

May 14, 2012



# Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the island intranet under "Information" and on the installation website at [www.ria.army.mil](http://www.ria.army.mil) under "About USAG-RIA" and then "News" and "Local News."

**Island Insight Submission:** <http://www.ria.army.mil/sites/IslandAnn/announcement.cfm>



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## Legislation Could Help RI Arsenal:

Quad-City area lawmakers moved Wednesday to try to help the Rock Island Arsenal, as congressional committees began drafting legislation to guide the Defense Department in the 2013 fiscal year. The area's four senators joined four others to introduce a bill that would let arsenals and factories compete for contracts throughout the military. It also would require the Army to assign "sufficient workload" to keep

the arsenals prepared for wartime and draft a five-year strategic plan for the facilities. The Quad-City area delegation has been working together for years to change federal laws to improve workload opportunities at the Joint Manufacturing and Technology Center, a key element on Arsenal Island. Last year, they got the law changed to expand the facility's ability to enter into public-private partnerships. Sens. Dick Durbin, D-Ill., Chuck Grassley, R-Iowa, Mark

Kirk, R-Ill., and Tom Harkin, D-Iowa, are sponsoring the Senate measure. They're joined by Sens. John Boozman, R-Ark., Kirsten Gillibrand, D-N.Y., Mark Pryor, D-Ark., and Charles Schumer, D-N.Y. There also are arsenals in New York and Arkansas. Meanwhile, Reps. Bobby Schilling, R-Ill., and Dave Loebsack, D-Iowa, inserted language into a defense policy



bill Wednesday that would encourage the Pentagon to identify critical industrial base capabilities and evaluate workload requirements to sustain them. ([More](#))

## **First Army Commander Gives Tribute to Military Mothers, Gold Star Moms:**

This Mother's Day, I ask each of you to reflect on the sacrifices of those mothers who have lost a son or daughter, while serving in the Armed Forces. Best known are the Gold Star Mothers, they remind us all of the men and women who sacrificed their lives in the service of our nation. Their sorrowful bond reaches back to every woman who has lost a son or daughter in uniform since our nation's revolution. ([More](#))



## **Do Not Interfere With America's Federal Workforce:**

Have you ever visited a country where the water is unsafe to drink, where people wear masks outside because the air is unsafe to breathe, where infant mortality is high and guards armed with automatic



weapons are a common sight on public streets? Do you stay up nights worrying about the security of your bank deposits, or wondering whether your mother will receive her Social Security check this month? Most Americans will never experience these concerns for one primary reason: our federal workforce. At a time when the poor choices of a handful of employees at the General Services Administration and the Secret Service have been in the news, the fact is every day, federal employees nationwide are ensuring the safety and security of the American people. ([More](#))

## **From President Obama to Secretary Clinton, Words of Thanks For**

**Federal Employees:** A number of top administration officials, starting with President Obama, took the opportunity this week — Public Service Recognition Week (PSRW) — to recognize the value of government employees and praise them for their service. The show of support represents an important acknowledgment that the good work by the vast majority of federal employees is not going unnoticed. I've decided to compile here



# Upcoming Dates

- May 12-19:** AmeriCorps Week
- May 12-20:** Armed Forces Week
- May 12-20:** National Travel and Tourism Week
- May 13-19:** National Women's Health Week
- May 13-19:** National Police Week
- May 15:** Peace Officers Memorial Day (*Flag at Half-Staff*)
- May 17:** World Hypertension Day
- May 18:** National HIV Vaccine Awareness Day
- May 18:** National Defense Transportation Day
- May 18:** National Bike/Walk to Work Day
- May 18:** NASCAR DAY
- May 19:** Armed Forces Day
- May 20-26:** National EMS Week
- May 20-26:** National Dog Bite Prevention Week
- May 20-26:** World Trade Week
- May 20-26:** National Eosinophil Awareness Week
- May 20-26:** National Public Works Week
- May 20-26:** National Small Business Week
- May 21:** National Kids to Parks Day
- May 21:** Endangered Species Day
- May 21:** Unnecessary Quotation Marks Day
- May 22:** National Maritime Day
- May 25:** National Missing Children's Day
- May 27:** 67<sup>th</sup> Gold Star Wives Anniversary
- May 28:** Memorial Day (*Federal Holiday*)
- May 29:** World No Tobacco Day
- June 1-7:** National CPR & AED Awareness Week
- June 1-2:** National Family Recreation Week
- June 4:** 70<sup>th</sup> Anniversary Battle of Midway
- June 6:** 68<sup>th</sup> Anniversary of D-Day
- June 14:** 237<sup>th</sup> U.S. Army Birthday
- June 14:** Flag Day
- June 15:** Army & RIA 150th Anniversary Celebration Ball
- June 17:** Father's Day
- June 20:** First Day of Summer
- July 4:** Independence Day (*Federal Holiday*)
- July 7:** Rock Island Arsenal 150<sup>th</sup> Celebration



a rundown of many of those words of thanks. ([More](#))

## House Passes Bill To Cut Feds' Take-Home Pay By 5%:

The House Thursday passed a Republican budget bill that would hike federal employees' pension contributions by 5 percent of their pay. The 2012 Sequester Replacement Reconciliation Act proposed by Rep. Paul Ryan, R-Wis., seeks to shift \$98 billion in sequestration budget cuts scheduled to take effect in January away from defense and other social programs. As part of the plan to avoid those cuts, including about \$55 billion in defense cuts, Ryan's bill would phase in the 5 percent contribution hikes to both the Federal Employees Retirement System and the Civil Service Retirement System over five years. ([More](#))



## In Sequester, Managers Should Start Planning For Workforce Reductions:

Budget analyst Steve Bell says there is "no chance" Congress will be able to pass a plan to avoid sequestration before the November elections. The automatic, across-the-board cuts would go into

effect Jan. 2, 2013, as part of last summer's deficit deal. Bell, the senior policy director of the Bipartisan Policy Center, said both President Barack Obama and the House have put forth plans to avoid the \$1.2 trillion in cuts over the next decade. However, those plans are more symbolic than practical. ([More](#))

## Agencies Must Cut Travel By 30% Beginning In January:

Agencies must cut travel spending by 30 percent next year and publicly report all conferences costing more than \$100,000, under instructions issued Friday by the Office of Management and Budget. The new restrictions also set a \$500,000 cap on spending for a single conference. "These are all common sense steps that will save taxpayer dollars by eliminating waste and improving government operations," Acting OMB Director Jeff Zients wrote in a blog post accompanying the six-page memo. ([More](#))



**OPM Chief Expresses Hope That Congress Will Act On Benefits For Same-Sex Partners:** The head of Office



Save the Date & Join Us for...

# RIA 150<sup>th</sup> Anniversary Celebration



## July 7th

- ★ 10 am – Parade on Rodman Ave
- ★ 11 am – Opening Ceremonies
- ★ 11:15 am – 4:45 pm - USO Carnival & Entertainment
- ★ 11:30 am – 4:30 pm - Tours
- ★ Noon/2 pm/4 pm – “Midnight Circus” Performs
- ★ 5 pm – Closing & Flag Retreat Ceremonies

**For More Information call: (309) 782-0212**  
**Parade information: (309) 782-9473**  
**Static Displays: (309) 782-3921**

**Event for the Whole Community**

Those 16 years and above must show Photo ID at the Arsenal Gate  
No animals allowed at event (except for service animals)

**Fun Activities for all Ages**

**ALL WELCOME**





of Personnel Management said that the Justice Department remains the main arbiter of how to interpret a recent court decision that gained health care benefits for the same-sex partner of a federal employee, according to a Federal Times blog. Even though a federal judge earlier this year ruled in favor of a lesbian federal employee who sought spousal benefits for her wife, the blog notes, OPM continues to deny those benefits to same-sex partners of federal employees. ([More](#))

## **Don't Count on Pay Parity for 2013:**

The House Armed Services Committee has started drafting the annual DoD authorization bill, whose military pay raise recommendation for many years set the target figure for the federal employee pay raise in the name of pay parity. The committee is moving toward adopting the 1.7 percent raise for uniformed military personnel recommended by the White House earlier this year. The administration meanwhile recommended 0.5 percent for federal employees, in what would be the fourth straight year of no parity between the two. The federal raise is set during the separate



appropriations process, which also is starting to move in Congress. ([More](#))

## **Military Payroll Systems Pose Challenge For TSP's Roth Option:**

The Defense Finance and Accounting Service's efforts to roll out a new Roth option for the Thrift Savings Plan are complicated by the balkanized, multiple pay and personnel systems its customer agencies use. The Roth option — under which TSP participants invest after-tax dollars, instead of the standard before-tax contributions — will be available to many federal employees May 7. But military service members and federal civilians whose pay is handled by DFAS will have to wait. The Roth option is expected to be rolled out to Marine Corps service members in June, to DFAS-covered civilians in July, and to Army, Navy and Air Force service members in October. ([More](#))



## **Are You Passing Up Easy Discounts On Products, Services?:**

You don't have to be an extreme coupon freak to take advantage of a lot of the best purchasing deals out there. A bunch of those deals are already right in your

wallet. That's because if you are like most people, you probably have a stack of cards in there. And many of them deserve a closer look. Turn over your auto club membership card. You'll probably see a bunch of phone numbers or website addresses listed there touting a range of products and services — insurance, car-buying services, financial services, hotel and travel services — all offering discounts and specials services for the bearer of that card. ([More](#))

## **JMC Change of Command**

**Ceremony:** Headquarters, Joint Munitions Command, will execute a change of command ceremony with [Lt. Gen. \(P\) Dennis Via](#), deputy commanding general, Army Materiel Command, presiding. [Brig. Gen. Kevin O'Connell](#) will assume command from [Brig. Gen. \(P\) Gustave Perna](#), on **June 5**, at 9 a.m., on Memorial Field, Rock Island Arsenal. Inclement weather location will be in Bldg. 299. POC: (309) 782-1514.



**Moline Public Library We Salute You! Arsenal Appreciation Night:** The Moline Public Library, in conjunction



with Quad Cities Military Appreciation Week, is having an Arsenal Appreciation Night, Thursday, **May 17**, 6-8 p.m. Our goal is to make our service men and women and their families aware of library and community services that are available to assist them, particularly as many have and will be returning from overseas deployment, as well as many newer residents from First Army this past year. We want to ensure that our neighbors on the Arsenal know how much we appreciate them and to ensure that they know about these services. POC: [Lisa Powell Williams](#), Moline Public Library, (309) 524-2473

## **ABC-C Announces Launch of eSeminar - New Benefit Tool to Be Available:**

The Army Benefits Center-Civilian (ABC-C) is pleased to announce the launching of a new benefit tool - eSeminar. It will be available to employees through their secure Employee Benefits Information System (EBIS) accounts on the ABC-C website. The eSeminar module provides an additional avenue to educate our workforce on their benefits. The courses provide a narrative presentation with



eight separate benefit topics ranging from new employee benefits, TSP, Social Security, financial planning and Flexible Spending Accounts. The course consists of benefits related information for early, mid-career and end of career retirement planning. The eSeminar module will be available through EBIS starting **May 15**.

**Vote for the Arsenal Museum:** It's on ... Vote! Vote! Vote! The Illinois Office of Tourism chose the Rock Island Arsenal Museum as one of 64 state attractions vying for the title of Illinois Fan Favorite. Effective May 7, you have a chance to vote for the Arsenal Museum in the "Illinois History" category and you'll have a chance to win an Illinois getaway. Spread the word! ([Click Here to Vote](#)) In addition to the Arsenal Museum, several Quad Cities attractions are in the running to be named an Illinois Fan Favorite. In the Illinois History category, Black Hawk State Historic Site, the Arsenal Museum, and Bishop Hill State Historic Site are in the running. The John Deere Pavilion is competing in the Museums &



Architecture category. The other two categories are Great Outdoors and Family Fun. With a bracket-like format, the attractions with fewer votes will be eliminated each week in this statewide showdown until four attractions have earned the title of Illinois Fan Favorite. [Vote Arsenal Museum!](#)

**Flag Placement:** Cemetery volunteers are needed for placement and removal of American flags. The [Rock Island National Cemetery](#) is seeking



volunteers to place American flags at the headstones of fallen servicemembers in honor of Memorial Day. Work to place the flags will begin at 4 p.m., Thursday, **May 24**. In the event of severe weather, flag placement will be 4 p.m., Friday, **May 25**. Work to remove the flags begins at 7:30 a.m., Tuesday, **May 29**, weather permitting. All volunteers need to show up inside the cemetery to receive flags and instructions. For more information, call (309) 782-2094.

## **Great Lakes VTF Vaccine Clinic:**

There will be an animal vaccine clinic for active duty and retired service members at RIA Fire Department on



**May 31**, 1-6 p.m.; **and June 1**, 8-11 a.m. Cash and checks accepted. ([Additional Info](#)) (847) 688-5708.

## **Physical Security Entrance for Public:**

The Physical Security Office/Badging is now located in Bldg. 225 North, 1<sup>st</sup> floor. The only way the public can access this area is through the entrance on the Northwest corner. POC: [Angie Scriven](#), (309) 782-5552



## **Reduced Operating Capacity of**

**CAC/Military ID Office:** On Monday, **May 21**, and Tuesday, **May 22**, the CAC/Military ID Office will be operating at reduced capacity. DoD will be on-site to install new hardware over those two days. The automated appointment scheduler has been adjusted to reflect that reduced capacity and we do not anticipate any issues with those individuals who have scheduled appointments. The office will however, be operating with only one vs. the usual three workstations for those two days so it will be very difficult to accommodate significant walk-in traffic. If you would



ordinarily walk in to the office without an appointment, please keep that in mind and adjust accordingly. If you need additional information on this issue, please call (309) 782-0597.

**Water System Notice:** For three weeks running from **May 1 to May 21**, the Rock Island Arsenal Water Treatment Plan will switch to chlorination as its means of water disinfection. The change, which has been approved by the Illinois Environmental Protection Agency, will allow maintenance, including the annual flushing of the water distribution system, to go forward. Since the 1990s, the plant has used a process known as "chloramination," a combination of chlorine and ammonia, as a disinfection method. Users should notice no difference in the quality of their drinking water as a result in the change to using chlorine. The annual flushing process, done via the on-post fire hydrants, may cause visible changes to the water coming from resident's faucets. In the past, the flushing process has caused material in the pipes to be stirred up. Most of this sediment flows through the nearest fire hydrant, but some may transport into the lines providing water service to buildings or



residences at the Arsenal. Water could be cloudy or have a rusty color. Although this water will still be safe to drink, it is unappetizing. If this occurs, please allow the water to run for five minutes to allow the line to clear. POC: [Christian Hawkinson](#), (309) 782 0689

## **Esprit de Corps Toastmasters:**

Its spring, time to clean house for the summer. Part of our housecleaning can be getting rid of old fears about public speaking and assuming a leadership roles. Come to Toastmasters the first and third Wednesdays of each month to sweep out those cobwebs of fear. Date: **Wednesday, May 16**  
Time: **11:45 a.m. - 12:45 p.m.**



## **MWR Scramble Spring Golf**

**Tournament:** Get your foursome together and see if your game is good enough to be crowned the MWR champs. This four-person best-ball style tournament is \$65/player (\$50 for annual pass holders). Entrance includes greens fees and cart, box lunch, hors d'œuvres



buffet and lots of prizes. Call (309) 793-1604 to register. ([Flyer](#))  
Date: **Friday, May 18**  
Time: **10 a.m.**

**Blood Drive:** The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, May 18, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2<sup>nd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **6:15 p.m. on May 18**. A **3<sup>rd</sup> shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on May 18**. To sign up for a blood drive held on either the 2<sup>nd</sup> or 3<sup>rd</sup> shift, donors should contact their shift supervisor.



**Donation Has It's Rewards!**  
*With Memorial Day, 4<sup>th</sup> of July and Labor Day holidays, summer can be an especially challenging time in terms of keeping our blood supply stable. To create awareness of this need, and to thank donors who take the time to donate during the*

*summer season, the Mississippi Valley Regional Blood Center will be holding a daily drawing for a \$50 gas card starting Monday, **May 21** and running through Saturday, **Sept. 8**. Any donor who gives at Arsenal Island Blood Drives **May 25 - Aug. 31** will automatically be entered into the daily drawing..*

**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information click here.**

**Volunteer for the 2012 Race For The Cure:** The 2012 Komen Quad Cities Race for the Cure will be held on Saturday, June 9, and we need your help. Volunteers are critical to the success of the race. Many hours of work, a lot of energy and your talents are required to ensure that the race runs smoothly. Year after year, the same high quality volunteers return to provide us with their expertise, which enables our race to be one of the best organized races in the Quad Cities. All volunteers will receive a special Race for the Cure volunteer t-shirt. To volunteer go to [www.komenquadcities.org](http://www.komenquadcities.org) and click on

the "volunteer today" button in the upper right corner.

### **Volunteers Needed for John Deere Classic Transportation Committee:**

**July 9-15** drivers are needed for the John Deere Classic transportation committee for the Friday before tournament week through Monday after tournament. For more information, contact Kippy Nelson (Cell) (309) 945-6478 or (309) 944-6113 ([website](#))

### **Arsenal Attic Thrift Shop &**

**Boutique:** Great stuff, great prices, come shop with us. Open Tuesday, Thursday and Saturday, **May 19**, 9 a.m. – 3 p.m. Visit our website at [www.riamwr.com/attic.htm](http://www.riamwr.com/attic.htm). Also on Facebook, search for Arsenal Attic. POC: (309) 782-6977

### **Free Tours of Locks and Dam 15:** The U.S. Army Corps of Engineers

Mississippi River Project announces they will be offering free tours of Locks and Dam 15 starting Memorial Day weekend and running each weekend through Labor Day. Corps of Engineers Park Rangers will offer free lock and dam tours each Saturday and Sunday at



11 a.m. and 2 p.m. (weather permitting). Participants must wear shoes with enclosed toes and backs, tennis shoes are preferred. Cameras and pictures are not allowed on the tour but they are allowed in the Visitor Center. Walking is required. Pre-registration is also required and the group size is limited.

## 2<sup>nd</sup> Annual Charity Golf Tournament "Reds White & Blue" to Benefit

**Jason's Box:** A golf tournament to benefit [Jason's Box](#), a local organization that sends "care packages" to improve the health and



well being U.S. troops overseas, will be at 1 p.m., Friday, May

18, at the Golfmohr Golf Club, 16724 Hubbard Rd., East Moline, Ill. Price for the tournament is \$65 per golfer and \$60 per team of four, which includes greens fee, cart, tee package and dinner. POC: Craig DeVrieze, (563) 940-6094 for details about the event.

## RIAWC 2012 Charity Golf

**Outing:** The Rock Island Arsenal Welcome Club is partnering with the Iowa/Illinois Chapter of the National Defense Industry Association



in hosting the 2012 Charity Golf Outing during the Midwest Small Business Government Contracting Symposium on Tuesday, **May 22** at the Arsenal Island Golf Course, . Proceeds will help fund the club's charitable work supporting the military and their families on the Arsenal and surrounding Quad-Cities Communities. [Registration](#) will be 11:30 a.m. - 12:30 p.m., with a shotgun start at 1 p.m. A recognition dinner will follow 6:30-8:30 p.m. Registration deadline is **May 17**. Cost is \$100/player before May 1; on or after May 1 is \$110. ([More](#))

## Thomson Causeway Photo Contest

**Returns:** The Annual Mississippi River Project Photo Contest is returning for its 21<sup>st</sup> year. Beginning on **May 25** amateur photographers will be able to submit photos in three separate categories: Wildlife, Recreation, or Landscape. Photos must be taken on pools 11-16 of the Mississippi River. Participants have until Friday, **Aug. 24**, to submit photos to the Thomson Ranger Office. If you would like more information regarding the contest, contact the Thomson Ranger Office at (815) 259-3628.

## Esprit de Corps Toastmasters:

Summer is almost upon us, kids getting out of school. For parents of high school

grads, how about a parent child activity of joining Toastmasters together? Give the student a head start of leadership and speaking skills needed in college and boost your own as well. The student can transfer membership without any extra fees.

Date: **Wednesday, June 6**

Time: **11:45 a.m. - 12:45 p.m.**

**Esprit de Corps Toastmasters:** This is the last meeting of the Toastmasters year, however it could be the first meeting of your Toastmasters year.

While our 2011-2012 officers transition to our new ones, you can transition to new friends, new skill with your visit to and or joining our club. We welcome all, prospects Island, town or contractors.

Date: **Wednesday, June 20**

Time: **11:45 a.m. - 12:45 p.m.**



## Arsenal Traffic/Construction



**Repairs to Lot OG, Bldg. 67, Fitness Center, Parking Lot, Are Underway:**

The IJO includes storm drain work, sidewalk work, new concrete curb and gutter, asphalt repaving and landscaping. The project is scheduled to be completed by **July 1**. The proposed schedule is weather dependent. When completed,



spaces in this lot will be designated handicapped parking to better satisfy accessibility requirements. POC: [Joe Gumpert](#), (309) 782-1389.

**New Parking Lot:** A new parking lot is scheduled to be constructed on the east side of Bldg. 52, location of old water tower. Preliminary site work has begun, to include temporary fencing to secure the water plant and removal of the top layer of sod. Full construction began effective May 6. During construction, the east portion of lot OJ, all of lot OK and the entrance between lot OJ and OK will be closed. Once completed, the new lot will provide for an additional 80 spaces of parking. The project is scheduled to be completed by **May 30**. This schedule is weather dependent. POC: [Joe Gumpert](#), (309) 782-1389.

**Parking Lot Restriping On-Going:** USAG-RIA DPW has contracted for 59 parking lots to be repainted and restriped on Rock Island Arsenal beginning **April 28 through May 30**. Currently there is no set schedule as most work is expected to be completed on weekends or evenings when parking areas are unoccupied. The contractor will provide necessary traffic control. If there are areas that are frequently occupied and not accessible, DPW may request a

temporarily closure, but will provide timely notification before closure. Period for completing work may be extended depending on weather conditions. POC: [Randy Brockhouse](#), (309) 782-2153.

**Quad Cities Event Impact to Government Bridge Traffic:** Saturday, **May 19**, the annual Quad Cities Heart Walk will be held. The Government Bridge will remain open to vehicular and pedestrian traffic from 9-11 a.m. After this time river navigation will resume and commuters using the Government Bridge to transit between Iowa and Illinois can expect occasional delays as river traffic passes through the main lock at Locks and Dam 15.



## Building/Space Closures



*There are no building/space closure announcements at this time.*



## Active Duty/Reserve Zone



**Mobile Application Helps Prevent Post-deployment 'Blues':** A new mobile application developed by mental

health experts combines behavioral therapy with satellite navigation technology to offer returning service members options for adjusting to the slower pace of life at home. Developed by the National Center for Telehealth and Technology at Joint Base Lewis-McChord, Wash., the “Positive Activity Jackpot,” app provides service personnel with entertainment options aimed at overcoming what for some can be a difficult transition from the high tempo of deployment. ([More](#))

### **Army Launches Study of PTSD Meds:**

Military and Veterans Affairs Department physicians often prescribe medication to ease the symptoms of combat-related post-traumatic stress disorder, even though only two antidepressants — Paxil and Zoloft — are approved specifically by the Food and Drug Administration to treat the disorder. But little data exists on which “off-label” medications work and which don’t. The Army is hoping to change this, launching a major research initiative next year on the effectiveness of commonly prescribed medications for PTSD. ([More](#))

**Gadgets Using Lithium to be Barred From Overseas Shipments:** If you’re a servicemember overseas planning to



order the latest smartphone or laptop from the United States, take a second look at your options. Effective May 16, new U.S. Postal Service restrictions will ban air shipping of any electronics containing lithium batteries — such as iPads, smart phones and digital cameras — between the United States and overseas locations. ([More](#))



## Safety Spotlight



### Motorcycle Safety Awareness Event:

There will be a Motorcycle Safety Awareness Event on **May 17**, 8 a.m. – 1 p.m., at the parking lot north of Bldg. 339, northwest of Bldg. 350.

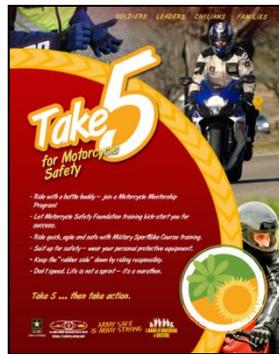
Military: Sign up with your supervisor and in [TEDs](#)

(Keyword: motorcycle)

Civilians: Sign up in [TEDs](#)

(Keyword:

motorcycle) JMC will use [TEDs](#) to register for motorcycle safety. Military riders include those assigned to the Arsenal as well as reservists and members of local recruiting commands. DoD civilians who wish to participate



during duty hours will need their supervisor's approval and take leave. Contractors or other non-DoD civilians who wish to participate will need approval of their supervisors and arrange for any time off. Riding portions are only available to riders who are properly licensed, endorsed, insured, attired (required PPE), and whose motorcycle meets basic safety and regulatory requirements. **Riders participating in the event are required to bring and use their personal motorcycle.** The event will include two main stages, one to include safety and motorcycle related discussions as well as riding exercises and demonstrations designed to refresh or improve riding skills. The second stage will feature an organized group ride. In the event of inclement weather, the date of the event will shift to **May 18**.

**Military Rider:** The Department of Defense marks the start of prime motorcycle riding weather by designating each May as Motorcycle Safety Month. This special



report highlights DoD and service-related efforts to enhance the safety and overall riding experience for service members and veterans through training, mentorship and education. Support driver safety programs to the maximum extent ... be a Military Rider - acquire the Right Skills, the Right Training, the Right Attitude. Spread the word! [www.Defense.gov/militaryrider](http://www.Defense.gov/militaryrider)

**Motorcycle Safety Course:** The USAG Safety Office will be sponsoring upcoming Motorcycle Rider Courses. This cycle rider safety training program will be certified by the Motorcycle Safety Foundation. The courses are designed to help riders manage their risk and increase their skills through riding and classroom instruction. Per DODI 6055.4, DoD Traffic Safety Program, military personnel who operate motorcycles must be appropriately licensed to operate on public highways and must have successfully completed an approved rider or operator safety course meeting the MSF-based State-approved curriculum. Any Soldier operating a motorcycle on the Rock Island Arsenal must be in possession of an MSF card when they ride to verify completion of required training. The next one-day Experienced Rider Courses are scheduled to be conducted on **July**

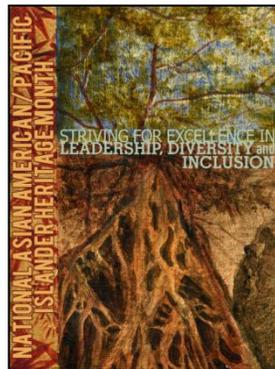


17, 18 or 19. Additionally, there are still a few openings for the two-day Basic Rider Course scheduled for **May 1 & 2**. Registration for all courses is through the web-based AIRS system at <https://apps.imcom.army.mil/AIRS>. For further information, please contact [Michael Chaplin](#), IMRI-SO, at (309) 782-2314/1380, or [Nancy Carlson](#), IMRI-SO, at (309) 782-2309.

## Equal Opportunity Focus

### ☉ 2012 National Asian American and Pacific Islander Heritage Month

**Observance:** The Department of Defense will celebrate National Asian American and Pacific Islander Heritage Month during the month of May. The 2012 national theme is "Striving for Excellence in Leadership, Diversity and Inclusion." It recognizes the significant contributions Asian American and Pacific Islanders (AAPis) have made to our Nation through government, education, and leadership. Throughout history, AAPis



have contributed in significant ways to the DoD mission and all aspects of society; military service men and women have defended the United States from threats at home and abroad, while serving our Nation with valor. Our civilian trailblazers have also played a vital role in our Nation's economic and technological growth by their contributions to Science, Technology, Engineering, and Mathematics and other critical mission areas and are serving in positions of leadership within the government now more than ever before. ([More](#)) ([Presidential Proclamation](#)) ([StandTo!](#))

## Morale, Welfare & Recreation (MWR)

☉ **Morale, Welfare & Recreation (MWR):** Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs. Also [click here](#) to become a fan on Facebook and stay up to date on all the great MWR offerings here at the Arsenal.

**Location for the Island Oasis Grill During Inclement Weather:** Still haven't tried the new Island Oasis Café located in the Fitness Center? Well there is no better time than right now because

we have fine tuned our hours of operation to better serve you. Stop in for a quick breakfast sandwich, omelet or breakfast burrito 6:30-9 a.m., or try one of our fresh made deli sandwiches, salad, or bowl of delicious homemade soup during the hours of 11 a.m. to 1 p.m. As the weather is getting nicer, we will run this food operation out of the Fitness Center during inclement weather and look for us outside at the grill when the weather is nice. ([Full Menu](#))

**MWR Yard Sale:** MWR Yard Sale will take place at the Memorial Field Pavilion. If you are interested in participating it costs \$5 per table. Yard sale takes place rain or shine. For more information contact LTO (309) 782-5890. ([Flyer](#))

Date: **Saturday, May 19**  
Time: **8 a.m.**

**MWR Scramble Spring Golf Tournament:** Get your foursome together and see if your game is good enough to be crowned the MWR champs. This four-person best-ball style tournament is \$65/player (\$50 for annual pass holders). Entrance includes greens fees and cart, box lunch, hors d'œuvres buffet and lots of prizes. Call (309) 793-1604 to register. ([Flyer](#))  
Date: **Friday, May 18**



Time: **10 a.m.**

**Demo Day:** Join us for a demo day at the Arsenal Island Golf Course. Reps from Ping, Cleveland and Srixon will be available to answer questions and help you find the best club to fit your playing style. Event will be held at the driving range. Please call (309) 793-1604 for more information. ([Flyer](#))

Date: **Friday, May 25**

Time: **2-6 p.m.**

## **MWR Army Wide Arts and Crafts**

**Contest:** Calling all artists. Get your artistic works ready for this year's Arts and Crafts Contest. The submission period is **May 1 - June 30**. There are new and exciting categories for this year's contest including: ceramics, drawings, fibers and textiles, glass, metals and jewelry, paintings, mixed media, wood, and digital art. Full contest rules and descriptions can be found [HERE](#) or call the local point of contact at (309) 782-1230 for more info.



## **MWR Leisure Travel Office**



**Office Hours:** Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

## **Community Recreation Division's Fee**

**Increases:** Due to rising costs and extreme budget constraints, it is necessary that fee increases be initiated with an implementation date of **May 30**. User fees have been increased for the Fitness Center, Outdoor Recreation Center, and Auto Skills Facility. Your continued support of our Quality of Life programs at RIA is appreciated. Thank you.

## **Change in Outdoor Recreation**

**Entrance:** Effective May 9, patrons may enter Outdoor Recreation through the warehouse door on the Southside of Bldg. 333. The North door will be closed. This is to speed up the process of customers picking up and returning equipment during the summer months. For more info please call (309) 782-8630.

## **Free Camping for Active Duty**

**Military:** The Corps of Engineers are offering free camping for active duty military at Fisherman's Corner, Grant River, Thompson Causeway, Shady Creek and Clark's Ferry Campgrounds. Complete information is listed in the "Along the River" brochure. You may pick up a copy at Outdoor Recreation or

the Mississippi River Visitor Center at Locks and Dam 15.

## **Ghost Hunters' Dinners at Historic**

**Quarters One:** The ever-popular Ghost Hunters' Dinners are back for 2012. Enjoy a gourmet meal at the Clubhouse followed by a presentation by the Rock Island Paranormal Society on the haunted history of Historic Quarters One. After the presentation, armed only with flashlights, guests are invited to search this beautiful building for evidence of the paranormal. The dates planned for 2012 are: **June 21, July 13, Aug. 17, Oct. 1, Oct. 13, and Oct. 31**. Cost is \$45/person and reservations are strongly recommended as these fill up fast. Call (309) 793-1601 for more info and to reserve your spots. ([Flyer](#))



**Taste of Chicago Bus Trip:** Join the Leisure Travel Office on their bus trip to the Taste of Chicago to enjoy the sights, sounds, and food of the Windy City. Cost is \$39/person (transportation only). For more information, please call 309-782-5890.

Date: **Saturday, July 14**



## **Downtown Chicago Shopping Bus**

**Trip:** Join MWR for a fun day of shopping on Michigan Ave. and the magnificent mile in beautiful downtown Chicago. Price is \$39/person and includes transportation only. Call (309) 782-5890 for more info and to sign up. Date: **Saturday, July 28**

**Six Flags Great America:** Leisure Travel has 2012 Six Flags Great America one-day general admission tickets now in stock. Two big parks for one low price; all the thrills your nerves can handle with 14 roller coasters ... 20 acres with 30 waterslides. Discounted tickets are \$48, children under two are free.

**Cubs vs. Cardinals:** The Chicago Cubs will be taking on the defending World Series Champion St. Louis Cardinals at Busch Stadium. The bus will **depart at 8 a.m.** from the COL Davenport Pavilion area. Seats on sale now for \$104 per person. Date: **Saturday, July 21** Time: **3:05 p.m. (game time)**



**Lincoln Park Zoo Bus Trip:** Lions and tigers and bears, oh my! The Leisure Travel Office will be making a bus trip to Lincoln Park Zoo in Chicago, Saturday, **June 16**. Cost in only \$39/person (transportation only). Please call (309) 782-5890 for more information. ([Flyer](#))

**Sleeping Beauty Ballet:** Quad Cities Presents: Sleeping Beauty. Performance will be at the Adler Theatre. Tickets on sale for \$27. Date: **Saturday, May 19** Time: **7 p.m.**

**LA Angels vs. Chicago White Sox:** Let us provide the transportation to and from the game at Chicago's U.S. Cellular Field on a charter bus. This will be an evening game. Cost per person is \$86. For more information please contact LTO at (309) 782-5890. Date: **Saturday, Aug. 4** Time: **6:10 p.m.**



**Circa 21: Spreading It Around:** An upbeat comedy about a well-to-do widow living in a retirement community in Florida. Tired of handing out money to their neglectful, unappreciative

children, Angela Drayton and her friends set up an organization which gives to those really in need. Discounted seats are \$43.50  
Date: **Saturday, May 26**  
Time: **5:45 p.m.**

## **Warrens Wisconsin Cranberry**

**Festival:** This festival features more than three miles of shopping and more than 1,300 booths. Arts & crafts, flea market, antiques and the farmers market. Seats are \$72 (includes Marsh tour) on sale until **Sept. 1**.  
Date: **Saturday, Sept. 29**

**Heartland Jam:** More than half of the national acts are in place for the first Heartland Jam country music festival, **July 20-21**. We have discounted ticket available for 1 day at \$34 and two days for \$49. Limited amount of tickets.

**Need a Vacation?:** Do you need help planning your vacation - let the leisure travel staff help turn your vacation into a dream vacation. Stop by or call our office at (309) 782-5890. Let us do the work.

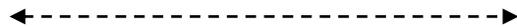


## Child, Youth & School Services



## **Covenant Cottage Child Development**

**Home:** [Covenant Cottage Child Development Home](#) is available for backup, emergency, and hourly care for ages four weeks through 12 years. The home is located on post and is open from 6 a.m. – 6 p.m. Monday through Friday, Tuesday and Thursday evenings and Saturday mornings. Army Family Covenant Guidelines state deployed Soldiers are entitled to 16 hours free respite childcare per child, per month. For reservations call (309) 782-6793. We encourage you to call as far in advance as possible because spaces fill quickly.



## **Army Community Service (ACS)**

ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook [click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412



## **Employee Assistance Program**

For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are from 7:30 a.m. – 5 p.m., Monday - Friday. For additional information on the Employee Assistance Program see [our website](#) or visit us on [Facebook](#). The new location for the EAP/ASAP is Bldg. 56, 1<sup>st</sup> floor, East.

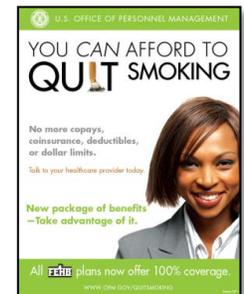
**Relocation of EAP, ASAP:** The Employee Assistance Program/Army Substance Abuse Program relocated to Bldg. 56, 1<sup>st</sup> floor, East. The EAP/ASAP office provides short-term counseling and referral services for individuals, families, and couples. Master's level counselors provide free, confidential assistance. Services can be accessed by calling (309) 782-4357. To learn more about the EAP/ASAP visit [our website](#), or visit the program on [Facebook](#).



**PTSD Support Groups:** Is the quality of your life being affected by Post-Traumatic Stress Disorder? The Rock

Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

**Smoking Cessation Group:** Want to join a supportive group of individuals with a common goal to quit smoking? The Employee Assistance Program offers an ongoing educational support group. The group meets each Wednesday, 3-4 p.m., at the EAP office located in Bldg. 110, 1<sup>st</sup> floor, SE wing.



**Anonymous Online Mental Health Screening – May 2012:** We would rather not talk about it. We do not want to be the ones to deal with it, but suicide among youth is a reality, and it is more common than we might think. Suicide is the third leading cause of death among 15 to 24 year olds, claiming more lives



than any single disease or condition. Fortunately, the emotional crises that so often precede suicides are both recognizable and treatable, and good prevention tools can help parents identify a problem before it's too late. In honor of Children's Mental Health Awareness Week, held May 6-12, the Rock Island Arsenal Employee Assistance Program invites you to take advantage of the Brief Screening for Adolescent Depression, a new online screening tool that lets parents assess their children's risk for depression and suicide and determine whether to seek further help. The teenage years can be tumultuous – new relationships, decisions about the future, and even physical changes can be difficult to handle. Take advantage of this free, anonymous tool and find out how your children are coping. Visit this [website](#) and enter keyword ASAP. Warning signs of suicide: Call 9-1-1 or seek immediate help from a mental health provider if you notice the following:

- Someone threatening to hurt or kill him/herself, or talking of wanting to hurt or kill him/herself;
- Someone looking for ways to kill him/herself by seeking access to firearms, available pills, or other means. Seek help by contacting a mental health professional or calling 1-800-273-TALK for a referral should you

notice anyone exhibiting one or more of the following:

- Hopelessness
- Rage, uncontrolled anger, seeking revenge
- Acting reckless or engaging in risky activities, seemingly without thinking
- Feeling trapped - like there's no way out
- Increased alcohol or drug use
- Withdrawing from friends, family and society
- Anxiety, agitation, inability to sleep or sleeping all the time
- Dramatic mood changes
- Excessive interest, talk, or writings focused on death, dying or suicide
- No reason for living; no sense of purpose in life.

## Education/Training Review

☉ **The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.**

**National Testing Center Closed Tues. May 15:** The Bldg. 56 National Testing Center will be closed Tuesday, **May 15**. The Center will reopen Tuesday, **May 22**. Questions may be directed to the Army Education Center at (309) 782-2065.

**GED, ESL, Citizenship Classes, Testing, Free Study Resources:** The Scott Community College Career Assistance Center Offers GED, ESL, and Citizenship classes, as well as testing and free online study sites. Call (563) 326-5319 for a schedule of classes and tests or to obtain more information. ([More](#))

## Defense Commissary Agency / PX

☉ **The [Rock Island Commissary](#) makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com) ([Facebook](#))**

**Commissaries Announce Coupon Policy Changes:** Effective May 1, the Defense Commissary Agency has changed how its commissaries handle coupons and product returns without receipts, among other things, as the



agency enacts customer service policy changes to protect the commissary benefit. "The average coupon user might not notice the policy changes because they are aimed at preventing possible misuse of the commissary benefit - primarily using coupons to get large amounts of cash back," said Joseph H. Jeu, DeCA director and CEO.

Commissary shoppers are big users of coupons, as evidenced by DeCA's consistent ranking among the top 10 grocery retailers in coupon redemptions over the past several years.

Commissaries welcome coupon usage, and to acquaint customers with the changes in the coupon acceptance policy, it has been posted on the [agency's website here](#) and on [Facebook](#).

**May Case Lot Sale:** Our May Case Lot Sale will be held on **May 18 and 19**, 8:30 a.m. - 6:30 p.m., both days. If you are new to Rock Island our case lot sales are held in the building, so weather will not affect us at all. We learned that the hard way. If there's something you just can't find in our store just bring in the UPC and we will see if we can get it here for you. You may have to take the whole case unless it is an item that is being requested by other patrons.

**Sales Flyers:** Patrons can visit the [AAFES website](#) and sign up to receive free online sales flyers.

## Arsenal Archive

**Information for the Arsenal Archive is made available by the [Rock Island Arsenal Museum](#). The Museum is open to the public, Tuesday through Saturday, 12-4 pm. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free.**

**This Week in Rock Island Arsenal History – May 14-20:** On May 15, 1832, Black Hawk and his braves defeated state volunteer troops in a battle that has become locally known as Stillman's Run. This battle ended any opportunity for a peaceful settlement to the dispute. RIA began manufacturing .30 cal. Springfield rifles on May 18, 1904. This was the beginning of small arms production at the RIA.

## Healthbeat

**Weight-Loss Surgery May Also Help Menstruation, Skin, Hair:** HealthDay

News) -- Obese women often stop getting their periods, but new research suggests weight-loss surgery can help regulate their monthly cycles, while also stemming excessive hair growth and skin problems that often accompany significant weight gain. "Obesity is a huge problem in the United States," said study author Chandhana Paka, a fellow in minimally invasive gynecological surgery at Stanford University School of Medicine. "We wanted to see if bariatric surgery [weight-loss surgery] was a solution to helping restore menstruation in morbidly obese women whose periods have become irregular or disappeared." ([More](#))

**FDA Panel Gives Blessing to New Weight-Loss Drug:** An advisory panel to the U.S. Food and Drug Administration on Thursday recommended approval of the weight-loss medication lorcaserin, even though concerns remain about cardiovascular side effects. If the agency were to give the nod to the drug, lorcaserin would become the first new weight-loss pill made available to Americans in a decade. The FDA is not bound to follow the advice of its expert panels, but it typically does. The panel of experts voted 18 to 4, with one abstention, for approval, saying the drug's benefits



"outweigh the potential risks when used long term" for people battling excess weight, the Associated Press reported. ([More](#))

**Health Clinic Announcement:** Health Sick Call hours 7-8 a.m. Behavioral Health closed April 29 – **May 15**. Clinic closed after 11:30 a.m., **May 25** for training. For any issues or concerns with the RIAHC clinic please call our customer support line (309) 782-0721.

## Notes for Veterans

**VA's Main Facebook Page Surpasses 200,000 "Fans":** The primary Facebook page for the Department of Veterans Affairs has amassed more than 200,000 "fans," increasing the department's ability to communicate directly with Veterans across the nation. "We started our social media program with the vision of getting the right information to the right Veteran at the right time," said Secretary of Veterans Affairs Eric K. Shinseki. "This achievement allows us to reach a significant portion of the Veteran population, by sharing information that is important to them." ([More](#))

## Car Pooling Announcements

Submit car pooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

### Car Pool:

- **Carpool:** Looking for members to join carpool along the Hwy. 61 corridor from Dubuque to Rock Island Arsenal, 2<sup>nd</sup> shift 2:15-10:30 p.m. Starting in the middle April. [Email](#) or call (815) 651-4624.
- **Carpool:** Commuter living in Rio, Ill., looking for someone to carpool with from Galesburg/Alpha area. Employee works 6 a.m. - 3:30 p.m. w/RDO 1<sup>st</sup> Friday of Pay period. [Email](#) or call (309) 782-5472.

## Around the Q.C.

- May 14:** [QC TAG Bicycle Commuter Breakfast](#) (Bechtel Park, Davenport)
- May 17:** [Moline Public Library We Salute You! Arsenal Appreciation Night](#) (Moline Public Library)
- May 19:** [Start! Heart Walk](#) (Great River Plaza, Rock Island)
- May 19:** [St. Ambrose University Wine Festival](#) (St. Ambrose University)
- May 20:** [Bicycle Rodeo Hosted by Casa Guanajauto's Healthy Family Day](#)
- May 22-24:** [6<sup>th</sup> Annual JMTC Industry Day & Midwest Small Business Government Contracting Symposium](#) (iWireless Center, Moline)
- May 26:** [Running Wild's The Wild 5](#) (Gold's Gym, Davenport)
- May 28:** [Quad Cities Criterium](#) (Rock Island)
- May 28:** [QCBC's Great Big Bike Rodeo](#) (Rock Island)
- May 28:** [Roger De Langhe Youth 2-10 Trike & Bike Races](#) (Rock Island)
- May 31:** [Sherrard Public Library Military Appreciation Month Event](#) (Sherrard Library)
- June 2-3:** [QC Pridefest](#) (Downtown Davenport)
- June 2:** [Run for the Son 5K Run/Walk](#) (Christian Care Rescue Mission, Rock Island)
- June 8-9:** [Gumbo Ya Ya](#) (The District)
- June 9:** [Susan G. Komen Race for the Cure - Quad Cities 5K](#) (Davenport)
- June 13-16:** [Sturgis Mississippi River Motorcycle Rally](#) (Mississippi Valley Fairgrounds)
- June 15:** Army & RIA 150<sup>th</sup> Anniversary Celebration Ball
- June 15-16:** [Daiquiri Factory's Rock The District](#) (The District)
- June 16:** [13<sup>th</sup> Annual Quad Cities Triathlon](#)
- June 17:** [Ride the River](#) (RiverWay Trails, Iowa & Ill.)
- June 16-17:** [Greek Cultural Festival](#) (East Moline)
- June 23:** [Run for the Hills XC](#) (Crow Creek Park, Bettendorf)
- June 23:** [Royal Ball Run for Autism 5K](#) (Milan HyVee)



**June 24:** [6<sup>th</sup> Annual Hennepin Hustle 5K Fun Run/Walk](#) (Colona, Ill.)  
**June 24:** [Blossoms at Butterworth](#) (Butterworth Center, Moline)  
**June 29-July 1:** [Mississippi Valley Blues Festival](#) (LeClaire Park)  
**June 30:** [Daiquiri Factory's Dodgeball Showdown](#) (The District)  
**July 3:** [Red, White & Boom!](#) (Rock Island & Davenport)  
**July 4:** [30<sup>th</sup> Annual Genesis Firecracker Run](#) (East Moline)  
**July 7:** [Rock Island Arsenal 150<sup>th</sup> Celebration](#) (Rock Island Arsenal)  
**July 9-15:** [John Deere Classic PGA Tour](#) (TPC Deere Run)  
**July 11:** [21<sup>st</sup> Annual YouthFest](#) (Centennial Park, Davenport)  
**July 14:** [28<sup>th</sup> Annual Moonlight Chase](#) (Eldridge)  
**July 16-21:** [Rock Island County Fair](#) (East Moline Fairgrounds)  
**July 20-21:** [Heartland Jam](#) (LeClaire Park)  
**July 27-28:** [41<sup>st</sup> Annual MVRBC Downtown Street Fest](#) (Downtown Davenport)  
**July 27:** [Cardiology at the Bix](#) (Radisson Quad City Plaza, Davenport)  
**July 28:** [Bix 7 Run/Walk](#) (Downtown Davenport)  
**July 31-Aug. 5:** [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds)  
**Aug. 2-5:** [Bix Beiderbecke Memorial Jazz Festival](#) (LeClaire Park & Hotel Blackhawk)  
**Aug. 9-11:** [Great River Tug Fest](#) (LeClaire, Iowa / Port Byron, Ill.)  
**Aug. 10-11:** [Ya Maka My Weekend](#) (The District)  
**Aug. 17-18:** [River Roots Live](#) (Downtown Davenport)  
**Aug. 18:** [River Action's 3<sup>rd</sup> Annual Floatzilla](#) (Lake Potter)

**Aug. 23-26:** [World Series of Drag Racing](#) (Cordova Dragway)  
**Aug. 25:** [Quad Cities Irish Festival](#) (Rock Island)  
**Aug. 25:** [RIBCO's 3<sup>rd</sup> Annual River City Beer Festiv-ale](#) (The District)  
**Aug. 28-Sept. 5:** [ASA Girls 12U Fastpitch Tournament](#) (Greenvalley Sports Complex, Moline)  
**Aug. 30-Sept. 2:** [Antique Motorcycle Swap Meet](#) (Mississippi Valley Fairgrounds)  
**Sept. 1:** [8th Annual Labor Day Ride For Non-Hodgkin's Lymphoma](#) (The District)  
**Sept. 1-2:** [Quad City Air Show](#) (Davenport Municipal Airport)  
**Sept. 1-2:** [Rock Island Grand Prix](#) (Downtown Rock Island)  
**Sept. 3:** [Bettendorf Rotary 18<sup>th</sup> Annual Run with Carl 5K](#) (Life Fitness Center, Bettendorf)  
**Sept. 6:** [13<sup>th</sup> Annual Senior Golf Cart Tour of RiverWay Trails](#) (Multiple Locations)  
**Sept. 7-16:** [East West Riverfest](#) (Quad Cities)  
**Sept. 8:** [Quad City Symphony Riverfront Pops](#) (LeClaire Park)  
**Sept. 8-9:** [Beaux Arts Fair](#) (Downtown Davenport)  
**Sept. 15:** [Taming of the Slough](#) (Sylvan Island)  
**Sept. 15:** [Brew Ha Ha](#) (LeClaire Park)  
**Sept. 15:** [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)  
**Sept. 15-16:** [Riverssance Festival of Fine Arts](#) (Lindsay Park, Village of East Davenport)  
**Sept. 15-16:** [Our Big Fat Greek Festival](#) (St. George Greek Orthodox Church, Rock Island)  
**Sept. 19-21:** [Upper Mississippi River Conference](#) (TBD)

**Sept. 22-23:** [Quad Cities Kite Festival](#) (Centennial Park, Davenport)  
**Sept. 23:** [Quad Cities Marathon](#) (Downtown Moline)  
**Sept. 27-29:** [Mississippi Valley Quilters Show](#) (Mississippi Valley Fairgrounds)  
**Sept. 28-30:** [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)  
**Sept. 29:** [17<sup>th</sup> Annual Killer Bee 5K Run/Walk](#) (Rogalski Center Lawn, St. Ambrose Campus)  
**Oct. 5-6:** [Midwest Clown Association Convention](#) (Clarion Hotel Conf. Center, Davenport)  
**Oct. 6:** [Hilltop Campus Village 3<sup>rd</sup> Annual Fall Music Festival](#) (Hilltop Park, Davenport)  
**Oct. 7:** [Nancy Kapheim Memorial Classic Gone Running 5K Run/Walk](#) (Schwiebert Park, Rock Island)  
**Oct. 13-14:** [Gun Show](#) (Mississippi Valley Fairgrounds)  
**Oct. 23-28:** [FLW National Guard Walleye Tournament](#) (Centennial Park, Davenport)  
**Oct. 25:** [Fright Night](#) (The District)  
**Oct. 26:** [Bucktown's Deadstock](#) (Bucktown)  
**Oct. 27:** [Witches Walk](#) (Downtown LeClaire)  
**Oct. 27:** [Daiquiri Factory's Boneyard Boogie](#) (The District)  
**Oct. 27-28:** [Rock and Gem Show](#) (Mississippi Valley Fairgrounds)  
**Nov. 11:** [Doll Show](#) (Mississippi Valley Fairgrounds)  
**Nov. 16-25:** [Quad City Arts Festival of Trees](#) (RiverCenter)  
**Nov. 17:** [Festival of Trees Parade](#) (Downtown Davenport)  
**Nov. 17:** [Lighting on the John Deere Commons & Holiday Pops Concert](#) (Downtown Moline)





SOLDIERS LEADERS CIVILIANS FAMILIES

# Take 5

for Water Safety

- Learn to swim and use a personal flotation device when necessary.
- Alcohol and water do not mix!
- Read and obey all rules and posted signs.
- Never dive into lakes and rivers — hidden dangers may lurk beneath the surface.
- Watch for the dangerous “too” — too tired, too cold, too far from safety, too much sun and too much strenuous activity.
- Know how to prevent, recognize and respond to emergencies.

*Take 5 ... then take action.*



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U.S. ARMY COMBAT READINESS/SAFETY CENTER

<https://safety.army.mil>

ARMY SAFE  
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