

July 30, 2012



# Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the Island Intranet under "Information" and on the installation website at [www.ria.army.mil](http://www.ria.army.mil) under "About USAG-RIA" and then "News" and "Local News."

**Island Insight Submission:** <http://www.ria.army.mil/sites/IslandAnn/announcement.cfm>



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## **ASC Conducts Transfer of Authority:**

The Army Sustainment Command bid farewell to Commanding General, Maj. Gen. Patricia McQuiston, and welcomed D. Scott Welker as its executive director during a heartfelt Transfer of Authority ceremony on Rock Island Arsenal, July 27. The ceremony took place on the grounds of the Arsenal's Quarters One along the banks of the Mississippi River. McQuiston lauded the Soldiers,

civilians, and contractors of ASC for their achievements during her 10-month tenure as commanding general. "I'm just so confident in this unit's ability to do tremendous things for this Army," she said. She also thanked the community leaders for their support and spoke of her confidence in leaving the ASC in Welker's competent hands. "There's no one who understands the vision or potential of ASC better than Scott Welker." Welker, the top civilian

member of the ASC Senior Executive Service, served as ASC's Deputy to the Commander. After accepting the ASC unit colors from McQuiston, he assumed duties as ASC's Executive Director and will serve as its senior member until Brig. Gen. John Wharton assumes command in



September. "If you'd told me when I came to this command as a GS-5 intern 29 years ago that I'd be standing here today to take on the responsibility for perhaps the most globally dispersed and complex command in the Army," said Welker, "I would've reloaded all my worldly possessions back into my 1974 Mustang and headed back to the state of Washington."

## RIA-JMTC Named Center of Excellence for Add-On-Armor:

Secretary of the Army John McHugh designated Rock Island Arsenal Joint Manufacturing and Technology Center as a Center of Industrial and Technical Excellence for Add-on-Armor design, development and prototype fabrication. In a memo from McHugh, he writes, "RIA-JMTC (Rock Island Arsenal Joint Manufacturing and Technology Center) possesses unique AoA (Add-on-Armor) skills and capabilities not shared by other industrial facilities in the Army, including design, producibility, development and prototyping efforts that extend beyond typical fabrication and packaging functions." Center of Industrial and Technical Excellence, or



CITE, certification will allow RIA-JMTC to enter into private/public partnerships to perform work which will enhance the maintenance core competencies. "This Arsenal has been called on many times to provide armor solutions," said Col. James O. Fly Jr., commander of the Rock Island Arsenal Joint Manufacturing and Technology Center. "This shows the Army's confidence in this Arsenal and the community to provide life saving armor for our Soldiers in harms way." ([More](#))

## Fallen Vietnam Veteran Honored 43 Years Later:

More than 100 veterans and community members gathered at Wilson Middle School in Moline on Saturday to commemorate the 50<sup>th</sup> anniversary of the Vietnam War and honor the Vietnam veterans, specifically Capt. Ronald Ross and his family. The event was organized by Lt. Gen. Mick Bednarek, the commanding general of First Army ... Lt. Gen. Bednarek told John Ross (Capt. Ross' son) and the crowd, that his father was being recognized "for what



# Upcoming Dates

- July 30:** 47<sup>th</sup> Anniversary of Medicare and Medicaid
- Aug. 1-7:** National Farmers Market Week
- Aug. 3-4:** Iowa Tax Free Weekend [📍](#)
- Aug. 4:** U.S. Coast Guard 222<sup>nd</sup> Birthday
- Aug. 5:** Patriot Guard Riders 7<sup>th</sup> Birthday
- Aug. 5:** Friendship Day
- Aug. 5:** National KidsDay
- Aug. 5-11:** National Stop on Red Week
- Aug. 6:** Anniversary of Voting Rights Act of 1965
- Aug. 6:** 67<sup>th</sup> Anniversary of the Bombing of Hiroshima
- Aug. 7:** Purple Heart Day
- Aug. 7:** National Night Out
- Aug. 7:** Helsinki Human Rights Day
- Aug. 9:** 67<sup>th</sup> Anniversary of the Bombing of Nagasaki
- Aug. 9:** Smokey Bear's 68<sup>th</sup> Birthday
- Aug. 12:** National Spirit of '45 Day
- Aug. 12-18:** National Health Center Week
- Aug. 13:** Victory Day
- Aug. 13:** International Left-Handers Day
- Aug. 14:** 77<sup>th</sup> Anniversary of Social Security Act
- Aug. 18:** National Homeless Animals' Day
- Aug. 19:** National Aviation Day
- Aug. 20:** Stay at Home with Your Kids Day
- Aug. 26:** National Women's Equality Day
- Aug. 28:** Read Comics In Public Day
- Aug. 29:** Marine Forces Reserve 96<sup>th</sup> Birthday
- Sept. 1:** 73<sup>rd</sup> Anniversary of the start of WW II
- Sept. 2:** V-J Day
- Sept. 2-8:** National Suicide Prevention Week
- Sept. 3:** Labor Day (Federal Holiday)
- Sept. 8:** Federal Lands Cleanup Day
- Sept. 8-14:** National Seat Check Saturday and Child Passenger Safety Week
- Sept. 9:** National Grandparents Day
- Sept. 11:** Patriot Day
- Sept. 17:** Citizenship Day



he did and what he represents, not only in our Army and our services but across our nation." He said there is a special title for those families who have lost a loved one in defense of the nation. "We refer to them as the Gold Star families," Lt. Gen. Bednarek said. Mr. Ross and his family, "You are in that very small but so important fraternity," he said. [\(More\)](#)

## **Deal Reached to Avert Shutdown This Fall:**

President Obama, House Speaker John Boehner, R-Ohio., and Senate Majority Leader Harry Reid, D-Nev., have struck a deal to avert a government shutdown at the end of the fiscal year Sept. 30. Boehner and Reid said Tuesday that the six-month continuing resolution — through March — will fund the government at \$1.047 trillion. "This agreement reached between the Senate, the House and the White House provides stability for the coming months, when we will have to resolve critical issues that directly affect



middle-class families," Reid said. "I hope that we can face the challenges ahead in the same spirit of compromise." [\(More\)](#)

## **Senate Panel OKs \$604 Billion**

**Defense Bill:** A Senate panel has approved a \$604 billion defense spending bill that reverses proposed Pentagon cuts in Air Force personnel and equipment. The Appropriations defense subcommittee approved the bill by voice vote Tuesday. The measure would provide \$511 billion for the base budget and \$93.3 billion for the war in Afghanistan in the fiscal year beginning Oct. 1. The bill is nearly \$29 billion less than current spending. [\(More\)](#)



## **OMB to Begin Planning For**

**Sequestration:** Faced with congressional inaction in averting looming across-the-board cuts that take effect in January, the Office of Management and Budget will begin meeting with agency leaders to discuss how the cuts will be



implemented. In a memo to agency heads, Acting OMB Director Jeff Zients said his office will consult with agencies to determine which budget accounts and programs are exempt from sequestration. While the planning will "divert scarce resources from other important agency activities and priorities," Zients wrote in the memo, it is necessary because Congress has not yet made progress in avoiding the cuts. [\(More\)](#)

## **DoD Civilian Workforce Cap to**

**Remain:** The Department of Defense will continue to restrict its civilian workforce numbers to fiscal 2010 levels for at least another six years, Federal News Radio reports. According to the report, a guidance by DoD's comptroller ordered that the freeze remain in effect through 2018, and a separate memo says the department will hold contractor personnel levels at 30 percent below what they used in 2010, through 2018 as well. [\(More\)](#)



## **Behavioral Changes Hold Key to Energy Efficiency Throughout Army:**

The Army's energy chief continues to press home the need for energy



efficiency saying that stewardship of water and power resources begins with behavioral changes by Soldiers, from the top down, not solely with investments in technologies and new equipment. "Now to put it all in perspective, the Department of Defense makes up about 80 percent of the federal government's energy use," said Katherine Hammack, assistant secretary of the Army for installations, energy and environment, before members of the Association of the U.S. Army. "Of that, the Army is the largest facility energy user, electric energy user and that's because we have the most bases and most buildings." ([More](#))

**Army Materiel Command - 50 Years of Providing the Decisive Edge:** On Aug. 1, 2012, the U.S. Army Materiel Command celebrates a half-century of service. From research and development to contracting, acquisition and manufacturing from supply and distribution to sustainment and resale from factory to foxhole and then back again, AMC touches every phase of the materiel life-cycle and is the Army's key player in



support of the Department of Defense global supply chain. AMC has a presence in all 50 states and 144 countries, and is the single largest employer of civilians in the DoD. ([More](#))

**VIOS Schedule for August:** Official DA Studio Photography (DA, Government Passport and Command Photos) will be offered at Rock Island Arsenal **Aug. 14, 15 and 16.**



Appointments may be scheduled online by submitting a DA3903 Work Request using the Visual Information Ordering Site at [www.vios.army.mil](http://www.vios.army.mil) for these available times: Tuesday, **Aug. 14**, 7:20 a.m. – 3:40 p.m.; Wednesday, **Aug. 15**, 7:20 a.m. – 3:40 p.m.; Thursday, **Aug. 16**, 7:20 a.m. – 3:40 p.m. Click on "Frequently Asked Questions" for more information. Walk-In appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 56, Basement, by elevator). Priority is: 1. Active Duty Soldier's DA Photos; 2. Official Government Passport Photos; 3. Official Command Photos; 4. DA Photos for Army Reserve and Army National Guard Soldiers (not on active duty). The

8"x10" Head and Shoulders-Command Photos will be printed and available digitally. Additional prints can be ordered in VIOS. To obtain an Official Government Passport Photo: 1. Schedule a passport photo appointment at the RIA VIOS website. 2. Go to Transportation to obtain a printed DA Form 3903, Multi-Media/Visual Information Work Order, signed by the Passport Agent in Block 14. 3. Present that DA3903 form to the Photographer before the passport photo is taken. You will receive two 2"x2" Passport photos. All scheduled dates can be found on the RIA VIOS website FAQ.

**Volunteers Needed:** Rock Island Arsenal will be conducting a full scale emergency exercise to test the Arsenal's ability to respond to an emergency situation. To make this event meaningful, the Garrison Manager is asking for 50 volunteers who wish to participate as role players. Volunteers will need approval from their Chain of Command. Anyone interested in volunteering please contact Edmund Peterson, RIA-JMTC Security Specialist, (309) 782-1756 or by email at [Edmund.r.peterson.civ@mail.mil](mailto:Edmund.r.peterson.civ@mail.mil).



Volunteer safety/in-brief, Tuesday, **Aug. 28**, 10-11 a.m.; Exercise, Thursday, **Aug. 30**, 7 a.m. - 2 p.m.

## **Civilian Credentialing of Army**

**Training & Skills:** The Army is working to gain formal recognition for skills Soldiers learn and for their experience in the Army. This "credentialing" will increase Soldiers' ability to find rewarding jobs when they leave active duty, and will enhance skills while serving. To expand credentialing, U.S. Army Training and Doctrine Command (TRADOC) and other Army agencies are working with civilian credentialing bodies and federal and state licensing agencies. The initial focus is on manufacturing-related skills. Future efforts will include health care, information technology, transportation and logistics. ([More](#))

## **Legal Assistance Note – Thrift Savings Plan Will Begin Actively Withholding Child Support Payments For Those Who Properly Obtain**

**Court Orders:** The Federal Times reports that the Thrift Savings Plan will begin to use its authority to garnish the accounts of TSP participants who are behind in paying their child support. TSP has always has the authority to garnish participants' funds for child

support, but has done so sparingly according to the report which notes that before 2010 it collected almost no payments for Health Human Services' Office of Child Support Enforcement. This changed when TSP signed a cooperative agreement with the child support agency in 2010, when it processed about four child support orders a month. By comparison so far this year it has processed an average of 1,138 orders per month, according to the report. The article notes that 35,000 TSP participants are behind on child support payments and 78,544 federal employees who have TSP accounts owe child support. The takeaway here is that you may need to schedule an appointment with the legal assistance office so that you can discuss with legal assistance counsel what options you have with this new cooperative program. Please call our office at (309) 782-1443 to schedule a legal assistance appointment. - *Kevin T. Lonergan, Legal Assistance Counsel, Rock Island Arsenal Garrison*

## **Community Health Promotion**

**Council Meeting:** Dr. David Deopere, president of the Robert Young Center, and Teri Johnson, founder of Jason's Box, will be the guest speakers for the Community Health Promotion Council event 1 p.m. Thursday, **Aug. 2**, in the

Baylor Conf. Rm. The Community Health Promotion Council meeting is open for the entire installation. Dr. Deopere is head of the Robert Young Center for Community Mental Health. The center is one of the most comprehensive and successful integrated behavioral health systems in the Midwest. He has served in the position since 1985. Johnson's son, Jason Pautsch, was killed by an improvised explosive device while serving in Operation Iraqi Freedom. Johnson created "Jason's Box," an organization that provides care packages to American troops serving overseas, linking together volunteer organizations and community leaders to aid American troops in the field. For additional information about the CHPC, contact Louise Paradis at (309) 782-4797.

## **Free Fishing Clinic for Youth to Be Held Aug. 4:**

The U.S. Army Corps of Engineers, Mississippi River Project announces that a free fishing clinic for youth between the ages 5 through 15 will be held on Saturday, **Aug. 4**. The clinic will start at 9 a.m. and end at 3 p.m. All activities will be



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Rock Island District



held at the Day Use Recreation Area at Locks and Dam 14, located at Pleasant Valley, Iowa. Past clinics have proven to be very eventful. Participants not only get a chance to fish but educational sessions relating to water safety, bait casting and fish identification will also be provided. A free lunch will be provided for all participants. Program presenters will consist of a Corps of Engineers park ranger and volunteers from the In-Fisherman's Club of the Quad Cities. Student volunteers from Pleasant Valley High School will also be there. ([More](#))

**A Black Eye Affair (Benefiting the USO of Illinois):** The Quad City Rollers invite you to a roller derby Black Eye Affair, **Aug. 4**, at the RiverCenter, 136 East 3<sup>rd</sup> Street, in Davenport. Doors open at 6 p.m., bout starts at 7 p.m. Tickets available at Mellow Blue Planet and Ragged Records; \$10 in advance, \$12 at the door; kids 6-12 are \$6; kids 5-under are free. The bout will pit the Quad City Rollers against the Oskaloosa Mayhem. \$250 of bout proceeds plus



50¢ of every ticket sold will be donated to the USO of Illinois.

**Blood Drive:** The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, Aug. 10, 10 a.m. – 12 p.m.** If you



would like to donate at this blood drive, feel free to e-mail [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2<sup>nd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **6:15 p.m. on Aug. 24**. A **3<sup>rd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on Sept. 21**. To sign up for a blood drive held on either the 2<sup>nd</sup> or 3<sup>rd</sup> shift, donors should contact their shift supervisor.



**Donation Has It's Rewards!** With Memorial Day, 4<sup>th</sup> of July and Labor Day holidays, summer can be an especially challenging time in terms of keeping our blood supply stable. To create awareness of this need, and to thank donors who take the time to donate during the summer season, the Mississippi Valley Regional Blood Center

will be holding a daily drawing for a \$50 gas card starting Monday, May 21 and running through Saturday, **Sept. 8**. Any donor who gives at Arsenal Island Blood Drives May 25 - **Aug. 31** will automatically be entered into the daily drawing..

**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information click here.**

**Tribute to Our Fallen (formerly Healing Fields):** To honor our brave military men and women who have paid the price for our freedom, and all veterans who have worn the uniforms of this Great Nation. Tribute to Our Fallen (formerly Healing Fields) will take place **Aug. 24–26** at Davenport Memorial Park Cemetery (behind Runge Funeral Home/Crematory).



Opening ceremonies begin at 7 p.m. on Friday, **Aug. 24**, with closing ceremonies beginning at 4 p.m. on Sunday, **Aug. 26**. As the Tribute to Our Fallen field is open continuously around the clock from Friday afternoon



through Sunday afternoon, there is ample time for visitors to tour the site and talk with veterans and others on hand or just quietly reflect. ([More](#))

**Holy Day Service:** Father Brotherson will be conducting a Holy Day service for the Assumption of Mary.

The service is open to anyone who would like to attend. It will be held in the Arsenal Club in Bldg. 60.

Date: **Wednesday, Aug. 15**

Time: **11:30 a.m. - 12:15 p.m.**



**Army Declares August 2012 as Anti-Terrorism Awareness Month:** During this month, our Army will reinforce the DA's anti-terrorism strategic plan by instilling heightened awareness and vigilance to prevent and protect our communities and critical resources from acts of terrorism.

In an era of persistent engagement and the near-constant threat of terrorism, we must sustain a strong defense posture. Extremist ideologies and separatist



movements will continue to threaten our Army and our nation. We must remain capable of deterring and defending against the full range of threats, including terrorist attack. Enduring protection from terrorist acts can only become successful by integrating anti-terrorism doctrinal principles combined with constant anti-terrorism awareness into all of our activities and missions. The word "terrorism" evokes memories of past attacks at places like Tokyo, Mumbai, Oklahoma City, Attacks of 911, and Fort Hood. These recollections probably include images of victims running and crying in the streets or caskets covered in flags as memorial services were conducted. What connects these images is that terrorism is a global issue. Reading reports after an event may lead some to believe these types of terrorist attacks are inescapable; and with more media attention directed to successful terrorist attacks, it may seem a reasonable assumption. But further investigation proves that many prospective attacks have been foiled and perhaps many others were deterred. Reports of these events are often difficult to find; perhaps because of the sensitivity of the classification and/or ongoing investigations, but more often because a "non-event" carries less emotional impact. Maybe these foiled

attempts represent our most important lessons. The Army believes this is true. By increasing awareness and vigilance we will succeed in our goal of preventing terrorist attacks. The building blocks are as simple as knowing how to act and recognizing suspicious activity. Remember, See Something ... Say Something! Report all suspicious activity to 9-1-1- or (309) 782-6116.

**Colonel's Croquet Party:** Teams of two are encouraged to don their croquet whites (not required) for the casual, round robin tournament at Quarters One to play the same game of croquet you play in your backyard. Hors d'œuvres and wine tasting included. Tickets: \$25 adults; \$11 kids. Support the historic Colonel Davenport House. ([More](#)) ([Site](#))

Date: **Saturday, Aug. 18**  
Time: **3-7 p.m.**

[www.davenporthouse.org](http://www.davenporthouse.org)

Date: **Saturday, Aug. 18**  
Time: **3-7 p.m.**

**Thomson Causeway Photo Contest**

**Returns:** The Annual Mississippi River Project Photo Contest is returning for its 21<sup>st</sup> year. Effective May 25 amateur photographers were eligible to submit photos in three separate categories:



Wildlife, Recreation, or Landscape. Photos must be taken on pools 11-16 of the Mississippi River. Participants have until Friday, **Aug. 24**, to submit photos to the Thomson Ranger Office. If you would like more information regarding the contest, contact the Thomson Ranger Office at (815) 259-3628.

**Women In Defense Golf Tournament:** 11<sup>th</sup> Annual WID Golf Tournament, Friday, **Aug. 3**, at Glynn's Creek Golf Course. Shotgun tee times, continental breakfast and lunch included. Contact Brenda Hanes at (309) 794-0115 or see [WID website](#) for registration form. Time: **8 a.m.**

**St. Alban's Trivia Aug. 11:** St. Alban's Trivia celebrates its fourth year of summer trivia. Come play with us at 7 p.m., **Aug. 11**. Teams of up to 8, \$10 per person. Winnings, door prizes, 50-50 raffle. 3510 W. Central Park, Davenport. BYOB and snacks. Goodies for sale. POC: is George Eaton  
Time: **7-10 p.m.**

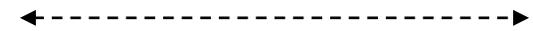
**Arsenal Attic Thrift Shop & Boutique:** Thrift shop is now open; welcome back all shoppers and consignors. Attention consignors, new 2012-2013 consignment forms are

available on the MWR website under Thrift Shop. Get your items consigned and make some extra money. Volunteers are ready to assist you. Everyone, visit the Attic on Facebook. POC: (309) 782-6977

**Red Cross of the Quad Cities Annual Golf Outing at TPC Deere Run:** Hit the greens on one of the Quad Cities' premier golf courses on **Sept. 17**. Enjoy lunch and 18 holes of golf at TPC Deere Run while supporting Red Cross services in our community. Space is limited - sign up is required by Sept. 10. Contact Allison at (309) 277-4005 for more information.  
Time: **11:30 a.m.**

**Kickin' It Old School Retro-theme Dance Party:** Dance Party at Riverview Music Experience, downtown Davenport. This QC Phoenix Music & Arts Festival event will be held **Aug 26**. to raise awareness and funds for domestic abuse victims. Food and drinks will be available. There will also be a costume, dance, and other contests ... bring a friend. Tickets are \$10/each - purchase from Christy Krmpotic (309) 737-7599 or at door.  
Time: **8-11 p.m.**

**2012 Cards for the Troops:** 5<sup>th</sup> Annual Cards for the Troops, Arsenal Island Golf Club - join us for a fun evening of stamping cards for our deployed troops to mail home to loved ones. RSVP- [mssipple1@gmail.com](mailto:mssipple1@gmail.com). No stamping experience necessary. Please bring one roll of Scotch double-tape. Optional dinner at 5 p.m.; request with RSVP. Date: **Tuesday, Sept. 25**  
Time: **6:30 p.m. - 9 p.m.**



## Arsenal Traffic/Construction



**Notice to Workforce Regarding Temp Closures of Hillman Street:** For the safety of workers and drivers alike, we will be implementing intermittent road closures along Hillman Street in the V-Area (vicinity of buildings 332, 333, 336, 337, 340, 341, 343, 345 and 355) when workers are loading or unloading trucks. These closures will occur as necessary and the section of road that is closed will be dependent on where work is being performed. The closures will use large barricades with "Road Closed" signs attached. There will also be warning signs posted in advance of the closure area to ensure that drivers have an opportunity to take a different route. The use of barricades to close the roads will begin in the near future. Another



notice will be sent to remind employees prior to implementation. At this time, we would also like to remind everyone that road closures are in place for good reason and that driving around or moving barricades to go through the road closure is not only unsafe, it is illegal and you can be issued a \$140 ticket for failure to obey a traffic control device.

## **Evening Closure(s) - Government Bridge; Daytime Intermittent Lane Closures - All Arsenal Bridges:**

Intermittent Lane Closures - All Arsenal Bridges: Government Bridge "evening closure," **July 30** through Saturday, **Aug. 4**. Nightly 6 p.m. to 3 a.m. Closed to vehicular traffic only.

## **Various Weekend Closures - Government Bridge: July 20 – Aug. 5:**

Due to recent inclement weather and initialization of a contractual option the back-up closure periods will be used to complete the painting project for the Government Bridge. Those closure periods are as follows ... Friday, **July 20**, beginning at Noon through Sunday, **July 22**, at Midnight; Friday, **Aug. 3**, beginning at Noon through Sunday, **Aug. 5**, at Midnight.

**Davenport River Drive Closure:** On Tuesday, May 29, Davenport Public Works closed River Drive from Iowa Street to Oneida Ave to begin underground utility improvements and re-surfacing. This is Phase I of a three Phase project. Phase I will close River Drive until **mid to late August**. Phase II and III are not expected to close the road completely. We expect to have one lane open in each direction. Those phases will not start until Phase I is complete. Overall, River Drive is not going to be a commute of choice for several months and detours will be in place.



## **Building/Space Closures**



*There are no building/space closure announcements at this time.*



## **Active Duty/Reserve Zone**



**School Bus Registration:** Military parents located on Rock Island Arsenal who would like to have their children ride the school bus for the 2012-2013 school year to the following schools Franklin Grade School, Wilson Middle School and Moline High School

registration is open contact the Rock Island Transportation Office, Clint Bostick at (309) 782-1355/1351.

## **Gen.: Training For Citizen Soldiers Will Expand:**

The end of fighting in Iraq and the drawdown in Afghanistan will not mean a return to a peacetime schedule of drilling one weekend a month and two weeks a year for the 550,000 citizen soldiers of the Army's National Guard and Reserve, according to the Army's top general. Instead, they will keep preparing for war, with training periods away from home each year that would grow from a two-week block to up to seven weeks, Gen. Ray Odierno, Army chief of staff said in an interview Monday with USA TODAY. Drilling one weekend a month would continue. ([More](#))

## **Army to Stop Using Forensic Psychiatrists to Evaluate Soldiers Diagnosed With PTSD:**

The Army no longer will use forensic psychiatrists to evaluate soldiers diagnosed with post-traumatic stress disorder and under consideration for medical retirement, a change resulting from an investigation of a screening team at Madigan Army Medical Center. "What we found is that the forensic methods are not the right ones for the United States Army



disability evaluation system," Gen. Lloyd Austin, the Army's vice chief of staff, said in a statement Tuesday. "We learned MAMC (Madigan) officials acted in accordance with the standard of practice for civilian disability evaluations. But we also learned that while the evaluation may be fair and appropriate, it's simply not optimal for the unique cases that the Army diagnoses and reviews. We've fixed that." ([More](#))

**Redesigned Transition Assistance Program Announced:** President Obama announced the launch of the redesigned Transition Assistance Program developed by an interagency team from the Departments of Defense, Veterans Affairs, Labor, Education, and Homeland Security as well as the Office of Personnel and Management and the Small Business Administration. The revamped program, called Transition GPS, is the first major overhaul of the transition assistance program for military members in nearly 20 years. The effort began in response to a call from President Obama in August 2011 to ensure all service members are "career ready" when they leave the military. ([More](#))

**Army Tightens Body Fat Standards For Some Recruits:** All male recruits age 17-20 who enlisted after May 16, must now have a body fat percentage of 24 or less before they begin basic training. For female recruits in that age category, their body fat must be at 30 percent or less. The body fat percentage allowance for trainees of that age category had previously been two percentage points higher for both genders. But new rules spelled out in All-Army Activity, or ALARACT, directive 113/2012 have set those standards back to pre-2005 levels: 24 percent for male recruits and 30 percent for female recruits. ([More](#))

**Army STARRS: Pre/Post Deployment Study:** Army STARRS' Pre/Post Deployment Study (PPDS) is one part of the larger Army STARRS study. Researchers have completed PRE-deployment data collection and this STAND-TO! deals with the POST-deployment phase of PPDS. The goal of this study is to understand how deployment affects risk and protective factors for suicide and behavioral health. In the POST-deployment PPDS, the Army STARRS research team will interview redeploying Soldiers from pre-selected BCTs upon their arrival at Fort Bragg, N.C., Fortt Carson, and Joint

Base Lewis-McChord. The Post PPDS is broken into three phases. ([More](#))

## Safety Spotlight

**Thousands of Popular Strollers Recalled:** The U.S. Consumer Product Safety Commission announced a voluntary recall of 223,000 popular strollers following the death of an infant eight years ago and the near strangulation of another in 2006. The heads of the two infants became entangled between the tray and seat. But officials didn't link the cases to a specific brand and model of stroller until recently. The recall involves Venezia and Pliko-P3 strollers made by Peg Perego, USA Inc. ([More](#))

## Equal Opportunity Focus

**EEOC Unveils Changes to Discrimination Complaint Process:** The Equal Employment Opportunity Commission on Tuesday unveiled final rules designed to improve agencies' compliance with the federal discrimination complaint process and also provide them with greater flexibility. The new rules aim to



expedite how claims are filed, processed and decided, although it's unclear whether the changes have real teeth. For example, one of the revisions simply reaffirms the existing statutory requirement that agencies comply with EEOC regulations and other directives. Other changes include tweaking language in the existing regulations regarding allegations of retaliation from federal workers with proposed personnel actions against them, as well as strengthening the authority of administrative law judges in class complaint cases. ([More](#))

**Celebrating Religious Diversity:** The U.S. Military is a diverse force with a long history of accommodating and facilitating the religious practices of our service members. In keeping with this legacy, the Pentagon Chaplain's office will host an Iftar for the Pentagon Muslim community, today, in the Pentagon Library and Conference Center. An Iftar is an evening meal after sunset when Muslims break their fast after Ramadan. Traditionally, a date or water is the first thing consumed when breaking the fast. During Iftar, scriptures from the Qu'ran are recited, a customary meal is served. The Department of Defense (DoD) values the faith and practices of all faith groups among its

personnel. Providing religious accommodation to our employees sustains a strong, resilient DoD family, according to Lt. Col. Kenneth R. Williams Jr, Pentagon Chaplain's Office. ([More](#))

**Federal Employment of Hispanics Grows Slightly:** Federal employment of Hispanics increased by several thousand permanent positions in fiscal 2011, a new study reports. According to the latest annual Office of Personnel Management report on Hispanic employment in the federal government, total permanent Hispanic employment increased by 3,953 positions in the least fiscal year, rising from 153,740 in fiscal 2010 to 157,693 in fiscal 2011. Hispanics held 8.1 percent of permanent positions in fiscal 2011, up from 8 percent a year earlier. OPM attributed the rise in part to high retention rates. ([More](#))

## Morale, Welfare & Recreation (MWR)

**Morale, Welfare & Recreation (MWR):** Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs. Also [click here](#) to become a fan on Facebook and stay up

to date on all the great MWR offerings here at the Arsenal.

**New MWR Website:** Come check out our new and improved MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all things MWR. We hope that this new layout will make it easier for you to navigate to the information that you need. Please bear with us as we continue to transition all of the files and links from the old web server. If you cannot find the information that you are looking for or just need help navigating the new layout please feel free to call the MWR marketing office for assistance at (309) 782-4420.

**Book Your Holiday Party at the Arsenal Island Golf Clubhouse:** The Arsenal Island Golf Clubhouse is the perfect place for all of your holiday gatherings. Let our experienced and professional banquet & catering staff make your office or family holiday party the one that everyone talks about for years to come. Please call Damen at (309) 782-4372 to book your party.

**Free Zumba, Bootcamp, and Yoga:** The RIA Fitness Center will be offering a free week of Zumba and Bootcamp classes the week of **July 30 through Aug. 3**. If you've ever wanted to test out



the two classes, now is the perfect time. The Monday Yoga class will also be offered for free this week, so come in and check out what you've been missing.

**New Session of Fitness Classes:** New session of all Fitness Classes starts on Aug. 6. Please call (309) 782-6787 or stop by the front desk at the Fitness Center for more information.

**Additional Zumba Session Beginning:** Due to the popularity, we have added another session of Zumba classes at the Fitness Center. Come join the party on Thursdays from 11:15 a.m. - 12 p.m. Call (309) 782-6787 for more info.

**Electronic Marquee Outage:** The operating system used to update the outdoor marquee signs on either side of the Island has become obsolete and inoperable. Consequently no requests for messages can be fulfilled and the signs have been shut off at this time. The Garrison is working towards a solution and a future message will be sent out as information becomes available about whether the signs can be repaired or replaced.

**Time for Bootcamp:** The Fitness Center will be offering an exciting new

class called bootcamp every Monday, Wednesday, and Friday, 6-7 a.m. This military inspired strength and conditioning class focuses on total body fitness. Exercises and conditioning drills used by the U.S. Army and the National Academy of Sports Medicine are the basis of this program as well as short distance running, sprints, free weights, kettle bells, resistance bands, TRX, ropes and other exercise equipment. Not only will this class get you into shape, it will reinforce teamwork, camaraderie and communication amongst class members. This class is led by a retired U.S. Army Master Sergeant who is a NASM Certified Personal Trainer. Call (309) 782-6787 for more info.

**Outdoor Grill 350:** The Grill in front of Bldg. 350 will be open on Mondays and Wednesdays, 10:30 a.m. to 12:30 p.m., effective Wednesday, June 6, weather permitting.



## MWR Leisure Travel Office



**Office Hours:** Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

### **Northern Iowa vs. Iowa Football:**

Leisure Travel has 20 seats to the Northern Iowa

Panthers vs.



the Iowa

Hawkeyes

football game at Kinnick Stadium in

Iowa City. Cost is \$65 per person.

Special Promotions at the stadium on gameday include "Varsity Club Day" and "Be Bold, Wear Gold"

Date: **Saturday, Sept. 15**

Time: **2:30 p.m.**

### **Central Michigan vs. Iowa Football:**

Leisure Travel Office has 20 seats to the Central Michigan

Chippewas vs.



the Iowa

Hawkeyes

football game at Kinnick Stadium in

Iowa City. Seats are \$65 each.

Date: **Saturday, Sept. 22**

Time: **TBA**

### **Circa 21 Presents: Dixie Swim Club:**

Five Southern women, whose friendship began many years ago on their college swim team, set aside a long weekend every August to recharge those relationships. This hilarious and touching comedy focuses on four of those weekends and spans a period of



thirty-three years. Seats on sale until **Aug. 1** for \$42.50  
Date: **Saturday, Aug. 11**  
Time: **5:45 p.m.**

## LA Angels vs. Chicago

White Sox: Let us provide the transportation to and from the game at Chicago's U.S. Cellular Field on a charter bus. This will be an evening game. Cost per person is \$86. For more information please contact LTO at (309) 782-5890.  
Date: **Saturday, Aug. 4**  
Time: **6:10 p.m.**



Six Flags Great America: Leisure Travel has 2012 Six Flags Great America one-day general admission tickets now in stock. Two big parks for one low price; all the thrills your nerves can handle with 14 roller coasters ... 20 acres with 30 waterslides. Discounted tickets are \$38, children under two are free.

Noah's Ark Waterpark: Wisconsin Dells America's largest water park, with 49 water slides and dozens of other various attractions. Leisure Travel has discounted one-day admission tickets for \$30.

## Ghost Hunters' Dinners at Historic

Quarters One: The ever-popular Ghost Hunters' Dinners are back for 2012. Enjoy a gourmet meal at the Clubhouse followed by a presentation by the Rock Island Paranormal Society on the haunted history of Historic Quarters One. After the presentation, armed only with flashlights, guests are invited to search this beautiful building for evidence of the paranormal. The dates planned for 2012 are: **Aug. 17, Oct. 1, Oct. 13, and Oct. 31.** Cost is \$45/person and reservations are strongly recommended as these fill up fast. Call (309) 793-1601 for more info and to reserve your spots. ([Flyer](#))



## Ringling Bros and Barnum & Bailey

Circus: The circus is coming to the iWireless Center Labor Day weekend. Leisure Travel has discounted tickets on sale now. Adults tickets are \$16 and children under 12 are \$12. We have different times and dates of shows.  
Date: **Saturday, Sept. 1.**

## Circa 21 Presents: Smokey Joes Café:

The timeless songs of the golden age of rock 'n' roll come alive in this

electrifying production. You will laugh, shout and sing along to more than 40 of the greatest songs ever recorded. Revisit the neighborhoods of the 1950s, 60s and 70s. Seats on sale until **Oct. 1** for \$43.50.  
Date: **Saturday, Oct. 13**  
Time: **5:45 p.m.**

## Child, Youth & School Services

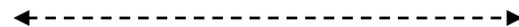
School Bus Registration: Military parents located on Rock Island Arsenal who would like to have their children ride the school bus for the 2012-2013 school year to the following schools Franklin Grade School, Wilson Middle School and Moline High School registration is open contact the Rock Island Transportation Office, Clint Bostick at (309) 782-1355/1351.

How to Help Your Child Sleep Safe and Sound: Join us Thursday, **Aug. 16,** 11-11:45 a.m., in Bldg. 110, 1st Floor, in the CYSS Training Room (Abel Conf. Rm.) for cookies & milk as our CYSS Nurse, Karol Tubbs, helps us understand why sleep is so important, how to keep your child safe while sleeping, and gives you ideas on how to get your child to sleep in their own beds.



She will discuss the latest research on sleep and how it affects your child's health, SIDS & sleep positions, as well as our own CYSS policies on sleep positions. We hope you will join us for this great discussion about sleep ... and some yummy cookies! RSVP by **Aug. 9** to (309) 782-2165.

**Covenant Cottage Child Development Home:** [Covenant Cottage Child Development Home](#) is available for backup, emergency, and hourly care for ages four weeks through 12 years. The home is located on post and is open from 6 a.m. – 6 p.m. Monday through Friday, Tuesday and Thursday evenings and Saturday mornings. Army Family Covenant Guidelines state deployed Soldiers are entitled to 16 hours free respite childcare per child, per month. For reservations call (309) 782-6793. We encourage you to call as far in advance as possible because spaces fill quickly.



## Army Community Service (ACS)

ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; Visit our [ACS website](#) or phone (309) 782-



**0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook [click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412**

**Music as Therapy:** Did you know you can use music for therapy and sound for healing? Do you have a favorite song or genre of music that you enjoy listening to that helps you relax and brings back wonderful memories? That is the basis of Music Therapy! That positive effect that music has on people in general is also tied to healing and is now being used to help with pain management, to help ward off depression and increase mental well-being, to promote movement, to calm patients, to ease muscle tension, and for many other benefits that music and music therapy can bring. Music therapy has been used to help wounded Soldiers since at least World War I, and is currently used at Walter Reed as an effective rehab tool, stress reliever, and to alleviate boredom for our wounded veterans returning from the Iraq and Afghanistan combat zones. Music Therapy is an accredited and nationally certified college degree program offered at numerous colleges and universities throughout the U.S. The Quad Cities is lucky to have vibrant music therapy programs offered at

different agencies, group homes, hospitals, and other facilities serving individuals with special needs. GiGi's Playhouse offers a music therapy program each [Tuesday](#). West Music also offers various music therapy services that can be [catered to fit your needs](#). These programs are not an endorsement of the organizations providing these services, but are provided only as information and community awareness. For more information on programs, services, or activities for our Special Needs Families or the Exceptional Family Member Program, contact Jan Saito, Army Community Services, at (309) 782-4736 or [Janice.n.saito.civ@mail.mil](mailto:Janice.n.saito.civ@mail.mil).



## Employee Assistance Program

For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1<sup>st</sup> floor, East.



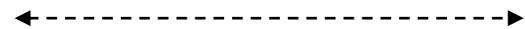
## **Summer Depression – August 2012:**

You have probably heard of seasonal affective disorder affecting people as the seasons shift towards fall and winter. Did you know some people experience symptoms of depression in response to the longer, warmer days of spring and summer? This reverse seasonal affective disorder (also known as summer depression) has physical symptoms that are the opposite of the winter version such as poor appetite, insomnia, agitation and anxiety. You may be surprised to learn about summer depression as everyone seems so happy this time of year. Vacations are in full swing, workloads are often lighter, and kids are spending their days playing outside. Do you feel like you are the only one who is not caught up in the fun? Whether it is due to the weather change or the expectations of the season many times people feel depressed, anxious, or restless during the summer months. For this reason the counselors at the Rock Island Arsenal Employee Assistance Program invite you to take advantage of your free and confidential benefit. EAP services include brief, solution-focused counseling and referral assistance to community providers if indicated. The EAP office is located in Bldg. 56, 1<sup>st</sup> floor, East wing. You may schedule an appointment by calling

(309) 782-4357. Office hours are from 7:30 a.m. until 5 p.m. Monday through Friday. The staff at Rock Island Arsenal EAP wants you to enjoy this last month of summer. If you aren't feeling your best making an appointment to talk to an EAP counselor is the first step to feeling better.

**PTSD Support Groups:** Are you or a loved one experiencing symptoms of Post-Traumatic Stress Disorder? The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

**Smoking Cessation Group:** Want to join a supportive group of individuals with a common goal to quit smoking? The Employee Assistance Program offers an ongoing educational support group. The group meets each Wednesday, 3-4 p.m., at the new EAP office located in Bldg. 56, 1<sup>st</sup> floor, East wing.



## **Education/Training Review**



**The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.**

**Service Members: Save Time and Money Getting College Credit for What You Already Know:** Did you know CLEP and DSST tests can award you college credit in more than 30 areas of study at thousands of different colleges and universities? The College-Level Examination Program and the DANTES Subject Standardized Test exams allow service members, eligible spouses, and (in some cases) DoD civilian employees to earn college credit by attaining qualifying scores on college subject exams. In many cases, the Defense Activity for Non-Traditional Education Support program funds the exams for Soldiers. CLEP and DSST exams are available through the on-base National Testing Center, located in Bldg 56, 1<sup>st</sup> Floor, Room 121. Free study materials are available or accessible through the National Testing Center or Army Education Center. For more information:

<http://clep.collegeboard.org/military>  
[www.getcollegetcredit.com](http://www.getcollegetcredit.com) POCs: Army



Education Center, (309) 782-2065,  
<https://home.ria.army.mil/apps/garrisonh/r/aces.cfm> National Testing Center,  
(309) 558-6444, [JA-Holan@wiu.edu](mailto:JA-Holan@wiu.edu)

## Defense Commissary Agency / PX

☺  
The [Rock Island Commissary](#) makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com) ([Facebook](#))

**Sales Flyers:** Patrons can visit the [AAFES website](#) and sign up to receive free online sales flyers.

## Arsenal Archive

☺  
Information for the *Arsenal Archive* is made available by the [Rock Island Arsenal Museum](#). The Museum is open to the public, Tuesday through

**Saturday, 12-4 pm. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free.**

**Colonel's Croquet Party:** Teams of two are encouraged to don their croquet whites (not required) for the casual, round robin tournament at Quarters One to play the same game of croquet you play in your backyard. Hors d'œuvres and wine tasting included. Tickets: \$25 adults; \$11 kids. Support the historic Colonel Davenport House. ([More](#)) ([Site](#))  
[www.davenporthouse.org](http://www.davenporthouse.org)  
Date: **Saturday, Aug. 18**  
Time: **3-7 p.m.**



**RIA 150 History Break:** Think about taking a "History Break" to celebrate Rock Island Arsenal's 150<sup>th</sup> Anniversary, **Aug. 9**, 12-1 p.m., Benny Wild, will present "Historical Modernization of Rock Island Arsenal Buildings." Sponsored by the Rock



Island Arsenal Historical Society, these lunch and learns will be held the second Thursday of each month in 2012. Join us in the Caisson Room, Bldg. 60, first floor, south wing, 12-1 p.m. As these presentations occur during lunchtime, you may bring a brown bag lunch or purchase food at the adjacent food court. Employees can sign up for these professional development opportunities in [TEDs](#) (Search Term "History Breaks"). If you don't have access to [TEDs](#), please call Kris Leinicke at (309) 782-3518 to make a reservation. Due to the size of the Caisson Room, participation is limited to 50. Upcoming presentations include: On **Sept. 13**, George Eaton, ASC Historical Office, will present "Battles of Credit Island and Campbell's Island, War of 1812." On **Oct. 11**, Kris Leinicke, Rock Island Museum, will present "Rock Island Barracks." On **Nov. 8**, John Punkiewicz or Lou Ann McCracken, Rock Island District, U.S. Army Corps of Engineers, will present "Mississippi River Navigation History." On **Dec. 13**, Ron Deiss, Rock Island District, U.S. Army Corps of Engineers, will present a Heritage Documentaries video, "[The Rock Island Civil War Prison: Andersonville of the North?](#)"



## **This Week in Rock Island Arsenal**

**History – July 30 – Aug. 5:** On Aug. 1, 1917, construction of Shop M, Bldg. 220 began. Shop M was constructed to manufacture field and siege artillery carriages. On Aug. 1, 1962, the Ordnance Weapons Command was renamed the U.S. Army Weapons Command (WECOM). The Battle of Bad Axe massacre of Black Hawk's hostile band of Indians by combined forces of U.S. Regulars, State Volunteers, and friendly Indians occurred on Aug. 2, 1832. The battle ended the Black Hawk War. On Aug. 3, 1865, Col. Thomas J. Rodman assumed command of the RIA. Later he was promoted to brigadier general. He died June 7, 1871. In August 1911, the first Shop Planning Section was established in the front bay, first floor of Shop G. On Aug. 5, 1907, Lt. Col. Frank E. Hobbs became commanding officer of the RIA. On April 12, 1911 he died of illness.

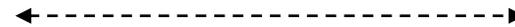


## Healthbeat

☪ **'Pockets of Excellence' Across Army, But Work Still Needs to Be Done On Health of Force:** Vice Chief of Staff of the Army Gen. Lloyd Austin capped off a week-long series of visits to several

Army bases, with a final visit to Fort Riley, Kan., July 27. The series of visits was part of an effort to develop a better understanding of the "health of the force." During the trip, the vice talked to installation senior leaders and brigade and battalion commanders about issues involving the Integrated Disability Evaluation System, sexual assault and sexual assault prevention, suicide prevention and wounded warrior care. Army leaders Austin talked with during the visit are concerned with taking care of their Soldiers, and are also concerned about having the right resources to do so. Finding ways for the Army to provide those resources was one of the goals of the visits, Austin said. ([More](#))

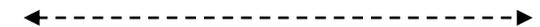
**Health Clinic Announcement:** Health Sick Call hours 7-8 a.m. Clinic closed Staff Meeting/Training **Aug. 31** at 11:30 a.m. Tricare closed **July 30 – Aug. 3.** Radiology closed **Aug. 3.** For any issues or concerns with the RIAHC clinic please call our customer support line-(309) 782-0721.



## Notes for Veterans

☪ **Congress Sends Veterans Bill to President:** An omnibus veterans bill chock-full of two years' accumulation of

health, benefits, education and administrative provisions is on its way to the White House for President Obama's signature. The Honoring America's Veterans and Caring for Camp Lejeune Families Act passed the House on July 31 by voice vote after passing the Senate on July 18. Most of the attention on the bill goes to a provision providing VA medical care people who lived or worked at Camp Lejeune, N.C., for at least 30 days from Dec. 31, 1956 through Dec. 31, 1987, who have illnesses or conditions that might have been caused by exposure to drinking water found to contain cancer-causing carcinogens. Up to 750,000 people — veterans and their families — could be eligible for Veterans Affairs Department health care and medical services, under the landmark provision long-pushed by members of the North Carolina congressional delegation. ([More](#))



## Car Pooling Announcements

☪ *Submit car pooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.*



## Car Pool:

- **Car Pool:** Looking to join a car pool or ride and pay. IL 84 southbound Fulton/ Albany/ Cordova area. Interested text me at (563) 650-8791.
- **Carpool:** Looking for members to join carpool along the Hwy. 61 corridor from Dubuque to Rock Island Arsenal, 2<sup>nd</sup> shift 2:15-10:30 p.m. Starting in the middle April. [Email](#) or call (815) 651-4624.
- **Carpool:** Commuter living in Rio, Ill., looking for someone to carpool with from Galesburg/Alpha area. Employee works 6 a.m. - 3:30 p.m. w/RDO 1<sup>st</sup> Friday of Pay period. [Email](#) or call (309) 782-5472.

## Around the Q.C.



- July 30-Aug. 5:** [ASA Girls 12U Fastpitch Tournament](#) (Greenvalley Sports Complex, Moline)
- July 31-Aug. 5:** [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds)
- Aug. 2-5:** [Bix Beiderbecke Memorial Jazz Festival](#) (LeClaire Park & Hotel Blackhawk)
- Aug. 3:** [Flamingo Fling Art Auction & Party](#) (Quad City Botanical Center)
- Aug. 4:** [14<sup>th</sup> Annual Martin Luther King Center Drill Team Showdown](#) (Rock Island High School)

- Aug. 6-9:** [Children and Adult's Vacation Bible School](#) (510 E. 15<sup>th</sup> Street, Davenport)
- Aug. 9:** [Living Lands & Waters 11<sup>th</sup> Annual Barge Party](#) (Lake Davenport Sailing Club at Oneida Avenue and River Drive, Davenport)
- Aug. 9-11:** [Great River Tug Fest](#) (LeClaire, Iowa / Port Byron, Ill.)
- Aug. 10:** [7<sup>th</sup> Annual Doggie Dip](#) (Fejervary Family Aquatic Center, Davenport)
- Aug. 10-11:** [Ya Maka My Weekend](#) (The District)
- Aug. 11:** [Xstream Cleanup](#) (Quad Cities)
- Aug. 11:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)
- Aug. 11-12:** [11<sup>th</sup> Annual Illinois Renewable Energy & Sustainable Lifestyle Fair](#) (Oregon, Ill.)
- Aug. 15:** [Quad Cities Pink Heals Tour](#) (Faye's Field, Bettendorf)
- Aug. 17-18:** [River Roots Live](#) (Downtown Davenport)
- Aug. 18:** [Inaugural Colonel's Croquet Party](#) (COL Davenport House, RIA)
- Aug. 18:** [River Action's 3<sup>rd</sup> Annual Floatzilla](#) (Lake Potter)
- Aug. 23-26:** [World Series of Drag Racing](#) (Cordova Dragway)
- Aug. 24-26:** [Tribute to Our Fallen](#) [formerly known as 'All Era Veterans Healing Field Of The Quad Cities'] (Davenport Memorial Park Cemetary)
- Aug. 25:** [Quad Cities Irish Festival](#) (Rock Island)
- Aug. 25:** [RIBCO's 3<sup>rd</sup> Annual River City Beer Festiv-ale](#) (The District)
- Aug. 28-Sept. 5:** [ASA Girls 12U Fastpitch Tournament](#) (Greenvalley Sports Complex, Moline)
- Aug. 30-Sept. 2:** [Antique Motorcycle Swap Meet](#) (Mississippi Valley Fairgrounds)

- Sept. 1:** [8th Annual Labor Day Ride For Non-Hodgkin's Lymphoma](#) (The District)
- Sept. 1-2:** [Quad City Air Show](#) (Davenport Municipal Airport)
- Sept. 1-2:** [Rock Island Grand Prix](#) (Downtown Rock Island)
- Sept. 3:** [Bettendorf Rotary 18<sup>th</sup> Annual Run with Carl 5K](#) (Life Fitness Center, Bettendorf)
- Sept. 6:** [13<sup>th</sup> Annual Senior Golf Cart Tour of RiverWay Trails](#) (Multiple Locations)
- Sept. 7-16:** [East West Riverfest](#) (Quad Cities)
- Sept. 8:** [Quad City Symphony Riverfront Pops](#) (LeClaire Park)
- Sept. 8-9:** [Beaux Arts Fair](#) (Downtown Davenport)
- Sept. 15:** [Taming of the Slough](#) (Sylvan Island)
- Sept. 15:** [Brew Ha Ha](#) (LeClaire Park)
- Sept. 15:** [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)
- Sept. 15:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)
- Sept. 15-16:** [Riverssance Festival of Fine Arts](#) (Lindsay Park, Village of East Davenport)
- Sept. 19-21:** [Upper Mississippi River Conference](#) (TBD)
- Sept. 21-22:** [Our Big Fat Greek Festival](#) (St. George Greek Orthodox Church, Rock Island)
- Sept. 22-23:** [Quad Cities Kite Festival](#) (Centennial Park, Davenport)
- Sept. 23:** [Quad Cities Marathon](#) (Downtown Moline)
- Sept. 27-29:** [Mississippi Valley Quilters Show](#) (Mississippi Valley Fairgrounds)
- Sept. 28-30:** [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)



**Sept. 29:** [17<sup>th</sup> Annual Killer Bee 5K Run/Walk](#) (Rogalski Center Lawn, St. Ambrose Campus)  
**Oct. 5-6:** [Midwest Clown Association Convention](#) (Clarion Hotel Conf. Center, Davenport)  
**Oct. 6:** [Hilltop Campus Village 3<sup>rd</sup> Annual Fall Music Festival](#) (Hilltop Park, Davenport)  
**Oct. 7:** [Nancy Kapheim Memorial Classic Gone Running 5K Run/Walk](#) (Schwiebert Park, Rock Island)  
**Oct. 13:** [Quad Cities Cruisers Cruise-In](#) (SouthPark Mall, Moline)  
**Oct. 13-14:** [Gun Show](#) (Mississippi Valley Fairgrounds)  
**Oct. 23-28:** [FLW National Guard Walleye Tournament](#) (Centennial Park, Davenport)  
**Oct. 25:** [Fright Night](#) (The District)  
**Oct. 26:** [Bucktown's Deadstock](#) (Bucktown)  
**Oct. 27:** [Witches Walk](#) (Downtown LeClaire)  
**Oct. 27:** [Daiquiri Factory's Boneyard Boogie](#) (The District)  
**Oct. 27-28:** [Rock and Gem Show](#) (Mississippi Valley Fairgrounds)  
**Nov. 11:** [Doll Show](#) (Mississippi Valley Fairgrounds)  
**Nov. 16-25:** [Quad City Arts Festival of Trees](#) (RiverCenter)  
**Nov. 17:** [Festival of Trees Parade](#) (Downtown Davenport)  
**Nov. 17:** [Lighting on the John Deere Commons & Holiday Pops Concert](#) (Downtown Moline)  
**Dec. 1-14:** [Season of Light-Star of Bethlehem](#) (Augustana College Planetarium)  
**Dec. 2:** [19<sup>th</sup> Century Christmas](#) (Butterworth Center, Moline)  
**Dec. 7:** [Gallery Hop!](#) (The District)

**Dec. 8-9:** [131<sup>st</sup> Annual Performance of Handel's Messiah](#) (Centennial Hall, Augustana College)

## Island Insight



**Joel Himsl, Garrison Manager; Eric Cramer, Public Affairs Officer; Mark Kane, Editor**

*The Army publication, Island Insight, is an unofficial publication authorized under [AR 360-1](#) to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processor software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal Garrison Public Affairs Office. Submission of [announcements](#), articles, photos, letters, and graphic art of interest to the general readership is encouraged. All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMNE-RIA-PA, Rock Island, IL 61299-*

5000. For [submission of announcements to the Island Insight](#); [usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil](mailto:usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil); Phone: (309) 782-1121. The Island Insight is [available on-line](#).

**Take 5**  
for Vacation Safety

SOLDIERS LEADERS CIVILIANS FAMILIES

- Maintain your vehicle so it's ready for the road.
- Wear sunscreen protection and reapply as directed.
- Stay hydrated.
- Never operate a watercraft while under the influence.
- Always wear a life jacket.

Take 5 ... then take action.

ARMY STRONG  
IS ARMY STRONG  
A BROTHERS & SISTERS





# Antiterrorism Awareness Month August 2012



Rock Island Arsenal will participate in the Department of the Army Antiterrorism Awareness Month, August 2012. Below is the main topic for weeks one through four . Each week you and your force protection officer/command representative will receive an email providing education and tips for the topic of the week. This is all open-source information that you can share with your entire workforce.



## WEEK ONE

### Know Your Surroundings/Suspicious Activity Reporting.

Learn about the iWATCH program and website to include **what** to report and **how** to report it.



## WEEK TWO

### Training / Education

Various training requirements will be discussed to include Antiterrorism Level I training, Operations Security and participating in the annual Force Protection exercise.



## WEEK THREE

### Individual Awareness/ OCONUS Travel

Various topics will be discussed to include individual Awareness/Protection measures and CONUS/OCONUS Travel concerns.

### FPCON MEASURES



## WEEK FOUR

### Force Protection Conditions/ Advisory Systems

The five basic Force Protection Conditions (FPCONs) will be discussed. In addition, we will summarize the week by tying antiterrorism awareness into emergency preparedness leading into National Preparedness Month, September 2012.

Always Ready.

Always Alert.

*Because someone is depending on you.*