

Aug. 29, 2011



Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the island intranet under "Information" and on the installation website at www.ria.army.mil under "About USAG-RIA" and then "News" and "Local News."

Island Insight Submission: <http://www.ria.army.mil/sites/IslandAnn/announcement.cfm>

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TACOM Unit Stands Down: For nearly 50 years, workers on Arsenal Island have managed and maintained armament and chemical systems for the military. It's mostly anonymous work. As Arsenal workers over the years have said, the technicalities of the job are hard to explain to neighbors over an outdoor barbecue. On Tuesday, that work officially came to an end in the Quad-Cities. The TACOM Life Cycle Management Command-Rock Island

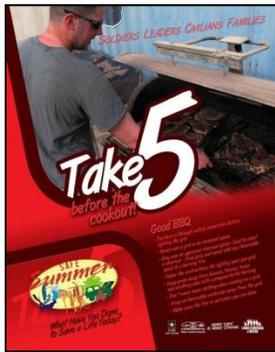
rolled up its flag, encased it for storage and moved out for Detroit Arsenal, bringing to a close the most significant development - at least in terms of people affected - of the 2005 base closing process. A few hundred employees and their families gathered at the i wireless Center in Moline for the closing ceremonies, where plaques and awards were handed out to retiring workers who posed for pictures with the commander of the unit and each other. "There are

literally thousands of warriors who don't know, (and won't) know your name, that owe their lives to you," Jerry Jackson, the unit's last site manager, told the group Tuesday. Armaments and chemical systems missions were established on the island in 1962, and over the years, the work



has fallen under the umbrella of various organizations, each with a different acronym. The latest was TACOM, which was established on the island in 1999. The acronym originally stood for the Tank-automotive and Armaments Command, although now it just goes by the letters. Six years ago, there were 1,100 TACOM workers on the Arsenal. Now, there are roughly 100. By Sept. 14, the last will leave. Over the years, TACOM workers - like those at two other white-collar agencies ordered off the island by the 2005 base realignment and closure - have had to choose whether to move to Michigan, take other jobs in the military, retire or, if they were lucky, take other jobs on the island. ([More](#))

2011 Labor Day Safety Message: We celebrate Labor Day across the country to recognize the achievements of American workers and the contributions they made to the strength, prosperity and well-being of our country. Our Soldiers and Civilians have good



reasons to be especially proud of the work they do every day. You deserve a day off and should take the time to enjoy this holiday weekend – but do it with appropriate planning and awareness for safety. Labor Day marks the unofficial end of summer. Highways and recreation areas will be busy as people take advantage of the remaining good weather. Boating, swimming, motorcycle riding, grilling, camping and hiking are some of the recreation activities that we will enjoy during this long weekend. Like anything else, each of these activities has its risks. Know the risks and what to do to avoid them. ([More](#))

Feds Feed Families Food Drive Donates More Than a Ton of Food for River Bend Food Bank: In support of the Army Community Covenant, Rock Island Arsenal and Commissary conducted a food drive Aug. 3-23, and jointly donated 2,776 pounds to the River Bend Food Bank of Moline, Ill. "[Feds Feed Families](#)" food drive is a Federal Government initiative from the Office of Personnel Management. OPM has conducted a food drive in the



Upcoming Dates

- Aug. 29:** 95th Marine Forces Reserve Birthday
- Aug. 29-Sept. 4:** Burning Man [📅](#)
- Sept. 1:** 72nd Anniversary of the Start of WWII
- Sept. 2:** 66th Anniversary of the Signing of the Japanese Instrument of Surrender
- Sept. 4-10:** National Suicide Prevention Week [📅](#)
- Sept. 5:** Labor Day (*Federal Holiday*)
- Sept. 8:** National Day of the Working Parent
- Sept. 8:** International Literacy Day
- Sept. 9-11:** National Days of Prayer and Remembrance
- Sept. 10:** World Suicide Prevention Day [📅](#)
- Sept. 10:** Federal Lands Cleanup Day [📅](#)
- Sept. 10:** Aunt's Day
- Sept. 10:** Sequential Day (9/10/11) [📅](#)
- Sept. 11:** 10th Anniversary of 9/11 [📅📅📅📅](#)
- Sept. 11:** National Grandparents Day [📅](#)
- Sept. 11:** National Pet Memorial Day
- Sept. 11-17:** National Assisted Living Week [📅](#)
- Sept. 11-17:** National Employer Support of the Guard and Reserve Week [📅](#)
- Sept. 12:** National Video Games Day
- Sept. 12-16:** National No Bully Week
- Sept. 14:** 197th Anniversary of the National Anthem [📅](#)
- Sept. 16:** POW/MIA Recognition Day [📅](#)
- Sept. 16:** Mexico's Independence Day [📅](#)
- Sept. 16:** National Step-Family Day
- Sept. 17:** Constitution Day [📅](#)
- Sept. 18:** 64th U.S. Air Force, Air National Guard Birthday
- Sept. 18:** World Water Monitoring Day [📅](#)
- Sept. 18-24:** Child Passenger Safety Week [📅](#)
- Sept. 18-24:** National Adult Immunization Awareness Week
- Sept. 18-24:** National Unmarried and Single Americans Week
- Sept. 24:** National Seat Check Saturday [📅](#)
- Sept. 24:** National Public Lands Day [📅](#)



National Capitol Region for the last three years. This is the first year that the Department of Defense is participating and is doing so globally. Jon Cook, Army Community Service, said, "the Arsenal was pleased to sponsor the local food drive for the installation." Military service members, Family members, civilian employees, contractors and retirees all gave donations during the three-week period. One tenant organization on the Island conducted its own fundraising contest and donated \$303 to the food bank. The Association of the United States Army also supported Feds Feed Families by donating \$200 worth of can goods to the food drive. It is anticipated that this will become an annual event.

Women Honored at First Army's Women's Equality Day Observance:

"We've come a long way baby!" said Shirlene Appleby, Director of Rock Island

Arsenal's Equal Employment Opportunity Office and guest speaker at First Army's

Women's Equality Day observance held here Aug. 25. The genesis behind Women's Equality Day began in 1971



when legislation was introduced in Congress by Rep. Bella Abzug (D-NY) honoring women across the United States. Since 1971, every President has published a proclamation designating Aug. 26 as Women's Equality Day. ([More](#))

Army Sustainment Command Adding Personal Property Shipping to Its Portfolio:

Army Sustainment Command has an important role in what Department of Defense officials and the U.S.

Transportation Command describe as a measure to improve moving household goods for military personnel and civilian employees supporting the military. As part of its ongoing transformation of installation Directorates of Logistics operations from Installation Management Command, ASC and its Army Field Support Brigades are becoming directly involved in transportation activities. "One aspect of DOL activities coming under our control is transportation of personal property," said Diane Wadsworth, a member of ASC's DOL Transformation Team. ([More](#))



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Rock Island Arsenal via First Army
Congressional Staff Delegation Visits First Army Headquarters
www.army.mil
First Army Commander, Lt. Gen. Mick Bednarek, brief congressional staffers and community leaders on First Army's mission to mobilize, train, deploy and demobilize Res Component Units.
20 hours ago · Like · Comment
Shadrack Roberts likes this.

Rock Island Arsenal
Eagles are abundant around the Rock Island Arsenal in the winter, and once in a while you see them fly in and out of the woods here on Arsenal Island, the summer. However, to date, none have been photographically captured at Rock Island National Cemetery like this one was at Fort Snelling National Cemetery. Great photo and article behind the inspiring image.

791 people like this

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Per Diem Rates to Increase Oct. 1 For Travel to Many Large Cities:

Federal travelers will have more money for hotel bookings in many cities, under per diem rates set for fiscal 2012, which begins Oct. 1.

Chicago will see one of the biggest increases. In

October and November 2011 and in September 2012, hotel per diem rates will increase by \$17 to \$190, a 10 percent increase. Hotel per diems in the Washington area, generally the most frequent destination for federal travelers, will increase \$15, or 7 percent, to \$226 in October 2011 and September 2012. From April to June 2012, the nightly per diem will increase \$13, or 6 percent, to \$224. ([More](#))



Performance.Gov Finally Debuts to Public:

Performance.gov - created last year to report agencies' progress in meeting high-priority goals - finally is accessible to citizens.

Previously open only to federal employees, the site can now both help



agencies learn from each other and help taxpayers hold the Obama administration accountable, White House officials said Thursday. "Being transparent helps to identify what's working and what's not working," Federal Chief Performance Officer Jeffrey Zients said in an interview not long after performance.gov went live to the public. ([More](#))

FECA Fund Could Run Out Of Cash:

The Labor Department said it will run out cash to compensate federal employees for work-related injuries if the U.S. Postal Service defaults on its payment to the account that disburses those funds, reports Reuters.

In an Aug. 1 letter to Congress, the Labor Department said that if USPS fails to make its \$1.2 billion payment on time in October, the department would not be able to pay federal workers covered by the Federal Employees' Compensation Act for the last four months of fiscal 2012, according to Reuters. ([More](#))



Feds Already Sacrificed to Shrink Deficit, Union:

A federal employee

labor union said Aug. 26 the congressional "supercommittee" that is scouring the government for spending cuts should look first to the contractors and the outsourced work that the government relies on before going after federal employees. The Joint Select Committee on Deficit Reduction, also known as the supercommittee, could find savings by cutting back on functions that agencies perform or otherwise let federal employees do the work contractors are doing, Beth Moten, the legislative and political director of the American Federation for Government Employees, wrote in a letter to Sen. Patty Murray (D-Wash.), the supercommittee's co-chairwoman. ([More](#))

DoD Works to Boost Smartphone Security:

As the Defense Department seeks innovation made possible by smartphones and other mobile computing platforms, it's also working to ensure DoD users of those devices employ them securely, a defense official said.

"Because of the pervasiveness of the [mobile computing] market, everyone has one, everyone wants one, but we often don't look at how the device works -- we take it home



and start loading pictures on it,” Robert E. Young, division chief of outreach and communications for the Defense-wide Information Assurance Program, said during a recent interview with the Pentagon Channel and American Forces Press Service. “We do want this innovation in the Department of Defense so we don’t want to say no,” he added, “but we want to do it safely and securely.” ([More](#))

Power Outage for Buildings 210, 211 & 212: There will be a power outage for buildings 210, 211 & 212 on Monday, **Sept. 5**, to facilitate the installation of new electric meters. All factory operations will be down for the Labor Day weekend. The outage will begin at 7 a.m., with duration of approximately six hours.



Patriot Day Prayer Luncheon: The First Army Patriot Day Prayer Luncheon is at the Arsenal Club. Tickets available until **Sept. 1**, at the First Army Chaplain Office, Bldg. 68, Suite 1044 or the Retail Store in Bldg. 60. Ticket cost: \$11.50. Guest speaker is CH (COL) Terry Meek, First Army Command Chaplain. Music provided by Crimson River.

Date: **Friday, Sept. 9**
Time: **11:15 a.m.-12:30 p.m.**

ARC Now an AbilityOne Contractor:

The Rock Island Arsenal's Garrison Manager, Joel Himsl, has signed the Supply Store designation letter. All Arsenal Island tenant commands are advised that the ARC is now an AbilityOne contractor and they are the designated source of supply for all base personnel. POC: Nancy Schnoor, Contract Specialist, CCRC-IG, (309) 782-8073.



ASC's 2011 "Real Time Resiliency"

Golf Scramble: The event will take place at the Arsenal Island Golf Course, Thurs., **Sept. 15**, 10 a.m., the format will be a four-person scramble (shotgun start). The entry fee is \$50/player, which includes green fees & cart, as well as beverage tickets for use at on-course drink stations. There will be an award ceremony for 1st, 2nd, & 3rd place teams. Prizes for "real time resiliency" golf skill challenges: Longest Drive: men & women (Hole #10, Par 5); closest to the pin (Hole #17, Par 3); and longest putt (Hole #15, Par 5). A



breakfast buffet will be available at 9 a.m. for \$11. For payment contact: [Sgt. Maj. Nicholas Castillo](#), (309) 782-5934 (w), (309) 752-3105 (BB); NLT Fri., **Sept. 9** (Limited to first 124 paid slots).

VISTA International Group Ribbon Cutting Ceremony: You are cordially

invited to Vista International Operations' open house and ribbon cutting ceremony on Tuesday, **Sept. 6**, 2-5 p.m., in Bldg. 131, 1479 Gillespie St., on the 3rd floor. Please come be a part of this grand celebration as we open our new facility. Learn first-hand how our innovative small business supports both the local economy and America's Defense globally. Come share in our rich dedication to this community and allow us to say "thank you" for all the outpouring of support. POC: Teresa Johnston, (563) 823-6657, teresa.johnston@viops.com.



Annual Red Cross Golf Outing at TPC Deere Run: Mark your calendars

now for this premier golf fundraiser in the Quad Cities. For information & registration, go to www.qcredcross.org or contact Kasey at (309) 277-4027 (kellykas@usa.redcross.org)



Date: **Monday, Sept. 19**

Time: **1 p.m.**

Trivia Night at Heritage Hall: Trivia returns to Heritage Hall, Bldg. 60 on Thursday, **Sept. 15**, at 6 p.m. \$10 a player, teams up to 10 per team. Food & drink available. Prizes for 1st, 2nd & 3rd place teams. Open to everyone. Call (309) 782-6319 for details.

Blood Drive: The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, Sept. 9, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119.



The Truth About Donating Blood! Excuse: Plenty of people donate, they don't need my blood. Truth: The fact is that plenty of people don't donate. Every two seconds, someone in the U.S. needs blood. Unfortunately, of the 38 percent of the U.S. population that is

eligible to donate blood, less than 10 percent do annually.

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here.](#)

2011 Cards for the Troops: Please join the [Rock Island Arsenal Welcome Club](#) at the Arsenal Island Golf Course clubhouse for a fun evening of stamping cards for our deployed troops. Must RSVP to: mssipple1@gmail.com. No stamping experience necessary. Please bring one roll of Scotch double-sided tape; all other materials supplied. Optional dinner at 5 p.m. RSVP: (309) 782-4372.

Date: Tuesday, **Sept. 27**

Time: **6:30-9 p.m.**

Family Readiness Group Benefit: The Curtainbox Theatre Co. is doing a benefit performance of their current production "Time Stands Still" on Sunday, **Sept. 18**, to raise money for the Family Readiness Group. This organization raises money and volunteer support for veterans, currently deployed and active Soldiers and their families stationed here in our community through

the Rock Island Arsenal. The event will take place Sunday, **Sept. 18**, at the Village Theatre in the Village of East Davenport, 2113 E. 11th St. Pre-show reception at 2 p.m., and "Time Stands Still" begins at 3 p.m. Post Show Q & A with cast, crew and panel from Family Readiness Group immediately following the show. Half of the ticket price goes to the Family Readiness Group stationed at the Rock Island Arsenal. Come support local theatre and a wonderful cause at the same time.

Arsenal Attic Thrift Shop &

Boutique: The thrift shop invites you check out the tiny little store with big hearted Arsenal Volunteers. Fall fashions, accessories, decorations, and Halloween costumes coming out the week of **Sept. 6**. Open Tuesday, Thursday and every 3rd Saturday of the month 9 a.m. – 3 p.m. Thanks to all for your support. POC: (309) 782-6977

VFW Show & Shine Car Show: Cars, bikes, trucks, ratrods, and imports, are all invited to the VFW's Show & Shine Car Show on Sunday, **Sept. 18** at VFW Post 1303, 3715 9th St., Rock Island. Registration begins at 8



a.m. and awards will be given out at 2:30 p.m. Vehicles finishing in the top 30 will earn awards. Door prizes will also be given out and an all-you-can-eat American breakfast will be included in the morning. Entry fee is \$10 in advance; \$15 day of show. POC: (309) 786-6798.

RIA Mixed Looking for Bowlers: RIA Mixed Bowling League is looking for 3-person teams or individuals to join in the fun. This is a 20-week, handicapped league at Miller Time on Thursday nights. Bowling starts on **Sept. 15**. For more details, contact Jared Shuppy at (309) 269-1132.
Time: **5-7 p.m.**

Benefit for Chloe Jo Drehman: A benefit will be held for Chloe Jo Drehman, granddaughter of a Rock Island Integrated Services employee here on Rock Island Arsenal, that will take place on Saturday, **Oct. 1**, at 4 p.m., at the Milan American Legion, located at 515 W. 1st Ave. Chloe is four-years-old and has a rare chromosome disorder. As a result, she has many medical conditions. She cannot walk or talk and requires a



feeding tube. Please join us to support Chloe. For more information contact (309) 756-8410 or (309) 428-4904, or [email](#).

Trivia Night: The Rock Island American Legion Post 200 will be holding a trivia night on Saturday, **Oct. 8**, at the Rock Island VFW Post 1303, 3715 9th St., Rock Island. Cash prizes awarded for 1st, 2nd, and 3rd place. 50/50 raffles, & prizes, \$10/person, maximum eight players per table, mulligans available for purchase. Bring your own food & snacks; please, no outside beverages allowed. Please call Myral Schmit, (309) 788-5157 for information and to reserve a table. Doors open at 5:30 p.m., competition to begin promptly at 6:30 p.m. Hosted by Mr. Trivia.



Bowlers Wanted for Men's League: The SNAFU men's bowling league is looking for individual bowlers or teams. This is a handicap league at Miller Time Bowl in Davenport on Wednesdays starting on **Sept. 14** at 6 p.m. Contact David House (309) 737-8642 for more information.

Arsenal Traffic/Construction

Removal of Bldg. 86 & Associated Temporary Parking Changes: Beginning Tuesday, **Sept. 6**, the USA Garrison Public Works Directorate will remove Bldg. 86 (former Bachelors Officers' Quarters) located on the north end of East Avenue. A new parking lot will be installed. This work is scheduled to be completed Wednesday, **Dec. 1**. All parking located on East Avenue, north of Rodman Avenue, Lots OP and OR, will not be available during deconstruction and reconstruction of this project. Please forgive this temporary inconvenience. Once completed, this project will provide additional parking on the northeast side of the Island. Open parking is available in Lots OJ, OK and OL located behind Bldg. 60 and Lot OI behind Memorial Field. Any delays or early completion updates will be announced on an as-needed basis. POC: Marilyn Miller, (309) 782-2715.

Building/Space Closures

Freight Elevator Closure: The Number 1 freight elevator in Bldg. 220 will be taken out of service beginning at 7 a.m.,



Sept. 12 through 3:30 p.m., **Sept. 13.**
The closure is required to shorten ropes and replace operating mechanisms on the fourth floor doors.

Active Duty/Reserve Zone



Army's Funded Legal Education

Program: The Office of The Judge Advocate General (OTJAG) is now accepting applications for the Army's Funded Legal Education Program (FLEP).



Under this program, the Army projects sending up to 25 active duty commissioned officers to law school at government expense. Selected officers will attend law school beginning the Fall of 2012 and will remain on active duty while attending law school. [\(More\)](#)

TRICARE Beneficiaries Save on Prescription Delivery, Vaccines:

Beneficiaries of the TRICARE military health plan can obtain 90 days of home-delivered medication with no copayment and can get free vaccinations at participating pharmacies without seeing

a doctor. These measures can make life a bit simpler for beneficiaries of the military health plan, Navy Rear Adm. (Dr.) Christine Hunter, TRICARE Management Activity's deputy director, said in an Aug. 26 interview. "We're trying to encourage people to use TRICARE's home delivery for a 90-day supply of generic medication, because by Oct. 1, there will be no copay," she said. [\(More\)](#)

Safety Spotlight



Labor Day 2011: Generation after generation, the spirit and determination of American workers have helped define our unique national character and secure our standing in the global marketplace. Your service in defense of freedom ensures our nation's workforce will continue to prosper now and into the future. Thank you all for what you do every day. This Labor Day weekend, many of you will be embarking on one last summer vacation or eagerly welcoming fall with football parties and other seasonal rites of passage. Whatever your plans, please keep safety in mind and look out for one another. September is historically one of our most devastating months for privately owned vehicle and motorcycle fatalities,

and with only a few more weeks of ideal weather, temptation will be high to enjoy as many off-duty activities as possible. But lack of time is never an excuse for indiscipline — know your limitations, make a plan and play it safe in everything you do. You owe it to yourself, your Family and your buddies. The seasons are changing, but remember to think safety always. Thank you again for your service to this great nation, and enjoy your well-deserved break. Army Safe is Army Strong! [\(More\)](#)

Equal Opportunity Focus



DoD Assesses Diversity for Federal Coordination:

The Defense Department is assessing its diversity programs as part of a presidential order to coordinate efforts across the federal government, Pentagon officials said. Clifford L. Stanley, undersecretary of defense for personnel and readiness, released a statement that said the Pentagon's Office of Diversity Management and Equal Opportunity is working closely with the services to develop a strategic plan for diversity across the total force. Stanley's announcement follows an Aug. 18 executive order by President Barack Obama calling for a coordinated, governmentwide initiative to promote



diversity and inclusion in the federal workplace. As the nation's largest employer, the federal government has a "special obligation to lead by example," Obama said. ([More](#))

Prevention of Sexual Harassment Training (POSH) for New Hires: The Garrison EEO Office will offer POSH training for new hires on **Oct. 11** in the Baylor Conf. Room, Bldg. 102, 3rd Floor, at 8:30 a.m. To sign up for this training, register through [TEDs](#); key word: "posh for new hires." POC for special accommodations is Mary Gale, (309) 782-5024



Morale, Welfare & Recreation (MWR)



Morale, Welfare & Recreation (MWR): Visit the MWR website at www.riamwr.com for information on all MWR programs. Also [click here](#) to become a fan on Facebook and stay up to date on all the great MWR offerings here at the Arsenal.

MWR Closures for Labor Day: In observance of Labor Day the following MWR facilities will be closed: Outdoor Recreation Office, Leisure Travel Office, Auto Skills Shop, Fitness Center,

and all Child, Youth and School Services. The Arsenal Island Golf Course will have extended hours and will be open from 6:30 a.m. to 6 p.m. Date: **Monday, Sept. 5**

Government Vacation Rewards Now Accepts Military Star® Card For Online Airline Purchases: Government Vacation Rewards, a travel benefits program available through the Army's Family and Morale, Welfare and Recreation program, announced that the Military Star® Card will now be accepted when service men and women purchase airline tickets online. Government Vacation Rewards is the only online travel retailer to accept the Military Star® Card for all travel-related products and services. "This is going to be a tremendous benefit to military personnel. Airline tickets can be expensive, especially when traveling with the whole family, and being able to pay using their Military Star Card is a great benefit," said Col. R. John Cully, Vice President of Government & Military Sales for Government Vacation Rewards. ([More](#))

Sunday Brunch at the Arsenal Island Golf Clubhouse Canceled: Due to a lack of reservations and the holiday weekend, the scheduled Sunday Brunch

at the Golf Course originally scheduled for Sunday, **Sept. 4**, has been cancelled. Please call (309) 793-1601 for more information.

Flag Football League: Get your team together and get signed up for this fall's adult flag football league. Cost for a six person team is \$180. You must be signed up by the captains meeting at 5 p.m. on **Sept. 14**. Sign up at the Fitness Center or call (309) 782-5124 for more information or email Kyle at kyle.j.lasek.naf@mail.mil

Free Fitness Center Classes: Come check out our great line-up of fall classes, and do it for free. **Sept. 6-8** all classes (except yoga) will be offered free of charge. So if you've been thinking about seeing what the classes are all about there has never been a better time. Call the Fitness Center at (309) 782-5124 for more info. ([Flyer](#))

August/September Swing (golf) Newsletter: Check out the latest edition of the Swing Newsletter for info on all the new and exciting things happening at the Arsenal Island Golf Course and Clubhouse. You can download the [newsletter here](#) and send a [blank email](#) to have it delivered direct to your inbox every month.



Fall Softball League: We are considering organizing a fall softball league and are attempting to assess interest and demand. If you have a team or would like to play but don't necessarily have a team please contact Kyle at the RIA Fitness Center at (309) 782-5124. This 6-8 week league would start the second week of September with games played on Wednesday nights. If there is sufficient interest we will publish more information soon.

New Menu Items and Lunch Offerings at the Arsenal Island Golf Clubhouse:

Think you've tried everything on our lunch menu or just want to see something new? Come check us out to see all the new and exciting changes to our lunch menu. Some of the new additions include: Roast Beef & Turkey Panini's, a Chicken & Brie Quesadilla, a Chicken Cutlet Sandwich, a Veggie Pita, and a BLTT (Bacon, Lettuce, Tomato & Turkey) Wrap. Effective Aug. 17, we started a new, quick, all-you-can-eat lunch special option for only \$7.50. These Wed. - Fri. weekly themed/unique specials will be a great option for those who have a limited timeframe for lunch. Some of the themes will include International Day, Home-style Day, and

Fish Day. Call (309) 793-1601 or visit www.arsenalislandgolf.com for more information. The new menu is [available here](#).

Employee Appreciation Day Survey:

If you attended the Employee Appreciation Day event, thank you for braving the heat and joining us for a fun day. If you attended please consider taking a few minutes to take the quick online survey found here <https://www.surveymonkey.com/s/ZNF TL9M> and let us know how you felt about it. We use your input to continually adapt this great annual event to truly make this your event. As our way of saying thanks, if you take the survey and give us your email address we'll enter you into a drawing for a free standard oil change from the Auto Skill Shop and a drawing for a pair of free movie tickets from the Leisure Travel Office.



MWR Leisure Travel Office



Office Hours: Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890, anna.winters@us.army.mil. <http://riamwr.com/BusPgms/special.htm>

Leisure Travel Closure: The Leisure Travel office will be closed on **Sept. 5** in observance of the Labor Day holiday.

MWR Yard Sale: Reserve your space today for the annual MWR Yard Sale. \$5 gets you a 10x10 space with one table.

Date: **Saturday, Sept. 17**
Time: **9 a.m. – 2 p.m.**

Bunco Bunco is Back: Join us for a night of fun with your friends and family. \$5 entree fee. Snacks and door prizes provided. Don't know how to play? We have plenty of people who will teach you a great way to meet new people. Call (309) 782-5890 for more information.

Date: **Thursday, Sept. 15**
Time: **6 p.m.**

Quad City Symphony Orchestra

Tickets: The Quad City Symphony Orchestra presents the Riverfront Pops: A Tribute to the Beatles. The park opens at 3 p.m. and the show starts at 6:30 p.m. Discount tickets for this great show are \$17 and can be purchased at the Leisure Travel Office in Bldg. 60 or call (309) 782-5890 for more info.
Date: **Saturday, Sept. 10, 6:30 p.m.**



Downtown Chicago Shopping Bus

Trip: Shop on the famous Michigan Avenue. Find the perfect restaurant, see what's new on the shopping scene and stay informed on the incredible events that make The Magnificent Mile 'One of the Great Avenues of the World'. Contact your Leisure Travel Office at (309) 782-5890 for more information.
Date: **Saturday, Dec. 3**
Time: **6:30 a.m. – 8 p.m.**

Woodfield Mall Bus Trip: Woodfield has the finest collection of department stores and specialty shops in the Great Lakes region including Nordstrom, Macy's, Lord & Taylor, JcPenney, Sears and nearly 300 stores and restaurants. Call the Leisure Travel office at (309) 782-5890 for more information.
Date: **Saturday, Nov. 12**

Chicago Museum Bus Trip: The Museum of Science and Industry opened its doors in 1933 and is the largest science museum in the Western Hemisphere. The cost for this trip is \$39. Please call the Leisure Travel Office at (309) 782-5890 for more information.
Date: **Saturday, Oct. 22**
Time: **6:30 a.m. - 7 p.m.**

MWR Outdoor Recreation Canoe

Outing: Join Outdoor Recreation for a day of canoeing on the Maquoketa River from Canton, Iowa, to the Royertown Bridge. Cost is \$40 per canoe. Each canoe can hold up to three adults or two adults and two children. Sign up at the MWR LTO Office in Bldg. 60 or call (309) 782-8630 for more info.
Date: **Saturday, Oct. 1**
Time: **9 a.m. - 3 p.m.**

Adler Theatre: My Fair Lady: My Fair Lady is triumphant. With "Wouldn't It Be Lovely?," "With a Little Bit of Luck," "The Rain in Spain," "I Could Have Danced All Night," it's no wonder everyone – not just My Fair Lady is triumphant. Discounted seats are \$48.
Date: **Sunday, Oct. 30**
Time: **7 p.m.**

Circa 21 Presents: Nana's Naughty Knickers: Bridget and her Grandmother are about to become roommates. However, what Bridget saw as a unique opportunity to stay with her favorite Nana in New York for the summer, quickly turns into an experience she will never forget. Grandma is running an illegal boutique from her apartment, selling handmade naughty knickers. Seats are \$43.50.
Date: **Saturday, Sept. 17**

Time: **5:45 p.m.**

Please Join Us For the Starved Rock Bus Trip:

This tour includes bus transportation to beautiful Starved Rock in Utica, Ill., a buffet lunch, historical trolley tour and a leisurely one-hour cruise on an authentic paddle wheel boat. You will also have personal time to explore the trails and visit the waterfalls. Please call the LTO at (309) 782-5890 to reserve your seat.
Date: **Saturday, Sept. 24**
Time: **8 a.m. - 6 p.m.**

Need a Vacation?: Do you need help planning your vacation - let the leisure travel staff help turn your vacation into a dream vacation. Stop by or call our office at (309) 782-5890. Let us do the work.

Walt Disney Military Salute: Active and retired U.S. military, including members of the U.S. Coast Guard and active members of the National Guard or reservists, may purchase (six) 4-day Disney military promotion tickets with the park hopper option or water park for \$138. This offer has been extended until October 2012.

Disney LIVE! Phineas and Ferb: Phineas and Ferb are going on a live



tour and coming to the iWireless Center. Phineas, Ferb, and the whole tri-state area gang embark on a bold escape from television to a live action adventure. Seats on sale until **Oct. 1**. Discounted seat price \$14.75 & \$19.75.
Date: **Friday, Oct. 21**
Time: **4 & 7 p.m.**

Mt. Olympus Water & Theme Park: Lose yourself in an ancient world as you brave four thrilling lands. Thirty-seven steep and slippery slides. Six hair-raising roller coasters and eight curve-hugging go-kart tracks. Wrist bands available for the 2011 season (**May 28 – Sept. 5**) Discounted price is \$25. A savings of \$14.99. ([website](#))

Danube Group Cruise: From the splendor of Prague to the Gypsy violins of Budapest, you'll treasure every moment of this memorable Danube River cruise. Enjoy guided sightseeing. Experience the music, art, culture and historical sites. More than \$1,000 savings per person when booked through Leisure Travel Office. Contact LTO to schedule an appointment for this cruise offer. ([Flyer](#))
Date: **Friday, Oct. 21**

QC River Bandits: Discounted box seat tickets available for all home games. All

tickets are \$8. Enjoy Thirsty Thursdays and Firework Fridays.

Six Flags Great America: Visit this amazing theme park with awesome rides, great shows, and incredible attractions, plus Hurricane Harbor. Discounted admission tickets available for the 2011 season. Tickets are \$36 for Adult/Child.



Child, Youth & School Services

SKIESUnlimited Martial Arts: SKIESUnlimited is offering Martial Arts for 6-18 years old. Fall classes will be held Tuesdays and Thursdays **Sept. 6 – Nov. 29**, 5-5:55 p.m. Please contact (309) 782-5969 for additional information.

Babysitter Training: SKIESUnlimited is offering FREE Babysitter Training on Saturday, **Sept. 17**, 9 a.m. – 2 p.m., for 12-18 years old. CPR will be offered on Saturday, Oct. 15, 9 a.m. – 12 p.m. Register [online here](#) or call (309) 782-0791.

Review of Select Army Family and Child, Youth and School Programs and Services: The Commanding

General of IMCOM, [Lt. Gen. Rick Lynch](#), requests your help to evaluate Army Family and Child, Youth and School Programs and Services. The Army Family Covenant represents the Army's commitment to provide standardized programs and services to Soldiers and Families. The promise of the AFC will be sustained through continuous review and measurement of programs and services. As we continue to seek ways to improve programs and address gaps and redundancies in existing Soldier Family programs and services, it is important to evaluate Family and CYS programs and services to determine those most and least valuable to Army Families. Please take a moment to evaluate programs/services today. It is easy - just click on the web-links above and complete as specified. Your responses are important to us. We appreciate your time and thank you for your service to our great country. ([Rank your 10 most valuable programs](#)) ([Rank your 10 least valuable](#))

More Childcare Spaces Available: Have you been looking for affordable, top quality child care for your child aged 2-5? Look no further! Due to an expansion of spaces at the Child Development Center, we will have additional child care spaces available



beginning in September for children ages 2-5 including spaces in the pre-K program. Call (309) 782-0791 for more info and to reserve your space.

Army Community Service (ACS)

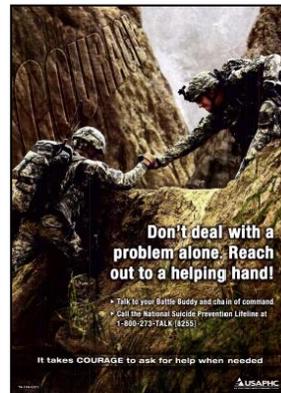
ACS is located in Bldg. 110, 1st floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook [click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412



AER's Commander's Referral Amount Increased to \$1,500: Army Emergency Relief (AER) announced effective Aug. 1, the maximum amount a Soldier can receive through the Commander's Referral Program will increase from \$1,000 to \$1,500. The repayment period will be extended from 12 up to 15 months. For more information contact AER (309) 782-0815.

Employee Assistance Program

Suicide Prevention Campaign 2011: National Suicide Prevention Week is the week of **Sept. 4**, a time when organizations including the Rock Island Arsenal work to increase awareness about suicide and reduce the stigma surrounding suicide. The Army is committed to the health, safety, and well-being of its Soldiers, DA Civilians, and their Family members. To emphasize this commitment, the Army is joining the nation in observing September as National Suicide Prevention Month. Suicide is a major public health concern. According to recent research, more than 32,000 persons die by suicide each year in the United States, or about 80 suicides per day. In the 18- to 65-year age group, suicide is the fourth leading cause of death in the United States. In addition to completed suicides, another 1,500



unsuccessful suicide attempts occur each day. ([More](#))

Employee Assistance Program: For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are 7 a.m. – 4:30 p.m. Monday through Friday. For additional information on the Employee Assistance Program, go to www.riamwr.com or [Facebook](#).

Smoking Cessation Group: Need help to quit smoking? Good news. The Employee Assistance Program offers an ongoing educational support group for people who would like to be smoke-free. The group meets each Wednesday from 3-4 p.m. at the EAP office located in Bldg. 110, 1st floor, SE wing.

PTSD Support Groups: Help is available if you or a loved one is experiencing symptoms of Post-Traumatic Stress Disorder. The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

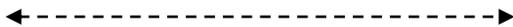


Education/Training Review



Army Continuing Education Services:

The Army Continuing Education Services office, located in Bldg. 56, 1st floor, has a new Education Service Officer, Alison Hemmert. The Education Center has new hours of operation. The office is open Monday through Friday 7 a.m. – 3 p.m. If you have any questions, please feel free to contact this office at (309) 782-2065.



Defense Commissary Agency / PX



The [Rock Island Commissary](#) makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: www.commissaries.com

September Case Lot Sale: Our next case lot sale will be **Sept. 16-17**. We look forward to seeing you here for the

great savings. Customers who want to experience savings well beyond their usual commissary shopping and customize their own cases in the process cannot afford to miss the Defense Commissary Agency's worldwide case lot sale in September, said the agency's director and CEO. "We always have great oversized deals at these sales events - often at savings of 50 percent or more," Joseph Jeu said. "What's more, this will mark the second worldwide event where we've offered customers a unique opportunity to create their own cases by mixing and matching products." Charlie Dowlen, DeCA's promotions manager, said, "Case lot sales offer our customers hundreds upon hundreds of items, many in club pack packaging that resembles the multiple bulk-sized products they'd see in off-post warehouse club stores. You'd think the county fair was in town, with all the people looking for great deals beyond the everyday savings they see in their commissaries." ([More](#))

Can't Find an Item at the Commissary -- Attention All Commissary Shoppers:

Is there something you just can't find at the commissary? Just let a member of our management team know and we will see

if we can bring it in for you. Your commissary - it's worth the trip.

Sales Flyers: Patrons can visit the [AAFES website](#) and sign up to receive free online sales flyers.



Arsenal Archive



Information for the *Arsenal Archive* is made available by the [Rock Island Arsenal Museum](#). The Museum is open Tuesday through Friday, 10 a.m. to 4 p.m. and Saturday and Sunday, Noon to 4 p.m. The museum is closed on Mondays and major holidays. Admission is free.

Rock Island Arsenal Historical

Society Meeting: The Rock Island Arsenal Historical Society meeting will have its first meeting of the year, at 5:30 p.m., Thursday, **Sept. 1**, at the pavilion on the river, near the Col. Davenport House on Arsenal Island. Tour of the Corps of Engineers' Clock Tower will be 6:30 p.m. For reservations call (563) 355-2823
Time: **5:30-8 p.m.**

This Week in Rock Island Arsenal

History – Aug. 29-Sept. 4: The first case of Spanish Influenza appeared at



RIA on Aug. 29, 1918. By Nov. 9, 1918, 73 more cases and nine cases of pneumonia had been diagnosed at the RIA post hospital. On Sept. 1, 1863, excavation for the first permanent RIA building (Clock Tower) began. In Sept. 1866, the RIA took possession of the wagon bridge to the village of Rock Island. In September 1877, the sun dial, located at the end of Gillespie Avenue near Quarters One, was dedicated. On Sept. 4, 1918, Beatrice Campbell was hired as forelady of the fuze department in the ammunition loading plant (Shop L – Bldg. 250).

Healthbeat

Iowa City Named Healthiest Town in U.S.: A national magazine is naming Iowa City the healthiest town in the U.S. Men's Health magazine based the findings on six factors created by CNN Correspondent Doctor Sanjay Gupta. Iowa City ranked first after taking into account access to local foods, short commutes, sidewalks, pollution, green spaces and good weather. Coming in first place was Iowa City, followed by Boulder, Colorado; Logan, Utah; Northampton, Massachusetts; and Charlottesville, Virginia. ([More](#))

Health Clinic Announcement: Sick Call Hours 7-8 a.m. Clinic closed **Aug. 26** at 11:30 a.m. - Staff Meeting and Training.

Notes for Veterans

Obama Vows Solid Support for Veterans: As the United States deals with its fiscal challenges, President Barack Obama emphasized today that it won't do so at the cost of its military and won't "balance the budget on the backs of our veterans." Despite 10 years of war, the U.S. military "is the best it's ever been," Obama told the American Legion National Convention in Minneapolis. "And as we meet the tests that the future will surely bring, including hard fiscal choices here at home, there should be no doubt," he said. "The United States of America will keep our military the best-trained, the best-led, the best-equipped fighting force in history. It will continue to be the best." ([More](#))

Open Source Electronic Health Record Agent Begins Operations: The Department of Veterans Affairs (VA) today announced it has completed an important milestone on its joint path with the Department of Defense (DoD)

to create a single electronic health record system for servicemembers and Veterans. OSEHRA, the Open Source Electronic Health Record Agent, has begun operations and will serve as the central governing body of a new open source Electronic Health Record (EHR) community. "We developed our open source strategy to engage the public and private sectors in the rapid advancement of our EHR software, which is central to the care we deliver to Veterans and servicemembers and to our joint EHR collaboration with the Department of Defense," said Secretary of Veterans Affairs Eric K. Shinseki. "With the launch of OSEHRA, we begin the implementation of our strategy and we look forward to the creation of a vibrant open source EHR community." ([More](#))

Car Pooling Announcements

Submit car pooling announcements via the [Island Announcements](#) page. Please use that page to contact ROCK-RIA-PA to take your announcement off once you have found a ride.

Car Pool:

➤ **Carpool:** Current carpool looking for additional driver/rider with



reliable vehicle. Commuting from Galesburg/ surrounding areas along Interstate 74 to RIA. Contact (309) 782-5688 for details.

Around the Q.C.



- Sept. 3-4:** [17th Annual Rock Island Grand Prix](#) (The District, Rock Island)
- Sept. 5:** [Run with Carl](#) (Bettendorf)
- Sept. 10-11:** [Beaux Arts Festival](#) (Figge Plaza, Davenport)
- Sept. 9-10:** [¡Viva Quad Cities!](#) (Lot West of Isle@ Casino Hotel Bettendorf)
- Sept. 10:** [Run for ¡VIVA!](#) (Lot West of Isle@ Casino Hotel Bettendorf)
- Sept. 10:** [Quad-City Symphony Riverfront Pops](#) (LeClaire Park, Davenport)
- Sept. 17:** [WQPT Brew-HaHa](#) (LeClaire Park, Davenport)
- Sept. 17:** [Celtic Highland Games of the Quad Cities](#) (Centennial Park, Davenport)
- Sept. 17:** [Taming of the Slough](#) (Sylvan Slough & Island)
- Sept. 17:** [Golf FORE Homes](#) (Byron Hills Golf Course, in Port Byron, Ill.)
- Sept. 17:** [VanderVeer Park Fall Festival](#) (VanderVeer Park, Davenport)
- Sept. 17-18:** [Riverssance Festival of Fine Art](#) (Lindsay Park, Davenport)
- Sept. 23-25:** [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)
- Sept. 24-25:** [Quad Cities Kite & Family Fun Festival](#) (Centennial Park, Davenport)
- Sept. 25:** [Quad Cities Marathon & Festival](#) (John Deere Commons, Moline)
- Sept. 25:** [QC Marathon](#) (Downtown Moline)

- Oct. 8-9:** [Four Kingdoms Renaissance & Pirate Fest](#) (Camelot KOA Campgrounds, Rock Island)
- Oct. 8:** [Killer Bee](#) (St. Ambrose Campus, Davenport)
- Oct. 9:** [Mississippi Valley Welcome Center's Apple Festival](#) (LeClaire)
- Oct. 23:** [CBRC Pumpkin Dash](#) (Credit Island, Davenport)
- Oct. 27:** [Fright Night](#) (The District)
- Oct. 29:** [Witches Walk](#) (LeClaire, Iowa)
- Nov. 12:** [Hawk Hustle](#) (BlackHawk College, Moline)
- Nov. 18-27:** [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)
- Nov. 19:** [Festival of Trees Parade](#) (Downtown Davenport)
- Nov. 19:** [Lighting on the John Deere Commons](#) (Moline)
- Nov. 19:** [Holiday Pops Concert](#) (Downtown Moline)
- Nov. 24:** [25th Annual Scott County Y Turkey Trot](#) (Downtown YMCA, Davenport)
- Sept. 7-16, 2012:** [East West Riverfest](#)

Island Insight



Joel Himsl, Garrison Manager; Eric Cramer, Public Affairs Officer; Mark Kane, Editor

The Army publication, Island Insight, is an unofficial publication authorized under [AR 360-1](#) to provide information on people, policies, operations,



technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processor software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal Garrison Public Affairs Office. Submission of [announcements](#), articles, photos, letters, and graphic art of interest to the general readership is encouraged. All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMNE-RIA-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight](#); ROCK-RIA-PA@comus.army.mil, Phone: (309) 782-1121. The Island Insight is [available online](#).





Don't deal with a problem alone. Reach out to a helping hand!

- ▶ Talk to your Battle Buddy and chain of command
- ▶ Call the National Suicide Prevention Lifeline at 1-800-273-TALK [8255]

It takes COURAGE to ask for help when needed