



**Feb. 2, 2015**

# Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Garrison Internet page under "Information" and on the installation website at [www.usagria.army.mil](http://www.usagria.army.mil) under "News" and then "Local News."

**Island Insight Submission:** <https://home.ria.army.mil/sites/ii/ii.cfm>

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## Quad Cities native enjoyed time at home while in command

Who says you can never go home again? Capt. Joseph C. Pauley, a Milan, Illinois, native, recently completed an 18-month tour as commander of First Army's Headquarters and Headquarters Detachment. "It's very rare you get the opportunity to get back to your hometown in a command position.



The Quad Cities is a great area," Pauley said. The 11-year Army veteran arrived at First Army in 2012 after serving in units across the United States where he deployed to Iraq and Afghanistan as a Counter-Improvised Explosive Device intelligence expert. The Sherrad High School and Western Illinois University alumnus enlisted in the Army Reserve and served in the 724TH Transportation Company at Bartonville, Illinois, before being commissioned as an active duty Army officer. Pauley said he has felt the support of family and friends including his parents, grandparents, two siblings, aunts, uncles and cousins -- all Quad City residents, while assigned to First Army. ([More](#))

## Upcoming Dates

- Feb. 5:** Installation Information Forum, Arsenal Island Clubhouse, 3 p.m.
- Feb. 5:** Island-Wide Social, Arsenal Island Clubhouse, 4 p.m.
- Feb. 10:** Community Special Events Meeting, Heritage Hall, 1 p.m.
- Feb. 10-12:** DA Photos, Bldg. 56, Basement, 7:20 a.m. – 3:40 p.m.
- Feb. 11:** RIA FMWR Health & Fitness Fair, Fitness Center, 10 a.m. – 2 p.m.
- Feb. 11:** Tenant Senior NCO, Arsenal Island Clubhouse Veranda, 11:30 a.m.
- Feb. 11:** JMC Change of Responsibility Ceremony, 1 p.m. (Location TBD)
- Feb. 14:** Valentine's Wine Dinner, Arsenal Clubhouse, 6:30 p.m.
- Feb. 16:** President's Day (*Federal Holiday*)
- Feb. 17:** Installation AT Level 1 Training (new employees), Bldg. 90, DPTMS Conf. Rm., B13, 8 a.m.
- Feb. 19:** African American/Black History Observance, Time TBD
- Feb. 21:** Annual Kids vs Parents Dodge Ball, Bldg. 150, 11:30 a.m. – 1 p.m.
- Feb. 22-28:** National Engineers Week
- Feb. 23-27:** SFL-TAP Workshop, Bldg. 56, Rm. 122, 8 a.m. – 4:30 p.m.
- Feb. 26:** Council of Colonels, Arsenal Island Clubhouse Veranda, 11:30 a.m.
- Feb. 26:** Newcomers Orientation, Arsenal Island Clubhouse, 8 a.m. – 12 p.m.
- Feb. 26:** Council of Colonels, Arsenal Island Clubhouse Veranda, 11:30 a.m.
- March 2-6:** Severe Weather Awareness Week

## First Army's Commander Visits Veterans at Iowa City VA Medical Center

Lt. Gen. Michael S. Tucker, First Army commanding general, offered praise and respect to several veterans he visited at a VA hospital here. Tucker went to the Iowa City VA Medical Center on Jan. 29, as part of a goodwill visit during the winter season. Before visiting the patients, Tucker met and discussed patient care with the medical center's leaders. Tucker himself served as deputy commanding general at the Walter Reed Army Medical Center in 2007 and assistant surgeon general for Warrior Care Transition, Office of the Surgeon General from 2007 to 2008. ([More](#))



## Arsenal's Hansen Is 3-Time Hall Of Famer

Isabelle Hansen is a legend, a three-time Hall of Famer. Someone the United States government should have on speed-dial for help. Hansen, of Rock Island, recently was inducted into the Army Materiel Command Hall of Fame in a ceremony held at Redstone Arsenal, at Huntsville, Ala. She was one of five Hall of Famers inducted by AMC commander Gen. Dennis Via in recognition of their lasting contributions to the command and to the Army. It is the third time she has been inducted into a Command Hall of Fame. According to a release chronicling Hansen's career, she was the first woman within AMC to be promoted to senior executive service rank, a rank just below presidential appointees. ([More](#))



## First Army Officer Passes Lessons On To Area Youth

A First Army officer is passing the lessons he has learned in the military onto area youth. Maj. Jason Anthony, First Army medical operations officer, was among those addressing eighth grade boys during Martin Luther King Jr. Mentorship Day on Thursday at St. Ambrose University. Anthony became involved with this event due to his membership in the Phi Beta Sigma fraternity, one of the event sponsors. ([More](#))

## Dailey Shares Ideas About Leadership Development, Fitness, Women In Combat Arms

"You've always been just a Soldier. And you need to say that," said Sgt. Maj. of the Army Daniel A. Dailey, relaying the advice given to him by retired Sgt. Maj. of the Army Robert E. Hall. Dailey, who most recently served as the command sergeant major at U.S. Army Training and Doctrine Command, or TRADOC, was sworn in as the 15th sergeant major of the Army during a ceremony at the Pentagon, Jan. 30. Chief of Staff of the Army Gen. Ray Odierno administered the oath to the new senior enlisted advisor. ([More](#))



## White House Seeks 1.3 Percent Pay Raise for Civilians, Troops

President Obama called for a 1.3 percent pay raise for civilian federal employees and military members in his fiscal 2016 budget request released Monday. The raise will help the federal government "remain competitive in attracting and retaining a high caliber workforce," the proposal stated. This marks the highest such pay bump put forward by the Obama administration since the 2 percent suggestion the president made in his first ever budget. While that fiscal 2010 proposal called for a higher raise for military personnel, the most recent fiscal 2016 plan would give the troops the same 1.3 percent bump as the civilian workforce. ([More](#))



## Obama Wants 34,000 More Federal Employees In 2016

Federal agencies would grow by more than 34,000 federal employees in fiscal 2016, under President Obama's budget proposal released Feb. 2. The federal workforce – excluding the Postal Service – would grow about 1.6 percent from about 2.105 million employees in fiscal 2015 to more than 2.14 in 2016. The increase is primarily driven by growth at the Veterans Affairs Department because of recent reform legislation and the restoration of jobs at the IRS, according to the budget. The VA would add 11,600 additional employees over the year, and the Treasury Department would boost its staff by 9,400 in fiscal 2016. But the Defense Department will see a decrease of about 2,900 federal employees in fiscal 2016 – a 0.4 percent decrease over the previous year. Other agencies that see cuts are NASA and the General Services Administration, with about 200 job losses each.



## Scammers Using Malware to Extort Money from Unsuspecting Smartphone Users

How the Scam Works: You are surfing the web on your smartphone, when it suddenly freezes. A screen appears, saying that you phone "is locked due to the violation of the federal laws." The screen looks very official. It might use the name and insignia of a law enforcement agency. It may even site the article numbers of laws that you were allegedly breaking. You're scared, and you need your phone. According to the screen, you need to pay a fine in order to unlock your device. To do this, just put several hundred dollars on a prepaid debit card and enter the PIN. Of course, this "fine" isn't really going to law enforcement. Once you hand over the information, scammers will drain the money from your pre-paid card and disappear. Behind this scam is a type of malware typically known as "ransomware." Just like a computer virus, it can invade your smartphone if you click on a bad link or download an infected file. This scam has been infecting PCs for a long time. But as consumers rely more on smartphones to access the web, scammers are increasingly targeting mobile devices. ([More](#))



## Mississippi River Visitor Center Eagle Watch / Clock Tower Tour

The U.S. Army Corps of Engineers, Rock Island District's Mississippi River Visitor Center will be conducting eagle watches and Clock Tower Tours on Saturday, **Feb. 7**, at 9:30-11 a.m. and 2-3:30 p.m. These are combination eagle watches and historical Clock Tower Building tours. Reservations are required; group size is limited. For more information or to make reservations call the Visitor Center at 309-794-5338.



## Weingarten Rights

In accordance with law, this agency is required to post an annual notice of bargaining unit employee rights, under 5 USC 7114(a)(2)(b), to union representation during investigations. These rights, commonly referred to as "Weingarten Rights." These rights include the following: (2) An exclusive representative of an appropriate unit in an agency shall be given the opportunity to be represented at-- (b) any examination of an employee in the unit by a representative of the agency in connection with an investigation if--(i) the employee reasonably believes that the examination may result in disciplinary action against the employee; and (ii) the employee requests representation.

## Tax Season Is Here

Income tax filing season is here and the Rock Island Arsenal will again host a free tax assistance center. The Rock Island Arsenal Tax Center, located on the 1<sup>st</sup> Floor of Bldg. 390, will be operational effective Jan. 28. The tax center serves members of the RIA community eligible for legal assistance services - primarily active duty service members, military retirees, and family members.



In a change from recent years, an appointment is required and there is no "drop-off" service. Appointments will be available weekdays, 8 a.m. to 3 p.m., starting the last week of **January through April 15**. Most appointments can be expected to take about an hour, with more complex returns taking longer. In accordance with IRS guidelines, the tax center may prepare and submit most – but not all – federal and state income tax returns. For example, we cannot prepare returns for a home-based business. If you expect your return to be complex, please discuss that with us when you call, and we can advise as to whether we will be able to prepare your return. To schedule an appointment please call 309-782-1709/8457. Please bring the following to your appointment: a photo ID; your social security card (or official SSA correspondence with your SSN on it); documents showing income of any type (W-2s, 1099s, etc.); documents to support any deductions/credits; copy of last year's return; direct deposit information; dependents' birth dates.

### **Free EAP 2015 Calendar Log Books Available**

The Employee Assistance Program still has an abundance of the 2015 calendar log books to provide to anyone wanting some for themselves and their RIA coworkers. They are free of charge and can be picked up in the ASAP/EAP office located in Bldg. 56, Room 104. You may also call 309-782-4357 to request that some be mailed to you (limit of 10 to be mailed, please.) Stop by and pick up one or a few of these high quality 2015 calendar log books at your earliest convenience as they are available on a first-come, first-served basis only. If you have any questions, please contact me at 309-782-4357.

### **Cyber Crime Alert Notice: Held for Ransom - Part II**

The cybersecurity community has noted a recent uptick in ransomware incidents. As previously reported, ransomware is a type of malware that infects a computer and restricts access to it until a ransom is paid to unlock it. Newer versions of ransomware, such as CryptoWall and CryptoLocker, can encrypt the computer's hard drive and any external or shared drives connected to it. Victims of ransomware are given a set amount of time, often by way of a countdown clock, to pay the requested ransom or the ransom increases. Earlier ransomware scams required victims to pay using pre-paid cards; however, victims are now being asked to pay with Bitcoins, a form of digital currency. CID elements are encouraged to brief supported installations and units on the contents of this 2CAN. ([More](#))

### **Geo-Bachelor Dinner**

USO of Illinois Rock Island, with the support of Rock Island Arsenal, is sponsoring the first Geo-bachelor dinner of 2015, Wednesday, **Feb. 4**, 5-6:30 p.m., at the USO Rock Island Center, Bldg. 110. RSVP with Jackie Inman, director, USO of Illinois Rock Island, at 309-782-3896. Active duty, Reserve & National Guard geo bachelors and singles assigned to Rock Island Arsenal are eligible.

## Blood Drives

The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (first floor, Bldg. 60), on **Friday, Feb. 13 & 20, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. **DMC** will host a blood drive **1-4:30 p.m., on Feb. 5**, in the MVRBC Donor Bus parked at Bldg. 350. To donate, please contact Sgt. First Class Jared Clapper at 309-782-5485 or visit [www.bloodcenterimpact.org](http://www.bloodcenterimpact.org) and use code 1554 to locate the drive. You may also email SFC Clapper at [jared.d.clapper.mil@mail.mil](mailto:jared.d.clapper.mil@mail.mil).



***Charlie Corpuscle asks, "How many units of blood were donated for patients at our local hospitals through blood drives held on Arsenal Island in 2013?" Answer: 969. FYI – Each of those donations can touch the lives of as many as four patients in need!***

**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).**

## VIOS Schedule for February, and March

Official DA Studio Photography (DA, Government passport and command photos) will be offered at Rock Island Arsenal on **Feb. 10, 11, 12**; and **March 10, 11, 12**. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the [VIOS site](#) for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active duty Soldier's DA photos; 2. Official government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - command photos will be printed and available digitally. Additional prints can be ordered in [VIOS](#). To obtain an official government passport photo: 1. Schedule a passport photo appointment at the [RIA VIOS website](#). 2. Go to transportation to obtain a printed DA Form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA Form 3903 to the photographer before the passport photo is taken. You will receive two 2" x 2" passport photos. All scheduled dates can be found on the [RIA VIOS website](#) FAQ.

## Save the Date – RIAWC to Host First Denim & Diamonds Auction

The Rock Island Arsenal Welcome Club is hosting their first Denim & Diamonds Auction on Friday, **April 10**, 6-10:30 p.m., at the Arsenal Island Golf Clubhouse. Point of contact is Norricia Speights, vice president, RIAWC, at 309-206-4763, [RIAWCVP@yahoo.com](mailto:RIAWCVP@yahoo.com).



## Arsenal Traffic/Construction



### Rock Island Viaduct Sidewalk Closed to Pedestrians

"Sidewalk Closed" signs have been erected at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents.

Attached illustration indicates the suggested alternative route (STR276 American Discovery Trail and Pedestrian Bridge) during the closure.

### Future Ft. Armstrong Construction

In the upcoming construction season, Rock Island Arsenal will be performing work on the intersection of Ft. Armstrong Drive and Rock Island Drive. This work will result in a full vehicle closure for the Installation's Rock Island Gate and Rock Island Viaduct, as well as restricting vehicles crossing the Government Bridge to "Installation-only" traffic. The American Discovery Trail will remain open. Construction is expected to last approximately two months, barring major weather delays. The exact construction start date is currently unknown. However, we have been coordinating with external agencies in an effort to minimize impact to the surrounding communities.

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## Building/Space Closures



*There are no announcements at this time.*

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## Active Duty/Reserve Zone



### Army budget reductions raise risk to readiness

"Within our culture, we will always strive to meet any requirement from the combatant commander," said the assistant deputy chief of staff of the Army, G-3/5/7. "The Army actively accomplishes those missions, which gives an impression that everything is fine and that there are no impacts to an Army that's still ready to do the business the nation requires," Maj. Gen. Gary Cheek said. But "as the Army's size and capacity gets smaller, and if demands stay the same or get greater, it will take a larger portion of the Army to accomplish those missions, which we will continue to do," he said, referring to an increase in risk as the budget for manning, equipping and training the Army declines. Cheek and other senior Army budget leaders addressed the 2016 Army budget during a Pentagon media roundtable, Feb. 3. The 2016 budget will "help us mitigate that risk," Cheek said. ([More](#))

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## Safety Spotlight



**ARMY SAFE  
IS ARMY STRONG**



### Motorcycle Program Provides Guidance for Riders

The Motorcycle Mentorship Program keeps Soldiers sharp and safe on the roads with their two- and three-wheeled vehicles by assigning a mentor to familiarize riders with the area and safety protocols. Commanders assign mentors to the Soldiers, said Shawn King, Maneuver Center of

Excellence safety and occupational health specialist and MMP contracting officer representative. A mentor is always a rider, usually a senior NCO, and has years of safe riding experience, making him the most competent rider of his command, King said. Mentors keep records, hold refresher training for riders in their area and are accountable for all riders in their area. ([More](#))

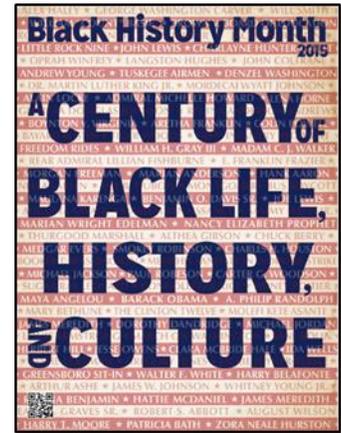
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## Equal Employment Opportunity Focus



### African American/Black History Month: "A Century of Black Life, History, and Culture"

Each February, the United States Army honors the remarkable contributions of African American men and women in the building of the nation. The 2015 theme, selected by the Association for the Study of African American Life and History is "A Century of Black Life, History, and Culture." This theme highlights the fact that over the past century, African American life, history, and culture have become major forces in the United States and the world. A tri-signed letter signed by the Secretary of the Army, the Chief of Staff and the Sergeant Major of the Army honors the remarkable contributions of African American men and women. This letter pays tribute to the sacrifices and contributions African American Soldiers, civilians and families have made to the nation. The Army leadership has asked the entire Army family to publicly commemorate the significant contributions that continue to make the Army the premiere fighting force in the world. Army Strong! ([More](#))



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## Morale, Welfare & Recreation



### Morale, Welfare & Recreation (MWR)

Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs.

#### Date Night Dance Classes

Come join local dance group, QC SoDa (QC Social Dancing), every Thursday, at 7 p.m., in Heritage Hall (Bldg. 60), for a fun evening of dance lessons in various styles including Swing, Salsa and more. Classes are \$8/person/class or \$35/individual or \$60/couple for the full six week session. Sign up and pay the first night you attend class. ([Flyer](#))

#### Installation Information Exchange & Island-Wide Social

Join your Island colleagues Thursday, **Feb. 5**, at 3 p.m., at the Arsenal Island Clubhouse for an informational update on what's going on at Rock Island Arsenal immediately followed by a fun evening of appetizers, drinks, networking, and socializing. This event is open to the entire RIA workforce. Call 309-782-8603 for more info. ([Flyer](#))

### **Fitness Center, Self Defense Class**

Learn basic self-defense tactics Saturday, **Feb. 7**, 8-10 a.m., and tips to avoid becoming a target from our Primary Master Combatives certified instructor. Class is \$30/participant and is open to all eligible patrons 18 years and older. Call 309-782-6787 for more info and to sign up. ([Flyer](#))

### **Fitness Center, RIA FMWR Annual Health Fair**

Brought to you through sponsorship by Unity Point Health-Trinity, the RIA Fitness Center's annual health fair, taking place Wednesday, **Feb. 11**, 10 a.m. - 2 p.m., is a great place to obtain lots of helpful information and advice about your health. Stop by the Fitness Center to visit the various exhibitors who will have a myriad of information on a wide spectrum of health related topics including cardiology, chiropractic and cancer treatment to name just a few. There are always lots of goodies and freebies available as well. Our [free shuttle running this route](#) makes it convenient to get to the fair and back without walking in the cold and/or looking for parking close to the Fitness Center. Call 309-782-6789 for more info. ([Flyer](#))

### **Valentine's Day Wine Tasting Dinner & Dancing**

Treat your sweetheart to a delightful evening of fine dining & wine Saturday, **Feb. 14**, at 6 p.m., at the Arsenal Island Clubhouse and then dance the night away to the romantic live music of local duo, Central Standard Time. Cost is \$45/person which includes a delectable five course meal perfectly paired with five fine wines. CYSS will offer childcare for couples attending the Valentine Dinner at the Clubhouse. Care will be provided from 6-10 p.m. at the CDC. Cost will be \$20 for the first child and \$15 for each additional child. All children must be registered in our CYSS programs. For childcare reservations please call 309-782-6793 by **Feb. 6**. All fees must be paid in advance and are non-refundable. Space is limited so parents need to reserve ASAP; dinner reservations must be made by 12 p.m. on **Feb. 11** for guaranteed seating. Call 309-782-4372 for more info and to make your reservations. ([Full Menu & Flyer](#))

### **Group Fitness Punch Cards Now Available at the Fitness Center**

According to the University of Scranton Journal of Clinical Psychology it is estimated that only 64 percent of New Year's resolutions make it into February before being abandoned. Don't be a part of that other 36 percent, take advantage of our new punch card program that saves money and eliminates the hassle of stopping to pay at the front desk for every class. Buy a 12 class punch card for \$35 (civilians) or \$18 (military & dependents). Punch card not valid for yoga classes. Try out your new card on our newest class offering, CrossCamp, which is a time efficient training using Boot Camp & CrossFit type exercises to tone you up and slim you down. Not sure if you'll like a class and don't want to waste money to find out? Come try any (or all) of the classes at the below link and your first class is on us. Visit [www.riamwr.com/community-recreation/fitness-center-adult-sports](http://www.riamwr.com/community-recreation/fitness-center-adult-sports) for full class schedule & more info or call 309-782-6787.

### **Lunch Services Suspended at Arsenal Island Clubhouse**

Effective Tuesday, Jan. 6, daily dining will be unavailable at the Arsenal Island Clubhouse. We will re-open for daily lunch service when the Arsenal Island Golf Course re-opens on or about **April 1**. The Clubhouse is still open for pre-booked/catered events so please call 309-782-4372 to make special event reservations.

# MWR Leisure Travel Office



## Office Hours

Monday through Friday, 9 a.m. – 3 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. ([email](#)) ([website](#))

## Discount Snow Tubing Passes Available

Due to a cancellation during our last snow tubing outing, Outdoor Recreation has six discount tubing passes that are good for this Friday, **Feb. 6**, 4-9 p.m. Passes can be purchased for \$13 each by calling 309-782-8630 or stopping by Outdoor Recreation located in Bldg. 333 (next to the PX).

## MWR Storage

Outdoor Recreation has several storage units available for rent. Each unit is approx. 10'x15' and rents for \$70 per month. There are also several spaces available for outdoor RV storage. The cost is \$20-\$25 per month. Call Outdoor Recreation at 309-782-8630 for more details. ([Flyer](#))

## Free Tickets to 2015 Iowa-Illinois Regional Auto Show

MWR has free tickets for all Arsenal personnel and their families to the 2015 Iowa-Illinois Regional Auto Show which will be held **Feb. 6-8** at the River Center Convention Center in Davenport. Free tickets can be picked up at the Leisure Travel Office (now located in Bldg. 333, next to the Exchange), Army Community Service (Bldg. 110), or the Auto Skills Shop (Bldg. 351). Tickets are available on a first come, first served basis. Limit six per person. First come first served. [www.QuadCityAutoShow.com](http://www.QuadCityAutoShow.com) for more information.

Time: **10 a.m.**

## Shen Yen

Leisure Travel has discounted tickets to both nights, **Feb. 17-18**. Set to dazzling animated backdrops, timeless ethnic and folk dances fill the stage with color and energy. The leaps and flips of Shen Yun's aerial masters, thundering battle drums, and singers' soaring voices converge in an unforgettable experience. Based in New York, Shen Yun has become a global sensation, reviving China's 5,000 years of divinely inspired culture, once almost lost. Seats on sale for \$115, \$95 and \$85. Tickets on sale until **Feb. 9**. ([Flyer](#))

Time: **7:30 p.m.**

## Les Miserables – the Broadway Sensation

Les Miserables is an epic and uplifting story about the survival of the human spirit. Includes the classic songs "I Dreamed a Dream," "Master of the House," "On My Own," and more. Leisure Travel has discounted seats available for \$46 per person. On sale until **Feb. 20**.

Date: **Saturday, March 7**

Time: **5:45 p.m.**

## Church Basement Ladies (The Last Potluck Supper)

All new show – the latest and final installment in the uproarious series, the lovely ladies of the church kitchen serve up a rib-tickling panorama of the Church's changes, without spilling a drop of

their egg coffee. Leisure Travel has discounted tickets on sale until **April 11**. This is a show that always sells out.

Date: **Saturday, April 25**

Time: **5:45 p.m.**

### **Cubs vs. Cardinals Bus Trip**

MWR Leisure Travel has a Cubs vs. Cardinals bus trip scheduled. Cost will be \$99 per person to include transportation and ticket to game. Seats are located in Upper Deck Box Outfield. Departing from RIA at 6 a.m. from the COL Davenport Pavilion. Limited alcohol permitted on chartered bus. Coolers must fit under the seats and not block the aisle. No glass bottles. No smoking permitted on motor coach. Estimated return time will be 8 p.m.

Date: **Saturday, Sept. 19**

Time: **12:05 p.m.**

### **Davenport Cinemark 53<sup>rd</sup> 18 + IMAX Theatre**

Leisure Travel is selling Platinum Supersaver Prepaid Admission Tickets to Davenport Cinemark 53<sup>rd</sup> 18 + IMAX theatre (formally 53<sup>rd</sup> cinemas and RAVE cinemas) These tickets have no restrictions or expiration date.



### **Tiger Woods Foundation Tuition Scholarships for Military Families**

For the past four summers the Tiger Woods Learning Center in Anaheim, California, has hosted a week-long overnight camp for children of active duty military and underserved youth from the Southern California area. The Summer Academy is a one-of-a-kind opportunity for children ages 11 – 13 to participate in our unique S.T.E.M. (science, technology, engineering and math) and golf programs. Summer Academy participants will spend an action-packed and educational week building robots, conducting chemistry experiments, designing video games, racing cars and golfing at the beautiful Tiger Woods Learning Center campus in Southern California. The Tiger Woods Foundation will be offering a limited number of tuition scholarships for military families. Detailed information about the camp and how to apply for a military scholarship. ([More](#))

### **Parents vs. Kids Dodgeball Tournament & Pot Luck Dinner**

Come join us for our 4<sup>th</sup> Annual Parents vs Kids Dodge Ball and Pot Luck on **Feb. 21**; please bring a dish to share. Participants must be registered with CYSS and must wear tennis shoes to participate in dodge ball. This year we are going to break you down into smaller teams and do a tournament style event. Please RSVP NLT **Feb. 6** at 5 p.m. and include names of everyone in your group. To RSVP or if you have any questions please contact at 309-782-1651. ([Flyer](#))

### **2015 Military Child of the Year Award – Recognizing Young Patriots**

Operation Homefront is pleased to present the Military Child of the Year Award to outstanding military children who demonstrate resiliency, leadership and achievement. Recipients representing each service branch are recognized at a Washington, DC Gala celebration in April each year. The seventh annual award will be presented **April 16** at the Ritz-Carlton, Pentagon City, near

Washington, DC. In addition to the trip to our nation's capital, recipients are awarded a laptop computer and a \$10,000 award. To learn more about Operation Homefront and the Military Child of the Year Award, please go to: [www.militarychildoftheyear.org](http://www.militarychildoftheyear.org)

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# Army Community Service



ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; [Visit our ACS website](#) or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here](#). 24/7 Sexual Assault Hotline: 309-229-8412.

## 10 Great Dates Class for Couples

Bring your significant other Monday, **Feb. 9**, 4:30-6 p.m., to Bldg. 110, and come learn how to energize your relationship while having fun spending time together. This class has a minimum sign up requirement and RSVP should be made to 309-782-0829 or [chassity.r.morse.ctr@mail.mil](mailto:chassity.r.morse.ctr@mail.mil). ([Flyer](#))

## Date Safe Class for Teens

The Armed Forces Services Corporation, through Army Community Service, is conducting a free class Tuesday, **Feb. 17**, 4:30-6 p.m., that parents and teens (ages 12-17) will take together. They will be learning about the dynamics of teen dating violence and will discuss awareness, prevention and intervention aspects, and what healthy relationships look like. Part of the class time the parents and teens will be separated to foster open discussion and customized presentation. For more information & to RSVP please email the AFSC domestic violence victim advocate at [chassity.r.morse.ctr@mail.mil](mailto:chassity.r.morse.ctr@mail.mil) or call 309-782-3773 ([Flyer](#))

## Hearts Apart Support Group

Hearts Apart Program is part of the Army Community Service Relocation Assistance Program for spouses of service members and Department of Defense civilians and who are separated because of military commitments (deployments, temporary duties, remote tours). Services offered include on-base and off-base resource information, personal support and group activities. Hearts Apart is now being offered on the third Friday of each month (the next meeting is Friday, **Feb. 20**, 10-11 a.m.) and participants are encouraged to stick around for free hotdogs at Franken Friday at the USO afterwards. If you want to receive the latest information on the Hearts Apart Program, contact Ann Wood, relocation program manager, 309-782-0816. ([Flyer](#))

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# Employee Assistance Program



## EAP Adds New Counselor

Robert "Bob" Donohoo began working as the Employee Assistance Program coordinator at the EAP office in December after serving as a marriage and family therapist at the Quad Cities Vet Center in Moline where he provided individual, marital/couple, family and group counseling services to

veterans and active duty service members. Bob received a bachelor's degree in Psychology from St. Ambrose University and a master's degree in Counseling from Western Illinois University. Bob is a licensed marriage and family therapist, a national certified counselor and acquired VA approved provider status in Cognitive Processing Therapy to help treat clients diagnosed with PTSD. Bob has experience providing individual, marital/couple, and family counseling services to assist clients in managing many daily living problems and challenges; including anxiety, depression, anger management, workplace difficulties, stress management, PTSD, parenting, and alcohol/substance abuse. Bob can also work with couples to improve communication, reduce conflict, increase emotional connection, rebuild trust after infidelity, and arrange for a healthy co-parenting relationship after divorce. If you would like to schedule an appointment to attend a free, confidential counseling session, call the Rock Island Arsenal EAP at 309-782-4357. The office is located in Bldg. 56, Room 104, and is open 7:30 a.m. to 5:00 p.m., Monday through Friday.

### **National Eating Disorders Awareness Week**

We've all seen the ads, if only you had this diet pill, exercise device, or meal plan you would feel attractive and happy. It can be tempting to think that changing your weight can solve the problems in your life. However, for the millions of people who struggle with eating disorders each year their initial diet or weight loss tricks spiraled out of control into a mess of isolating rituals, despair, and medical complications. Organizations across the U.S. are working to raise awareness of eating disorders and their prevention during National Eating Disorders Awareness Week, **Feb. 22-28**. The Rock Island Arsenal Employee Assistance Program would like to help you increase your personal awareness by reminding you of confidential counseling available to you and your dependent family members. Master-level counselors offer short-term counseling and referral assistance. The EAP is located in Bldg. 56, 1<sup>st</sup> floor, East Wing and appointments are available Monday through Friday, 7:30 a.m. - 5 p.m. Call 309-782-4357 to schedule an appointment. The Rock Island Arsenal Employee Assistance Program staff hopes you will take advantage of this free and confidential service because eating disorders are treatable and you can feel better. Learn more about eating disorders at <http://nedawareness.org>. You can also access an anonymous mental health screening at [www.militarymentalhealth.org](http://www.militarymentalhealth.org).

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## **Education/Training Review**



**The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. [Please visit our website to learn more.](#)**

### **NDIA Scholarship**

The Iowa Illinois Chapter NDIA is accepting applications for its one-year \$2,000 scholarship. This scholarship is available to high school senior students of the NDIA chapter members and civilian and military employees on Arsenal Island. Scholarship applications can be found at [www.ndia-ia-il.org](http://www.ndia-ia-il.org). Applications must be postmarked no later than **March 24**. Call John Masengarb, 563-650-3252, for additional information.

### **NDIA Lifetime Achievement Awards**

Nominations are being accepted for the Lt. Gen. (Ret) Lawrence Skibbie award for Lifetime Contributions to National Defense, the Maj. Gen. (Ret) William Eicher award for Lifetime Contributions to the Weapons Industrial Base and the Maj. Gen. (Ret) Paul Greenberg award for Lifetime Contributions to the Ammunition Industrial Base. Applications must be postmarked no later than **April 12**. Send nominations to Jimmy Morgan, 289 Niabi Zoo Road, Coal Valley, IL 61240 or [jimcmorgan@aol.com](mailto:jimcmorgan@aol.com). Application details at [www.ndia-ia-il.org](http://www.ndia-ia-il.org).

### **Sgt. Paul Fisher Scholarship**

The Iowa Illinois Chapter NDIA is accepting applications for its one-year \$2,000 Sgt. Paul Fisher Scholarship. This scholarship is available high school seniors of active military, reserve, National Guard, or veteran in zip codes 61200-61699 in Illinois and 50000-52899 in Iowa. Scholarship applications can be found at [www.ndia-ia-il.org](http://www.ndia-ia-il.org). Applications must be postmarked no later than **March 24**. Call John Masengarb, 563-650-3252, for additional information.

### **Update: CLEP & DSST Testing Now at WIU-QC**

CLEP/DSST testing will no longer be offered at the National Testing Center on post. Western Illinois University - QC will now be administering the exams at the Riverfront campus in Moline. Spring 2015 Testing Hours: Monday - Thursday: 9 a.m. - 12 p.m. & 1:30 p.m. - 4:45 p.m. Friday: 8:30 a.m. - 12 p.m. & 1:30 p.m. - 4:15 p.m. Saturday: by appointment. POC: Leslie Mose, Site Administrator. WIU - QC Testing Center, 3300 River Drive QC Complex - Room 2215, 309-762-3999 Ext 64567, [LA-Mose@wiu.edu](mailto:LA-Mose@wiu.edu) [wiu.edu/qc](http://wiu.edu/qc)

### **Rock Island Arsenal Welcome Club Scholarship**

The Rock Island Arsenal Welcome Club Scholarship applications are now available at the Thrift Shop and Education Center. There are two applications: high school seniors and continuing education students. The merit-based scholarship is open to applicants who have not previously received an RIAWC scholarship and who meet the RIA affiliation qualifications set forth in the application. Completed applications must be postmarked by **March 16**. Questions can be sent to scholarship chair Nicole Kirschmann at [RIAWCscholarships2015@yahoo.com](mailto:RIAWCscholarships2015@yahoo.com). Information for the 2015 RIAWC Scholarship can be found at [www.facebook.com/RIAWC](http://www.facebook.com/RIAWC) and <https://sites.google.com/site/rockislandarsenalwelcomeclub>.

### **Army Emergency Relief Announces Opening of Scholarship Application Period**

Army Emergency Relief has announced the opening of its scholarship application period. Applications will be accepted from **Jan. 2** until **May 1**. AER supports both the Spouse Scholarship Program, as well as the Maj. Gen. James Ursano Scholarship Program for dependent children. Scholarship specifics and the applications are available on [AER's website](#). The Spouse Scholarship can be used for full or part-time students, while the Ursano Scholarship is only for full-time students. Last year AER awarded 3,637 scholarships, totaling more than \$8.8 million to Spouses and Children of Soldiers. "The entire scholarship process is on line," said Tammy LaCroix, manager for AER's scholarship programs. "Last year we found that the on line process worked best for those who downloaded the step-by-step instructions and used them as a checklist." "Applicants are able to create their own profile, submit their documentation online, and check their status," added LaCroix. "This proved to be a huge time saver for both the applicants and the scholarship staff." ([More](#))

## Area Schools to Visit RIA

The [Army Continuing Education Systems Rock Island Arsenal](#) is coordinating with Quad-City area schools to have them visit with eligible Ed Center patrons where they will meet with school representatives and learn about educational opportunities in the Quad Cities. These visits will take place in Bldg. 56, Room 121, 10 a.m. – 2 p.m. The schedule for this fiscal year is: • Ashford University, **April 21**, and **July 23**; • Black Hawk College, **April 9** and **July 9**; • Eastern Iowa Community College, **Feb. 5**, **March 5**, **April 2**, **May 7**, **June 4**, **July 2**, **Aug. 6** and **Sept. 3**; • Kaplan University, **Feb. 12**, **May 14**, and **Aug. 13**; • Saint Ambrose University, **April 16**, and **July 16**; • Trinity College of Nursing & Health Sciences, **Feb. 19**, **May 21**, and **Aug. 20**; • Upper Iowa University, **Feb. 11**, **May 13**, and **Aug. 12**.

## Inaugural Eastern Iowa / Western Illinois Veterans Conference

On Wednesday afternoon, **Feb. 25**, St. Ambrose University will host the inaugural Eastern Iowa / Western Illinois Veterans Conference. There will be a noon [keynote speaker](#) followed by film and panel presentations. Training will be offered concurrently for faculty, staff and others on military culture, and a resource fair will be offered to registered attendees. The conference will conclude with a late afternoon networking social. The event is a collaboration between St. Ambrose University, Black Hawk College, Eastern Iowa Community College District and Western Illinois University Quad Cities. For more information or to register, please visit [www.sau.edu/veteranservices](http://www.sau.edu/veteranservices).

## KHAN Academy SAT Prep

The College Board has partnered with KHAN Academy to provide no cost SAT Preparation tutoring. Download and take a real, full-length practice test. Watch videos showing step-by-step solutions to problems you missed or found challenging, and get even more practice with unreleased questions from real SATs provided by College Board. After all that practice, it wouldn't hurt to take the full-length test again so you can get used to the feeling of answering all of the questions correctly. ([More](#))

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## Defense Commissary Agency / PX



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The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com) ([Facebook](#))

## Exchange Opens Earlier, Serves Breakfast

The Exchange located on Rock Island Arsenal began opening at 7 a.m. Oct. 1. Also effective Oct. 1, the Exchange began featuring heat-and-eat breakfast items at the front of the store. "We will be running these hours for two months to make sure that there will be demand to be open at 7 a.m.," said Carl Wolfe, store manager, Rock Island Exchange. "We



are really hoping with the Exchange having an entire new 'Heat and Eat,' that we will cater to the Soldiers coming on the Island in the morning and we know a lot of them have PT in the mornings and this will give them a chance to grab something before they go in the office for the day." The new open-to-close store hours are 7 a.m. – 6:30 p.m., Monday through Friday; and 8:30 a.m. – 6:30 p.m. on Saturdays. The "Heat and Eat" items being sold in the mornings will include: Breakfast Tornados, Breakfast Deli Express sandwiches, Cappuccino, and coffee, Roller Bites, and Breakfast Style Pizza. The Exchange will also have a lunch menu to include: Tornado's, Deli Express hot and cold sandwiches, hot dogs, Polish sausage, jalapeno sausage, Roller Bites, egg rolls, and pizza. In addition, the Exchange will also have microwaveable meals, soup, and Asian noodles for sale all day long.

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## Arsenal Archive



**Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))**

### **This Week in Rock Island Arsenal History – Feb. 2-8**

On Feb. 3, 1966, the commanding officer of Springfield Armory requested that two mechanical engineers and four armorers from RIA be trained to support the National Match activities at Camp Perry. Boresighting method of targeting rifles adapted at RIA in February 1920.

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## Healthbeat



### **Rock Island Arsenal Health Clinic Premier's Newsletter**

The personnel at the Rock Island Arsenal Health Clinic are now producing a monthly newsletter with news you can use and other information in relation to the clinic. The newsletter, titled the "[Rock Island Arsenal Clinic Connect](#)," will be completed at the end of each month for publication. Capt. Katherine Converse, the CNOIC at the clinic, took the initiative to create the informational product and is also establishing a distribution list so it can be sent out directly to personal or work emails. "We need to ensure people are getting accurate, useful information," said Converse." The sign-up for the publication is on the last page of the newsletter. ([Rock Island Arsenal Clinic Connect](#))

### **Show Your Heart Some Love**

Did you know that your heart beats more than 100,000 times a day, pumping nearly 1,900 gallons of blood? This means your heart is beating almost 42 million times and pumping about 700,000 gallons of blood a year! February is American Heart Month, a time to bring awareness to the risks of heart disease and ways to stay 'heart healthy.' So, show your heart some love this month. ([More](#))

## **Will You Make It Past February 18?**

It's that time of year again when weight loss tops the resolution list of many Americans. Weight-loss commercials have begun flooding the airways; health clubs are promoting discounts and new books and phone apps are hitting the marketplace. Nearly half of all Americans make New Year's resolutions, and nearly 40 percent of these resolutions are related to weight loss. In the end, however, the only thing that drops is the resolution itself. According to a recent study by Gold's Gym, Feb. 18 marks the day when most people abandon their New Year's resolution to lose weight and get more fit. This is the date when gym member check-ins take a nose dive. How can you keep your weight loss efforts from fizzing out? Follow the steps below to turn your New Year's resolution into a lifestyle resolution. ([More](#))

## **February 19 is Great American Spit Out**

On Feb. 19, join others across the nation in recognition of the Great American Spit Out, a time to quit the use of smokeless tobacco products such as chewing tobacco, snuff, snus and dissolvable products (i.e., lozenges, strips, sticks) for a period of 24 hours or more. Despite media advertisements promoting smokeless tobacco products as less harmful than smoking tobacco products (i.e., cigarettes), any form of tobacco use is dangerous and increases the users susceptibility to oral cancers. ([More](#))

## **Non-Battle Injuries Result In More Medical Evacuations than Combat**

If you ask Soldiers what the biggest physical health threat they face while in the Army, only a portion are aware that it has nothing to do with warfighting. In fact, the primary health threat to troops for more than two decades has been common muscle, joint, tendon/ligament and bone injuries like knee or back pain that are caused by running, sports and exercise-related activities such as basketball and weightlifting. These activities are not just a primary cause of injuries in stateside locations, but also in deployed locations. "Non-battle injuries resulted in more medical air evacuations from Afghanistan and Iraq than battle injuries," said Keith Hauret, an epidemiologist at the U.S. Army Public Health Command, or USAPHC. "The leading causes of these non-battle injuries were physical training and sports." ([More](#))

## **TRICARE Tip of the Week**

Is Nutritionist or Dietician Services Covered by TRICARE? TRICARE doesn't cover services provided by a nutritionist or dietician except for services: • Provided during an inpatient hospital stay • Included with a physician's office visit as good clinical practice • Through diabetes self-management training. While nutritionist/dietician services aren't covered by TRICARE, many military hospitals and clinics have nutrition clinics where you can schedule an appointment with a registered dietician or attend nutrition classes. See Also: Nutritional Therapy under Covered Services [www.hnfs.com](http://www.hnfs.com) Have a nice TRICARE day!

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# Notes for Veterans



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## **Online Prescription Tracker Gives Veterans 24/7 Online Access to Status**

Veterans can now track the status of most of their prescriptions online, thanks to an innovative idea by a Department of Veterans Affairs' (VA) employee. The new 24/7 service allows online tracking for most prescriptions mailed from the VA Mail Order Pharmacy. The Prescription Tracker was

recommended by VA employee Kenneth Siehr, a winner of the President's 2013 Securing Americans Value and Efficiency (SAVE) Award. Siehr's idea focused on the use of technology as a way to save money and improve the services VA provides to its patients. ([More](#))

### **Care and Benefits for Veterans Strengthened by \$169 Billion VA Budget**

The President has proposed a \$168.8 billion budget for the Department of Veterans Affairs (VA) in fiscal year 2016. The proposed budget will support VA goals to expand access to timely, high quality health care and benefits, continue the transformation of VA into a Veteran-centric department and end homelessness among Veterans. "VA has before it one of the greatest opportunities in its history to enhance care for Veterans and build a more efficient and effective system. This budget will allow us to continue important progress to better serve Veterans, their families and their survivors," said Secretary of Veterans Affairs Robert A. McDonald. "We are listening to what Veterans, Congress, employees, Veterans Service Organizations (VSOs), and other stakeholders are telling us. We aspire to make VA a model agency that is held up as an example for other government agencies to follow with respect to customer experience, efficient and effective operations, and taxpayer stewardship." ([More](#))

### **Department of Veterans Affairs Reaches Historic Breakthrough Agreement**

U.S. Department of Veterans Affairs (VA) Secretary Robert A. McDonald and attorneys representing homeless veterans in Los Angeles announced an agreement that dedicates the West Los Angeles VA campus to serving veterans in need, and commits the department to design a plan to help end homelessness among veterans in Los Angeles County. The agreement is an important step forward in carrying out President Obama's commitment that no veteran should live on the streets, or forego necessary medical and psychological services. ([More](#))

### **Counting Every Veteran on the Way to Ending Homelessness**

Secretary of Veterans Affairs Robert A. McDonald is taking a firsthand look at the issue of homelessness among Veterans by participating in this year's Point-in-Time (PIT) Count in Los Angeles, California. The PIT Count typically takes place in locations around the country during the month of January. Secretary McDonald remains committed to the goal of eliminating Veteran homelessness. The January 2014 PIT Count revealed that 49,993 Veterans were homeless on a single night representing a 33-percent decline in homelessness among Veterans since 2010. In FY 2014 alone, through VA's various homeless programs, more than 72,000 Veterans and their family members were placed in permanent housing or prevented from becoming homeless. ([More](#))



## **Around the Q.C.**



**C**

**Feb. 6-7:** [Battle of the Bridges Contest](#) (Putnam Museum, Davenport)

**Feb. 6-8:** [Iowa-Illinois Regional Auto Show](#) (RiverCenter, Davenport)

**Feb. 6-8:** [37<sup>th</sup> Annual Quad Cities Builders & Remodelers Association Home Show](#) (QCCA)

**Feb. 12:** [Spirit Tasting](#) (QC Botanical Center, Rock Island)

**Feb. 12-15:** [Fishing, Hunting, and Outdoor Adventure Show](#) (QCCA)

**Feb. 12-15:** [Outdoor Show](#) (QCCA Expo Center, Rock Island)

**Feb. 13:** [Romance at the Zoo](#) (Niabi Zoo)

**Feb. 13-14:** [From the Factory with Love](#) (Factory of Fear, 5027 4th Ave., Moline)

**Feb. 14:** [Valentine Walk](#) (Watchtower Lodge, Black Hawk State Historic Site, Rock Island)

**Feb. 17:** [Mardi Gras Rajun Cajun Fest](#) (Figge Art Museum, Davenport)  
**Feb. 17:** [Quad Cities Largest Career Fair](#) (iWireless Center, Moline)  
**Feb. 20-22:** [RV & Camping Show](#) (QCCA Expo Center, Rock Island)  
**Feb. 21:** [Iowa Freedom Rock Chili Cook-off](#) (Road House, 701 N Cody Rd, LeClaire, Iowa)  
**Feb. 21:** [Free Family Day](#) (Figge Art Museum, Davenport)  
**Feb. 22:** [Daddy Daughter Dance](#) (RiverCenter, Davenport)  
**Feb. 25:** [Eastern Iowa/Western Illinois Veterans Conference, 12–5 p.m.](#) (Rogalski Center, St. Ambrose University, Davenport)  
**Feb. 28:** [2<sup>nd</sup> Annual Big Bacon Bonanza](#) (RiverCenter, Davenport)  
**March 2-8:** [3<sup>rd</sup> Annual Quad Cities Restaurant Week](#) (Greater Quad Cities)  
**March 7:** [24<sup>th</sup> Annual Women's Health & Lifestyle Fair](#) (RiverCenter, Davenport)  
**March 13:** [Gathering of the Clan Luncheon](#) (TBD)  
**March 14:** [St. Patrick's Day Parade](#) (The District, Rock Island & Downtown Davenport)  
**May 16:** [Quad Cities Cruisers Cruise-In](#) (6-9 p.m., Davenport Learning Center, 1002 W Kimber Rd.)  
**March 26-29:** [QCCA Flower and Garden Show](#) (QCCA Expo Center, Rock Island)  
**March 28:** [Havana Daydreamn' 11<sup>th</sup> Annual Havana Daydreamn' by the Quad City Parrot Head Club](#) (Waterfront Convention Center, Bettendorf)  
**April 11:** [18<sup>th</sup> Annual Public Swap Meet](#) (QCCA)  
**April 18:** [Quad Cities on Tap Craft Beer Festival](#) (QCCA)  
**April 25:** [March of Dimes March for Babies](#) (Rock Island Arsenal, Memorial Park)  
**April 25:** [Quad Cities Cruisers Cruise-In](#) (3-6 p.m., Davenport Learning Center, 1002 W Kimber Rd.)  
**May 2:** [Festival of the Arts' Village in Bloom](#) (Village of East Davenport)  
**May 4-10:** [Navy Week Quad Cities](#)  
**May 9-10:** [29<sup>th</sup> Quad City Air Show, featuring the U.S. Navy Blue Angels](#) (Davenport Municipal Airport)  
**May 9-10:** [Beaux Arts Fair](#) (Figge Art Museum Plaza, Downtown Davenport)  
**May 10-11:** [Scott County Kennel Club AKC Dog Show](#) (QCCA)  
**May 22-31:** [Historic Homes & Gardens of the Scottish Highlands](#) (QC Botanical Center, Rock Island)  
**May 25:** [50<sup>th</sup> Annual Quad Cities Criterium](#) (Village of East Davenport)  
**June 1-6:** [25<sup>th</sup> Annual Quad Cities Senior Olympics](#) (1800 3<sup>rd</sup> Ave, Rock Island)  
**June 3, 4:** [U.S. Army & NDIA Small Business/APBI Symposium](#) (iWireless Center)  
**June 5-6:** [Rhubarb Festival](#) (Aledo, Ill.)  
**June 6:** [QC Pridefest](#) (Downtown Davenport)  
**June 12-13:** [Gumbo Ya Ya](#) (The District, Rock Island)  
**June 13:** [Quad Cities Cruisers Cruise-In Carshow](#) (4-9 p.m., Davenport Learning Center, 1002 W Kimber Rd.)  
**June 13-21:** [Quad Cities Museum Week](#) (Greater Quad Cities)  
**June 17-20:** [Rally on the River](#) (Centennial Park, Davenport)  
**June 20:** [2<sup>nd</sup> Annual Micro Brew Mile & 6K Road Race](#) (Moline)  
**June 21:** [Ride the River Bike Ride](#) (Mississippi River bike paths, Iowa & Illinois)  
**June 28:** [Blossoms at Butterworth](#) (Butterworth Center, Deere family homes, Moline)  
**July 3:** [Red, White & Boom!](#) (The District, Rock Island & Downtown Davenport)  
**July 2-4:** [Mississippi Valley Blues Festival](#) (LeClaire Park, downtown Davenport)  
**July 4:** [Firecracker Run & Parade](#) (Run starts at 7:30 a.m. with the parade at 1 p.m., East Moline)  
**July 4:** [Bettendorf Old-Fashioned 4<sup>th</sup> of July](#) (parade at 10 a.m.)  
**July 6-12:** [John Deere Classic PGA TOUR](#) (TPC Deere Run golf course, Silvis, Ill.)  
**July 9-11:** [Walcott Truckers Jamboree](#) (Iowa 80 Truckstop, Walcott, Iowa)  
**July 11:** [Quad Cities Cruisers Cruise-In](#) (6-9 p.m., Davenport Learning Center, 1002 W Kimber Rd.)  
**July 15-19:** [Rock Island County Fair](#) (Fairgrounds, East Moline)  
**July 24-25:** [Downtown Street Fest](#) (2<sup>nd</sup> Street in downtown Davenport)  
**July 25:** [Bix 7 Run/Walk](#) (Downtown Davenport)  
**July 30-Aug. 2:** [Bix Beiderbecke Memorial Jazz Festival](#) (RiverCenter/Adler Theatre, Davenport)  
**Aug. 4-9:** [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds, Davenport)  
**Aug. 6:** [Freedom Run 5k](#) (Moline)  
**Aug. 7-8:** [Ya Maka My Weekend](#) (The District, Rock Island)  
**Aug. 8:** [Quad Cities Cruisers Cruise-In](#) (6-9 p.m., Davenport Learning Center, 1002 W Kimber Rd.)  
**Aug. 13-15:** [Tug Fest](#) (LeClaire, Iowa & Port Byron, Ill.)  
**Aug. 15:** [Floatzilla](#) (Sunset Marina, Rock Island)

**Aug. 28-29:** [River Roots Live](#) (Downtown Davenport)  
**Aug. 28-30:** [World Series of Dragracing](#) (Cordova Dragway, Cordova, Ill.)  
**Sept. 5-6:** [Rock Island Grand Prix](#) (Downtown Rock Island)  
**Sept. 5-7:** [Labor Day Weekend Pow Wow](#) (Black Hawk State Historic Site, Rock Island)  
**Sept. 12:** [Quad City Symphony Riverfront Pops](#) (LeClaire Park, downtown Davenport)  
**Sept. 12:** [QCA Heritage Tractor Parade & Show](#) (John Deere Pavilion, Moline)  
**Sept. 12:** [Quad Cities Cruisers Cruise-In](#) (6-9 p.m., Davenport Learning Center, 1002 W Kimber Rd.)  
**Sept. 12-13:** [Beaux Arts Fair](#) (Downtown Davenport)  
**Sept. 18-19:** [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)  
**Sept. 19:** [Brew Ha Ha](#) (LeClaire Park, Davenport)  
**Sept. 19-20:** [Riverssance Festival of Fine Arts](#) (Village of East Davenport)  
**Sept. 27:** [Quad Cities Marathon](#) (downtown Moline)  
**Sept. 25-27:** [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)  
**Oct. 10:** [Trinity Quad Cities Classic Regatta](#) (Mississippi River in Moline)  
**Oct. 10:** [Quad Cities Cruisers Cruise-In](#) (3-6 p.m., Davenport Learning Center, 1002 W Kimber Rd.)  
**Oct. 11:** [Apple Fest](#) (Downtown LeClaire, Iowa)  
**Oct. 29:** [Fright Night](#) (The District, Rock Island)  
**Oct. 24:** [Lagomarcino's Cocoa Beano 5K Race](#) (Village of East Davenport)  
**Nov. 20-29:** [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)  
**Nov. 21:** [Festival of Trees Parade](#) (Downtown Davenport)  
**Nov. 21:** [Lighting on the John Deere Commons](#) (Downtown Moline)  
**Dec. 4-6:** [Heartland Emergency Response Conference Expo](#) (QCCA)



# Island Insight



**[Col. Elmer Speights, Jr.](#), Garrison Commander; [Eric Cramer](#), Public Affairs Officer; [Mark Kane](#), Editor**

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