

Jan. 13, 2013



# Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Island Intranet under "Information" and on the installation website at [www.ria.army.mil](http://www.ria.army.mil) under "About USAG-RIA" and then "News" and "Local News."

**Island Insight Submission:** <https://home.ria.army.mil/sites/ii/ii.cfm>



## Sections:

- [Arsenal Traffic/Construction](#)
- [Building/Space Closures](#)
- [Active Duty/Reserve Zone](#)
- [Safety Spotlight](#)
- [Equal Opportunity Focus](#)
- [Morale, Welfare & Recreation \(MWR\)](#)



- [MWR Leisure Travel Office](#)
- [Child, Youth & School Services](#)
- [Army Community \(ACS\)](#)
- [Employee Assistance Program](#)
- [Education/Training Review](#)
- [Defense Commissary Agency/PX](#)

- [Arsenal Archive](#)
- [Healthbeat](#)
- [Notes for Veterans](#)
- [Car Pooling Announcements](#)
- [Around the Q.C.](#)

**Be a Tourist in Your Backyard at Rock Island Arsenal:** This weekend, residents of the Quad Cities are invited to "Be a Tourist in Your Backyard" and are encouraged to visit the attractions that make this area such a great place to live and visit. It's my pleasure to remind you that Rock Island Arsenal is joining the Quad Cities in this annual event, and welcomes visitors both this weekend and year-round. The **Rock**

**Island Arsenal Museum**, which depicts the history of the Arsenal and contains an extensive collection of military firearms that is one of the best in the world, is taking part in "Be a Tourist in Your Own Backyard" by offering free membership in the RIA Historical Society for a year and a 10 percent discount at its gift shop. The museum is open Tuesday through Saturday from 12 p.m. to 4 p.m.; admission is free and

open to the public. Another free attraction located on Arsenal Island is the **Mississippi River Visitors Center**. Located at Locks and Dam 15 and operated by the Rock Island District of the U.S. Army Corps of Engineers, the visitors center is open



"HOME OF US ARMY LOGISTICS"



daily from 9 a.m. to 5 p.m. Visitors can view exhibits on river navigation and on the history and ecology of the Mississippi, and will also find the center to be an excellent spot to view the bald eagles that are especially numerous in the area this winter. Eagle watching tours, which include a tour of the historic Clock Tower Building located across from the visitors center, are currently being offered, and tours of the locks and dam are available during the summer. While it's currently closed for the season, the **Colonel Davenport House** is an excellent place to visit if you'd like to learn more about the rich history of the Quad Cities. You're also welcome to walk through **Rock Island National Cemetery**, which contains a number of monuments to those who served our nation; the Confederate Cemetery, which serves as the final resting place for more than 1,900 Confederate soldiers imprisoned on Arsenal Island during the Civil War; and **Memorial Field**, where a number of artillery pieces and armored vehicles from various eras are on display. Please note that admission to the Arsenal requires a photo ID for anyone over the age of 16. Once you're inside the gates, I think you'll find that this part of the Quad Cities' own backyard has a lot to offer. Rock Island Arsenal is proud to

be part of this community, and we'd be delighted if our neighbors in the community took the time to pay us a visit. We'll see you soon! — *Maj. Gen. John F. Wharton, Commanding General, U.S. Army Sustainment Command & Rock Island Arsenal*

### **Retirement & Retreat Ceremony**

**Invitation:** Major Gen. John F. Wharton cordially invites the Rock Island Arsenal Island Workforce to attend the 2<sup>nd</sup> Quarter FY14 Award, Retirement & Retreat Ceremony on Thursday, **Jan. 30**, at 2 p.m., in Heritage Hall (Bldg. 60), in honor of: Ed Welch, Department of the Army Civilian, USAG-RIA; Major John Smith, First Army; Sergeant First Class Ionie Green, ASC; and Staff Sgt. Delena Robinson, ASC. Uniform will be military –ACU with beret; civilian – casual.



### **Warrior Transition Command**

**Restructures as Numbers**  
**Fall:** With the numbers of wounded, ill and injured soldiers steadily declining over the last 14 months to the lowest levels since 2007, the Army's Warrior



## Upcoming Dates

- Jan. 20:** Martin Luther King Remembrance Day (*Federal Holiday*)
- Jan. 22:** U.S. Army Health Clinic Open House, Bldg. 110, 1:30-4 p.m.
- Jan. 22:** General Officer BOD Mtg., 1:30 p.m., Arsenal Island Clubhouse (T)
- Jan. 23:** Martin Luther King Remembrance Day Event, 1-2 p.m., at Heritage Hall, Bldg. 60
- Jan. 23:** Community Information Meeting, Arsenal Island Clubhouse, 9 a.m.
- Jan. 23:** Safety Occupational Health Advisory Committee, Bldg. 90, Room 25, 10 a.m.
- Jan. 23:** RIA Council of Colonels/Deputies Luncheon, Arsenal Island Clubhouse, 11:30 a.m.
- Jan. 28:** Monthly Community Information Exchange, 9 a.m., Arsenal Island Clubhouse
- Jan. 28:** RIA Retirement & Retreat Ceremony Dress Rehearsal, 2 p.m.
- Jan. 29:** RIA Retirement & Retreat Key Leader Rehearsal, Heritage Hall, 2 p.m.
- Jan. 30:** RIA Retirement & Retreat Ceremony, 2 p.m., Bldg. 60, Heritage Hall
- Feb. 3-7:** Quarterly Transition Assistance Program Workshop, Bldg. 56
- Feb. 5:** Real Property Planning Board, Baylor Conf RM, 10 a.m.
- Feb. 6:** Community Health Promotion Council Meeting, Baylor Conf RM, 1 p.m.
- Feb. 11-13:** DA Photo Studio on RIA
- Feb. 12:** Health Fair, Fitness Ctr, 10 a.m. – 2 p.m.
- Feb. 12:** Tenant Senior NCO Meeting, Arsenal Island Clubhouse, 11:30 a.m.
- Feb. 12:** Explosive Safety Council, Bldg. 90, RM 25, 10 a.m.
- Feb. 26:** RIA Tenant Senior Leaders Luncheon, Arsenal Island Clubhouse, 11:30 a.m.
- Feb. 27:** Community Information MTG, Arsenal Island Golf Clubhouse, 9 a.m.



Transition Command will restructure over the next nine months. Five of the 29 warrior transition units, known as WTUs, and all nine community-based warrior transition units, or CBWTUs, will be deactivated due to the falling numbers, explained Army Brig. Gen. David Bishop, Warrior Transition Command's commander, during a media roundtable yesterday. ∞ The WTUs being shut down are at Fort Huachuca, Ariz.; Fort Irwin, Calif.; Fort Jackson, S.C.; West Point, N.Y.; and Joint Base McGuire-Dix-Lakehurst, N.J. ∞ The nine CBWTUs in Alabama, Arkansas, California, Florida, Illinois, Massachusetts, Utah, Virginia and Puerto Rico all will be deactivated, but Puerto Rico will have a community care unit detachment under the mission command of the warrior transition battalion at Fort Gordon, Ga. [\(More\)](#)

## **\$1.1 Trillion Spending Bill Headed for White House**

The Senate resoundingly approved a massive spending bill Jan. 16, sending the legislation to President Obama for his signature and assuring federal agencies of their budgets for the



rest of fiscal 2014. "We're a little late, but we have gotten the job done," Senate Appropriations Committee Chairman Barbara Mikulski, D-Md., said shortly before the 72-26 vote. The House approved the measure Jan. 15; final passage in the Senate came less than three full days after the measure was introduced. [\(More\)](#)

## **Spending Bill Includes Raise for Blue Collar Federal Workers**

Federal employees are getting a 1% pay increase this year, but until this week, that did not include wage grade federal employees. The \$1.1 trillion spending bill unveiled Monday night includes a 1% pay increase for workers under the wage grade system. Senator Barbara Mikulski (D-MD) made the announcement Monday night, saying the raise was modest but overdue. [\(More\)](#)



## **Pentagon Praises Bipartisan Spending Bill**

A Pentagon spokesman has praised a budget bill that won final Congressional approval today which would fund the government through September, but cautions tough spending

decisions remain. The bill provides DOD with necessary funding for critical investments and modernization, an increase in pay and benefits, continued training, equipment maintenance and funding that supports military operations in Afghanistan, Navy Rear Adm. John Kirby, the Pentagon press secretary said today. [\(More\)](#)

## **DoD Shields Basic Research, But Other R&D Will Take Serious Budget Hit**

The Pentagon's top acquisition official says the final spending bill House and Senate negotiators unveiled this week will temporarily take some pressure off areas of DoD's budget. But, he says, he's still worried about cutbacks to what he believes are necessary levels of research and development spending for the department's future. Frank Kendall, the undersecretary of Defense for acquisition, technology and logistics, said while the budget agreement adds money back to DoD's overall spending capacity in 2014 and 2015, the deal still doesn't plug holes in the Pentagon's research funding. Kendall estimated R&D funding will drop by as much as



20 percent compared to the department's initial requests. ([More](#))

**2014 Funding: Agency-By-Agency Breakdown of Spending Bill:** With the unveiling of the bipartisan spending bill this week, agencies are getting a clearer picture of how much funding they'll get for the rest of the fiscal year. ... DoD: The bill provides \$486.9 billion in base funding and an additional \$85.2 billion for overseas war spending. The base budget level is virtually identical to the department's current operating level and aligns with spending caps put in place by the 2011 Budget Control Act and supported by the Ryan-Murray budget agreement. ([More](#))



**DoD Finalizing 2015 Budget Proposal:** US Defense Secretary Chuck Hagel huddled with his top military and civilian leaders Thursday as the Defense Department puts the finishing touches on its 2015 budget proposal. Senior defense officials also discussed the upcoming



Quadrennial Defense Review, Pentagon Press Secretary Rear Adm. John Kirby said during a briefing Thursday. ([More](#))

**Spending Bill Removes Pension Cuts for Disabled Military Retirees, But Not Others:** Disabled military retirees caught a break from a controversial pension cut but working age military retirees did not as the House sent a \$1.1 trillion omnibus spending bill to the Senate on Wednesday. The appropriations measure keeps intact a provision from the budget agreement Congress and President Obama approved last month reducing cost-of-living adjustments for working-age military retirees by 1 percent starting in December 2015. A higher rate would apply again once the former service members reach age 62. ([More](#))



**New COLA 'Fix' Creates Have, Have-Not Disabled Retirees:** Congress has rushed to protect the medically retired and survivor benefit recipients from the cap on annual cost-of-living adjustments it approved only a few weeks ago for all "working age" military retirees. The quick "COLA fix," part of a massive

"omnibus" funding bill for 12 federal departments, still leaves most military retirees under age 62 with future COLAs trimmed by one percent below the annual inflation rate, an erosion of retirement value set to begin in January 2016. ([More](#))

**FEGLI Premiums in 2014:** Upon receiving the leave and earnings statement for the first full pay-period of 2014, many employees will notice that their premiums for Federal Employees Group Life Insurance (FEGLI) have increased. HR offices are used to fielding calls on this topic each January. First, there are no overall changes in FEGLI premiums this year. The last change, a minor one, took place on 01/01/2012. The last major change in FEGLI was almost ten years ago and triggered our last FEGLI open season. FEGLI only runs open seasons when there are major changes in either coverage or premiums. In fact, FEGLI has had only nine open seasons since its inception in 1954. ([More](#))



**Employee-Owned Mobile Devices Put Agencies at Risk:** A large number of federal employees are putting



themselves and their agencies at risk with lax mobile device security practices, according to a report by the Mobile Work Exchange. While 86 percent of employees lock their computer while away from their desks, and 78 percent store files in a secure location, nearly a quarter of employees do not password-protect the mobile devices they use for work. ([More](#))

**Thinking About Launching a Side Business?** When Febe Hernandez started tinkering around with beads at a Beadazzled store in 2010, she discovered she had a talent for creating beautiful gem-studded necklaces and earrings. “I was overwhelmed by the desire to create,” she recalls. The 20-year veteran of a three-letter agency in Washington soon started selling her creations. At her first show, she sold nearly \$2,000 worth of jewelry. Hernandez, now 60, soon registered her business as Designs by Febe and started expanding with regular trunk shows and a website. She has plans to open bricks-and-mortar stores in Los Angeles, New York City, and Washington by 2020. Hernandez says that when she retires in the next five to seven years, she’ll focus on her jewelry business full time. ([More](#))

## **Help IMCOM Improve, Tell Us About Your Army Installation.**

**Services:** Have you ever felt the need, as a customer, to have your voice heard - whether to recognize great service, point out a concern, or make a recommendation? Now is your chance to share your thoughts and help U.S. Army Installation Management Command provide world class customer service. Customer feedback is a critical element to ensuring that IMCOM provides the highest quality programs, services and facilities to service members, families and civilian employees -- in keeping with their service and sacrifice. ([More](#))



## **Rock Island Arsenal Health Clinic**

**Open House:** Come meet our staff, get to know your provider, get yourself registered with The Blue Button on Tricare Online, tour the Clinic and enjoy light refreshments, all during the Rock Island Arsenal Health Clinic Open House, Wednesday, **Jan. 22**, 1:30-4 p.m., in the basement of Bldg. 110



(enter using the SE entrance, backside of the building). Learn how to use Tricare On-Line; make your own appointments, view lab results, check referral status, and many other options. Learn about open-access appointments; what it means, how it affects you, and when it happens. Retirees come learn about the services available to you such as ordering your eyeglasses, laboratory services, x-rays, and the pharmacy.

## **Army Family Team Building Brown Bag Seminars:** Bring your lunch

Tuesday, **Jan. 21** - Tuesday, **March 25**, 11:35 a.m. - 12:25 p.m., and complete the AFTB Level K (knowledge of the military) course one class at a time during your lunch break. Classes will be held at Army Community Service in Bldg. 110. To register please call (309) 782-0829 or sign up in [TEDs](#) at least one day prior. ([Flyer](#))



## **Army Family Team Building**

**Instructor Training Course:** This free class held Wednesday, **Jan. 22** - Friday, **Jan. 24**, 9 a.m. - 2:30 p.m., at Army Community Service in Bldg. 110 will give you the skills and curriculum you need to be able to conduct AFTB



courses. Topics include: The Adult Learner Audience, Managing the Learning Environment, Methods of Instruction and much more. Call (309) 782-0829 for more info and to register or sign up in [TEDs](#). ([Flyer](#))

## **Employees Rights To Be Represented By An Exclusive Union In An Appropriate Bargaining Unit:**

The Federal Service Labor-Management Relations Statute (5 USC Chapter 71) gives employees in units represented by an exclusive labor organization the right to request union representation at any examination by a representative of the agency in connection with an investigation if the employee believes that the examination may result in disciplinary action. Section 7114(a) of 5 USC Chapter 71 states that: An exclusive representative of an appropriate unit in an agency shall be given the opportunity to be represented at any examination of an employee in the unit by a representative of the agency in connection with an investigation if the employee reasonably believes that the examination may result in disciplinary action against the



employee and the employee requests representation. If you have any questions or concerns, please contact your Labor Relations Specialist or Ombudsman.

## **Eagle Watches & Clock Tower Tours:**

The park rangers with the Rock Island District, Corps of Engineers' Mississippi River Visitor Center will once again be conducting eagle watches and Clock Tower Building tours through the Visitor Center on **Jan. 25, 26**, as well as **Feb. 1, 2, 8, and 9**. These dates are on Saturdays and Sundays at 9-10:30 a.m. and 12:30-2 p.m. These events will combine both the eagle watches and historical Clock Tower Building tours. Reservations are required and group size is limited. For more information or to make reservations call the Visitor Center at (309) 794-5338.



## **Outdoor Show and RV Camping Show:**

If you have a love for the outdoors and winter is keeping you from participating in your favorite recreational



**US Army Corps of Engineers**  
Rock Island District

activities then come visit with our ranger staff at the QCCA Expo Center in Rock Island and get geared up for summer while the cold air is still blowing outside. The Outdoor Show will be held **Feb. 13-16** and our rangers will be on hand to provide information on all the recreational opportunities our project has to offer. We will even have annual day use passes available for sale so that boaters can get ready for the season by purchasing their boat ramp sticker early. The RV Camping Show will be the following weekend **Feb. 21-23** and rangers will be on site to answer questions and provide information on all our camping and recreational areas. For more information on these shows check out the [website](#).

## **Government Travel Credit Card**

**Phishing Text Messages:** Cardholders have reported receiving text messages from [19014140142@VTEXT.COM](mailto:19014140142@VTEXT.COM) informing them of suspension of the card unless certain information is verified such as full account number, CVV, last 4 of SSN, and 4 digit PIN. This phone number has been taken over by the Federal Trade Commission with a pre-recorded message indicating that callers may have been involved in a phishing attack. Additional information is then provided to advise callers of



what these attacks are and how to prevent themselves from potential fraud. If you receive calls regarding this, please advise callers that these messages do not originate with Citi and should not be responded to.

**Blood Drive:** The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, Jan. 17 & 17, 10 a.m. – 12 p.m.**



If you would like to donate at this blood drive, feel free to e-mail [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2<sup>nd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **6:30 p.m. on Jan. 17**. A **3<sup>rd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on Feb. 22**. To sign up for a blood drive held on either the 2<sup>nd</sup> or 3<sup>rd</sup> shift, donors should contact their shift supervisor. DMC to host Community Blood Drive on **Thursday, Feb. 13, 10 a.m. - 1:30 p.m.**, at Bldg. 350, in the MVRBC Donor Bus. Anyone who works in Bldg. 350 is invited to donate at this blood drive. To donate, please contact Brandon Cronise at (309) 782-3711 or

visit [www.bloodcenterimpact.org](http://www.bloodcenterimpact.org). ([Blood Transfusion En Route to Trauma Center Keeps Navy Vet Alive](#))



**Charlie Corpuscle Says,** *"Fall is definitely in the air. Did you know that when someone 'falls,' your blood donation helps to pick them up? In some cases, it is the reason patients are able to get up and carry on in life. On behalf of the patients whose lives you have 'picked up,' thank you."*

**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information click here.**

**VIOS Schedule for February, March, April and May:** Official DA Studio Photography (DA, Government passport and command photos) will be offered at Rock Island Arsenal **Feb. 11, 12 and 13; March 11, 12 and 13; April 22, 23 and 24; and May 6, 7, and 8** (Note changes to previous April dates). Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the

VIOS site for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active duty Soldier's DA photos; 2. Official government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - command photos will be printed and available digitally. Additional prints can be ordered in VIOS. To obtain an official government passport photo: 1. Schedule a passport photo appointment at the RIA VIOS website. 2. Go to transportation to obtain a printed DA Form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA Form 3903 to the photographer before the passport photo is taken. You will receive two 2" x 2" passport photos. All scheduled dates can be found on the RIA VIOS website FAQ.

**Texas Hold 'Em (No Limit):** The Rock Island Arsenal Welcome Club presents Texas Hold 'Em (No Limit) on **Jan. 24** at the Rock Island Arsenal Golf Clubhouse. Open to



the public, do not need to be a member of RIAWC to play. Doors open at 5:30 p.m. and cards fly at 7 p.m. There will be a \$1,000 first place prize with a minimum of 40 players. \$40 buy-ins and \$10 add-ons. This event is to help raise funds for college scholarships and community welfare grants. May register at the door, but pre-registration will guarantee your slot. [Email](#) or call (563) 514-2644.

### **Ambrose Military Appreciation Day:**

St. Ambrose University is holding a Military Appreciation Day on Saturday, **Feb. 1**, at the SAU Fighting Bees basketball doubleheader vs. William Penn at the PE Center on the SAU campus; 1 p.m. tipoff for the women's game, and a 3 p.m. tipoff for the men's game. Free admission for active duty military and veterans with valid DoD or Veterans affairs ID card, as well as anyone donating three non-perishable food items. For more information contact 563-333-5721.



**Women in Defense Spring Fashion Show:** Our WID spring fashion show is

Saturday, **March 8**, at the Lodge in Bettendorf. Tickets are \$35 per person, \$65 for two or a table of eight for just \$240. There will be door prizes, a silent auction and 50/50 raffle. Sponsors include Younkers, Four Seasons, Teranga House of Diversity, CJ Banks, River Bandits, Gypsy Nails and the Fun Co. Tuxedos. Go to [getmeregistered.com](http://getmeregistered.com) or call (309) 787-5076 to reserve your seats now. This is a WID fundraiser for WID scholarships and other locally sponsored charities. See more details at [www.widiic.org](http://www.widiic.org). WID is a 501(c)(3) non-profit organization. Want to volunteer, model or sponsor? Call Peggy at (309) 787-5076.  
Time: **11 a.m.**

### **Arsenal Island Employee Local**

**Discounts:** *The following discounts are exclusively available to Arsenal Island employees –* **The Slice:** right off the Moline Bridge exit, is offering \$2 off their pizza buffet with drink to Rock Island Arsenal workers. **Double Tap Firearms:** Double Tap Firearms offers a 10 percent firearm discount and \$15 firearm transfer fee in



Illinois to active duty and retired military personnel in the QCA ([☺](#)). **Bennigan's Rock Island:** Arsenal employees, service men, service women you are always welcome at Bennigan's in Rock Island, and to show you how much your welcome here, we offer a 25 percent discount off your meal, any day any time ([☺](#)). **New Life Chiropractic Clinic:** Arsenal Island employees, we're offering you a 20 percent discount on our services ([☺](#)). **Goebel Family Dentistry:** Active duty members of the military receive a 10 percent discount on all services. All other Arsenal civilian employees who are new patients can receive either the free exam and x-rays or a free whitening treatment on their first visit ([☺](#)). *This information is included for general workforce interest and does not constitute endorsement of the businesses or products.*

**Arsenal Attic Thrift Shop:** Arsenal Attic Thrift Shop opens again after holiday break, every Tuesday and Thursday, 9 a.m. – 3 p.m. POC: (309) 782-6977.

### **Arsenal Traffic/Construction**

**☺**  
*No Arsenal Traffic/Construction related announcements this week.*



## Building/Space Closures

◉  
*No Building/Space Closure related announcements this week.*

## Active Duty/Reserve Zone

◉  
**Tax Assistance Center:** Income tax filing season is here, and Rock Island Arsenal will again host a free tax assistance center. The tax center serves members of the RIA community eligible for Legal Assistance services—primarily active duty service members, military retirees, and family members. In a change from recent years, an appointment is required and there is no “drop-off” service. Appointments will be available weekdays, 8 a.m. to 3 p.m., **Jan. 28 through April 15**. Most appointments can be expected to take about an hour, with more complex returns taking longer. In accordance with IRS guidelines, the tax center may prepare and submit most – but not all – federal and state income tax returns. For example, we cannot prepare returns for a home-based business. If you expect your return to be complex, please discuss that

with us when you call, and we can advise as to whether we will be able to prepare your return. To schedule an appointment please call (309) 782-8457/1894. Please bring the following to your appointment: a photo ID; your social security card (or official SSA correspondence with your SSN on it); documents showing income of any type (W-2s, 1099s, etc.); documents to support any deductions/credits; copy of last year’s return; direct deposit information; dependents' birth dates.

**Military OneSource Offers Free Tax Services:** If it hasn’t arrived yet, your 2013 W-2 wage and tax statement likely is on its way, and with it the countdown toward the April 15 tax filing deadline. As preparations begin for the upcoming tax season, military families are being offered a no-cost to the customer service to ensure they can meet that deadline from anywhere they may be stationed around the world. ([More](#))

**TRICARE Ends Walk-in Admin Services at 189 Facilities:** TRICARE military health plan service centers will end administrative walk-in services in the United States on April 1, Pentagon officials said today. While the 189 facilities will stop taking walk-ins, beneficiaries can accomplish any

administrative task online or by phone, said Pentagon spokesman Army Col. Steve Warren. ([More](#))

**Changes to Enlisted Separation Policy Aim to Provide Soldiers Options:** The Enlisted Voluntary Early Separation Program and Enlisted Involuntary Early Separation Program have some important changes that took effect Jan. 1. The Enlisted Voluntary Early Separation Program is designed for Soldiers who have employment offers and want to separate prior to the expiration of their term of service, or ETS. They can now request getting out up to 180 days prior to their ETS. ([More](#))

**Walk-In Pet Vaccination Clinic:** The Great Lakes Veterinary Services will be hosting a pet vaccination clinic Thursday, **March 20**, 1-6 p.m.; and Friday, **March 21**, 8 a.m. – 1 p.m., at the Rock Island Arsenal Fire Department. All active duty military, military reserve and National Guard, military retirees, and dependents with valid identification cards are eligible to use this service. There is a charge for all services provided with payment in cash or check only. Please see [our website](#) for prices. Questions? Please call at (847) 688-5740 ext. 4.



**Military Family Night:** Tired of the cold & snow? Military Families are invited on Thursday, **Jan. 23**, 6-6:35 p.m., to attend a night of food, fun, and swimming at the Bettendorf Family YMCA on **Jan. 23**. RSVP to Family Advocacy at (309) 782-3049 or [email](#). Hope to see you there. ([Flyer](#))

**Responding to the Military Child with Exceptional Needs:**

The Military Child Education Coalition is offering a Responding to the Military Child with Exceptional Needs (formerly know as SELI) on **Feb. 4 & 5**, at the Arsenal Island Golf Clubhouse.



You can find out more information about this training opportunities by visiting this [website](#). Select the "Training" tab to find the specific training you are interested in. You may even find another training opportunity you wish to take advantage of as well. And don't forget, this is another free training event and open to anyone who wishes to attend.

**Army National Guard's Sustainability and Resiliency:**

The Army views

resiliency, first and foremost, as personnel issue. However, the concept of resilience also applies to our operations, systems and infrastructure. Resiliency is the capability to survive and bounce back from disruptive change. This concept runs through all Army functions and needs the support of every headquarters and unit in every state. Resiliency is an important part of enterprise sustainability because it incorporates robustness and resourcefulness to promote rapid recovery. ([More](#))

**Reserves Recruiting Soldiers for Duty in Davenport:**

The 416<sup>th</sup> Army Field Support Brigade, United States Army Reserves, is now recruiting Soldiers to perform duty in Davenport. The mission of the brigade is to provide integrated acquisition, logistics, and technology (ALT) support with organic and augmented capabilities to the supported Army Forces (ARFOR). We serve as the primary point of contact to the operational and tactical commanders for ALT support. Another role we perform is to support critically important aspects to emerging technologies. We are looking for senior enlisted and officer grade Soldiers who want to gain experience and test themselves in today's ever changing logistical fields of

our future Army. If you would like to know more about the 416<sup>th</sup> Army Field Support Brigade please contact: Sergeant First Class Victor Adkins, Phone (563) 391-4715, Ext. 3502; or stop by 3440 N. Division, in Davenport and talk to him.

## Safety Spotlight

**Martin Luther King Jr. Safety**

**Message:** On Nov. 2, 1983, President Ronald Reagan signed legislation

establishing the third Monday of January as a national holiday to celebrate the life and legacy of a man who brought hope and healing to our nation and to commemorate the values he exemplified in his life and teachings of: courage, truth, respect, integrity, humility and service. As we pay respect to Dr. Martin Luther King Jr., let us remain committed to safety in what will be another fast-paced, mission- filled year. On this holiday, I ask that each of you renew your commitment to safety in all that you do. As you head into the long weekend, watch out for your own safety and for the safety of your family



and friends. Be aware of all the potential risks around you and take appropriate precautions. January is the coldest month of the year, with an average nighttime low temperature around 14 degree F and an average daytime high just below freezing. Factor in wind speed in some cases and you could easily get below 0. With this in mind, plan ahead for cold weather condition changes. Make sure that your vehicle is "winter ready" to operate in extreme weather conditions. Remember if it is not necessary to go outside, stay warm inside and enjoy. I ask everyone to include risk management into your holiday plans to help ensure safety is priority one. Take a moment to review the tools and resources available on the US Army Combat Readiness/Safety Center website, <https://safety.army.mil>. I hope everyone enjoys some well-deserved time off for rest and relaxation over the holiday weekend, but do not relax your vigilance and your efforts to ensure safety remains our number one priority. Have a happy and safe holiday.  
- John F. Wharton, Major General, USA, Commanding General, Rock Island Arsenal

### **There's Nothing Funny About Falls:**

Slips, trips, and falls have been a sure way to get a laugh in many cultures over

the years. Human beings have been falling over their own feet ever since they first began to walk. However, except in slapstick comedy, falls are simply not funny. In fact, the subject of falls is extremely serious. Did you know that falls are one of the top leading causes of accidental deaths? In case you are thinking that falls are only a danger to people who work on scaffolds and steel girders up in the sky, think again. Most falls actually occur on the same level and are caused by just tripping over an obstacle or slipping on something. Here are some ways to prevent falls:

- Keep walkways and floors free of obstacles such as boxes, cords, and litter. Even objects such as pencils on the floor have caused serious falls.
- Flooring surfaces must be even and secured. Watch out for obstacles such as loose tiles or carpeting.
- Close cabinet drawers and doors as soon as you are through with them. Many serious injuries have occurred when people fell over unexpected obstacles like an open bottom drawer on a desk.
- Don't run or walk too fast.
- Adjust your walking speed and style to the surface you are traveling on. If the surface is rough, cluttered, slippery or at an angle such as a ramp, you need to slow down and take small careful steps.
- Wear safe footwear, with low heels and a good fit.

Keep your shoelaces tied. Avoid slippery soles and be sure to wear shoes with adequate tread when walking on icy, greasy or wet surfaces. Keep shoes in good repair. A defect such as a nail coming through the heel can cause a person to slip.

- Make sure you can see over or around any load you are carrying. Wintery and icy weather conditions falls are a hazard at work any time of the year. But winter weather adds a greater element of danger:
- Report any hazardous conditions such as ice on a sidewalk or water in an entry area. It may not be your job to shovel snow or mop up spills, but it is certainly your responsibility to report hazards so they can be corrected before someone is injured.
- Outdoor walkways and steps should be kept free of ice, snow, mud, and wet leaves.
- Entrances and interior traffic areas should also be kept free of water and ice. There should be mats at the doorways to remove snow, water, and mud from footwear.
- Extra measures should be taken to ensure safe footing on sloped floor surfaces, such as ramps.
- When walking on slippery surfaces go slowly and take small steps.
- Wear shoes or boots with non-slip soles. Special footwear with cleats is available for especially slippery conditions.
- Watch your footing as you get in or out of vehicles. When climbing



in or out of equipment cabs, keep a firm grip on the handholds and watch out for ice on the footholds, and mud or ice on your shoes. • Winter weather calls for extra caution when working at heights. Make sure surfaces such as ladder rungs and scaffold decks are free of ice and snow. Check your work area and your work habits frequently to make sure you are doing all you can to prevent slips, trips, and falls, and remember to watch your step to prevent falls, especially in winter conditions.

## **Beware of Icy Walking & Driving**

**Conditions:** Melt - freeze - melt - freeze; it's a vicious cycle. The day time temperatures have been warm enough to melt the snow. Evening temperatures drop, and cause the melted snow to re-freeze, causing icy conditions on sidewalks and in parking lots in the mornings. This is yet another message to inform you icy conditions. It may look wet, but it could be ice. Please take your time, look for and anticipate slippery conditions. Walk slowly and drive carefully.



## Equal Opportunity Focus



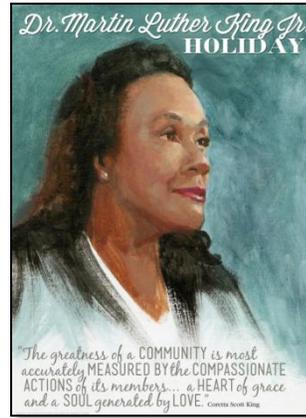
### **Martin Luther King Jr. Observance:**

The 2014 Rock Island Arsenal's Martin Luther King Jr. Observance will be held **Jan. 23**, 1-2

p.m., at Heritage Hall, Bldg. 60. The guest speaker will be Rev.

Joseph D. Williamson, Pastor of the Second Baptist Church, Rock Island. He will be speaking on

this year's theme "Remember! Celebrate! Act! A Day On, Not A Day Off!" The theme is decided each year by The King Center in Atlanta, Georgia. In all corners of the globe, Martin Luther King Jr. is viewed as one of humanity's most resonant voices for freedom, justice and equality. His emphasis on leveraging nonviolent action to achieve positive social change has inspired millions to continue his efforts through their own hands. Ranging from international peace activists to communities battling poverty in



America, people from all walks of life respond to Dr. King's timeless message and call for a better world. The campaign for a federal holiday in King's honor began soon after his assassination in 1968. President Ronald Reagan signed the holiday into law in 1983, and it was first observed three years later. At first, some states resisted observing the holiday as such, giving it alternative names or combining it with other holidays. It was officially observed in all 50 states for the first time in 2000. Every member of the island and their families are invited to attend the observance. The observance is available in [TEDs](#). To register please use keyword "2014 Martin." For more information on Martin Luther King Jr. Observance please visit [The Library of Congress](#). And, for more information on [The King Center please visit here](#). For additional information or accommodations please contact [Sgt. Raymond Gonzalez](#) at (309) 782-3021. ([StandTo!](#))

### **EEOC Meets English Common Law:**

Under English Common Law there is the English Rule. This is applied to the assessment of attorneys' fees, and provides that the party who loses in court pays the other party's legal fees. Nearly every democracy follows this standard. Well, nearly every



democracy, but the United States. In the US each party pays for their own legal fees unless there is legislation or some contractual obligation to the contrary. As we all know in the federal system, if a complainant brings an action before the Merit Systems Protections Board or the EEOC, and they prevail where there is an order for back pay under the Back Pay Act, the complainant is entitled to reasonable legal fees. ([More](#))



## Morale, Welfare & Recreation (MWR)



Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs. Also [click here](#) to become a fan on Facebook, or Twitter [@golf1897](#), and stay up to date on all the great MWR offerings here at the Arsenal.

**New Fitness Center Classes:** Group fitness classes at the Fitness Center are a great way to get those New Year's resolutions off to a running start. With a wide variety of class styles including rowing, spinning, yoga, TRX and our new 20:20:20 & Fit For Life classes there is sure to be something for all. [Visit here](#) for full class schedules,

descriptions and prices or call (309) 782-6787.

**Carwash Notice:** With all the salt on the roads this time of year the carwash bay located in the Auto Skills Shop (Bldg. 351) is a great place keep your vehicle clean, shiny and rust free. If you do use the carwash please remember to close the door to the wash bay when you are finished as this cold weather wreaks havoc on the water pipes and will shut down the system.

**New Group Fitness Class: Fit For Life:** Fit For Life is a class designed to help you stay healthy, fit, and active throughout all stages of your life. This class combines low impact cardio, strength training, balance, and flexibility training. This class is also a great way to improve health, help you feel better, have fun, and socialize with others! Fit For Life will help individuals improve balance, posture, coordination, flexibility, strength, and endurance through instructed guidance using light weights, resistance bands, stability balls, medicine balls, indoor track and various other pieces of equipment. The class is offered in six-week sessions for \$18 for civilians and \$16 for military or just try 1 class and pay the drop-in fee of

\$3/class. Call (309) 782-6787 for more info and to sign up. ([Flyer](#))  
Time: **9-9:45 a.m.**

**Deadline to Sign-up for Racquetball League:** Racquetballs can ricochet off the wall at speeds of 135 mph – no... wonder it's such a great cardiovascular workout. Racquetball builds endurance, works all your muscles and is still appropriate for all skill levels and all ages. Racquetball is social, fun and definitely exciting. Cost to enter this recreational league is just \$5 and play begins on **Jan. 21**, deadline to sign up is Friday, **Jan. 17**. Call (309) 782-6787 for more info. ([Flyer](#))

**Super Bowl Party at the Arsenal Island Golf Clubhouse:** Come watch the best in the AFC battle the best in the NFC on Sunday, **Feb. 2**, at 4 p.m., for the title of Superbowl XLVIII Champions on multiple big screen TV's.



There will be food and drink specials including your choice of a hot dog or bratwurst and a bowl of chili for just \$5. Doors open at 4 p.m. and the hard-hitting gridiron action starts at 5:30 p.m.



Call (309) 782-4372 for more info.  
([Flyer](#))

**Trivia Night:** Get up to seven of your smartest friends Thursday, **Feb. 6**, at 6 p.m., and come wage a battle of wits against other trivia enthusiasts. This fun, multi-media, family friendly trivia competition held in the Arsenal Club (Bldg. 60) features a wide range of topics and is open to the public so invite all your trivia junky friends, the more players we get the better the prizes become. Cost is \$5/player or \$30/table of 8. Call (309) 782-6319 for more info and to sign up in advance. ([Flyer](#))

**Ghost Hunters Dinner and Tour of Historic Quarters One:** The always-popular Ghost Hunters Dinners are back Friday, **Feb. 7**, 6:30 p.m., for 2014. Enjoy a delicious buffet featuring prime rib and sautéed chicken breast followed by ghost hunting in historic Quarters One led by the Rock Island Paranormal Society. Cost is just \$35 and reservations can be made by calling (309) 782-4372. ([Flyer](#))

**Health Fair 2014:** Brought to you through sponsorship by Unity Point Health-Trinity, the RIA Fitness Center's annual health fair is a great place to obtain lots of helpful information and

advice about your health. Stop by the Fitness Center on **Feb. 12** between 10 a.m. and 2 p.m. to visit the various exhibitors who will have a myriad of information on a wide spectrum of health related topics including cardiology, chiropractic and cancer treatment to name just a few. There are always lots of goodies and freebies available as well. Call (309) 782-6789 for more info. ([Flyer](#))



## MWR Leisure Travel Office



**Office Hours:** Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

**A Buddy Holly Story Circa 21:** The Buddy Holly Story captures that unique mixture of innocence, determination, humor, and charm that was Buddy Holly and wraps it into a package that truly deserves the billing: “The World’s Most Successful Rock & Roll Musical!” Discount tickets for this **Feb. 15** show are available for \$45 at the Leisure Travel Office (Bldg. 60) or by calling (309) 782-5890. ([Flyer](#))  
Time: **6 p.m.**

**WWE Live:** Don’t miss all your favorite superstars for one night only on the Road to WrestleMania! World Heavyweight Champion John Cena, WWE Champion Randy Orton & WWE Tag Team Champions the Rhodes Brothers. Tickets on sale until **Jan. 21**. Discount tickets for this **March 2** show can be purchased for \$63.50 & \$43.50 at the Leisure Travel Office (Bldg. 60) or by calling (309) 782-5890. ([Flyer](#))  
Time: **5 p.m.**

**Tales of a Fourth Grade Nothing:** Circa 21 children's theatre presents: Tales of a Fourth Grade Nothing. It is a humorous look at family life and the troubles that can only be caused by a younger sibling. This play teaches children about responsibilities and how to recognize certain feelings they have, whether with family or friends, and that the emotions they have are ok. Discounted seats on sale until **April 5** ... \$9 per person.  
Date: **Saturday, April 19**  
Time: **10 a.m.**

**Davenport Cinemark 53<sup>rd</sup> 18 + IMAX Theatre:** Leisure Travel is selling Platinum Supersaver Prepaid Admission Tickets to Davenport Cinemark 53<sup>rd</sup> 18 + IMAX theatre (formally 53<sup>rd</sup> cinemas



and RAVE cinemas) These tickets have no restrictions or expiration date.

## Child, Youth & School Services

☉ **Covenant Cottage Child Development Home:** [Covenant Cottage Child Development Home](#) is available for backup, emergency, and hourly care for ages four weeks through 12 years. The home is located on post and is open from 6 a.m. – 6 p.m. Monday through Friday, Tuesday and Thursday evenings and Saturday mornings. Army Family Covenant Guidelines state deployed Soldiers are entitled to 16 hours free respite childcare per child, per month. For reservations call (309) 782-6793. We encourage you to call as far in advance as possible because spaces fill quickly.

## Army Community Service (ACS)

☉ ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS



classes. [Find us on Facebook click here.](#) **24/7 Sexual Assault Hotline: (309) 229-8412**

**Military Saves Week:** Military Saves Week promotes automatic savings to assist service members, their Families and DoD civilians reach their savings goals. As part of Military Saves Week 2014, scheduled for **Feb. 24 – March 1**, RIA Army Community Service Center and RIA Federal Credit Union are spreading the savings message, and urging the community to participate in Military Saves Week and take the Military Saves pledge. Military Saves Week is a great opportunity to help service members, their Families and DoD Civilians in our community to Set a Goal, Make a Plan, and Save automatically. The 2014 Military Saves Week theme is "Start Small. Think Big." To help the community save more successfully and encourage them to save, ACS and RIA Federal Credit Union offer military Families and DoD civilian employees the Military Saves Week. Military Saves Week encourages people to build wealth, not debt. Military Saves Week is coordinated by America Saves and the Consumer Federation of America in partnership with the Department of Defense. It is an annual opportunity for organizations to

promote effective and responsible savings behavior and to provide an avenue for individuals to assess their own saving status. ([More](#))

**Army Emergency Relief Scholarship Applications Now Available On-line:** AER scholarship on-line applications for Army Spouses and Dependent Children of Active Duty Soldiers, Retirees and the Fallen are now available through April at [www.aerhq.org](http://www.aerhq.org) and look under the Scholarship button, or go directly to [www.aerhq.org/dnn563/Scholarships.aspx](http://www.aerhq.org/dnn563/Scholarships.aspx). For more information call (309) 782-1499 or [jon.c.cook.civ@mail.mil](mailto:jon.c.cook.civ@mail.mil). The AER Scholarship brochure can be viewed at [www.riamwr.com/acs/emergency-relief](http://www.riamwr.com/acs/emergency-relief).

## Employee Assistance Program

☉ For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1<sup>st</sup> floor, East.



**Martin Luther King Day of Service – January 2014:** Beat the post-holiday blues this month by helping your community and yourself. The King Day of Service on Martin Luther King Day, **Jan. 20**, offers you the opportunity to spend a day helping your community in a direct way. The social connection and sense of shared purpose that one gains from community service can often help one feel better. However, if you haven't been feeling well lately and nothing seems to help, consider scheduling a free, confidential counseling session offered by the Rock Island Arsenal Employee Assistance Program. Master-level counselors provide short-term counseling and referral assistance. Call the EAP at (309) 782-4357 to schedule an appointment. The EAP is located in Bldg. 56, 1<sup>st</sup> Floor, East Wing and convenient hours are available from 7:30 a.m. – 5 p.m., Monday through Friday. You can also access an anonymous mental health screening at [www.militarymentalhealth.org](http://www.militarymentalhealth.org). The Rock Island Arsenal EAP hopes you have a great start to the New Year. If you would like to learn more about King Day of Service please visit [www.mlkday.gov](http://www.mlkday.gov).

**Understanding PTSD:** Classes are being offered for those who wish to learn more about the nature and treatment of Post-Traumatic Stress Disorder on **Feb. 11**, Tuesday, 10:30–11:30 a.m., Bldg. 56, 1<sup>st</sup> Floor, Room 122. Call (309) 782-4357 to reserve your spot. Presented by the Rock Island Arsenal Employee Assistance Program.

**PTSD Support Groups:** Are you or a loved one experiencing symptoms of Post-Traumatic Stress Disorder? The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

**Grief Support Group:** The Employee Assistance Program is sponsoring a support group for individuals who are mourning the death of a loved one. The group meets on Tuesdays, 3-4 p.m., in Bldg. 56, 1<sup>st</sup> floor, Room 122. For more information contact Rita Baugh, EAP counselor, at (309) 782-2552.

**Stress Management:** Do you want to learn effective strategies to reduce stress? Sign up for a Stress Management Class. **Jan. 28 & Feb. 25**, Tuesdays, 10:30–11:30 a.m., Bldg. 56, 1<sup>st</sup> Floor,

Room 122, Call (309) 782-4357 to reserve your spot. Sponsored by: Employee Assistance Program.

**Smoking Cessation Group:** Want to join a supportive group of individuals with a common goal to quit smoking? The Employee Assistance Program offers an ongoing educational support group. The group meets each Wednesday, 3-4 p.m., in the EAP office located in Bldg. 56, 1<sup>st</sup> floor, East Wing.

## Education/Training Review

**The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.**

**Vets Seeking Work - Education is the Key:** "In a global economy where the most valuable skill you can sell is your knowledge, a good education is no longer just a pathway to opportunity – it is a prerequisite." - *President Barack Obama* — For many veterans seeking post-service employment, a college degree is now the equivalent of what a



high school diploma was in the past. Jobs that did not require a diploma in the past are now requiring one. This up-credentialing, known by economists as "degree inflation," explains why the unemployment rate for veterans and other individuals with just a high school diploma is over twice the rate for those with a bachelor's degree ([source](#)). Additionally, the highest paying jobs require a college degree. Statistics show you earn significantly more money over a lifetime by going to college. An Associate's degree is worth \$390,000 more than a high school diploma. A bachelor's degree is worth \$1.2 million more than a high school diploma. A doctorate or professional degree (Ph.D., J.D., M.D., etc.) is worth \$1.7 to \$2.9 million more than a Bachelor's degree ([source](#)) The Department of Veterans Affairs encourages all active and transitioning service members and veterans to explore college completion and employment programs available to them through programs such as Vetsuccess on Campus, education and career counseling services, vocational rehabilitation and employment services, and the G.I. Bill. To learn more, go to [www.dol.gov/vets](http://www.dol.gov/vets) and [www.vetsuccess.va.gov](http://www.vetsuccess.va.gov). POC for information and resources on veterans

education: Army Education Center, Bldg. 56, (309) 782-2065.

### **Tuition Assistance Changes – Good Opportunity to "Save Some Dough for What You Know" Through**

**CLEP/DSST Testing:** With recent changes to the GoArmyEd tuition assistance program, some Soldiers may need to find other ways to finance at least a portion of their college education. The more restrictive policies, which went into effect Jan. 1, make it all the more important for Service members to “save some dough for what they know” – taking advantage of testing services that allow Army personnel to earn class credit toward their degree without the extra time and expense. “Testing out” of classes can significantly reduce educational expenses, and get individuals to their goal faster. The College-Level Examination Program (CLEP) and the DANTES Subject Standardized Test (DSST) exams allow Service Members, eligible spouses, and, in some cases, DoD civilian employees to earn college credit by attaining qualifying scores on college subject exams. The Army generally covers test fees for Soldiers, while their dependents and DoD civilians can take the exams at their own expense. The Rock Island Arsenal makes it convenient to take

advantage of the testing programs: CLEP and DSST exams are given at the National Testing Center, located on-base in Bldg. 56. Service Members are encouraged to thoroughly prepare themselves for the tests by utilizing Web sites designed to boost their knowledge in specific areas of study. Listings of prep sites and free study materials are available through the National Testing Center or the Army Education Center, also located in Bldg. 56. For more information, go to:

<http://clep.collegeboard.org/military> or [www.getcollegetcredit.com](http://www.getcollegetcredit.com). POCs: [Army Education Center](#) (309) 782-2065; [National Testing Center](#) (309) 762-3999 ext. 62313 [JA-Holan@wiu.edu](mailto:JA-Holan@wiu.edu)

**RIAWC Scholarships Available:** The Rock Island Arsenal Welcome Club is now accepting scholarship applications from High School Seniors and Continued Education Students. Applicants must meet eligibility requirements stated in the scholarship application. Merit-based scholarships will be awarded in the amount of \$750.00-\$1,500.00. Applications are available beginning **Jan. 15** from guidance counselors at local high schools and colleges, the Arsenal Attic (thrift shop), the fitness center, the commissary, by [email](#) or [download from](#)



[our website](#). A link to the application can also be accessed on our [Facebook page](#) under the events section. Applications must be post-marked no later than **March 15**.

**FEEA Taking Applications for 2014-15 Scholarships:** The Federal Employee Education and Assistance Fund announced it is taking applications for its 2014-2015 FEEA Scholarship Program. The program, which began taking applications **Jan. 2**, is open to civilian federal and postal employees with at least three years of service by **Aug. 31**, as well as to their spouses and dependents. Active duty and retired military service members and their dependents are eligible only through a sponsoring civilian employee spouse. Applications must be postmarked no later than **March 28**, FEEA said. ([More](#))

**RIAFCU Scholarship:** Do you or someone you know need money for college? R.I.A. Federal Credit Union is awarding three \$1,000 scholarships for the 2014/2015 school year. Any primary member of R.I.A. Federal Credit Union with an account in good standing is eligible to apply. An individual may join R.I.A. for the sole purpose of eligibility. The IL Quad City Credit Union League is also awarding scholarship monies for

the 2014/2015 school year. Applications for either scholarship program are due **Feb. 15**. Applications may be picked up at the R.I.A. branch in Bldg. 61 or [download an application here](#).

**Tuition Assistance Changes to Take Effect For 2014:** Beginning Jan. 1, there will be a cap on the number of semester hours that can be taken using Tuition Assistance, and tighter TA eligibility rules. Soldiers will be able to use TA one year after graduating from initial entry training, known as IET, said Brig. Gen. David K. MacEwen, adjutant general of the Army, Human Resources Command, Fort Knox, Ky. ([More](#))

**Get Ready, Get Set, Go-Go-Go to School!:** Seeking or Pursuing a College Degree? Have Questions? Meet with school representatives and learn about educational opportunities in the Quad Cities, 10 a.m. – 2 p.m., Bldg. 56, 1<sup>st</sup> Floor, Room 121. • Ashford University: (563) 508-0927, **Jan. 24**. Military personnel, family members, and DoD civilians are welcome to stop by. No appointments are necessary. Education Center POC: Guidance Counselor, [Lorrie Blumberg](#), (309) 782-6343.

## **NDIA Academic Year 2014-15**

**Scholarship:** Applications for the Iowa Illinois Chapter NDIA Academic Year 2014-15 scholarship are now being accepted. The scholarship application may be found at [www.ndia-ia-il.org](http://www.ndia-ia-il.org). Applications must be postmarked by **March 24**. Call (563) 650-3252 for further information.

## **Sgt. Paul Fisher Academic Year 2014-15:**

Scholarship Applications for Academic Year 2014-15 Sgt. Paul Fisher Scholarship are now being accepted. High school senior sons and daughters of active duty, reserve, and retired military members in Iowa and northwestern Illinois are eligible to apply. Applications are available on the chapter's web site, [www.ndia-ia-il.org](http://www.ndia-ia-il.org). Applications must be postmarked by **March 24**. Call (563) 650-3252 for any additional information.

## **2014 IA/IL WID Scholarship:**

Applications for the IA/IL Chapter WID 2014-15 academic year are now being accepted. The application may be found at [www.widiic.org](http://www.widiic.org), and must be postmarked by April 14. Questions: Contact Chioma Ezeugwu, (309) 269-7148 or e-mail: [scholarships@widiic.org](mailto:scholarships@widiic.org).  
Date: **Monday, April 14**



Time: 3 p.m.



## Commissary / Exchange

☺  
**The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com) ([Facebook](#))**

**Scholarships for Military Children Program Opens:** Applications for the 2014 Scholarships for Military Children Program become available Dec. 3 at commissaries worldwide or on the Internet at [www.militaryscholar.org](http://www.militaryscholar.org). Applications must be turned in to a commissary by close of business **Feb. 28**. Packages must be hand-delivered or

shipped via U.S. Postal Service or other delivery methods, not emailed or faxed. This year's award amount has risen to \$2,000, and the program awards at least one scholarship at each commissary with qualified applicants. An applicant must be a dependent, unmarried child, younger than 21 - or 23, if enrolled as a full-time student at a college or university - of a service member on active duty, Reserve or Guard member, retiree or survivor of a military member who died while on active duty, or survivor of a retiree.



## Arsenal Archive

☺  
**Information for the *Arsenal Archive* is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))**

**Rock Island Arsenal Historical Society Meeting:** The Rock Island Arsenal Historical Society will have its monthly meeting at 6 p.m., Thursday, **Feb. 6**, in the Veranda Room of the Arsenal Island Golf Course Clubhouse. The menu will be a tossed salad with

breadsticks, pork tenderloin with gravy, garlic mashed potatoes, roasted Brussels sprouts, rolls and a chef's choice dessert, all prepared by the Golf Club kitchen, \$14, including tax and tip. This event is open to both members and non-members. Interested parties may choose to attend only the program portion of the meeting at 7 p.m. at no cost. Guest speaker Lt. Col. (retired) Harold Knudsen will talk about "Gen. James Longstreet, the Confederacy's Most Modern General." For reservations call Monica (563) 650-4349 or Linda (563) 355-6165 or [email](#). Reservations are due by noon on Monday, **Feb. 3**.

Cancellations must be made by the reservation deadline or you will be liable for cost incurred and billed accordingly. If further clarification is required on this notice, please call Kris Leinicke at (309) 782-3518.

**This Week in Rock Island Arsenal History – Jan. 13-19:** In January 1976, Army Management Engineering Training Agency (AMETA) personnel took possession of Storehouse "K" (Bldg. 56). The remodeled building became the AMETA Annex, housing offices, and classrooms. The Secretary of War approved on Jan. 16, 1906, the transfer of RIA land from the Ordnance Department to the Engineering Corps



for the construction of the Moline Locks. When Locks and Dam 15 opened in 1934, the Moline Locks were abandoned.

## Healthbeat

**Still Not Too Late to Get The Shot:** As the holidays fade into the months of winter, we enter the period commonly characterized as "cold and flu season," which usually peaks in January and February. The "flu" is an unfortunately common disease caused by the influenza virus. It is spread primarily through sneezing and coughing. After one to four days, a person who is infected with the flu will demonstrate symptoms that typically include a sudden fever, headaches, body aches and extreme fatigue. Many people experience additional symptoms that include a dry cough, a sore throat and possibly a runny nose. For most healthy adults, the flu runs its course in two to five days. Most everyone will get well on their own without any kind of lasting medical problems. ([More](#))

**Reducing Battlefield Deaths Goal of Medical Fellowship:** A physician who was a former Army Special Forces combat medic designed a fellowship

program, which he hopes will improve the survival chances of battlefield casualties. The aim of the Military Emergency Medical Services and Disaster Medicine Fellowship Program is to train physicians for the "challenges of pre-hospital care" on the battlefield, in defense of the homeland or wherever else troops may be, according to Lt. Col. (Dr.) Robert Mabry, the fellowship's program director, at San Antonio Military Medical Center. ([More](#))

**Rock Island Arsenal Health Clinic:** The Rock Island Arsenal Health Clinic will be closed for training on **Jan. 31** from 12 p.m. until end of day. This is recurring training every month on the last Friday of the month

## Notes for Veterans

**VA Offers \$600M to Support Services for Homeless Vet Families:** Veterans Affairs Department officials today announced the availability of about \$600 million in grants through the Supportive Services for Veteran Families program for nonprofit organizations and consumer cooperatives that serve very low-income veteran families occupying permanent housing. "Those who have served our nation should never find

themselves on the streets, living without hope," VA Secretary Eric K. Shinseki said. "These grants play a critical role in addressing veteran homelessness by assisting our vital partners at the local level in their efforts. We are making good progress towards our goal to end veterans' homelessness, but we still have work to do." ([More](#))

## Carpooling Announcements

Submit carpooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

**Did You Know?:** The [AMTBP \(Army Mass Transportation Benefit Program\)](#) is a program where Army employees can qualify for up to \$245 in reimbursements for use of mass transportation (to include van pooling). ([More](#))

## Carpool:

- **Ride:** Looking for a ride and pay for gas. Location – Sherwood Forest Apartment, Davenport. Call thru



Illinois relay at (800) 526-0857 to contact me at (309) 782-1078 (TTY). ([Email](#))

- **Carpool:** Carpool from Rio, Ill., looking for people to carpool with along 150. Please call (309) 782-5472.
- **Carpool:** New hire with flexible hours seeking to pay for ride from Moline 9<sup>th</sup> & 53<sup>rd</sup>, (Franklin School area) (309) 757-5755.



## Around the Q.C.



- Jan. 18:** [32<sup>nd</sup> Annual Frostbite Footrace 5K](#) (Scott County Park, Iowa)
- Jan. 18:** [Kid's Craft Day](#) (John Deere Pavilion, Moline)
- Jan. 18:** [Tales Around the World Family Event](#) (Moline Library)
- Jan. 19-21:** [QC Farm Equipment Show](#) (QCCA Expo Center, Rock Island)
- Jan. 25:** [Hand in Hand's Chili Cook-off](#) (New Fair Center, Mississippi Valley Fairgrounds)
- Feb. 1:** [Havana Daydreamin' – Honor Flight of the Quad Cities Benefit](#) (RiverCenter, Davenport)
- Feb. 2:** [St. Olaf Band in Concert](#) ([Bettendorf High School Performing Arts Center](#), 3333 18<sup>th</sup> Street, Bettendorf)
- Feb. 14:** [Valentine Walk](#) (Watchtower Lodge, Black Hawk State Historic Site, Rock Island)
- Feb. 13-16:** [Outdoor Show](#) (QCCA Expo Center, Rock Island)
- Feb. 23:** [CBRC Chili Chase 4-Mile Run/Walk](#) (Duck Creek Park, Davenport)

- March 15:** [29<sup>th</sup> Annual St. Patrick's Day Parade](#) (Rock Island & Davenport)
- March 19-22:** [Gathering of the Green](#) (RiverCenter, Davenport)
- March 21-23:** [QCCA Flower and Garden Show](#) (QCCA Expo Center, Rock Island)
- April 12:** [Bandits Race to Home 5K](#) (Modern Woodman Park)
- April 12:** [Run for Renewal 5K](#) (Sr. Concetta Park, Davenport)
- April 26:** [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)
- May 3:** [Village in Bloom: Festival of the Arts](#) (Village of East Davenport)
- May 3:** [Derby Day Party](#) (Arsenal Island Golf Clubhouse)
- May 3:** [Venus Envy](#) (Bucktown Center for the Arts, Davenport)
- May 10-11:** [Beaux Arts Fair](#) (Downtown Davenport)
- May 17:** [5<sup>th</sup> Annual You Were Made for This 5K](#) (Young Life, Moline)
- May 17:** [Livefit With Lupus Run 5K](#) (LeClaire, Iowa)
- May 17:** [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)
- May 26:** [49<sup>th</sup> Annual Quad Cities Criterium](#) (Downtown Rock Island)
- June 3-7:** [Quad Cities Senior Olympics](#) (Rock Island)
- June 6-7:** [Rhubarb Festival](#) (Aledo, Ill.)
- June 6-7:** [22<sup>nd</sup> Annual Gumbo Ya Ya](#) (The District, Rock Island)
- June 7-8:** [QC Pridefest](#) (Downtown Davenport)
- June 12:** [Hot Rod Magazine Power Tour](#) (Isle Casino Hotel, Bettendorf) <http://www.hotrod.com/>
- June 12-15:** [19<sup>th</sup> Annual Rally on the River](#) (Centennial Park, Davenport)

- June 14:** [Run for the Hills XC 5K](#) (Crow Creek Park, Bettendorf)
- June 14:** [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)
- June 14-15:** [Juneteenth](#) (LeClaire Park, Davenport)
- June 15:** [30<sup>th</sup> Annual Ride the River Bike Ride](#) (Downtown Davenport)
- June 17-21:** [145<sup>th</sup> Annual Rock Island County Fair](#) (Rock Island County Fairgrounds, East Moline)
- June 20-22:** [28<sup>th</sup> Annual Quad City Air Show](#) (Davenport Airport, Mount Joy, Iowa)
- June 21:** [Inaugural Micro Brew Mile & 6k Road Race](#) (Moline)
- June 21:** [Royal Ball Run For Autism 5K](#) (Milan, Ill.)
- June 22:** [Blossoms at Butterworth](#) (Deere Family Homes, Moline)
- June 27-28:** [Greek Cultural Fest](#) (Assumption Greek Orthodox Church, East Moline)
- July 3:** [Red, White & Boom!](#) (The District & Downtown Davenport)
- July 3-5:** [30<sup>th</sup> Annual Mississippi Valley Blues Festival](#) (LeClaire Park, Davenport)
- July 4:** [Firecracker Run & Parade](#) (East Moline)
- July 4:** [Bettendorf Old-Fashioned 4th of July](#) (Bettendorf)
- July 7-13:** [John Deere Classic PGA Tour](#) (TPC Deere Run, Silvis)
- July 10-12:** [Walcott Truckers Jamboree](#) (Iowa 80 Truckstop, Walcott, Iowa)
- July 12:** [Case Creek Obstacle Run 5K](#) (Coal Valley, Ill.)
- July 12:** [Quad Cities Cruisers Cruise-in and Car Show](#) (Kimberly Center, Davenport)
- July 19-20:** [Heartland Jam](#) (Centennial Park)



**July 25-26:** [43<sup>rd</sup> Annual Street Fest](#)  
[Presented by the MVRBC](#) (Downtown  
Davenport)

**July 26:** [41<sup>st</sup> Annual Quad-City Times Bix7](#)

**July 29-Aug. 3:** [95<sup>th</sup> Annual Great  
Mississippi Valley Fair](#) (Mississippi Valley  
Fairgrounds, Davenport)

**July 31-Aug. 3:** [43<sup>rd</sup> Annual Bix  
Beiderbecke Memorial Jazz Festival](#)  
(RiverCenter/Adler Theatre, Davenport)

**Aug. 2:** [British Auto Fest](#) (LeClaire, Iowa)

**Aug. 7:** [2<sup>nd</sup> Annual Freedom Run 5K](#) (East  
Moline, Ill.)

**Aug. 7-9:** [Great Tug Fest](#) (LeClaire, Iowa &  
Port Byron, Ill.)

**Aug. 8-9:** [22<sup>nd</sup> Annual Ya Maka My  
Weekend](#) (The District, Rock Island)

**Aug. 9:** [Quad Cities Cruisers Cruise-in and  
Car Show](#) (Kimberly Center, Davenport)

**Aug. 15-16:** [10<sup>th</sup> Annual River Roots Live &  
Rockin' Rib Fest](#) (LeClaire Park, Davenport)

**Aug. 16:** [Floatzilla](#) (Sunset Marina, Rock  
Island)

**Aug. 22-24:** [World Series of Dragracing](#)  
(Cordova Dragway)

**Aug. 23:** [Silvis Home Run 5K](#) (Shadt Park,  
Silvis, Ill.)

**Aug. 30-31:** [Rock Island Grand Prix](#)  
(Downtown Rock Island)

**Sept. 1:** [Bettendorf Rotary Run with Carl](#)  
(Life Fitness Center, Bettendorf)

**Sept. 5-21:** [East West Riverfest](#) (Various  
QC Locations)

**Sept. 6:** [Quad City Symphony Riverfront  
Pops](#) (LeClaire Park, Davenport)

**Sept. 6:** [¡Viva! Quad Cities](#) (Isle of Capri,  
Bettendorf)

**Sept. 6:** [QCA Heritage Tractor Parade &  
Show](#) (John Deere Pavilion, Moline)

**Sept. 6-7:** [Beaux Arts Fair](#) (Downtown  
Davenport)

**Sept. 13:** [Quad Cities Cruisers Cruise-in  
and Car Show](#) (Kimberly Center, Davenport)

**Sept. 19-20:** [Celtic Festival & Highland  
Games](#) (Centennial Park, Davenport)

**Sept. 20:** [15<sup>th</sup> Annual WQPT Brew Ha Ha](#)

**Sept. 20-21:** [Riverssance Festival of Fine  
Arts](#) (Lindsay Park, Village of East  
Davenport)

**Sept. 28:** [17<sup>th</sup> Annual Quad Cities Marathon](#)

**Sept. 26-28:** [Hot Air Balloon Festival](#)  
(Kennedy Square, East Moline)

**Oct. 4:** [Night of the Running Dead 5K](#)  
(Davenport)

**Oct. 4:** [GiGi's Super Hero Run](#) (Bettendorf)

**Oct. 11:** [Trinity Quad Cities Classic Regatta](#)  
(on the Mississippi River in Moline)

**Oct. 11:** [Quad Cities Cruisers Cruise-in and  
Car Show](#) (Kimberly Center, Davenport)

**Oct. 12:** [Apple Fest](#) (Downtown LeClaire,  
Iowa)

**Oct. 23:** [Fright Night](#) (The District, Rock  
Island)

**Oct. 25:** [Lagomarcino's Cocoa Beano 5K  
Race](#) (Moline)

**Oct. 25-26:** [Boo at the Zoo](#) (Niabi Zoo,  
Milan, Ill.)

**Nov. 22:** [Festival of Trees Parade](#)  
(Downtown Davenport)

**Nov. 22:** [Lighting on the John Deere  
Commons](#) (John Deere Commons, Moline)

**Nov. 22:** [Holiday Pops Concert](#) (Downtown  
Moline)

**Dec. 7:** [19<sup>th</sup> Century Christmas](#) (Butterworth  
Center, Moline)



# Island Insight



**Col. Elmer Speights, Jr., Garrison  
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