

June 20, 2011



# Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the island intranet under "Information" and on the installation website at [www.ria.army.mil](http://www.ria.army.mil) under "About USAG-RIA" and then "News" and "Local News."

**Island Insight Submission:** <http://www.ria.army.mil/sites/IslandAnn/announcement.cfm>

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## **Military Vets Build Friendship,**

**Instruments:** Dave Schneider and Joe LeFebvre once lived blocks from each other in East Moline and rode bikes together to work at the Rock Island Arsenal. The two are Navy veterans and each had a child graduate from United Township High School in 1996. For years, they've enjoyed weekly jam sessions at each other's homes, where they play and sing favorite tunes. By coincidence, Schneider and LeFebvre

both chose May 31 to retire, and plan to devote more time to playing, building and repairing their beloved stringed instruments. "We've been playing guitar together since we met," in 1985, Schneider said recently of their working at the Arsenal's Joint Manufacturing and Technology Center, where they both went through the machining apprenticeship program. Schneider has played guitar since he was 12 and LeFebvre since he was 13. "I've been

building instruments since I was a freshman in high school," Schneider, a 63-year-old Davenport West alum said recently from the Silvis home he designed seven years ago. "I started with a dulcimer, kind of self-taught. I thought it was a cool instrument and I wanted one, but there was nowhere to buy one around here. "I found a book in a library, looked at pictures and built



one," he noted. "There was a short stretch after high school before the Navy, I worked at a guitar factory in Pennsylvania." ([More](#))

## Commissary Closing for Store 'Reset':

The commissary will be closing at 5 p.m. on Saturday, **June 25**. We will be preparing for a total store reset complete with new shelving. We will reopen on Tuesday, **June 28**, at 8:30 a.m.



## Supply Store Hours for Week of June

**27**: The Arc Business Supply will be closed from **June 27-30** due to end of fiscal year inventory. Supply orders can still be placed online at [arcbusinesssupply.org](http://arcbusinesssupply.org). Thank you for your support.



## Navy Week 2011 Breakfast:

Rear Adm. Tilghman Payne, commander, Navy Region Midwest, will be the guest speaker at an all services breakfast on Wednesday, **June 22**, at Our Lady of Guadalupe Parish, 800 -



17<sup>th</sup> Street, Silvis, Ill., 8-9:30 a.m. Cost is \$10. Following breakfast, all are invited to a commemoration service of veterans from all military branches at Hero Street Monument, corner of 202 1<sup>st</sup> Ave/Hero St., Silvis, Ill., 10-10:30 a.m. There will be a wreath laying ceremony, honors rendered, colors ceremony, invocation, moment of silence and Taps.

**Employee Groups Urge Biden to Safeguard Federal Pensions:** Federal labor unions and employee associations on Thursday urged Vice President Biden to

reject a proposal to drastically increase the amount federal employees pay into their defined benefit pension plans. The proposed contribution increase would amount to a 5 percent payroll tax hike for nearly 1.7 million employees under the Federal Employees Retirement System, and would violate President Obama's campaign pledge not to raise taxes on those earning less than \$250,000, 17 unions and associations said in a letter to Biden. ([More](#))



**FLTCIP Open Season:** (FLTCIP) Federal Long Term Care Insurance Program Open Season: **April 4 - June**

# Upcoming Dates

- June 16-22:** Quad City Navy Week
- June 16-23:** National Nursing Assistants Week
- June 19-25:** Lightning Safety Awareness Week
- June 19-25:** Preventing Slips, Trips and Falls Week
- June 21:** First Day of Summer (Summer Solstice)
- June 21:** National Daylight Appreciation Day
- June 21:** National Summer Learning Day
- June 23:** International Public Service Day
- June 23:** 72<sup>nd</sup> USCG Auxiliary Birthday
- June 23:** National Olympic Day
- June 25:** Great American Backyard Campout
- June 26:** 66<sup>th</sup> United Nations Birthday
- June 26-30:** On the Road, Off the Phone Week
- June 26-July 2:** National Mosquito Control Awareness Week
- July 1-7:** National Clean Beaches Week
- July 2:** 223<sup>rd</sup> Anniversary of the US Constitution Taking Effect
- July 3:** Stay Out of the Sun Day
- July 4:** Independence Day (*Federal Holiday*)
- July 4:** Earth at Aphelion
- July 7:** Father Daughter Take a Walk Together Day
- July 11:** 149<sup>th</sup> Anniversary -- Rock Island Arsenal Established by Act of Congress
- July 11:** World Population Day
- July 17:** National Ice Cream Day
- July 17-23:** Captive Nations Week
- July 21:** MWR RIA Employee Appreciation Day
- July 23:** 64<sup>th</sup> AMVETS Birthday
- July 24:** Parents' Day
- July 24:** 42<sup>nd</sup> National League of Families of American Prisoners and Missing in Southeast Asia Anniversary
- June 26:** International Day Against Drug Abuse and Illicit Trafficking
- July 28-29:** Southern Delta Aquarids Meteor Shower



24. To apply during FLTCIP Open Season please visit the Apply section of [FLTCIP's website](#) to download or complete online FLTCIP Open Season application. 1 (800) LTC-FEDS (582-3337) TTY: 1 (800) 843-3557

## Senate Committee on Armed Services Completes Markup of National Defense Authorization Act for FY12:

Sen. Carl Levin, D-Mich., chairman of the Committee on Armed Services, announced June 17 that the committee has completed its markup of the National Defense Authorization Act for FY12. The bill authorizes funding for the DoD and the national security programs of the Department of Energy. The committee approved the bill unanimously on Thursday, June 16. It now goes to the full Senate for consideration. ([More](#))



## Iowa Fallen Soldiers Traveling Wall:

The Iowa Fallen Soldiers Traveling Wall will be on display at the Davenport Main Library, **Aug. 16-23**, and an opening ceremony for the display will take place **Aug. 15**. POC: [dollie.carpenter@us.army.mil](mailto:dollie.carpenter@us.army.mil), (309) 782-8253 ([More](#))

## Change to AOR/OCONUS Brief:

Effective **June 30**, the USAG-RIA will no longer conduct Area of Responsibility / Outside Continental United States briefings at the installation level. Each command is directed to their respective Antiterrorism Officer. The JMC ATO can be reached at (309) 782-1823 and the ASC ATO can be reached at (309) 782-5809. The USAG-ATO can be contacted at (309) 782-0116. For tenants without ATO's on the installation can contact the USAG-ATO for the training.



## TACOM RI Ball Game July 18

**Modern Woodmen Park:** Calling All Baseball Fans – TACOM-RI's Last Summer Event. Open to all Island Employees and their guests. Discounted tickets for \$6.



Between inning entertainment. Come and reminisce with TACOM employees at their last summer event. To purchase tickets before the **July 1** deadline please call (309) 782-8488 or [email](#) for

facebook



Rock Island Arsenal Like

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Wall

Rock Island Arsenal

via Quad-City Times

**Q-C delegation to meet with general to talk about Arsenal**  
qcimes.com

The U.S. Army Materiel Command's commanding general has agreed next month with the entire Rock Island Arsenal congressional

Yesterday at 7:05am · Like · Comment

Daniel Torres likes this.

Rock Island Arsenal

The U.S. Navy's Blue Angels are here in the area as part of the Quad Show this weekend. Many who grew up in the 80s may remember this the Blue Angels by Van Halen and edited to their song "Dreams."

Van Halen - Dreams (Blue Angels Ve  
www.youtube.com

Van Halen & the Blue Angels with a great video "Dreams" which by many (if not all) t

691  
people like this

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information on the ticket seller nearest you.

## Army Moving Steadily to Enterprise

**Email:** Since February, 70,000 Army users have migrated to the Enterprise Email service. This includes staff members working for the Army chief information officer/G-6; Army Cyber Command; NETCOM/9th Signal Command SC(A); 7th Signal Command; the Research, Development and Engineering Command, HQ 93rd Signal Brigade; Fort Riley, Kan., and Fort Monmouth, N.J.; Rock Island, Ill.; and Aberdeen Proving Ground, Md. Enterprise Email is leveraging Army-owned Microsoft software licenses and the DoD cloud provided by the Defense Information Systems Agency. The migration covers 1.4 million unclassified network users and 200,000 secret network users. ([More](#))



## Return to Force Protection (FPCON)

**Condition ALPHA:** Effective June 16, all USNORTHCOM installations have returned to FPCON Alpha with BRAVO measures. These BRAVO measures will be sent to the Protection Work Group

for review and action. Although the FPCON has been lowered, individual awareness and reporting suspicious activity is needed to make the Rock Island Arsenal a safe place to live and work. To report suspicious activity, call central dispatch at 9-1-1. As a reminder if you are dialing from a cell phone the call will go to an off island dispatch center, you will need to let the dispatcher know you are calling from the Rock Island Arsenal so the call can be transferred to our on-post dispatch. Please address questions and comments to Ed Peterson, RIA Antiterrorism Officer, (309) 782-0116, [edmund.r.peterson.civ@mail.mil](mailto:edmund.r.peterson.civ@mail.mil) or Mike Luchner, RIA Force Protection Officer, (309) 782-4577, [michael.d.luchner.civ@mail.mil](mailto:michael.d.luchner.civ@mail.mil).

**Blood Drive:** The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on

**Friday, July 8, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **3<sup>rd</sup> shift** blood drive will be held



in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on July 8**. To sign up for a blood drive held on either the 2<sup>nd</sup> or 3<sup>rd</sup> shift, donors should contact their shift supervisor.



*The Truth About Donating Blood! Excuse: Plenty of people donate, they don't need my blood. Truth: The fact is that plenty of people don't donate. Every two seconds, someone in the U.S. needs blood. Unfortunately, of the 38 percent of the U.S. population that is eligible to donate blood, less than 10 percent do annually.*

**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information see:**

[www.cpol.army.mil/library/permis/5012b.html](http://www.cpol.army.mil/library/permis/5012b.html)

## Message From the Indianapolis

**Civilian Payroll Office:** Now is a good time to review your tax withholding information. Please verify that your deductions are being withheld for the correct State and Locality. Correct information is your responsibility and



changes can be made via MyPay or your CSR.

## **CAC Renewal Appointment On-Line**

**Process:** All appointments can be scheduled on the new "Online Appointment Scheduler." Click [HERE](#) to access the website. Select "make an appointment" and type in "IL" in the state and hit GO on the homepage and then follow the directions. Once completed, you will receive a confirmation number and email notification of your appointment. Two forms of ID are required for your appointment. Read the instructions on what documentations are needed for your appointment. All contractors must contact security prior to scheduling an appointment. Security can be reached at (309) 782-1369 or 7850. CAC office (309) 782-0596/0597; Hours M-F, 6:30 a.m. - 3:30 p.m. (last appt. at 3 p.m.) closed for lunch 12-12:30 p.m.; Bldg. 23.



**Trivia Night at St. Alban's:** Time for another summer of trivia at St. Alban's Episcopal Church, 3510 W. Central Park in Davenport, **June 25, July 23,** and **Aug. 20.** Teams of eight or less. \$10 per

person. Cash prizes for winners, door prizes, 50-50 raffle. Contact George Eaton at [eatongeo@msn.com](mailto:eatongeo@msn.com) for reservation. Only 10 tables.  
Time: **7-10 p.m.**

**Save the Date:** 10<sup>th</sup> Annual Women In Defense Golf Outing Friday, **Aug. 5,** at Glynn's Creek Golf Course. Shotgun Tee Time 8 a.m. For more information call Brenda Hanes at (309) 794-0115



## **Blue Grass Legion Pancake**

**Breakfast:** Blue Grass American Legion Post 711 serves an all you can eat pancake breakfast for \$6. The menu includes pancakes, sausage, scrambled eggs, potatoes, homemade cinnamon rolls, coffee, milk and juice. 106 South Juniata St., Blue Grass, Iowa. ([More](#))  
Date: **Saturday, July 2**  
Time: **6 a.m. - 9:30 a.m.**



**B-17 'Aluminum Overcast' Headed to Davenport During EAA's 2011 National 'Salute To Veterans' Tour:** "Aluminum Overcast," the Experimental

Aircraft Association's restored B-17 bomber, will descend upon Davenport Municipal Airport in Davenport on **July 8-10** for one of nearly 60 tour stops scheduled for its 2011 "Salute to Veterans" national tour. At each stop, flight "missions" are available in the airplane, which allow people to fly in this spectacular aircraft. For more information regarding these flights, including rates for flights and ground tours, visit [www.b17.org](http://www.b17.org) or contact EAA's B-17 Tour Office at (800) 359-6217.

## **Annual Red Cross Golf Outing at**

**TPC Deere Run:** Mark your calendars now for this premier golf fundraiser in the Quad Cities. For information & registration, go to [www.qcredcross.org](http://www.qcredcross.org) or contact Kasey at (309) 277-4027 ([kellykas@usa.redcross.org](mailto:kellykas@usa.redcross.org))  
Date: **Monday, Sept. 19**  
Time: **1 p.m.**

## **Employment of Random**

**Antiterrorism Measures:** Random Anti-Terrorism Measure Program. RAMP is a program designed to disrupt/deter surveillance on our Installation and Housing areas. The U.S. Army Garrison Rock Island Arsenal utilizes a vigorous RAMP program. Measures from Higher FPCON are



selected and sent to the Police and Guard force for implementation. RIA is currently enforcing Random Antiterrorism Measures at each of our three Entry Control Point locations. High-visibility deterrent measures can convince adversaries they will be unable to accomplish their "attack sequence" of surveillance, plan, execute and escape with being detected. Highly visible and unpredictable coverage patterns, along with a security force and aggressive measures can be viewed by adversaries that the security of this installation is too effective for them to succeed. Self Protection Measures: - Vary routes/routines and times to and from work/activities. - Enter/Exit buildings from different locations. - Don't divulge family/personal information to strangers. - Be aware of surroundings. - Maintain a low profile in dress and behavior. - Be prepared for the unexpected. Please, remember if you see something that seems out of place or suspicious, call 911 immediately.

## **OPSEC Message of the Month –**

**Social Networking:** Some people update their social networks with every detail of their lives, revealing intimate details such as their date of birth, home address and when they're off on holiday. Are you advertising your home to

burglars? Keeping in touch via social networking sites is part of everyday life for most of us, but disclose too much information and you could become an easy target for burglars. Other concerns, Social networkers not locking their profiles, meaning anyone – including criminals – can access their status updates. Some even admitted posting photographs of their homes. A burglary is not just distressing; making a claim will drive up your future insurance premiums as well. That means you could still be paying for one thoughtless tweet or wall post for years. There has even been some suggestion that an insurer could refuse to pay a home insurance claim if you had revealed online that you would be away – after all, you are expected to take reasonable care of your property. As a nation, we are becoming increasingly comfortable with sharing more and more information on the web – but it's important to consider your personal security and to make sure your privacy settings are up to date. Otherwise, your casual online chatter could end up giving a burglar all the information they need to make you their next victim.

## **Arsenal Attic Thrift Shop &**

**Boutique:** The Arsenal Attic is seeking someone with bookkeeping experience

for a position with the Attic beginning sometime in July. Persons interested should have an updated resume ready for submission to the Rock Island Arsenal Welcome Club. Specific information regarding this position will be announced within the next few weeks. POC: (309) 782-6977.

## **Arsenal Traffic/Construction**

**Pothole Repairs:** During the next several weeks, there will be pothole repairs at various locations on Arsenal Island. Barricades, cones, safety tape and flagmen will be present at the repair sites. Please use caution when approaching these locations.

**Parking for the Fitness Center:** Due to the arrival of personnel from the First Army, effective June 20, some parking areas will no longer be available to the Fitness Center customers. The Garrison has converted nine spaces in lot OG in front of Bldg. 67 to accommodate the First Army's handicapped employees. These nine Fitness Center spaces have been transferred to Lot OQ on 3<sup>rd</sup> Street next to B66 and marked as reserved for the Fitness Center. In addition, 11 Fitness Center spaces in front of Bldg. 110 have been removed from the Fitness



Center designated parking and marked reserved for First Army. It is the intent of the Garrison to gradually transfer 11 spaces in this parking lot back to the Fitness Center by the end of summer as TACOM-RI employees leave. If you have any questions or concerns, please contact Marilyn Miller, (309) 782-2715, [marilyn.w.miller.civ@mail.mil](mailto:marilyn.w.miller.civ@mail.mil), if you have any questions.

### **Rock Island Viaduct Lane Closure:**

The Rock Island Viaduct will have a one-lane closure **June 20 - July 25**, 8:15 a.m. to 2:15 p.m. This closure is required to repair surface spalling of concrete on the parapet walls and curbing of the bridge structure.

**Bridge Closures for Washing:** Bridge closures **June 25-29** are necessary for bridge washing as follows: Government Bridge: **June 25 & 26**, 6 a.m. - 6 p.m. (both days if necessary); and Rock Island Viaduct and Pedestrian Bridge from **June 27-29**, 8:30 a.m. - 2 p.m. (off peak traffic hours).

**Partial Closure of R.I. Viaduct:** Since June 13, there has been a one lane closure of the R.I. Viaduct. The one lane closure is due to concrete repair to the curb and sidewalk surfaces of the bridge structure. Work will be from the hours

of 8 a.m. - 2:30 p.m. The project will last from six to eight weeks, weather permitting. Flagmen and traffic control will be provided. POC: [randall.l.brockhouse.civ@mail.mil](mailto:randall.l.brockhouse.civ@mail.mil), (309) 782-2440.

### **Partial Lane Closure of Fort Armstrong Ave and Rock Island Drive and Complete Closure of Bike Path:**

Since May 2, the intersection at Ft. Armstrong Ave. and Rock Island Dr. began a one lane closure until further notice. The lane closure is 8 a.m. - 2:30 p.m. each day. Also since May 2, the bike path was temporarily closed.

## Building/Space Closures

**Closure of Bldg. 390 Front Entrance and Sidewalks:** The contractor constructing the new entrance and circle drive has revised drawings and is now requesting sidewalk/entrance closures in order to perform the work. Pedestrian traffic along Rodman will be required to utilize the south sidewalk to traverse along the roadway. For pedestrian access/entry to Bldg. 390, please use the East Courtyard doorway.  
Date: **Tuesday, June 28**  
Time: **7 a.m.**

**Bldg. 56 Restroom Closure:** The women's restroom (56-2-2) located in Bldg. 56, is scheduled for closure during **June 21-24**. The closure is necessary to perform painting of the room. POC: [marsha.k.marcellus.civ@mail.mil](mailto:marsha.k.marcellus.civ@mail.mil), (309) 782-0361

## Active Duty/Reserve Zone

**DoD Issues Purple Heart Standards for Brain Injury:** U.S. servicemembers have long been eligible to receive the Purple Heart Medal for the signature wounds of the current wars -- mild traumatic brain injuries and concussions -- but now there is more clarity on how medical criteria for the award are applied, Defense Department officials said yesterday. The criteria for the Purple Heart award state that the injury must have been caused by enemy action or in action against the enemy, and has to be of a degree requiring treatment by a medical officer. But it may be difficult to determine when a mild traumatic brain injury, or TBI, or a concussive injury that does not result in a loss of consciousness is severe enough to require treatment by a medical officer. ([More](#))



## Safety Spotlight



### **Lightning Safety Week is This Week:**

Summer is the peak season for one of the nation's deadliest weather phenomena - lightning. But don't be fooled, lightning strikes year round. The goal of Lightning Safety Week (June 19-25) is to safeguard U.S. residents from lightning. Remember, when thunder roars ... go indoors. ([More](#))

### **Child's Entrapment Death Prompts Big Lots Recall of Metal Futon Bunk Beds:**

In cooperation with the U.S. Consumer Product Safety Commission (CPSC), Big Lots, of Columbus, Ohio, is voluntarily recalling about 30,000 metal futon bunk beds. Children behind the futon or in the ladder area of the bunk bed can get entrapped when the futon and its metal frame are lowered from the seated to the flat position. This is what happened to a three-year old Burlington, Iowa boy who died when he became entrapped at the head and neck in the recalled bunk bed in March of 2010. The weight of the futon's metal frame prevented the child from breathing and escaping. CPR was administered, but the child died at the hospital due to compression asphyxiation. ([More](#))

**Lightning Safety:** Thunder and lightning storms happen all the time. But did you know that lightning strikes and lightning fires occur most often in the summer? Know what to do to keep you and your family safe when it does strike. ([More](#))

**Motorcycle Class Registration Now On-Line:** The [U.S. Army Installation Command Registration system \(AIRs\)](#) is a web-based scheduler and tracking tool for the Army Traffic Safety Training Program. [AIRs](#) allows military and civilian personnel to [electronically register](#) for traffic safety courses (Motorcycle Safety Classes and Intermediate Driver Training Classes) conducted at IMCOM garrisons. ⚡ The two-day Basic Rider Motorcycle Course is scheduled for **June 28 and 29**; the one-day Experienced Rider Motorcycle Course is scheduled for **June 30, and Aug. 10 or 11**; two sessions of the Intermediate Driver Training Course are scheduled for **Aug. 9**. ([More](#))

## Equal Opportunity Focus



**Prevention of Sexual Harassment Training (POSH) for New Hires:**

Prevention of Sexual Harassment Training will be offered by the Garrison EEO Office for new hires. The location will be the Blackhawk Conf. Room, Bldg. 108, 3<sup>rd</sup> Floor, new hires at 8:30 a.m. on the following days: **July 12, and Oct. 11**. To sign up for this mandatory training, please register through [TEDs](#); key word: "posh for new hires." POC for POSH training (or to receive special accommodations) is [mary.gale@us.army.mil](mailto:mary.gale@us.army.mil) at (309) 782-5024.

## Morale, Welfare & Recreation (MWR)



### **Morale, Welfare & Recreation**

**(MWR):** Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs. Also [click here](#) to become a fan on Facebook and stay up to date on all the great MWR offerings here at the Arsenal.

### **Mark Your Calendars – Arsenal MWR Employee**

**Appreciation Day:** Arsenal Island's Family and Morale, Welfare and Recreation

[Employee Appreciation Day](#) is



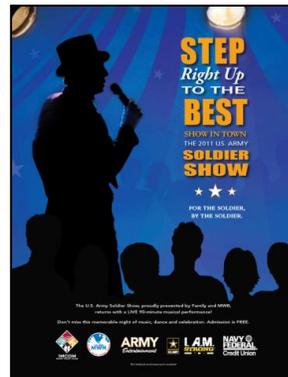
scheduled for **July 21**, 10:30 a.m. - 4 p.m. (official ceremony will be held at 11 a.m. at the main stage). This year's theme is "Working Together to Make a Difference." The [event](#) is open to all military personnel, civilians, contractors, retirees, and their family members. Please plan to attend and enjoy a variety of food, games, sporting events, adult tricycle races, and great entertainment; and best of all the camaraderie. Music will be performed by "The Spirit of the USO Band" from Chicago. Please plan to attend and enjoy a variety of food, games, and a variety of great entertainment; but best of all camaraderie. Any Arsenal Island organization wanting to set up a static display and have logistical requirements, please call (309) 782-1230 ([Registration Form](#)). Contractor personnel are reminded that it is their responsibility to make arrangements with their contractor supervisor/employer for appropriate leave or other status which does not conflict with their employer's contract obligations. Federal personnel cannot grant or authorize leave for contractor employees. Also, contractors are reminded that attendance by their employees at the event is not time or performance which is compensable under the contract. ([More](#))

## **No Factory Tour at This Year's FMWR Employee Appreciation Day Picnic:**

Due to other opportunities to tour the factory the tours of the factory will not be offered this year at the annual Employee Appreciation Day Picnic on **July 21**. Tours will be offered at JMTC's Industry Day on **Aug. 4**. Please call (309) 782-5759 for more information.

## **2011 U.S. Army Soldier Show:** The U.S. Army Soldier Show, presented by Family and MWR, returns

with a 90 minute live musical performance. See talented Soldiers explore music genres and cultures from around the world. Don't miss this memorable night of music, dance and celebration on **June 28**, 7 p.m., Adler Theatre, Davenport. Admission to the show is free on a first-come, first-seated basis. Visit the [Army Entertainment website](#) for information; or call (309) 782-1230; [linda.s.rice.naf@mail.mil](mailto:linda.s.rice.naf@mail.mil).



## **2011 Army Arts & Crafts Contest:**

The 2011 Arts and Crafts contest began May 1. Calling all artists ... submit your original artwork in a variety of categories including: ceramics, drawings, wood, digital art (new category), fibers and textiles, water base painting, glass, oil base painting, metals and jewelry, mixed media - 2D and/or mixed media - 3D for a chance at Army-wide fame. For information and guidelines visit the [Army MWR website on the Arts and Crafts page](#) or call (309) 782-1230.

## **MWR Leisure Travel Office**

**Office Hours:** Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890, [anna.winters@us.army.mil](mailto:anna.winters@us.army.mil), <http://riamwr.com/BusPgms/special.htm>

## **Free Tickets for Military for the John Deere Classic:**

The John Deere Classic in conjunction with the Association of the United States Army is proud to once again offer free tickets to Military to the John Deere Classic PGA Golf Tournament at TPC Deere Run **July 6-10**. The John Deere Classic, Lowes and



the RIA chapter of AUSA will host a Military hospitality suite directly behind the 15<sup>th</sup> hole on Sunday, **July 10**.

Military can pick up their tickets at the Leisure Travel Office in Bldg. 60 or call (309) 782-5890 for more info. There will also be a PGA Tour Exhibition on Tuesday, **July 5**, 10-11:30 a.m. ([Flyer](#))

### **Outdoor Recreation RV Lot Storage:**

Outdoor Recreation has a few spaces available in the RV Storage Lots. It is outdoor storage in a locked fenced in area. The monthly user fees are \$15 or \$20. For more info contact Outdoor recreation at (309) 782-8630.

### **Cardinals vs. Cubs:**

Seats on sale for \$99 for the Cards vs. Cubs bus trip on Saturday, **Sept. 24**. This game will be at Busch Stadium. Departure time is 5:30 a.m. from Col Davenport pavilion area. Six seats per customer, no seats will be put on hold. No alcohol allowed on bus.



**If You Give A Mouse A Cookie:** When a boy shares his snack with a hungry, demanding mouse, he learns a hilarious lesson about cause-and-effect. This adorable children's play is based on the popular children's book. Show-only,

concessions will be available prior to show.

Date: **Saturday, July 16**

Time: **10 a.m.**

### **Mt. Olympus Water & Theme Park:**

Lose yourself in an ancient world as you brave four thrilling lands. Thirty-seven steep and slippery slides. Six hair-raising roller coasters and eight curve-hugging go-kart tracks. Wrist bands available for the 2011 season (**May 28 – Sept. 5**) Discounted price is \$25. A savings of \$14.99.

**Quad City Stallions:** The Quad City Stallions are in their third season this year. A member of the Midwest Football Alliance Games run from **May thru July**. The Quad City Stallions is a semi-pro football team in the Midland Football League. Season Pass is \$20 single game tickets \$5 and kids under 12 are free.

**Danube Group Cruise:** From the splendor of Prague to the Gypsy violins of Budapest, you'll treasure every moment of this memorable Danube River cruise. Enjoy guided sightseeing. Experience the music, art, culture and historical sites. More than \$1,000 savings per person when booked through Leisure Travel Office. Contact

LTO to schedule an appointment for this cruise offer.

Date: **Friday, Oct. 21**

**QC River Bandits:** Discounted box seat tickets available for all home games. All tickets are \$8. Enjoy Thirsty Thursdays and Firework Fridays.

**Circa 21 Presents – Hairspray:** Take a trip back to 1962 with Tracy Turnblad, a big girl with big dreams and even bigger hair. This Tony Award-winning musical is filled with laughter, romance, dancing, unforgettable tunes, and is a joyous tribute to the 60s. Seats on sale until July 7 at a discounted \$43.50.

Date: **Saturday, July 16**

Time: **5:45 p.m.**

### **July Downtown/Loop Shopping Trip:**

Join us for a day of shopping in downtown Chicago. Here you'll find department stores such as Bloomingdale's, Lord & Taylor and Nordstrom, Crate & Barrel and Pottery Barn, jewelers such as Tiffany and Van Cleef & Arpels, big name boutiques and indoor shopping malls, such as Water Tower Place. \$39 per person.

Date: **Saturday, July 16**

Time: **6:30 a.m.**



**Six Flags Great America:** Visit this amazing theme park with awesome rides, great shows, and incredible attractions, plus Hurricane Harbor. Discounted admission tickets available for the 2011 season. Tickets are \$36 for Adult/Child.

## Child, Youth & School Services

**British Soccer Camp:** Child, Youth & School Services is proud to once again host Challenger Sports' British Soccer Camp **July 11-15**. This camp is open to all children (not restricted to children of Arsenal employees) ages 4-16. All participants receive a free t-shirt and soccer ball with registration. Register online at [www.challengersports.com](http://www.challengersports.com) or call (309) 782-7544 for more info. ([Flyer](#))

**Lead the Way:** SKIESUnlimited is offering Lead the Way summer sessions in June and July. All sessions are held for three days from 9 a.m. - 2:45 p.m. Extended afternoons are an option. Registered patrons may enroll at [www.riamwr.com/cys](http://www.riamwr.com/cys) or call (309) 782-0791 to schedule registration. Please call SKIESUnlimited at (309) 782-5969 with any questions.

## Army Community Service (ACS)

ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook [click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412



### Summer Activities in the Quad Cities:

Come visit the Cafe 4 Parents information table in the Bldg. 350 cafeteria to learn how to keep the kids busy this summer. There are many great activities and programs available locally to keep the family busy. Plenty of brochures will be available to take. For more information, call (309) 782-3049. Date: **Wednesday, June 22**  
Time: **11 a.m. - 12 p.m.**

**Second Accredited Financial Counselor Candidate Joins Army Community Service:** Army Community Service is pleased to announce the arrival of a new member of the Army Volunteer Corps as an Accredited Financial Counselor Candidate.

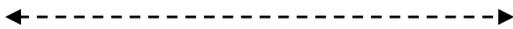
Christina "Chris" Hoenig, who is the wife of a deployed soldier. She has began her practicum in the Financial Readiness Program as of June 6. Welcome, Christina!

**Miniature Golf Night:** Attn. Military Dads – come join the Fatherhood Program at Valley Falls Adventure Golf, 324 1<sup>st</sup> Ave., Milan, Ill. for a night of free fun for you and the kids. Dinner will be provided. RSVP to Family Advocacy at (309) 782-3049 or [jennifer.a.kerr10.civ@mail.mil](mailto:jennifer.a.kerr10.civ@mail.mil). Date: **Thursday, June 23**  
Time: **5:30-7:30 p.m.**

**Newcomers' Orientation Tour:** Do you know...? The answers to these questions and others are answered on the Newcomers' Orientation Tour. (That's right, it is a tour again.) Plus you get to know more about Garrison programs and facilities that make your time here more enjoyable. Held monthly on the fourth Thursday, except November and December. You will be introduced to "The Rock" and take a walking tour of Kingsbury Manufacturing Center (also known as Joint Manufacturing and



Technology Center). The orientation is open to all military, civilians, contractors and military Family members. Duty time is not automatically authorized, so please check with your supervisor. Seating is limited so [register online](#). For questions, call (309) 782-0829.



## Employee Assistance Program

**Employee Assistance Program:** For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are 7 a.m. – 4:30 p.m. Monday through Friday. For additional information on the Employee Assistance Program, go to [www.riamwr.com](http://www.riamwr.com) or [Facebook](#).

**Prescription Take Back Day:** More Americans currently abuse prescription drugs than the number of those using cocaine, hallucinogens, and heroin combined, according to the 2009 National Survey on Drug Use and Health. Each



day, approximately 2,500 teens use prescription drugs to get high for the first time according to the Partnership for a Drug Free America. Studies show that individuals who abuse prescription drugs often obtain them from family and friends, including from the home medicine cabinet. In addition, many Americans do not know how to properly dispose of their unused medicine, often flushing them down the toilet or throwing them away which are both potential safety and health hazards. The EAP is providing an opportunity to dispose of your unused and expired prescription drugs. On **June 28 & 29**, the EAP and Law Enforcement will be collecting unused and expired prescription drugs at the following places and times ... **June 28:** 5:30-8:30 a.m. & 2:30-4:45 p.m., at Memorial Field Parking lot; **June 29:** 5:30-8:30 a.m. & 2:30-4:45 p.m., in the Commissary Parking lot. Participants bringing in unused or expired prescription drugs for disposal will receive a free umbrella or car shade.

**Anonymous Online Mental Health Screening -- June 2011:** Man, what are you drinking? Or more importantly, how much? If you are like many men, you may drink alcohol occasionally. Or, like others, you may drink moderate amounts

of alcohol on a regular basis. But did you know that drinking more than the moderate levels -even occasionally- may put you at risk for serious health problems? ([More](#))

**Smoking Cessation Group:** You can afford to quit smoking. All Federal Employees Health Benefits Program enrollees are now covered 100 percent for smoking cessation aides. Join the Employee Assistance Program's Smoking Cessation educational support group that meets each Wednesday 3-4 at the EAP office located in Bldg. 110, 1<sup>st</sup> floor, SE wing.

**PTSD Support Groups:** Are you or a loved one experiencing symptoms of Post-Traumatic Stress Disorder? The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details. (Additional resource: [Virtual PTSD Experience](#))

**EAP Offers Grief Group:** The RIA EAP is now offering a new service – Grief Group. This group discusses the latest research on bereavement and coping with loss. Topics include divorce, aging, deployment, retirement,



and much more. The group meets every Wednesday from 3-4:30 p.m. at the EAP office, Bldg. 110, 1<sup>st</sup> Floor, SE Wing.

## Education/Training Review

**Army Continuing Education Services:** The Army Continuing Education Services office, located in Bldg. 56, 1<sup>st</sup> floor, has a new Education Service Officer, Alison Hemmert. The Education Center has new hours of operation. The office is open Monday through Friday 7 a.m. – 3 p.m. If you have any questions, please feel free to contact this office at (309) 782-2065.

**Palmer College to Offer Free Tuition to Eligible Veterans:** Through a unique program offered by the U.S. Department of Veterans Affairs (VA), Palmer College of Chiropractic is making it possible for eligible U.S. veterans enrolled or about to enroll at any of Palmer's three campuses to have up to 100 percent of their out-of-pocket tuition and fees associated with education programs covered for a one-year period. Known as the Yellow Ribbon GI Education Enhancement Program, the plan covers all undergraduate and graduate tuition not

already provided for by the Post-9/11 Veterans Educational Assistance Act of 2008. ([More](#))

## Defense Commissary Agency / PX

The [Rock Island Commissary](#) makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com)

**Commissary Closing for Store 'Reset':** The commissary will be closing at 5 p.m. on Saturday, **June 25**. We will be preparing for a total store reset complete with new shelving. We will reopen on Tuesday, **June 28**, at 8:30 a.m.

**Sales Flyers:** Patrons can visit the [AAFES website](#) and sign up to receive free online sales flyers.



## Arsenal Archive

Information for the *Arsenal Archive* is made available by the [Rock Island Arsenal Museum](#). The Museum is open Tuesday through Friday, 10 a.m. to 4 p.m. and Saturday and Sunday, Noon to 4 p.m. The museum is closed on Mondays and major holidays. Admission is free.

### **This Week in Rock Island Arsenal History – June 13-19:**

## Healthbeat

**What Happens To Your Body After You Drink a Soda Every Day, For a Long Time:** Sugar rushes and caffeine highs followed by a depressing energy crash are what happens to your body if you drink a soda right now, but plenty of Blisstree readers actually seem to be okay with that. Some of you think it's alarmist to compare a caffeine and sugar rush to doing drugs, and some just don't really care about the slump they'll find themselves in after drinking 39 grams of sugar, but what makes us really worried about a soda-slurping habit is what happens over the long term. ([More](#))



**Cancer and Men:** Every year, cancer claims the lives of nearly 300,000 men in America. There are ways to reduce the risk for some of the most common types of cancer in men. In 2007, the most recent year for which statistics are available, more than 758,587 men in the United States were told they had cancer, and 292,853 died from it. Due to advances in early detection and treatment, more men who are diagnosed with cancer are surviving each year. ([More](#))

**FDA's New Sunscreen Rules:** The FDA's new sunscreen rules, over 30 years in the making, will change the way we buy and use sunscreen. The biggest change: We're being encouraged to buy sunscreens that offer "broad spectrum" protection. ([More](#))

**Health Clinic Announcement:** Sick Call Hours 7-8 a.m. Clinic closed **June 24** at 12 p.m. for staff meeting and training.

## Notes for Veterans

**VA's Mail-Order Pharmacy Program Recognized:** The Department of Veterans Affairs' mail-order pharmacy

program has been recognized as a J.D. Power 2011 Customer Service Champion - one of only 40 entities in the United States to earn the distinction this year. "We are honored to receive this distinction and be included in this elite group of companies that focus on customer service excellence," said Rita Brueckner, national quality management officer for VA's Consolidated Mail Outpatient Pharmacy program. "Customer satisfaction is our top priority, and we appreciate this external recognition of our efforts." ([More](#))

## Car Pooling Announcements

Submit car pooling announcements via the [Island Announcements](#) page. Please use that page to contact ROCK-RIA-PA to take your announcement off once you have found a ride.

## Car Pool:

- **Carpool:** Looking for someone to carpool with from the Sterling-Rock Falls area, 3<sup>rd</sup> shift, 10:15 p.m.-6:15 a.m., [john.b.mitchell1@us.army.mil](mailto:john.b.mitchell1@us.army.mil)
- **Carpool/Ride:** Looking to carpool with someone from Fulton area along Rte. 84 to Bldg. 390. Contact

[Carole.Mitchell@us.army.mil](mailto:Carole.Mitchell@us.army.mil) or (309) 782-1892.

- **Carpool/Ride:** Commuter living in downtown Davenport looking for a ride across the bridge to Bldg. 350. Employee works anytime between 6-8 a.m. Willing to pay for ample gas. POC is Tom: (563) 650-3540.
- **Carpool:** Looking to carpool with anyone from the Western Illinois University Macomb Campus for the 2010/2011 school year. Call Nicole Suthard at (815) 345-1360, [nicole.suthard@us.army.mil](mailto:nicole.suthard@us.army.mil).
- **Carpool:** Current carpool looking for additional driver/rider with reliable vehicle. Commuting from Galesburg/ surrounding areas along Interstate 74 to RIA. Contact (309) 782-5688 for details.

## Around the Q.C.

- **June 21:** [Midwest League All-Star Game](#) (Modern Woodman Park)
- **June 22-25:** [Quad City Senior Olympics](#) (Augustana College, Rock Island)
- **June 26:** [5<sup>th</sup> Annual Car Show & Hennepin Hustle 5K Fun Run/Walk](#) (Colona, Ill.)
- **June 26:** [QC Jewish Feast-ival](#) (Tri-City Jewish Center, Rock Island)
- **June 26:** [Blossoms at Butterworth](#) (Moline)
- **June 28:** [Soldiers Show](#) (Adler Theatre, Davenport)



**July 1-3:** [IH Mississippi Valley Blues Festival](#) (LeClaire Park, Davenport)  
**July 2:** [Red, White, and Boom](#) (Rock Island & Davenport)  
**July 4:** [28<sup>th</sup> Annual Genesis Firecracker Run](#) (East Moline)  
**July 4-10:** [John Deere Classic PGA Tour](#) (TPC Deere Run, Silvis)  
**July 6:** [John Deere Classic Pro Exhibition](#) (Arsenal Island Golf Course)  
**July 9-10:** [Village Summer Stroll](#) (Village of East Davenport)  
**July 11:** [Rhythms Along The River](#) (Brady Street Stadium, Davenport)  
**July 17:** [Classic Car Show](#) (Village of East Davenport)  
**July 19-24:** [Rock Island County Fair](#) (East Moline)  
**July 21:** [Family and MWR Employee Appreciation Day](#) (Memorial Park & Field)  
**July 21:** [First Army "Uncasing of the Colors"](#) (Location TBD)  
**July 21-24:** [Train Festival 2011](#) (Schwiebert Riverfront Park, Rock Island)  
**June 23:** [Rock Island District, Corps of Engineers' Corps Day](#) (Memorial Field)  
**July 29-30:** [40<sup>th</sup> Annual Wells Fargo Street Fest](#) (Downtown Davenport)  
**July 30:** [RAGBRAI Ends in Davenport](#) (Downtown Davenport)  
**July 30:** [37<sup>th</sup> Annual Quad-City Times Bix 7](#) (LeClaire Park, Davenport)  
**Aug. 2-7:** [The Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds)  
**Aug. 4:** [RIA-JMTC Industry Day](#) (iWireless Center, Moline)  
**Aug. 4-7:** [Bix Beiderbecke Jazz Festival](#) (Hotel Blackhawk, Davenport)  
**Aug. 6:** [Crime Stoppers 5K Run](#) (Moline)  
**Aug. 7:** [Heartland British Auto Fest](#) (Village of East Davenport)

**Aug. 11-13:** [25<sup>th</sup> Annual Great River Tug Fest](#) (Port Byron, Ill. & LeClaire, Iowa)  
**Aug. 12-13:** [Ya Maka My Weekend](#) (The District, Rock Island)  
**Aug. 14-20:** [International Softball Congress World Fastball Tournament](#) (Greenvalley Complex, Moline)  
**Aug. 19-20:** [River Roots Live](#) (LeClaire Park, Davenport)  
**Aug. 20:** [Floatzilla](#) (Sunset Marina, Rock Island)  
**Aug. 25-28:** [World Series of Dragracing](#) (Cordova Dragway)  
**Aug. 26-28:** [All Era Veterans Healing Field of the Quad Cities](#) (Davenport Memorial Park Cemetery)  
**Aug. 27:** [Quad Cities Irish Festival](#) (Downtown Rock Island)  
**Aug. 27:** [Silvis Family Run](#) (Silvis, Ill.)  
**Sept. 3-4:** [17<sup>th</sup> Annual Rock Island Grand Prix](#) (The District, Rock Island)  
**Sept. 5:** [Run with Carl](#) (Bettendorf)  
**Sept. 10-11:** [Beaux Arts Festival](#) (Figge Plaza, Davenport)  
**Sept. 9-10:** [¡Viva Quad Cities!](#) (Lot West of Isle® Casino Hotel Bettendorf)  
**Sept. 10:** [Run for ¡VIVA!](#) (Lot West of Isle® Casino Hotel Bettendorf)  
**Sept. 10:** [Quad-City Symphony Riverfront Pops](#) (LeClaire Park, Davenport)  
**Sept. 17:** [WQPT Brew-HaHa](#) (LeClaire Park, Davenport)  
**Sept. 17:** [Celtic Highland Games of the Quad Cities](#) (Centennial Park, Davenport)  
**Sept. 17:** [Taming of the Slough](#) (Sylvan Slough & Island)  
**Sept. 17:** [VanderVeer Park Fall Festival](#) (VanderVeer Park, Davenport)  
**Sept. 17-18:** [Riverssance Festival of Fine Art](#) (Lindsay Park, Davenport)

**Sept. 23-25:** [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)  
**Sept. 24-25:** [Quad Cities Kite & Family Fun Festival](#) (Centennial Park, Davenport)  
**Sept. 25:** [Quad Cities Marathon & Festival](#) (John Deere Commons, Moline)  
**Sept. 25:** [QC Marathon](#) (Downtown Moline)  
**Oct. 8-9:** [Four Kingdoms Renaissance & Pirate Fest](#) (Camelot KOA Campgrounds, Rock Island)  
**Oct. 8:** [Killer Bee](#) (St. Ambrose Campus, Davenport)  
**Oct. 9:** [Mississippi Valley Welcome Center's Apple Festival](#) (LeClaire)  
**Oct. 23:** [CBRC Pumpkin Dash](#) (Credit Island, Davenport)  
**Oct. 27:** [Fright Night](#) (The District)  
**Oct. 29:** [Witches Walk](#) (LeClaire, Iowa)  
**Nov. 12:** [Hawk Hustle](#) (BlackHawk College, Moline)  
**Nov. 18-27:** [Quad City Arts Festival of Trees](#) (RiverCenter, Davenport)  
**Nov. 19:** [Festival of Trees Parade](#) (Downtown Davenport)  
**Nov. 19:** [Lighting on the John Deere Commons](#) (Moline)  
**Nov. 19:** [Holiday Pops Concert](#) (Downtown Moline)  
**Nov. 24:** [25<sup>th</sup> Annual Scott County Y Turkey Trot](#) (Downtown YMCA, Davenport)  
**Sept. 7-16, 2012:** [East West Riverfest](#)



The Army publication, *Island Insight*, is an unofficial publication authorized under [AR 360-1](#) to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processor software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal Garrison Public Affairs Office. Contents of *Island Insight* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of *Island Insight* is the responsibility of the Rock Island Arsenal Garrison Public Affairs Office. Submission of [announcements](#), articles, photos, letters, and graphic art of interest to the general readership is encouraged. All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Manager, 1 Rock Island Arsenal, ATTN: IMNE-RIA-PA, Rock Island, IL 61299-5000. For [submission of announcements to the Island Insight](#); [ROCK-RIA-PA@conus.army.mil](mailto:ROCK-RIA-PA@conus.army.mil), Phone: (309) 782-1121. The *Island Insight* is [available online](#).



**STEP  
Right Up  
TO THE  
BEST**

SHOW IN TOWN  
THE 2011 U.S. ARMY  
**SOLDIER  
SHOW**

★ ★ ★

FOR THE SOLDIER,  
BY THE SOLDIER.

**June 28, 7 p.m.**  
**Adler Theatre, Davenport**

The U.S. Army Soldier Show, proudly presented by Family and MWR, returns with a LIVE 90-minute musical performance!

Don't miss this memorable night of music, dance and celebration. Admission is FREE.

**ARMY** Entertainment **I. A. M. STRONG** **NAVY FEDERAL** Credit Union

No federal endorsement implied.

The U.S. Army Soldier Show, presented by Family and MWR, returns with a 90 minute live musical performance. See talented Soldiers explore music genres and cultures from around the world. Don't miss this memorable night of music, dance and celebration on June 28, 7 p.m., Adler Theatre, Davenport. Admission to the show is free on a first-come, first-seated basis. Visit the Army Entertainment website for information; or call (309) 782-1230; [linda.s.rice.naf@mail.mil](mailto:linda.s.rice.naf@mail.mil).





# Report

## Suspicious Activity



### Indicators:

- People drawing or measuring important buildings.
- Strangers asking questions about security or building security procedures.
- Briefcase, suitcase, backpack, or package left behind.
- Cars or trucks left in No Parking zones in front of important buildings.
- Intruders in secure areas where they are not supposed to be.
- A person wearing clothes that are too big and too hot for the weather.
- Chemical smells or fumes that worry you.
- People asking questions about sensitive information such as building blueprints, security plans, or VIP travel schedules without a right or need to know.
- Purchasing supplies or equipment that can be used to make bombs or weapons or purchasing uniforms without having the proper credentials

### Also Report Situations Where:

- Individuals have isolated themselves or are emotionally withdrawn from friends/community
- Individuals are absent from the workplace for seemingly no reason
- Individuals with apparent grievances

### Primary Reporting Methods

- Law enforcement official or agency
- Security force or guard members

### Alternative Reporting Methods

- DA Civilians/Soldiers: your chain of command
- Spouses: your military member/FRG Leader
- Children: your parents or teachers
- Contractors: contract agency or COTR

### What to Report

- When did suspicious activity occur
- Where did activity occur
- How many people involved
- How many vehicles involved
- What type of activity
- Describe what you saw
- Provide pictures if you took any

Organized team or lone wolf, foreign or home-grown, targeting many places or just one, using available technology or weapons made with their own hands—the fluid, obscure nature of the terrorist threat demands that we know what to look for and where to look. Familiarize yourself with indicators of suspicious activity and be ready to report such activity to proper authorities.

**Always Ready, Always Alert**  
*Because someone is depending on you*

