

Oct. 22, 2012



Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Island Intranet under "Information" and on the installation website at www.ria.army.mil under "About USAG-RIA" and then "News" and "Local News."

Island Insight Submission: <http://www.ria.army.mil/sites/IslandAnn/announcement.cfm>



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ACC Employee Recognized With Community Partner Award:

Joan Wysoske, chief, Army Contracting Command-Rock Island's Contract Closeout Branch, was chosen as a 2012 Chicago Lighthouse Community Partner Award recipient Oct. 18. Wysoske and Carolyn Young, ACC-RI chief, Reachback Division, will attend an award presentation at the Chicago Lighthouse in Chicago. Wysoske received the award because of the

support the Closeout Branch provides to visually impaired Chicago Lighthouse employees. Six contracting professionals, two warehouse personnel and a supervisor from Chicago Lighthouse are assigned to work under the task order awarded by ACC-RI to Chicago Lighthouse under the AbilityOne program. Wysoske is surprised that her management of the employees would be considered distinctive enough for an award. "I treat

them as an integrated part of the team," she said. "I don't treat them any different than anyone else on the team."

Wysoske added that the only difference between the Chicago Lighthouse employees and other members of the team are the reasonable



accommodations that have been made, things like reassigning data entry to a procurement technician for visually-impaired employees who find maneuvering the database difficult, and adding equipment and software to work stations to make viewing small print easier. ([More](#))

Federal Workers Are Falling Farther Behind On Pay, Study Shows:

White collar federal employees are underpaid on average by about 35 percent compared with the private sector, a widening of the “pay gap” that stood at about 26 percent last year, an advisory group said Friday. The Federal Salary Council based that number on data from the Bureau of Labor Statistics that by law are supposed to be used in setting annual General Schedule pay raises that vary by locality. However, in practice federal pay raises are negotiated in the congressional budget process. Salary rates have been frozen since they last were increased in January 2010 and it already has been decided that rates will not increase at least until April 2013.

([More](#)) ([GovExec](#))



DoD Seeks to Improve Process of Sending Civilians to Warzone: After nearly 10 years of fighting in Iraq and Afghanistan — wars that have depended upon the support of deployed federal civilians — Defense offices are starting to strain because of their employees’ absences, Anthony Stamilio, the Army’s deputy assistant secretary for civilian personnel and quality of life, said Wednesday at the Association of the U.S. Army conference. When civilians volunteer to go overseas, their jobs remain unfilled until they return, which makes it difficult for their home offices to accomplish their missions. Stamilio said a more organized approach is necessary, with a separate structure to organize how civilians are deployed and to lessen the burden on home offices while they are gone. ([More](#))



McHugh: Army Can Expect Fewer Resources, Same Mission: With budget cuts already in place and more cuts possible next year, the Army can expect fewer resources to accomplish a mission



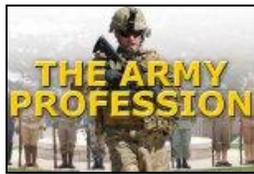
Upcoming Dates

- Oct. 21-27:** National Radon Action Week
- Oct. 21-27:** National Teen Driver Safety Week
- Oct. 21-27:** America's Safe Schools Week
- Oct. 21-27:** National Character Counts Week
- Oct. 21-27:** National Forest Products Week
- Oct. 22:** National Acupuncture & Oriental Medicine Day
- Oct. 23:** National Mole Day
- Oct. 23-31:** National Red Ribbon Week
- Oct. 24:** United Nations Day
- Oct. 24:** 91st Anniversary for Tomb of Unknowns
- Oct. 25:** 597th Anniversary of the Battle of Agincourt (2nd Amendment Observance)
- Oct. 26:** 6th IMCOM Birthday
- Oct. 26:** National Zombie Day
- Oct. 27:** RIA Military Retiree Appreciation Day [📄](#)
- Oct. 27:** Disability Mentoring Day
- Oct. 27:** National Make a Difference Day
- Oct. 28:** 126th Birthday Statue of Liberty
- Oct. 28-Nov. 3:** Massage Therapy Awareness Week
- Oct. 30:** National Weatherization Day
- Oct. 31:** Halloween
- Oct. 31:** 71st Anniversary Completion of Mount Rushmore
- Nov. 2:** Day of the Dead
- Nov. 3:** Start! Eating Healthy Day!
- Nov. 3:** National Cliché Day
- Nov. 4:** Daylight Saving Time Ends
- Nov. 4:** National Men Make Dinner Day
- Nov. 4-11:** National Animal Shelter Appreciation Week
- Nov. 6:** Election Day
- Nov. 8:** Honor Flight of the Quad Cities [📄](#)
- Nov. 10:** U.S. Marine Corps 237th Birthday
- Nov. 11:** Veterans Day
- Nov. 12:** Veterans Day Holiday (*For most federal employees this will be treated as a holiday for pay and leave purposes*) [📄](#)



that likely will not shrink, Army Secretary John M. McHugh said here yesterday. Speaking before the opening session of the Association of the U.S. Army's annual conference, McHugh said the nation's economy, and how it affects the Army budget, is something that worries him. After more than 11 years of war, he said, "the Army is going to do its job with less." ([More](#))

Soldiers, Civilians to See Results of Army Profession Campaign: Soldiers and Army civilians will start to see the implementation of the Army Profession Campaign beginning in January, senior Army leaders said, Oct. 22. "It's important that all Soldiers master their profession, whatever it might be," said Chief of Staff of the Army Gen. Raymond T. Odierno. "We depend on you to understand what you do, because for us to be successful, we must trust that each and every Soldier understands what their job is and how it is interrelated." ([More](#))



Army Undertakes Civilian Workforce Transformation: Civilian Workforce Transformation creates a number of

changes to personnel, management and training policies for Department of the Army civilians. Civilian Workforce Transformation, or CWT, will benefit civilians, commanders, the Army and the nation, according to Thomas A. Lamont, assistant secretary of the Army, Manpower and Reserve Affairs, who initiated CWT last year. He spoke Wednesday at Association of the United States Army's Department of the Army Civilian Luncheon. ([More](#))

Army to Have Electronic Personnel Records in a Year: All Army civilian employees will be able to look up their personnel records online by October 2013, an official said Wednesday at the Association of the U.S. Army's annual meeting in Washington. Barbara Panther, director of the Army's Civilian Human Resources Agency, said that Army civilians in Europe and Asia can already access their records online, and the rest will gain access to their electronic Official Personnel Folder — or eOPF — records this year. ([More](#))



At DoD, a Big Step Toward Apple and Android: The Defense Department has taken a major step to expand a mobile

strategy that could topple the BlackBerry as its dominant mobile device. Late Monday, the Defense Information Systems Agency released a request for proposal detailing DoD's need for software that can monitor, manage and enforce security requirements for Apple and Android devices. The solution, known as a mobile device management or MDM solution, will not be required to support BlackBerry and Windows devices. ([More](#))

FERS Investors Need to Watch Limit: Meanwhile, time also is running short for FERS employees to make any adjustments needed in ongoing investments if they are on an investing schedule to hit the regular investment limit of \$17,000 before the end of the year. To get the maximum government contributions, FERS participants need to structure their investments so that they are putting in at least 5 percent of salary each pay period of the year; in some cases, they may need to cut back on their biweekly investment amounts. If there is any question, they should check with their payroll offices how many TSP investment dates (which are not necessarily the same as pay dates) are



left for them in the year, and adjust accordingly. That is not an issue for CSRS investors, who get no government contributions. ([More](#))

A Great Walk, A Great Start, the Combined Federal Campaign is Well Underway:

On Wednesday, Oct 3, the Illowa Bi-State Combined Federal Campaign held its official kickoff event. It was a beautiful day to "Walk a Little, Help a Lot." The festivities began with a wonderful rendition of the Star Spangled Banner sung by Samantha Behr, daughter of Pat Behr who chaired CFC the past two years. Joel Himsl, Garrison manager, U.S. Army Garrison-Rock Island Arsenal, introduced the featured speaker, Scott Welker, deputy to the commander of Army Sustainment Command. His inspiring speech informed folks that CFC's goal this year is to reach out and contact every federal employee in the bi-state area. Everyone visited the informational booths of local charities, ate walking tacos for lunch, and sampled the firefighters' wonderful salsas. I can personally tell you that all



of the salsas were awesome and it was tough to choose a winner. Thank you to Jonathon Ramsdell, director of Emergency Services, for allocating parking spaces for the various charities and also to Fire Chief Terry McMaster for providing space in the RIA Fire Station for the booths. Thank you to our firefighters for setting up and tearing down all the needed tables and chairs; and, thank you to all the volunteers who helped to make this event possible. I look forward to a successful 2012 campaign. - *Matthew Kopel, 2012 Illowa Bi-State Combined Federal Campaign Chair* ([website](#))

Health Providers Benefit Fair Federal Benefits Health Fair:

This year's Health Providers Benefit Fair will be held **Nov. 5-7**, 9 a.m. – 1 p.m. in Bldg. 60. POC: [Amber Ehrecke](#), (309) 782-1206.

Situational

Awareness – The annual federal benefits open season will run **Nov. 12 – Dec. 10** this year. During that time, FEHB enrollees can change plans or change types or levels of coverage, and those eligible who are not enrolled can join. Plan brochures this year will have a separate section on deductibles,



copayments, coinsurance, out-of-pocket limits and other costs; covered services, examples of covered services, and excluded services; and rights to continue coverage and grievance and appeal rights. OPM also is revamping its own brochure to make it more concise and easier to understand. The open season also allows enrollments or changes in the FEDVIP vision-dental insurance plan; as with FEHB, if a FEDVIP enrollee makes no changes, current enrollment will continue in the upcoming calendar year, subject to any coverage or cost changes. However, a new enrollment is required every year during the open season under the flexible spending account program. You can find more information about these programs at www.opm.gov/insure.

On-Post Trick or Treating:

Trick or treating in on-post neighborhoods will be allowed on **Oct. 31**, 5-7 pm. Have a happy Halloween. POC: [Garrison Public Affairs](#), (309) 782-1121.



VIOS Schedule for November: Official DA Studio Photography (DA, government passport and command



photos) will be offered at Rock Island Arsenal **Nov. 6, 7 and 8**. Appointments may be scheduled online by submitting a DA3903 Work Request using the [Visual Information Ordering Site](#) for these available times: Tuesday, **Nov. 6**, 7:20 a.m. – 3:40 p.m.; Wednesday, **Nov. 7**, 7:20 a.m. – 3:40 p.m.; Thursday, **Nov. 8**, 7:20 a.m. – 3:40 p.m. Click on "Frequently Asked Questions" for more information. Walk-In Appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, Basement, by elevator). Priority is: 1. Active Duty Soldier's DA Photos 2. Official government passport photos 3. Official command photos 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders-command photos will be printed and available digitally. Additional prints can be ordered in VIOS. To obtain an Official Government Passport Photo: 1. Schedule a passport photo appointment at the RIA VIOS website. 2. Go to Transportation to obtain a printed DA Form 3903, Multi-Media/Visual Information Work Order, signed by the passport agent in Block 14. 3. Present that DA3903 form to the photographer before the passport photo is taken. You will receive two 2"x 2" passport photos.

All scheduled dates can be found on the RIA VIOS website FAQ.

Don't Turn Your Back on Domestic Violence: In recent years, there has been an upward trend in substantiated cases of Domestic Abuse in the Army. It is important to realize that many causes and conditions contribute to domestic abuse and violence, and it takes more than the usual effort to reduce the risk. We should never assume that someone else is solving the problem for us. Everyone in the Army community needs to know that whether you are an offender, a victim or a bystander, you can act to make a difference. The Army Family Advocacy Program is here to help. **National Domestic Violence Hotline** – staff provides callers with crisis intervention, information about domestic violence, and referrals to local programs 24/7 ... **(800) 799-SAFE (7233), RIA Victim Advocate: (309) 782-3773 (More) (RIA Family Advocacy) (StandTo!) (ArmyOneSource)**



Military Retiree Appreciation Day is

Oct. 27: Retirees from all branches of the armed forces and their family members are eligible to attend a Retiree Appreciation Day on **Oct. 27** at the Rock Island Arsenal. The event will begin at 7 a.m. and conclude at 1 p.m. at the Post Restaurant, Bldg. 60. Retiree Appreciation Day is an opportunity for all armed forces retirees, spouses, widows and guests to receive updated information about retiree entitlement programs. Photo identification is required for all personnel to access the installation. Registration is required and must be submitted no later than **Oct. 13**. The [registration form is available HERE](#). Lunch is available for \$11. Checks should be included with the registration form and made payable to "Arsenal Club." Registration forms can be mailed to: Retiree Appreciation Day, 916 Belmont Ave., Davenport, IA 52804. For more information, call (563) 322-4823.

Honor Flight Network –

WWII Veterans Still

Sought for Trips to

D.C.: Honor Flight of

the Quad-Cities has

flown nearly 2,000

veterans to the nation's



capital to see their war monuments, but organizers want to make sure every area World War II veteran has a chance to make the trip. Preparation for the next trip, the last for 2012, is underway and is scheduled for **Nov. 8**. To apply, veterans should visit www.HonorFlightQC.org for an application. Information is also available at Ridgecrest Village, 4130 Northwest Blvd., Davenport. All honor flights depart on a non-stop charter from the Quad City International Airport to Washington, D.C., and return the same evening at approximately 10 p.m. If you know a WWII veteran from outside the area and need information from the national Honor Flight Network go to: www.honorflight.org

Rock Island Arsenal Community Health Promotion Council Meeting:

The next CHPC meeting will be held on Thursday, **Nov. 1**, 1:30 - 3 p.m., in the Arsenal Club, Bldg. 60, 1st floor. ASC will chair the meeting. Rock Island Arsenal established a CHPC in order to better serve our active and reserve military members, all civilian employees and all family members. The CHPC is designed to build a comprehensive approach that addresses



the physical, mental, social, emotional and spiritual needs of our Arsenal community. The CHPC allows our installation to combine efforts with several community support agencies, resulting in a more effective and efficient way to serve our total force. The participation of our installation tenant organizations as CHPC members is critical to our success. If you may be interested in participating as a team member please contact the USAG-RIA Action Officer: [Lori Griffin](mailto:Lori.Griffin), (309) 782-2551.

Blood Drive: The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room

(First Floor, Bldg. 60), on **Friday, Oct. 19, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2nd shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **6:15 p.m. on Nov. 2**. A **3rd shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on Dec. 7**. To sign up for a blood drive held



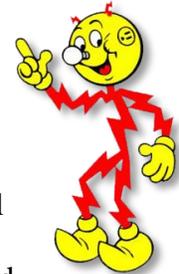
on either the 2nd or 3rd shift, donors should contact their shift supervisor.

 **Charlie Corpuscle Says,** "On behalf of the patients we serve, Thank You to all of our Arsenal Blood Donors! Not a donor? New donors are always welcome!"

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here.](#)

North Avenue Project Power Outage Bldg. 56:

The Directorate of Public works is scheduling a power outage for Bldg. 56 on **Oct. 27** for approximately eight hours beginning at 7 a.m. A utility line crew will begin work on **Oct. 26** setting new poles, masts and running overhead wire in preparation of the shutdown.



Arsenal Attic Thrift Shop &

Boutique: Arsenal Attic Thrift Shop will be open 9 a.m. – 3 p.m. Tuesday and Thursdays. We'll also be open to honor and welcome all our very special



retirees and their families on Saturday, Oct. 27, same hours, 9 a.m. – 3 p.m. Hope to see you then. POC: (309) 782-6977.

All Saints Day Service: Father Brothersen will conduct a special service for this Holy Day of Obligation and offer Catholic Mass for those who would like to attend. Sponsored by the First Army, Army Sustainment Command, and Joint Munitions Command Chaplain's Office. POC for the event is Sgt. Dara DeLong, (309) 782-0910.

Date: **Thursday, Nov. 1**
Time: **12-12:45 p.m.**



QC Jr. Flames Military/Civilian Appreciation Discount: The QC Jr. Flames Hockey Team is offering discounted admission of \$3 to all military/civilian personnel (and families) for Saturday night home hockey games. Show your RIA ID/CAC at the admission table to get the discount. Visit their [website](#) for the schedule. All games are played at River's Edge, in Davenport.



Rock Island Arsenal Historical Society Meeting: Jo Noon, site coordinator for Pioneer Village will speak at the Arsenal Golf Club. If you join us for dinner, advanced reservations must be made with Linda at (563) 355-6165, by **Oct. 29**. The 7 p.m. program is free and open to the public.

Date: **Thursday, Nov. 1**
Time: **6 p.m. Dinner, 7 p.m. Speaker**



Arsenal Traffic/Construction



Closure of Parking Spaces in Lot 3B: The west row of parking in Lot 3B adjacent to Bldg. 390 is closed due to sidewalk replacement. Demolition started on Oct. 22. This project is expected to take approximately two weeks total, effective Oct. 22, running through approximately **Nov. 2**.

Access to Moline Bridge from River Road Closed Oct. 27: The Moline Bridge Ramp will be closed from 8:30-10:30 a.m. on Saturday, **Oct. 27**, due to the closure of River Drive for the Lagomarchino's 5k run. Access to the Moline Gate may still be gained via the 14th Street ramp.

North Avenue Repair & Closures: Beginning on or about **Sept. 19**, the

Directorate of Public Works will begin a project to repair North Avenue between East Avenue and Gillespie Street. The repair will include the replacement of the paving, sidewalk and adjoining intersections. The project is scheduled to be completed by **Jan. 12**. Work will be completed in a phased approach to minimize the effect on traffic flow and parking. Signage, safety barriers, and temporary pedestrian crosswalks will be positioned at appropriate locations. Please see the enclosed map for phases. Doing the work in phases to ensure that we maintain as much access to parking lots and loading areas as possible throughout the duration of the project. The majority of parking in the courtyards and along the North Avenue frontage road will not be affected in phase 1, however, the courtyard of buildings 66 and 68 will be affected. During phase 2, access to the western courtyards will be from the Gillespie Road driveway in the vicinity of Bldg. 60. Parking spaces to the north of Bldg. 61 will be closed to allow construction of a bus turnaround point for the RIA Museum. During phase 3 employees will be able to use the new access points along North Avenue. Access to parking lots north of North Avenue will be through Gillespie Street. Employees



should cross North Avenue at the designated pedestrian crosswalks.



Building/Space Closures



Closure of Third Floors in Bldg. 61, Bldg. 62: The Directorate of Public Works plans to close Bldg. 61 3rd floor and Bldg. 62 3rd floor, East and South Wings, **Sept. 10 - 3rd week in May** to execute projects. Closure is to prevent individuals from entering the work area and to preclude any potential accidents. Plastic enclosures will be installed from the passenger elevator in Bldg. 62 to the eastern most stairwell in Bldg. 61 so employees in Bldg. 62/3/W have an entry/exit pathway. Entries will be marked with signage and barriers to prevent entry.



Active Duty/Reserve Zone



DoD to Cut Tricare Prime in 5 West Areas: The Pentagon is moving ahead with plans to slash its network of Tricare Prime providers, starting by eliminating the Prime option in three states and two cities in the Tricare West region. As of April 1, as many as 30,000 Prime

beneficiaries — retirees, Active Guard and Reserve troops, and family members — in Iowa; Minnesota; Oregon; Reno, Nev.; and Springfield, Mo., will have to switch to Tricare Standard, a traditional fee-for-service health plan, according to a source with knowledge of the reorganization. ([More](#))

Soldier Power: Soldier Power is the energy needed by a dismounted Soldier to operate Soldier-worn equipment in field operations. It is focused on lightening the dismounted Soldiers' energy loads and helping them become more agile and self-reliant through advanced portable power systems, lighter batteries, universal charging devices and water purifiers. Energy is a foundational enabler for all military capabilities, as such Soldier Power is a key enabler for operations, essential for patrols and required for Soldier sustainment. We recognize energy as both a force multiplier and a vulnerability that can be exploited. ([More](#))

Troop Drawdown Means Possible Increases in USERRA Cases: As United States forces draw down their numbers in Southwest Asia, the number of reservists and guardsmen returning to their homes and jobs stateside will

increase greatly in the coming weeks and months. With this influx of military personnel re-entering the civilian work force, it seems inevitable that there will be an uptick in Uniformed Services Employment and Reemployment Rights Act of 1994 claims for both. The goal of this article is to give a quick, yet comprehensive overview of USERRA as large numbers of reservists and guardsmen return home to Illinois. ([More](#))

GSA Helps Military Save Money on Travel: The General Services Administration has saved the military more than \$1.5 million in transportation costs by providing innovative solutions for annual training, the agency said. Each summer, several hundred Reserve Officer Training Corps candidates gather outside Seattle for training. Instead of leasing approximately 500 to 700 commercial vehicles, the military used GSA's Northwest/Arctic Region Fleet Management Program to implement a cost-effective transportation solution. ([More](#))

AUSA: Gen. David Rodriguez Foresees 'Stronger Partnership' at Aligning Forces: The National Guard and Reserve, along with First Army will "form an even stronger partnership" at



regionally aligning their forces and participating in an integrated training environment, the leader of U.S. Forces Command said Monday. ([More](#))

Army Professional Development

Opportunities: Strengthening our Army Profession is key to the enduring success of our Army today, in 2020, and beyond. The Army provides professional development opportunities to our all-volunteer Army, which is the most decisive land force in the world. ([More](#))

Army Total Force Policy: The Army Total Force Policy, signed by Secretary of the Army John McHugh on Sept. 4, 2012, is a milestone in our Army's history. This policy integrates the Army's active and reserve components and represents the realization of the Total Force Concept. ([More](#))

Safety Spotlight

☪
Halloween Safety and Quad City Trick or Treat Times: Every Halloween, many young people take to the sidewalks and streets as soon as the sky grows dark to make their candy-gathering circuit through the neighborhoods, and much of the older crowd takes advantage of the occasion

to attend local parties and celebrate into the late hours. Like any occasion during which large numbers of people are out and about after dark, Halloween brings with it certain hazards. With many children crossing streets and often approaching the homes of strangers, and with many adults (and unfortunately teens) partaking in alcohol, safety organizations strongly urge participants in the festivities to use common sense and caution. ([More](#)) ☪ In the Quad Cities, as in any community, it's good for everyone to be aware of when the Trick of Treat times are for your city whether you have children participating, you're giving out candy, or even if your porch light is off and you have the blinds drawn. In the QC the time are: **Rock Island Arsenal: Oct. 31, 5-7 p.m.;** **Bettendorf, Oct. 31, 5-7 p.m.;** **Davenport, Oct. 30, 5-8 p.m.;** **Moline, Oct. 31, 5-8 p.m.;** and **Rock Island, Oct. 31, 5-8 p.m.** ([additional cities](#))

NFPA Halloween Tip Sheet: It is safest to use a flashlights, glow stick or battery-operated candle in a jack-o-lantern. If your children are going to Halloween parties at other people's homes, have them look for ways out of the home and plan how they would get out in an emergency. Get more Halloween fire safety tips ([More](#))

Crackdown on Sale of Halloween

Contact Lenses: Illinois regulators have confiscated \$1,600 worth of novelty contact lenses aimed at the Halloween market because they are illegal to sell without a prescription. The Department of Financial and Professional Regulation announced Tuesday that a convenience store in central Illinois surrendered more than 40 boxes of the non-prescription lenses. Department spokeswoman Susan Hofer says a school nurse tipped off regulators after a student suffered an eye injury caused by the lenses. Hofer says some confiscated lenses are solid yellow or solid black, and some have eight ball or flower patterns. Optometrists report the lenses can cause infections and scratches. In Illinois, consumer sale of lenses without a prescription is considered the unlicensed practice of optometry. Such sales are subject to cease-and-desist orders and fines of up to \$10,000. ([More](#))

Please Obey All Construction Safety

Barriers: An Arsenal employee ignored safety barriers Thursday, stepping into a section of unfinished concrete in the construction area on North Avenue. There are obvious safety issues involved with ignoring the barriers and entering a construction zone, but there are also



legal issues. If damage to the concrete is sufficient, the contractor will have to remove the affected section of concrete and replace it -- the "insignificant" incident amounts to damage to government property and expense to the Army in a time of tight budgetary constraints. Employees are cautioned to be aware of, and obey, all safety barriers surrounding construction on the island. They are there to protect both you, and the Army as a whole. POC: Garrison Safety Office, (309) 782-0207

North Avenue Construction Safety:

The Arsenal Island workforce is reminded to stay clear of North Avenue construction. The Garrison Safety Office has received reports of people ignoring barriers and entering and crossing the construction site. These actions pose a serious hazard to the people performing this unsafe act. We really appreciate your support in accident prevention. Have a good day and great week.



Equal Opportunity Focus



Workplace Discrimination Complaints Grow on Capitol Hill:

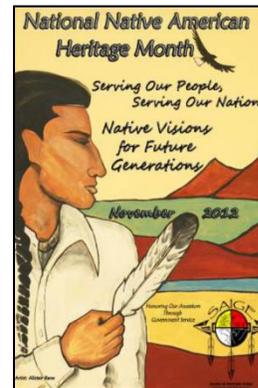
Legislative branch federal employees filed an increased number of workplace discrimination complaints last year,

according to an annual report released this week by the federal Office of Compliance. The report — State of the Congressional Workplace — says that in fiscal year 2011, there were 142 allegations of workplace rights violations initiated in the form of what the OOC calls “requests for counseling,” up from 105 in FY 2010. ([More](#))

National Native American Indian Heritage Observance: First Army and the Army Sustainment Command's Equal

Opportunity Office invite you to our National Native American Indian Heritage Observance event on **Nov. 1**, 11 a.m. - Noon, in Bldg. 60 (Heritage Hall).

The guest speaker will be Preston Duncan with a performance by the Brown Otter Song and Dance Group Meskwaki Nation. The event will be followed by a food sampling from 12-12:30 p.m. Register in [TEDs](#) using the keyword "Native American Observance." For any additional information or accommodations please contact Sgt.



First Class Evadne Benson at (309) 782-9060 or Sgt. First Class Raymond Gonzalez at (309) 782-3021. For more information on Native American Heritage Month please visit the [Society of American Indian Government Employees](#). The theme for this year's observance is "Serving our People, Serving our Nations; Native Visions for Future Generations." Let's celebrate Native American Indian and Alaskan Natives contributions to our country.

National Disability Employment Awareness Month:

Each year, the month of October is celebrated as "National Disability Employment Awareness Month" to remind both employers and job seekers alike of the employment contributions and needs of individuals with disabilities. This year's theme, A Strong Workforce is an Inclusive Workforce: What Can YOU Do? is meant to emphasize how our workforce can be improved and be strong when we all work together to ensure we are inclusive of individuals with disabilities. ([More](#))



Morale, Welfare & Recreation (MWR)



Morale, Welfare & Recreation

(MWR): Visit the MWR website at www.riamwr.com for information on all MWR programs. Also [click here](#) to become a fan on Facebook and stay up to date on all the great MWR offerings here at the Arsenal.

All-Army Digital Photography

Contest: Calling all ubercreative photographers to submit entries to the Army Digital Photography Contest during the contest submission period from **Oct. 15 - Nov. 30**. ([For more information](#))

Free Fall Vehicle Inspection: Stop by the Auto Shop on **Oct. 27**, 9 a.m. – 2 p.m. for a free Fall vehicle inspection. This free inspection includes fluid levels, tires, suspension and more. Perfect opportunity to get your vehicle ready for the winter. Please call (309) 782-8631 for more information.

New 6-Week Sessions of Fitness

Center Classes Start: The holiday season is just around the corner and you know what that means... shorter days, being stuck inside during the colder weather, and of course lots of not so low calorie meals and snacks. Get signed up for one of our new 6-week sessions of Fitness Center classes and get into an

exercise routine that will have you feeling just a little bit better about that extra slice of pumpkin pie. New sessions of Zumba, rowing and bootcamp classes will start the week of **Oct. 29**, and spinning and yoga will start the following week (week of **Nov. 5**). Check out the class times and descriptions in [this flyer](#).

Ghost Hunters' Dinners at Historic Quarters One

The ever-popular Ghost Hunters' Dinners are back for 2012. Enjoy a gourmet meal at the Clubhouse followed by a presentation by the Rock Island Paranormal Society on the haunted history of Historic Quarters One. After the presentation, armed only with flashlights, guests are invited to search this beautiful building for evidence of the paranormal. The remaining date planned for 2012 is **Oct. 31**. Cost is \$45/person and reservations are strongly recommended as these fill up fast. Call (309) 793-1601 for more info and to reserve your spots. ([Flyer](#))



Discontinue Food Service in Bldg. 299

Effective **Nov. 1**, MWR will no longer provide food service in Bldg. 299 during the winter months: November -

February. POC is Debbie Powell at (309) 782-8603.

Trivia Night: Join MWR, Thursday, **Nov. 1**, at 6 p.m., in Heritage Hall (Bldg. 60), for the return of our monthly trivia night. Our new trivia night format presented by Mixx Master Entertainment features a wide variety of multi-media questions including audio and video clues. Cost is \$10/person with a maximum of eight players per team. Prizes include Best Buy gift cards and lots of door prizes and giveaways. Call (309) 782-6319 for more info and to sign up.

Reopening Arsenal Club Bar Bldg. 60

Arsenal Club Bar Bldg. 60 will reopen on Thursday, **Nov. 1**. Hours of operations will be Thursdays and Fridays, 3-7 p.m. Bldg. 312 clubhouse bar will be closed for the season.

Beer Pairing Dinner: Join us for a delicious evening of select micro brews from Great River Brewery that are perfectly paired with our fine cuisine on Friday, **Nov. 9**, 6:30 p.m. This 6-course meal will include six different beers that have been carefully selected to complement and enhance the food. Cost is \$45/person and reservations are



required. Call (309) 782-4372 for more info and to reserve your seats. ([Flyer](#))

MWR's Island Oasis Outdoor Grill

Still Open: The MWR grill outside Bldg. 67 (Fitness Center) will continue outside operations until the weather forces us inside for the season. This foodservice option is available Monday - Friday, 6:30-9 a.m., for breakfast inside the Fitness Center and, 11 a.m. - 1 p.m., outside on the lawn (except during inclement weather). An announcement will be made when we decide to move inside for the winter months, until the come by and see us at the grill for some great food.

Seasonal Grills at Buildings 299 and

350: Effective Oct. 4, the seasonal grills at buildings 299 and 350 closed for the season. POC: Jeff McMahon, (309) 782-3956.

Oil Change Special at the Auto Shop:

The Auto Shop is offering an Oil Change Special in celebration of October being Car Care Month. Stop in anytime in October and receive standard oil and filter change (up to 5 quarts) for only \$20. Please call (309) 782-8631 to schedule an appointment.

US Army Soldier Show Nominations

Now Being Accepted: The IMCOM, U.S. Army Entertainment Division is accepting nominations for performers and technicians to participate in highly visible and prestigious US Army Soldier Show for the 2013 season. For more information please review the OPRD and its Annexes by visiting [this link on AKO](#).

Now Booking Holiday Parties at the

Golf Clubhouse: The holiday season will be upon us before we know it ... it's time to start considering where you'll be holding your holiday get-togethers this season. Let our experienced and professional banquet and catering staff help plan your event to ensure that your party is the one that everyone will talk about for years to come. Call Damen at (309) 782-4372 for more info and to reserve your dates.

New MWR Website: Come check out our new and improved MWR website at www.riamwr.com for information on all things MWR. We hope that this new layout will make it easier for you to navigate to the information that you need. Please bear with us as we continue to transition all of the files and links from the old web server. If you cannot find the information that you are

looking for or just need help navigating the new layout please feel free to call the MWR marketing office for assistance at (309) 782-4420.

Electronic Marquee Outage:

The operating system used to update the outdoor marquee signs on either side of the Island has become obsolete and inoperable. Consequently no requests for messages can be fulfilled and the signs have been shut off at this time. The Garrison is working towards a solution and a future message will be sent out as information becomes available about whether the signs can be repaired or replaced.



MWR Leisure Travel Office



Office Hours: Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

Six Flags Fright Fest: Fright Fest at Six Flags Great America is one of the most terrifying Halloween events in the world! With numerous horrifyingly delightful haunted mazes, shows and rides, you and your friends will have the fright of your life. Fright Fest is every



weekend in October. Tickets are on sale for \$38 at the LTO.

MWR Fall Vendor Fair: MWR's Inaugural Fall Fair will be located in Bldg. 60, Heritage Hall dining area. Mrs. Smiths Pies, Jewelry and accessories, home decor, Mische handbags, Scentsy, Grace Adelle, Jeanies Dips, Tastefully Simple, Pampered Chef, LeClaire Kettle Corn, Perfectly Posh, and Mary Kay are some examples. For more information contact the LTO at (309) 782-5890.
Date: **Thursday, Oct. 25**
Time: **9 a.m. - 1 p.m.**

Woodfield Mall Shopping Trip: Join us for a fun day of shopping at the Woodfield Mall in Schaumburg, Ill. More than 300 stores and restaurants to choose from. Get your seat soon because this bus trip is a sellout. ([Flyer](#))
Date: **Saturday, Nov. 10**
Time: **6:30 a.m.**

Tenth Avenue North: Tenth Avenue North will be at the Adler Theatre for a one night performance. Get your discounted tickets at the Leisure Travel Office. Seat location is on the Floor Row J and L for \$19. For more information contact the Leisure Travel Office at (309) 782-5890.

Date: **Saturday, Nov. 10**
Time: **7 p.m.**

iWireless: Holiday Pops: Don't miss this electrifying holiday tradition at the iWireless Center. This year's Holiday Pops concert will feature: Mark Wood, founding member of Trans-Siberian Orchestra. Seats on sale for \$35.
Date: **Saturday, Nov. 17**
Time: **7:30 p.m.**

12 Gifts of Christmas: Christmas is a time for friends and family, so gather yours for an evening you won't forget. You'll hear the stories and songs of Christmas in a way you might never have heard them. Grammy award winners Steven Curtis Chapman and Laura Story are joined by the best storytellers around.
Date: **Friday, Nov. 30**
Time: **7 p.m.**

Circa Under 21 Presents: Freckleface Strawberry: This upbeat children's musical is based on the beloved New York Times bestselling book by celebrity Julianne Moore and teaches a wonderful lesson about loving the skin you are in. Reserve your seats today for only \$10. Limited seating available. On sale until **Nov. 17**.
Date: **Saturday, Dec. 1**

Time: **10 a.m.**

Disney On Ice: 100 Years of Magic: Join the celebration as 65 of Disney's unforgettable characters from 18 beloved movies come to life. Be captivated by many Disney Princesses. Be thrilled by moments from Lion King, Mulan, Finding Nemo, and Toy Story films. Leisure Travel has many show times to choose from. Seats on sale until **Nov. 12**.
Date: **Thursday, Dec. 13**
Time: **7 p.m.**

Downtown Chicago Shopping Trip: Let the Leisure Travel Office handle the transportation and you concentrate on the shopping. Cost is \$41 per person ... sign up now.
Date: **Saturday, Dec. 15**
Time: **6:30 a.m.**

Miracle on 34th Street: This joyous, heart-warming musical is pure family entertainment, and the perfect holiday treat. Discounted seats are \$43.50 and on sale until **Dec. 1**.
Date: **Saturday, Dec. 15**

Adler: West Side Story: From the first note to the final breath, West Side Story soars as the greatest love story of all time and remains as powerful, poignant



and timely as ever. Leisure Travel has discounted floor seating for \$62. On sale until **Dec. 21**.

Date: **Monday, Feb. 18**

Time: **7:30 p.m.**

Free Universal Military Only: Active duty and retired members of the military can receive a free three-day, park-to-park ticket with valid military identification. Admission is valid for up to 14 days from first use. Tickets are available for pick up until **March 31** and must be redeemed by **June 30**. Contact LTO at (309) 782-5890.

Adler: Rock of Ages: In 1987 on the Sunset Strip, a small town girl met a big city rocker and in LA's most famous rock club, they fell in love to the greatest songs of the '80s from Journey, Night Ranger, Styx, Poison, Pat Benatar, Twisted Sister and many more. On sale until **Feb. 26** for \$59.50

Date: **Wednesday, April 24**

Time: **7:30 p.m.**

MWR Outdoor Recreation Seasonal Entrance Change: With the end of the summer season, Outdoor Recreation patrons are asked to use the South Entrance to the Equipment Checkout Center in Bldg. 333.

Child, Youth & School Services



Covenant Cottage Child Development

Home: [Covenant Cottage Child Development Home](#) is available for backup, emergency, and hourly care for ages four weeks through 12 years. The home is located on post and is open from 6 a.m. – 6 p.m. Monday through Friday, Tuesday and Thursday evenings and Saturday mornings. Army Family Covenant Guidelines state deployed Soldiers are entitled to 16 hours free respite childcare per child, per month. For reservations call (309) 782-6793. We encourage you to call as far in advance as possible because spaces fill quickly.



Army Community Service (ACS)



ACS is located in Bldg. 110, 1st floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook [click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412



Remodeling in Army Community

Service Center: Pardon our mess. The ACS Center is going through a four-week remodeling period through mid-October. The center is open during the construction period. Please be patient as we have reduced work space.



Employee Assistance Program



For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1st floor, East.

Seasonal Affective Disorder –

November 2012: The leaves are changing; the first breeze of chilly air comes through your window; and the days keep getting shorter. For many people, the change to winter weather can trigger Seasonal Affective Disorder or what is commonly known as SAD. SAD is a depression that occurs each year at the same time, usually starting in



fall or winter and ending in spring or early summer. This mood disorder is often attributed to the lack of light during the colder months of the year. Between 10 and 20 percent of the U.S. population may suffer from mild symptoms associated with the disorder. Three-quarters of those are women. Symptoms of SAD can include: • Excessive sleeping or feelings of extreme fatigue; • Overeating and weight gain during the fall or winter; • Inability to maintain regular lifestyle schedule; • Depression (feelings of sadness, loss of feelings, apathy) and irritability; • Lack of interest in social interactions, losing interest in activities of enjoyment; • Remission of symptoms in the spring and summer months. SAD is a diagnosable disorder that may require treatment, so this November the Rock Island Arsenal Employee Assistance Program invites you to take advantage of free, confidential short-term counseling, referral services and follow-up. The RIA EAP is located in Bldg. 56, 1st floor, East Wing. You may contact the EAP by calling (309) 782-4357 to schedule an appointment.

PTSD Support Groups: Help is available if you or a loved one is experiencing symptoms of Post-Traumatic Stress Disorder. The Rock

Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

Smoking Cessation Group: Need help to quit smoking? Good news! The Employee Assistance Program offers an ongoing educational support group for people who would like to be smoke-free. The group meets each Wednesday 3-4 p.m. at the EAP office located in Bldg. 56, 1st floor, East.

Education/Training Review

☉
The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.

Army Continuing Education System Celebrates American Education Week: In honor of American Education Week, ACES joins the National Education Association in celebrating and promoting the values of continuing

education and lifelong learning. On Thursday, **Nov. 8**, 10 a.m. - 1:30 p.m., an Education Fair will be held in Bldg. 60 (Heritage Hall). This event will offer military personnel, DoD civilians, and family members the opportunity to learn more about educational opportunities afforded them at a number of colleges and universities. School representatives will be available to answer questions and provide information on educational programs, and drawings will be held for free college/university items and apparel. Schools and organizations attending include: Black Hawk and Scott Community colleges, Augustana College, Western Illinois, St. Ambrose, and Upper Iowa universities, University of Iowa, American Intercontinental, DeVry/Keller, Kaplan and North Central universities, Trinity School of Nursing and Health Sciences, Palmer College of Chiropractic and Health Sciences, Hamilton Technical College, Troops to Teachers, the Illinois VA Education Center, and more. Please join us to learn more about educational opportunities and how they may benefit you. For further information the point of contact is [Stephanie Allers](#), Guidance Counselor, or (309) 782-5895. For additional information on American Education Week, visit www.nea.org/aew.



ACES Education Fair: There will be a ACES Education Fair, Thurs., **Nov. 8**, 10 a.m. - 1:30 p.m., in Bldg. 60 (Heritage Hall). Military personnel, DoD civilians, and family members are invited to learn more about local and online colleges and universities. School and veteran service representatives will be available to answer questions and provide information. A drawing will be held for free college items.

Get Ready, Get Set, Go-Go-Go to School!: Seeking or pursuing a college degree? Have questions? The Army Education Center will be hosting on a monthly basis the following schools: 1st Monday of each month - **Nov. 5:** Upper Iowa University (POC: [Daniel Marvin](#), (563) 359-7111); 3rd Monday of each month – **Nov. 19:** Trinity College of Nursing & Health Sciences (POC: [Christiana Headley](#), (309) 779-7774); 2nd Wednesday of each month – **Nov. 14:** Kaplan University (POC: [Jason Wilebski](#), (563) 441-2485); 3rd Wednesday of each month – **Nov. 21:** St. Ambrose University (POC: [Bill Gleason](#), (563) 333-6354); 1st Thursday of each month – **Nov. 1:** Eastern Iowa Community College (Scott, Clinton, and Muscatine, IA), (POC: [Rebecca Geiken](#), (563) 441-4060); 2nd Thursday of each

month – **Nov. 8:** Black Hawk College (POC: [Susan McPeters](#), (309) 796-5027); 3rd Thursday of each month – **Nov. 15:** Ashford University (POC: [Derek Phillips](#), (800) 798-0584 ext 3077). Military personnel, family members, and DoD civilians are welcome to stop by. No appointments are necessary, unless specified. All scheduled times are 10 a.m. – 2 p.m. in Bldg. 56, 1st Floor, Room 120. Education Center POC: [Stephanie Allers](#), (309) 782-5895.

Defense Commissary Agency / PX

☉
The Rock Island Commissary makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: www.commissaries.com ([Facebook](#))

Fall Signals Beginning of Holiday Savings Events: October represents the unofficial start of the holiday season for

commissary customers who'll be seeing store promotions, giveaways and more opportunities for discounts beyond their usual savings of 30 percent or more, said Chris Burns, the Defense Commissary Agency's director of sales. • "Pink for the Cure." From **Sept. 27 to Oct. 24**, General Mills will show its support for breast cancer awareness with high-value coupons on pink packaging on select General Mills brands. • "From the Bases, to the Races." **Oct. 11-24**, Scott, Kleenex, Huggies, Kotex, Clorox and Bush's products will offer commissary customers a chance to enter to win a grand prize package for two that includes airfare, hotel, race tickets and pit passes to the February 2013 Daytona 500 Nationwide and Nextel Cup races as well as a \$300 Visa cash card for meals and incidentals. • Thanksgiving holiday meal. Beginning **Oct. 25**, commissary customers will be able to purchase their complete Thanksgiving meal.

Food Safety Alerts: For information about the latest food-safety alerts and product recalls affecting military commissaries, visit www.commissaries.com and click on the Food & Product Recalls under the Quick Links box on the front page. For general food-safety information, visit



the website and choose Food Safety at the bottom of the page.

Sales Flyers: Patrons can visit the [AAFES website](#) and sign up to receive free online sales flyers.

Arsenal Archive

Information for the *Arsenal Archive* is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free.

RIA 150 History Break: Think about taking a "History Break" to celebrate Rock Island Arsenal's 150th Anniversary, on **Nov. 9**, Sam Heilig or Mike McKean, Rock Island District, U.S. Army Corps of Engineers, will present "Mississippi River Navigation History." Sponsored by the Rock Island Arsenal Historical Society, these lunch and learns will be held the second Thursday of each month



in 2012. **Join us in the Caisson Room, Bldg. 60, first floor, south wing, 12-1 p.m.** As these presentations occur during lunchtime, you may bring a brown bag lunch or purchase food at the adjacent food court. Employees can sign up for these professional development opportunities in [TEDs](#) (Search Term "History Breaks"). If you don't have access to [TEDs](#), please call Kris Leinicke at (309) 782-3518 to make a reservation. Due to the size of the Caisson Room, participation is limited to 50. Upcoming presentations include: On **Dec. 13**, Ron Deiss, Rock Island District, U.S. Army Corps of Engineers, will present a Heritage Documentaries video, "[The Rock Island Civil War Prison: Andersonville of the North?](#)"

This Week in Rock Island Arsenal History – Oct. 22-28: On Oct. 30, 1882, construction work on Shop G (Bldg. 108) was completed.

Healthbeat

Breast Cancer Awareness Month: Breast cancer is the most commonly diagnosed non-skin cancer in women. This year, approximately 226,870 women in the U.S. will receive a diagnosis of invasive breast cancer and

63,300 women will be diagnosed with in situ (in one location) breast cancer. ([More](#))

Surgeon General Talks Resiliency, Mental Health, at AUSA: Emotional pain is real, the Army surgeon general told a group of Soldiers, family members and family readiness group leaders here, Oct. 23. Lt. Gen. Patricia D. Horoho illustrated the point by showing a montage of news clips and photos of ground zero on 9-11. Horoho spoke during a family forum at the 2012 Association of the United States Army Annual Meeting and Exposition in Washington, D.C. ([More](#))

West Nile Virus is Potentially Serious Illness: Experts believe WNV is established as a seasonal epidemic in North America that flares up in the summer and continues into the fall. [This fact sheet contains important information that can help you recognize and prevent West Nile Virus.](#)

Health Clinic Announcement: Sick Call hours 7-8 a.m. Pharmacy closed Thursday and Friday, **Oct. 25, 26**, due to construction. Clinic closed, Thursday, for staff meeting/training on **Oct. 26** at 11:30 a.m. For any issues or concerns



with the RIAHC clinic please call our customer support line at (309) 782-0721.

Notes for Veterans

➤ **Nearly 30% of Vets Treated by V.A. Have PTSD:** The Department of Veterans Affairs has quietly released a new report on post-traumatic stress disorder, showing that since 9/11, nearly 30 percent of the 834,463 Iraq and Afghanistan War veterans treated at V.A. hospitals and clinics have been diagnosed with PTSD. Veterans advocates say the new V.A. report is the most damning evidence yet of the profound impact multiple deployments have had on American service men and women since 9/11. Troops who've been deployed multiple times to Iraq and Afghanistan are more than three times as likely as soldiers with no previous deployments to screen positive for PTSD and major depression, according to a 2010 study published by the American Journal for Public Health. ([More](#))

Car Pooling Announcements

➤

Submit car pooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

Car Pool:

- **Car Pool:** Looking to join a car pool or ride and pay. IL 84 southbound Fulton/ Albany/ Cordova area. Interested text me at (563) 650-8791.
- **Carpool:** Looking for members to join carpool along the Hwy. 61 corridor from Dubuque to Rock Island Arsenal, 2nd shift 2:15-10:30 p.m. Starting in the middle April. [Email](#) or call (815) 651-4624.
- **Carpool:** Commuter living in Rio, Ill., looking for someone to carpool with from Galesburg/Alpha area. Employee works 6 a.m. - 3:30 p.m. w/RDO 1st Friday of Pay period. [Email](#) or call (309) 782-5472.

Around the Q.C.

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- Oct. 23-28:** [FLW National Guard Walleye Tournament](#) (Centennial Park, Davenport)
 - Oct. 25:** [Clear Channel Halloween Walk](#) (Park at Miller Time Bowling and ride the shuttle to Clear Channel Hill)
 - Oct. 25:** [Fright Night](#) (The District)

- Oct. 26:** [Bucktown's Deadstock](#) (Bucktown)
- Oct. 26:** [Halloween Bash](#) (Waterfront Convention Center)
- Oct. 27:** [RIA Military Retiree Appreciation Day](#) (RIA, Bldg. 60)
- Oct. 27:** [Witches Walk](#) (Downtown LeClaire)
- Oct. 27:** [Daiquiri Factory's Boneyard Boogie](#) (The District)
- Oct. 27-28:** [Boo at the Zoo](#) (Niabi Zoo, Milan)
- Oct. 27-28:** [Rock and Gem Show](#) (Mississippi Valley Fairgrounds)
- Oct. 28:** [Bettendorf Halloween Parade, 1 p.m.](#) (Middle Road & 23rd Street)
- Oct. 31:** [Davenport Halloween Parade, 7 p.m.](#) (Downtown Davenport)
- Nov. 8:** [Honor Flight of the Quad Cities](#) (Quad City International Airport to D.C.)
- Nov. 11:** [Doll Show](#) (Mississippi Valley Fairgrounds)
- Nov. 16-25:** [Quad City Arts Festival of Trees](#) (RiverCenter)
- Nov. 17:** [Festival of Trees Parade](#) (Downtown Davenport)
- Nov. 17:** [Lighting on the John Deere Commons & Holiday Pops Concert](#) (Downtown Moline)
- Dec. 1-14:** [Season of Light-Star of Bethlehem](#) (Augustana College Planetarium)
- Dec. 2:** [19th Century Christmas](#) (Butterworth Center, Moline)
- Dec. 7:** [Gallery Hop!](#) (The District)
- Dec. 8-9:** [131st Annual Performance of Handel's Messiah](#) (Centennial Hall, Augustana College)





Joel Himsl, Garrison Manager; **Eric Cramer**, Public Affairs Officer; **Mark Kane**, Editor

The Army publication, *Island Insight*, is an unofficial publication authorized under [AR 360-1](#) to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processor software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal Garrison Public Affairs Office. Contents of *Island Insight* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of *Island Insight* is the responsibility of the Rock Island Arsenal Garrison Public Affairs Office. Submission of [announcements](#), articles, photos, letters, and graphic art of interest to the general readership is encouraged. All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMNE-RIA-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight](#); usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil; Phone: (309) 782-1121. The *Island Insight* is [available on-line](#).

gear UP!

FOR CAMPFIRE STORIES

- Be sure to clear away brush and dead or dry vegetation in a 10- to 20-foot circle around your fire.
- Don't place your fire pit under low hanging trees where sparks and heat might ignite dry foliage and branches.
- Never leave a fire unattended. Keep a fire extinguisher on a garden hose with a sprayer nearby.
- Always make sure fires are completely out when finished.

ARMY SAFE
FALLWINTER
NO TIME TO CHILL

