



Jan. 5, 2015

# Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Garrison Internet page under "Information" and on the installation website at [www.usagria.army.mil](http://www.usagria.army.mil) under "News" and then "Local News."

**Island Insight Submission:** <https://home.ria.army.mil/sites/ii/ii.cfm>

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## ACAP Receives a New Name, Logo, Philosophy: Soldier for Life-Transition Assistance Program

Along with all the changes the Army is going through these days, the ACAP is also undergoing a rebranding to include: a name change, from Army Career and Alumni Program to Soldier for Life-Transition Assistance Program; a new Soldier for Life logo; and a new philosophy that is the driver for many other changes. ACAP was designed in the 1990s, to help Soldiers transition out of the military, so it came into play only at the end of a Soldier's career. It offered an "optional" workshop for individuals to take part in approximately 90 days prior to separating/retiring from military service. The workshop included instruction on budgets, transition plans, transferring skills from military to civilian life, resume writing, job applications, interviewing, and VA benefits. The SFL-TAP philosophy is a "Soldier for Life" mindset. It changes the way the Army prepares the Soldier for eventual transition to civilian life. Instead of waiting until the end of a Soldier's service time, preparation begins at the start of their service and continues throughout their entire military lifecycle. ([More](#))



## Upcoming Dates

- Jan. 8:** Installation Information Forum, Arsenal Island Clubhouse, 3 p.m.
- Jan. 8:** Island-Wide Social, Arsenal Island Clubhouse, 4 p.m.
- Jan. 8:** CSM James Spencer Award & Retirement Dinner, Abbey Station, Rock Island, 6-9 p.m.
- Jan. 8:** Family Child Care Info. Mtg., Moline Public Library, 6-7:30 p.m. [📅](#)
- Jan. 9:** ASC Change of Responsibility, Heritage Hall, 10 a.m.
- Jan. 10:** Rock Island Arsenal New Year's Reception, Quarters One
- Jan. 13:** Stress Management Class, USO Office, 11 a.m. - 12 p.m.
- Jan. 14:** Rock Island Arsenal Installation Electronic Townhall, 6 p.m. [📅](#)
- Jan. 14:** Tenant Senior NCO, Arsenal Island Clubhouse Veranda, 10 a.m.
- Jan. 14:** Family Child Care Info. Mtg., Bettendorf Public Library, 6-7:30 p.m. [📅](#)
- Jan. 19:** Martin Luther King Remembrance (*Federal Holiday*)
- Jan. 22:** Newcomers Orientation, Arsenal Island Clubhouse, 8 a.m.
- Jan. 23:** Martin Luther King Jr., Observance Event, Heritage Hall, 1 p.m.
- Jan. 24:** RIA Outdoor Rec. Ice Skating Outing, River's Edge, 1-4:30 p.m.
- Jan. 27:** Military Spouse Fun Night - New Year's Party, Bldg. 110, 6-9 p.m.
- Feb. 1:** Super Bowl Party, Arsenal Club, Bldg. 60, doors open at 3:30 p.m.
- Feb. 5:** Installation Information Forum, Arsenal Island Clubhouse, 3 p.m.
- Feb. 5:** Island-wide Social, Arsenal Island Clubhouse, 4 p.m.

## Rock Island Arsenal Installation Electronic Town Hall

The Rock Island Arsenal-Garrison will conduct a [Rock Island Arsenal Installation Electronic Town Hall](#) via Facebook on Wednesday, **Jan. 14**, beginning at 6 p.m. Questions will be fielded from the Island workforce, family members, and the general public by the Garrison Commander and his staff. Questions will be posted and answered using this Facebook thread <http://bit.ly/arsenaltownhall2>. Prior to the town hall, questions can be posted to the thread in advance; answers to those questions will be posted during the town hall. The type of questions that will be fielded can be of almost any subject matter, but should have something to do with the installation and/or Post operations in some way, shape or form. Questions regarding the Rock Island Arsenal Installation Electronic Town Hall? Email [Rock Island Arsenal-Garrison Public Affairs](#) or call 309-782-1121.



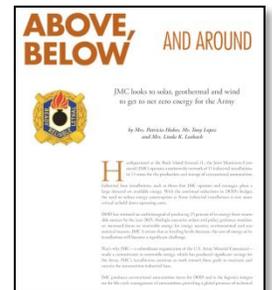
## Illowa Bi-State CFC "Gives for Good"

More than halfway through the 2014 Illowa Bi-State Combined Federal Campaign, federal government employees continue to generously donate to CFC charities to make a lasting difference in people's lives in the Quad City Area and beyond. In addition, volunteers at various agencies hold fundraisers to generate additional donations to CFC. "A big positive this year is the fact that 40 percent of donations so far are from people who have not donated before," said Mary McDonough, loaned executive from Joint Munitions Command. "I think the campaign has really raised awareness this year of those in need." ([More](#))



## Above, Below and Around - JMC Looks to Solar, Geothermal and Wind to Get to Net Zero Energy for the Army

Headquartered at the Rock Island Arsenal, IL, the Joint Munitions Command operates a nationwide network of 11 industrial installations in 13 states for the production and storage of conventional ammunitions. Industrial base installations, such as those that JMC operates and manages, place a large demand on available energy. With the continual reductions in DoD's budget, the need to reduce energy consumption at Army industrial installations is ever more critical to hold down operating costs. DoD has initiated an ambitious goal of producing 25 percent of its energy from renewable sources by the year 2025. Multiple executive orders and policy guidance mandate an increased focus on renewable energy for energy security, environmental and economical reasons. JMC is aware that as funding levels decrease, the cost of energy at its installations will become a significant challenge. ([More](#))



## LRC directors attend ASC symposium

The U.S. Army Sustainment Command hosted more than 60 Logistics Readiness Center directors and seven Army Field Support Brigade command teams from around the world at an information sharing symposium, here, Jan. 6-8. Maj. Gen. Kevin O'Connell, ASC commanding general, welcomed the crowd, Jan. 6, sharing his enduring priorities: Sexual Harassment Assault Response Prevention; support deployed forces; provide globally responsive readiness; build and empower leaders; take care of people and families; and strengthen command climate. ([More](#))



## AMC Legal Workforce - Reshaping to Win in a Complex World

The Commanding General, U.S. Army Materiel Command has approved plans for legal office consolidation at three AMC Centers of Excellence - Aberdeen Proving Ground, Maryland; Redstone Arsenal, Alabama; and Rock Island Arsenal, Illinois effective Jan. 1, 2015. Legal services at Rock Island Arsenal have largely been consolidated for some time. Our current effort will combine the small Tank-automotive & Armaments Command legal office supporting the Joint Manufacturing & Technology Center, with the much larger Army Sustainment Command legal office. The consolidated legal office will be known as the Army Materiel Command Legal Center -- Rock Island Arsenal, and led by the Chief Counsel, Ms. Kathryn Szymanski. It will provide legal services to the Army Sustainment Command, the Joint Munitions Command, JMTC, the Army Contracting Command-Rock Island, and their subordinate commands and activities. The office will also provide legal services to Garrison and tenant activities on Rock Island. ([More](#))



## ASC Senior NCO Competes in Enlisted Aide of the Year Competition

Master Sgt. Sophia Bulham represented U.S. Army Sustainment Command in Washington, D.C. for the 2014 Department of Defense Enlisted Aide Competition, November 17-19. The top enlisted aide from each branch of service competed in the event. Bulham was urged by Maj. Gen. Kevin O'Connell, commanding general, ASC, to submit her packet for the competition. Within two weeks, Bulham was notified she had been selected to compete at the DoD level. The competition included an extensive written exam and military-type board in front of a panel of retirees. ([More](#))



## JMC General Engineer Inducted Into Ordnance Order of Samuel Sharpe

Jim Cox, General Engineer, Joint Munitions Command Quality Directorate, was inducted into the Ordnance Order of Samuel Sharpe during a ceremony held, here, Nov. 24. "The Samuel Sharpe award is a great honor for me to bestow on you," said Brig. Gen. Kristin K. French, commanding general, Joint Munitions Command. "It is one of the highest awards you can get in the ordnance corps. There are folks out there each and every day [like Jim], that are making sure our ammunition is reliable and ready to issue out to the troops." ([More](#))



## ASC CG Gives Command 90-Day Assessment

Maj. Gen. Kevin O'Connell, commanding general, U.S. Army Sustainment Command and Rock Island Arsenal, addressed ASC headquarters employees and Soldiers, Nov. 25, to discuss the future after completing his first 90 days commanding the organization. O'Connell's 90-day assessment was presented to Gen. Dennis Via, commanding general, U.S. Army Materiel Command, a day earlier. AMC is ASC's next higher headquarters. ([More](#))



## First Army Officer Highlights Navajo Contributions During Native American Observance

As a high school junior, Tracey Clyde saw an Army recruiting flyer in the school hallway, tore off the 3 x 5 reply card, and mailed it in. "I didn't think anything would come out of it," he said. But a lot did come out of it: an appointment to the United States Military Academy at West Point, New York,



and a career as an Army officer that is in its third decade and still going strong. Lt. Col. Tracey Clyde is now a 25-year Army veteran and a senior human resources integrator in First Army headquarters at Rock Island Arsenal. A Navajo and native of Shiprock, New Mexico, he served as guest speaker during a Native American Indian Heritage Month observance at the Arsenal on Friday. ([More](#))

### **Total Army Effort at Rock Island Supports New Ambulance Production for National Guard**

Last January, the Rock Island Arsenal Joint Manufacturing and Technology Center unveiled the newest tactical HMMWV ambulance in the Army. The M997A3, the most modern ambulance in the fleet, is fitted on a HMMWV chassis with a modified body and now is headed to Army National Guard units around the country. Today, RIA-JMTC continues to satisfy the National Guard's order for 500 ambulances. RIA-JMTC manufactures the shelter box and integrates it with the HMMWV purchased from a contractor. The program has continually improved since the first five pilot trucks were made last year. Last month, the program clocked in ahead of schedule and on budget. ([More](#))



### **Army Contracting Command Leaders Visit ACC-RI**

Army Contracting Command Commanding General, Maj. Gen. Theodore C. Harrison III and Command Sgt. Maj. David M. Puig, ACC command sergeant major, visited the Rock Island Arsenal, Illinois, Oct. 23-24 to observe training for the Contingency Contracting Administration Services mission readiness exercise. George Holland, chief, Contract Administration Division, ACC Contracting Operations, was also at RIA, between Oct. 20-31, training the Soldiers and civilians who will support the CCAS mission. ACC, through its subordinate Expeditionary Contracting Command, assumed the mission in June. ([More](#))



### **JMC Assists in Operation Ammunition Clean Sweep**

Nine Joint Munitions Command personnel recently supported Operation Ammunition Clean Sweep, and assisted military teams in managing a steady drawdown of ammunition from forward operating locations in Afghanistan. During the last six months, JMC personnel lead four 17th Combat Sustainment Support Battalion teams, assigned to the Central Command Materiel Recovery Element, in recovering excess ammunition as military forces transition from Operation Enduring Freedom to the Resolute Support mission. ([More](#))



### **First Army Presents World War II Veteran with Distinguished Flying Cross**

Presenting a long, overdue World War II medal made for an appropriate and heartfelt way to kick off the upcoming Veterans Day holiday. First Army Commanding General Lt. Gen. Michael S. Tucker presented the Distinguished Flying Cross to 92-year-old Moline resident, Staff Sgt. Richard "Dick" Bailey, during an awards ceremony on November 7, inside First Army headquarters. "What a great privilege it is to be able to preside over a ceremony honoring a member of our nation's greatest generation," said Tucker. "This ceremony is taking place far later than it should have,



but it is never too late to do the right thing...to stand before you to honor and recognize the service and sacrifice of Staff Sgt. Dick Bailey." ([More](#))

### **Obama Nominates Carter to Be Next Defense Secretary**

President Barack Obama today named Dr. Ashton B. Carter as his choice to become the 25th secretary of defense. In one way or another, Obama said at the White House ceremony, Carter has served 11 secretaries of defense. "He's an innovator who helped create the program that has dismantled weapons of mass destruction around the world and reduced the threat of nuclear terrorism," Obama added. "He's a reformer who's never been afraid to cancel old or inefficient weapons programs; he knows the Department of Defense inside and out. All of which means that on day one, he's going to hit the ground running," the president said. Defense Secretary Chuck Hagel said in a statement issued this morning that he supports Carter's nomination. On Nov. 24, the president accepted Hagel's resignation as defense secretary. Hagel has agreed to stay on until his successor has been confirmed by the U.S. Senate. ([More](#))



### **New Locality Pay Areas? Not in 2015**

One reason that new locality pay areas have not been established as recommended by the Salary Council is the alternative pay plan issued by President Obama earlier this year. In his letter, the president stated: Specifically, I have determined that for 2015, across-the-board pay increases will be 1.0 percent, and the current locality pay percentages shown in Schedule 9 of Executive Order 13655 of Dec. 23, 2013, will remain at their 2014 levels. This decision will not materially affect our ability to attract and retain a well-qualified Federal workforce. ([See Obama Calls on Feds to Do Their "Fair Share" With 1 Percent Pay Raise for 2015](#)) ([More](#))



### **Federal Employees Do Not Benefit from Marijuana Legalization**

Although the local pot laws in D.C. might change, just as they did in Colorado and Washington, the federal law hasn't. The federal government still classifies marijuana as a Schedule I drug, in the company of heroin and LSD. ☹ But unlike private employees, federal employees in every state remain subject to Ronald Reagan's 1986 "drug-free federal workplace" executive order, which banned employees from using illegal drugs on- or off-duty. ([More](#))



### **Survey Results Used to Reformat Installation Publication**

Island Insight readers – thank you for the many responses to our readership survey. More than 1,140 people responded to our survey. We realize there were technical difficulties with the survey, particularly with question No. 6, which asked those surveyed to rank their interest in the various types of news carried in the Insight. We will be doing another survey devoted to that topic in the near future. Some readers were also unable to access the survey if they were using Internet Explorer, nonetheless we feel we have data to set a way ahead for the publication in the upcoming year. First and foremost, the vast majority of the respondents use Island Insight for their primary news source about events on the Arsenal, with 50 percent giving that as the product most used for Arsenal news, compared to only 31 percent favoring individual event emails, and only 24 percent



using command social media such as Facebook or Twitter. While only 13.3 percent of all readers said they were likely to read it cover-to-cover, 22.5 percent said they read most articles. According to the survey, 82 percent of readers feel they receive timely and effective information on Rock Island Arsenal policies, events and services, and only 17 percent felt otherwise. We want to improve those numbers, and the survey provides us information on what you want in order for us to do so. Many of the written comments indicated that the publication should come out early in the week rather than on its Friday schedule. Other folks feel that a reformat for easier reading is in order and we are addressing that with this new issue. You can expect additional surveys, and more changes to the Insight, as we strive to make it a useful news source for activities, events and happenings at Rock Island Arsenal. Thank you. - *USAG-RIA Public Affairs staff*

### Tax Season Is Almost Here

Income tax filing season is almost here and the Rock Island Arsenal will again host a free tax assistance center. The tax center serves members of the RIA community eligible for legal assistance services - primarily active duty service members, military retirees, and family members. In a change from recent years, an appointment is required and there is no "drop-off" service. Appointments will be available weekdays, 8 a.m. to 3 p.m., starting the last week of January through April 15. Most appointments can be expected to take about an hour, with more complex returns taking longer. In accordance with IRS



guidelines, the tax center may prepare and submit most – but not all – federal and state income tax returns. For example, we cannot prepare returns for a home-based business. If you expect your return to be complex, please discuss that with us when you call, and we can advise as to whether we will be able to prepare your return. To schedule an appointment please call 309-782-8457/1894. Please bring the following to your appointment: a photo ID; your social security card (or official SSA correspondence with your SSN on it); documents showing income of any type (W-2s, 1099s, etc.); documents to support any deductions/credits; copy of last year's return; direct deposit information; dependents' birth dates.

### Recycle Operations on Rock Island Arsenal

Recycle operations are currently transitioning from a Government/MWR run program to a contractor run program. The Public Works Directorate will be managing the contractor effort with the custodial contractor picking up administrative space recycles and bulk cardboard and the refuse contractor picking up family housing recycling. During the transition Public Works will be providing more information on how recycling activities will change and how to dispose of most categories of recyclable materials. Most areas will receive weekly service for recycling and family housing will receive every other week service on Fridays. Paper, cardboard, cans and bottles will be recycled with no change to the process. Critical dates for the transition are: • **Jan. 5** - MWR Recycle efforts ceased; • **Jan. 12** - Containers are issued to family housing residences for their recyclable materials; • **Jan. 15** - Administrative and family housing recycling begins under the custodial and refuse contracts; • **Jan. 16** - First family housing recycle pick-up. The contractors understand there will be some recycle material backlog due to the transition and will be prepared to reduce the backlog as quickly as possible. POCs for Public Works: Custodial - [Chase Burns](#) and [Huck Rhodenbaugh](#); Refuse - [Tera Hill](#) and [Chris Mills](#).



## CIF Wall to Wall

The [Rock Island Central Issue Facility](#) will be closed **Jan. 26 – 30** to finalize relocation and annual inventory. Services will resume in the new CIF facility, Bldg. 145, on **Feb. 2**, at 11:30 a.m., and normal operating hours thereafter.

## Blood Drives

The Mississippi Valley Regional Blood Center is hosting a blood drive in the [Navy Operational Support Center Rock Island](#) (across from the Clock Tower Building), on **Friday, Jan. 9, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2<sup>nd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 211) beginning at **6:30 p.m. on Jan. 9**. A **3<sup>rd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 211) beginning at **2:15 a.m. on Jan. 29**. To sign up for a blood drive held on either the 2<sup>nd</sup> or 3<sup>rd</sup> shift, donors should contact their shift supervisor. **DMC** will host a blood drive **1-4:30 p.m., on Feb. 5**, in the MVRBC Donor Bus parked at Bldg. 350. To donate, please contact Sgt. First Class Jared Clapper at 309-782-5485 or visit [www.bloodcenterimpact.org](http://www.bloodcenterimpact.org) and use code 1554 to locate the drive. You may also email SFC Clapper at [jared.d.clapper.mil@mail.mil](mailto:jared.d.clapper.mil@mail.mil).



***Charlie Corpuscle asks, "How many units of blood were donated for patients at our local hospitals through blood drives held on Arsenal Island in 2013?" Answer: 969. FYI – Each of those donations can touch the lives of as many as four patients in need!***

**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).**

## VIOS Schedule for January, February, and March

Official DA Studio Photography (DA, Government passport and command photos) will be offered at Rock Island Arsenal on **Jan. 6, 7, 8; Feb. 10, 11, 12; and March 10, 11, 12**. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the [Visual Information Ordering Site](#) for the available times: 7 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the [VIOS site](#) for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, basement, by elevator). Priority is: 1. Active duty Soldier's DA photos; 2. Official government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - command photos will be printed and available digitally. Additional prints can be ordered in [VIOS](#). To obtain an official government passport photo: 1. Schedule a passport photo appointment at the [RIA VIOS website](#). 2. Go to transportation to obtain a printed DA Form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA Form 3903 to the photographer before the passport photo is taken. You will receive two 2" x 2" passport photos. All scheduled dates can be found on the [RIA VIOS website](#) FAQ.

## Toastmasters Esprit De Corps (Club #5999)

The U.S. Army Corps of Engineers, Rock Island District's Esprit De Corps Club meets the 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays of the month in the Clock Tower Building, ABC Conf. Rm., from 11:45 a.m. - 12:45 p.m. Come join us and gain better speaking, listening, and thinking skills build leadership & teamwork skills. Join for \$6/month; visit for free. Questions? Michael Cummings: 309-794-5356;

Thomas Gambucci: 309-794-5848; or Erica Stephens: 309-794-5925. <http://espritdecorpstm.easy-speak.org>



## Arsenal Traffic/Construction



### **Davenport Gate**

The Davenport Gate will be closed to inbound traffic on the mornings of **Jan. 7 and 8** due to extreme cold. The Davenport Gate will open to outbound traffic on both afternoons. The remainder of installation services will be operating as normal.

### **Rock Island Viaduct Sidewalk Closed to Pedestrians**

"Sidewalk Closed" signs have been erected at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents. Attached illustration indicates the suggested alternative route (STR276 American Discovery Trail and Pedestrian Bridge) during the closure.

### **Upstream Sidewalk Closure on Government Bridge**

Until further notice, the "upstream" sidewalk on the Government Bridge, Structure 320, is closed because of damages caused by a barge. The bridge is only able to turn in a single direction and must return to the same position for closing. This will lengthen the amount of time the bridge is open for each barge and will increase delays for pedestrians, cars, and train traffic. The pedestrian gates for this sidewalk are "Closed," caution tape is on those gates, and a "Sidewalk Closed" sign has been positioned at the Davenport end of that same sidewalk. The "downstream" sidewalk on the Government Bridge is open and safe to use.

### **Future Ft. Armstrong Construction**

In the upcoming construction season, Rock Island Arsenal will be performing work on the intersection of Ft. Armstrong Drive and Rock Island Drive. This work will result in a full vehicle closure for the Installation's Rock Island Gate and Rock Island Viaduct, as well as restricting vehicles crossing the Government Bridge to "Installation-only" traffic. The American Discovery Trail will remain open. Construction is expected to last approximately two months, barring major weather delays. The exact construction start date is currently unknown. However, we have been coordinating with external agencies in an effort to minimize impact to the surrounding communities.



## Building/Space Closures



*There are no announcements at this time.*



# Active Duty/Reserve Zone



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## **Military Spouse Virtual Hiring Event**

Join us for a virtual job fair for military spouses on [virtualjobscout.org](http://virtualjobscout.org), **Jan. 8**, 10 a.m. - 2 p.m. Virtual Job Scout brings all the benefits of a live fair to those who cannot make it to our traditional fairs. It allows job seekers and employers to connect with each other in real time - no matter their physical location. Because Virtual Job Scout is available 24/7, recruiters can also connect with top veteran, transitioning service member, and military spouse candidates outside of the live hiring fair times. Thanks to the support of the Steven and Alexandra Cohen Foundation, Virtual Job Scout is free to both job seekers and employers. ([More](#))

## **Military Spouse Fun Night, New Year's Party**

Military Spouse Fun Night is Back -- Join us Tuesday, **Jan. 27**, 6-9 p.m., in Bldg. 110, to welcome in the New Year with food, fun, and friendship. We will be making wine charms to celebrate the New Year. Bring a dish to share if time permits. This activity is open to all active duty military spouses. (No couples or kids) For information: Call Jan at 309-782-4736/0829 or [janice.n.saito.civ@mail.mil](mailto:janice.n.saito.civ@mail.mil). ([Flyer](#))

## **Servicemembers Warned Anew to Scrub Social Media Accounts**

The FBI on Sunday night issued the strongest warning yet about possible attacks by the Islamic State terrorist group against the U.S. military at home. In a joint intelligence bulletin issued by the FBI with the Department of Homeland Security, first obtained by ABC News, officials strongly urged those who serve in uniform to scrub their social media accounts of anything that might bring unwanted attention from “violent extremists” or would help the extremists learn individual servicemembers’ identities. “The FBI and DHS recommend that current and former members of the military review their online social media accounts for any information that might serve to attract the attention of ISIL [ISIS] and its supporters,” the federal bulletin sent to law enforcement agencies said, advising that troops “routinely exercise operational security in their interactions online.” ([More](#))

## **Message from Rock Island Arsenal Health Clinic**

In response to ALARACT 255/2014 "Implementation of Measles, Mumps, and Rubella (MMR), Polio, and Varicella Vaccine Requirement into the Army Routine Adult Immunization Profile"; the goal for the Army is to update every Soldier within 12 months. Our goal is to be 100 percent within six months. We will be screening for these immunizations during PHA's as an interim implementation method until we finalize plans to speed up the process. Please be patient and do not try to schedule a PHA if you are not due for one, this will only clog up the system. Additionally, please refrain from calling or coming into the clinic due to being red for any of these immunizations. We will provide specific guidance shortly. Thank you.

## **Budget Deal Calls for Troop Benefit Cuts**

Troops will see smaller pay raises and housing and health care benefits next year under a defense budget agreement unveiled in Congress. Lawmakers agreed to White House and Pentagon requests to reduce personnel and equipment costs by capping pay raises at 1 percent, slowing housing allowance increases, and ratcheting up Tricare prescription copays. The Air Force will not be able

to retire the A-10 Thunderbolt but was given authority to reduce its flying time. The compromise breaks a months-long impasse on Capitol Hill over the benefits. Now, the bill must be fast-tracked and passed in the House and Senate without any amendments, which sponsors hope can be done by next week before Congress wraps up business for the year. ([More](#))

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## Safety Spotlight



**ARMY SAFE  
IS ARMY STRONG**



### Prevent Carbon Monoxide Poisoning During the Winter

What is carbon monoxide? Carbon monoxide, or CO, is an odorless, colorless and toxic gas. Because you cannot see it or smell it, it can kill you before you are even aware of its presence. Carbon monoxide is one of the leading causes of accidental poisoning deaths in America. What are sources of carbon monoxide emission? Carbon monoxide is a product of incomplete combustion. Therefore, anything that burns gasoline, kerosene, oil, propane, wood or coal produces carbon monoxide. Any improperly maintained or unvented equipment such as automobile engines, generators, furnaces, portable space heaters, wood stoves or charcoal grills can produce high levels of carbon monoxide in indoor spaces. ([More](#))



## Equal Opportunity Focus



*There are no announcements at this time.*



## Morale, Welfare & Recreation



### Morale, Welfare & Recreation (MWR)

Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs.

### Arsenal Island Clubhouse, Newcomer's Orientation and Tour

Are you new to the Arsenal or do you have new employees or service members in your organization? Make sure to get them/yourself signed up for our next Newcomer's Orientation and Tour taking place Thursday, **Jan. 22**, starting at 8 a.m. The briefings and info on the tour will include everything a new employee needs to know to successfully transition to the Rock Island Arsenal and the surrounding Quad Cities and make their new home feel like home. This free service includes breakfast and lunch courtesy of our sponsor, Rock Island Arsenal Federal Credit Union and free childcare is also available but you must RSVP for care by **Jan. 15**. To RSVP for care call Leslie 309-782-6793. Space is limited so call 309-782-0829 for more info and to reserve your spots. ([Flyer](#))

## Youth Indoor Soccer League Now Forming

Registration is now open for our new youth indoor soccer league. This league is for 3-9 year-old boys and girls and games will be played at the School Age Center (Bldg. 150) as well as the Two Rivers YMCA. Cost is \$20 for 3-5 year olds and \$27 for 6-9 year olds and all participants receive a shirt. The season will run from **Jan. 26 - March 7** and participants must be registered with CYSS and have a sports physical prior to the season starting. [Register](#) or call 309-782-0511 for more info. ([Flyer](#))

## Superbowl Party at Bldg. 60 Bar

Whether you watch for the commercials or the hard hitting gridiron action, The Bldg. 60 bar is the place to watch the Superbowl, Sunday, **Feb. 1**, 3:30 p.m. Come watch the best in the AFC battle the best in the NFC for the title of Superbowl XLIX Champions. Doors open at 3:30 p.m. and the game starts at 5:30 p.m. There will be lots of food and drink specials. Call 309-782-4372 for more info. ([Flyer](#))

## Lunch Services Suspended at Arsenal Island Clubhouse

Effective Tuesday, Jan. 6, daily dining will be unavailable at the Arsenal Island Clubhouse. We will re-open for daily lunch service when the Arsenal Island Golf Course re-opens on or about **April 1**. The Clubhouse is still open for pre-booked/catered events so please call 309-782-4372 to make special event reservations.

## Sports Leagues at the Fitness Center

Basketball, co-ed volleyball, and racquetball league signups are going on now at the fitness center. Rosters are available at the front desk of the fitness center. If there are any questions please contact fitness center at 309-782-6787.

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# MWR Leisure Travel Office



## Office Hours

Monday through Friday, 9 a.m. – 3 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. ([email](#)) ([website](#))

## Snow Tubing Outing at Snowstar

Round up the kids (and the kids at heart) and join MWR for a fun evening of snow tubing at Ski Snowstar Winter Sports Park on Friday, **Jan. 23**, at 4 p.m. Cost is \$13/person and you must register and pay at Outdoor Recreation (Bldg. 333) by **Jan. 13**. Fee is for tubing only, transportation to and from is the responsibility of the participants. Call 309-782-8630 for more info and to sign up. ([Flyer](#))

## Ice Skating Outing at River's Edge Indoor Ice Rink

Join Outdoor Recreation for a fun, family friendly afternoon of ice skating Saturday, **Jan. 24**, 1 - 4:30 p.m. Cost is \$5/person and you will pay at the door but please call ahead to 309-782-8630 so that we can let the rink know how many people to expect. Skate rental is \$3/pair at River's Edge or save a couple bucks and rent them ahead of time from Outdoor Rec for just \$1/pair. The Figure

Skating Club of the Quad Cities will be on hand to help you learn some basic skating skills. Call 309-782-8630 for more info. ([Flyer](#))

### **World's Toughest Rodeo**

World's Toughest Rodeo, the premiere national rough stock only tour, presents this two and a half hour event starring professional cowboys and cowgirls from across the nation. Fans will once again get the opportunity to cheer on the world of rodeo's top bucking horses and bulls as well as enjoy some of the nation's most talented entertainment acts. Discounted seats available until **Jan. 14**. Section 104 \$32 Adult/ \$16 Child Section 203 \$23 Adult/ \$16 Child.

Date: **Saturday, Jan. 24**

Time: **7:30 p.m.**

### **Ski and Snowboard Outing at Snowstar**

Get your friends and family together and come carve up the snow at Snowstar Winter Sports Park at steep discounts off regular ticket prices. Cost is \$13/person for lift tickets and \$12 for equipment rental if you need it. The outing is Friday, **Feb. 6**, 4-9 p.m., but you must pre-register and pay by **Jan. 27**. Lessons are also available for beginners for \$5 (skiing) and \$10 (snowboarding). Call 309-782-8630 for more info and to register. ([Flyer](#))

### **Fitness Center, RIA Annual Health Fair**

Brought to you through sponsorship by Unity Point Health-Trinity, the RIA Fitness Center's annual health fair, taking place Wednesday, **Feb. 11**, 10 a.m. - 2 p.m., is a great place to obtain lots of helpful information and advice about your health. Stop by the Fitness Center to visit the various exhibitors who will have a myriad of information on a wide spectrum of health related topics including cardiology, chiropractic and cancer treatment to name just a few. There are always lots of goodies and freebies available as well. Call 309-782-6789 for more info. ([Flyer](#))

### **Davenport Cinemark 53<sup>rd</sup> 18 + IMAX Theatre**

Leisure Travel is selling Platinum Supersaver Prepaid Admission Tickets to Davenport Cinemark 53<sup>rd</sup> 18 + IMAX theatre (formally 53<sup>rd</sup> cinemas and RAVE cinemas) These tickets have no restrictions or expiration date.



### **Army Family Child Care Provider Informational Meeting**

The Rock Island Arsenal Family Child Care program will be holding two informational meetings about becoming an Army Certified Family Child Care in home provider. The program is called "Homes Off Post" and is comprised of Quad City child care providers who have completed the Department of Army background checks and training to become Army certified. These providers can be experienced, established providers or those who are just starting out. They provide care to both our military and civilian families in the area. Attend one of the two informational meetings to find out how to become part of this group of



dedicated, caring child care professionals. Meetings will be held **Jan. 8** at the Moline Public Library or **Jan. 14** at the Bettendorf Public Library. Call 309-782-3394 to reserve a space.  
Time: **6-7:30 p.m.** ([Flyer](#))

### **Summer Day Camp 2015**

With winter just starting, it's time to start thinking about Summer Day Camp. The Summer Day Camp Program is for registered patrons in grades K-7th. The lottery applications will be available from **Jan. 5-30**. You must be registered and have an active pass with CYSS by **Dec. 19** in order to participate in the lottery. If you have any questions, please call the School Age Center at 309-782-5019.

### **2015 Military Child of the Year Award – Recognizing Young Patriots**

Operation Homefront is pleased to present the Military Child of the Year Award to outstanding military children who demonstrate resiliency, leadership and achievement. Recipients representing each service branch are recognized at a Washington, DC Gala celebration in April each year. The seventh annual award will be presented **April 16** at the Ritz-Carlton, Pentagon City, near Washington, DC. In addition to the trip to our nation's capital, recipients are awarded a laptop computer and a \$10,000 award. To learn more about Operation Homefront and the Military Child of the Year Award, please go to: [www.militarychildoftheyear.org](http://www.militarychildoftheyear.org)

### **Covenant Cottage Child Development Home**

[Covenant Cottage Child Development Home](#) is available for backup, emergency, and hourly care for ages four weeks through 12 years. The home is located on post and is open from 6 a.m. – 6 p.m. Monday through Friday, Tuesday and Thursday evenings and Saturday mornings. Army Family Covenant Guidelines state deployed Soldiers are entitled to 16 hours free respite childcare per child, per month. For reservations call 309-782-6793. We encourage you to call as far in advance as possible because spaces fill quickly.



## **Army Community Service**



**C**

ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; [Visit our ACS website](#) or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. [Find us on Facebook click here](#). 24/7 Sexual Assault Hotline: 309-229-8412.

### **Stress Management Class**

The holidays can be a stressful time for many people. This free class, taking place Tuesday, **Jan. 13**, 11 a.m. - 12 p.m., in Bldg. 110, USO spaces, will define what stress is, what it looks like and help you accurately identify sources of stress in your own life. It will also provide helpful coping mechanisms and will help you identify when you might want to seek outside assistance and where to go for it. Call 309-782-3049 for more information or to sign up or email [jennifer.a.kerr10.civ@mail.mil](mailto:jennifer.a.kerr10.civ@mail.mil). ([Flyer](#))

## 10 Great Dates Class for Couples

Bring your significant other Monday, **Feb. 9**, 4:30-6 p.m., to Bldg. 110, and come learn how to energize your relationship while having fun spending time together. This class has a minimum sign up requirement and RSVP should be made to 309-782-0829 or [chassity.r.morse.ctr@mail.mil](mailto:chassity.r.morse.ctr@mail.mil). ([Flyer](#))

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## Employee Assistance Program



*There are no announcements at this time.*

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## Education/Training Review



The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. [Please visit our website to learn more.](#)

### Area Schools to Visit RIA

The [Army Continuing Education Systems Rock Island Arsenal](#) is coordinating with Quad-City area schools to have them visit with eligible Ed Center patrons where they will meet with school representatives and learn about educational opportunities in the Quad Cities. These visits will take place in Bldg. 56, Room 121, 10 a.m. – 2 p.m. The schedule for this fiscal year is: • Ashford University, **Jan. 22, April 21, and July 23**; • Black Hawk College, **April 9 and July 9**; • Eastern Iowa Community College, **Jan. 8, Feb. 5, March 5, April 2, May 7, June 4, July 2, Aug. 6 and Sept. 3**; • Kaplan University, **Feb. 12, May 14, and Aug. 13**; • Saint Ambrose University, **Jan. 15, April 16, and July 16**; • Trinity College of Nursing & Health Sciences, **Feb. 19, May 21, and Aug. 20**; • Upper Iowa University, **Feb. 11, May 13, and Aug. 12**.

### Need An Online Exam Proctored?

Three local colleges offer academic test proctoring at no expense for service members attending online schools. All three institutions offer convenient locations and flexible schedules. Interested individuals should contact POCs (see below) to schedule proctored exams at least one week in advance of preferred date. Once scheduled, it is the responsibility of the service member to contact their respective school with local test centers' information, so exam and materials may be processed appropriately. The Eastern Iowa Community College (Scott Community College Campus) Testing Center is located in Bettendorf, approximately seven miles from Rock Island Arsenal. POC: [Rebecca Geiken](#), 563-441-4060. The St. Ambrose University (53<sup>rd</sup> Street Branch) Testing Center is located in Davenport, approximately seven miles from RIA. POC: [Jeff Karll](#), 563-333-5709. The Western Illinois University Quad Cities testing center is located in Moline, approximately one mile from RIA. POC: [Leslie Mose](#), 309-762-9481.

## Inaugural Eastern Iowa / Western Illinois Veterans Conference

On Wednesday afternoon, **Feb. 25**, St. Ambrose University will host the inaugural Eastern Iowa / Western Illinois Veterans Conference. There will be a noon [keynote speaker](#) followed by film and panel presentations. Training will be offered concurrently for faculty, staff and others on military culture, and a resource fair will be offered to registered attendees. The conference will conclude with a late afternoon networking social. The event is a collaboration between St. Ambrose University, Black Hawk College, Eastern Iowa Community College District and Western Illinois University Quad Cities. For more information or to register, please visit [www.sau.edu/veteranservices](http://www.sau.edu/veteranservices).

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## Defense Commissary Agency / PX



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The [Rock Island Commissary](#) and the [Exchange](#) are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com) ([Facebook](#))

### Exchange Opens Earlier, Serves Breakfast

The Exchange located on Rock Island Arsenal began opening at 7 a.m. Oct. 1. Also effective Oct. 1, the Exchange began featuring heat-and-eat breakfast items at the front of the store. "We will be running these hours for two months to make sure that there will be demand to be open at 7 a.m.," said Carl Wolfe, store manager, Rock Island Exchange. "We are really hoping with the Exchange having an entire new 'Heat and Eat,' that we will cater to the Soldiers coming on the Island in the morning and we know a lot of them have PT in the mornings and this will give them a chance to grab something before they go in the office for the day." The new open-to-close store hours are 7 a.m. – 6:30 p.m., Monday through Friday; and 8:30 a.m. – 6:30 p.m. on Saturdays. The "Heat and Eat" items being sold in the mornings will include: Breakfast Tornados, Breakfast Deli Express sandwiches, Cappuccino, and coffee, Roller Bites, and Breakfast Style Pizza. The Exchange will also have a lunch menu to include: Tornado's, Deli Express hot and cold sandwiches, hot dogs, Polish sausage, jalapeno sausage, Roller Bites, egg rolls, and pizza. In addition, the Exchange will also have microwaveable meals, soup, and Asian noodles for sale all day long.



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# Arsenal Archive

Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. ([website](#))

## This Week in Rock Island Arsenal History – Jan. 5-11

On Jan. 8, 1917, private contractors erected seven nitrate and eight ammunition storehouses on Rock Island. The mission of the RIA was significantly expanded in Jan. 11, 1962, when several of the tool and equipment engineering and assembly functions formerly performed by Rossford Ordnance Depot were transferred to the Rock Island Arsenal. Initially the Rock Island Ordnance Depot received this mission, but in May 1962 the RIA established a Tool and Equipment Division that assumed responsibility for tool and equipment engineering activities. In January 1976, Army Management Engineering Training Agency (AMETA) personnel took possession of Storehouse "K" (Bldg. 56). The remodeled building became the AMETA Annex, housing offices, and classrooms.

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# Healthbeat

## How to Achieve Your Weight Loss Goals

January is the time of year when many people make a New Year's resolution to lose weight. Some people want to lose just a few pounds while other may want to lose 30 pounds or more. So where can you find the inspiration to help you to lose more than 30 pounds and keep it off for more than a year? Read entries in the National Weight Control Registry, which contains stories of individuals who have lost more than 30 pounds and have kept it off for at least one year. Currently, more than 10,000 individuals have shared their story in order to help others lose weight. ([More](#))

## What Should I Drink During Winter Workouts?

The snowflakes are flying, but don't use this as reason to slow down on your winter health plan. Winter is a great time to join a gym, try a new class or get into a new winter sport. Winter is also a time to prevent dehydration. It is important for warrior athletes to remember their sweat rate does not change just because the temperature drops. This is because sweat rate is determined by numerous factors, including fitness level, pace and acclimatization--not just ambient temperature. Warrior athletes are just as likely to become dehydrated during winter workouts as summer workouts. ([More](#))

## Test Your Home for Radon, Protect Your Health

January is National Radon Action Month. The Environmental Protection Agency has launched the "Test Your Home, Protect Your Health" campaign to educate the public about how easy it can be to kick radon out before and after a home, school or worksite is built. The EPA estimates that nearly one out of every 15 homes in the United States has elevated radon levels. Although radon is a naturally occurring gas, it is radioactive. According to the EPA, exposure to radon in the home is

responsible for an estimated 20,000 lung cancer deaths in the United States each year. Radon is colorless, odorless and tasteless. This invisible enemy can only be detected by testing. ([More](#))

### **Military Women Face Extra Challenges to Quit Smoking**

Military women tend to feel more stress than their male counterparts, making it more challenging for women in the Armed Forces to give up smoking, recent surveys find. Female service members say they feel doubly stressed, first by their jobs and secondly by their status of being a military woman, according to Department of Veterans Affairs' studies. Smoking is used as a major stress reliever and coping mechanism for military women, conclude the researchers. ([More](#))

### **TRICARE Tip of the Week**

If you are going to miss an appointment, why is it important to cancel? If you are going to miss an appointment, it is very important that you contact the provider to cancel or reschedule because some providers will charge a fee for a missed appointment and that fee is not covered by TRICARE. In addition to avoiding unnecessary fees, notifying your provider's office ahead of time allows the office staff to offer the appointment to other patients who need to see the doctor, but have been placed on a waiting list. There are no fees involved with missed appointments at a military treatment facility. However, it is recommended you call at least one day in advance if possible to cancel your appointment. Just show a little common courtesy for that patient who is ill and might need to be seen. Have A Great Tricare Day!



## **Notes for Veterans**



### **VA Implements National Hypoglycemic Safety Initiative**

As part of the Department of Veterans Affairs' ongoing effort to improve Veterans' access to healthcare, VA is announcing the launch of a national Hypoglycemic Safety Initiative to encourage diabetic Veterans receiving VA care to seek support to lower the risk of hypoglycemia (low blood sugar). The new initiative will enable Veterans living with diabetes to work more closely with their VA clinicians to personalize health care goals and improve self-management of the disease. ([More](#))

### **VA Implements Second Phase of Choice Card Program**

The Department of Veterans Affairs announced that it began mailing Veterans Choice Cards on November 17 to Veterans currently waiting more than 30-days from their preferred date or the date that is medically determined by their physician for an appointment at a VA facility. "VA continues to focus on implementation of this new temporary benefit so that Veterans receive the timely quality care they need in a way that reduces confusion and inefficiencies," said Secretary Robert A. McDonald, who penned an open letter to Veterans announcing the implementation of the Choice Card program. ([More](#))

### **VA Expands Eligibility for VA Health Care Related to Military Sexual Trauma**

The Department of Veterans Affairs, under authority from the Veterans Access, Choice, and Accountability Act of 2014, today announced expanded eligibility for Veterans in need of mental health care due to sexual assault or sexual harassment that occurred during their military service. This trauma is commonly known as military sexual trauma. This expansion, which primarily pertains to Reservists and National Guard members participating in weekend drill, gives the

authority to offer Veterans the appropriate care and services needed to treat conditions resulting from MST that occurred during a period of inactive duty training. ([More](#))

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# Car Pooling Announcements



Submit carpooling announcements via [the Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

## Did You Know?

The [AMTBP \(Army Mass Transportation Benefit Program\)](#) is a program where Army employees can qualify for up to \$130 in reimbursements for use of mass transportation (to include van pooling). ([More](#))

## ***Carpool:***

➤ **Carpool:** Carpool from Rio, Ill., looking for people to carpool with along 150. Please call 309-782-5472.



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# Around the Q.C.



**Jan. 9-11:** [Bald Eagle Days](#) (QCCA Expo Center, Rock Island)  
**Jan. 16-19:** [Be a Tourist in Your Own Backyard Weekend](#) (Greater Quad Cities)  
**Jan. 17:** [Ice Stravaganza](#) (Downtown Davenport)  
**Jan. 18-20:** [QC Farm Equipment Show](#) (QCCA Expo Center, Rock Island)  
**Feb. 14:** [Valentine Walk](#) (Watchtower Lodge, Black Hawk State Historic Site, Rock Island)  
**Feb. 12-15:** [Outdoor Show](#) (QCCA Expo Center, Rock Island)  
**Feb. 20-22:** [RV & Camping Show](#) (QCCA Expo Center, Rock Island)  
**Feb. 25:** [Eastern Iowa/Western Illinois Veterans Conference, 12-5 p.m.](#) (Rogalski Center, St. Ambrose University, Davenport)  
**March 2-8:** [3<sup>rd</sup> Annual Quad Cities Restaurant Week](#) (Greater Quad Cities)  
**March 13:** [Gathering of the Clan Luncheon](#) (TBD)  
**March 14:** [St. Patrick's Day Parade](#) (The District, Rock Island & Downtown Davenport)  
**March 26-29:** [QCCA Flower and Garden Show](#) (QCCA Expo Center, Rock Island)  
**May 2:** [Festival of the Arts' Village in Bloom](#) (Village of East Davenport)  
**May 9-10:** [Quad City Air Show](#) (Davenport Municipal Airport)  
**May 9-10:** [Beaux Arts Fair](#) (Figue Art Museum Plaza, Downtown Davenport)  
**May 25:** [50<sup>th</sup> Annual Quad Cities](#) Criterium (Village of East Davenport)  
**June 1-6:** [25<sup>th</sup> Annual Quad Cities Senior Olympics](#) (1800 3<sup>rd</sup> Ave, Rock Island)  
**June 5-6:** [Rhubarb Festival](#) (Aledo, Ill.)  
**June 6:** [QC Pridefest](#) (Downtown Davenport)  
**June 12-13:** [Gumbo Ya Ya](#) (The District, Rock Island)  
**June 13-21:** [Quad Cities Museum Week](#) (Greater Quad Cities)  
**June 17-20:** [Rally on the River](#) (Centennial Park, Davenport)  
**June 21:** [Ride the River Bike Ride](#) (Mississippi River bike paths, Iowa & Illinois)  
**June 28:** [Blossoms at Butterworth](#) (Butterworth Center, Deere family homes, Moline)

**July 3:** [Red, White & Boom!](#) (The District, Rock Island & Downtown Davenport)  
**July 2-4:** [Mississippi Valley Blues Festival](#) (LeClaire Park, downtown Davenport)  
**July 4:** [Firecracker Run & Parade](#) (Run starts at 7:30 a.m. with the parade at 1 p.m., East Moline)  
**July 4:** [Bettendorf Old-Fashioned 4<sup>th</sup> of July](#) (parade at 10 a.m.)  
**July 6-12:** [John Deere Classic PGA TOUR](#) (TPC Deere Run golf course, Silvis, Ill.)  
**July 9-11:** [Walcott Truckers Jamboree](#) (Iowa 80 Truckstop, Walcott, Iowa)  
**July 15-19:** [Rock Island County Fair](#) (Fairgrounds, East Moline)  
**July 24-25:** [Downtown Street Fest](#) (2<sup>nd</sup> Street in downtown Davenport)  
**July 25:** [Bix 7 Run/Walk](#) (Downtown Davenport)  
**July 30-Aug. 2:** [Bix Beiderbecke Memorial Jazz Festival](#) (RiverCenter/Adler Theatre, Davenport)  
**Aug. 4-9:** [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds, Davenport)  
**Aug. 7-8:** [Ya Maka My Weekend](#) (The District, Rock Island)  
**Aug. 13-15:** [Tug Fest](#) (LeClaire, Iowa & Port Byron, Ill.)  
**Aug. 15:** [Floatzilla](#) (Sunset Marina, Rock Island)  
**Aug. 28-29:** [River Roots Live](#) (Downtown Davenport)  
**Aug. 28-30:** [World Series of Dragracing](#) (Cordova Dragway, Cordova, Ill.)  
**Sept. 5-6:** [Rock Island Grand Prix](#) (Downtown Rock Island)  
**Sept. 5-7:** [Labor Day Weekend Pow Wow](#) (Black Hawk State Historic Site, Rock Island)  
**Sept. 12:** [Quad City Symphony Riverfront Pops](#) (LeClaire Park, downtown Davenport)  
**Sept. 12:** [QCA Heritage Tractor Parade & Show](#) (John Deere Pavilion, Moline)  
**Sept. 12-13:** [Beaux Arts Fair](#) (Downtown Davenport)  
**Sept. 18-19:** [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)  
**Sept. 19:** [Brew Ha Ha](#) (LeClaire Park, Davenport)  
**Sept. 19-20:** [Riverssance Festival of Fine Arts](#) (Village of East Davenport)  
**Sept. 27:** [Quad Cities Marathon](#) (downtown Moline)  
**Sept. 25-27:** [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)  
**Oct. 10:** [Trinity Quad Cities Classic Regatta](#) (Mississippi River in Moline)  
**Oct. 11:** [Apple Fest](#) (Downtown LeClaire, Iowa)  
**Oct. 29:** [Fright Night](#) (The District, Rock Island)  
**Oct. 24:** [Lagomarcino's Cocoa Beano 5K Race](#) (Village of East Davenport)  
**Nov. 20-29:** [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)  
**Nov. 21:** [Festival of Trees Parade](#) (Downtown Davenport)  
**Nov. 21:** [Lighting on the John Deere Commons](#) (Downtown Moline)



# Island Insight



**[Col. Elmer Speights, Jr., Garrison Commander](#); [Eric Cramer](#), Public Affairs Officer; [Mark Kane](#), Editor**

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# DR. MARTIN LUTHER KING JR. HOLIDAY



Remember!  
Celebrate!  
Act!

A Day ON  
NOT  
A Day OFF

JANUARY 19, 2015



- ✓ Community Outreach
- ✓ Blood Drive
- Support Youth Program
- ✓ Food Drive
- Support Clothing Donation Drive



Volunteer  
Meeting  
TODAY!

