

Jan. 10, 2011



Island Insight



IMCOM
SOLDIERS • FAMILIES • CIVILIANS



Force Protection Level – Alpha
Homeland Security Advisory System – Yellow/Elevated
Transportation Security Administration Threat Level – Orange/High
Coast Guard Maritime Security (MARSEC) Level – 1/Significant Risk



This publication is published weekly and contains information about, for, and of interest to the Island Workforce. This document is also available on the island intranet under "Information" and on the installation website at www.ria.army.mil under "About USAG-RIA" and then "News" and "Local News."

Island Insight Submission: <http://www.ria.army.mil/sites/IslandAnn/announcement.cfm>

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DoD Announces \$150 Billion Reinvestment from Efficiencies

Savings: Secretary of Defense Robert M. Gates announced Jan. 6 a series of efficiencies decisions designed to save the Department of Defense more than \$150 billion over the next five years primarily by reducing overhead costs, improving business practices and culling

excess or troubled programs. Most of the resulting savings will be used by the Army, Navy, Marine Corps and Air Force to invest in high priority programs that strengthen warfighting capabilities. In anticipation of an era of modest defense budget growth, Gates launched a comprehensive effort last May to reduce the Department's overhead

expenditures. The goal was to sustain the military's size and strength over the long term by reinvesting those efficiency savings in force structure and other key combat capabilities. Specifically, the military services were directed to find at least \$100 billion in savings that they could keep and shift to higher priority programs. To achieve



the savings targets, service leadership conducted a thorough and vigorous scrub of bureaucratic structures, facilities, programs, business practices, civilian and military personnel levels, and associated overhead costs. ([More](#)) ([DoD Feature](#))

AESD Implementation in Effect – Attention All x0900 IT Support Callers:

Effective **Feb. 1**, 5 a.m., x0900 will no longer auto-forward your calls to the Army Enterprise Service Desk (AESD), 1-866-335-2769.



You will need to dial the AESD directly if you are still dialing x0900 for computer support. Please continue to use your specific support numbers for Operator support, SIPRNET, LMP, and your specific mission applications. You can still e-mail problems and questions to NEC-RIA at rock-helpdesk@conus.army.mil.

Half-Staffing of the National Flag -- Honoring the Victims of the Tragedy in Tucson,

Arizona: As a mark of respect for the victims of the senseless acts of violence perpetrated on Saturday, **Jan. 8**, in Tucson, Arizona, by



the authority vested in me as President of the United States by the Constitution and the laws of the United States of America, I hereby order that the flag of the United States shall be flown at half-staff at the White House and upon all public buildings and grounds, at all military posts and naval stations, and on all naval vessels of the Federal Government in the District of Columbia and throughout the United States and its Territories and possessions until sunset, **Jan. 14**. I also direct that the flag shall be flown at half-staff for the same length of time at all United States embassies, legations, consular offices, and other facilities abroad, including all military facilities and naval vessels and stations. ([More](#))

ASC Employee Named QC Times

Letter Writer of 2010: Dan Holst, Army Sustainment Command Organizational Inspection Program coordinator, was named the Quad-City Times Opinion Letter Writer of 2010 from a group of 1,318 submitters. Holst contributed six letters to the editor between January and October of 2010. According to the QC



Upcoming Dates

- Jan. 11:** Human Trafficking Awareness Day [📅](#)
- Jan. 11:** Binary Day (01/11/11) [📅](#)
- Jan. 13:** AMBER Alert Awareness Day [📅](#)
- Jan. 16:** National Sanctity of Human Life Day [📅](#)
- Jan. 17:** 20th Anniversary of Operation Desert Storm [📅](#) ([Poster](#))
- Jan. 17:** Martin Luther King Day (*Federal Holiday*) [📅](#)
- Jan. 23-29:** Tobacco-Free Awareness Week [📅](#)
- Jan. 24-28:** No Name-Calling Week [📅](#)
- Jan. 27:** National Eosinophilia Day
- Jan. 29:** Thomas Paine Day [📅](#)
- Feb. 1:** National Freedom Day [📅](#)
- Feb. 1-7:** National Patient Recognition Week [📅](#)
- Feb. 2:** Groundhog Day [📅](#)
- Feb. 3:** Lunar New Year [📅](#)
- Feb. 3:** National Patient Recognition Day [📅](#)
- Feb. 4:** National Wear Red Day [📅](#)
- Feb. 4:** USO 70th Birthday [📅](#)
- Feb. 5:** Army Emergency Relief 69th Birthday [📅](#)
- Feb. 5:** National Weatherman's Day [📅](#)
- Feb. 6:** Super Bowl Sunday [📅](#)
- Feb. 6-12:** Burn Awareness Week [📅](#)
- Feb. 7-13:** World Salt Awareness Week [📅](#)
- Feb. 11:** National Inventors' Day [📅](#)
- Feb. 12:** Abraham Lincoln's Birthday [📅](#)
- Feb. 12:** Darwin Day [📅](#)
- Feb. 13-19:** Children of Alcoholics Week [📅](#)
- Feb. 14:** Valentine's Day [📅](#)
- Feb. 14:** National Pet Theft Awareness Day [📅](#)
- Feb. 14:** National Donor Day [📅](#)
- Feb. 14-18:** Random Acts of Kindness Week [📅](#)
- Feb. 19:** USCG 70th Birthday [📅](#)
- Feb. 20-26:** National Engineers Week [📅](#)
- Feb. 21:** Presidents' Day (*Federal Holiday*)
- Feb. 22:** World Thinking Day [📅](#)
- Feb. 22:** National Spay Day [📅](#)
- Feb. 24:** Great American Spit Out [📅](#)
- Feb. 24:** Introduce a Girl to Engineering Day [📅](#)



Times report, he provided a broad perspective of views based on his culmination of experiences as a retired Air Force Soldier, Army civilian and former college student. Holst believes people should form their own opinions and convey their own voice and he likes to provide a unique perspective in his writing. ([More](#))

Little Known Historic Attractions

Await Visitors on Rock Island: Rock Island Arsenal has a lot to offer visitors, but be prepared; it's an adventure trying to find the parts of the arsenal that are open to the public. On the National Register of Historic Places and designated a National Historic Landmark, RIA is an active Army factory. Visiting the arsenal is like visiting any other military base — ID please. Established in 1862, some of the early products manufactured here included leather horse equipment, meat cans and canteens, paper targets, carriages and the Model 1903 rifle. RIA is located on a 946-acre island in the Mississippi River between Davenport, Iowa, and Rock Island, Illinois. It is the largest government-owned weapons manufacturing arsenal in the western



world providing base support services for the Armed Forces. ([More](#))

Bill Would Reduce Federal Workforce By 10 Percent: Rep. Kevin

Brady (R-Texas) wants to make into law several recommendations made by the National Commission on Fiscal Responsibility and Reform, including reducing the federal workforce by 10 percent. Brady estimates the bill, titled "Cut Unsustainable and Top-heavy Spending," ([H.R. 235](#)) would save \$153 billion. "Both Republicans and Democrats on the deficit commission agreed these cuts need to be made, so let's make a down payment on restoring our nation to a balanced budget and leaner government," Brady said in a release. ([More](#))



Gates recommends Dempsey as next Army Chief of Staff: Defense Secretary

Robert M. Gates has recommended to President Barack Obama that he nominate Army Gen. Martin E. Dempsey to be the next Army chief of staff. Gates made the



announcement at a Pentagon news conference. The Army chief of staff is the highest-ranking soldier and serves as a member of the Joint Chiefs of Staff. ([More](#))

Defense Department to Prune Senior Ranks, Freeze Staffing: Defense

Department will reduce its senior ranks and freeze civilian staffing levels, Defense Secretary Robert M. Gates said Jan. 6. "The monetary savings from ... reductions in senior personnel will be relatively modest, and mostly consist of the extra staff and amenities that, by tradition, follow high rank," Gates said. The secretary and Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, spoke to reporters at the Pentagon on the results of defense efficiencies initiatives begun in May to trim support costs and ensure funding for military modernization. ([More](#))



DoD Directs Army, Marine

Drawdowns for 2015, 2016: Budget pressures that have proven greater than anticipated mean the Defense Department will trim end strength in its ground forces beginning in four years,



Defense Secretary Robert M. Gates said Jan. 6. "Under this plan, the U.S. Army's permanent active-duty end strength would decline by 27,000 troops, while the Marine Corps would decline by somewhere between [15,000] and 20,000, depending on the outcome of their force structure review," Gates said. ([More](#))

Casey: Army Rebalance to Be

Complete By October: Despite budget cuts, Army Chief of Staff Gen. George W. Casey Jr. said he expects the service to no longer be out of balance by the end of this fiscal year. Casey spoke at the Association of the U.S. Army's Institute of Land Warfare Breakfast Jan. 6, and said the Army will soon reach the balancing goals it set in 2004. ([More](#))



Obama Eyeing Internet ID for Americans:

President Obama is planning to hand the U.S. Commerce Department authority over a forthcoming



cybersecurity effort to create an Internet ID for Americans, a White House official said here today. It's "the absolute perfect spot in the U.S. government" to centralize efforts toward creating an "identity ecosystem" for the Internet, White House Cybersecurity Coordinator Howard Schmidt said. ([More](#)) ([CNET](#))

Blood Drive: The Mississippi Valley Regional Blood Center is hosting a blood drive in the Caisson Room (First Floor, Bldg. 60), on **Friday, Jan. 14, 10 a.m. – 12 p.m.** If you

would like to donate at this blood drive, feel free to e-mail SHoegerl@mvrbc.com with the time you'd like to schedule, or call their Donor Center at (563) 359-5401, ext. 119. A **2nd shift** blood drive will be held in the Cafeteria (Bldg. 210) beginning at **6:15 a.m.** on **Jan. 14**. To sign up for a blood drive held on either the 2nd or 3rd shift, donors should contact their shift supervisor.



The Truth About Donating Blood! Excuse: Plenty of people donate, they don't need my blood. Truth: The fact is that plenty of people don't donate. Every two seconds, someone in



the U.S. needs blood. Unfortunately, of the 38 percent of the U.S. population that is eligible to donate blood, less than 10 percent do annually.

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information see:

www.cpol.army.mil/library/permis/5012b.html

Travel Alert – Mexico: Recent information from Federal Agencies indicates that a Mexico-based kidnapping cell operating in Central Mexico plans to target US



persons visiting friends or relatives in Mexico for kidnapping and ransom this upcoming holiday season. Travel to various areas within Mexico should be deferred due to increased violence on streets and other public venues. Military and DoD employees traveling outside the United States are required by regulation to attend an Area of Responsibility briefing within 90 days of travel. To attend a brief, contact the



Garrison AT/FP officer at (309) 782-0116.

Supply Store Hours: Below are the Arc Business Supply holiday/inventory hours. Closed **Jan. 17**. Thank you for your support.

Rock Island Arsenal Tax Center: The Rock Island Arsenal Tax Center will be open from **Jan. 24 thru April 15** in Bldg. 390. We will begin setting appointments on **Jan. 17**. To schedule an appointment please call (309) 782-8076. Before scheduling an appointment please ensure you have all needed tax records.



Augustana Basketball Invitation: All Rock Island Arsenal military and civilian employees and family members are invited to attend an Augustana basketball game on **Saturday, Jan. 22, at 7:30 p.m.** for absolutely no charge--just present a valid ID badge or card at the ticket table. For more information call (309) 794-7223.



Arsenal Attic Thrift Shop and

Boutique: The Attic is currently seeking new Consignors. Our volunteers are ready to help you learn the consigning process. It's a great way to support a good cause and make some extra money. Visit our website at www.riamwr.com and click on Thrift Shop for more details. POC: (309) 782-6977

Retirement Planning Program: CSRS and FERS Retirement Planning Program for Rock Island Arsenal employees. Bldg. 102, 2nd floor, SW, Classrooms 1 and 2. POC: Debra Carlson (309) 764-8354, Debra.Carlson@mranet.org
Date: **Thursday, Feb. 17**
Time: **7 a.m. - 3:30 p.m.**

Arsenal Traffic/Construction

Government Bridge Closure: The Government Bridge will close to vehicular traffic from 7 a.m. - 5 p.m. on **Jan. 17**. Repairs will be made to the swing span turn mechanism. 24/7 entry and exit to RIA will be available via Moline and Davenport Entrances. Bikes and pedestrians should use the "upstream" walkway of the bridge.

Closure of Parking Lot: Effective **Jan. 8**, Parking lot OK will be closed to stage truck crane and set walkways around generator sets East of Lot. Lot OK is located directly North of Bldg. 66 and 67. Parking lot will be opened back up to normal parking requirements by NLT 5 a.m. on Thursday, **Jan. 13**.

Closure of Stairwell: Effective **Nov. 16**, the "southwest" stairwell of Bldg. 56 will be closed to allow for construction to extend it to the 3rd Floor. All work on the stairway including the remodeling of the 3rd Floor is scheduled to be completed by **Feb. 28**. Access to all floors in the building will continue to remain available by the elevator and remaining stairway(s).

Closure of Parking Spaces: Effective **Nov. 15**, 10 parking spaces located along the southwest perimeter of Lot 0L will be barricaded to position construction equipment and materials for renovation of the 3rd floor of Bldg. 56. Alternate parking is available in Lots 0J and 0K further west of the building. Resumption of parking expected by **Feb. 28**.

Building/Space Closures



Bldg. 350 NE Corner Door Closure:

Bldg. 350 NE corner door will continue to be closed until approximately Feb. 7 to complete construction of new entrance.

Restroom Closure: On **Jan. 17**, as part of the restroom renovation project at Bldg. 390, DPW and its contractor Swanson Construction will be closing the 4th floor restrooms for renovation. This closure will commence at 6 p.m. on **Jan. 17**. It is anticipated at this time that the 4th floor will be open for use on or about **March 7**. There will be closures on 3rd and 2nd floors once the 4th floor is completed and open for use. POC: terry.l.harris@us.army.mil, (309) 782-2038

Sidewalk Closure - Main South

Entrance to Bldg. 390: A new entrance and circle drive to Bldg. 390 will be constructed and require sidewalk closures in order to perform the required work. Closure dates are: Main South Entrance to Bldg. 390, **Dec. 15 - April 11**; Sidewalk Directly South, **Dec. 15 - April 11**; Sidewalk along Rodman South: **Dec. 17 - April 11**.

Locker Room Closure Notice:

Effective Monday, **Dec. 13**, at 6 a.m., the Men's and Women's locker rooms,

across from the Racquetball Courts, in Bldg. 351, will be closed for renovation. The North doorway and hallway should remain open for most of this work period with brief interruption. Closure is necessary to construct a new handicap ramp at the north entrance. The facilities are scheduled to reopen approximately **Jan. 24**. Please use caution in the area of this renovation and building expansion, and respect all caution/construction area signage during the course of this renovation.



Active Duty/Reserve Zone



Gates Outlines 'Don't Ask' Repeal

Process: Defense Secretary Robert M. Gates yesterday described the Pentagon's three-step process for preparing to allow gays to serve openly in the military services. At a Pentagon news conference with Navy Adm. Mike Mullen, chairman of the Joint Chiefs of Staff, Gates updated reporters on the department's plan for implementing repeal of the so-called "Don't Ask, Don't Tell" law, which has been in effect since 1993 and remains in effect until the process is complete. ([More](#))

Health Plan to Remain Free for Troops, Officials Emphasize:

Though Defense Secretary Robert M. Gates seeks modest premium increases for working-age military retirees who use the TRICARE Prime health plan, the benefit will remain free to service members, defense officials emphasized Jan. 7. Gates unveiled sweeping cost-cutting initiatives yesterday, including a recommendation to increase TRICARE Prime premiums for working-age retirees in fiscal 2012, the first increase in the plan's 15-year history. ([More](#))

MilitaryOneSource Tax Program

Begins Jan. 17: We will once again provide free tax consultation and free on-line tax filing services to military service members and their families during the tax season. As in the four previous years, participants will have free online access to the H&R Block At Home Basic tax product. ([More](#))

Discounted Bowling: Miller Time Bowling, 2902 E. Kimberly Road in Davenport, is offering discounts to active military. Show your military I.D. and receive 50¢ off each game and shoes are only \$1. Normal fees: \$2.50 per game on weekdays, \$3 per game Friday at 5 p.m. through Sunday. Family fun. (563) 359-4770.



Free Credit Scores for Service

Members and Spouses: Free credit scores and reports available through ACS to active duty Service Members and their Spouses. They must have low FICO scores and are seeking ways to improve their credit rating. Contact Jon Cook (309) 782-0815, jon.c.cook@conus.army.mil

2011 Scholarships for Military

Children: Applications for the 2011 Scholarships for Military Children are now available at the commissary or online at militaryscholar.org. For more information on the scholarship program call us (309) 782-4614 or stop in and see us.

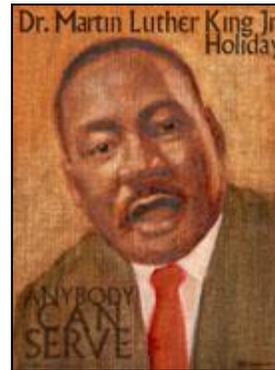
Safety Spotlight

Army Safe for the New Year: The start of a new year is always exciting. The months ahead are a blank slate for new beginnings and resolutions to do better in the things most important to daily life. But before we go “out with the old,” it’s important to reflect on where we’ve been — and for our Army, 2010 was a year to remember. The closure of combat operations in Iraq was a remarkable milestone for our force and a

highly visible indication of the abiding hard work and dedication of our Soldiers, Families and Civilians. So too was the near-record safety performance we sustained throughout the fiscal year, culminating in an historic five-year reduction in on-duty fatalities. ([More](#))

Equal Opportunity Focus

Martin Luther King, Jr. Day: January 17, 2011 will mark the 25th anniversary of the Rev. Dr. Martin Luther King, Jr. federal holiday. This milestone is a perfect opportunity for Americans to honor Dr. King’s legacy through service. The MLK Day of Service empowers individuals, strengthens communities, bridges barriers, creates solutions to social problems, and moves us closer to Dr. King’s vision of a beloved community. ([More](#)) ([Poster](#))



The EEO Initiative: The January issue of "The EEO Initiative" has hit the street

and is available to download at https://home.ria.army.mil/docs/the_eeo_initiative.pdf. This month's issue features the following articles: Disability Committee Strikes Gold with VA, Public Dressing Down Doesn't Rise to the Level of Discrimination, Category Rating, and What is Priority Placement Program (PPP) and How Does It Work? ([More](#))

Prevention of Sexual Harassment Training (POSH) for New Hires:

Prevention of Sexual Harassment Training will be offered by the Garrison EEO Office for new hires. The location will be the Blackhawk Conf. Room, Bldg. 108, 3rd Floor, new hires at 8:30 a.m. on the following days: **Jan. 11, April 13, July 12, and Oct. 11.** To sign up for this mandatory training, please register through [TEDs](#); key word: "posh for new hires." POC for POSH training (or to receive special accommodations) is mary.gale@us.army.mil at (309) 782-5024.



Garrison EEO Interactive Customer Evaluation: The Garrison Equal Employment Opportunity office Interactive Customer Evaluation (ICE)



is now available by clicking [HERE](#) to go to their website to complete the Ice survey. If you are commenting on a Special Emphasis Program select the program from the drop down menu provided.



Morale, Welfare & Recreation (MWR)



Morale, Welfare & Recreation

(MWR): Visit the MWR website at www.riamwr.com for information on all MWR programs. Also [click here](#) to become a fan on Facebook and stay up to date on all the great MWR offerings here at the Arsenal.

Public Ghost Hunters' Dinner at the Arsenal Island Golf Course:

The Arsenal Island Golf Course announces an open invitation to the public to attend our 5th "ghost hunters'" dinner on **Friday, Feb. 4.** You will hear from the Rock Island Paranormal Society on their investigation of the historical Quarters One built in 1871 as well as the Colonel Davenport home. George Eaton, Arsenal historian, will tell you



the history of Quarters One. Following dinner we'll all make our way to Quarters One to search for the ghosts using the equipment of the paranormal society. Many of us may choose to go to the Col. Davenport home instead. Please bring a small flashlight to help light the way. Cocktails are at 6 p.m. with dinner at 6:30 p.m. Reservations are required; please call (309) 793-1601. Cost is \$30 inclusive per person. The Arsenal Island Golf Course is located at 1838 Gillespie Street.

Nominations of Performers and Technicians for the 2011 Army

Soldier Show: The U.S. Army Soldier Show requests nominations annually for performers and technicians. To access the details of the nomination process, please click on the AKO link: <https://www.us.army.mil/suite/files/25765315>.

Auto Skills Shop Fee Increases: To better serve our customers the following changes took place effective **Jan. 1.** A \$1 shop fee will apply to every repair ticket, retail part prices will increase slightly, appointment hours will increase to include Wed. & Thur. mornings from 8:30 am - 12 pm Please call (309) 782-8631 for more info.

MWR Outdoor Ice Rink: The MWR Outdoor Ice Rink is open for the season. The rink is located next to the Moline Gate. Bring your own skates or check out skates for a small fee from Outdoor Recreation. For more info contact (309) 782-8630.



MWR Leisure Travel Office



Office Hours: Monday through Friday, 9 a.m. – 3 p.m., Bldg. 60. The office is closed for lunch from 10:30–11 a.m., (309) 782-5890, anna.winters@us.army.mil, <http://riamwr.com/BusPgms/special.htm>

Motown Legends: For 50 years they've been entertaining America, now see them live. One unforgettable night at iWireless featuring the greatest hits of the Four Tops and the Temptations. Discounted seats on sale until **Jan. 19.** \$56.50 and \$35.50
Date: **Wednesday, Feb. 2**
Time: **7 p.m.**

Holiday Closure: Outdoor Recreation will be closed on **Jan. 17** in observance of Martin Luther King Day. Patrons may check out items on **Jan. 13 or 14** and return them on **Jan. 18** for the regular weekend rates.



World's Toughest Bulls & Broncs:

World's Toughest Rodeo promises all the family entertainment of rodeo including bareback bronc riding, saddle bronc riding and bull riding. Fans will also be treated to the action of women's barrel racing and the wild antics of the rodeo clowns. \$30, \$20, \$13 seats on sale until **Jan. 25**.

Date: **Friday, Feb. 25**

Time: **7:30 p.m.**

Outdoor Recreation Ski Outing: Join Outdoor Recreation for an evening of affordable skiing at Ski Snowstar. Participants must preregister and pay at the Leisure Travel Office in Bldg. 60. Phone (309) 782-8630 for more details. Date: **Friday, Jan. 21**
Time: **5-9 p.m.**

Outdoor Recreation Snow Tubing: Join Outdoor Recreation for the last snow tubing event of the season at Ski Snowstar. The cost is \$12 per person. No cost to sit and watch by the bonfire. Participants must preregister and pay at the Leisure Travel Office in Bldg. 60. Phone (309) 782-8630 for more info. Date: **Friday, Feb. 18**
Time: **5-9 p.m.**

2011 Chicago Auto Show: First staged in 1901, the Chicago Auto Show is the largest auto show in North America and has been held more times than any other auto exposition on the continent. Exhibitions include a complete range of domestic and imported passenger cars and trucks, sport utility vehicles; and experimental or concept cars and competition vehicles. Date: **Saturday, Feb. 12**
Time: **6:30 a.m. - 5 p.m.**

Meskwaki Bingo Casino Bus Trip: Meskwaki Bingo Casino Hotel, the largest full service casino in the Midwest Choose from more than 1,400 of the newest and hottest reel and video slots in denominations from a penny to \$100. The Table Games feature all the popular Vegas style games including Blackjack, Craps, Roulette, 3 Card poker and much more. Transportation only. Date: **Saturday, Jan. 15**
Time: **7 a.m. - 5 p.m.**

Circa 21 Presents: All Shook Up: Set in Smalltown, USA around 1955, a rolling roustabout with a song in his soul and an eye for the ladies rumbles into town shakin' up new attitudes. This rockin' musical features hilarious comedy, heartwarming romance, and over 25 legendary Elvis hits. Seats on

sale until **Feb. 18**. Cost is \$43.50 per person. Date: **Saturday, Feb. 26**
Time: **5:45 p.m.**

Moline Great Escape Theatre Tickets: Need some stocking stuffers or last minute gift idea, let Leisure travel help. We have discounted Great Escape unrestricted movie tickets for \$8 each.

Disney Military Salute: America's military personnel will have opportunities to make memories through special offers on theme park tickets. Contact the Leisure Travel office for more details.

Armed Forces Vacation Club: The AFVC is pleased to offer authorized FMWR patrons and their families exciting vacation destinations in the month of **January**. Enjoy the summer with destination possibilities such as Branson, Dominican Republic, Tennessee, Myrtle Beach, Lake Tahoe and many more for as low as \$349 USD per week, per unit. 1-800-724-9988, #90.



Child, Youth & School Services



Part Time Care Now Available at CYSS: Child, Youth and School Services (CYSS) is now proud to offer part time care for children who need regularly scheduled care for 25 hours or less per week. Call (309) 782-6806 for more info or to reserve your space.

Army Community Service (ACS)

ACS is located in Bldg. 110, 1st floor SE; Visit our ACS website at riamwr.com/ACS/acsnew.htm or phone (309) 782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook [click here](#). 24/7 Sexual Assault Hotline: (309) 229-8412



Free Credit Scores for Service Members and Spouses: Free credit scores and reports available through ACS to active duty Service Members and their Spouses. They must have low FICO scores and are seeking ways to improve their credit rating. Contact Jon Cook (309) 782-0815, jon.c.cook@conus.army.mil

Get Out of Debt with PowerPay: Get out of debt and plan your credit pay-off for free at www.powerpay.org (sponsored by the Utah Extension Service). For information and assistance contact Jon Cook, Army Community Service, (309) 782-0815 jon.c.cook@conus.army.mil

AER Scholarships 2011 Applications Available Online:

The Army Emergency Relief Scholarship Applications 2011 are available on line at www.aerhq.org. Scholarships are for dependent children and spouses of Army personnel and retirees. For more information contact Jon Cook at (309) 782-0815.

AER Expands Categories of Assistance:

HQ AER announced Dec. 1, these new areas of assistance: Travel Funds for Relocation; Repair of HVAC (Heating, Ventilation, and Air Conditioning); Purchasing and Repairs of Stove or Refrigerator; Child Car Seats; and Cranial Helmets when Tri-care requests are denied. For more information, contact Jon Cook at (309) 782-0815.

Employee Assistance Program: For free, confidential counseling assistance or for information on services that are available, call (309) 782-4357. Normal business hours are 7 a.m. – 4:30 p.m. Monday through Friday. For additional information on the Employee Assistance Program, go to www.riamwr.com

Log Books: There may not be such a thing as a free lunch, but there is such a thing as a free 2011 log book planner. The Army Substance Abuse Program / Employee



Assistance Program is giving away free log books to RIA civilian and military personnel. Just print off the voucher on the ASAP/EAP website by [clicking HERE](#) and clicking on the "Date Log Voucher" link on the right hand side. Print off your voucher and bring it to the ASAP/EAP, Bldg. 110, first floor, SE Wing, and receive your free planner. Feel free to cruise our new website when you're done printing off the voucher and look at what the ASAP/EAP has to offer.

Employee Assistance Program



Anonymous Online Mental Health Screening - January:

Beat the post-holiday blues this month by helping your community and yourself. The King Day of Service on Martin Luther King Day, Jan. 17, offers you the opportunity to spend a day helping your community in a direct way. The social connection and sense of shared purpose that one gains from community service can often help one feel better. However, if you haven't been feeling well lately and nothing seems to help, consider taking a free screening offered by the Rock Island Arsenal Employee Assistance Program. ([More](#))

EAP Offers Grief Group: The RIA EAP is now offering a new service – Grief Group. This group discusses the latest research on bereavement and coping with loss. Topics include divorce, aging, deployment, retirement, and much more. The group meets every Wednesday from 3-4:30 p.m. at the EAP office, Bldg. 110, 1st Floor, SE Wing.

PTSD Support Groups: Help is available if you or a loved one is experiencing symptoms of Post-Traumatic Stress Disorder. The Rock Island Arsenal Health Clinic and Employee Assistance Program are sponsoring support groups to assist you

through this difficult challenge. Contact Rita Baugh, EAP counselor, at (309) 782-2552 for more details.

Smoking Cessation Group: Why not make a New Year's resolution to quit smoking. The Employee Assistance Program offers an ongoing educational support group for people who would like to quit smoking. The group meets each Wednesday from 3-4 p.m. at the EAP office located in Bldg. 110, 1st floor, SE wing.



Education/Training Review



Women in Defense (WID)

Scholarship: WID is now accepting applicants for its scholarship program. Scholarship application and eligibility criteria may be found under Scholarship by clicking [HERE](#). Application submission must be post marked no later than midnight **April 28**. For more information, call (309) 792-4102.

Rock Island Arsenal Welcome Club 2011 Merit Scholarship: Applications for the 2011 High School Senior and Continuing Education Student Merit Scholarships are available. Download applications will be available to

download from the RIAWC website <http://riawc.org>. Hard copies can be picked up at the School Liaison Office and the Arsenal Attic. Deadline is **March 15**.

NDIA 2011-2012 Scholarships: The Iowa Illinois Chapter of NDIA announces its scholarship program for academic year 2011-2012. High school senior children of all Arsenal Island employees are eligible to apply. Applications can be found at www.ndia-ia-il.org. Call (563) 650-3252 if additional information is desired. Date: **Monday, March 21, 2011**

Rock Island Women's Club 2011

Merit Scholarship: Applications for the 2011 High School and Continuing Education Merit Scholarships became available **Jan. 1**. Applications will be available to download from the Rock Island Arsenal Women's Club website <http://riawc.org> (programs & events tab) and hard copies can be picked up at the School Liaison Office and the

Sgt. Paul Fisher Scholarships: The Iowa Illinois Chapter NDIA announces that applications for two \$1,500 scholarships for academic year 2011-2012 are now being accepted. Applications and eligibility criteria may



be found at www.nida-ia-il.org. Call (563) 650-3252 for additional information.

Date: **Monday, March 21, 2011**

Defense Commissary Agency / PX

☪ The [Rock Island Commissary](#) makes fresh fruit baskets daily for you! Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information [HERE](#). For information on this and other Commissaries, visit: www.commissaries.com

Sales Flyers: Patrons can visit the [AAFES website](#) and sign up to receive free online sales flyers.

Arsenal Archive

☪ Information for the *Arsenal Archive* is made available by the [Rock Island Arsenal Museum](#).



The Museum is open Tuesday through Friday, 10 a.m. to 4 p.m. and Saturday and Sunday, Noon to 4 p.m. The museum is closed on Mondays and major holidays. Admission is free.

This Week in Rock Island Arsenal History – Jan. 10-16: The mission of the RIA was significantly expanded in January 1962 when several of the tool and equipment engineering and assembly functions formerly performed by Rossford Ordnance Depot were transferred to the Rock Island Arsenal. Initially the Rock Island Ordnance Depot received this mission but in May 1962 the RIA established a Tool and Equipment Division that assumed responsibility for tool and equipment engineering activities. In January 1976, Army Management Engineering Training Agency (AMETA) personnel took possession of Storehouse "K" (Bldg. 56). The remodeled building became the AMETA Annex, housing offices, and classrooms. The Secretary of War approved on Jan. 16, 1906, the transfer of RIA land from the Ordnance Department to the Engineering Corps for the construction of the Moline Locks. When Locks and Dam 15 opened in 1934 the Moline Locks were abandoned.

Healthbeat

Make 2011 Your Year to Quit:

☪ Quitting smoking is among the most common New Year's resolutions. The New Year is a symbol of renewal and can be a time to prepare for new beginnings. It is a time to set goals and make them public so that you can get support and encouragement from friends and family. If you are a smoker, determining to quit in 2011 may be the most important resolution you ever make. ([More](#))

Health Clinic Announcement: Happy New Year 2011 from the staff at the US Army Health Clinic. Sick Call Hours, 7-8 a.m. Clinic closed **Jan. 17** due to holiday. Clinic closed **Jan. 28** at 12 p.m. for staff meeting and training.

Notes for Veterans

President Signed Improvements to

☪ **Post-9/11 GI Bill:** To bring the educational benefits of the Post-9/11 GI Bill closer to more Veterans and Service Members, President Obama signed legislation Jan. 4 that streamlines the 18-month-old education program



administered by the Department of Veterans Affairs (VA). “Since the first GI Bill in 1944, this unique educational program has adapted to the needs of America’s Veterans, active-duty personnel, reservists and Guardsmen,” said Secretary of Veterans Affairs Eric K. Shinseki. “Like its forbearers, the Post-9/11 GI Bill is growing to ensure the men and women who serve this nation in uniform receive valuable education benefits from a grateful nation. “On behalf of Veterans and the many who serve them at VA, we would like to thank the president for his support, as well as members of Congress and our Veterans service organization partners for helping make this bill a reality,” Shinseki added. ([More](#))

Enhanced VA Health Care Enrollment Opportunity Closing for Certain Combat Veterans: Certain combat Veterans who were discharged from active duty service before Jan. 28, 2003 have until Jan. 27, 2011 to take advantage of their enhanced health care enrollment opportunity through the Department of Veterans Affairs (VA). “While there is no time limit for Veterans to apply for the VA health care they earned with their service, I highly encourage this group of combat Veterans to take advantage of the

enhanced enrollment window to use their health care benefits through this simplified process,” said Secretary of Veterans Affairs Eric K. Shinseki. “VA has health care eligibility specialists online and at every medical center eager to help Veterans take advantage of this opportunity.” ([More](#))

VA Posts Annual Medical Quality Report: The Department of Veterans Affairs (VA) issued the 2010 annual VA Facility Quality and Safety Report on Jan. 5 that reports on VA health care for Congressional review and offers Veterans the opportunity to see the quality and safety findings specific to their VA medical center. “We believe in our mission to provide the best care anywhere for Veterans,” said VA Under Secretary for Health Dr. Robert Petzel. “This posted report shows we are providing high quality overall and identifies the areas where we have opportunities to improve.” ([More](#))

Car Pooling Announcements

Submit car pooling announcements via the [Island Announcements](#) page. Please use that page to contact ROCK-RIA-PA to take your announcement off once you have found a ride.

Car Pool:

- **Carpool/Ride:** Commuter living in downtown Davenport looking for a ride across the bridge to Bldg. 350. Employee works anytime between 6-8 a.m. Willing to pay for ample gas. POC is Tom: (563) 650-3540.
- **Carpool:** Looking to carpool with someone from Fulton/Albany area to Bldg. 390. Contact Carole at Carole.Mitchell@us.army.mil or (309) 782-1892.
- **Carpool:** Ride needed from East Davenport to Arsenal. Time is flexible. Will share cost. Please call (563) 271-8873.
- **Carpool:** Looking to carpool with anyone from the Western Illinois University Macomb Campus for the 2010/2011 school year. Call Nicole Suthard at (815) 345-1360, nicole.suthard@us.army.mil.
- **Carpool:** Current carpool looking for additional driver/rider with reliable vehicle. Commuting from Galesburg/ surrounding areas along Interstate 74 to RIA. Contact (309) 782-5688 for details.

Around the Q.C.



Jan. 11: [Digg'in Dinosaurs](#) (Vander Veer Conservatory, Davenport)
Jan. 14-16: [25th Annual Quad City Boat and Vacation Show](#) (RiverCenter, Davenport)
Jan. 15: [Dubuque Bald Eagle Watch](#) (Dubuque, Iowa)
Jan. 15-16: [Quad City Cat Club Cat Show](#) (Ramanda Airport & Conf. Center, Moline)
Jan. 15-Feb. 20: [Eagle Watch/Clock Tower Tours](#) (Mississippi River Visitor Center)
Jan. 15: [Walk With the Eagles](#) (Credit Island Lodge, Davenport)
Jan. 15: [River Music Experience's 3rd Annual Winter Wine Experience](#) (Redstone Room, Davenport)
Jan. 16: [Medicinal Plants of the Tropics](#) (Quad City Botanical Center, Rock Island)
Jan. 16-18: [QC Farm and Equipment Show](#) (QCCA)
Jan. 17: [Holiday Sports Day](#) (The River's Edge, Davenport)
Jan. 21-23: [Rod and Custom Show](#) (QCCA)
Jan. 22: [QC Parrot Head Club 7th Annual Havana Daydreamin'](#) (RiverCenter, Davenport)
Jan. 22: [Girlfriend Getaway Spa Day](#) (Moline Public Works)
Jan. 23: [Hobby Fair](#) (Duck Creek Lodge, Davenport)
Jan. 23: [Learn to Skate Day](#) (The River's Edge, Davenport)
Jan. 28: [Family Carnival Night](#) (Coolidge Gym, Moline)
Jan. 29: [Hand In Hand Chili Cook Off](#) (Hand In Hand, Bettendorf)
Jan. 29: [Muscatine Bald Eagle Watch](#) (Muscatine Riverside Park, Muscatine)
Jan. 29: [Davenport Jaycees Bridal Expo](#) (RiverCenter, Davenport)

Jan. 29-30: [Bald Eagle Trolley Tours](#) (Mississippi Valley Welcome Center, LeClaire)
Jan. 29-30: [LeClaire Bald Eagle Watch](#) (LeClaire, Iowa)
Jan. 30: [5th Annual Chocolate Festival](#) (Quad City Botanical Center, Rock Island)
Feb. 5: [22nd Annual Wendy's Chili Golf Open](#) (Credit Island, Davenport)
Feb. 5: [Healthy Living Day](#) (iWireless Center)
Feb. 8: [Waking Woodchucks](#) (Vander Veer Conservatory, Davenport)
Feb. 10: [Accessory Swap Meet](#) (Quad City Botanical Center, Rock Island)
Feb. 10 & 15: [Dad & Daughter Sweetheart Date Night](#) (Deere-Wiman House, Moline)
Feb. 11: [Mom & Son "Night Out"](#) (The Cellar, Moline)
Feb. 12: [Princess Valentine Party](#) (Hauberg Civic Center, Rock Island)
Feb. 11-13: [Iowa/Illinois Regional Auto Show](#) (RiverCenter, Davenport)
Feb. 12: [Valentines Indoor Fun Run/Walk](#) (Life Fitness Center, Bettendorf)
Feb. 12-14: [QC Home Builder's Show](#) (QCCA)
Feb. 17-20: [Hunting, Fishing and Outdoor Show](#) (QCCA)
Feb. 20: [Daddy Daughter Dance](#) (RiverCenter Miss. River Hall, Davenport)
Feb. 20: [Hockey Weekend Across America](#) (The River's Edge, Davenport)
Feb. 21: [Holiday Sports Day](#) (The River's Edge, Davenport)
Feb. 25-27: [RV, Camping & Travel Show](#) (QCCA)
Feb. 26: [Family Fun at Shedd Aquarium](#) (Moline Public Works, Moline)
March 8: [Mammal Mayhem](#) (Vander Veer Conservatory, Davenport)

March 11: [Henry Farnam Dinner](#) (Radisson Quad City Plaza, Davenport)
March 17: [St. Patrick's Day Parade](#) (Rock Island to Davenport)
March 18: [St. Patrick's Dance](#) (Bettendorf Comm. Center)
March 19: [Corps of Engineers' Boat Safety Class](#) (Clock Tower Complex)
March 25-27: [Flower & Garden Show](#) (QCCA)
March 26-27: [Annual Pelican Watch at Locks and Dam 14](#) (LeClaire)
March 27: [Mother Son Formal Dance](#) (River Center Miss. River Hall, Davenport)
April 1: [Gallery Hop!](#) (The District, Rock Island)
April 2: [Corps of Engineers' Boat Safety Class](#) (Clock Tower Complex)
April 9: [Hershey's Track & Field Games](#) (Browning Field, Moline)
April 11-13: [Iowa Park & Recreation Assoc. Spring State Conf.](#) (RiverCenter Radisson Hotel, Davenport)
Aug. 11-13: [Great River Tug Fest](#) (LeClaire Tourism, Visitor and Welcome Center)
April 16: [5th Annual City Moline Parks & Rec. Easter Egg Hunt](#) (Riverside Park Field, Moline)
April 16: [Spring Egg Hunt](#) (Lincoln Park, Rock Island)
April 16: [Earth Week Fair](#) (QCCA)
April 16: [Corps of Engineers' Boat Safety Class](#) (Clock Tower Complex)
April 23: [23rd Annual Easter Egg Hunt](#) (Mississippi Valley Fairgrounds)
April 23: [Disc Golf Skills Challenge](#) (Grand Pavilion, Moline)
April 23: [12th Annual Eddy Awards](#)
April 29-30: [Village Spring Fling](#) (Village of East Davenport)



April 30: [Gone-to-the-Dogs Egg Hunt](#) (Moline Dog Park)
April 30: [Spring Community Garage Sale](#) (Upper Longview Park, Rock Island)
April 30: [Venus Envy](#) (BucktownCenter, Davenport)
April 30: [Corps of Engineers' Boat Safety Class](#) (Clock Tower Complex)
May 5: [Mystery Club Fiesta Follies](#) (Hauberg Civic Center, Rock Island)
May 7: [Derby Day Party](#) (Arsenal Island Golf Course)
May 7: [Downtown Clean Up Day](#) (The District, Rock Island)
May 7-8: [Beaux Arts Fair](#) (Figge Art Museum, Davenport)
May 12: [Princess Enchantment Ball](#) (Hauberg Civic Center, Rock Island)
May 14: [MLB Pitch, Hit & Run](#) (Stephens Park Diamond, Moline)
May 14: [Corps of Engineers' Boat Safety Class](#) (Clock Tower Complex)
May 21: [Start! Heart Walk](#) (Great River Plaza, Rock Island)
May 21: [American Girl Little House Party on the Prairie](#) (Stone House at Saukie Golf Course, Rock Island)
May 30: [46th Annual Modern Woodmen Bank Quad Cities Criterium](#) (The District, Rock Island)
June 3: [Trivia Night](#) (Schwiebert Riverfront Park, Rock Island)
June 4: [QC Pride Fest](#) (LeClaire Park, Davenport)
June 4: [Spring Pops](#) (Adler Theatre, Davenport)
June 10-11: [Gumbo Ya Ya - Mardi Gras in The District](#) (The District, Rock Island)
June 14: [Flag Day Ceremony & Celebration](#) (Moline Memorial Cemetery)

June 15-18: [Sturgis Mississippi River Motorcycle Rally](#) (Mississippi Valley Fairgrounds)
June 16-22: [Quad Cities Navy Week](#) (throughout the QC) 🏠
June 17-18: [Rock The District](#) (The District, Rock Island)
June 17-18: [Greek Cultural Festival](#) (Assumption Greek Orthodox Church, East Moline)
June 18: [Juneteenth](#) (LeClaire Park, Davenport)
June 18: [12th Annual Quad Cities Triathlon](#) (West lake Park, Davenport)
June 18-19: [Quad City Air Show](#) (Davenport Municipal Airport)
June 19: [Ride the River](#)
June 26: [QC Jewish Feast-ival](#) (Tri-City Jewish Center, Rock Island)
July 1-3: [IH Mississippi Valley Blues Festival](#) (LeClaire Park, Davenport)
July 2: [Red, White, and Boom](#) (Rock Island & Davenport)
July 4-10: [John Deere Classic PGA Tour](#) (TPC Deere Run, Silvis)
July 9-10: [Village Summer Stroll](#) (Village of East Davenport)
July 17: [Classic Car Show](#) (Village of East Davenport)
July 19-24: [Rock Island County Fair](#) (East Moline)
July 21-24: [Train Festival 2011](#) (Schwiebert Riverfront Park, Rock Island)
July 22-23: [40th Annual Wells Fargo Street Fest](#) (Downtown Davenport)
July 23: [Quad-City Times Bix 7 Race](#) (LeClaire Park)
Aug. 2-7: [The Great Mississippi Valley Fair](#) (Mississippi Valley Fairgrounds)
Aug. 4-7: [Bix Beiderbecke Jazz Festival](#) (Hotel Blackhawk, Davenport)

Aug. 11-13: [25th Annual Great River Tug Fest](#) (LeClaire, Iowa)
Aug. 12-13: [Ya Maka My Weekend](#) (The District, Rock Island)
Aug. 19-20: [River Roots Live](#) (LeClaire Park, Davenport)
Aug. 27: [Quad Cities Irish Festival](#) (Downtown Rock Island)
Sept. 3-4: [17th Annual Rock Island Grand Prix](#) (The District, Rock Island)
Sept. 10-11: [Beaux Arts Festival](#) (Figge Plaza, Davenport)
Sept. 10: [¡Viva Quad Cities!](#) (Bass Street Landing)
Sept. 10: [Quad-City Symphony Riverfront Pops](#) (LeClaire Park, Davenport)
Sept. 17: [WQPT Brew-HaHa](#) (LeClaire Park, Davenport)
Sept. 17: [Celtic Highland Games of the Quad Cities](#) (Centennial Park, Davenport)
Sept. 17: [Taming of the Slough](#) (Sylvan Slough & Island)
Sept. 17: [VanderVeer Park Fall Festival](#) (VanderVeer Park, Davenport)
Sept. 17-18: [Riversance Festival of Fine Art](#) (Lindsay Park, Davenport)
Sept. 23-25: [Hot Air Balloon Festival](#) (Kennedy Square, East Moline)
Sept. 24-25: [Quad Cities Kite & Family Fun Festival](#) (Centennial Park, Davenport)
Sept. 25: [Quad Cities Marathon & Festival](#) (John Deere Commons, Moline)
Oct. 8-9: [Four Kingdoms Renaissance & Pirate Fest](#) (Camelot KOA Campgrounds, Rock Island)
Oct. 9: [Mississippi Valley Welcome Center's Apple Festival](#) (LeClaire)



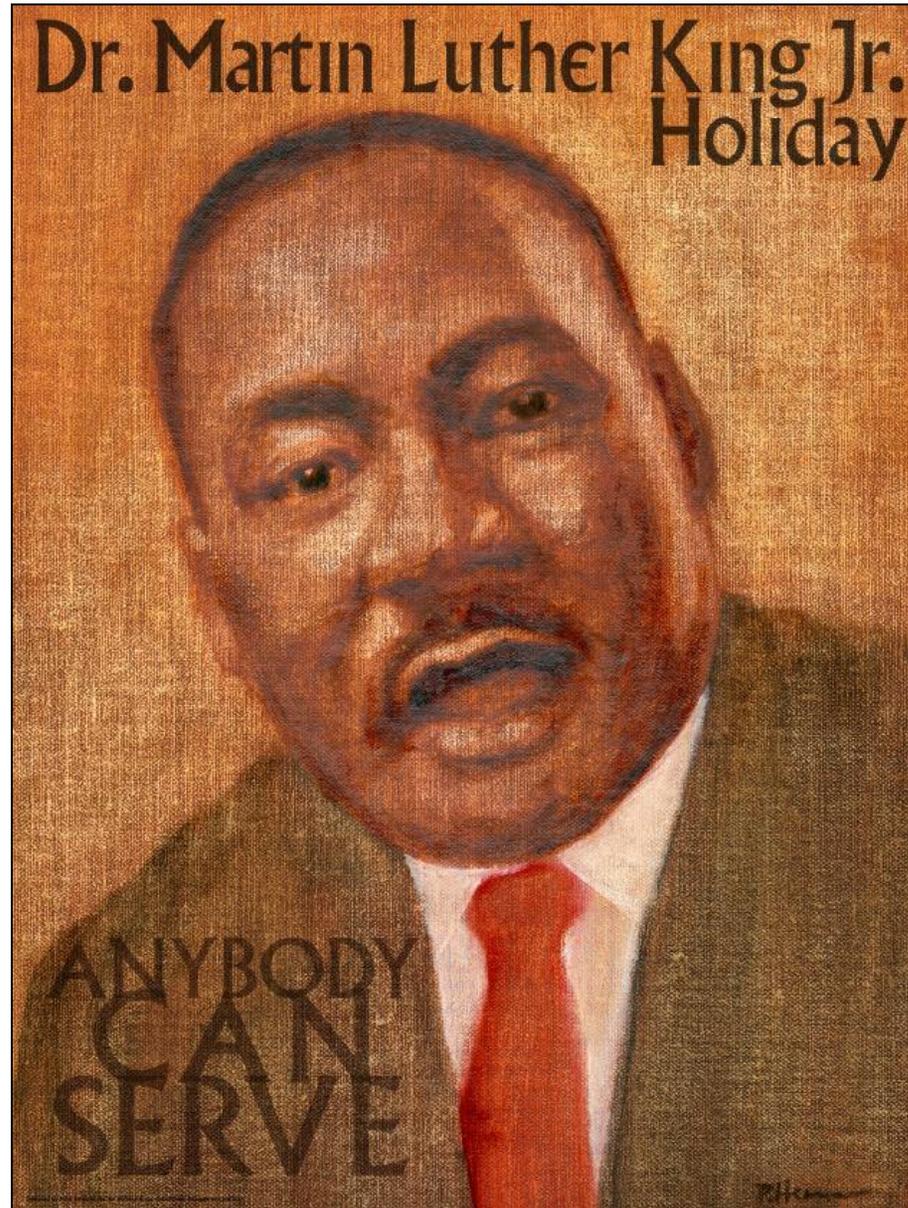


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[ncement.cfm](#), E-mail address: ROCK-RIA-PA@conus.army.mil, Phone: (309) 782-1121. The *Island Insight* is available on-line at www.ria.army.mil/sites/news.



SUSPICIOUS MAIL OR PACKAGES

Protect yourself, your co-workers, and your office

If you receive a suspicious letter or package:

▪ Stop. Don't handle.

▪ Isolate it immediately.

▪ Don't open, smell, or taste.

▪ Activate your emergency plan. Notify a supervisor.



If you suspect the mail or package contains a bomb (explosive), or radiological, biological, or chemical threat:

▪ Isolate area immediately ▪ Call 911 ▪ Wash your hands with soap and water

