

Sept. 19, 2011



Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the island intranet under "Information" and on the installation website at www.ria.army.mil under "About USAG-RIA" and then "News" and "Local News."

Island Insight Submission: <http://www.ria.army.mil/sites/IslandAnn/announcement.cfm>

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Shutdown Looms as Federal Funding Bill Dies in House:

As Congress wrestles to keep the government funded, a House GOP bill to extend federal funding until Nov. 18 went down to defeat 195-230 Wednesday night, in a dispute over money for disaster relief. The bill's failure was a result of a combination of Democratic and conservative Republican opposition. It marks an embarrassing loss for House leaders, especially House Majority Whip

Kevin McCarthy, R-Calif., and a tactical victory for House Minority Whip Steny Hoyer, D-Md. It also hands Democrats leverage to push the GOP to yield on disaster funding. The vote also raises the odds of a government shutdown, but the chambers can either quickly work out a deal this week or stay in session through their planned recess ahead of the Oct. 1 start of fiscal year 2012, the deadline for a new CR. The possibility that the House and Senate will delay their recess

is more likely but hardly certain. The central sticking point is disaster relief funding. Senate Majority Leader Harry Reid, D-Nev., has sought some \$7 billion to refill the Federal Emergency Management Agency's coffers. Republicans are seeking lower levels of funding and want offsetting cuts. ([More](#)) ([FNR](#))



Retrospective: Chemical Warfare

Policy: Quad-City resident and North Scott High School senior, Sarah Riedel, presented her award-winning research project, by invitation, to the Edgewood Chemical Biological Center at Rock Island Arsenal on Aug. 10. Riedel's presentation, "Stuffing the Genie Back into the Bottle: A Century of Diplomatic Efforts to Ban Chemical Weapons," placed sixth in the 2011 Kenneth E. Behring National History Day contest at the University of Maryland at College Park in June. Her presentation was chosen to compete in a national competition with 120 entries from across the country. ([More](#))



Streamlining Army Mobilization

Process Focus of Committee Visit: Ten general officers, representing the Army Reserve Forces Policy Committee, met at First Army Headquarters Sept. 12 to review regulations for Reserve Component policies concerning mobilization and demobilization procedures. The ARFPC



and its Army National Guard and U.S. Army Reserve subcommittees represent the Department of the Army offices of the Secretary of the Army and the Army Chief of Staff. ([More](#))

ASC Commander's Cup Golf

Scramble: Army Sustainment Command hosted a golf tourney Sept. 15 at Rock Island Arsenal's golf course. The ASC Commander's Cup Golf Scramble allowed Department of the Army civilians and Soldiers to team up and play a full round of golf. The event concluded with an awards presentation to first, second and third place teams, as well as to the winners of the golf skills challenges, which were placed randomly on the course. ([More](#))



Obama Proposes \$42.5B in Cuts to

Employee Benefits: President Barack Obama is seeking \$42.5 billion in savings through reforms of the federal employee benefit programs as part of a plan to reduce the federal deficit by more than \$4 trillion over the next decade. The White



Upcoming Dates

- Sept. 18-24:** Child Passenger Safety Week [📅](#)
- Sept. 18-24:** National Adult Immunization Awareness Week
- Sept. 18-24:** National Unmarried and Single Americans Week [📅](#)
- Sept. 18-24:** National Clean Hands Week [📅](#)
- Sept. 18-25:** No Impact Week [📅](#)
- Sept. 23:** First Day of Autumn (Autumnal Equinox)
- Sept. 24:** National Seat Check Saturday [📅](#)
- Sept. 24:** National Public Lands Day [📅](#)
- Sept. 24:** National Hunting and Fishing Day [📅](#)
- Sept. 24:** National Punctuation Day [📅](#)
- Sept. 25:** Gold Star Mother's Day
- Sept. 26:** National Family Day [📅](#)
- Sept. 26-30:** Dollars Wise Financial Literacy Week
- Sept. 29:** VFW 112th Birthday
- Sept. 29:** World Heart Day [📅](#)
- Sept. 24-Oct. 1:** Banned Books Week [📅](#)[📅](#)
- Oct. 2-8:** National Mental Illness Awareness Week
- Oct. 3:** Child Health Day
- Oct. 3-7:** Drive Safely Work Week [📅](#)
- Oct. 5:** 4-H National Youth Science Day [📅](#)
- Oct. 6:** National Depression Screening Day [📅](#)
- Oct. 9-15:** National Fire Prevention Week [📅](#)
- Oct. 9-15:** International Credit Union Week [📅](#)
- Oct. 9:** Leif Erikson Day [📅](#)
- Oct. 10:** Columbus Day (*Federal Holiday*)
- Oct. 13:** 236th U.S. Navy Birthday [📅](#)
- Oct. 15:** Sweetest Day
- Oct. 15:** White Cane Safety Day
- Oct. 15:** Pregnancy & Infant Loss Remembrance Day [📅](#)
- Oct. 16-24:** National Radon Action Week [📅](#)
- Oct. 16:** National Fallen Firefighters Memorial Service (*Flag @ Half-Staff*) [📅](#)
- Oct. 16:** National Feral Cat Day [📅](#)
- Oct. 16:** World Food Day
- Oct. 17-21:** America's Safe Schools Week [📅](#)
- Oct. 17:** National Boss' Day [📅](#)



House expects to save half of the \$42.5 billion from changes to the civilian agency pension system. The President recommends civilian employees would contribute 1.2 percent more of their paychecks to their retirement, to be phased with a 0.4 percent increase annually starting in fiscal 2013. A senior administration official defended the proposal. The official said it was much less harsh on employees than competing Republican measures, and it would still be more generous than the average private-sector retirement plan. ([More](#)) ([FedSmith](#))

Contract Labor: Pay, Benefits Often Double That of Feds:

A new study says contractors cost more than federal employees doing the same work - oftentimes, far more. The study, released last week by the Project on Government Oversight (POGO), is perhaps the most detailed look yet at the long-argued question. It found that contractors earn 3.17 times more than feds in the case of attorneys, 2.75 times more for budget analysts, 2.4 times more for accountants, and 2.38 times more for building managers. In all, the study analyzed 35 job classifications,



covering more than 550 service activities. ([More](#))

Potential Information Breach May Affect Non-Appropriated Fund

Retirees: A compact disk containing the personal information of nearly 25,000 non-appropriated fund retiree records was lost in the mail between Alexandria, Va., and San Antonio during the final week of August. The potentially compromised information contains names, social security numbers, and other information, such as type of retirement, retirement date, amount of life insurance carried, term data, and dates of service. Some records may also contain birth dates. ([More](#))



Upcoming Heating Season: The time is fast approaching for the Central Heating Plant to begin steam production for the coming heating season. As a cost-saving measure, the exact starting date will be delayed as weather permits balanced against operational and heating requirements. During the interim, building occupants may experience brief periods of morning coolness while buildings warm from occupancy and outside, ambient temperatures.

Appropriate, short-term measures will be taken to mitigate the effects of cooler, outside temperatures until steam is available for heating. Should building occupants experience any colder than expected temperatures, the problem should be routed through the PW Work Order Desk (email: usarmy.RIA.imcom-central.mbx.usag-pw-work-order-desk@mail.mil) or phone: (309) 782-2387) and will be addressed accordingly.

Return to Force Protection Condition

ALPHA: Effective Sept. 14, all USNORTHCOM installations have returned to FPCON ALPHA with BRAVO measures. These BRAVO measures will be sent to the Protection Work Group for review and action. Although the FPCON has been lowered, individual awareness and reporting suspicious activity is needed to make the Rock Island Arsenal a safe place to live and work. To report suspicious activity, call central dispatch at 9-1-1. As a reminder if you are calling from a cell phone the call will go to an off island dispatch center, you will need to let the dispatcher know you are calling from the Rock Island Arsenal so the call can be transferred to our on-post dispatch.



Please address questions and comments to [Ed Peterson](#), RIA Antiterrorism Officer, (309) 782-0116, or [Mike Luchner](#), RIA Force Protection Officer, (309) 782-4577.

POTUS CFC 50th Anniversary

Message: I send greetings to all those celebrating the 50th Anniversary of the Combined Federal Campaign (CFC). Our Nation has always been a land of opportunity and optimism. As Americans, we take responsibility for ourselves and for each other; for the ideals we embrace and for the future we share. We celebrate selflessness and value those across our country who step forward and make unprecedented contributions to the well-being of humanity. ([More](#))



A Concert to Honor Wounded

Warriors: Join the RIA Chapter of the AUSA as we present Darden Smith - A Concert to Honor Wounded Warriors, Thursday, **Oct. 20**, at the Adler Theatre. Join RIA AUSA as we welcome Wounded Warriors & their families from the CBWTU-IL October Muster to honor all who serve-Soldiers & their families. Singer/Songwriter Darden

Smith, co-author of the song “Angel Flight,” will entertain us music. ([More](#)) ([Press release](#))

Federal Health Benefits Open

Season: Federal Health Benefits Open Season for 2012 plan year starts **Nov. 14 – Dec. 12**.

Employees may enroll or change existing plan under Federal Employee Health Benefits, Flexible Spending Account, and Federal Employee Dental & Vision insurance Plan. Find more information about these programs at www.opm.gov. POC: Amber Ehrecke, (309) 782-1206



236th U.S. Navy Ball: Come celebrate the Navy's birthday at this year's Navy Ball, **Oct. 8**, at the Home Ridge Inn & Suites, Bettendorf, Iowa. Tickets: \$30 per person/\$55 per couple RSVP and payment due by **Oct. 1**.



Call Chief Petty Officer Timothy Webb, (309) 782-5345 for reservations and uniform requirements. Time: **6 p.m. - Midnight**

Retirement Planning Seminar: MRA Retirement Planning Seminar on Wednesday, **Nov. 9**, for Rock Island Arsenal Employees. Bldg. 102-2 SW, Classroom 1 & 2. For questions contact Amber Ehrecke, (309) 782-1206. To sign up contact [Stephanie Noyd](#) at MRA at (309) 764-8354. Time: **7 a.m. – 3 p.m.**

Arsenal Historical Society Meeting:

The Rock Island Arsenal Historical Society will meet Thursday, **Oct. 6**, at 6 p.m., in the Veranda Room of the Arsenal Island Golf Course clubhouse. Guest speaker will be Nancy Varner, local expert on Reed Organs. Call Linda (563) 355-6165 for reservations by Monday, **Oct. 3**. For further clarification call Kris Leinicke at (309) 782-3518.

Cards for the Troops: On Tuesday, **Sept. 27**, 6:30-9 p.m., the Rock Island Arsenal Welcome Club will be hosting a "Cards for the Troops" event at the Arsenal Island Golf Course Clubhouse. Join the RIAWC for a fun evening of rubber stamping at the 2011 cards for the troops event. We'll make greeting cards for our troops serving in Iraq and Afghanistan to mail home to loved ones. This event is open to both men and women, military and civilian. Feel free to bring a friend. RSVP is a must -



seating is limited. RSVP to mssipple1@gmail.com or (563) 332-5707. All materials supplied except, please bring with you one roll of scotch double-sided tape. An optional limited menu dinner will be offered by the golf club, at 5 p.m. -- by RSVP only-- to the club at (309) 793-1601 (be sure to mention you are with, Cards for the Troops). Stamping will begin at 6:30 p.m. sharp.

Blood Drive: The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, Oct. 14, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119.



The Truth About Donating Blood! Excuse: Plenty of people donate, they don't need my blood. Truth: The fact is that plenty of people don't donate. Every two seconds, someone in the U.S. needs blood. Unfortunately, of the 38 percent of the U.S. population that is

eligible to donate blood, less than 10 percent do annually.

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here.](#)

Ghost Tales: Kick off the Halloween season at the family-friendly Ghost Tales at the Colonel Davenport House at 7 p.m. on Saturday, **Sept. 24.** House tours begin at 5:30 pm. Refreshments for sale. \$3 adults; \$2 youth; \$10 families. Performers-Angela Meyer, Steve Couch, and Helen Macalister. www.davenporthouse.org



Travel Warning – Iraq: The Department of State warns U.S. citizens against all but essential travel to Iraq given the dangerous security situation. Civilian air and road travel within Iraq remains dangerous. Military and DoD employees



traveling outside the United States are required by regulation to attend an Area of Responsibility briefing within 90 days of travel. Contact your commands respective Antiterrorism Officer for further information. The JMC ATO can be reached at (309) 782-1823 and the ASC ATO can be reached at (309) 782-5809. The USAG-ATO can be contacted at (309) 782-0116. For tenants without ATO's on the installation, it is their responsibility to contact someone in their respective chain of command.

Esprit de Corps Toastmasters Club:

Do you need training in a friendly, positive and encouraging environment that will enable to speak in public with confidence? Join us each 1st and 3rd Wednesday of each month in the Clock Tower Bldg. ([POC](#)) Time: **11:45 a.m. - 1 p.m.**



2011 Cards for the Troops: Please join the [Rock Island Arsenal Welcome Club](#) at the Arsenal Island Golf Course clubhouse for a fun evening of stamping cards for our deployed troops. Must RSVP to: mssipple1@gmail.com. No stamping experience necessary. Please



bring one roll of Scotch double-sided tape; all other materials supplied. Optional dinner at 5 p.m. RSVP: (309) 782-4372.

Date: Tuesday, **Sept. 27**
Time: **6:30-9 p.m.**

Travel Warning – Syria: The U.S. Department of State urges U.S. citizens in Syria to depart immediately while commercial transportation is available. Given the ongoing uncertainty and volatility of the current situation, U.S. citizens who must remain in Syria are advised to limit nonessential travel within the country. U.S. citizens not in Syria should defer all travel to Syria at this time. On Aug. 18, the U.S. imposed additional sanctions against the Government of Syria restricting financial or material support by U.S. citizens or residents to the Government of Syria. Military and DoD employees traveling outside the United States are required by regulation to attend an Area of Responsibility briefing within 90 days of travel. Contact your commands respective Antiterrorism Officer for further information. The JMC ATO can be



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Benefit for Chloe Jo Drehman: A benefit will be held for Chloe Jo Drehman, granddaughter of a Rock Island Integrated Services employee here on Rock Island Arsenal, that will take place on Saturday, **Oct. 1**, at 4 p.m., at the Milan American Legion, located at 515 W. 1st Ave. Chloe is four-years-old and has a rare chromosome disorder. As a result, she cannot walk or talk and requires a feeding tube. Please join us to support Chloe. For more information contact (309) 756-8410 or (309) 428-4904, or [email](#).



Trivia Night: The Rock Island American Legion Post 200 will be holding a trivia night on Saturday, **Oct. 8**, at the Rock Island VFW Post



1303, 3715 9th St., Rock Island. Cash prizes awarded for 1st, 2nd, and 3rd place. 50/50 raffles, & prizes, \$10/person, maximum eight players per table, mulligans available for purchase. Bring your own food & snacks; please, no outside beverages allowed. Please call Myral Schmit, (309) 788-5157 for information and to reserve a table. Doors open at 5:30 p.m., competition to begin promptly at 6:30 p.m. Hosted by Mr. Trivia.

Help Our QC Vets Online Silent

Auction: The 3rd Annual Help Our QC Vets Online Silent Auction will be held **Oct. 1 - Nov. 5** at HelpQCVets.org. The silent auction will begin at 8 a.m. on **Oct. 1** and will end **Nov. 5** at 3 p.m. This auction is open to the public and will be conducted using a web-based auction system. Item preview / registration will begin **Sept. 24**. The goal of the auction is to raise funds through to help the local veterans and their families. Your support can help meet this goal. The auction is a coordinated event involving many Quad City area veterans' organizations; including the VFW, American Legion, Vietnam Veterans, Marine Corps



League, and the Mexican American Veterans Association. For information regarding donations to our auction, please contact Bill Pinault at BillPinault@helpqcvets.org or contact the silent auction site administrator at auctionadmin@helpqcvets.org.

Invitation to Optimist Club Sept. 23: Optimist International is a service club that raises funds to help youth organizations. We invite military to a meeting to learn about the organization during our regular noon lunch meeting on **Sept. 23** at the RiverCenter in Davenport. We will be in the Illinois-Ohio room. For information and RSVP contact [Molly Mahoney](mailto:MollyMahoney@helpqcvets.org).
Time: **12-1 p.m.**



Arsenal Traffic/Construction



Extension of Partial Lane Closures - Rodman Avenue at Bldg. 390:

Temporary lane closures along Rodman Avenue at Bldg. 390 will continue during off-peak hours until **Sept. 30**. Lane closures are necessary for completion of the Circle Drive.

Partial Closure of Lot 1N (NW of Bldg. 157) and Flagler St.: There will be a partial closure of parking lot 1N

North West of Bldg. 157, effective Sept. 13. This closure is necessary to replace damaged concrete gutter, storm drain and catch basin. No reserved or handicap parking spaces will be affected. The closure will run through **Sept. 26**. Weather delays may extend the closure. As soon as lot 1N drainage repairs have been completed, a partial closure of Flagler St. NW of Bldg. 250 will take place to repair the storm gutter, drain and catch basin on the North West side of Bldg. 250. No parking spaces will be affected; however, a one lane closure will be necessary. Together, these partial closures will run through **Sept. 26**. Weather delays may extend the closures. If you have any questions or concerns, please contact your Labor Relations Specialist or Ombudsman. Please see the attached map for the specific areas affected.

QC Marathon: The 2011 Quad City Marathon will be coming across the island on Sunday, **Sept. 25**, 7 a.m. – 1 p.m. Traffic patterns will be changed on the day of the race and there will be further notifications of any and all closures. Vehicular traffic that day will move from East to Westward bound only. Everyone will be required to enter from the Moline gate onto the island and exit off through the Davenport gate

only. There will be no eastbound traffic that day. The Government Bridge and gate will be closed to vehicular traffic after 7 a.m. Sunday morning and will be re-opened after the last runners have gone through and the course is closed. Individuals departing the island will be allowed to turn right off towards Davenport or left towards Rock Island. The Rock Island gate will be closed to traffic. Proceed with caution as runners race throughout the island that day. Volunteers will be re-routing individuals trying to get to work that day as efficiently as possible.

Construction of Canopy at Rock

Island Entrance: Construction of a canopy over the guardhouses at the Rock Island entrance will begin **Sept. 26**. The project is scheduled to finish on **Oct. 24**. Weather delays may extend the schedule. Traffic flow will not be affected during construction.

Removal of Bldg. 86 & Associated Temporary Parking Changes:

Effective Sept. 6, the Garrison Public Works Directorate will remove Bldg. 86 (former Bachelors Officers' Quarters) located on the north end of East Avenue. A new parking lot will be installed. This work is scheduled to be completed Wednesday, **Dec. 1**. All parking located



on East Avenue, north of Rodman Avenue, Lots OP and OR, will not be available during deconstruction and reconstruction of this project. Please forgive this temporary inconvenience. Once completed, this project will provide additional parking on the northeast side of the Island. Open parking is available in Lots OJ, OK and OL located behind Bldg. 60 and Lot OI behind Memorial Field. Any delays or early completion updates will be announced on an as-needed basis. If you have any questions, please call Marilyn Miller, parking coordinator, at (309) 782-2715.

Building/Space Closures

⌂
Freight Elevator Closure – Bldg. 220:
The #2 freight elevator in Bldg. 220 will be out of service beginning at 7 a.m. on **Sept. 26** through 3:30 p.m. on **Sept. 28**. Workers will remove a non-support overhead beam and a dual closing safety gate, replacing it with a single gate. Electrical wiring will also be repaired.

Active Duty/Reserve Zone



DoD Repeals 'Don't Ask, Don't Tell':

The law is passed, the studies completed, the findings certified and the service member training accomplished. Today, after years of debate and months of preparation, the Defense Department starts on a new footing with the repeal of the so-called “Don’t Ask, Don’t Tell” law that since 1993 has banned gays and lesbians from serving openly in the military. “Statements about sexual orientation will no longer be a bar to enlisting in the military or a cause for dismissal,” said Army Maj. Gen. Gary S. Patton, chief of staff for the Pentagon’s repeal implementation team. ([More](#)) ([DoD Special Report](#)) ([Army Tri-Signed Letter](#))

2011-2012 Flu Season Information for all TRICARE Beneficiaries:

Protecting the health of our Soldiers, beneficiaries and healthcare workers from this highly contagious disease is our main priority. Absenteeism due to illness or hospitalization could greatly impact military readiness and cause an economic impact to our families. Annual influenza vaccination is the most effective method for preventing influenza virus infections and its complications. Healthy people and health care personnel infected with influenza, including those without

symptoms, can transmit the virus to those at high risk from complications of influenza. Vaccination of our Soldiers and healthcare workers protects not only themselves but those around them. Get Vaccinated -- flu vaccines may be received at no cost from any TRICARE-authorized provider or at one of the TRICARE retail network pharmacies that participates in the vaccination program. To find a participating pharmacy, [search online at this link](#) or call 1 (877) 363-1303. **Important!** For Active Duty, if you use a TRICARE retail network pharmacy, please remember to hand carry your proof/verification of immunization to your respective MEDPROS Unit POC. ([More](#)) ([Key Facts](#))

Obama Proposes TRICARE Changes:

Military retirees would pay an annual fee for TRICARE-for-Life health insurance and TRICARE pharmacy co-payments would be restructured under the deficit reduction plan President Barack Obama released today. “If we’re going to meet our responsibilities, we have to do it together,” Obama said during a Rose Garden speech to announce the President’s Plan for Economic Growth and Deficit Reduction. The plan reduces \$4.4 trillion from the \$14.7 trillion federal



deficit over 10 years through a combination of spending cuts and increased tax revenue. ([More](#))

KC Chiefs Military Appreciation

Game: The Kansas City Chiefs' 2011 Military Appreciation Day will be held on Sunday, **Nov. 6**, against the Miami Dolphins at 12 p.m. at Arrowhead Stadium in Kansas City. This special event continues to grow each season and we look forward to this year's game providing a great tribute to the men and women of our Armed Forces. Once again, tickets are available for \$25 to all active military and veterans, as well as their friends and family. Seating locations will be the best available in designated areas of Arrowhead Stadium, placed in the order that your request was received. Tickets will be mailed two weeks prior to the game. Tickets are first come, first served and subject to availability. If you are interested in purchasing tickets for the event, please contact Lee Cothran at (816) 920-4709 or email me at lcothran@chiefs.nfl.com. Thank you all for your service to our country!



Safety Spotlight



Motorcycle Safety Awareness

Training Event: (From *Command Sgt. Maj. Dave Puig, Joint Munitions Command*) -- You're invited to attend a



Motorcycle Safety Awareness Training Event and Ride on Monday, **Sept. 26**, 9:30 a.m. – 12:30 p.m., at Memorial Park. This event is in coordination with local police and fire department personnel. This is an island-wide training event that is open to all military personnel and their family members and to all Department of Defense civilians. The awareness training is designed to assist motorcycle riders in managing their risk and increasing their motorcycle skills. Safety remains my primary business. Motorcycle accidents are the leading, non-combat related cause of death and injury to our Service Members. As a result of rising motorcycle fatalities the Department of the Army now requires motorcycle training for all active duty Soldiers, Reservists, National Guard members, contractors, and Department of Defense employees. The intent of this Motorcycle Safety Awareness Training



is to establish and reinforce a positive attitude toward motorcycle driving; to ensure individual responsibility while riding; and to correct response to routine and emergency driving situations. Leaders need to ensure their riders understand the requirements to operate their bike both on and off the installation. They need to make sure riders get the right training, wear the right equipment, are properly licensed, ride within their limitations and understand what a modification does to the handling of their bikes. With proper training and preparation, we can reduce accidents and make motorcycles fun, rather than fatal. I strongly encourage any and all motorcycle riders on the island to come and participate in this event and gain some experience from the speakers we have presenting and during the safety ride. I think a good time will be had by all that come and that a lot can and will be learned. The POC for this event is [Brian Nielsen](#) at (309) 782-2680. I look forward to seeing you all on the road.



Equal Opportunity Focus



Prevention of Sexual Harassment Training (POSH) for New Hires: The Garrison EEO Office will offer POSH



training for new hires on **Oct. 11** in the Baylor Conf. Room, Bldg. 102, 3rd Floor, at 8:30 a.m. To sign up for this training, register through [TEDs](#); key word: "push for new hires." POC for special accommodations is Mary Gale, (309) 782-5024

Hispanic American Heritage Month

Observance: First Army and the Army Sustainment

Command's

Equal

Opportunity

Office invites you

to our Hispanic

American

Heritage Month

Observance, **Sept.**

28, 11 a.m. – 1

p.m., Heritage

Hall, Bldg. 60. The guest speaker will be

Maj. Gen. (Ret.) Alfred Valenzuela,

executive director, Housing Authority of

Bexar County, Texas. To register go to

[TEDs](#) and use the keyword "Hispanic

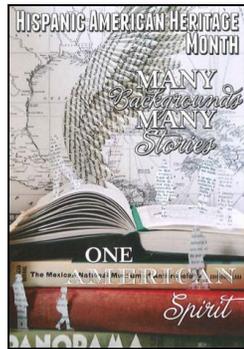
Heritage Observance". For any

additional information or

accommodations please contact Sgt.

First Class Evadne Benson at (309) 782-

9060. ([StandTo!](#))



Morale, Welfare & Recreation (MWR)



Morale, Welfare & Recreation

(MWR): Visit the MWR website at www.riamwr.com for information on all MWR programs. Also [click here](#) to become a fan on Facebook and stay up to date on all the great MWR offerings here at the Arsenal.

October Trivia Night in Heritage

Hall: Join us for our annual Halloween trivia spooktacular. Costume & table decorating contest. Open to everyone. \$10 per player. Teams up to 10 per team. Food & drink available. Heritage Hall, Bldg. 60, 6 p.m. start time.

Date: **Thursday, Oct. 20**

Time: **6 p.m.**

Now Accepting Vendor Applications for the 2011 Holiday Fair:

Do you have arts or crafts or some other sort of product that you'd like to sell at the annual Holiday Fair on **Nov. 16 & 17**? If so please [download the application form](#) and return it to the Leisure Travel Office in Bldg. 60. Call (309) 782-5890 for more info.

September Auto Skills Newsletter:

Download your copy of the monthly Auto Skills newsletter to stay up to date

on all the great things going on at the Shop. In this month's issue you'll find some helpful info on anti-lock braking systems and also how to get entered into weekly drawings during October for \$25 gift cards to CARQUEST Auto Parts. The newsletter is [available here](#) and you can send a blank email with the subject line "Swing Newsletter" [here](#) to have it delivered direct to your inbox every month.

August/September Swing (Golf)

Newsletter: Check out the latest edition of the Swing Newsletter for info on all the new and exciting things happening at the Arsenal Island Golf Course and Clubhouse. You can download the [newsletter here](#) and send a [blank email](#) to have it delivered direct to your inbox every month.

Fall Softball League: We are considering organizing a fall softball league and are attempting to assess interest and demand. If you have a team or would like to play but don't necessarily have a team please contact Kyle at the RIA Fitness Center at (309) 782-5124. This 6-8 week league would start the second week of September with games played on Wednesday nights. If there is sufficient interest we will publish more information soon.



New Menu Items and Lunch

Offerings at the Arsenal Island Golf

Clubhouse: Think you've tried everything on our lunch menu or just want to see something new? Come check us out to see all the new and exciting changes to our lunch menu. Some of the new additions include: Roast Beef & Turkey Panini's, a Chicken & Brie Quesadilla, a Chicken Cutlet Sandwich, a Veggie Pita, and a BLTT (Bacon, Lettuce, Tomato & Turkey) Wrap. Effective Aug. 17, we started a new, quick, all-you-can-eat lunch special option for only \$7.50. These Wed. - Fri. weekly themed/unique specials will be a great option for those who have a limited timeframe for lunch. Some of the themes will include International Day, Home-style Day, and Fish Day. Call (309) 793-1601 or visit www.arsenalislandgolf.com for more information. The new menu is [available here](#).



MWR Leisure Travel Office



Office Hours: Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890,

anna.winters@us.army.mil.
<http://riamwr.com/BusPgms/special.htm>

Disney & Universal Orlando Tickets

Unavailable: Due to end of year inventory audit requirements, during **Sept. 19 - Oct. 1** the Leisure Travel Office will be unable to reserve any Disney or Universal Orlando tickets. Please call (309) 782-5890 for more information.

Walt Disney & Universal Studios: The last day to place a ticket order for Walt Disney and Universal Orlando is Wednesday, **Sept. 14**. We will resume all ticket orders on Wednesday, **Sept. 28**. However fulfillment will be based on Audit completion (NLT **Oct. 1**). Any questions please call the Leisure Travel office at (309) 782-5890.

Downtown Chicago Shopping Bus

Trip: Shop on the famous Michigan Avenue. Find the perfect restaurant, see what's new on the shopping scene and stay informed on the incredible events that make The Magnificent Mile 'One of the Great Avenues of the World'. Contact your Leisure Travel Office at (309) 782-5890 for more information.
Date: **Saturday, Dec. 3**
Time: **6:30 a.m. – 8 p.m.**

Woodfield Mall Bus Trip: Woodfield has the finest collection of department stores and specialty shops in the Great Lakes region including Nordstrom, Macy's, Lord & Taylor, JcPenney, Sears and nearly 300 stores and restaurants. Call the Leisure Travel office at (309) 782-5890 for more information.
Date: **Saturday, Nov. 12**

Chicago Museum Bus Trip: The Museum of Science and Industry opened its doors in 1933 and is the largest science museum in the Western Hemisphere. The cost for this trip is \$39. Please call the Leisure Travel Office at (309) 782-5890 for more information.
Date: **Saturday, Oct. 22**
Time: **6:30 a.m. - 7 p.m.**

MWR Outdoor Recreation Canoe

Outing: Join Outdoor Recreation for a day of canoeing on the Maquoketa River from Canton, Iowa, to the Royertown Bridge. Cost is \$40 per canoe. Each canoe can hold up to three adults or two adults and two children. Sign up at the MWR LTO Office in Bldg. 60 or call (309) 782-8630 for more info.
Date: **Saturday, Oct. 1**
Time: **9 a.m. - 3 p.m.**



Adler Theatre: My Fair Lady: My Fair Lady is triumphant. With "Wouldn't It Be Lovely?," "With a Little Bit of Luck," "The Rain in Spain," "I Could Have Danced All Night," it's no wonder everyone – not just My Fair Lady is triumphant. Discounted seats are \$48.
Date: **Sunday, Oct. 30**
Time: **7 p.m.**

Please Join Us For the Starved Rock Bus Trip: This tour includes bus transportation to beautiful Starved Rock in Utica, Ill., a buffet lunch, historical trolley tour and a leisurely one-hour cruise on an authentic paddle wheel boat. You will also have personal time to explore the trails and visit the waterfalls. Please call the LTO at (309) 782-5890 to reserve your seat.
Date: **Saturday, Sept. 24**
Time: **8 a.m. - 6 p.m.**

Need a Vacation?: Do you need help planning your vacation - let the leisure travel staff help turn your vacation into a dream vacation. Stop by or call our office at (309) 782-5890. Let us do the work.

Walt Disney Military Salute: Active and retired U.S. military, including members of the U.S. Coast Guard and active members of the National Guard or

reservists, may purchase (six) 4-day Disney military promotion tickets with the park hopper option or water park for \$138. This offer has been extended until October 2012.

Disney LIVE! Phineas and Ferb: Phineas and Ferb are going on a live tour and coming to the iWireless Center. Phineas, Ferb, and the whole tri-state area gang embark on a bold escape from television to a live action adventure. Seats on sale until **Oct. 1**. Discounted seat price \$14.75 & \$19.75.
Date: **Friday, Oct. 21**
Time: **4 & 7 p.m.**

Child, Youth & School Services

SKIESUnlimited Martial Arts: SKIESUnlimited is offering Martial Arts for 6-18 years old. Fall classes will be held Tuesdays and Thursdays **Sept. 6 – Nov. 29**, 5-5:55 p.m. Please contact (309) 782-5969 for additional information.

More Childcare Spaces Available: Have you been looking for affordable, top quality child care for your child aged 2-5? Look no further! Due to an expansion of spaces at the Child

Development Center, we will have additional child care spaces available beginning in September for children ages 2-5 including spaces in the pre-K program. Call (309) 782-0791 for more info and to reserve your space.

Army Community Service (ACS)

ACS is located in Bldg. 110, 1st floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook [click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412



Arsenal Army Community Service: "Hours Change at RIA ACS" - To better serve you, RIA ACS has established Lending Locker and In and Out Processing hours. Lending Locker: Monday and Friday, 9 a.m. – 3 p.m. In and Out Processing: Tuesday, Wednesday and Thursday, 1-4 p.m. or by appointment.

Special Needs Inclusive Recreational Activities: The Quad City Sled Hockey Association is a co-ed, multi-age,



inclusive sport that welcomes all persons with and without a disability. It is a sport that allows play between siblings, neighborhood friends; you can even play with your parents, teachers, and coaches. The new season has just started with plenty of time to join the fun, friendship, and opportunity for individuals of all ages and abilities to experience the benefits of team sport activities. For more information, check out [Facebook](#) or contact the Exceptional Family Member Program Manager at (309) 782-4736 or Janice.n.saito.civ@mail.mil.

AER's Commander's Referral Amount Increased to \$1,500: Army Emergency Relief (AER) announced effective Aug. 1, the maximum amount a Soldier can receive through the Commander's Referral Program will increase from \$1,000 to \$1,500. The repayment period will be extended from 12 up to 15 months. For more information contact AER (309) 782-0815.

Employee Assistance Program

Employee Assistance Program: For free, confidential counseling assistance

or for information on services that are available, call (309) 782-4357. Normal business hours are 7 a.m. – 4:30 p.m. Monday through Friday. For additional information on the Employee Assistance Program, go to www.riamwr.com or [Facebook](#).

QC DollarWi\$e Conducts Financial Literacy Week Sept. 18-24: Local Financial Literacy organization QC DollarWi\$e is conducting its focus week **Sept. 18-24**. This year's theme is "Life in the New Normal." Visit www.qcdollarwise.org to learn more as part of the Army Community Covenant. For information contact to Jon Cook, (309) 782-0815 jon.c.cook.civ@mail.mil.

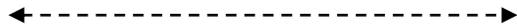
National Recovery Month: September is National Recovery Month (Recovery Month). Recovery Month honors the millions of people who have or are currently seeking treatment and recovery services for substance use and mental disorders for themselves or a loved one. For 22 years, Recovery Month has celebrated people in recovery and lauded the work of treatment providers. Recovery Month highlights that all individuals have the fundamental and inherent value to be accepted and treated with respect, dignity, and worth. In

addition, Recovery Month spreads the message that behavioral health is an essential part of health and one's overall wellness, and that prevention works, treatment is effective and recovery from substance use and mental disorders is possible. This year's Recovery Month theme, "Join the Voices for Recovery: Recovery Benefits Everyone." Substance use and mental disorders touch everyone one way or another—regardless of race, age, gender, workplace, geography, or socioeconomic level. While the conditions are widespread, treatment services are effective, and recovery is possible. In fact, millions of Americans are in recovery today. As with other chronic illnesses, individuals who seek treatment and recovery support services for substance use and mental disorders learn new life skills and go on to live healthy, empowered, and productive lives, giving back to their communities. If you have questions about substance use or mental disorders, or you are in recovery and would like to know of services available, please contact the Rock Island Arsenal Employee Assistance Program at (309) 782-4357. ([Army Center Substance Abuse Program on StandTo!](#))



Smoking Cessation Group: Fall is here ... what better time to quit smoking. The Employee Assistance Program offers an ongoing educational support group for people who would like to quit smoking. The group meets each Wednesday from 3-4 p.m. at the EAP office located in Bldg. 110, 1st floor, SE wing.

PTSD Support Groups: Are you or a loved one experiencing symptoms of Post-Traumatic Stress Disorder? The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.



Education/Training Review

Army Continuing Education Services: The Army Continuing Education Services office, located in Bldg. 56, 1st floor, has a new Education Service Officer, Alison Hemmert. The Education Center has new hours of operation. The office is open Monday through Friday 7 a.m. – 3 p.m. If you have any questions, please feel free to contact this office at (309) 782-2065.



Defense Commissary Agency / PX

☺
The [Rock Island Commissary](#) makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: www.commissaries.com

Can't Find an Item at the Commissary -- Attention All Commissary Shoppers:

Is there something you just can't find at the commissary? Just let a member of our management team know and we will see if we can bring it in for you. Your commissary - it's worth the trip.

Sales Flyers: Patrons can visit the [AAFES website](#) and sign up to receive free online sales flyers.



Arsenal Archive



Information for the *Arsenal Archive* is made available by the [Rock Island Arsenal Museum](#). The Museum is open Tuesday through Friday, 10 a.m. to 4 p.m. and Saturday and Sunday, Noon to 4 p.m. The museum is closed on Mondays and major holidays. Admission is free.

Arsenal Historical Society Meeting:

The Rock Island Arsenal Historical Society will meet Thursday, **Oct. 6**, at 6 p.m., in the Veranda Room of the Arsenal Island Golf Course clubhouse. Guest speaker will be Nancy Varner, local expert on Reed Organs. Call Linda (563) 355-6165 for reservations by Monday, **Oct. 3**. For further clarification call Kris Leinicke at (309) 782-3518.

This Week in Rock Island Arsenal History –Sept. 19-25:

In September 1958, the RIA achieved standardization of the Honest John trunk mounted launcher, M386. On Sept. 19, 1966, the transfer of the National Match program was concurred with Colonel H. A. Snyder, Commanding Officer of the Rock Island Arsenal. This included the pistol and rifle overhaul and rebuild, the Rifle and Pistol Maintenance Course, and other training programs for marksmanship training units. On Sept. 23, 1864, the 108th Infantry, United



States Colored Troops arrived at Rock Island to guard the confederate prisoners at the Rock Island Prison Barracks. In September 1906, the Old Settler's Association of Rock Island County sponsored the initial repair of the dilapidated Colonel George Davenport House.

Healthbeat

Bedbug Battle Leaves Dozens Sick, One Dead:

In 2010, 39 reportedly became sick and one person died because of the insecticides used to kill bedbugs, according to a report today from the Centers for Disease Control and Prevention (CDC). These occurred in seven of the 12 states that report pesticide-related illnesses to the CDC. The fatality involved a 65-year-old North Carolina woman who had a history of health problems, including kidney failure and heart attack. In attempting to treat the invasion, the woman's husband used a product not designed to kill bedbugs, and did not follow the label instructions in treating the home, the CDC said. Additionally, the woman had applied the pesticide directly to her hair and skin. ([More](#))

Health Clinic Announcement: Sick Call Hours 7-8 a.m. Lab Closed **Sept. 16.** No labs **Sept. 28** - being inspected. Clinic closed **Sept. 30** at 11:30 a.m. - Staff Meeting and Training.

Notes for Veterans

Retroactive Traumatic Injury Benefits No Longer Just For OEF/OIF Injuries:

The Department of Veterans Affairs (VA) is extending retroactive traumatic injury benefits to Servicemembers who suffered qualifying injuries during the period Oct. 7, 2001 to Nov. 30, 2005, regardless of the geographic location where the injuries occurred. "Now all of our nation's Servicemembers who suffered severe traumatic injuries while serving their country can receive the same traumatic injury benefits, regardless of where their injury occurred," said Secretary of Veterans Affairs Eric K. Shinseki. "We at VA appreciate the efforts of Congress and the President to improve benefits for our troops." ([More](#))

Computers Reading Doctors' Notes?:

With electronic health records, computers have proven their worth in tracking, sorting and displaying data. A

new study by researchers from the Department of Veterans Affairs (VA) showed computers that scan doctors' notes can reduce dangerous complications after surgery. "The excellent care VA provides to our Nation's Veterans relies, in part, on our electronic health records," said Dr. Robert Petzel, VA's under secretary for health. "This latest study shows how we can continue to improve the usefulness of our electronic medical records."

([More](#))

Car Pooling Announcements

Submit car pooling announcements via the [Island Announcements](#) page. Please use that page to contact ROCK-RIA-PA to take your announcement off once you have found a ride.

Car Pool:

- **Carpool:** Current carpool looking for additional driver/rider with reliable vehicle. Commuting from Galesburg/ surrounding areas along Interstate 74 to RIA. Contact (309) 782-5688 for details.



Around the Q.C.



- Sept. 23-25:** [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)
Sept. 24-25: [Quad Cities Kite & Family Fun Festival](#) (Centennial Park, Davenport)
Sept. 25: [Quad Cities Marathon & Festival](#) (John Deere Commons, Moline)
Sept. 25: [QC Marathon](#) (Downtown Moline)
Oct. 8-9: [Four Kingdoms Renaissance & Pirate Fest](#) (Camelot KOA Campgrounds, Rock Island)
Oct. 8: [Killer Bee](#) (St. Ambrose Campus, Davenport)
Oct. 9: [Mississippi Valley Welcome Center's Apple Festival](#) (LeClaire)
Oct. 15: [Earth Charter Summit](#) (Augustana College, Moline)
Oct. 23: [CBRC Pumpkin Dash](#) (Credit Island, Davenport)
Oct. 27: [Fright Night](#) (The District)
Oct. 29: [Witches Walk](#) (LeClaire, Iowa)
Nov. 12: [Hawk Hustle](#) (BlackHawk College, Moline)
Nov. 18-27: [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)
Nov. 19: [Festival of Trees Parade](#) (Downtown Davenport)
Nov. 19: [Lighting on the John Deere Commons](#) (Moline)
Nov. 19: [Holiday Pops Concert](#) (Downtown Moline)
Nov. 24: [25th Annual Scott County Y Turkey Trot](#) (Downtown YMCA, Davenport)
Sept. 7-16, 2012: [East West Riverfest](#)



Island Insight

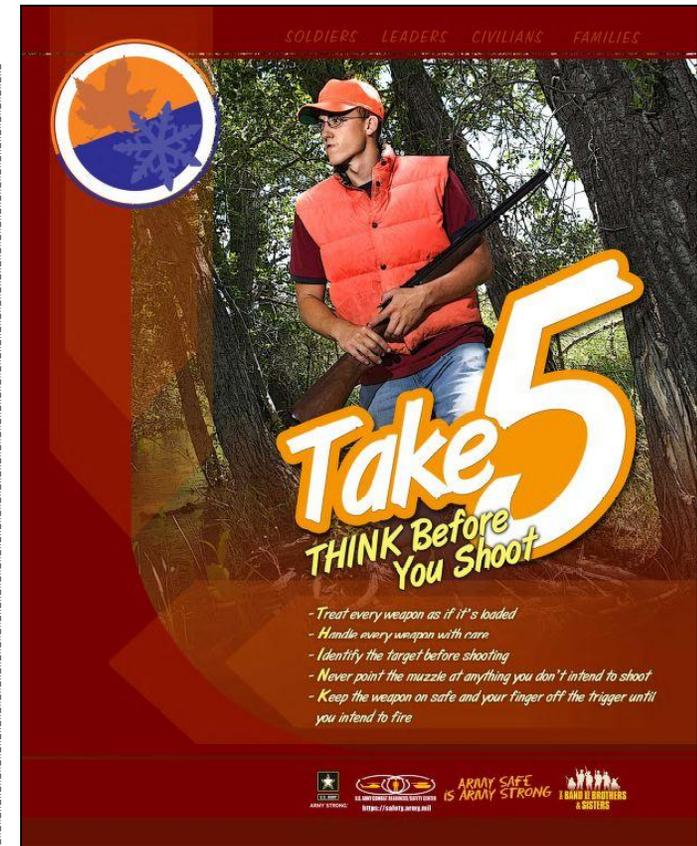


Joel Himsl, Garrison Manager; Eric Cramer, Public Affairs Officer; Mark Kane, Editor

The Army publication, *Island Insight*, is an unofficial publication authorized under [AR 360-1](#) to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processor software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal Garrison Public Affairs Office. Contents of *Island Insight* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of *Island Insight* is the responsibility of the Rock Island Arsenal Garrison Public Affairs Office. Submission of [announcements](#), articles, photos, letters, and graphic art of interest to the general readership is encouraged. All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMNE-RIA-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight](#); usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil; Phone:



(309) 782-1121. The *Island Insight* is available on-line.





Take 5

Safety Begins at Home

- Leave three feet of space around space heaters
- Check electrical outlets for frayed wires or loose-fitting plugs
- Inspect fireplace flues and chimneys for leaks and blockages
- Keep a multi-purpose fire extinguisher handy
- Lock up medicines and household chemicals
- Keep hallways clutter-free and clear of obstacles



ARMY SAFE
IS ARMY STRONG

