

April 23, 2012



Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the island intranet under "Information" and on the installation website at www.ria.army.mil under "About USAG-RIA" and then "News" and "Local News."

Island Insight Submission: <http://www.ria.army.mil/sites/IslandAnn/announcement.cfm>

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FEMA, NOAA Launch First National Severe Weather Preparedness Week

April 22–28: As the nation marks the first anniversary of one of the largest tornado outbreaks in U.S. history, the National Oceanic and Atmospheric Administration, Federal Emergency Management Agency and Rock Island Arsenal are teaming up this week to save lives from severe weather. We are encouraging you to "know your risk, take action, and be a force of nature" by

taking proactive preparedness measures and inspiring others to do the same. Last April, tornadoes raked the central and southern United States, spawning more than 300 tornadoes and claiming hundreds of lives. That devastating, historic outbreak was only one of many weather-related tragedies in 2011, which now holds the record for the greatest number of multi-billion dollar weather disasters in the nation's history. The country has already experienced early

and destructive tornado outbreaks in the Midwest and South this year over the last two months, including a significant number of tornadoes last weekend. May is the peak season for tornadoes, so it is important to take action now. "The damaging tornadoes that struck this year, causing widespread



devastation as well as loss of life, also spurred many amazing and heroic survival stories," said NOAA Administrator Jane Lubchenco, Ph.D. ([More](#))

DoD Updates Telework Policy: The Department of Defense announced a [new teleworking policy](#) for its civilian workforce. Changes to the existing telework policy were prompted by the Telework Enhancement Act of 2010, officials said, and will help DoD achieve greater flexibility in managing its workforce. ([More](#))



Roth TSP to be phased in by DFAS: The Defense Finance and Accounting Service announced it will process Roth Thrift Savings Plan elections for its civilian and military customers using a “phased approach” starting in June and continuing through October. DFAS said the phased implementation “will ensure each customer’s taxable wages and TSP contributions are computed accurately.” DFAS officials said the roll-out schedule — which lags behind the May 7 launch when many



other federal employees will be able to begin contributing — “will provide time to complete and thoroughly test the complex changes needed to the various civilian, active duty military, and reserve component payroll systems.” ([More](#))

The Federal Government's No-Fly Zone: A new bill introduced in the House would seriously curtail federal travel in the near future. By fiscal 2013, Rep. Dennis Ross (R-Fla.) proposes reducing travel budgets across the government by 50 percent of 2012 levels. By fiscal 2015, federal travel budgets for all agencies would be cut 75 percent of 2012 levels. “[S]pending \$15 billion a year on travel is a luxury that is both no longer necessary and no longer affordable,” Ross said during a floor statement. ([More](#))



Federal Employee Travel: Good Use of Funds or a Waste of Time, Money? : This has been a bad couple of weeks for the reputation of federal employees. The GSA conference has resulted in negative publicity for the expenditure of federal money for federal travel. Many in the press and many taxpayers are

Upcoming Dates

- April 21-29:** National Park Week
- April 22-28:** Nat. Work Zone Awareness Week
- April 22-29:** National Safe Kids Week
- April 23-27:** National Playground Safety Week
- April 25:** 114th Anniversary of the Spanish-American War
- April 25:** Administrative Professionals' Day
- April 26:** Take Our Daughters & Sons to Work Day
- April 27:** Arbor Day
- April 28:** Rock Island Arsenal Welcome Club Homes Tour
- April 28:** Nat. Prescription Drug Take-Back Day
- April 28:** Workers Memorial Day
- April 28-May 5:** National Infant Immunization Week
- April 29:** Distracted Driving Awareness Day
- April 30-May 6:** Screen-Free Week
- May 1:** May Day
- May 1:** National Law Day
- May 2:** National Day to Prevent Teen Pregnancy
- May 3:** Children's Mental Health Awareness Day
- May 3:** National Day of Prayer
- May 4:** Military Spouse Day
- May 4-10:** National Nurses Week
- May 5:** Cinco de Mayo
- May 5:** Free Comic Book Day
- May 5:** National Join Hands Day
- May 6:** National Infertility Survival Day
- May 6-12:** Public Service Recognition Week
- May 6-12:** North American Occupational Safety & Health Week
- May 6-12:** Wildfire Awareness Week
- May 6-12:** Arson Awareness Week
- May 6-12:** National Drinking Water Week
- May 7-11:** National Teacher Week
- May 7-13:** Be Kind to Animals Week
- May 13:** Mother's Day
- July 7:** Rock Island Arsenal 150th Celebration



outraged at spending hundreds of thousands of dollars in a lavish spending spree with little in the way of positive results for the money that was spent. This was followed by Secret Service agents spending a few days at a luxury hotel, allegedly hiring escorts and otherwise spending a lot of time and money with the result being a huge amount of negative publicity for Uncle Sam's civilian army. ([More](#))

GSA, Secret Service Scandals, Tax Day: A Perfect Storm for Federal Workers?:

Federal workers in recent years have frequently defended themselves from negative perceptions and the threat of budget and staff cuts. But April has may be the cruelest month yet for the federal workforce's reputation. Two scandals involving waste and misbehavior within favorable agencies erupted: The GSA's extravagant Western States conference is the subject of an Inspector General investigation and multiple congressional hearings, and now the Defense Department is investigating allegations that members of the Secret Service and military



entertained prostitutes in Colombia. ([More](#))

Former Secretary of Army Resor Dies at 94:

Stanley Rogers Resor, who served six years as the secretary of the Army during the height of the Vietnam War, died at his Washington, D.C. home, April 17, at the age of 94. Resor was appointed by President Lyndon Johnson to serve as secretary of the Army in 1965. He was asked to continue in that position after President Richard Nixon was elected in 1968. Following the My Lai Massacre, Resor appointed Lt. Gen. William Peers to head a small team with the limited mandate of examining the adequacy of the original investigations, according to a study written by Maj. Tony Raimondo at the School of the Americas, Fort Benning, Ga. ([More](#))



Relocation of Personal Property and Travel Branch:

The Transportation Office in Bldg. 102, Personal Property, Passports, and Travel, will be closed **April 27 and 30**. Effective **May 1**, their new location will be in Bldg. 102, 1st



Maj. Gen. Mark MacCarley, left, First Army deputy commanding general, greets National Guard and reserve component Soldiers and their Family members attending the Community Based Warrior in Transition Unit-Illinois muster at the Arsenal Island Golf Course clubhouse April 19. CBWTU is a program committed to the care of Soldiers wounded or injured while serving in support of overseas contingency operations. (Photo by Tony Lopez, First Army Public Affairs)

floor NW. For immediate assistance, please call (309) 782-1373.

Official DA Studio Photography:

Official DA Studio Photography will be offered at Arsenal Island on **May 8, 9 and 10**. Studio photography includes DA photos, official government passport photos and official command photos (head & shoulders). Appointments can be scheduled at the following times: May 8, 1-3:40 p.m.; May 9-10, 7 a.m.-3:40 p.m. There will be no walk-in appointments. Reservations can only be made by submitting a [DA3903 Work Request](#) at the [Visual Information](#)



Ordering Site ... click on Frequently Asked Questions, item #2, instructions for scheduling photo appointments in VIOS. Scheduled photographs will be taken at the Photo Studio, Bldg. 56, basement, across hall from elevator. Bring your command flag if required. Priority is: 1. Active duty Soldier's DA Photos 2. Official government passport photos 3. Official command photos 4. DA photos for Army Reserve & Army National Guard Soldiers (not on active duty). To obtain an official government passport photo, all personnel need to: 1. Schedule a passport photo appointment at the [VIOS website](#). 2. Go to transportation to obtain a printed [DA Form 3903](#), Multi-Media/Visual Information Work Order, signed by the passport agent in block 14.3. Present this DA3903 form to the photographer before the passport photo is taken. You will receive two 2"x2" passport photos. 8"x10" head and shoulders-command photos will be printed and available digitally. Additional prints can be ordered in VIOS. Scheduled dates for June 2012 official studio photography will be announced in the Island Insight, VIOS frequently asked questions and the Defense Visual Information website for the RIA VI Facility. POC is Don Swanson (309) 782-6390.

Rock Island Arsenal Welcome Club's Tour of Homes: Come visit the historic quarters on post including Quarters One. Get your tickets early. Adults and teens welcome. For tickets contact K. Harmon at k5harmon@yahoo.com or visit the [RIAWC website](#). See you there.
Date: **Saturday, April 28**
Time: **11 a.m. - 5 p.m.**

2nd Annual RIA Prayer Breakfast:
The RIA Religious Support Team will be hosting their 2nd Annual Prayer Breakfast. The breakfast will be held at Heritage Hall, Bldg. 60. There is no cost to attend. For more information and tickets, please contact the ASC/JMC/First Army Chaplain's Office: (309) 782-0910/2737/9690.
Date: **Wednesday, May 9**
Time: **6:30-8 a.m.**

Planned Power Outage for Buildings 66, 67 and 72: A complete power outage for buildings 66, 67 and 72 will occur on **April 29**, 8 a.m. - 12 p.m. Outage is required in conjunction with the Fitness Center renovation.



Date: **Sunday, April 29**
Time: **8 a.m. - 12 p.m.**

Blood Drive: The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, May 11, 10 a.m. - 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **3rd shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on May 4**. To sign up for a blood drive held on either the 2nd or 3rd shift, donors should contact their shift supervisor.



 ***The Truth About Donating Blood! Excuse: Plenty of people donate, they don't need my blood. Truth: The fact is that plenty of people don't donate. Every two seconds, someone in the U.S. needs blood. Unfortunately, of the 38 percent of the U.S. population that is eligible to donate blood, less than 10 percent do annually.***

The Army encourages its employees to volunteer as candidates for any of



the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).

2nd Annual Charity Golf Tournament "Reds White & Blue" to Benefit Jason's Box:

A golf tournament to benefit [Jason's Box](#), a local organization that sends "care packages" to improve the health and



well being U.S. troops overseas, will be at 1 p.m., Friday, May

18, at the Golfmohr Golf Club, 16724 Hubbard Rd., East Moline, Ill. Price for the tournament is \$65 per golfer and \$60 per team of four, which includes greens fee, cart, tee package and dinner. POC: Craig DeVrieze, (563) 940-6094 for details about the event.

RIAWC 2012 Charity Golf Outing:

The Rock Island Arsenal Welcome Club is partnering with the Iowa/Illinois Chapter of the National Defense Industry Association in hosting the 2012 Charity Golf Outing during the Midwest Small Business Government Contracting



Symposium on Tuesday, **May 22** at the Arsenal Island Golf Course, . Proceeds will help fund the club's charitable work supporting the military and their families on the Arsenal and surrounding Quad-Cities Communities. [Registration](#) will be 11:30 a.m. - 12:30 p.m., with a shotgun start at 1 p.m. A recognition dinner will follow 6:30-8:30 p.m. Registration deadline is **May 17**. Cost is \$100/player before **May 1**; on or after **May 1** is \$110. ([More](#))

Arsenal Attic Thrift Shop & Boutique:

The Thrift Shop will be open and serving free popcorn this Saturday, **April 28**, 10 a.m. – 4 p.m., during the Tour of Homes. Tickets for the tour will be available for purchase at the shop on Tuesday, Thursday, and on Saturday. POC: (309) 782-6977.

Great Lakes VTF Vaccine Clinic:

There will be an animal vaccine clinic for active duty and retired service members at RIA Fire Department on **May 31**, 1-6 p.m.; and **June 1**, 8-11 a.m. Cash and checks accepted. ([Additional Info](#)) (847) 688-5708.



Esprit de Corps Toastmasters Club:

At Esprit de Corps you can benefit from a Toastmasters meeting without leaving the Island and without giving up an evening or weekend day. We offer communication and leadership skills to all interested people, regardless of grade or rank. Come see how we learn in a supportive atmosphere.



Date: **Wednesday, May 2**

Time: **11:45 a.m. - 12:45 p.m.**

RIA Ladies Saukie Golf League Has Openings:

Nine-hole league beginning **April 24** at Saukie. It's an 18 week league at a cost of \$261. If interested, contact Sally Cecil, (309) 558-8723 or cecils@mchsi.com. Ladies are not required to work at RIA to join. Subs are also needed.

Time: **3:30 p.m. - 6:15 p.m.**

Rock Island Arsenal Historical Society Meeting:

The Rock Island Arsenal Historical Society will meet 6 p.m., Thursday, **May 3**, Veranda Room of the Arsenal Golf Club. Guest Speaker will be Terry Nelson, who will give us "A Brief History of the U.S. Agriculture." Call Linda (563) 355-6165 for reservations by Monday, **April 30**.



Volunteers Needed for John Deere Classic Transportation Committee:

July 9-15 drivers are needed for the John Deere Classic transportation committee for the Friday before tournament week through Monday after tournament. For more information, contact Kippy Nelson (Cell) (309) 945-6478 or (309) 944-6113 ([website](#))

Arsenal Traffic/Construction

Bridge Closures - Annual Bridge Maintenance (Washing), Moline Bridge, Government Bridge, and R.I. Viaduct:

The following is this year's bridge washing schedule. Bridge Closures for Annual Bridge Washing will be **April 25 - May 9**. Moline Bridge: **April 25, 26, & 27**, closure time is from 8:30 a.m. to 2:15 p.m. to help avoid causing traffic backups during peak hours. One lane of traffic will be maintained across the bridge throughout the washing schedule. Government Bridge - Railroad Portion (upper deck): **May 3 & 4**. this will be a complete closure from 8:30 a.m. to 2:15 p.m. both days during the washing of the railroad portion (upper deck), the complete closure is to help avoid getting wash residue on vehicles transiting the bridge. Government Bridge - Drive Deck &

Underneath Deck: **May 5 & 6**, this will be a complete closure to vehicle and pedestrian traffic from 6 a.m. to 6 p.m. both days. R.I. Viaduct / Underneath R.I. Viaduct, & Pedestrian Bridge: **May 7, 8, & 9**, closure time is from 8:30 a.m. to 2:15 p.m. to help avoid causing traffic backups during peak hours. One lane of traffic will be maintained across the bridge throughout the washing schedule.

Closure of Parking Lot: A partial closure of Lot 3 O will occur on **April 30 and May 1 & 2**. The southeast corner of the Lot, north of Bldg. 339, will be barricaded, to accommodate the mandated Motorcycle Safety Course. Normal parking will return on **May 4**. ([POC](#))

Quad Cities Event Impact to Government Bridge Traffic: Saturday, **May 19**, the annual Quad Cities Heart Walk will be held. The Government Bridge will remain open to vehicular and pedestrian traffic from 9-11 a.m. After this time river navigation will resume and commuters using the Government Bridge to transit between Iowa and Illinois can expect occasional delays as river traffic passes through the main lock at Locks and Dam 15.

Building/Space Closures

☐
There are no building/space closure announcements at this time.

Active Duty/Reserve Zone

☐
Officials Explain New Sexual Assault Policies: Senior Defense Department officials today said they hope more service members who are victims of sexual assault report the crimes as a result of a policy change Defense Secretary Leon E. Panetta announced last week. Panetta issued guidance April 20 withholding "initial disposition authority" from any officer who is below the O-6 -- colonel or Navy captain -- level and who does not hold special court-martial convening authority. In other words, unit commanders at the company or squadron level no longer have authority to decide whether to take further action in reported cases of attempted rape, forcible sodomy or sexual assault. ([More](#))

Safety Spotlight





Annual Army Safe Spring/Summer Campaign:

The Army's annual Safe Spring/Summer campaign promotes individual responsibility and engagement on all fronts - among leaders, Soldiers, families and peers - to help prevent fatalities and injuries during the spring and summer seasons. The U.S. Army Combat Readiness/Safety Center launches the annual Safe Spring/Summer Campaign on April 1, to raise awareness of the increased hazards associated with spring and summer activities. Topical feature articles, posters and videos provide Soldiers, family members and civilians the information they need to manage risk and reduce accidental injuries and deaths. The campaign, which runs through September 30, emphasizes prevention and vigilance and is driven by a theme asking all audiences to make safe decisions wherever their adventures take them. Campaign topics include boating and watercraft safety, heat injury prevention, adverse weather, motorcycle safety awareness, DUI (Driving under the influence) and distracted driving, plus many more. The complete campaign is available online at U.S. Army Combat Readiness/Safety Center. ([More](#))

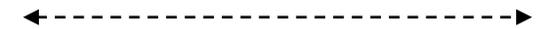
Motorcycle Safety Course: The USAG Safety Office will be sponsoring upcoming Motorcycle Rider Courses. This cycle rider safety training program will be certified by the Motorcycle Safety Foundation. The courses are designed to help riders manage their risk and increase their skills through riding and classroom instruction. Per DODI 6055.4, DoD Traffic Safety Program, military personnel who operate motorcycles must be appropriately licensed to operate on public highways and must have successfully completed an approved rider or operator safety course meeting the MSF-based State-approved curriculum. Any Soldier operating a motorcycle on the Rock Island Arsenal must be in possession of an MSF card when they ride to verify completion of required training. The next one-day Experienced Rider Courses are scheduled to be conducted on **July 17, 18 or 19**. Additionally, there are still a few openings for the two-day Basic Rider Course scheduled for **May 1 & 2**. Registration for all courses is through the web-based AIRS system at <https://apps.imcom.army.mil/AIRS>. For further information, please contact [Michael Chaplin](#), IMRI-SO, at (309) 782-2314/1380, or [Nancy Carlson](#), IMRI-SO, at (309) 782-2309.

Equal Opportunity Focus



Fixing Diversity Gaps in the Federal Workforce:

While the federal government is a leader in employing a diverse workforce, a report issued this week by the Equal Employment Opportunity Commission (EEOC) spotlighted specific areas that need improvement. Looking specifically at fiscal 2010, the EEOC said the percentage of women, as well as the percentage of some male minorities, is lower in the federal workforce than in the labor force overall. In addition, the number of employees with targeted disabilities is well below goals set by the Obama administration. ([More](#))



Morale, Welfare & Recreation (MWR)



Morale, Welfare & Recreation

(MWR): Visit the MWR website at www.riamwr.com for information on all MWR programs. Also [click here](#) to become a fan on Facebook and stay up to date on all the great MWR offerings here at the Arsenal.



Mothers Day Champagne Brunch:

Sunday, **May 13**, 10:30 a.m. - 2 p.m., show mom how much you care by treating her to a delectable champagne brunch at the Arsenal Island Golf Course clubhouse. This all you can eat, buffet style brunch is \$22.95/adult, \$10.50/child (4-12) and children three and under eat free. Call (309) 793-1601 to make your reservation.



Administrative Professionals Day Lunch Specials at the Clubhouse:

Wednesday and Thursday, **April 25 & 26**, make sure your administrative professional knows how much they mean to your organization; treat them to a delicious buffet lunch at the Arsenal Island Golf Course clubhouse. The menu on Wednesday, **April 25**, will feature a variety salad buffet and Thursday, **April 26**, you can get your fill of tacos at the all you can eat taco salad bar. Cost is just \$8.50/person. For more information call (309) 793-1601. ([Flyer](#))



New Session of Fitness Center

Classes: The new session of fitness classes will begin the week of **May 7**. Yoga is back and we are also now offering Zumba. Yoga will be offered: • Monday/Wednesdays 11:30 a.m.–12:15 p.m. Fees \$8 per class • Tuesday / Thursdays, 5:45-6:45 a.m. • Fees \$10 per class • Register for each class at the front desk; Zumba will be offered: • Monday / Wednesday, 5-6 p.m.; Program fees: \$30 for six week session / \$25 military; Drop in fees: \$3; For more info and class descriptions for these and all of our other great classes, please visit [our website](#).

Tour of Homes Taco Bar Special at

Arsenal Island Golf Clubhouse: There will be a Taco Bar Lunch Special during RIAWC Tour of Homes, Saturday, **April 28**. As you make your way along touring the beautiful residences of Arsenal Island, stop into the Arsenal Island Golf Clubhouse for an all you can eat taco bar for the low price of \$7.50.

April is Month of the Military Child:

Join MWR in celebrating and honoring our military children and the sacrifices that they make every day. We invite you to join us for some of the great events that we have lined up for next month

including a family friendly concert by the [Little Nashville](#) musical group on **April 26**. For a complete listing of all events, [check out the calendar of events](#) or the flyers: [Home Depot Flyer](#) and [Little Nashville](#) for more info or call (309) 782-2165.

Change in Hours of Operations at the

Island Oasis Café: Still haven't tried the new Island Oasis Café located in the Fitness Center? Well there is no better time than right now because effective April 2, we will be fine tuning our hours of operation to better serve you. Stop in for a quick breakfast sandwich, omelet or breakfast burrito between 6:30 & 9 a.m., or try one of our fresh made deli sandwiches, salad, or bowl of delicious homemade soup during the hours of 11 a.m. to 1 p.m. Check out the [full menu here](#).

MWR Army Wide Arts and Crafts

Contest: Calling all artists! Get your artistic works ready for this year's Arts and Crafts Contest. The submission period is **May 1 - June 30**. There are new and exciting categories for this year's contest including: ceramics, drawings, fibers and textiles, glass, metals and jewelry, paintings, mixed media, wood, and digital art. Full contest rules and descriptions can be



found [HERE](#) or call the local point of contact at (309) 782-1230 for more info.

Arsenal Club Bar: Effective April 5, the bar operation in Bldg. 60 moved back to the Arsenal Island Golf Course Clubhouse. The bar will be open on Thursday and Friday nights from 3-7 p.m. Golfers have no fear, even though the bar will not be open outside of these hours, the Golf Shop will continue to sell your favorite beers and sodas so that you have beverages to take out on the course with you.



MWR Leisure Travel Office



Office Hours: Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

MWR Yard Sale: MWR Yard Sale will take place at the Memorial Field Pavilion. If you are interested in participating it costs \$5 per table. Yard sale takes place rain or shine. For more information contact LTO (309) 782-5890.

Date: **Saturday, May 19**
Time: **8 a.m.**

Books Are Fun: Books Are Fun will be here for two days. Stop by the Book Fair in Bldg. 60, Heritage Hall area, for great discounted books and items for Mother's Day.

Date: **Tuesday, May 1**
Time: **9 a.m. – 2 p.m.**

Free Camping for Active Duty

Military: The Corps of Engineers are offering free camping for active duty military at Fisherman's Corner, Grant River, Thompson Causeway, Shady Creek and Clark's Ferry Campgrounds. Complete information is listed in the "Along the River" brochure. You may pick up a copy at Outdoor Recreation or the Mississippi River Visitor Center at Locks and Dam 15.

Ghost Hunters' Dinners at Historic

Quarters One: The ever-popular Ghost Hunters' Dinners are back for 2012. Enjoy a gourmet meal at the Clubhouse followed by a presentation by the Rock Island Paranormal Society on the haunted history of Historic Quarters One. After the presentation, armed only with flashlights, guests are invited to search this beautiful building for evidence of the paranormal. The dates planned for



2012 are: **May 10, June 21, July 13, Aug. 17, Oct. 1, Oct. 13, and Oct. 31.** Cost is \$45/person and reservations are strongly recommended as these fill up fast. Call (309) 793-1601 for more info and to reserve your spots. ([Flyer](#))

Chicago Cubs vs. Milwaukee

Brewers: Hey Cubs and Brewer fans. Do we have a deal for you. Let us provide the transportation to Milwaukee, Miller Park, and a game ticket for only \$84 per person. Seats on sale now. For more information contact the Leisure Travel Office.

Date: **Saturday, May 12**
Time: **12:05 p.m. (game time)**

Taste of Chicago Bus Trip: Join the Leisure Travel Office on their bus trip to the Taste of Chicago to enjoy the sights, sounds, and food of the Windy City. Cost is \$39/person (transportation only). For more information, please call 309-782-5890.

Date: **Saturday, July 14**

Downtown Chicago Shopping Bus

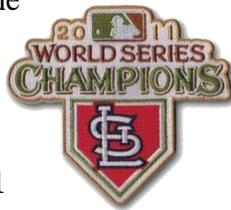
Trip: Join MWR for a fun day of



shopping on Michigan Ave. and the magnificent mile in beautiful downtown Chicago. Price is \$39/person and includes transportation only. Call (309) 782-5890 for more info and to sign up. Date: **Saturday, July 28**

Six Flags Great America: Leisure Travel has 2012 Six Flags Great America one-day general admission tickets now in stock. Two big parks for one low price; all the thrills your nerves can handle with 14 roller coasters ... 20 acres with 30 waterslides. Discounted tickets are \$48, children under two are free.

Cubs vs. Cardinals: The Chicago Cubs will be taking on the defending World Series Champion St. Louis Cardinals at Busch Stadium. The bus will **depart at 8 a.m.** from the COL Davenport Pavilion area. Seats on sale now for \$104 per person. Date: **Saturday, July 21**
Time: **3:05 p.m. (game time)**



Lincoln Park Zoo Bus Trip: Lions and tigers and bears, oh my! The Leisure

Travel Office will be making a bus trip to Lincoln Park Zoo in Chicago, Saturday, **June 16**. Cost in only \$39/person (transportation only). Please call (309) 782-5890 for more information.

Monster Jam: Coming to the iWireless center once again. Following are trucks & drivers scheduled to appear: Grave Digger – Gary Porter Monster Mutt – Whit Tarlton AAP Grinder – Frank Krmel Mohawk Warrior – George Balhan Incinerator – Ryan Rice Mechanical Mischief – Jim Burns Tickets on sale now. All tickets increase \$2 day of show. No discounts available day of show
Date: **Friday, April 27**
Time: **7 p.m.**

Sleeping Beauty Ballet: Quad Cities Presents: Sleeping Beauty. Performance will be at the Adler Theatre. Tickets on sale for \$27.
Date: **Saturday, May 19**
Time: **7 p.m.**

Circa 21: Spreading It Around: An upbeat comedy about a well-to-do widow living in a retirement community in Florida. Tired of handing out money to their neglectful, unappreciative children, Angela Drayton and her

friends set up an organization which gives to those really in need. Discounted seats are \$43.50
Date: **Saturday, May 26**
Time: **5:45 p.m.**

Warrens Wisconsin Cranberry Festival: This festival features more than three miles of shopping and more than 1,300 booths. Arts & crafts, flea market, antiques and the farmers market. Seats are \$72 (includes Marsh tour) on sale until **Sept. 1**.
Date: **Saturday, Sept. 29**

Heartland Jam: More than half of the national acts are in place for the first Heartland Jam country music festival, **July 20-21**. We have discounted ticket available for 1 day at \$34 and two days for \$49. Limited amount of tickets.

LA Angels vs. Chicago White Sox: Let us provide the transportation to and from the game at Chicago's U.S. Cellular Field on a charter bus. This will be an evening game. Cost per person is \$86. For more information please contact LTO at (309) 782-5890. Date: **Saturday, Aug. 4**
Time: **6:10 p.m.**



Need a Vacation?: Do you need help planning your vacation - let the leisure travel staff help turn your vacation into a dream vacation. Stop by or call our office at (309) 782-5890. Let us do the work.

Child, Youth & School Services

Take Time to Honor Military Kids' Service:

Children of U.S. service members around the world will be honored throughout April for their contributions to their families' well-being and sacrifices on behalf of the nation, a Defense Department official said. Each April, Americans pause to recognize the nation's 1.8 million military children during the Month of the Military Child. "It's really important to recognize that military children also serve," Barbara Thompson, director of military community and family policy, children and youth, told the Pentagon Channel and American Forces Press Service. It's also important, Thompson said, to take time to let military children "know how proud we are as Americans that they ... are supporting mom or dad in uniform, who is making great sacrifices for this country." While

frequent moves and school transitions can be challenging, Thompson said she believes the most challenging endeavor a military child has to endure is a parental separation due to deployment. ([More](#)) ([OurMilitary](#)) ([StandTo!](#))

Covenant Cottage Child Development

Home: [Covenant Cottage Child Development Home](#) is available for backup, emergency, and hourly care for ages four weeks through 12 years. The home is located on post and is open from 6 a.m. – 6 p.m. Monday through Friday, Tuesday and Thursday evenings and Saturday mornings. Army Family Covenant Guidelines state deployed Soldiers are entitled to 16 hours free respite childcare per child, per month. For reservations call (309) 782-6793. We encourage you to call as far in advance as possible because spaces fill quickly.

Army Community Service (ACS)

ACS is located in Bldg. 110, 1st floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS



classes. Find us on Facebook [click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412

Real Colors: What's Your Color?:

Join us at the School Age Center for a unique look at communication styles. You will learn your own style and gain insight into the communication style of others. RSVP to Family Advocacy at (309) 782-3049 or jennifer.a.kerr10.civ@mail.mil. Date: **Saturday, April 28**
Time: **8:30 a.m. - 12:30 p.m.**

Special Needs Informational Forum

Game Night: Bring the family and kids for a family game night and chance to network with other special needs family members. The location is Bldg. 150, School Age Center. Limited onsite childcare is available. For more information email janice.n.saito.civ@mail.mil. Date: **Tuesday, April 24**
Time: **5:30-7:30 p.m.**

Army Child Abuse Prevention Month:

The Army Family Advocacy Program preventive education initiatives provide Soldiers, DA Civilians, and Family members information about child abuse and its harmful effects on Army Families and the Army mission. FAP is an essential resource at Rock Island



Arsenal engaging in long standing prevention efforts positively affecting the Army and civilian community. The theme for Army Child Abuse Prevention Month is "It's no secret ... everyone can help. Keep Army Children Safe and Healthy." As Garrison Manager, it is my goal to ensure that happens. April is also designated as the Month of the Military Child and what better way to honor children in military Families than to keep them safe and provide for their health and well being. ([More](#))

Army Emergency Relief Kicks Off

2012 Campaign: AER begins its annual fundraising drive. The theme of this year's Campaign is "A Strong Tradition of Soldiers Helping Soldiers." The money is used to fund grants, scholarships and gift cards for Wounded Warriors. Organizational key persons will begin contacting our Military personnel soon. For more information or to make a donation, contact ACS.



Employee Assistance Program



For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are

7 a.m. – 4:30 p.m. Monday through Friday. For additional information on the Employee Assistance Program, go to www.riamwr.com or [Facebook](#).

Alcohol Awareness Month: April is Alcohol Awareness Month. Alcohol is the most commonly used drug in the United States (National Institute on Drug Abuse). Alcohol is popular, socially accepted, and legal. Yet it is the most frequent cause of individual and family pain and suffering. Alcohol Awareness Month is an opportunity to raise awareness about alcohol misuse and encourage people to make healthy, safe choices. During this month, take time to educate yourself and your loved ones about the dangers of alcohol misuse. One way to educate yourself about your own drinking is to take the anonymous alcohol use self-assessment online at DrinkingIQ.org. The Survey is free and can give you feedback about your drinking and if you may be at risk. If you would like to learn more about alcohol or have any questions, please call the EAP at 2-HELP (4357) or look for an EAP staff member at your lunch cafeteria in April.



Anonymous Online Mental Health Screening – April 2012:

Good news. Did you know that a glass of wine with dinner or beer on Friday night with friends might be good for you. A compilation of research detailing the health benefits of moderate alcohol use suggests that it can reduce the risk of heart disease, stroke, dementia, and even the common cold (*Hanson, 2007*). However, this research leads us to ask, what is moderate alcohol use? It is important to distinguish between moderate and heavy alcohol use, as consuming excessive amounts of alcohol can lead to many problems. In the short term you may be more likely to have an accident, commit a violent act (alcohol use is associated with two out of three incidents of intimate partner violence), or engage in risky sexual behavior that you would normally avoid. Long term health problems, including increased risk of stroke, dementia, depression, high blood pressure and certain cancers are well known for being consequences of heavy alcohol use (*Centers for Disease Control and Prevention, 2008*). To help you know if you are using alcohol moderately rather than in a way that is hazardous, the Rock Island Arsenal Employee Assistance Program is honoring National Alcohol Screening Day, April 5, by offering you the



opportunity to complete a free, anonymous screening for alcohol use disorders. The screenings are available at [HERE](#) in keyword ASAP. We here at the Rock Island Arsenal Employee Assistance Program hope that you will raise your glass in the name of good health and take a quick check of your drinking habits to help ensure your good health stays that way.

PTSD Support Groups: You don't have to go through this alone. The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

Smoking Cessation Group: Need help to quit smoking? Good news ... the Employee Assistance Program offers an ongoing educational support group for people who would like to be smoke-free. The group meets each Wednesday, 3-4 p.m., at the EAP office located in Bldg. 110, 1st floor, SE wing.



Education/Training Review

☉
The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.

GED, ESL, Citizenship Classes, Testing, Free Study Resources: The Scott Community College Career Assistance Center Offers GED, ESL, and Citizenship classes, as well as testing and free online study sites. Call (563) 326-5319 for a schedule of classes and tests or to obtain more information. ([More](#))

Richard C. Maguire Scholarship: The Rock Island Arsenal Historical Society will again sponsor the \$1,000 Richard C. Maguire scholarship; being offered to an individual studying for a Master's degree or Doctorate in history or a related field. Applications are available upon request at rimahoch@aol.com. Return by **May 1**.

AER Scholarships for 2012-13

Available On-line: Army Emergency Relief (AER) scholarship on-line applications for spouses and dependent children are now available through **April 2012** at www.aerhq.org and look under the Education Assistance button. For more information call (309) 782-0815 or jon.c.cook.civ@mail.mil.

Defense Commissary Agency / PX

☉
The [Rock Island Commissary](#) makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: www.commissaries.com ([Facebook](#))

May Case Lot Sale: Our May Case Lot Sale will be held on **May 18 and 19**, 8:30 a.m. - 6:30 p.m., both days. If you are new to Rock Island our case lot sales are held in the building, so weather will not affect us at all. We learned that the hard way. If there's something you just



can't find in our store just bring in the UPC and we will see if we can get it here for you. You may have to take the whole case unless it is an item that is being requested by other patrons.

Win It for Wellness Giveaway: April 12-May 9, Nestlé will provide opportunities for 178 stateside shoppers (one from every commissary) to win a prize: 25 grand-prize winners will each receive a Kinect for Xbox 360 gaming system along with a variety of games, and 153 first-prize winners will each receive a \$50 Commissary Gift Card. Customers will see in-store promotional posters, stand-up ballot boxes and high-value coupons linked to promotion.

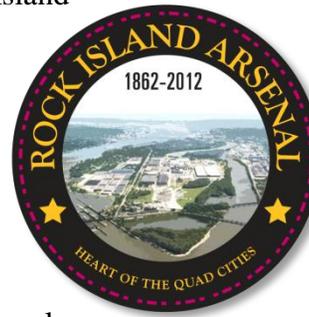
Sales Flyers: Patrons can visit the [AAFES website](#) and sign up to receive free online sales flyers.

Arsenal Archive

Information for the *Arsenal Archive* is made available by the [Rock Island Arsenal Museum](#). The Museum is open to the public, Tuesday through Saturday, 12-4 pm. Closed Sunday, Monday, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free.

May Sesquicentennial History Break:

Think about taking a "History Break" to celebrate Rock Island Arsenal's 150th Anniversary. **May 10**, 12-1 p.m., Gena Schantz, Independent Scholar, and Kris Leinicke, Rock Island Arsenal Museum, will present a program on the history of Fort Armstrong and the Fort Armstrong Centennial Celebration. Sponsored by the Rock Island Arsenal Historical Society, these lunch and learns will be held the second Thursday of each month in 2012. Join us in the Caisson Room, Bldg. 60, first floor, south wing, 12-1 p.m. As these presentations occur during lunchtime, you may bring a brown bag lunch or purchase food at the adjacent food court. Employees can sign up for these professional development opportunities in [TEDs](#) (Search Term "History Breaks"). If you don't have access to [TEDs](#), please call Kris Leinicke at (309) 782-3518 to make a reservation. Due to the size of the Caisson Room, participation is limited to 50.



Rock Island Arsenal Historical

Society Meeting: The Rock Island Arsenal Historical Society will meet 6 p.m., Thursday, **May 3**, Veranda Room of the Arsenal Golf Club. Guest Speaker will be Terry Nelson, who will give us "A Brief History of the U.S. Agriculture." Call Linda (563) 355-6165 for reservations by Monday, **April 30**.

This Week in Rock Island Arsenal

History – April 23-29: On April 25, 1898, the U.S. Congress formally declared war on Spain. The great flood of 1965 peaked with a crest of 22.48 feet during the last week of April 1965. Arsenal workers volunteered to fill sand bags during their off hours. On April 29, 1931, construction of the locks on Locks and Dam 15 began.

Healthbeat

National Prescription Drug Take-

Back Day: First initiated on Sept. 24, 2010, by the U.S. Drug Enforcement Agency, April 28, marks the fourth National Prescription Drug Take-Back Day. This event provides a venue to dispose of unused/unwanted and expired prescription drugs. During the first three National Prescription Drug Take-Back Days, the American public turned in



more than 498.5 tons of medication. The U.S. Army is partnering with the DEA to support this event for the third time. ([More](#))

Health Clinic Announcement: Health Sick Call hours 7-8 a.m. Clinic closed after 11:30 a.m., **April 27**, for training. Behavioral Health closed **April 29** through **May 15**. Pharmacy closed Monday, **April 30**. Primary Care and Occupational Health Clinics closed morning of **May 2**. For any concerns with the RIAHC clinic please call our customer support line (309) 782-0721.

Notes for Veterans

VA Underreported Waits For Mental Health Care: The Veterans Affairs Department inflated its success rates in providing timely services for vets needing mental health services, according to a VA Inspector General's report released Monday. VA said in 2011 that 95 percent of new patients wanting mental health services received full evaluations for care within the department's required window of 14 days. Following analysis, the VA IG said that just 49 percent were seen in that time frame and most faced an average wait time of 50 days. ([More](#))

Car Pooling Announcements

Submit car pooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

Car Pool:

- **Carpool:** Looking for members to join carpool along the Hwy. 61 corridor from Dubuque to Rock Island Arsenal, 2nd shift 2:15-10:30 p.m. Starting in the middle April. [Email](#) or call (815) 651-4624.
- **Carpool:** Commuter living in Rio, Ill., looking for someone to carpool with from Galesburg/Alpha area. Employee works 6 a.m. - 3:30 p.m. w/RDO 1st Friday of Pay period. [Email](#) or call (309) 782-5472.

Around the Q.C.

April 28: [Rock Island Arsenal Welcome Club Homes Tour](#) (Rock Island Arsenal)
April 28: [Quad City Family Caregiver Conf.](#) (Waterfront Convention Center, Bettendorf)

April 28: [Autism Society of the Quad Cities Autism Awareness Walk](#) (Augustana College, PepsiCo Recreation Center, Rock Island)

April 28: [6th Annual Steve's Old Time Tap Spring Chaser 5K](#) (Downtown Rock Island)

May 5: [Derby Day Party](#) (Arsenal Island Golf Course Clubhouse)

May 5: [Venus Envy](#) (BucktownCenter)

May 5: [Rock Island Downtown Clean Up](#) (The District)

May 5: [31st Annual CBRC 24-hour Run](#) (North Scott High School Track, Eldridge)

May 5: [WIU Frog Hop 5K](#) (WIU, Moline)

May 5: [JDRF Walk to Cure Diabetes](#) (Niabi Zoo, Milan, Ill.)

May 5: [Quad Cities QC Jeepers 4x4 Show](#) (DK Four Wheel, Moline)

May 11: [Gallery Hop!](#) (The District)

May 12: [MLB Pitch, Hit & Run](#) (Stephens Park Diamond, Moline)

May 12-13: [Beaux Arts Fair](#) (Figge Art Museum)

May 12-13: [Scott County Kennel Club AKC Dog Show](#) (QCCA Expo Center)

May 13: [25th Annual Quad Cities Distance Classic 5K](#) (Augustana)

May 19: [Start! Heart Walk](#) (Great River Plaza, Rock Island)

May 19: [St. Ambrose University Wine Festival](#) (St. Ambrose University)

May 26: [Running Wild's The Wild 5](#) (Gold's Gym, Davenport)

May 28: [Quad Cities Criterium](#) (Rock Island)

June 2: [Run for the Son 5K Run/Walk](#) (Christian Care Rescue Mission, Rock Island)

June: 8-9: [Gumbo Ya Ya](#) (The District)

June 9: [Susan G. Komen Race for the Cure - Quad Cities 5K](#) (Davenport)



June 13-16: [Sturgis Mississippi River Motorcycle Rally](#) (Mississippi Valley Fairgrounds)
June 15-16: [Daiquiri Factory's Rock The District](#) (The District)
June 16: [13th Annual Quad Cities Triathlon](#)
June 17: [Ride the River](#) (RiverWay Trails, Iowa & Ill.)
June 16-17: [Greek Cultural Festival](#) (East Moline)
June 23: [Run for the Hills XC](#) (Crow Creek Park, Bettendorf)
June 23: [Royal Ball Run for Autism 5K](#) (Milan HyVee)
June 24: [6th Annual Hennepin Hustle 5K Fun Run/Walk](#) (Colona, Ill.)
June 24: [Blossoms at Butterworth](#) (Butterworth Center, Moline)
June 29-July 1: [Mississippi Valley Blues Festival](#) (LeClaire Park)
June 30: [Daiquiri Factory's Dodgeball Showdown](#) (The District)
July 3: [Red, White & Boom!](#) (Rock Island & Davenport)
July 4: [30th Annual Genesis Firecracker Run](#) (East Moline)
July 7: [Rock Island Arsenal 150th Celebration](#)
July 9-15: [John Deere Classic PGA Tour](#) (TPC Deere Run)
July 11: [21st Annual YouthFest](#) (Centennial Park, Davenport)
July 14: [28th Annual Moonlight Chase](#) (Eldridge)
July 16-21: [Rock Island County Fair](#) (East Moline Fairgrounds)
July 20-21: [Heartland Jam](#) (LeClaire Park)
July 27-28: [41st Annual MVRBC Downtown Street Fest](#) (Downtown Davenport)
July 27: [Cardiology at the Bix](#) (Radisson Quad City Plaza, Davenport)

July 28: [Bix 7 Run/Walk](#) (Downtown Davenport)
July 31-Aug. 5: [Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds)
Aug. 2-5: [Bix Beiderbecke Memorial Jazz Festival](#) (LeClaire Park & Hotel Blackhawk)
Aug. 9-11: [Great River Tug Fest](#) (LeClaire, Iowa / Port Byron, Ill.)
Aug. 10-11: [Ya Maka My Weekend](#) (The District)
Aug. 17-18: [River Roots Live](#) (Downtown Davenport)
Aug. 18: [River Action's 3rd Annual Floatzilla](#) (Lake Potter)
Aug. 23-26: [World Series of Drag Racing](#) (Cordova Dragway)
Aug. 25: [Quad Cities Irish Festival](#) (Rock Island)
Aug. 25: [RIBCO's 3rd Annual River City Beer Festiv-ale](#) (The District)
Aug. 28-Sept. 5: [ASA Girls 12U Fastpitch Tournament](#) (Greenville Sports Complex, Moline)
Aug. 30-Sept. 2: [Antique Motorcycle Swap Meet](#) (Mississippi Valley Fairgrounds)
Sept. 1: [8th Annual Labor Day Ride For Non-Hodgkin's Lymphoma](#) (The District)
Sept. 1-2: [Quad City Air Show](#) (Davenport Municipal Airport)
Sept. 1-2: [Rock Island Grand Prix](#) (Downtown Rock Island)
Sept. 3: [Bettendorf Rotary 18th Annual Run with Carl 5K](#) (Life Fitness Center, Bettendorf)
Sept. 6: [13th Annual Senior Golf Cart Tour of RiverWay Trails](#) (Multiple Locations)
Sept. 7-16: [East West Riverfest](#) (Quad Cities)
Sept. 8: [Quad City Symphony Riverfront Pops](#) (LeClaire Park)

Sept. 8-9: [Beaux Arts Fair](#) (Downtown Davenport)
Sept. 15: [Taming of the Slough](#) (Sylvan Island)
Sept. 15: [Brew Ha Ha](#) (LeClaire Park)
Sept. 15: [Celtic Festival & Highland Games](#) (Centennial Park, Davenport)
Sept. 15-16: [Riverssance Festival of Fine Arts](#) (Lindsay Park, Village of East Davenport)
Sept. 15-16: [Our Big Fat Greek Festival](#) (St. George Greek Orthodox Church, Rock Island)
Sept. 19-21: [Upper Mississippi River Conference](#) (TBD)
Sept. 22-23: [Quad Cities Kite Festival](#) (Centennial Park, Davenport)
Sept. 23: [Quad Cities Marathon](#) (Downtown Moline)
Sept. 27-29: [Mississippi Valley Quilters Show](#) (Mississippi Valley Fairgrounds)
Sept. 28-30: [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)
Sept. 29: [17th Annual Killer Bee 5K Run/Walk](#) (Rogalski Center Lawn, St. Ambrose Campus)
Oct. 5-6: [Midwest Clown Association Convention](#) (Clarion Hotel Conf. Center, Davenport)
Oct. 6: [Hilltop Campus Village 3rd Annual Fall Music Festival](#) (Hilltop Park, Davenport)
Oct. 7: [Nancy Kapheim Memorial Classic Gone Running 5K Run/Walk](#) (Schwiebert Park, Rock Island)
Oct. 13-14: [Gun Show](#) (Mississippi Valley Fairgrounds)
Oct. 23-28: [FLW National Guard Walleye Tournament](#) (Centennial Park, Davenport)
Oct. 25: [Fright Night](#) (The District)
Oct. 26: [Bucktown's Deadstock](#) (Bucktown)
Oct. 27: [Witches Walk](#) (Downtown LeClaire)



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Oct. 27: [Daiquiri Factory's Boneyard Boogie](#)
(The District)

Oct. 27-28: [Rock and Gem Show](#)
(Mississippi Valley Fairgrounds)

Nov. 11: [Doll Show](#) (Mississippi Valley
Fairgrounds)

Nov. 16-25: [Quad City Arts Festival of
Trees](#) (RiverCenter)

Nov. 17: [Festival of Trees Parade](#)
(Downtown Davenport)

Nov. 17: [Lighting on the John Deere
Commons & Holiday Pops Concert](#)
(Downtown Moline)

Dec. 1-14: [Season of Light-Star of
Bethlehem](#) (Augustana College
Planetarium)

Dec. 2: [19th Century Christmas](#) (Butterworth
Center, Moline)

Dec. 7: [Gallery Hop!](#) (The District)

Dec. 8-9: [131st Annual Performance of
Handel's Messiah](#) (Centennial Hall,
Augustana College)



Island Insight



**Joel Himsl, Garrison Manager; Eric
Cramer, Public Affairs Officer; Mark
Kane, Editor**

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[announcements to the Island Insight:](#)
usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil; Phone: (309) 782-1121. The *Island Insight* is [available on-line](#).

SOLDIERS LEADERS CIVILIANS FAMILIES

Take 5

Before Driving Distracted

- To save your behind, watch what's ahead.
- Drive time isn't downtime for eating, grooming or calling.
- Keep your hands on the wheel and your mind on the road.
- Pull over if you need to answer the phone or adjust your GPS.
- Driving deserves your attention — you only have one life to lose.

Take 5 ... then take action.

ARMY STRONG
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