

Feb. 21, 2012



# Island Insight



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the island intranet under "Information" and on the installation website at [www.ria.army.mil](http://www.ria.army.mil) under "About USAG-RIA" and then "News" and "Local News."

**Island Insight Submission:** <http://www.ria.army.mil/sites/IslandAnn/announcement.cfm>

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INCREMENT WEATHER OPERATING STATUS

## Arsenal Academy Graduates First

**Class:** About a dozen supervisors at the Rock Island Arsenal Joint Manufacturing and Technology Center underwent 12 weeks of basic training - training that is geared toward networking and streamlining operations. The first Arsenal Academy class graduated Friday in a ceremony at St. Ambrose University's East 54<sup>th</sup> Street campus in Davenport. "I was amazed at how many of our supervisors didn't

know what our goals as an Arsenal were," said Col. James Fly Jr., commander of the Joint Manufacturing and Technology Center. "This opened my eyes." Fly said the survival of the Arsenal depends on how well supervisors network with each other and outside agencies. The Arsenal Academy bridges the gap for those who become supervisors but lack management skills, he said. "This is an excellent way to develop our supervisors," Fly said. The

Rock Island Arsenal is the largest employer in the Quad-Cities and home to approximately 50 Department of Defense organizations. Its annual economic impact on the local economy is estimated at more than \$1 billion. For decades, St. Ambrose has



provided educational and professional development services to the Arsenal, university spokeswoman Jane Kettering said. ([More](#))

## ASC Commanding General Signs

**Army Family Covenant:** Maj. Gen. Patricia McQuiston, Army Sustainment Command commanding general, signed the Army Family Covenant on



**ARMY FAMILY COVENANT:**  
Keeping the Promise

Feb. 15, just before the kickoff of the Rock Island Arsenal Health Fair, located at the RIA fitness center. "Since the last time, we all ask ourselves, 'Didn't we already do this at one point in time: sign the Army Family Covenant?' McQuiston said. "But I think it is really important message because we have had change in leadership in the Army." ([More](#))

## Arsenal Leader Looks Back On

**Satisfying Career:** When Mike Bunch first got a job on Arsenal Island in 1974 as a keypunch operator (at \$3 an hour), he never dreamed he'd make a career working for the federal government. In December, the 58-year-old Coyne



Center native retired as deputy commander of the Arsenal's main factory, the Joint Manufacturing and Technology Center. Mr. Bunch worked for various military commands on the island for nearly 35 years. "I met my wife of 34 years here; I met the best friends of my life here," he reminisced in his office last fall. ([More](#))

## ASC Implements Lead Materiel

**Integrator:** Today marks the beginning for the Lead Materiel Integrator, as Army Materiel Command assumes the LMI mission for the Army. The LMI mission is to synchronize the distribution and redistribution of Army materiel, in relation to priorities and directives. The LMI approach is the new way of optimizing supply against demand by designating a single integrator -- the Decision Support Tool - to ensure Soldiers have the right equipment, at the right time, to accomplish their missions. LMI represents a powerful new approach of implementing the Army's equipping priorities, policies and programs to meet new demands within the Army. ([More](#))



# Upcoming Dates

- Feb. 19-25:** National Engineers Week [🔗](#)
- Feb. 21:** Mardi Gras / Fat Tuesday
- Feb. 19-26:** Military Saves Week [🔗](#)
- Feb. 22:** George Washington's Birthday
- Feb. 23:** 21<sup>st</sup> Anniversary of Desert Storm
- Feb. 23:** Introduce a Girl to Engineering Day
- Feb. 24:** Great American Spit Out [🔗](#)
- Feb. 26-March 3:** National Eating Disorders Awareness Week [🔗](#)
- Feb. 28:** Spay Day USA
- Feb. 28:** National Tooth Fairy Day
- Feb. 29:** Leap Year Day
- March 1-7:** Return the Borrowed Book Week
- March 2:** Read Across America Day
- March 3:** 97<sup>th</sup> USNR Birthday [🔗](#)
- March 3:** National Anthem Day
- March 3:** Cerebral Palsy Awareness Day
- March 4:** National Grammar Day
- March 4-10:** National Consumer Protection Week
- March 5-9:** National School Breakfast Week [🔗](#)
- March 5-11:** National Sleep Awareness Week [🔗](#)
- March 10:** National Women and Girls HIV/AIDS Awareness Day [🔗](#)
- March 11:** Daylight Saving Time Begins
- March 12:** World Kidney Day
- March 14:** Conjunction of Venus and Jupiter
- March 14:** Pi Day (π)
- March 15:** 93<sup>rd</sup> American Legion Birthday
- March 15:** International Day Against Police Brutality
- March 16:** Red Nose Day [🔗](#)
- March 17:** St. Patrick's Day
- March 18-24:** Nat. Poison Prevention Week [🔗](#)
- March 19:** 9<sup>th</sup> Anniversary of the Beginning of Operation Iraqi Freedom
- March 20:** First Day of Spring
- April 1:** April Fool's Day
- April 4:** 63<sup>rd</sup> Birthday of NATO
- April 6:** 95<sup>th</sup> Anniversary of U.S. Entry into WWI



## **Congress Targets Federal Workers**

**For Savings:** Federal workers have become the go-to targets as Congress, and the White House, search for ways to lower the deficit, pay for tax cuts and put off looming reductions to defense spending. Last week they took a \$15 billion hit in retirement benefits as part of legislation to extend through the end of the year the payroll tax cut for 160 million Americans and federal unemployment benefits. Their advocates are crying foul, saying two consecutive years of seeing their pay frozen means the nation's 2 million civil servants already have contributed more than \$60 billion to reducing government costs. Republicans, led by their aggressive House freshman class, say federal employees, with their generally secure jobs and benefits, can do more. They have proposed several bills to make that happen. The White House also is asking federal employees to pitch in more for their retirement plans. ([More](#)) (+)



## **How Can We Help Congress Have a Better Perception of Federal Employees?:**

It seems that public servants are the easiest target in legislators' attempts to build a better

budget. But it's starting to feel a bit unfair, if not downright ludicrous. ([More](#))

## **White House Pushes Semi-Retirements:**

About 500,000 retirement-eligible federal employees would have an attractive new option to consider if the White House gets its way: semi-retirement. President Obama's 2013 budget proposal calls on Congress to allow federal employees to work part-time while also collecting partial pension checks and earning partial retirement benefits for their part-time service. The benefits of the idea are twofold, proponents say. It would save money — the administration estimates \$720 million over the next decade — by spacing out retirements and new hires. ([More](#))



## **Army to Resume Moving Email to the Cloud March 17:**

The Army will restart its enterprise email migrations by March 17. Mike Krieger, the Army's deputy chief information officer, wrote in a blog post Friday that the Secretary of the Army John McHugh had certified in a report to Congress that the approach is the "best technical and financial interests

of the Army, and provides for the maximum amount of competition possible." The service delivered the report to lawmakers Feb. 16. Congress mandated the Army pause its email-to-the-cloud migration in the 2012 Defense Authorization bill in order to write a report ensuring the move to the Defense Information Systems Agency's data center makes the most sense. ([More](#))

## **DoD Budget Cuts Aimed at Avoiding Termination Fees:**

The Defense Department carefully selected the programs it wants to cancel in fiscal 2013 to avoid termination fee negotiations that have plagued the Pentagon in prior years. In some cases, DoD will simply let existing production contracts expire and take delivery of new aircraft, only to turn around and park them in the desert, just to avoid the headache of stopping these efforts midstream. ([More](#))

**Ash Wednesday Service:** Baylor Conference Room, Bldg. 103, 3<sup>rd</sup> Floor, Father Brothersen will conduct a service and offer Catholic Mass for RIA. Protestants are welcome to attend and receive the imposition of ashes.



Date: **Wednesday, Feb. 22**  
Time: **11:30 a.m. - 12:30 p.m.**

**Military Saves Campaign Week, Feb. 19-26 – "Set a Goal, Make a Plan, Save Automatically!"**: Military Saves

is a DoD-wide financial readiness campaign to persuade military service and family members, as well as the wider military community, to reduce debt and save money thereby ensuring personal financial readiness and positively impacting the nation's personal and household savings rates. Part of the national America Saves campaign, Military Saves' strategies include "The Saver Pledge," a commitment to exercise good financial habits and encourage other Americans to do the same. Savers who enroll online receive electronic newsletters and e-wealth coach advice. Military Saves encourages:

- Developing a personal financial plan
- Establishing good credit
- Saving a portion of each paycheck
- Enrolling in SGLI, TSP, and (when eligible) SDP.

Who is eligible to join? Active duty, National Guard and reserve servicemembers, DoD civilians, retirees, veterans, defense contractors, and family members of all ages. Need more



information or assistance? Contact [Jon Cook](#), Army Community Service, (309) 782-0815; [web site](#). Take the on-line pledge to Build Wealth – Not Debt! Visit: [militarysaves.org](#) ([Proclamation](#)) ([DoD Article](#))

**Fire Alarm Testing, Bldg. 350**: Please be advised there will be Fire Alarm Testing conducted in Building 350 for Room 226 on Thursday, **Feb. 23**, 5-7 p.m. During testing alarms, strobes and speakers will be activated. Testing is necessary due to system changes. The RIA Fire Department will be present during testing.

**Studio Photography to Resume on Arsenal Island**: Studio Photography will resume on Rock Island Arsenal **Feb. 28 through March 1**. Studio photography includes DA, official government passport, and official command photographs (head and shoulders). Photography appointments will be made through the [Visual Information Ordering System \(VIOS\)](#). The appointments are not yet set up in the system. A future e-mail will let you know how to access, enroll, and make your appointment in the system. There will be no walk-ins!



Photographs will be taken in Bldg. 56, Basement. This is the same location as the former contract photography studio; take any entrance into Bldg. 56, take the elevator to the basement and you will be facing the photography studio door. The priority is for Active Duty Soldier DA photos, RIA personnel official government passport photos, RIA command photos, and then Army Reserve and Army National Guard Soldiers (not on active duty) DA photos. All personnel needing official government passport photos will need a DA Form 3903, Multi-Media/Visual Information Work Order signed by the Passport Agent in block 14, in order to obtain a passport photo. We will be scheduling once a month 3-day photo sessions. We anticipate these sessions being scheduled at the same time each month with some sessions scheduled by exception to capture large groups of Soldiers who will be on RIA for a special event. Garrison POC: [Don Swanson](#), (309) 782-6390.

**9<sup>th</sup> Annual Quad Cities Henry Farnam Dinner - Celebrating the 150<sup>th</sup> Anniversary of the Rock Island Arsenal**: Friday, **March 9**, at Jumer's Casino and Hotel. The main part of the evening's program will feature two illustrated presentations on the history of



the Arsenal and the Island. Regena Schantz, expert on Fort Armstrong and the life and career of Colonel Davenport, will discuss Fort Armstrong and the Island before the Arsenal. Featured speaker Leslie Jensen, Curator of Arms and Armor at the West Point Museum in New York, will present the Rock Island Arsenal, Reflection of an Army 1862-1920. The 2012 Farnam Dinner will also feature numerous displays relating to the Arsenal, the Island, the River, and other historical topics. Reservations are required - dinner and program is \$40 per person; \$375.00 for a reserved table of 10. For further information or to receive a formal invitation, contact Curt Roseman, (309) 764-6122 or [croseman@usc.edu](mailto:croseman@usc.edu). ([Facebook](#)) ([Argus/Dispatch](#))

**Blood Drive:** The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, March 9, 10 a.m. – 12 p.m.** If you would like to donate at this blood drive, feel free to e-mail [SHoegerl@mvrbc.com](mailto:SHoegerl@mvrbc.com) with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **3<sup>rd</sup> shift** blood drive will be held



in the Cafeteria (Bldg. 210) beginning at **2:15 a.m. on Feb. 24**. To sign up for a blood drive held on either the 2<sup>nd</sup> or 3<sup>rd</sup> shift, donors should contact their shift supervisor.



***The Truth About Donating Blood!** Excuse: Plenty of people donate, they don't need my blood. Truth: The fact is that plenty of people don't donate. Every two seconds, someone in the U.S. needs blood. Unfortunately, of the 38 percent of the U.S. population that is eligible to donate blood, less than 10 percent do annually.*

**The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information [click here](#).**

**Women in Defense Annual Leadership Training:** "Leadership: The Choices We Make" to be held at Stoney Creek Inn, Moline. Sign up in [TEDs](#), click [HERE](#), or contact [Dianne Wheeler](#). Date: **Thursday, March 8**  
Time: **8 a.m. - 4:15 p.m.**

**Supply Chain Management Day in the Quad Cities March 6:** Western Illinois

University's Department of Management and Marketing is partnering with several regional community colleges to offer the first-ever "Discover Supply Chain Management Day," Tuesday, **March 6**, in the Quad Cities. The programming, in partnership with Black Hawk College and Eastern Iowa Community Colleges, will be held at the new WIU-Quad Cities Riverfront Campus in Moline. The event is designed to provide a networking opportunity between WIU and its partners with employers, companies, students, faculty and area high school business faculty and staff. Corporate partners will be given the chance to meet with students from WIU and the community colleges, as well as learn about each company's career or internship opportunities. ([More](#))

**Travel Warning – Colombia:** The Department of State reminds U.S. citizens of the dangers of travel to Colombia.

Security in Colombia has improved significantly in recent years,



including in tourist and business travel destinations such as Cartagena and Bogota, but violence by narco-terrorist groups continues to affect some rural



areas and large cities. Military and DoD employees traveling outside the United States are required by regulation to attend an Area of Responsibility briefing within 90 days of travel. To attend a brief, contact the Garrison AT/FP officer at (309) 782-0116.

**Travel Warning – Mexico:** The Department of State has extended their travel warning to inform U.S. citizens traveling to Mexico about the security situation in Mexico. It is imperative that travelers understand the risks involved in travel to Mexico and how best to avoid dangerous situations. Common-sense precautions such as visiting only legitimate business and tourist areas during daylight hours, and avoiding areas where criminal activity might occur, can help ensure that travel to Mexico is safe and enjoyable. Military and DoD employees traveling outside the United States are required by regulation to attend an Area of Responsibility briefing within 90 days of travel. Contact your commands respective Antiterrorism Officer for further information. The JMC ATO can be reached at (309) 782-1823 and the



ASC ATO can be reached at (309) 782-5809. The USAG-ATO can be contacted at (309) 782-0116. For tenants without ATO's on the installation, the USAG-RIA ATO will serve as your POC.

### **Arsenal Historical Society Meeting:**

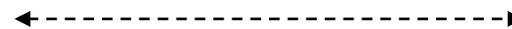
The Rock Island Arsenal Historical Society will meet 6 p.m., Thursday, **March 1**, Veranda Room of the Arsenal Island Golf Course club house. Guest speaker will be Karen O'Connor, from the Davenport Library. Call Linda (563) 355-6165 for reservations by Monday, **Feb. 27**. For further clarification call Kris Leinicke at (309) 782-3518.



## Arsenal Traffic/Construction



*There are no announcements for this section at this time.*



## Building/Space Closures



**Restroom Closure(s):** Public Works in conjunction with their contractor has scheduled the temporary closure of Bldg. 350 Restrooms 6N and 4N. The restrooms will be closed Tuesday, Jan. 17 thru Monday, **Feb. 27** for complete renovation. Please excuse any

inconvenience this may cause. Other facilities are located south of the affected restroom(s) on each floor.

**Restroom Closure(s):** Public Works in conjunction with their contractor has scheduled the temporary closure of Bldg. 350 restrooms 3M and 6N. The restrooms will be closed Tuesday, Jan. 31 thru Monday, **March 12**, for complete renovation. Please excuse any inconvenience this may cause. Signs will be posted outside these restrooms with directions to the nearest open restroom (women's, men's, or unisex).

**Bldg. 60 SW Stairwell Closure:** Bldg. 60 SW stairwells, basement to 3<sup>rd</sup> floor will be closed for cleaning and construction improvements from Dec.27 through **March 31**. Notifications will be posted on all entries to the stairwell by Dec. 19. POC is Amy Henry at (309) 948-1020.



## Active Duty/Reserve Zone



**Dempsey to Troops: 'We've Heard Your Concerns' on TRICARE Fees:** Chairman of the Joint Chiefs of Staff Martin Dempsey told service members Tuesday that the Defense Department is



continuing to review the military's health care structure after proposing changes in its fiscal 2013 budget that would increase TRICARE fees. "I want those of you who serve and who have served to know that we've heard your concerns, in particular your concern about the tiered enrollment fee structure for TRICARE in retirement," Dempsey said in a statement Tuesday. "You have our commitment that we will continue to review our health care system to make it as responsive, as affordable and as equitable as possible." ([More](#))

## **USO of Illinois Tickets for Troops and the Quad City Symphony Orchestra Presents Benjamin Britten's -- War Requiem:**

The Quad City Symphony Orchestra, the University of Minnesota, School of Music, and the Hochschule für Musik in Detmold, Germany, under the leadership of QCSO Music Director Mark Russell Smith, are embarking on an international collaboration to perform Benjamin Britten "War Requiem." This epic masterwork by one of the 20<sup>th</sup> century most acclaimed composers combines the Requiem Mass with nine poems by English poet and fallen World



War I soldier Wilfred Owen. The symphony was originally performed 50 years ago at the re-consecration of Coventry Cathedral in Coventry, England, rebuilt after its destruction by the German Air Force during World War II. War Requiem was performed in Germany on Feb. 18 & 19 and at the University of Minnesota on **March 1** before concluding its historic run here in the Quad Cities on **March 3 & 4**. Military, military families and Gold Star Families are eligible for free tickets to the Saturday, **March 3** performance thanks to the generous donation of tickets from the Quad City Symphony Orchestra. Show time is 7:30 p.m. at the Adler Theater at 136 East 3<sup>rd</sup> Street, Davenport. For more information or to register visit [www.uso.org/Illinois](http://www.uso.org/Illinois).

## **Army Wants to Change to Keep Soldiers 'Excited' About Service:**

Army leaders are aware of the differences between field forces and garrison forces and look to minimize the differences, the Army chief of staff said today. Gen. Raymond T. Odierno told the Defense Writers Group that he wants to ensure soldiers "stay excited" about being in the Army, and is looking at ways to do that. "What I'm trying to do is excite our young men and women about developing a future," he said.

"They will help us all develop what the Army is going to look like and how we might fight in the future." ([More](#))

## **Drawdown Lowdown: 9 Things You Need to Know:**

The drawdown looms large. While the Army is being cagey about exactly how it will shrink to pre-9/11 size, several things have become crystal clear. There is a target list and it's not as benign as you might think — or hope. Among those with targets on their backs: ... ([More](#))

## **100 Military Families to Receive Homes:**

At least 100 military families will receive homes this year under a partnership between JPMorgan Chase and the nonprofit group Operation Homefront. Priority consideration under the "Homes on the Homefront" program goes to families currently living at an Operation Homefront Village of transitional housing for wounded warrior families. Other wounded warriors, surviving single spouses of those killed in action, and post-9/11 disabled veterans also will receive priority consideration. But any veteran of any era, regardless of wounded or disability status, is eligible. ([More](#))

## **Winning the War on Terror With Adaptable Warriors:**

The American



public may not realize the significance Camp Atterbury Joint Maneuver Training Center and Muscatatuck Urban Training Complex play in the defense of our nation, but to policy-makers in Washington, D.C., these two installations provide a valuable service in mobilizing, training, validating, deploying and demobilizing Soldiers and civilians to support contingency operations. The acting Assistant Secretary of Defense for Reserve Affairs, David McGinnis, and Dr. Wisdom Powell, with the White House Fellows, visited Camp Atterbury and Muscatatuck to meet with key leaders, tour facilities and observe pre and post-mobilization operations. ([More](#))

**NBC Show Seeks Military ‘Unsung Heroes’:** A new NBC show that rewards selfless people for their good deeds is seeking service members, veterans and their families to spotlight in some upcoming episodes. The show gives people an opportunity to pay a deserving hometown hero back “for always paying it forward,” an NBC news release said. “The network and producers really want some military stories as no one is more deserving than those who serve our country,” Jackie Topacio, the show’s casting producer, said. ([More](#))

**2012 Army Posture Statement:** The 2012 Army Posture Statement is the written expression of the Secretary of the Army and the Chief of Staff of the Army to Congress for the annual posture hearings. The Army Posture Statement informs Congress on the state of the Army and outlines the Army’s priorities for Congress to consider when reviewing the President’s budget for the following fiscal year. The Army Posture Statement also informs internal and external audiences about recent Army accomplishments and current initiatives. The online version of the Army Posture Statement includes 18 addenda which explain key programs and policies, including ARFORGEN, Equipment Reset, Energy, Cyber, Equipment Modernization and the Army Profession. It also contains over 330 information papers which provide details on important initiatives and activities. ([More](#))

## Safety Spotlight

**Playing the Game:** To the outside observer, safety may seem like a numbers game of statistics and comparisons. But those of us in Army safety know those numbers represent something very real: Soldiers who have

died in accidents and will never return to their units or Families. We’ve been fortunate during the past several years that our numbers have been on a downward trajectory — smaller totals mean good news for the Soldiers, Family members and Civilians doing our Army’s hard work every day. Engaged leadership has paid dividends for the safety and well being of our force, and Soldiers are getting better and better at taking care of each other both on the front line and at home. ([More](#))

## Equal Opportunity Focus

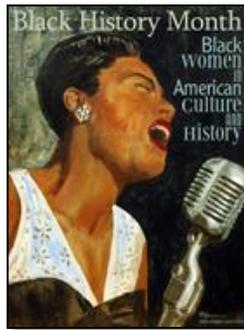
**ASC Hosts Black History Month Observance:** The Army Sustainment Command Equal Opportunity Office hosted the African American/Black History Month Observance, Feb. 16, in Heritage Hall. The guest speaker was Rev. Beverly A. Smith of Mt. Zion Missionary Baptist Church. In her speech, she emphasized the importance of such observances and celebrations of achievements. “This year’s theme, Black Women in American Culture and History, allows us to recognize the significant role black women have played in the history and social, economic, political and scientific well-being of this American society,” Smith



said. After her speech, the Teranga House of African Drum Circle performed a traditional African-American dance and also invited audience members to join in. ([More](#))

## **National African American History Month:** *Presidential Proclamation --*

The story of African Americans is a story of resilience and perseverance. It traces a people who refused to accept the circumstances under which they arrived on these shores, and it chronicles the generations who fought for an America that truly reflects the ideals enshrined in our founding documents. It is the narrative of slaves who shepherded others along the path to freedom and preachers who organized against the rules of Jim Crow, of young people who sat-in at lunch counters and ordinary men and women who took extraordinary risks to change our Nation for the better. During National African American History Month, we celebrate the rich legacy of African Americans and honor the remarkable contributions they have made to perfecting our Union. ([More](#))



([StandTo!](#)) ([DoD Special](#)) ([Army Tri-Signed Letter](#))

## Morale, Welfare & Recreation (MWR)



### **Morale, Welfare & Recreation**

**(MWR):** Visit the MWR website at [www.riamwr.com](http://www.riamwr.com) for information on all MWR programs. Also [click here](#) to become a fan on Facebook and stay up to date on all the great MWR offerings here at the Arsenal.

### **Arsenal Island Golf Clubhouse Re-Opens for Lunch:**

Hungry? Make sure to come check out some of our delicious new menu items like the Cajun chicken Philly sandwich or hand-breaded & house-made chicken tenders. Chef Brian's Daily Special, served Wednesday through Friday offers a quick, affordable solution to those short lunch breaks, and of course all sandwiches still come with your choice of house made chips or hand cut French fries. Lunch is served Tuesday - Friday, 10:30 a.m. - 2 p.m. Call in your order at (309) 793-1601 for a quick take-out option. The lunch menu is available [HERE](#). The bar at the clubhouse will resume operations with the start of the golf season. In the interim the bar in

Bldg. 60 will be open on Thursdays and Fridays at 2:30 p.m. Please call (309) 782-6319 for more information.

**MWR Island Oasis Café:** The MWR Island Oasis Café, formerly the Get-n-Go Grill, is located in the Fitness Center (Bldg. 67). You can still get all of your favorite smoothies from the smoothie bar plus a wide assortment of breakfast and lunch items including egg sandwiches, omelets, sandwiches, burgers, soups, salads and much more. Breakfast will be available from 6-8:30 a.m., and lunch from 11 a.m. - 1 p.m. Call (309) 782-6319 for more information.

### **No Limit Texas Hold 'Em**

**Tournament:** Head on down to the Arsenal Island Golf Clubhouse on Saturday, **March 10**, for the No Limit Texas Hold Em' Tournament. Entry fee is \$40 per player, which includes lunch. Please register in advance by calling (309) 782-4372 or (309) 793-1601. Time: **12 p.m.**

**Arsenal Club Bar:** The bar in the Arsenal Club (Bldg. 60) is open Thurs. and Fri. evenings at 2:30 p.m. Please call (309) 782-6319 for more information.



## MWR Leisure Travel Office

**Office Hours:** Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890. ([email](#)) ([website](#))

### 2012 MWR Garden Plot Program:

Sign up dates for this year's garden plot program are: Active duty military starting **March 5**, retired military starting **March 12**, RIA civilian employees starting **March 19**. For more information and complete details visit our website [www.riamwr.com](http://www.riamwr.com) or phone (309) 782-8630.

**Sleeping Beauty Ballet:** Quad Cities Presents: Sleeping Beauty. Performance will be at the Adler Theatre. Tickets on sale for \$27.

Date: **Saturday, May 19**  
Time: **7 p.m.**

**Circa 21: Spreading It Around:** An upbeat comedy about a well-to-do widow living in a retirement community in Florida. Tired of handing out money to their neglectful, unappreciative children, Angela Drayton and her friends set up an organization which gives to those really in need. Discounted seats are \$43.50

Date: **Saturday, May 26**  
Time: **5:45 p.m.**

### Chicago Cubs vs. Milwaukee

**Brewers:** Hey Cubs and Brewer fans. Do we have a deal for you. Let us provide the transportation to Milwaukee, Miller Park, and a game ticket for only \$84 per person. Seats on sale now. For more information contact the Leisure Travel Office.

Date: **Saturday, May 12**  
Time: **12:05 p.m. (game time)**

**CATS:** An all time favorite returns to the Cadillac Palace Theatre. The longest continuously touring show in American theatre history is coming to Chicago. Limited seats available for \$132 on sale until **March 5**.

Date: **Saturday, May 5**

### Warrens Wisconsin Cranberry

**Festival:** This festival features more than three miles of shopping and more than 1,300 booths. Arts & crafts, flea market, antiques and the farmers market. Seats are \$72 (includes Marsh tour) on sale until **Sept. 1**.



Date: **Saturday, Sept. 29**

**Cubs vs. Cardinals:** The Chicago Cubs will be taking on the defending World Series Champion St. Louis Cardinals at Busch Stadium. The bus will **depart at 8 a.m.** from the COL Davenport Pavilion area. Seats on sale now for \$104 per person.  
Date: **Saturday, July 21**  
Time: **3:05 p.m. (game time)**



### Grease at Circa 21: This is the 1950s

**Rock 'n Roll Musical:** Rydell High's spirited class of '59 captures the look and sound of the 1950s in a rollicking musical. Grease is one of the longest running shows in Broadway history. It is a lively and funny musical which includes such favorites as "Summer Lovin," "Beauty School Dropout," "Greased Lightening," "We Go Together" - all of the 50s favorites that made this musical a Broadway and film blockbuster. Discounted tickets are \$43.50. Please call (309) 782-5890 or visit the Leisure Travel Office in Bldg. 60 to purchase tickets.  
Date: **Feb. 18**



## LA Angels vs. Chicago

**White Sox:** Let us provide the transportation to and from the game at Chicago's U.S. Cellular Field on a charter bus. This will be an evening game. Cost per person is \$86. For more information please contact LTO at (309) 782-5890. Date: **Saturday, Aug. 4**  
Time: **6:10 p.m.**



**Heartland Jam:** More than half of the national acts are in place for the first Heartland Jam country music festival, **July 20-21**. We have discounted ticket available for 1 day at \$34 and two days for \$49. Limited amount of tickets.

**Outdoor Recreation is Your Winter Sports Equipment Headquarters:** The snow is finally here and whether you need a pair of skis (Nordic or Alpine), a snowboard, snow shoes or ice skates, Outdoor Recreation located in Bldg. 333 has you covered with our large selection of high quality and affordable equipment rentals. A complete listing of all available equipment can be found [HERE](#). Call (309) 782-8630 to reserve your equipment or for more info.

**Discount QC Mallards Tickets:** Visit Leisure Travel in Bldg. 60 to get your discount tickets to watch the Quad City Mallards dominate the rink all season long. Tickets are available in the lower bowl for every home game this season for only \$15. Call (309) 782-5890 for more info.



**Adler Theatre: Damn Yankees:** This is the story of a 1950s middle-aged baseball fanatic who trades his soul to the Devil for a chance to lead his favorite team in the pennant race against The New York Yankees only to realize the true worth of the life (and wife) he's left behind. Discounted seats are \$46. Date: **Friday, March 23**  
Time: **7:30 p.m.**

**Adler: Red Green's Live Wit & Wisdom Tour:** It is time to bring out the flannel shirt, find those suspenders, dig out the duct tape and join Red Green for a famous Possum Lodge meeting. Ticket on sale now for \$47.50 (Floor Seating)  
Date: **Tuesday, May 1**  
Time: **7 p.m.**

**Iowa Barnstormers vs. Chicago Rush:** Leisure Travel has discount seats for this upcoming AFL game at the iWireless Center. Call the office for more details (309) 782-5890. Date: **Saturday, Feb. 25**  
Time: **7 p.m**

**Circa 21: Southern Crossroads:** Southern Crossroads tells the tale of a hilarious traveling family of singers and musicians during the Great Depression, trying to eke out a living with their musical talents. Enjoy live musicians and such great classic hits as "Keep It on the Sunny Side", "I'll Fly Away", "Midnight Special" and many more!  
Date: **Saturday, April 14**  
Time: **5:45 p.m.**

**Need a Vacation?:** Do you need help planning your vacation - let the leisure travel staff help turn your vacation into a dream vacation. Stop by or call our office at (309) 782-5890. Let us do the work.

←-----→

## Child, Youth & School Services

☪  
**Child Care Spaces Still Available:** Are you looking for top quality, affordable and convenient child care? Child, Youth



& School Services currently has spaces available for Full & Part-time Preschool age care. Call (309) 782-0791 for more info and to reserve your space.

## Army Community Service (ACS)

ACS is located in Bldg. 110, 1<sup>st</sup> floor SE; Visit our [ACS website](#) or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook [click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412



**Special Needs Informational Forum:** Join us for an open forum on the topic of building success in all environments; home, school, and community. Mary Allen, ms-special education, will discuss the continuum of care needed for special needs children to be successful. The location is Bldg. 150, School Age Center. A free snack dinner and limited child care is available for children registered in CYSS. RSVP for child care by Feb. 21 to (309) 782-4736/6515. For more information [email](#). ([Flyer](#))  
Date: **Feb. 28**  
Time: **5:30-7:30 p.m.**

## Employee Assistance Program

For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are 7 a.m. – 4:30 p.m. Monday through Friday. For additional information on the Employee Assistance Program, go to [www.riamwr.com](http://www.riamwr.com) or [Facebook](#).

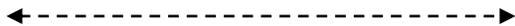
**Anonymous Online Mental Health Screening -- February 2012:** We've all seen the ads, if only you had this diet pill, exercise device, or meal plan you would feel attractive and happy. It can be tempting to think that changing your weight can solve the problems in your life. However, for the millions of people who struggle with eating disorders each year their initial diet or weight loss tricks spiraled out of control into a mess of isolating rituals, despair, and medical complications. Organizations across the U.S. are working to raise awareness of eating disorders and their prevention during National Eating Disorders Awareness Week, February 26- March 3. The Rock Island Arsenal Employee Assistance Program would like to help you increase

your personal awareness by making confidential online screenings for eating disorders, as well as other common mental health conditions, available to you. If you find that you aren't doing things you normally would because of your diet, exercise habits, or because you don't feel attractive, consider taking a free screening at the link [HERE](#) and type in keyword ASAP. You will receive immediate feedback and next steps you can take if you are concerned about your results. The Rock Island Arsenal Employee Assistance Program staff hopes you will take advantage of these screenings because eating disorders are treatable and you can feel better.

**Smoking Cessation Group:** Do you want to learn effective ways to kick the habit? The Employee Assistance Program offers an ongoing educational support group for people who would like to quit smoking. The group meets each Wednesday, 3-4 p.m., at the EAP office located in Bldg. 110, 1<sup>st</sup> floor, SE wing.



**PTSD Support Groups:** Are you or a loved one experiencing symptoms of Post-Traumatic Stress Disorder? The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.



## Education/Training Review



**The Rock Island Army Education Center is located in Bldg. 56, 1<sup>st</sup> floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: (309) 782-2065 Fax: (309) 782-7901. Please visit our [website](#) to learn more.**

**Army Continuing Education System Hosting Education Fair:** On Thurs., **March 22**, 10:30 a.m. – 1 p.m., an Education Fair will be held in Bldg. 60 Heritage Hall. Military personnel, DoD civilians, and family members are invited to meet College and VA representatives and learn more about educational programs and benefits. POC: [stephanie.e.allers.civ@mail.mil](mailto:stephanie.e.allers.civ@mail.mil), (309) 782-5895.

**SAME Engineering and Construction Camp:** The Rock Island Post of the Society of American Military Engineers (SAME) is looking to send high school students (currently in grades 9-11) to one of three Engineering and Construction Summer Camps. Applications are due by **March 16**. For application and POC details click [HERE](#).

**Women in Defense:** WID is now accepting applicants for its scholarship program. Scholarship application and eligibility criteria may be found under Scholarship by clicking [HERE](#). Application submission must be post marked no later than midnight **April 13**. For more information, call (309) 792-4102.

**Defense Acquisition University Email:** Until further notice, DAU employees cannot receive emails from Arsenal Island personnel. If you need to speak to a DAU employee, please call (309) 782-0454 for assistance.

**RIA Welcome Club Announce Applications For Scholarships:** The Rock Island Arsenal Welcome Club is now accepting applications for the 2012 Community Support Grants. This grant

program is open to those applicants meeting the eligibility and deadline criteria. Most grants are project specific and the receiving organization must use the funds for the requested/approved purpose or return the funds to RIAWC. The RIAWC's fundamental principle is to generate funds to support philanthropic endeavors to military, local and national charities. Interested applicants may download an application from the [RIAWC website](#). Applications are also available at the RIAWC Arsenal Attic on Tuesday's or Thursday's from 10 a.m. - 3 p.m. Once the application is completed, it should be sent to: Rock Island Welcome Club, ATTN: Community Support Chairperson, P.O. Box 3186, Rock Island, IL 61204-3186. Applications must be completed in its entirety, mailed together in ONE envelope and be postmarked by **March 27** to be considered for funding, no exception. The RIAWC Community Support Committee will consider each request they receive based upon substantial need and the amount of funds available for distribution. The RIAWC Community Support Grants Committee reserves the sole right to determine that each applicant meets the eligibility criteria. If you have any questions concerning the application packet or would like further information please



email your questions to [RIAWCGRANTS@aol.com](mailto:RIAWCGRANTS@aol.com) attention: Community Support Grant. RIAWC is a private, not for profit non-federal entity. It is not a part of the Department of Defense or any of its components and it has no governmental status.

**Richard C. Maguire Scholarship:** The Rock Island Arsenal Historical Society will again sponsor the \$1,000 Richard C. Maguire scholarship; being offered to an individual studying for a Master's degree or Doctorate in history or a related field. Applications are available upon request at [rimahoch@aol.com](mailto:rimahoch@aol.com). Return by **May 1**.

**NDIA Scholarships 2012-2013:** The NDIA Scholarship Committee is now accepting applications for its \$1,500 scholarships. Scholarship applications and eligibility criteria may be found by clicking on the scholarship application line at [www.ndia-ia-il.org](http://www.ndia-ia-il.org). Applications must be postmarked by **March 31** or earlier. For additional information call (563) 650-3252.

**Sgt. Paul Fisher Scholarships:** NDIA is now accepting applications for the awarding of two \$1,500 Sgt. Paul Fisher scholarships. Scholarship applications and eligibility criteria may be found by

clicking on the scholarship application line at [www.ndia-ia-il.org](http://www.ndia-ia-il.org). Applications must be postmarked by **March 31**. For additional information call (563) 650-3252.

### **AER Scholarships for 2012-13**

**Available On-line:** Army Emergency Relief (AER) scholarship on-line applications for spouses and dependent children are now available through April 2012 at [www.aerhq.org](http://www.aerhq.org) and look under the Education Assistance button. For more information call (309) 782-0815 or [jon.c.cook.civ@mail.mil](mailto:jon.c.cook.civ@mail.mil).

## Defense Commissary Agency / PX

☪  
The [Rock Island Commissary](#) makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: [www.commissaries.com](http://www.commissaries.com) ([Facebook](#))

**May Case Lot Sale:** Our May Case Lot Sale will be held on **May 18 and 19**, 8:30 a.m. - 6:30 p.m., both days. If you are new to Rock Island our case lot sales are held in the building, so weather will not affect us at all. We learned that the hard way. If there's something you just can't find in our store just bring in the UPC and we will see if we can get it here for you. You may have to take the whole case unless it is an item that is being requesting by other patrons.

**Sales Flyers:** Patrons can visit the [AAFES website](#) and sign up to receive free online sales flyers.

## Arsenal Archive

☪  
Information for the *Arsenal Archive* is made available by the [Rock Island Arsenal Museum](#). The Museum is open Tuesday through Friday, 10 a.m. to 4 p.m. and Saturday and Sunday, Noon to 4 p.m. The museum is closed on Mondays and major holidays. Admission is free.

### **RIA Historical Society Sponsors**

**Event:** As part of the Quad City Symphony Orchestra's collaborative performance of Benjamin Britten's 1962 "War Requiem" on **March 3 and 4**, the



Rock Island Arsenal Historical Society is sponsoring a free event on **March 2**. George Eaton, Army Sustainment Command Historian, will talk about the British trench experience in World War I and the poetry of Wilfred Owen. Owen's poems are featured in the "War Requiem." The talk will take place in the Caisson Room, Bldg. 60, Rock Island Arsenal, at 5:30 p.m. The Rock Island Arsenal Museum will be open until 5:30 p.m. that evening.

## March Sesquicentennial History

**Break:** Think about taking a "History Break" to celebrate

Rock Island Arsenal's 150<sup>th</sup> Anniversary.

On **March 8**, Keri Pleasant, JMC Historian, will present the history of the Davenport House. Colonel Davenport's house is a circa 1833 structure and was considered a mansion of its time. The house is located on the north side of Arsenal Island. Davenport was a settler, provider, homesteader, businessman and counselor. His history equals the Quad City's history shaping its growth and development. On a much larger scale, it reflects the settling of the West. Sponsored by the Rock Island



Arsenal Historical Society, these lunch and learns will be held the second Thursday of each month in 2012. Join us in the Caisson Room, Bldg. 60, first floor, south wing, 12-1 p.m. As these presentations occur during lunchtime, you may bring a brown bag lunch or purchase food at the adjacent food court. Employees can sign up for these professional development opportunities in [TEDs](#) (Search Term "History Breaks"). If you don't have access to [TEDs](#), please call Kris Leinicke at (309) 782-3518 to make a reservation. Due to the size of the Caisson Room, participation is limited to 50. Upcoming presentations include: **April 12**, Paul Ferguson, JMC Archivist will present "RIA by Rail: Bridging the Mississippi." **May 10**, Gena Schantz, Independent Scholar, and Kris Leinicke, Rock Island Arsenal Museum, will present a program on the history of Fort Armstrong and the Fort Armstrong Centennial Celebration.

## Arsenal Historical Society Meeting:

The Rock Island Arsenal Historical Society will meet 6 p.m., Thursday, **March 1**, Veranda Room of the Arsenal Island Golf Course club house. Guest speaker will be Karen O'Connor, from the Davenport Library. Call Linda (563) 355-6165 for reservations by Monday,

**Feb. 27.** For further clarification call Kris Leinicke at (309) 782-3518.

**This Week in Rock Island Arsenal History – Feb. 13-19:** Construction of the second phase of Project REARM began in February 1986.

## Healthbeat

**Great American Spit Out: Quit For a Day or Quit For Good:** Do you know of someone who uses spit tobacco and has talked about quitting? If so, the Great American Spit Out on **Feb. 23** provides an opportunity to quit for a day or, hopefully, quit for good. Let's look at some reasons to quit spit tobacco (also called chew, dip, snuff, smokeless tobacco). Spit tobacco, like all tobacco products, contains nicotine. Nicotine is an addictive substance and, over time, a person can become physically dependent and emotionally addicted to nicotine. Addiction to nicotine controls your schedule and how you spend your money (two cans of spit per week costs about \$280 annually). Nicotine impacts the ability to perform mission by reducing stamina, harming vision and slowing wound healing. ([More](#))



## **Controlling Post-Traumatic Stress Could Be as Close as a Game on a Cell Phone:**

What if Soldiers could train themselves to control the physical reactions that often mark post-traumatic stress -- the racing heart, rapid breathing, and overtuned responses that make it difficult to focus on the task at hand? What if that physical control could make them feel better all around, or perhaps even help prevent PTS in the first place? And what if Soldiers could undertake this training anytime, anywhere, through a popular game incorporated with a physical feedback system on a cell phone? These possibilities are closer to reality than one may think, thanks to the efforts of a Vietnam veteran who is now a researcher at East Carolina University in Greenville, N.C. Dr. Carmen Russoniello's work is partially supported through Operation Re-entry North Carolina, a new ECU program that received initial funding in September 2011 from the U.S. Army Medical Research and Materiel Command's Telemedicine and Advanced Technology Research Center. This military and civilian partnership coordinates innovative research to address the rehabilitation and civilian readiness concerns of service personnel, veterans, and their families. ([More](#))

**Health Clinic Announcement:** Sick Call Hours 7-8 a.m. Clinic closed Staff Meeting/Training **Feb. 24** at 11:30 a.m. For any issues or concerns with the RIAHC clinic please call our customer support line (309) 782-0721.

## Notes for Veterans

**Federal Benefits for Veterans, Dependents and Survivors:** The Department of Veterans Affairs most popular publication, the Federal Benefits for Veterans, Dependents and Survivors booklet provides brief descriptions of VA programs and benefits, including compensation and pension benefits, health care, memorial and burial benefits, facility phone numbers ... ([More](#))

**Bill Would Give Veteran-Owned Companies A Boost:** An Ohio congressman has introduced legislation that would move veteran-owned businesses closer to the front of the line when seeking contracts from the Veterans Affairs Department. Rep. Bill Johnson, R-Ohio, chairman of the House Veterans' Affairs Committee's oversight and investigations panel, is pushing a bill that would make veteran-owned

small businesses more competitive for contracts to supply goods and services on the federal supply schedule for purchase by VA. It would not apply to other federal agencies. ([More](#))

## Car Pooling Announcements

Submit car pooling announcements via the [Island Insight submission page](#). Please use that page to contact Garrison Public Affairs to take your announcement off once you have found a ride.

## Car Pool:

- **Carpool:** Commuter living in Rio, Ill., looking for someone to carpool with from Galesburg/Alpha area. Employee works 6 a.m. - 3:30 p.m. w/RDO 1<sup>st</sup> Friday of Payperiod. Email [erica.r.alexander.civ@mail.mil](mailto:erica.r.alexander.civ@mail.mil) or call (309) 782-5472.

## Around the Q.C.

**Oct. 22-March 24:** [Quad City Mallards](#) (iWireless Center)

**Feb. 16-19:** [Outdoor Show](#) (QCCA Expo Center)



# Island Insight

**Feb. 18:** [3<sup>rd</sup> Annual Terry Lunardi Memorial Play Hearts for Hearts Tournament](#) (Putnam Museum, Davenport)

**Feb. 24-26:** [RV Camping Show](#) (QCCA Expo Center)

**March 23-25:** [Flower & Garden Show](#) (QCCA Expo Center)

**April 14:** [In-Fisherman Swap Meet](#) (QCCA Expo Center)

**March 3-4:** [KWQC-6 Women's Health & Lifestyle Fair](#) (RiverCenter)

**May 12-13:** [Scott County Kennel Club AKC Dog Show](#) (QCCA Expo Center)

**March 14-17:** [Gathering of the Green](#) (RiverCenter)

**June 24:** [6<sup>th</sup> Annual Hennepin Hustle 5K Fun Run/Walk](#) (Colona, Ill.)



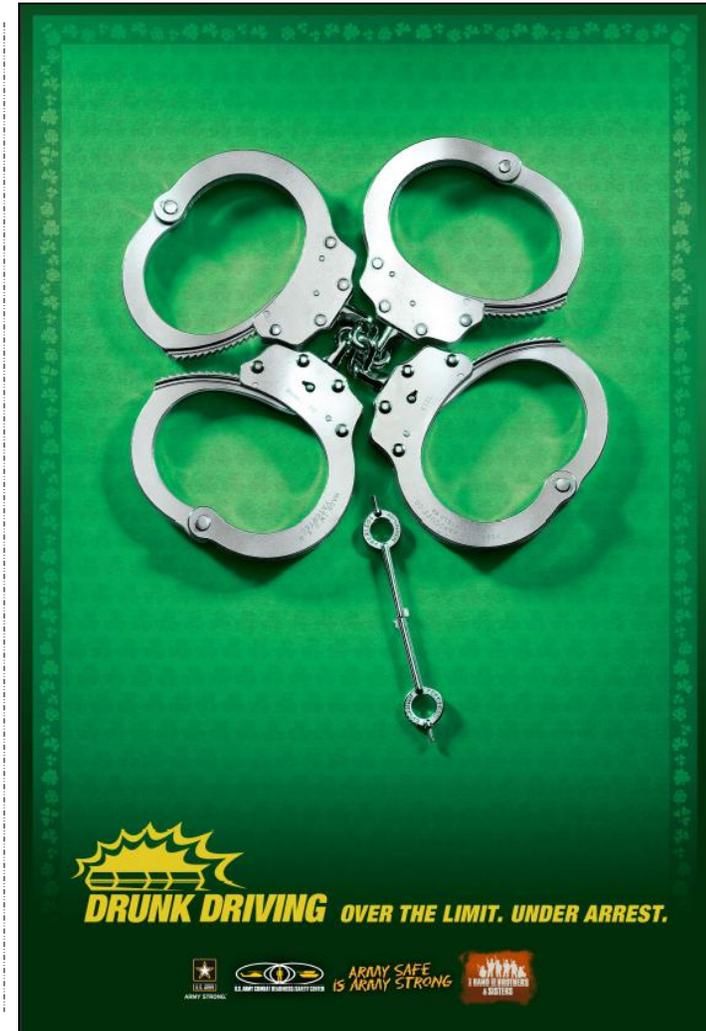
## Island Insight



**Joel Himsl**, Garrison Manager; **Eric Cramer**, Public Affairs Officer; **Mark Kane**, Editor

The Army publication, *Island Insight*, is an unofficial publication authorized under [AR 360-1](#) to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processor software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of [AR 360-1](#) by the Rock Island Arsenal Garrison Public Affairs Office. Contents of *Island Insight* are not necessarily the official views of, or endorsed by, the U.S. Government, the

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# Take 5

Go Ahead, Get Belted!

### *Lap belt*

- Keep the belt low and snug across your lap
- Be sure the belt is flat, not twisted
- Sit straight and upright

### *Shoulder Belt*

- Keep the belt snug over the shoulder
- Never wear the belt in front of the face or neck or under your arm



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<https://safety.army.mil>

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