsider the dangers



"HOME OF US ARMY LOGISTICS"



and potential tragic consequences of driving under the influence of drugs or alcohol and distracted driving. Utilize only hands-free devices when operating any vehicle. Continue to leverage the available risk-mitigation resources on the [U.S. Army Combat Readiness/Safety Center website](#). I wish all of you an enjoyable and safe holiday weekend. Thank you for your outstanding service and contributions to this command, our great Army, and our grateful Nation. – *John F. Wharton, Major General, USA, Commanding General, Rock Island Arsenal*

Arsenal Worker Loves Building 'Letters From Home' for Fellow Soldiers:

As Chester Fritch passes the National Cemetery on his way to work each day, the long rows of tombstones he sees serve as a reminder of why his job at Rock Island Arsenal is important. Some of his friends, fallen brothers in arms who fought beside him in Vietnam, are there. He said their sacrifice is one of the reasons why he values his responsibilities at the Arsenal, where he oversees the making of parts



for numerous weapons, from 9 mm handguns to .50-caliber machine guns to mortars. ([More](#))

ASC Recognizes Employees for Hard Work, Long Service, Productivity:

Once a quarter, the Army Sustainment Command recognizes its civilian and military employees for hard work and productivity. Twenty-four individuals were presented plaques and other tokens of appreciation at a ceremony in Heritage Hall at Rock Island Arsenal, Ill., Feb. 6. Col. (Promotable) Daniel Mitchell, deputy commanding officer of ASC, and his operations sergeant major, Sgt. Maj. Douglas Martin, presided over the ceremony. ([More](#))



ASC's Deputy Commanding Officer Receives First Star, New Title:

Army Sustainment Command's deputy commanding officer received his first star at a ceremony in the RIA Golf Club Ballroom packed with family, friends



Upcoming Dates

- Feb. 14:** Valentine's Wine Dinner, Arsenal Island Golf Clubhouse, 6:30 p.m.
- Feb. 17:** President's Day Holiday
- Feb. 22:** Dodge Ball Kids vs Parents, Bldg. 150, 11:30-1 p.m.
- Feb. 25-26:** Army Family Action Plan Conference
- Feb. 26:** African American/Black History Observance, Heritage Hall, 2 p.m.
- Feb. 27:** Community Information MTG, Arsenal Island Golf Clubhouse, 9 a.m.
- Feb. 27:** RIA Council of Colonels/Deputies Luncheon, Arsenal Island Clubhouse, 11:30 a.m.
- March 5-7:** First Army Spring Commanders Conference
- March 10-14:** Training- Unit Prevention Leader, Baylor Conf RM
- March 11-13:** DA Photo Studio on RIA
- March 12:** Tenant Senior NCO Meeting, Arsenal Island Clubhouse, 11:30 a.m.
- March 14:** Shamrock Sock-Hop, Heritage Hall, 6 p.m.
- March 15:** CASI St. Patrick's Day Road Race 5K, Government Bridge, 9 a.m.
- March 19:** EQCC, Bldg. 90, Room 25, 10 a.m.
- March 20-21:** Pet Vaccine Clinic, Bldg. 225 Bays, 1 p.m. (T)
- March 20:** AAFES and PX Advisory Committee, 1 p.m. (T)
- March 25:** Women's History Month Observance, Heritage Hall, 2 p.m. (T)
- March 27:** Community Information MTG, Arsenal Island Golf Clubhouse, 9 a.m.
- March 27:** RIA General Officer Board of Directors, Arsenal Island Golf Clubhouse, 3 p.m.
- March 27:** Right Arm Night, 4:30 p.m.
- April 4:** Installation Planning Board, Baylor Conference Room, 10 p.m.
- April 5:** ACS & CYS Child Abuse Awareness and Recognition of Month of Military Child, Fitness Center, TBD



and colleagues, here, Feb. 7. Brig. Gen. Daniel Mitchell is now ASC's deputy commanding general. During the ceremony, Maj. Gen. John Wharton, ASC and Rock Island Arsenal commanding general and ceremony host, was hailed with two ruffles and flourishes and the General's March -- a tune played during ceremonies to honor and salute attending generals. ([More](#))

New BRAC Round Would Save Money, Increase Army Readiness: As the budget shrinks and as the active Army draws down to 490,000, elimination of excess infrastructure is needed, say leaders from Army Installations, Housing & Partnerships. There are a lot of spaces and facilities at installations throughout the U.S. that are not being utilized or are just partially utilized, said Paul Cramer, deputy assistant secretary for IHP. Yet by law, he said, the Army is required to maintain those facilities. ([More](#))



OMB Tells Congress Sequestration Cuts Aren't Needed In 2014: Agencies will not face any budget cuts from sequestration this year. The Office of Management and Budget told Congress

in a Feb. 7 report that it estimates the enacted fiscal 2014 discretionary appropriations are within the spending limits under the Budget Control Act. The Balanced Budget and Emergency Deficit Control Act of 1985 requires OMB to issue a report to Congress 15 days after appropriations bills are signed into law detailing any spending limits that are more than the allowed caps and would trigger across-the-board cuts. ([More](#))

DoD Making It More Complicated to Replace CAC Cards: Starting in late March or early April, all service members and Defense Department civilians will have to produce documentation to get replacement CACs, a defense official told Military Times. While current policy already calls for people to submit documentation to get a new card, not all CAC issuing stations have required all of the paperwork to get a new card. ([More](#))



Obama Signs Order to Raise Contractor Minimum Wage: President Obama signed an executive order Feb. 12 that would raise the minimum wage for federal contractors to \$10.10 an

hour. The increased wage will only apply to employee wages on new contracts beginning Jan. 1, 2015, according to the administration. President Obama had announced he would raise the wage during the annual State of the Union Address Jan. 28. ([More](#))

NTEU Ad Campaign Spotlights Work of Federal Employees: When the government shut down for 16 days last fall and thousands of federal workers were temporarily forced to stay home, the American public saw what life would be like without federal employees on the job. Now, one of the largest federal-employee unions is launching a year-long multimedia public-awareness campaign to once again jog Americans' memories about the services provided by the federal workforce. ([More](#))



Awards Returning at Some Agencies: Several agencies have reinstated employee performance awards in light of the recently relaxed budgetary restrictions, a trend that others might be able to follow. Many agencies tightly



restricted or suspended awards last year as a budget-saving measure due to sequestration. The Labor Department is reinstating them, although not announcing the funding level. The IRS also is reinstating its awards but capped at a total value of 1 percent of payroll, the limit on such programs set by OMB guidance of late 2013. NTEU had argued that a total of 1.75 percent was required by contract but agreed to the lower amount to avoid what could have been a long delay through a formal challenge. ([More](#))

Messages Can Run Afoul of Hatch

Act: In what serves as an election year warning, the Office of Special Counsel has emphasized that communications through social media are covered by the Hatch Act prohibitions on partisan political activities by federal employees. OSC said that an employee has resigned as OSC was preparing to bring charges related to sending tweets about partisan elections and candidates while on duty—some of them soliciting contributions, which itself is a violation. ([More](#))



Agencies Still Feeling Pinch, Though:

Agencies took a number of cost-saving steps due to sequestration other than clamping down on awards, and many of them remain in place—for example, general hiring freezes and restrictions on training, travel, equipment purchases, maintenance and other overhead expenses. GSA recently reported that spending on travel reimbursed through its SmartPay program fell nearly a fifth in fiscal 2013 and the data so far this fiscal year show a further drop. Also, EPA, SSA and the Broadcasting Board of Governors have announced early retirement opportunities—although each has certain eligibility limits. ([More](#))

CID Warns Scam Website Similar to Legitimate Benefits Website:

The U.S. Army Criminal Investigation Command wants to clarify a press release that was issued Thursday, to help avoid any possible confusion regarding a false website and the official U.S. Army benefits website for former and current service members. In yesterday's announcement, CID accurately released that a website claiming to be an official U.S. Army benefits website, using the web address www.usmilitarybenefit.org, is NOT an



official U.S. Army website and it is not affiliated, nor endorsed in any way by the U.S. Army. ([More](#))

Army Family Team Building Brown Bag Seminars: Bring your lunch and take Level (K):

Knowledge of the Military one class at a time during your lunch hour. Each Tuesday lunch hour 11:35 a.m. – 12:25 p.m., **Jan. 21 through March 25.** Classes held at Army Community Service (ACS), Bldg. 110. To register call ACS (309) 782-0829 or on [TEDs](#). Please register no later than one day prior. ([Flyer](#))



Army Family Team Building Level (L) Leadership Development:

Course covers: Leadership Styles, Effective Communication for Leaders, Developing Great Meetings, Establishing Team Dynamics, Resolving Conflict, Coaching and Mentoring, Virtual Meetings and more. Classes offered **Feb. 12-13**, 8:30 a.m. – 3 p.m. Please register no later than **Feb. 11.** AFTB classes are held at Army Community Service, Bldg. 110. Classes are open to Military members, Family members, Civilians and Contractors affiliated with Rock Island Arsenal. To



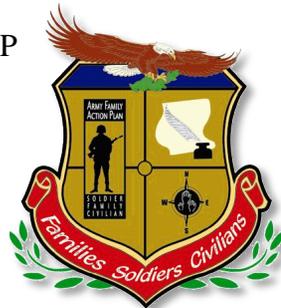
register, call ACS at (309) 782-0829. (Civilians can also register on [TEDs](#))

Newcomers Level I Antiterrorism

Training: The USAG-DPTMS will be offering the mandatory Antiterrorism Level I training on **Feb. 25**. The training is offered Arsenal wide and enrollment is encouraged thru [TEDs](#). Course Title: Garrison Antiterrorism Level I training (new employees), then enroll under the appropriate date. For tenants without [TEDs](#) access, the briefing will be in Bldg. 90, vasement - room 14 (under stairway), 8-9 a.m. For more information, contact the USAG-ATO, (309) 782-4577.

Army Family Action Plan

Conference: Sometimes people need a soapbox to stand on to get their issues heard. Let the Rock Island Arsenal AFAP be the microphone for voicing your issues and solutions to improve our quality of Army life. What do you think? We want to hear from you. Do you have an issue that negatively impacts the quality of life for Soldiers, DA Civilians, Families or retirees? Do you have ideas about



what RIA or the Department of the Army can do to improve our organizations, systems, processes, or guidelines to better serve members of the Army community? The AFAP is a mechanism for identifying things that need to be fixed and providing concrete solutions to address them. Members of the Army community submit issues that are then placed in workgroups at our AFAP conference for discussion. Issues must be measurable and within the purview of the DA or DoD to address. Issues may affect Soldiers (active duty, reservists, or members of the National Guard), family members, DA civilians, or retirees. Issues have to be submitted on [ArmyOneSource](#). Once on the site login and on the drop down menu "Family Programs and Services" click Army Family Action Plan Issue Management and "Submit Issue." ArmyOneSource gives you the option of submitting issues anonymously or with your name. Be Heard. Date: **Tuesday, Feb. 25** Time: **8 a.m. - 4 p.m.**

Arsenal Attic Thrift

Shop: Shop at the Arsenal Attic Thrift Store every Tuesday, Thursday and 3rd Saturday, 9 a.m. – 3 p.m.



POC: (309) 782-6977.

Outdoor Show and RV Camping

Show: If you have a love for the outdoors and winter is keeping you from participating in your favorite recreational activities then come visit with our ranger staff at the QCCA Expo Center in Rock Island and get geared up for summer while the cold air is still blowing outside. The Outdoor Show will be held **Feb. 13-16** and our rangers will be on hand to provide information on all the recreational opportunities our project has to offer. We will even have annual day use passes available for sale so that boaters can get ready for the season by purchasing their boat ramp sticker early. The RV Camping Show will be the following weekend **Feb. 21-23** and rangers will be on site to answer questions and provide information on all our camping and recreational areas. For more information on these shows check out the [website](#).



US Army Corps of Engineers®
Rock Island District

VIOS Schedule for February, March,

April and May: Official DA Studio Photography (DA, Government passport and command photos) will be offered at



Rock Island Arsenal **March 11, 12 and 13; April 22, 23 and 24; and May 6, 7, and 8** (Note changes to previous April dates). Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the VIOS site for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active duty Soldier's DA photos; 2. Official government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - command photos will be printed and available digitally. Additional prints can be ordered in VIOS. To obtain an official government passport photo: 1. Schedule a passport photo appointment at the RIA VIOS website. 2. Go to transportation to obtain a printed DA Form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA Form 3903 to the photographer before the passport photo is taken. You will receive two 2" x 2" passport photos. All scheduled dates can

be found on the RIA VIOS website FAQ.

Women in Defense Spring Fashion Show:

Our WID spring fashion show is Saturday, **March 8**, at the Lodge in Bettendorf. Tickets are \$35 per person, \$65 for two or a table of eight for just \$240. There will be door prizes, a silent auction and 50/50 raffle. Sponsors include Younkers, Four Seasons, Teranga House of Diversity, CJ Banks, River Bandits, Gypsy Nails and the Fun Co. Tuxedos. Go to [getmeregistered.com](#) or call (309) 787-5076 to reserve your seats now. This is a WID fundraiser for WID scholarships and other locally sponsored charities. See more details at [www.widiic.org](#). WID is a 501(c)(3) non-profit organization. Want to volunteer, model or sponsor? Call Peggy at (309) 787-5076.

Time: **11 a.m.**

Blood Drives: The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, Feb. 14 & 21, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail



SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2nd shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **6:30 p.m. on April 18 & 25**. A **3rd shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on Feb. 22**. To sign up for a blood drive held on either the 2nd or 3rd shift, donors should contact their shift supervisor. The Rock Island District, U.S. Army Corps of Engineers is hosting a blood drive on **Thursday, Feb. 20, 8 a.m. - 1 p.m.**, in the Clock Tower Annex Building, Bldg. 217, in the ABC Conf. Rm. ([Blood Transfusion En Route to Trauma Center Keeps Navy Vet Alive](#))



Charlie Corpuscle Says, "Fall is definitely in the air. Did you know that when someone "falls," your blood donation helps to pick them up? In some cases, it is the reason patients are able to get up and carry on in life. On behalf of the patients whose lives you have "picked up," thank you."

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant



programs. For additional information click here.

WID Wisdom Lunch-n-Learn: WID is sponsoring a Wisdom Lunch-n-Learn on Thursday, **Feb. 27**, 11:15 a.m. to Noon in the Caisson Room, Bldg. 60. Dan Saskowski, Cardiac Rehab Program Administrator at UnityPoint Trinity, will present the topic "Symptoms of a Heart Attack in Women." Many of us know people who have had a heart attack but were either in denial or didn't know what was going on. Join us so you can recognize the signs of a heart attack and know what to do for yourself or others if a heart attack occurs. Delaying action could have serious consequences. There is no charge for the lunch-n-learn, no RSVP required (but would be helpful for the room set-up). Bring your own lunch. Questions/RSVP may be directed to Dianne at (309) 912-2044 or dianne.wheeler5033@sbcglobal.net.

Arsenal Island Employee Local Discounts: *The following discounts are exclusively available to Arsenal Island employees* – **The Slice:** Right off the Moline Bridge exit, is offering \$2 off their pizza buffet with drink to Rock Island Arsenal workers. **Double Tap Firearms:** Double Tap Firearms offers a 10 percent firearm discount and \$15

firearm transfer fee in Illinois to active duty and retired military personnel in the QCA (📍). **Bennigan's Rock Island:** Arsenal employees, service men, service women you are always welcome at Bennigan's in Rock Island, and to show you how much your welcome here, we offer a 25 percent discount off your meal, any day any time (📍). **New Life Chiropractic Clinic:** Arsenal Island employees, we're offering you a 20 percent discount on our services (📍). **Goebel Family Dentistry:** Active duty members of the military receive a 10 percent discount on all services. All other Arsenal civilian employees who are new patients can receive either the free exam and x-rays or a free whitening treatment on their first visit (📍). *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*

Arsenal Traffic/Construction

📍 **Future Ft. Armstrong Construction:** In the upcoming construction season, Rock Island Arsenal will be performing work on the intersection of Ft. Armstrong Drive and Rock Island Drive. This work will result in a full vehicle closure for the Installation's Rock Island

Gate and Rock Island Viaduct, as well as restricting vehicles crossing the Government Bridge to "Installation-only" traffic. The American Discovery Trail will remain open. Construction is expected to last approximately two months, barring major weather delays. The exact construction start date is currently unknown. However, we have been coordinating with external agencies in an effort to minimize impact to the surrounding communities.

Building/Space Closures

📍 *No Building/Space Closure related announcements this week.*

Active Duty/Reserve Zone

📍 **Congress Clears Bill Ending Military Pension Cuts:** Congress voted Wednesday to restore full cost-of-living pension increases for younger military retirees, completing a bipartisan capitulation to veterans groups that rose up against a modest cut when it was enacted less than two months ago. The Senate voted 95-3 for the measure, one day after the House approved it, 326-90.



The White House said President Barack Obama would sign it. ([More](#))

Odierno: Leader Development No. 1 Priority: Amidst the drawdown and the "hammer of sequestration," the Army's No. 1 priority in the budget continues to be leader development within both the officer and noncommissioned officer ranks, said Chief of Staff of the Army Gen. Ray Odierno. "We cease to be effective as an Army if we let that go," he said. The general spoke during a discussion at the Council on Foreign Relations, Feb. 11, in Washington, D.C. The discussion, led by James Sciutto, chief national security correspondent, CNN, centered around strategy, the budget, rebalance to the Asia-Pacific region and lessons learned from war. ([More](#))

Army Identifies Hundreds for Separation: The U.S. Army has identified hundreds of senior noncommissioned officers for involuntary separation as the service advances toward reducing 80,000 soldiers from its ranks by 2018. The number of senior NCOs identified for separation under the Army's Qualitative Service Program has increased by more than 310 percent over last year's figures. During fiscal 2013, the Army identified

160 active-duty and Army Reserve senior NCOs for separation under the program. In contrast, this fiscal year's numbers have topped 506 for the same demographic. ([More](#))

Army Enlisted Voluntary Early Separation Program: The Enlisted Voluntary Early Separation Program is one method, chosen by Army senior leaders, to sustain appropriate total force readiness, manage talent and achieve congressionally mandated end-strength. This program will authorize early separation for regular Army enlisted Soldiers prior to their Expiration Term of Service (ETS), in two categories. The first category includes Soldiers serving in over strength skills who are ultimately denied reenlistment by Headquarters, Department of the Army (HQDA) and voluntarily request early separation (up to 90 days). Final reenlistment determinations will be based upon Army requirements, eligibility for reenlistment and eligibility for reclassification into a shortage or balanced skill. The second category includes Soldiers approaching their ETS who have chosen not to reenlist or extend and voluntarily request early separation for the purpose of accepting employment (up to 180 days). ([More](#))

Operation Family Time Out: Open to military kids and kids of deployed civilian ages 6 weeks to 12 years. This past January at the Two Rivers YMCA, the kids had a 4-H science activity on magnets. They learned how to levitate objects using magnets. They had a super fun time learning how magnetic force works. Not only were they interested with the experiment but they had many questions about the topic. Frank, a 4-H volunteer, engaged the children in interactive, hands-on learning. We hope you can join us for another new science experiment and other educational programs that are coming up. Upcoming Programs will meet at the following YMCAs, 1-5 p.m. Upcoming programs are as follows: • **March 8** at the Two Rivers YMCA • **April 12** at the Davenport YMCA • **May 10** at the Two Rivers YMCA.

Walk-In Pet Vaccination Clinic: The Great Lakes Veterinary Services will be hosting a pet vaccination clinic Thursday, **March 20**, 1-6 p.m.; and Friday, **March 21**, 8 a.m. – 1 p.m., at the Rock Island Arsenal Fire Department. All active duty military, military reserve and



National Guard, military retirees, and dependents with valid identification cards are eligible to use this service. There is a charge for all services provided with payment in cash or check only. Please see [our website](#) for prices. Questions? Please call at (847) 688-5740 ext. 4.

Tax Assistance Center: Income tax filing season is here, and Rock Island Arsenal will again host a free tax assistance center. The tax center serves members of the RIA community eligible for Legal Assistance services—primarily active duty service members, military retirees, and family members. In a change from recent years, an appointment is required and there is no “drop-off” service. Appointments will be available weekdays, 8 a.m. to 3 p.m., **Jan. 28 through April 15.** Most appointments can be expected to take about an hour, with more complex returns taking longer. In accordance with IRS guidelines, the tax center may prepare and submit most – but not all – federal and state income tax returns. For example, we cannot prepare returns for a home-based business. If you expect your return to be complex, please discuss that with us when you call, and we can advise as to whether we will be able to prepare your return. To schedule an

appointment please call (309) 782-8457/1894. Please bring the following to your appointment: a photo ID; your social security card (or official SSA correspondence with your SSN on it); documents showing income of any type (W-2s, 1099s, etc.); documents to support any deductions/credits; copy of last year’s return; direct deposit information; dependents' birth dates.

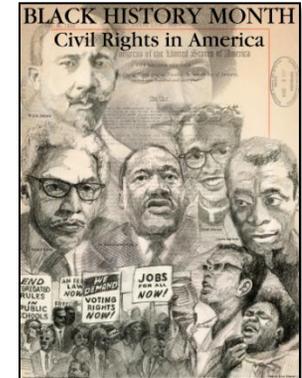
Safety Spotlight

Beware of Icy Walking & Driving Conditions: Melt - freeze - melt - freeze; it's a vicious cycle. The day time temperatures have been warm enough to melt the snow. Evening temperatures drop, and cause the melted snow to re-freeze, causing icy conditions on sidewalks and in parking lots in the mornings. This is yet another message to inform you icy conditions. It may look wet, but it could be ice. Please take your time, look for and anticipate slippery conditions. Walk slowly and drive carefully.



Equal Opportunity Focus

2014 RIA African American/Black History Month Observance: The 2014 Rock Island Arsenal's African American/Black History Month Observance will be held on **Feb. 26, 1-2 p.m.**, at Heritage Hall, Bldg 60. The guest speaker will be Dr. Christopher M. Whitt of Augustana College. He will be speaking on this year's theme "Civil Rights in America." We will also have a guest performer, Kevin "BF" Burt - Bluesman Extraordinaire. The theme is decided each year by the Association for the Study of African American Life and History. The story of Black History Month begins in 1915, half a century after the Thirteenth Amendment abolished slavery in the United States. That September, the Harvard-trained historian Carter G. Woodson and the prominent minister Jesse E. Moorland founded the Association for the Study of Negro Life and History, an organization dedicated to researching and promoting



achievements by black Americans and other peoples of African descent. Known today as the Association for the study of African American Life and History, the group sponsored a national Negro History week in 1926, choosing the second week of February to coincide with the birthdays of Abraham Lincoln and Frederick Douglass. The event inspired schools and communities nationwide to organize local celebrations, establish history clubs and host performances and lectures. In the decades that followed, mayors of cities across the country began issuing yearly proclamations recognizing Negro History Week. By the late 1960s, thanks in part to the Civil Rights Movement and a growing awareness of black identity, Negro History Week had evolved into Black History Month on many college campuses. President Gerald R. Ford officially recognized Black History Month in 1976, calling upon the public to "seize the opportunity to honor the too-often neglected accomplishments of black Americans in every area of endeavor throughout our history." Since then, every American president has designated February as Black History Month and endorsed a specific theme. Every member of the island and their families are invited to attend the observance. The observance is

available in [TEDs](#). To register please use keyword "2014 Black History." For more information on African American/Black History Month please visit [The Library of Congress](#), and [Stand-To!](#). For more information on the Association for the Study of African American Life and History please visit www.asalh.org. For additional information or accommodations please contact [Sgt. First Class Raymond Gonzalez](#), Equal Opportunity Advisor US Army Sustainment Command, (309) 782-3021.



Morale, Welfare & Recreation (MWR)



Visit the MWR website at www.riamwr.com for information on all MWR programs. Also [click here](#) to become a fan on Facebook, or Twitter [@golf1897](#), and stay up to date on all the great MWR offerings here at the Arsenal.

New Fitness Center Classes: Group fitness classes at the Fitness Center are a great way to get those New Year's resolutions off to a running start. With a wide variety of class styles including rowing, spinning, yoga, TRX and our new 20:20:20 & Fit For Life classes

there is sure to be something for all. [Visit here](#) for full class schedules, descriptions and prices or call (309) 782-6787.

Carwash Notice: With all the salt on the roads this time of year the carwash bay located in the Auto Skills Shop (Bldg. 351) is a great place keep your vehicle clean, shiny and rust free. If you do use the carwash please remember to close the door to the wash bay when you are finished as this cold weather wreaks havoc on the water pipes and will shut down the system.

New Group Fitness Class: Fit For Life: Fit For Life is a class designed to help you stay healthy, fit, and active throughout all stages of your life. This class combines low impact cardio, strength training, balance, and flexibility training. This class is also a great way to improve health, help you feel better, have fun, and socialize with others! Fit For Life will help individuals improve balance, posture, coordination, flexibility, strength, and endurance through instructed guidance using light weights, resistance bands, stability balls, medicine balls, indoor track and various other pieces of equipment. The class is offered in six-week sessions for \$18 for civilians and \$16 for military or just try



1 class and pay the drop-in fee of \$3/class. Call (309) 782-6787 for more info and to sign up. ([Flyer](#))
Time: **9-9:45 a.m.**

Valentine's Wine Dinner: Looking for something special for your special someone this Valentine's Day? What could be more romantic than a gourmet five-course candlelit meal perfectly paired with five extraordinary wine selections? Get your reservations now for Friday, **Feb. 14**, 6:30 p.m., for this limited seating dinner at the beautiful and historic Arsenal Island Golf Clubhouse. See the flyer in the link below for the complete menu including wines and more info. Call (309) 782-4372 to reserve your seats before they are gone. ([Flyer](#))

MWR 2014 Garden Plot Sign Ups: Signups for this season's MWR Garden Plot Program at Outdoor Recreation Bldg. 333 are: Active duty military – **March 3**; retired military – **March 10**; and RIA civilians – **March 17**. For more information and complete details phone Outdoor Recreation at (309) 782-8630. Time: **8:15 a.m. - 4 p.m.**



MWR Leisure Travel Office



Office Hours: Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

Sesame Street LIVE!: No matter where you're from or where you've been, everyone is special – so join in. Elmo, Grover, Abby Cadabby, and their Sesame Street friends welcome Chamki, Grover's friend from India, to Sesame Street. Together, they explore the universal fun of friendship and celebrate cultural similarities, from singing and dancing, to sharing cookies. Join the fun and make a memory with your friends and family. Leisure Travel Office has discounted tickets on sale until **Feb. 18**. Date: **Thursday, March 13**
Time: **6:30 p.m.**

Miss Abigail's Guide to Dating, Mating & Marriage: This is the story of Miss Abigail, the most sought-after relationship expert to the stars (think Dr. Ruth meets Emily Post), and her sexy sidekick Paco, as they travel the world teaching Miss Abigail's outrageously funny "how-to's" on dating, mating, and marriage. Let Miss Abigail take you back to a simpler time, before booty calls and before speed-dating. Back when the divorce rate wasn't 50 percent and when "fidelity" was more than an

investment firm. Discounted seats on sale until **March 1**.

Date: **Saturday, March 15**
Time: **5:45 p.m.**

Tales of a Fourth Grade Nothing: Circa 21 children's theatre presents: Tales of a Fourth Grade Nothing. It is a humorous look at family life and the troubles that can only be caused by a younger sibling. This play teaches children about responsibilities and how to recognize certain feelings they have, whether with family or friends, and that the emotions they have are ok. Discounted seats on sale until **April 5** ... \$9 per person. Date: **Saturday, April 19**
Time: **10 a.m.**

Walt Disney Military Promotion
Tickets: Disney has renewed the Armed Forces Salute for yet another year. The offer will run **Sept. 29, 2013 – Sept. 27, 2014**. Qualified individuals may purchase up to a maximum of six theme park tickets during the period. Four-Day Park Hopper tickets \$169 Four-Day Water Park & More tickets for \$169 Four-Day Park Hopper tickets plus the Water Park & More option for \$198, **April 13** (no theme park or water park use) **July 4** (no Magic Kingdom use)



Please allow three weeks for ticket arrival when ordering.

Universal Studios Orlando: This special ticket is good for unlimited admission for three days over a seven consecutive day period from first redemption. Universal Orlando Resort is more than a theme park, it is an entire universe of action and thrills featuring two spectacular theme parks unlike anything else in Orlando. Ticket expires on **May 9**; unused days shall be forfeited.

Davenport Cinemark 53rd 18 + IMAX Theatre: Leisure Travel is selling Platinum Supersaver Prepaid Admission Tickets to Davenport Cinemark 53rd 18 + IMAX theatre (formally 53rd cinemas and RAVE cinemas) These tickets have no restrictions or expiration date.

Child, Youth & School Services

Exploring Theatre Arts at the School Age Center: The kids at the School Age Center have had 4-H lessons on Theater Arts. They are learning how to become more confident and expressive in front of others. In February they will participate in activities that enhance

their voices, facial expressions and body language. They will perform simple pantomimes in small groups. They will also be telling jokes and reciting tongue twisters in front of their peers. Last, they will participate in Reader's Theatre. The kids will practice scripts and then read them in front of an audience. This is a great way to encourage and develop reading skills while engaging in a cooperative and fun activity. Coming up in March, the kids will be participating in service learning activities. On **March 31** there will be a guest presenter from the American Red Cross. She will be teaching the kids about basic first aid. [For more information on what the School Age Center offers.](#)

Covenant Cottage Child Development Home: [Covenant Cottage Child Development Home](#) is available for backup, emergency, and hourly care for ages four weeks through 12 years. The home is located on post and is open from 6 a.m. – 6 p.m. Monday through Friday, Tuesday and Thursday evenings and Saturday mornings. Army Family Covenant Guidelines state deployed Soldiers are entitled to 16 hours free respite childcare per child, per month. For reservations call (309) 782-6793. We encourage you to call as far in

advance as possible because spaces fill quickly.

Army Community Service (ACS)

ACS is located in Bldg. 110, 1st floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here.](#) 24/7 Sexual Assault Hotline: (309) 229-8412

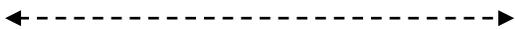


Communication Skills Class: Come learn effective techniques Tuesday, **Feb. 18**, 10 - 11 a.m., for better communications with your friends, family, bosses, co-workers and customers in this free class offered by Army Community Service. Class will be held in Bldg. 102 in the Baylor Conference Room. Call (309) 782-3773 for more info and to sign up. ([Flyer](#))

Military Saves Week: Military Saves Week promotes automatic savings to assist service members, their Families and DoD civilians reach their savings goals. As part of Military Saves Week 2014, scheduled for **Feb. 24 – March 1**,



RIA Army Community Service Center and RIA Federal Credit Union are spreading the savings message, and urging the community to participate in Military Saves Week and take the Military Saves pledge. Military Saves Week is a great opportunity to help service members, their Families and DoD Civilians in our community to Set a Goal, Make a Plan, and Save automatically. The 2014 Military Saves Week theme is "Start Small. Think Big." To help the community save more successfully and encourage them to save, ACS and RIA Federal Credit Union offer military Families and DoD civilian employees the Military Saves Week. Military Saves Week encourages people to build wealth, not debt. Military Saves Week is coordinated by America Saves and the Consumer Federation of America in partnership with the Department of Defense. It is an annual opportunity for organizations to promote effective and responsible savings behavior and to provide an avenue for individuals to assess their own saving status. ([More](#))



Employee Assistance Program



For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1st floor, East.

National Eating Disorders Awareness Week – February 2014: We've all seen the ads, if only you had this diet pill, exercise device, or meal plan you would feel attractive and happy. It can be tempting to think that changing your weight can solve the problems in your life. However, for the millions of people who struggle with eating disorders each year their initial diet or weight loss tricks spiraled out of control into a mess of isolating rituals, despair, and medical complications. Organizations across the U.S. are working to raise awareness of eating disorders and their prevention during National Eating Disorders Awareness Week, **Feb. 23- March 1**. The Rock Island Arsenal Employee Assistance Program would like to help you increase your personal awareness by reminding you of confidential counseling available to you and your dependent family members. Master-

level counselors offer short-term counseling and referral assistance. The EAP is located in Bldg. 56, 1st floor, East Wing and appointments are available Monday through Friday, 7:30 a.m. until 5 p.m. Call (309) 782-4357 to schedule an appointment. The Rock Island Arsenal Employee Assistance Program staff hopes you will take advantage of this free and confidential service because eating disorders are treatable and you can feel better. Learn more about eating disorders at <http://nedawareness.org>. You can also access an anonymous mental health screening at www.militarymentalhealth.org.

Assertiveness Training: Do you want to learn strategies to communicate effectively and to enhance yourself personally and professionally? Sign up for Assertiveness Training. Classes will be offered **March 11, April 8, May 6, June 10, July 8, Aug. 12**, Tuesdays, 10:30-11:30 a.m., Bldg. 56, 1st Floor, Room 122. Sign up in [TEDs](#) (key word 'assertiveness') or call (309) 782-2552 to reserve your spot. Sponsored by: Employee Assistance Program

Time Management: Do you feel that there is never enough time in a day to get everything done? Would you like to



learn some tips to become more organized and free up some time for more fun? Sign up for a Time Management class. Classes will be offered **March 25, April 22, May 13, June 24, July 22, Aug. 26**, Tuesdays, 10:30-11:30 a.m., Bldg. 56, 1st Floor, Room 122. Sign up in [TEDs](#) (key word 'Time Management') or call (309) 782-2552 to reserve your spot. Sponsored by: Employee Assistance Program

PTSD Support Groups: Help is available if you or a loved one is experiencing symptoms of Post-Traumatic Stress Disorder. The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

Grief Support Group: Grieving? We can help. The Employee Assistance Program is sponsoring a support group for individuals who are mourning the death of a loved one. The group meets on Tuesdays, 3-4 p.m., Bldg. 56, 1st Floor, Room 122. For more information contact Rita Baugh, EAP counselor, at (309) 782-2552.

Stress Management: Do you want to learn effective strategies to reduce stress? Sign up for a Stress Management Class. **Feb. 25**, Tuesday, 10:30–11:30 a.m., Bldg. 56, 1st Floor, Room 122, Call (309) 782-4357 to reserve your spot. Sponsored by: Employee Assistance Program.

Smoking Cessation Group: Do you want to learn effective ways to kick the habit? The Employee Assistance Program offers an ongoing educational support group for people who would like to quit smoking. The group meets each Wednesday, 3-4 p.m., at the EAP office located in Bldg. 56, 1st Floor, East Wing.

Education/Training Review

The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.

RIAWC Scholarships Available: The Rock Island Arsenal Welcome Club is now accepting scholarship applications

from High School Seniors and Continued Education Students. Applicants must meet eligibility requirements stated in the scholarship application. Merit-based scholarships will be awarded in the amount of \$750.00-\$1,500.00. Applications are available effective Jan. 15 from guidance counselors at local high schools and colleges, the Arsenal Attic (thrift shop), the fitness center, the commissary, by [email](#) or [download from our website](#). A link to the application can also be accessed on our [Facebook page](#) under the events section. Applications must be post-marked no later than **March 15**.

Don't Let Drugs Darken Your Future

Free Date Log Planners: There may not be such a thing as a free lunch, but there is such a thing as a free 2014 date log planner. The Army Substance Abuse



Program/Employee Assistance Program is giving away free date log planners to RIA Civilian and Military personnel. Just come to the ASAP/EAP, Bldg. 56, first floor, East Wing, and receive your free planner. Plan for tomorrow, and don't let drugs darken your future.



FEEA Taking Applications for 2014-15 Scholarships: The Federal Employee Education and Assistance Fund announced it is taking applications for its 2014-2015 FEEA Scholarship Program. The program, which began taking applications Jan. 2, is open to civilian federal and postal employees with at least three years of service by **Aug. 31**, as well as to their spouses and dependents. Active duty and retired military service members and their dependents are eligible only through a sponsoring civilian employee spouse. Applications must be postmarked no later than **March 28**, FEEA said. ([More](#))

Scholarships for Military Children Program Opens: Applications for the 2014 Scholarships for Military Children Program become available Dec. 3 at commissaries worldwide or on the Internet at www.militaryscholar.org. Applications must be turned in to a commissary by close of business **Feb. 28**. Packages must be hand-delivered or shipped via U.S. Postal Service or other delivery methods, not emailed or faxed. This year's award amount has risen to \$2,000, and the program awards at least one scholarship at each commissary with qualified applicants. An applicant must be a dependent, unmarried child,

younger than 21 - or 23, if enrolled as a full-time student at a college or university - of a service member on active duty, Reserve or Guard member, retiree or survivor of a military member who died while on active duty, or survivor of a retiree.

Army Emergency Relief Scholarship Applications Now Available On-line: AER scholarship on-line applications for Army Spouses and Dependent Children of Active Duty Soldiers, Retirees and the Fallen are now available through April at www.aerhq.org and look under the Scholarship button, or go directly to www.aerhq.org/dnn563/Scholarships.aspx. For more information call (309) 782-1499 or jon.c.cook.civ@mail.mil. The AER Scholarship brochure can be viewed at www.riamwr.com/acs/emergency-relief.

NDIA Lifetime Achievement Awards: Nominations are being accepted for the Lt. Gen. (Ret) Lawrence Skibbie award for Lifetime Contributions to National Defense, the Maj. Gen. (Ret) William Eicher award for Lifetime Contributions to the Weapons Industrial Base and the Maj. Gen. (Ret) Paul Greenberg award for Lifetime Contributions to the Ammunition Industrial Base. Applications must be postmarked no

later than **April 12**. Send nominations to Jimmy Morgan, 289 Niabi Zoo Road, Coal Valley, IL 61240 or jimcmorgan@aol.com. Application details at www.ndia-ia-il.org.

RIAFCU Scholarship: Do you or someone you know need money for college? R.I.A. Federal Credit Union is awarding three \$1,000 scholarships for the 2014/2015 school year. Any primary member of R.I.A Federal Credit Union with an account in good standing is eligible to apply. An individual may join R.I.A. for the sole purpose of eligibility. The IL Quad City Credit Union League is also awarding scholarship monies for the 2014/2015 school year. Applications for either scholarship program are due **Feb. 15**. Applications may be picked up at the R.I.A. branch in Bldg. 61 or [download an application here](#).

NDIA Academic Year 2014-15 Scholarship: Applications for the Iowa Illinois Chapter NDIA Academic Year 2014-15 scholarship are now being accepted. The scholarship application may be found at www.ndia-ia-il.org. Applications must be postmarked by **March 24**. Call (563) 650-3252 for further information.



Sgt. Paul Fisher Academic Year 2014-15: Scholarship Applications for Academic Year 2014-15 Sgt. Paul Fisher Scholarship are now being accepted. High school senior sons and daughters of active duty, reserve, and retired military members in Iowa and northwestern Illinois are eligible to apply. Applications are available on the chapter's web site, www.ndia-ia-il.org. Applications must be postmarked by **March 24**. Call (563) 650-3252 for any additional information.

2014 IA/IL WID Scholarship:

Applications for the IA/IL Chapter WID 2014-15 academic year are now being accepted. The application may be found at www.widiic.org, and must be postmarked by April 14. Questions: Contact Chioma Ezeugwu, (309) 269-7148 or e-mail: scholarships@widiic.org.
Date: **Monday, April 14**
Time: **3 p.m.**

Commissary / Exchange

☪
The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly

consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: www.commissaries.com ([Facebook](#))



Arsenal Archive



Information for the *Arsenal Archive* is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

This Week in Rock Island Arsenal History – Feb. 10-16: Construction of the second phase of Project REARM began in February 1986.



Healthbeat



Take Charge of Heart Health Today, This Month: Today is Valentine's Day, when many people give chocolates in heart shaped containers to those they care about. A lesser-known event associated with a certain type of diet and the heart is National Heart Month which we celebrate each February. Cardiovascular disease, which can increase the risk of having strokes and heart attacks, is the number-one killer of Americans, leading to about one third of the deaths in the United States each year. Eating a certain type of diet can increase the likelihood of developing cardiovascular disease. Getting too much sodium, too much solid fat from saturated and trans fats, too much dietary cholesterol and not enough fiber are all dietary habits that can increase the risk for cardiovascular disease. ([More](#))

Heart Health: Small Steps Now Stave Off Future Problems: Even though February is the shortest of all the months, it's still enough time to make some big improvements to your heart health. Small steps each day, such as reducing sodium intake, exercising, and eating more fruits and vegetables can



help your body make huge strides in fighting off heart disease. ([More](#))

Health Security Effort to Boost Global Disease Response:

Top administration officials today are joining representatives from federal agencies and 26 nations to launch an international effort that will help to boost the global capacity to prevent, detect and respond to disease outbreaks. At the Department of Health and Human Services headquarters this morning, HHS Secretary Kathleen Sebelius and Lisa Monaco, assistant to the president for homeland security and counterterrorism, are speaking about the Global Health Security Agenda. Joining them are officials from Finland, Germany, Canada, the United Kingdom, the Netherlands, Norway, Japan, South Korea, China, India, Indonesia and other participating countries. ([More](#))

Notes for Veterans

Construction Industry Pledges to Hire 100,000 Veterans:

First lady Michelle Obama and Labor Secretary Thomas Perez on Monday will announce a pledge from construction companies to hire 100,000 veterans over the next five years as part of an initiative seeking to

encourage non-government support for former troops. The agreement, involving more than 100 companies, comes as the construction industry is poised to gain 1.6 million jobs by 2022, giving it the 11th highest anticipated rate of growth at 2.6 percent annually, over that period, according to the latest Bureau of Labor Statistics projections. ([More](#))

Carpooling Announcements



Submit carpooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

Did You Know?: The [AMTBP \(Army Mass Transportation Benefit Program\)](#) is a program where Army employees can qualify for up to \$245 in reimbursements for use of mass transportation (to include van pooling). ([More](#))



Carpool:

- **Ride:** Looking for a ride and pay for gas. Location – Sherwood Forest Apartment, Davenport. Call thru Illinois relay at (800) 526-0857 to contact me at (309) 782-1078 (TTY). ([Email](#))
- **Carpool:** Carpool from Rio, Ill., looking for people to carpool with along 150. Please call (309) 782-5472.
- **Carpool:** New hire with flexible hours seeking to pay for ride from Moline 9th & 53rd, (Franklin School area) (309) 757-5755.

Around the Q.C.



- Feb. 14:** [Valentine Walk](#) (Watchtower Lodge, Black Hawk State Historic Site, Rock Island)
- Feb. 14:** [One Billion Rising](#) (Annie Wittenmeyer Gymnasium, 2800 Eastern Avenue, Davenport)
- Feb. 23:** [CBRC Chili Chase 4-Mile Run/Walk](#) (Duck Creek Park, Davenport)
- March 15:** [29th Annual St. Patrick's Day Parade](#) (Rock Island & Davenport)
- March 19-22:** [Gathering of the Green](#) (RiverCenter, Davenport)
- March 21:** [NCMA QC Chapter Trivia Night with Mr. Trivia](#) (Knights of Columbus Hall 1111 W. 35th St. Davenport)
- March 21-23:** [QCCA Flower and Garden Show](#) (QCCA Expo Center, Rock Island)



March 28-30: [2014 Writing My Way Back Home: Midwest Veterans Writing Workshop](#) (Cedar Rapids Veterans Memorial Building)

April 12: [Bandits Race to Home 5K](#) (Modern Woodman Park)

April 12: [Run for Renewal 5K](#) (Sr. Concetta Park, Davenport)

April 26: [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)

May 2-3: [Army JROTC 7th Annual "Blue Devil" Raider Challenge](#) (Naval Operations Support Center, Bldg. 218, Arsenal Island)

May 3: [Village in Bloom: Festival of the Arts](#) (Village of East Davenport)

May 3: [Derby Day Party](#) (Arsenal Island Golf Clubhouse)

May 3: [Venus Envy](#) (Bucktown Center for the Arts, Davenport)

May 10-11: [Beaux Arts Fair](#) (Downtown Davenport)

May 17: [5th Annual You Were Made for This 5K](#) (Young Life, Moline)

May 17: [Livefit With Lupus Run 5K](#) (LeClaire, Iowa)

May 17: [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)

May 26: [49th Annual Quad Cities Criterium](#) (Downtown Rock Island)

June 3-7: [Quad Cities Senior Olympics](#) (Rock Island)

June 6-7: [Rhubarb Festival](#) (Aledo, Ill.)

June 6-7: [22nd Annual Gumbo Ya Ya](#) (The District, Rock Island)

June 7-8: [QC Pridefest](#) (Downtown Davenport)

June 12: [Hot Rod Magazine Power Tour](#) (Isle Casino Hotel, Bettendorf)
<http://www.hotrod.com/>

June 12-15: [19th Annual Rally on the River](#) (Centennial Park, Davenport)

June 14: [Run for the Hills XC 5K](#) (Crow Creek Park, Bettendorf)

June 14: [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)

June 14-15: [Juneteenth](#) (LeClaire Park, Davenport)

June 15: [30th Annual Ride the River Bike Ride](#) (Downtown Davenport)

June 17-21: [145th Annual Rock Island County Fair](#) (Rock Island County Fairgrounds, East Moline)

June 20-22: [28th Annual Quad City Air Show](#) (Davenport Airport, Mount Joy, Iowa)

June 21: [Inaugural Micro Brew Mile & 6k Road Race](#) (Moline)

June 21: [Royal Ball Run For Autism 5K](#) (Milan, Ill.)

June 22: [Blossoms at Butterworth](#) (Deere Family Homes, Moline)

June 27-28: [Greek Cultural Fest](#) (Assumption Greek Orthodox Church, East Moline)

July 3: [Red, White & Boom!](#) (The District & Downtown Davenport)

July 3-5: [30th Annual Mississippi Valley Blues Festival](#) (LeClaire Park, Davenport)

July 4: [Firecracker Run & Parade](#) (East Moline)

July 4: [Bettendorf Old-Fashioned 4th of July](#) (Bettendorf)

July 7-13: [John Deere Classic PGA Tour](#) (TPC Deere Run, Silvis)

July 10-12: [Walcott Truckers Jamboree](#) (Iowa 80 Truckstop, Walcott, Iowa)

July 12: [Case Creek Obstacle Run 5K](#) (Coal Valley, Ill.)

July 12: [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)

July 25-26: [43rd Annual Street Fest Presented by the MVRBC](#) (Downtown Davenport)

July 26: [41st Annual Quad-City Times Bix7](#)

July 29-Aug. 3: [95th Annual Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds, Davenport)

July 31-Aug. 3: [43rd Annual Bix Beiderbecke Memorial Jazz Festival](#)

(RiverCenter/Adler Theatre, Davenport)

Aug. 2: [British Auto Fest](#) (LeClaire, Iowa)

Aug. 7: [2nd Annual Freedom Run 5K](#) (East Moline, Ill.)

Aug. 7-9: [Great Tug Fest](#) (LeClaire, Iowa & Port Byron, Ill.)

Aug. 8-9: [22nd Annual Ya Maka My Weekend](#) (The District, Rock Island)

Aug. 9: [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)

Aug. 15-16: [10th Annual River Roots Live & Rockin' Rib Fest](#) (LeClaire Park, Davenport)

Aug. 16: [Floatzilla](#) (Sunset Marina, Rock Island)

Aug. 22-24: [World Series of Dragracing](#) (Cordova Dragway)

Aug. 23: [Silvis Home Run 5K](#) (Shadt Park, Silvis, Ill.)

Aug. 30-31: [Rock Island Grand Prix](#) (Downtown Rock Island)

Sept. 1: [Bettendorf Rotary Run with Carl](#) (Life Fitness Center, Bettendorf)

Sept. 5-21: [East West Riverfest](#) (Various QC Locations)

Sept. 6: [Quad City Symphony Riverfront Pops](#) (LeClaire Park, Davenport)

Sept. 6: [¡Viva! Quad Cities](#) (Isle of Capri, Bettendorf)

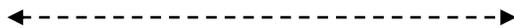
Sept. 6: [QCA Heritage Tractor Parade & Show](#) (John Deere Pavilion, Moline)

Sept. 6-7: [Beaux Arts Fair](#) (Downtown Davenport)

Sept. 13: [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)



Sept. 19-20: [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)
Sept. 20: [15th Annual WQPT Brew Ha Ha](#)
Sept. 20-21: [Riverssance Festival of Fine Arts](#) (Lindsay Park, Village of East Davenport)
Sept. 28: [17th Annual Quad Cities Marathon](#)
Sept. 26-28: [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)
Oct. 4: [Night of the Running Dead 5K](#) (Davenport)
Oct. 4: [GiGi's Super Hero Run](#) (Bettendorf)
Oct. 11: [Trinity Quad Cities Classic Regatta](#) (on the Mississippi River in Moline)
Oct. 11: [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)
Oct. 12: [Apple Fest](#) (Downtown LeClaire, Iowa)
Oct. 23: [Fright Night](#) (The District, Rock Island)
Oct. 25: [Lagomarcino's Cocoa Beano 5K Race](#) (Moline)
Oct. 25-26: [Boo at the Zoo](#) (Niabi Zoo, Milan, Ill.)
Nov. 22: [Festival of Trees Parade](#) (Downtown Davenport)
Nov. 22: [Lighting on the John Deere Commons](#) (John Deere Commons, Moline)
Nov. 22: [Holiday Pops Concert](#) (Downtown Moline)
Dec. 7: [19th Century Christmas](#) (Butterworth Center, Moline)



Island Insight



Col. Elmer Speights, Jr., Garrison Commander; **Eric Cramer, Public Affairs Officer;** **Mark Kane, Editor**

The Army publication, Island Insight, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office. [Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged.](#) All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight; \[usarmy.ria.incom-central.mbx.usag-ria-pa@mail.mil\]\(mailto:usarmy.ria.incom-central.mbx.usag-ria-pa@mail.mil\); Phone: \(309\) 782-1121. The Island Insight is \[available on-line.\]\(#\)](#)

